

Adopted Levels, Gammas

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	Huo Junde, Huo Su, Yang Dong		NDS 112,1513 (2011)	29-Oct-2009

Q(β^-)=-4566.6 5; S(n)=11197.10 23; S(p)=10183.67 16; Q(α)=-7613.3 4 2012Wa38

Note: Current evaluation has used the following Q record -4566.0 2011197.302510183.7417-7613.3 4 2003Au03.

⁵⁶Fe Levels

Cross Reference (XREF) Flags

A ⁵⁶ Mn β^- decay	M ⁵⁶ Fe(e,e')	Y ⁵⁸ Ni(¹⁴ C, ¹⁶ O)
B ⁵⁶ Co ϵ decay	N ⁵⁶ Fe(n,n' γ)	Z ⁵⁵ Mn(α ,t),(³ He,d)
C (HI,xn γ)	O ⁵² Cr(⁶ Li,d)	Others:
D ⁵⁶ Fe(p,p'),(pol p,p')	P ⁵⁴ Cr(³ He,n)	AA ⁶⁰ Ni(³ He, ⁷ Be)
E ⁵⁶ Fe(p,p' γ)	Q ⁵⁶ Fe(d,d')	AB ⁵⁹ Ni(n, α) E=thermal
F ⁵⁴ Fe(t,p)	R ⁵⁶ Fe(³ He, ³ He')	AC Ni(π^+ ,x γ), (π^- ,X γ), (K $^-$,x ray γ)
G ⁵⁴ Fe(α ,2p γ)	S ⁵⁶ Fe(α , α' γ)	AD ⁶⁰ Ni(p,X γ), (e,e' α γ), (γ , α)
H ⁵⁷ Fe(d,t), (pol d,t), (³ He, α)	T Coulomb excitation	AE ⁵⁶ Fe(π , π')
I ⁵⁵ Mn(p,p), (p, γ) E=res: IAR	U ⁵⁴ Fe(α ,2p)	AF ⁵⁸ Ni(μ^- , γ pn γ)
J ⁵⁶ Fe(n,n')	V ⁵⁶ Fe(α , α')	AG Gd(⁵⁶ Fe, ⁵⁶ Fe' γ)
K ⁵⁹ Co(p, α)	W ⁵⁴ Fe(α , ² He)	
L ⁵⁶ Fe(γ , γ'), (pol γ , γ')	X ⁵⁸ Fe(p,t)	

E(level) [†]	J $^\pi$	T _{1/2} ^k	XREF	Comments
0.0	0 ⁺	stable	ABCDEFGHIJKLMN OP QRSTUVWXYZ	XREF: Others: AA, AB, AC, AD, AE, AF, AG
846.7778 [‡] 19	2 ⁺	6.07 ps 23	ABCDEFGHIJKLMNO QRST V XYZ	XREF: Others: AA, AB, AC, AD, AE, AF, AG Q=-0.19 8 (2005St24) μ =1.22 16 (2005St24) g=+0.504 63 (2009Ea01) XREF: F(850)J(850)K(840)M(850)R(850)X(850)Y(840). J $^\pi$: E2 γ to 0 ⁺ g.s. T _{1/2} : from Coul. ex. Others: 5.5 ps 9 from RDM (HI,xn γ), 6.8 ps 14 (γ , γ') and 6.9 ps 4 (e,e'). Q: Other: -0.23 3 (1989Ra17). μ : IMPAC measurement in Coulomb excitation. Others: +1.3 4 in ⁵⁶ Fe(γ , γ'), +1.1 5 in ⁵⁶ Co ϵ decay.
2085.1045 [‡] 25	4 ⁺	0.64 ps 12	ABCDEFGHIJK NO Q S V X Z	XREF: Others: AA, AB, AC, AE, AF, AG XREF: F(2090)J(2090)K(2078)X(2100)Z(2090). T _{1/2} : from midpoint of overlap region of 0.7 ps +4-2 in (p,p' γ), 0.59 ps +17-14 (n,n' γ), 0.66 ps +24-14 (HI,xn γ); Δ T _{1/2} from difference between the midpoint and maximum value of overlap region. J $^\pi$: J=4 from γ (θ) of 1238 γ to 2 ⁺ 846 in ⁵⁴ Fe(α ,2p γ) and π =+ from L(t,p)=4.
2657.5894 [‡] 25	2 ⁺ ^e	21 fs 1	AB DEF HIJK MNO QR V Z	XREF: Others: AB, AE, AF XREF: M(2650)R(2650). T _{1/2} : others: 28 fs 7 (p,p' γ), 0.58 ps +21-13 (e,e').
2941.50 3	0 ⁺	0.45 ps +21-12	DEF HI K N	XREF: Others: AB, AE XREF: F(2950). T _{1/2} : other: 0.15 ps +8-6 (p,p' γ).

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Adopted Levels, Gammas (continued) ^{56}Fe Levels (continued)

E(level) [†]	J ^π	T _{1/2} ^k	XREF	Comments
2959.972 [‡] 4	2 ⁺ <i>e</i>	28 fs 3	AB DEF HIJK MNO Q Z	J ^π : J=0 from $\gamma\gamma(\theta)$ of 2094 γ (to 2 ⁺) and 846 γ (to 0 ⁺) in $^{56}\text{Fe}(p,p'\gamma)$ and $\pi=+$ from L(t,p)=0. XREF: Others: AB, AE, AG XREF: O(2950)Z(2970). T _{1/2} : others: 27 fs 9 (p,p' γ), 12 fs 6 (e,e').
3076.2 4	(3 ⁻) <i>e</i>		HI M VW	XREF: Others: AA, AC XREF: M(3100)W(3100). T _{1/2} : other: 24 fs +11-10 (p,p' γ).
3120.11 5	(1 ⁺) <i>e</i>	19 fs 1	DE IJ N	XREF: Others: AE
3122.970 [‡] 3	4 ⁺ <i>e</i>	47 fs 12	ABCDEFGHIK NO Q S V Z	XREF: Others: AA, AC, AE XREF: Z(3150). J ^π : other: L=(5,6) in $^{54}\text{Fe}(t,p)$. T _{1/2} : others: 0.13 ps 6 (HI,xny), 0.05 ps +5-3 (p,p' γ).
3369.95 [‡] 7	2 ⁺ <i>e</i>	17 fs 3	AB DEF HIJK MN Q	XREF: Others: AC, AE, AG XREF: K(3375). T _{1/2} : others: 18 fs 7 (p,p' γ) and 23 fs 6 (e,e').
3388.55 5	6 ⁺	2.9 ps 2	CD GHI K N S V Z	XREF: Others: AC, AD XREF: Z(3400). T _{1/2} : from RDM in (HI,xny). Others: >1.4 ps ($\alpha,2p\gamma$), >0.55 ps (n,n' γ). J ^π : $\gamma(\theta)$ of E2 1303 γ to 4 ⁺ 2085 in (HI,xny).
3445.348 [‡] 3	3 ⁺	29 fs 5	AB DEF HI N	T _{1/2} : other: <28 fs (p,p' γ). J ^π : J=3 from $\gamma(\theta)$ of 2598 γ to 2 ⁺ 847 in $^{56}\text{Fe}(n,n'\gamma)$ and $\pi=+$ from L(d,t)=1(+3). L(t,p)=2 is not consistent with J ^π =3 ⁺ .
3448.41 6	1 ⁺	8 fs 3	DE HI KL N	T _{1/2} : other: <13 fs (p,p' γ). 1.5 fs 4 from $\Gamma_{\gamma 0}^2/\Gamma=0.077$ eV 12 (γ,γ') with adopted branching. 3.7 fs 6 with $\Gamma(0)/\Gamma=0.79$ 2 from (γ,γ'). J ^π : γ to 0 ⁺ and 2 ⁺ . $\gamma(0)$ in (γ,γ'). XREF: Others: AA, AE T _{1/2} : from DSA (p,p' γ). XREF: Others: AE
3600.21 7	(1,2 ⁺) <i>g</i>	<59 fs	DEF HIJ	E(level): 3605 level from $^{56}\text{Fe}(p,p'\gamma)$ and 3601 level from $^{56}\text{Fe}(n,n'\gamma)$ are the same levels because of the same γ transitions and J ^π . T _{1/2} : others: 0.12 ps +7-5 (p,p' γ), 17 fs 6 from $\Gamma_{\gamma 0}^2/\Gamma=0.011$ eV 2 (γ,γ') and 0.18 ps 8 from B(E2) in $^{56}\text{Fe}(e,e')$.
3605.69 6	2 ⁺ <i>e</i>	0.15 ps 4	DE I KLMN Q	J ^π : $\gamma(\theta)$ of E2 1670 γ to 4 ⁺ 2085 in (HI,xny). T _{1/2} : from DSA in $^{54}\text{Fe}(\alpha,2p\gamma)$. Others: 0.14 ps 3 (HI,xny) and 0.13 ps 5 (n,n' γ). XREF: Others: AC, AG XREF: Z(3780).
3610.21 19	0 ⁽⁺⁾ <i>g</i>	52 fs 21	I N	T _{1/2} : others: 43 fs 14 (p,p' γ) and 37 fs 19 from B(E2) (e,e').
3744.13 24	2 ⁺ <i>e</i>		D HI	
3755.57 4	6 ⁺	0.13 ps 2	C G I K N S V	T _{1/2} : other: 23 fs 13 (p,p' γ). J ^π : 3009 γ to 2 ⁺ 847 and 1771 γ to 4 ⁺ 2085 are M1+E2. XREF: Others: AD
3759.6? 10			D I Z	
3829.77 9	2 ⁺ <i>e</i>	39 fs 5	DEF HIJK MN Q	
3856.495 [‡] 3	3 ⁺	25 fs 3	B DE HI N	
4048.888 [‡] 6	3 ⁺	7 fs 3	B DEF HI K N Z	

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Adopted Levels, Gammas (continued)

^{56}Fe Levels (continued)						
E(level) [†]	J^π	$T_{1/2}$ ^k	XREF			Comments
						XREF: Z(4080). J^π : 1963 γ to 4 ⁺ 2085 and 3201 γ to 2 ⁺ 847 are M1+E2.
4085.93 17	(1,2 ⁺) ^g			I		
4100.363 [‡] 3	4 ⁺ e	43 fs 5	B D F HI K N Q			$T_{1/2}$: other: 55 fs 25 in ^{56}Co ϵ decay.
4119.936 [‡] 3	3 ⁺	0.14 ps 4	B D HIJK N			XREF: Others: AE J^π : 3273 γ to 2 ⁺ 847 and 2034 γ to 4 ⁺ 2085 are M1+E2.
4298.096 [‡] 3	4 ⁺	110 fs 50	B D F HI K N			$T_{1/2}$: from DSA in ^{56}Co ϵ decay. J^π : $\gamma\gamma(\theta)$ of 1175 γ -(2276 γ)-847 γ in ^{56}Co ϵ decay.
4302.0 [#] 10	0 ⁺ i			F	N	
4320	2 ⁺			I		
4368.13? 25	3 ⁻ e			I	V	
4394.93 [‡] 5	3 ⁺	35 fs 17	B D HI K N			J^π : 3547 γ to 2 ⁺ 847 is M1+E2 and $\log ft=7.284$ 20 from 4 ⁺ .
4401.27 5	2 ⁺ i	56 ^m fs +48-22	D F IJ N		Z	XREF: Others: AB , AD , AE XREF: Z(4420).
4447.7 [‡] 4			B			
4458.532 [‡] 11	4 ⁺ e	26 fs +12-8	B D F HI K N			XREF: Others: AC , AD , AE XREF: O(4530).
4509.56 8	3 ⁻ e	83 fs 28	D F HIJK MNO QR V			$T_{1/2}$: Other: 37 fs +10-7 (^{55}Mn (p,p), (p, γ) E=res: IAR). XREF: Others: AC , AD , AE XREF: O(4530).
4539.5 6	1 ⁺ ,2 ⁺	25 fs +20-14	D HI K NO			J^π : L=1 in ^{57}Fe (d,t) gives J=0,1,2 and $\pi=+$; observed 4539 γ (to 0 ⁺ g.s.) rules out J=0.
4554.77 9	4 ⁺ g	94 ^m fs +43-24		HI	N	
4608.56 11	2 ⁺ g	47 ^m fs +33-18		I		
4610.82 18	4 ⁺ e	27 ^m fs +45-15	D F HI K N			
4620& 4			D			
4658.26 7	2 ⁺ ,3 ⁺ ,4 ⁺ f	49 ^m fs +8-7	D HI K N			
4673.41 19			D	I		
4683.04 5	(2 ⁺),3 ⁺ g	66 ^m fs +63-25	D HI K N			XREF: Others: AE
4692.32 4	4 ⁺ g	33 ^m fs +10-7		I		
4700.63 13	7 ⁺	0.083 ps +82-14	C G I		S	$T_{1/2}$: from DSA in ^{54}Fe (α ,2p γ). Other: 0.09 ps 3 (HI,xn γ). J^π : $\gamma(\theta)$ of M1+E2 1312 γ to 6 ⁺ 3388 in (HI,xn γ). XREF: Others: AE
4728.14 18	2 ⁺ e	63 fs +57-20	D I M			J^π : from L=2 in ^{56}Fe (e,e'). $T_{1/2}$: from (e,e'). E(level): the 4729.9 10 level in ^{56}Fe (n,n' γ) probably corresponds to one of 4728 and 4730 levels.
4730.0 [#] 10	0 ⁺ i			F	N P	
4737.33 4	2 ⁺ g	32 ^m fs +7-6	D HI K N		Z	
4784.12 25	(1,2 ⁺) ^g			I		
4802& 5			D			

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Adopted Levels, Gammas (continued)

^{56}Fe Levels (continued)						
E(level) [†]	J ^π	T _{1/2} ^k	XREF			Comments
4812.68 10	4 ⁺ ,5 ⁺ ^g			I		
4820 ^b			F H K			
4847.9 3	(2 ⁺) ^g	64 ^m fs 27	I L			XREF: Others: AA T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.0071$ eV 30 in $^{56}\text{Fe}(\gamma,\gamma')$.
4866.52 3	(1,2 ⁺) ^g	9.7 ^m fs 20	D I			
4878.0 6	2 ⁺ ⁱ		D F HI K N			XREF: Others: AE
4881.7 6			I			
4887.1 [#] 12				K N		
5023.49 3	(1,2 ⁺) ^g	6 ^m fs 3	D I N			
5026.7 8			D I K			
5033.02 7	(4,5) ⁺ ^g	10 ^m fs +3-2	I			
5038.49 12	4 ⁺ ^e	78 ^m fs +36-22	D F HI M		V	XREF: Others: AE XREF: F(5050). XREF: Others: AB, AE, AF XREF: H(5062).
5055.87 8	4 ⁺ , (3 ⁺) ^g	66 ^m fs +63-25	HI			XREF: Others: AE XREF: W(5080).
5122.11 [#] 10	5 ^{-e}		D	N	W	XREF: Others: AE XREF: W(5080).
5131.66 10	3 ⁺ , 4 ⁺ , (2 ⁺) ^g	73 ^m fs +28-17	D I K			
5149.54 [#] 11	2 ⁺ ^g		F K N			XREF: Others: AA, AE, AF XREF: K(5156).
5184.3 [@] 6	8 ⁽⁺⁾ ^j		CD			
5186.82 10	2 ⁺		D F I NO R		Z	XREF: Others: AB, AE XREF: O(5200)Z(5200). J ^π : from L=2 in $^{52}\text{Cr}(^6\text{Li},d)$.
5194.80 18	(1,2 ⁺) ^g			I		
5219? ^{&} 10			D			
5227.3 ^a 20	1 ^h	12.3 fs 20	D	L		T _{1/2} : $\Gamma_{\gamma 0}^2/\Gamma=0.037$ eV 6 in $^{56}\text{Fe}(\gamma,\gamma')$.
5232.57 6	2 ⁺ , (3 ⁺) ^g	8 ^m fs +6-5		I K MN		T _{1/2} : Other: 20 fs +20-10 from (e,e').
5235.89 8	4 ⁺ ^g	104 ^m fs +55-28		I		
5249 ^{&} 5	4 ⁺ ^e		D			
5255.7 [@] 4	8 ⁺	0.35 ps 4	C G		S	J ^π : $\gamma(\theta)$ of E2 1868 γ to 6 ⁺ in $^{54}\text{Fe}(\alpha,2p\gamma)$ and (HI,xn γ). T _{1/2} : from DSA in $^{54}\text{Fe}(\alpha,2p\gamma)$. Other: 0.31 ps +12-6 in (HI,xn γ). T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.023$ eV 4 in $^{56}\text{Fe}(\gamma,\gamma')$.
5256.9 3	2 ⁺ ^h	20 ⁿ fs 4	F I KL			
5283.90 20			D I			
5296 ^{&} 5	0 ⁺ ⁱ		D F K			
5302.94 6	4 ⁺ ^g	28 ^m fs +15-9		I		
5307.81 22				I K N		
5386 [@] 7	0 ⁺ ⁱ		D			
5402.3 [#] 10	≥1	17 ⁿ fs 4	F	L N P		T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.027$ eV 6 in $^{56}\text{Fe}(\gamma,\gamma')$. J ^π : J>0 on the basis of an observed transition to 0 ⁺ . XREF: Others: AD, AE XREF: K(5455).
5451.60 8	4 ⁺ ^g	98 ^m fs +40-28	D I K			
5479.15 11	(4 ⁺) ^g	25 ^m fs +24-9	D F I			
5488.24 10	2,3,4 ^g	3 ^m fs 2	D I K			

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Adopted Levels, Gammas (continued)

<u>⁵⁶Fe Levels (continued)</u>					
E(level) [†]	J ^π	T _{1/2} ^k	XREF		Comments
5502.94 6	(2,3,4) ^{+g}	5 ^m fs 2	D	I	
5511.6 10	2 ^{+ei}		D F	I K N	
5528 & 5			D		
5538.07 18	(1,2 ⁺) ^g			I	
5562.38 10			D	I K	
5573.51 11	2 ⁺ⁱ		D F	I K	XREF: Others: AA, AE XREF: K(5591).
5590.06 21	1 ⁺ ,2,3 ^{+g}			I	
5618.36 10	4 ^{+g}	76 ^m fs +51-24	D F	I	XREF: Others: AE
5623.86 10	(4,5) ^{+g}	19 ^m fs +14-10		I	
5626.84 16	8 ⁺	0.069 ps +21-14	CD	G I K S	XREF: Others: AA, AB, AE, AF XREF: D(5621). J ^π : γ(θ) of E2 1871γ to 6 ⁺ 3756 in ⁵⁴ Fe(α,2pγ), γ(θ) of M1+E2 926γ to 7 ⁺ 4701 in ⁵⁴ Fe(α,2pγ). T _{1/2} : from (α,2pγ).
5661.18 17		<14 ^m fs	D	I	
5670.33 8	(2,3,4) ^{+g}	16 ^m fs +8-6	D	I K	
5684 & 5			D		
5697.98 13	(2 ⁺) ^g	85 ^m fs +42-33	D F	K	
5705.43 7	2 ^{+g}	3 ^m fs 2		I	
5725 & 5			D		
5737 & 10			D	K	
5774.00 13	(4 ⁺) ^e	12 ^m fs +9-6	D	I	XREF: Others: AE, AF, AG XREF: D(5768).
5795.2 # 10			D	K N	XREF: Others: AD, AE, AG XREF: D(5784).
5801.34 18				I	
5806.3 4				I	
5817.22 17			D F	I	
5824.3? 8				I K	
5853? ^a 2		19 ⁿ fs 5		L	T _{1/2} : from Γ _{γ0} ² /Γ=0.024 eV 6 in ⁵⁶ Fe(γ,γ').
5861.5 4	4 ^{+e}	^m	D F	I	
5871.26 11	(2,3,4) ^g	12 ^m fs +27-10		I K N	XREF: Others: AA
5874.1 5				I	
5882.7 8				I	
5913.51 12	2 ^{+g}		D	I	
5914.53 14	(2,3,4) ^{+g}	22 ^m fs +14-8		I	
5921.4 8				I K	
5936.17 10	2 ⁺ⁱ		D F	I	
5941.48 19			D	I K	
5965.81 20			D F	I	XREF: Others: AE, AG XREF: F(5970). J ^π : L=2,3 in ⁵⁴ Fe(t,p).
5986.86 15	(1 ⁺ to 3 ⁺)		D	I K N	
6002 & 7			D		
6013 & 10			D	K	
6021.11 10			D	I	
6031.68 20				I	
6041 & 8	(7 ⁻)		D	K U W	J ^π : based on σ(θ) DWBA calculation and

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Adopted Levels, Gammas (continued)

⁵⁶Fe Levels (continued)

E(level) [†]	J ^π	T _{1/2} ^k	XREF	Comments
6047.53 13			I	excited two neutron configuration=((ν f _{5/2})(ν g _{9/2})) in ⁵⁴ Fe(α,2p).
6055& 8	2 ⁺ <i>i</i>		D F	
6061.79 6	4 ⁺ <i>g</i>		I	
6071.6 6	6 ⁺ <i>e</i>		D I K	
6078? ^a 3		16 ⁿ fs 3	L	T _{1/2} : from Γ _{γ0} ² /Γ=0.028 eV 5 in ⁵⁶ Fe(γ,γ').
6092.2 6	(3 ⁻) <i>i</i>		D F K N	XREF: Others: AF XREF: F(6080).
6102.21 15	(0 to 3 ⁺) <i>g</i>		I	
6110.6 4			F I	
6115.7@ 7			CD	
6131.24 10	2 ⁺ <i>g</i>	5 ^m fs +4-3	D F I K	
6146.35 13			I	
6174& 7			D	
6201& 10			D K	
6219? ^a 3		13 ⁿ fs 3	D KL	T _{1/2} : from Γ _{γ0} ² /Γ=0.034 eV 8 in ⁵⁶ Fe(γ,γ').
6250.78 24	1 ^g	8.1 ⁿ fs 15	D F I L	T _{1/2} : from Γ _{γ0} ² /Γ=0.056 eV 13 in ⁵⁶ Fe(γ,γ').
6265& 8	4 ⁺ <i>e</i>		D F K	XREF: Others: AB, AC, AF, AG XREF: K(6273).
6289& 10			D	
6312.75 20			D I	
6316& 8			D K	
6327.6 6			F I	
6351& 8			D	
6363& 7			D F K	
6386.99 18			D I	
6397& 8			D K	J ^π : L=(3,4) in ⁵⁶ Fe(p,p').
6434.8 4			D F I K	
6437.08 16			I	
6439.50 25			I	
6442.91 20			I	
6446.92 20	2 ⁺ ,3 ⁺ <i>g</i>	11 ^m fs +7-4	D I	
6454.4 3			D I K	
6472.5 5			I	
6489& 10	(2 ⁺) <i>e</i>		D	
6512.4 4	0 ⁺		D I K P	J ^π : L(³ He,n)=0.
6527& 10			D	
6543& 10			D	
6555& 10			D K	
6566.81 25	0 ⁺ <i>i</i>		D F I	
6593& 12			D	
6613& 10			D F K	
6621.94 23			I	
6625.10 18	(0 to 3 ⁺) <i>eg</i>		D I	
6652& 10			D	
6666.62 15	3 ⁻ <i>i</i>		D F I	
6670& 12			D K	

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Adopted Levels, Gammas (continued)

⁵⁶Fe Levels (continued)

E(level) [†]	J ^π	T _{1/2} ^k	XREF		Comments
6698 ^a 1	1 ^h	0.65 ⁿ fs 10	D	L	T _{1/2} : from Γ _{γ0} ² /Γ=0.70 eV 11 in ⁵⁶ Fe(γ,γ').
6700 ^{&} 12	0 ⁺ ⁱ		D F		
6715.90 21			D	I K	
6725 ^{&} 15			D		
6742 ^{&} 15			D	K	
6767.41 21			D	I	
6781 15	3 ⁻ ⁱ		D F	K	
6800 ^{&} 15	0 ⁺ ⁱ		D F		
6807.8 5			D	I K	XREF: Others: AB, AC, AF XREF: K(6823).
6843 ^{&} 15			D		
6850.9 [@] 6	9 ⁽⁺⁾ ^f		CD	K	XREF: Others: AE, AF XREF: D(6856)K(6855).
6854.67 20				I	
6869.73 17	(3 ⁻) ^e		D F	I K P	XREF: Others: AF, AG XREF: F(6870).
6883.13 16				I	
6889.98 22				I	
6916 ^{&} 15			D		
6926 ^a 2	1 ⁻ ^h	1.10 ^l eV 29	D	L	J ^π : L=(1,2) in ⁵⁴ Fe(t,p).
6940 ^{&} 15			D F	K	
6978.0 4			D	I K	
6981.68 20	(0 to 3 ⁺) ^g		D F	I	
6994 ^{&} 15			D		
7008.00 25				I	
7010.8 4	(>3 ⁻) ^g		D	I K	
7029.8 4	(>3 ⁻) ^g		D	I	
7055 ^{&} 15			D	K	
7061.6 4	1 ⁺ ^h	0.41 ⁿ fs 8	F	I L	T _{1/2} : from Γ _{γ0} ² /Γ=0.11 eV 2 in ⁵⁶ Fe(γ,γ'). J ^π : L=(3,4) in ⁵⁶ Fe(p,p').
7071.37 22			D	I K	
7084.6 [@] 12			C		
7090 [?] ^{&} 15			D		
7102 ^{&} 15			D	K	
7124 ^{&} 15	0 ⁺ ⁱ		D F		W
7135 ^a 3	1 ^h	8.1 ⁿ fs 15		L	T _{1/2} : from Γ _{γ0} ² /Γ=0.056 eV 10 in ⁵⁶ Fe(γ,γ').
7154 ^{&} 15			D		
7167.27 24	1 ^h	5.1 ⁿ fs 9	D f	I KL	T _{1/2} : from Γ _{γ0} ² /Γ=0.089 eV 15 in ⁵⁶ Fe(γ,γ').
7177.2 [@] 16	(10 ⁺) ^j		C		
7178.1 5				I	
7198.5 4			D	I K	J ^π : L=(3,4) in ⁵⁶ Fe(p,p').
7204 ^{&} 15			D		
7211.5 20	1 ^h	0.77 ^l eV 22	D	I L	
7220	0 ⁺ ⁱ		F	I K	
7248 ^a 2	1 ^h	2.3 ⁿ fs 3	D	L	T _{1/2} : from Γ _{γ0} ² /Γ=0.20 eV 3 in ⁵⁶ Fe(γ,γ').
7254.19 20	0 ⁺ ⁱ		F	I	XREF: Others: AB, AG

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued)

⁵⁶Fe Levels (continued)

E(level) [†]	J ^π	T _{1/2} ^k	XREF			Comments
7285.8? 4		1.6 ⁿ fs 7	D	I	L	XREF: F(7290). T _{1/2} : from Γ _{γ0} ² /Γ=0.29 eV 12 in ⁵⁶ Fe(γ,γ').
7312& 15			D			J ^π : L=(3,4) in ⁵⁶ Fe(p,p').
7398.5 4			F	I		J ^π : L=(2,3) in ⁵⁴ Fe(t,p).
7422.67 22	(1,2 ⁺) ^g		F	I		
7446.5 ^a 20	1 ^h	2.7 ⁿ fs 8			L	T _{1/2} : from Γ _{γ0} ² /Γ=0.17 eV 5 in ⁵⁶ Fe(γ,γ').
7468.5 20	1 ^h	2.5 ⁿ fs 4			I L	T _{1/2} : from Γ _{γ0} ² /Γ=0.18 eV 3 in ⁵⁶ Fe(γ,γ').
7475& 15	(3 ⁻) ^e		D	F		
7503.6@ 6	9 ⁽⁺⁾ ^j		C			
7541.29 23					I	
7580 ^b			F			J ^π : L=2,3 in ⁵⁴ Fe(t,p).
7630 ^b	3 ⁻ⁱ		F			
7670 ^b			F			
7720 ^b			F			
7768.61 19			F	I		J ^π : L=2,3 in ⁵⁴ Fe(t,p).
7820.6@ 6	10 ⁽⁺⁾ ^f		C	F		XREF: Others: AD, AG XREF: F(7840).
7875.8 3	2 ⁺ⁱ		F	I		
7886.54 23	(1,2 ⁺) ^g	1.6 ⁿ fs 3			I L	T _{1/2} : from Γ _{γ0} ² /Γ=0.28 eV 5 in ⁵⁶ Fe(γ,γ').
8050 ^b			F			
8110 ^d 30	0 ⁺ⁱ				P	
8120 ^b	2 ⁺ⁱ		F			
8128 ^a 2	1 ^h	3.55 ^l eV 74			J L	
8138.22 26					I	
8219 ^a 4		1.8 ⁿ fs 3			L	T _{1/2} : from Γ _{γ0} ² /Γ=0.26 eV 5 in ⁵⁶ Fe(γ,γ').
8239.7 20	1 ^h	5.75 ^l eV 92	F	I	J L	
8247.76 29	(0 to 3 ⁺) ^g				I	
8309.59 24	(1,2 ⁺) ^g	1.9 ⁿ fs 6			I L	T _{1/2} : from Γ _{γ0} ² /Γ=0.24 eV 8 in ⁵⁶ Fe(γ,γ').
8329.65 18					I	
8414.8@ 7	(10 ⁺) ^j		C			
8447.87 23	(0 to 3 ⁺) ^g				I	
8535.95 22	1 ^h	4.92 ^l eV 95			I J L	
8679.9@ 7	11 ⁽⁺⁾ ^j		C			
8758.47 19	(0 to 3 ⁺) ^g				I	
8767 ^a 3		1.1 ⁿ fs 2			J L	XREF: J(8800). T _{1/2} : from Γ _{γ0} ² /Γ=0.41 eV 8 in ⁵⁶ Fe(γ,γ').
8879 ^a 4		1.5 ⁿ fs 4			J L	XREF: J(8800). T _{1/2} : from Γ _{γ0} ² /Γ=0.30 eV 8 in ⁵⁶ Fe(γ,γ').
8909.9 3	(1,2 ⁺) ^g	0.97 ⁿ fs 21			I L	T _{1/2} : from Γ _{γ0} ² /Γ=0.47 eV 10 in ⁵⁶ Fe(γ,γ').
8962 ^a 4		1.2 ⁿ fs 2			L	T _{1/2} : from Γ _{γ0} ² /Γ=0.38 eV 7 in ⁵⁶ Fe(γ,γ').
8989 ^a 4		1.5 ⁿ fs 3			L	T _{1/2} : from Γ _{γ0} ² /Γ=0.31 eV 7 in ⁵⁶ Fe(γ,γ').
9107 ^a 4		0.53 ⁿ fs 11			L	J ^π : from Γ _{γ0} ² /Γ=0.86 eV 18 in ⁵⁶ Fe(γ,γ').
9140.3 ^a 6	1 ^{-h}	1.28 ^l eV 17			L	
9154 ^a 4		0.47 ⁿ fs 15			L	T _{1/2} : from Γ _{γ0} ² /Γ=0.98 eV 31 in ⁵⁶ Fe(γ,γ').
9200 ^d 30	0 ⁺ⁱ				P	

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued)

^{56}Fe Levels (continued)

E(level) [†]	J ^π	T _{1/2} ^k	XREF	Comments
9280 50	(8 ⁺)		U W	E(level): From $^{54}\text{Fe}(\alpha,2p)$. J ^π : based on $\sigma(\theta)$ DWBA calculation and excited two neutron configuration= $((\nu g_{9/2})(\nu g_{9/2}))$ in $^{54}\text{Fe}(\alpha,2p)$.
9287 ^a 3		0.61 ⁿ fs 14	L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.75$ eV 17 in $^{56}\text{Fe}(\gamma,\gamma')$.
9311 ^a 4		0.71 ⁿ fs 14	L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.64$ eV 13 in $^{56}\text{Fe}(\gamma,\gamma')$.
9322 ^a 4		0.70 ⁿ fs 15	L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.65$ eV 14 in $^{56}\text{Fe}(\gamma,\gamma')$.
9344.7@ 7	(11 ⁺) ^j		C	
9378.2@ 7	(11 ⁺) ^j		C	
9402 ^a 3		0.70 ⁿ fs 16	L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.65$ eV 15 in $^{56}\text{Fe}(\gamma,\gamma')$.
9557.62 21	(1,2 ⁺) ^g	1.2 ⁿ fs 4	I L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.39$ eV 14 in $^{56}\text{Fe}(\gamma,\gamma')$.
9666 ^a 5			L	
9737 ^a 5		0.48 ⁿ fs 13	L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.95$ eV 25 in $^{56}\text{Fe}(\gamma,\gamma')$.
9768 ^a 4		1.0 ⁿ fs 3	J L	XREF: J(9800). T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.48$ eV 13 in $^{56}\text{Fe}(\gamma,\gamma')$.
9895 ^a 5		1.1 ⁿ fs 3	J L	XREF: J(9800). T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.41$ eV 12 in $^{56}\text{Fe}(\gamma,\gamma')$.
9900 50	(6 ⁺)		U W	E(level): From $^{54}\text{Fe}(\alpha,2p)$. J ^π : based on $\sigma(\theta)$ DWBA calculation and excited two neutron configuration= $((\nu g_{9/2})(\nu 2d_{5/2}))6^+$ in $^{54}\text{Fe}(\alpha,2p)$.
9948 ^a 5		0.61 ⁿ fs 14	L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.75$ eV 20 in $^{56}\text{Fe}(\gamma,\gamma')$.
9969 ^a 5		1.5 ⁿ fs 5	L	T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.31$ eV 10 in $^{56}\text{Fe}(\gamma,\gamma')$.
10060 ^a 5		0.81 ⁿ fs 23	J L	XREF: Others: AA, AB XREF: J(10200). T _{1/2} : from $\Gamma_{\gamma 0}^2/\Gamma=0.56$ eV 16 in $^{56}\text{Fe}(\gamma,\gamma')$.
10094.4@ 7	(12 ⁺) ^j		C	
10497 ^a 3	1 ^h	3.44 ^l eV 64	J L	XREF: Others: AA, AB XREF: J(10200).
10563.1@ 8	(12 ⁺) ^j		C	
10898.9@ 10	(13 ⁺) ^j		C	
11133 ^a 3	1 ^h	2.08 ^l eV 52	L	
11503.7 3	3 ⁺		I	E(level): IAR of 3 ⁺ g.s. in ^{56}Mn .
11593.53 23	1 ⁺		I	E(level): IAR of 1 ⁺ 110 in ^{56}Mn .
11598.65 18	1 ⁺		I	IAR of 1 ⁺ 110 in ^{56}Mn .
11603.64 19	1 ⁺		I	IAR of 1 ⁺ 110 in ^{56}Mn .
11609.56 20			I	
11612.93 18	1 ⁺		I	IAR of 1 ⁺ 110 in ^{56}Mn .
11617.71 20			I	
11638.0 3	3 ⁽⁻⁾ ^g		I	
11640.7 3	3 ⁽⁻⁾ ^g		I	
11644.0 3	3 ⁽⁻⁾ ^g		I	
11664.0 3	3 ⁽⁻⁾ ^g		I	
11678.0 4	4 ⁺ ^g		I	E(level): IAR of 4 ⁺ 212 in ^{56}Mn .
11680.6 3	4 ⁺ ^g		I	E(level): IAR of 4 ⁺ 212 in ^{56}Mn .
11688.2 3	4 ⁺ ^g		I	E(level): IAR of 4 ⁺ 212 in ^{56}Mn .
11692.1 3	2 ⁺ ^g	≈9 ^m keV	I	Γ _p =2.0 keV 2 E(level): IAR of 2 ⁺ 215 in ^{56}Mn .
11832.8 3	3 ⁺ ^g	≈17 ^m keV	I	Γ _p =1.0 keV 2 E(level): IAR of 3 ⁺ 341 in ^{56}Mn .

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Adopted Levels, Gammas (continued) ^{56}Fe Levels (continued)

E(level) [†]	J ^π	T _{1/2} ^k	XREF	Comments
11840.8 3	3 ⁺ ^g		I	E(level): IAR of 3 ⁺ 341 in ^{56}Mn .
11850.0 5	3 ⁺ ^g		I	E(level): IAR of 3 ⁺ 341 in ^{56}Mn .
11879.6 3	(5 ⁺) ^g		I	
11886.8 4	(5 ⁺) ^g		I	
11913.3 6	(4 ⁺) ^g		I	
11925.2 3	3 ⁺ ^g	≈11 ^m keV	I	Γ _p =1.0 keV ^l E(level): IAR of 3 ⁺ 454 in ^{56}Mn .
11947.7 3	(4 ⁻) ^g		I	
11952.6 3	4 ⁺ ^g		I	
11958.1 3	3 ⁺ ^g	≈11 ^m keV	I	Γ _p =1.0 keV ^l E(level): IAR of 3 ⁺ 486 in ^{56}Mn .
11964? [@] 3	(13 ⁺) ^j		C	
12440 ^c 30			J	
12520 ^c 30			J	

[†] From $^{55}\text{Mn}(p,p)$, (p,γ) E=res: IAR, except as noted. For resonance states E(level) are calculated by using E(level)=S(p)+0.9824×E(p), where E(p) is incident proton energy in lab system and S(p)=10183.74 17 (2003Au03); States of E(level)>13000 are unplaced in Adopted Levels, see $^{56}\text{Fe}(e,e')$, $(^3\text{He},^3\text{He}')$, (α,α') , and $^{60}\text{Ni}(p,X\gamma),(e,e'\alpha\gamma),(\gamma,\alpha)$.

[‡] From ^{56}Co ε decay.

From $^{56}\text{Fe}(n,n'\gamma)$.

@ From (HL,xnγ).

& From $^{56}\text{Fe}(p,p')$, (pol p,p').

^a From $^{56}\text{Fe}(\gamma,\gamma')$, (pol γ,γ').

^b From $^{54}\text{Fe}(t,p)$.

^c From $^{56}\text{Fe}(n,n')$.

^d From $^{54}\text{Cr}(^3\text{He},n)$.

^e From angular momentum transfer in $^{56}\text{Fe}(d,d')$, or $^{56}\text{Fe}(p,p')$, or $^{56}\text{Fe}(\alpha,\alpha')$, or $^{56}\text{Fe}(e,e')$.

^f From angular momentum transfer in $^{57}\text{Fe}(d,t)$.

^g From $^{55}\text{Mn}(p,p')$, (p,γ) E=res: IAR based on reasonable assumption of the multipolarity of observed γ-transitions and application of corresponding selection rules, or analyses of IAR state in ^{56}Mn .

^h Based on γ resonance ex. measurements in $^{56}\text{Fe}(\gamma,\gamma')$, (pol γ,γ').

ⁱ From angular momentum transfer in $^{54}\text{Fe}(t,p)$, or $^{54}\text{Fe}(^3\text{He},n)$.

^j From γγ-coin and γ(θ) in (HL,xnγ).

^k From DSA measurement in $^{56}\text{Fe}(n,n'\gamma)$, except as noted.

^l From $^{56}\text{Fe}(\gamma,\gamma')$, (pol γ,γ') assuming 100% transition to g.s.

^m From $^{55}\text{Mn}(p,p)$, (p,γ) E=res: IAR.

ⁿ Upper limit based upon the assumption that Γ_{γ0}/Γ=1.

Adopted Levels, Gammas (continued)

$\gamma(^{56}\text{Fe})$								
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^d	E_f	J_f^π	Mult.	δ	Comments
846.7778	2 ⁺	846.7638 [#] 19	100 [#]	0.0	0 ⁺	E2 [‡]		B(E2)(W.u.)=16.8 7
2085.1045	4 ⁺	1238.2736 [#] 22	100 [#] 2	846.7778	2 ⁺	E2 [‡]		B(E2)(W.u.)=24 5
2657.5894	2 ⁺	1810.757 [‡] 4	100.0 [#] 3	846.7778	2 ⁺	M1+E2	-0.18 [#] 1	B(M1)(W.u.)=0.166 8; B(E2)(W.u.)=3.3 4 δ : others: -0.19 2 (p,p' γ), -0.17 3 in ⁵⁶ Co ϵ decay.
		2657.527 [‡] 4	3.1 [#] 3	0.0	0 ⁺			I_γ : %Branching=5.4 21 from B(E2)=0.0037 10 (e,e') and adopted $T_{1/2}$; %Branching=5 3 in ⁵⁶ Fe(p,p' γ).
2941.50	0 ⁺	2094.9 3 (2941)	100	846.7778 0.0	2 ⁺ 0 ⁺	[E2]		B(E2)(W.u.)=2.4 +7-12 E_γ : 2939 reported in (p,p' γ).
2959.972	2 ⁺	2113.135 [‡] 5	100 [#] 2	846.7778	2 ⁺	M1+E2	+0.27 3	B(M1)(W.u.)=0.076 9; B(E2)(W.u.)=2.5 6 δ : from ⁵⁶ Co ϵ decay and ⁵⁶ Mn β^- decay. Other: -0.20 4 (p,p' γ).
		2959.92 [#] 1	2.16 [#] 8	0.0	0 ⁺			
3076.2	(3 ⁻)	991.51 ^c 3	47 ^c 13	2085.1045	4 ⁺			
		2229 ^c	100 ^c 13	846.7778	2 ⁺			
3120.11	(1 ⁺)	462 ^c	<1.05 ^c	2657.5894	2 ⁺			
		2273.2 ^c	100.0 ^c 7	846.7778	2 ⁺			
		3120 ^c	4.82 ^c 7	0.0	0 ⁺			
3122.970	4 ⁺	1037.8333 [#] 24	100.0 [‡] 4	2085.1045	4 ⁺	M1(+E2) [‡]	0.00 [‡] 5	B(M1)(W.u.)=(0.42 11)
		2276.131 [‡] 4	0.85 [‡] 5	846.7778	2 ⁺	E2 [‡]		B(E2)(W.u.)=0.13 4
3369.95	2 ⁺	2523.06 [#] 5	100.0 [#] 9	846.7778	2 ⁺	M1+E2	+0.25 [#] 15	B(M1)(W.u.)=0.065 13; B(E2)(W.u.)=1.3 +15-13
		3369.84 [#] 4	17 [#] 1	0.0	0 ⁺			
3388.55	6 ⁺	265.5 ^a 2	1.3 ^a 3	3122.970	4 ⁺			
		1303.4 ^a 1	100 ^a 4	2085.1045	4 ⁺	E2 ^a		B(E2)(W.u.)=4.0 4
3445.348	3 ⁺	787.743 [‡] 5	1.83 [‡] 2	2657.5894	2 ⁺	M1+E2 [‡]	+0.85 [‡] 35	B(M1)(W.u.)=0.013 5; B(E2)(W.u.)=30 16
		1360.212 [‡] 4	25.63 [‡] 8	2085.1045	4 ⁺	M1+E2 [‡]	-0.11 [‡] 1	B(M1)(W.u.)=0.060 11; B(E2)(W.u.)=0.79 20
		2598.500 [‡] 4	100.0 [‡] 4	846.7778	2 ⁺	M1+E2 [‡]	-0.28 [‡] 2	B(M1)(W.u.)=0.031 6; B(E2)(W.u.)=0.74 16 δ : other: -0.27 +9-12 in ⁵⁶ Mn β^- decay.
3448.41	1 ⁺	790 ^c	<0.7 ^c	2657.5894	2 ⁺			
		2601 ^c	33 ^c 3	846.7778	2 ⁺			
		3448 ^c	100 ^c 3	0.0	0 ⁺			
3600.21	(1,2 ⁺)	942 ^c	<2.4 ^c	2657.5894	2 ⁺			
		1515 ^c	<2.4 ^c	2085.1045	4 ⁺			
		2753 ^c	20 ^c 4	846.7778	2 ⁺			
		3600 ^c	100 ^c 4	0.0	0 ⁺			
3605.69	2 ⁺	948 ^c	14.2 ^c 20	2657.5894	2 ⁺			
		1521 ^c	<1.4 ^c	2085.1045	4 ⁺			
		2759 ^c	100 ^c 5	846.7778	2 ⁺			

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.</u>	<u>δ</u>	<u>α^f</u>	<u>Comments</u>
3605.69	2 ⁺	3606 ^c	56 ^c 5	0.0	0 ⁺				
3610.21	0 ⁽⁺⁾	952 ^c	<1.5 ^c	2657.5894	2 ⁺				
		1525 ^c	<0.7 ^c	2085.1045	4 ⁺				
		2763 ^c	100.0 ^c	846.7778	2 ⁺				
		3610 ^c	<7.0 ^c	0.0	0 ⁺				
3744.13	2 ⁺	2897 ^c	100 ^c	846.7778	2 ⁺				
3755.57	6 ⁺	367.0 ^a 1	22 ^a 1	3388.55	6 ⁺	M1+E2 ^a	+0.07 ^a 12	0.00141 8	α(K)=0.00125 7; α(L)=0.00012 B(M1)(W.u.)=0.61 10; B(E2)(W.u.)=4.E+1 +16-4
		632.6 ^{ah}	≤2 ^a	3122.970	4 ⁺				
		1670.8 ^a 4	100 ^a 4	2085.1045	4 ⁺	E2			B(E2)(W.u.)=21 4
3829.77	2 ⁺	1172 ^c	58 ^c 10	2657.5894	2 ⁺				
		2983 ^c	100 ^c 10	846.7778	2 ⁺				
		3830 ^c	35 ^c 4	0.0	0 ⁺				
3856.495	3 ⁺	411.145 [‡] 4	0.17 [‡] 1	3445.348	3 ⁺				
		486.55 [‡] 11	0.38 [‡] 2	3369.95	2 ⁺				
		733.514 [‡] 4	1.24 [‡] 3	3122.970	4 ⁺	M1 [‡]			B(M1)(W.u.)=0.025 4
		896.510 [‡] 6	0.46 [‡] 1	2959.972	2 ⁺				
		1198.888 [‡] 5	0.28 [‡] 2	2657.5894	2 ⁺				
		1771.357 [‡] 4	100.0 [‡] 3	2085.1045	4 ⁺	M1(+E2) [‡]	-0.004 [‡] +5-2		B(M1)(W.u.)=(0.145 18); B(E2)(W.u.)=(0.0015 +38-15)
		3009.645 [‡] 4	6.42 [‡] 14	846.7778	2 ⁺	M1+E2 [‡]	+0.065 [‡] 5		B(M1)(W.u.)=0.00190 24; B(E2)(W.u.)=0.0018 4
4048.888	3 ⁺	1088.894 [‡] 9	1.7 [‡] 1	2959.972	2 ⁺	M1+E2 [‡]	+0.43 [‡] 12		B(M1)(W.u.)=0.028 13; B(E2)(W.u.)=9 6
		1963.741 [‡] 8	22.0 [‡] 1	2085.1045	4 ⁺	M1+E2 [‡]	+0.22 [‡] 3		B(M1)(W.u.)=0.07 3; B(E2)(W.u.)=1.8 9
		3202.029 [‡] 8	100.0 [‡] 4	846.7778	2 ⁺	M1+E2 [‡]	+0.50 [‡] 1		B(M1)(W.u.)=0.06 3; B(E2)(W.u.)=3.1 14
4085.93	(1,2 ⁺)	3239 ^c	100 ^c 8	846.7778	2 ⁺				
		4086 ^c	33 ^c 8	0.0	0 ⁺				
4100.363	4 ⁺	655.003 [‡] 5	0.45 [‡] 10	3445.348	3 ⁺				
		977.372 [‡] 5	18.05 [‡] 9	3122.970	4 ⁺	M1(+E2) [‡]	+0.07 [‡] +3-2		B(M1)(W.u.)=(0.061 8); B(E2)(W.u.)=(0.6 6)
		1140.368 [‡] 6	1.68 [‡] 5	2959.972	2 ⁺				
		1442.746 [‡] 6	2.29 [‡] 5	2657.5894	2 ⁺				
		2015.215 [‡] 5	38.3 [‡] 5	2085.1045	4 ⁺	M1+E2 [‡]	+0.68 [‡] 5		B(M1)(W.u.)=0.0102 13; B(E2)(W.u.)=2.3 4
		3253.503 [‡] 4	100.0 [‡] 4	846.7778	2 ⁺	E2 [‡]			B(E2)(W.u.)=1.76 21
4119.936	3 ⁺	263.434 [‡] 5	0.30 [‡] 3	3856.495	3 ⁺				
		674.579 [‡] 5	0.45 [‡] 6	3445.348	3 ⁺				
		996.948 [‡] 5	1.50 [‡] 8	3122.970	4 ⁺	M1+E2 [‡]			B(E2)(W.u.)=3.8 11

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.</u>	<u>δ</u>	<u>Comments</u>
4119.936	3 ⁺	1159.944 [‡] 6	1.14 [‡] 4	2959.972	2 ⁺	M1+E2 [‡]	+0.064 [‡] +16-36	B(M1)(W.u.)=0.0010 3; B(E2)(W.u.)=0.006 4
		1462.322 [‡] 6	1.00 [‡] 1	2657.5894	2 ⁺			
		2034.791 [‡] 5	100.0 [‡] 4	2085.1045	4 ⁺	M1+E2 [‡]	-0.073 [‡] 5	B(M1)(W.u.)=0.015 5; B(E2)(W.u.)=0.038 12
		3273.079 [‡] 4	23.97 [‡] 12	846.7778	2 ⁺	M1+E2 [‡]	+0.420 [‡] 4	B(M1)(W.u.)=0.00068 20; B(E2)(W.u.)=0.023 7
4298.096	4 ⁺	852.732 [‡] 4	2.18 [‡] 13	3445.348	3 ⁺			
		1175.101 [‡] 4	100.0 [‡] 4	3122.970	4 ⁺	M1+E2 [‡]	+0.14 [‡] 4	B(M1)(W.u.)=0.07 4; B(E2)(W.u.)=2.1 16
		1640.475 [‡] 5	2.76 [‡] 9	2657.5894	2 ⁺			
		2212.948 [‡] 4	17.1 [‡] 2	2085.1045	4 ⁺	M1+E2 [‡]	-3.0 [‡] 10	B(M1)(W.u.)=0.00019 15; B(E2)(W.u.)=0.7 4
		3451.232 [‡] 4	41.9 [‡] 3	846.7778	2 ⁺	E2 [‡]		B(E2)(W.u.)=0.21 10
4302.0	0 ⁺	3455.0	100	846.7778	2 ⁺			
4394.93	3 ⁺	1271.92 [‡] 6	10.3 [‡] 4	3122.970	4 ⁺			
		3548.05 [‡] 6	100.0 [‡] 8	846.7778	2 ⁺	M1+E2 [‡]	-0.30 [‡] 2	B(M1)(W.u.)=0.012 6; B(E2)(W.u.)=0.17 9
4401.27	2 ⁺	955.8	46 ^c 3	3445.348	3 ⁺			
		1031 ^c	<2.0 ^c	3369.95	2 ⁺			
		1441 ^c	11.7 ^c 23	2959.972	2 ⁺			
		1459.3	7.7	2941.50	0 ⁺			
		2316 ^c	<6.3 ^c	2085.1045	4 ⁺			
		3554.2	100 ^c 3	846.7778	2 ⁺			
4447.7		3600.8 [‡] 4	100 [‡]	846.7778	2 ⁺			
4458.532	4 ⁺	1335.40 [‡] 3	100.0 [‡] 13	3122.970	4 ⁺			
		2373.24 [‡] 3	64 [‡] 5	2085.1045	4 ⁺			
		3611.53 [‡] 3	6.8 [‡] 3	846.7778	2 ⁺			
4509.56	3 ⁻	754.35 ^c 18	<21 ^c	3755.57	6 ⁺			
		1064.6	6 4	3445.348	3 ⁺			
		1139.66 ^c 10	39 ^c 17	3369.95	2 ⁺			
		1386.3 ^c 3	28 ^c 15	3122.970	4 ⁺			
		1852.09 ^c 4	100 ^c	2657.5894	2 ⁺			
		2424.93 ^c 15	20 ^c 8	2085.1045	4 ⁺			
		3662.67 ^c 10	98 ^c 18	846.7778	2 ⁺			
4539.5	1 ⁺ ,2 ⁺	1579.5	100 14	2959.972	2 ⁺			
		1881.9	52.6 88	2657.5894	2 ⁺			
		4539.5	22.8 53	0.0	0 ⁺			
4554.77	4 ⁺	799.02 ^c 5	14 ^c 5	3755.57	6 ⁺			
		810.60 ^c 8	10 ^c 6	3744.13	2 ⁺			
		1108.6	10 6	3445.348	3 ⁺			
		1165.74 ^c 11	16 ^c 4	3388.55	6 ⁺			
		1431.58 ^c 5	34 ^c 8	3122.970	4 ⁺			

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.</u>	<u>δ</u>	<u>Comments</u>
4554.77	4 ⁺	1897.8 ^c 3	11 ^c 4	2657.5894	2 ⁺			
		2469.71 ^c 3	100 ^c	2085.1045	4 ⁺			
		3708.6 ^c 5	7 ^c 3	846.7778	2 ⁺			
4608.56	2 ⁺	1485.60 ^c 5	19 ^c 8	3122.970	4 ⁺			
		1667.07 ^c 15	10 ^c 5	2941.50	0 ⁺			
		1949.9 ^c 5	9 ^c 4	2657.5894	2 ⁺			
		2523.09 ^c 12	100 ^c	2085.1045	4 ⁺			
		3761.5 ^c 4	47 ^c 7	846.7778	2 ⁺			
4610.82	4 ⁺	756.2 ^c 4	<7 ^c	3856.495	3 ⁺			
		781.20 ^c 11	35 ^c 8	3829.77	2 ⁺			
		1651.0 ^c 4	15 ^c 8	2959.972	2 ⁺			
		1954.11 ^c 16	33 ^c 8	2657.5894	2 ⁺			
		2525.75 ^c 23	77 ^c 28	2085.1045	4 ⁺			
		3763.4 ^c 4	100 ^c	846.7778	2 ⁺			
4658.26	2 ⁺ ,3 ⁺ ,4 ⁺	1213 ^c	<3.3 ^c	3445.348	3 ⁺			
		1288 ^c	<3.3 ^c	3369.95	2 ⁺			
		1698 ^c	<5 ^c	2959.972	2 ⁺			
		2000 ^c	<3.3 ^c	2657.5894	2 ⁺			
		2573 ^c	100 ^c 5	2085.1045	4 ⁺			
		3811 ^c	67 ^c 5	846.7778	2 ⁺			
		4658 ^c	<3.3 ^c	0.0	0 ⁺			
4683.04	(2 ⁺),3 ⁺	1312.58 ^c 4	<48 ^c	3369.95	2 ⁺			
		1559.53 ^c 11	24 ^c 10	3122.970	4 ⁺			
		1724.7		2959.972	2 ⁺			
		2525.75 ^c 23	77 ^c 28					
		3836.21 ^c 11	100 ^c	846.7778	2 ⁺			
4692.32	4 ⁺	936.58 ^c 4	25 ^c 4	3755.57	6 ⁺			
		948.6 ^c 4	3 ^c 1	3744.13	2 ⁺			
		1569.42 ^c 8	16 ^c 5	3122.970	4 ⁺			
		2034.76 ^c 2	51 ^c 13	2657.5894	2 ⁺			
		2607.22 ^c 3	100 ^c	2085.1045	4 ⁺			
		3844.0 ^c 4	17 ^c 3	846.7778	2 ⁺			
4700.63	7 ⁺	944.7 ^{&} 2	19 ^{&} 2	3755.57	6 ⁺			
		1312.2 ^{&} 1	100 ^{&} 5	3388.55	6 ⁺	M1+E2 [@]	-0.08 8	B(M1)(W.u.)=0.0981 13; B(E2)(W.u.)=0.7 +15-7 δ: From (HI,xny).
4728.14	2 ⁺	3881 ^c	100 ^c 3	846.7778	2 ⁺			
		4728 ^c	11 ^c 3	0.0	0 ⁺			
4730.0	0 ⁺	3883.1	100	846.7778	2 ⁺			

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>	<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>
4737.33	2 ⁺	617.36 ^c 8	18 ^c 7	4119.936	3 ⁺	5033.02	(4,5) ⁺	1277.00 ^c 10	32 ^c 8	3755.57	6 ⁺
		1616.6	25	3120.11	(1 ⁺)			1643.9 ^c 5	<17 ^c	3388.55	6 ⁺
		2079.80 ^c 3	100 ^c	2657.5894	2 ⁺			2947.86 ^c 11	100 ^c	2085.1045	4 ⁺
		3889.6 ^c 3	27 ^c 6	846.7778	2 ⁺			4188.2 ^c 5	42 ^c 28	846.7778	2 ⁺
		4736.3 ^c 6	40 ^c 15	0.0	0 ⁺	5038.49	4 ⁺	1915.10 ^c 18		3122.970	4 ⁺
4784.12	(1,2 ⁺)	1664 ^c	22 ^c 6	3120.11	(1 ⁺)	5055.87	4 ⁺ ,(3 ⁺)	757.75 ^c 6	100 ^c	4298.096	4 ⁺
		3937 ^c	100 ^c 9	846.7778	2 ⁺			2971.04 ^c 16	68 ^c 22	2085.1045	4 ⁺
		4784 ^c	96 ^c 9	0.0	0 ⁺	5122.11	5 ⁻	3036.9	100	2085.1045	4 ⁺
4812.68	4 ⁺ ,5 ⁺	692.65 ^c 14		4119.936	3 ⁺	5131.66	3 ⁺ ,4 ⁺ ,(2 ⁺)	673.02 ^c 8	30 ^c 8	4458.532	4 ⁺
		1057.8 ^c 3		3755.57	6 ⁺			1082.83 ^c 12	23 ^c 6	4048.888	3 ⁺
		1368.3 ^c 3		3445.348	3 ⁺			1686.41 ^c 5	100 ^c	3445.348	3 ⁺
4847.9	(2 ⁺)	2190.0 ^c 4		2657.5894	2 ⁺			2008.80 ^c 11	60 ^c 7	3122.970	4 ⁺
		2763.24 ^c 19		2085.1045	4 ⁺			4284.6 ^c 3	39 ^c 7	846.7778	2 ⁺
		4847 ^b 3		0.0	0 ⁺	5149.54	2 ⁺	2026.6 ^c 3	27 ^c 15	3122.970	4 ⁺
4866.52	(1,2 ⁺)	1267 ^c	1.0 ^c 4	3600.21	(1,2 ⁺)			3064.04 ^c 8	100 ^c	2085.1045	4 ⁺
		1419 ^c	16.0 ^c 6	3448.41	1 ⁺	5184.3	8 ⁽⁺⁾	1427.8 [@] 3	100 [@] 5	3755.57	6 ⁺
		1422 ^c	1.8 ^c 6	3445.348	3 ⁺	5186.82	2 ⁺	1137.5		4048.888	3 ⁺
		1497 ^c	7.8 ^c 4	3369.95	2 ⁺			3101.2 ^c 13		2085.1045	4 ⁺
		1747 ^c	2.2 ^c 6	3120.11	(1 ⁺)	5194.80	(1,2 ⁺)	1585 ^c	23 ^c 5	3610.21	0 ⁽⁺⁾
		1907 ^c	54.9 ^c 16	2959.972	2 ⁺			2075 ^c	23 ^c 5	3120.11	(1 ⁺)
		2209 ^c	6 ^c 1	2657.5894	2 ⁺			2253 ^c	46 ^c 5	2941.50	0 ⁺
		2782 ^c	<0.78 ^c	2085.1045	4 ⁺			2537 ^c	64 ^c 5	2657.5894	2 ⁺
		4020 ^c	100.0 ^c 23	846.7778	2 ⁺			4348 ^c	100 ^c 8	846.7778	2 ⁺
		4867 ^c	5 ^c 1	0.0	0 ⁺	5227.3	1	5227 ^b 2		0.0	0 ⁺
4878.0	2 ⁺	1918.0	58	2959.972	2 ⁺	5232.57	2 ⁺ ,(3 ⁺)	1132.13 ^c 16	9 ^c 2	4100.363	4 ⁺
		2793 ^c	81 ^c 12	2085.1045	4 ⁺			1183.39 ^c 6	29 ^c 10	4048.888	3 ⁺
		4031 ^c	100 ^c 16	846.7778	2 ⁺			1783.4 ^c 3	6 ^c 2	3448.41	1 ⁺
		4878 ^c	57 ^c 16	0.0	0 ⁺			1787.18 ^c 11	28 ^c 3	3445.348	3 ⁺
4887.1		1055.0	100	3829.77	2 ⁺			3147.7 ^c 3	16 ^c 2	2085.1045	4 ⁺
5023.49	(1,2 ⁺) ⁺	903 ^c	7.9 ^c 24	4119.936	3 ⁺			4385.87 ^c 9	100 ^c	846.7778	2 ⁺
		1191.7		3829.77	2 ⁺	5235.89	4 ⁺	543.39 ^c 6	17 ^c 6	4692.32	4 ⁺
		1575 ^c	63.5 ^c 24	3448.41	1 ⁺			777.14 ^c 5	23 ^c 3	4458.532	4 ⁺
		1653 ^c	66 ^c 3	3369.95	2 ⁺			936.58 ^c 4	16 ^c 3	4320	2 ⁺
		1903 ^c	<2.65 ^c	3120.11	(1 ⁺)			1135.68 ^c 10	34 ^c 4	4100.363	4 ⁺
		2063 ^c	100 ^c 4	2959.972	2 ⁺			1186.29 ^c 25	6 ^c 2	4048.888	3 ⁺
		2365 ^c	<2.12 ^c	2657.5894	2 ⁺			1480.4 ^c 3	5 ^c 2	3755.57	6 ⁺
		4176 ^c	7.1 ^c 13	846.7778	2 ⁺			1790.44 ^c 13	17 ^c 3	3445.348	3 ⁺
		5023 ^c	19.6 ^c 21	0.0	0 ⁺			1847.49 ^c 6	33 ^c 5	3388.55	6 ⁺

Adopted Levels, Gammas (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^d	E_f	J_f^π	$\gamma(^{56}\text{Fe})$ (continued)		Comments
						Mult.		
5235.89	4 ⁺	2276.3 ^c 3	<12 ^c	2959.972	2 ⁺			
		2578.56 ^c 9	<25 ^c	2657.5894	2 ⁺			
		3150.70 ^c 9	100 ^c	2085.1045	4 ⁺			
5255.7	8 ⁺	1499.5 [@] 3	39 [@] 2	3755.57	6 ⁺	E2 [@]	B(E2)(W.u.)=4.7 7	
		1866.8 [@] 3	100 [@] 5	3388.55	6 ⁺	E2 [@]	B(E2)(W.u.)=4.0 6	
5256.9	2 ⁺	4410 ^c	100 ^c 20	846.7778	2 ⁺			
		5257 ^b 3	100 ^c 20	0.0	0 ⁺			
5302.94	4 ⁺	757.75 ^c 4	<28 ^c					
		1005.1 ^c 3	18 ^c 9	4298.096	4 ⁺			
		1915.10 ^c 18	40 ^c 10	3388.55	6 ⁺			
		2180.12 ^c 6	27 ^c 7	3122.970	4 ⁺			
		3217.61 ^c 10	100 ^c	2085.1045	4 ⁺			
		4456.9 ^c 8	<40 ^c	846.7778	2 ⁺			
5307.81		1010		4298.096	4 ⁺			
		1919.69 ^c 6		3388.55	6 ⁺			
		3220		2085.1045	4 ⁺			
5402.3	≥1	2460.3	100	2941.50	0 ⁺			
		5404 ^{gb} 3	g	0.0	0 ⁺			
5451.60	4 ⁺	1151.84 ^c 16	57 ^c 16	4320	2 ⁺			
		1153.78 ^c 25	57 ^c 16	4298.096	4 ⁺			
		1402.79 ^c 17	41 ^c 20	4048.888	3 ⁺			
		1696.17 ^c 16	100 ^c	3755.57	6 ⁺			
		2063.25 ^c 8	96 ^c 30	3388.55	6 ⁺			
		4604.9 ^c 4	10 ^c 6	846.7778	2 ⁺			
5479.15	(4 ⁺)	3394.10 ^c 19		2085.1045	4 ⁺			
5488.24	2,3,4	1120.27 ^c 4	46 ^c 11	4368.13?	3 ⁻			
		1368.41 ^c 9	<50 ^c	4119.936	3 ⁺			
		2042.65 ^c 6	69 ^c 18	3445.348	3 ⁺			
		3401.2 ^c 4	100 ^c	2085.1045	4 ⁺			
5502.94	(2,3,4) ⁺	1101.80 ^c 6	<20 ^c	4401.27	2 ⁺			
		1402.79 ^c 17	25 ^c 15	4100.363	4 ⁺			
		2058.2 ^c 4	<30 ^c	3445.348	3 ⁺			
		2133.13 ^c 13	54 ^c 16	3369.95	2 ⁺			
		2845.96 ^c 16	67 ^c 9	2657.5894	2 ⁺			
		3418.69 ^c 11	100 ^c	2085.1045	4 ⁺			
5511.6	2 ⁺	2141.8	100	3369.95	2 ⁺			
5538.07	(1,2 ⁺)	2168 ^c	34 ^c 5	3369.95	2 ⁺			
		2880 ^c	71 ^c 5	2657.5894	2 ⁺			

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.</u>	<u>δ</u>	<u>Comments</u>
5538.07	(1,2 ⁺)	4691 ^c 5538 ^c	58 ^c 5 100 ^c 8	846.7778 0.0	2 ⁺ 0 ⁺			
5573.51	2 ⁺	4726.1 ^c 4		846.7778	2 ⁺			
5590.06	1 ⁺ ,2,3 ⁺	2142 ^c 2145 ^c 2220 ^c 2932 ^c 4743 ^c	50 ^c 10 33 ^c 10 28 ^c 8 100 ^c 10 40 ^c 10	3448.41 3445.348 3369.95 2657.5894 846.7778	1 ⁺ 3 ⁺ 2 ⁺ 2 ⁺ 2 ⁺			
5618.36	4 ⁺	1223.46 ^c 5 2173.89 ^c 7 2230.0 ^c 3 2658.19 ^c 11 3535.0 ^c 5 4772.5 ^c 4	<12 ^c <100 ^c 15 ^c 10 27 ^c 15 88 ^c 30 100 ^c	4394.93 3445.348 3388.55 2959.972 2085.1045 846.7778	3 ⁺ 3 ⁺ 6 ⁺ 2 ⁺ 4 ⁺ 2 ⁺			
5623.86	(4,5) ⁺	1523.26 ^c 22 1575.21 ^c 6 1867.89 ^c 25 2500.52 ^c 25 3539.14 ^c 21	54 ^c 28 <15 ^c 83 ^c 27 36 ^c 11 100 ^c	4100.363 4048.888 3755.57 3122.970 2085.1045	4 ⁺ 3 ⁺ 6 ⁺ 4 ⁺ 4 ⁺			
5626.84	8 ⁺	926.2 ^a 1 1871.3 ^a 2238 ^a 2	100 ^a 2 5 ^a 5 9 ^a 2	4700.63 3755.57 3388.55	7 ⁺ 6 ⁺ 6 ⁺	M1+E2 ^a E2 ^a E2 ^a	+0.25 ^a 10	B(M1)(W.u.)=0.332 16; B(E2)(W.u.)=5.E+1 4 B(E2)(W.u.)=1.2 12 B(E2)(W.u.)=0.9 +3-4
5661.18		5661.2 ^c 6		0.0	0 ⁺			
5670.33	(2,3,4) ⁺	2711.0 ^c 4 3585.25 ^c 14 4822.9 ^c 4	40 ^c 12 100 ^c 48 ^c 7	2959.972 2085.1045 846.7778	2 ⁺ 4 ⁺ 2 ⁺			
5697.98	(2 ⁺)	1293.73 ^c 12						
5705.43	2 ⁺	977.29 ^c 5 2259.92 ^c 11 2584.73 ^c 25 2744.88 ^c 17 3619.6 ^c 5 4857.4 ^c 6	<27 ^c 74 ^c 20 35 ^c 15 60 ^c 20 100 ^c 88 ^c 26	4728.14 3445.348 3120.11 2959.972 2085.1045 846.7778	2 ⁺ 3 ⁺ (1 ⁺) 2 ⁺ 4 ⁺ 2 ⁺			
5774.00	(4 ⁺)	1326.2 ^c 3 3116.2 ^c 3	34 ^c 11 100 ^c	4447.7 2657.5894	2 ⁺ 2 ⁺			
5795.2		4948.2	100	846.7778	2 ⁺			
5801.34		1972.8 ^c 4 2859.4 ^c 4		3829.77 2941.50	2 ⁺ 0 ⁺			

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>
5806.3		4958.2 ^c 4		846.7778	2 ⁺
5817.22		2447.5 ^c 5		3369.95	2 ⁺
5853?		5853 ^{bh} 2		0.0	0 ⁺
5861.5	4 ⁺	2902.6 ^c 5		2959.972	2 ⁺
5871.26	(2,3,4)	1551.2 ^c 3		4320	2 ⁺
		2127.34 ^c 24		3744.13	2 ⁺
		2750		3120.11	(1 ⁺)
		3786.4 ^c 6		2085.1045	4 ⁺
5914.53	(2,3,4) ⁺	1222.38 ^c 25	15 ^c 6	4692.32	4 ⁺
		1312.42 ^c 8	<30 ^c	4620	
		1455.5 ^c 3	<17 ^c	4458.532	4 ⁺
		1519.6 ^c 4	12 ^c 9	4394.93	3 ⁺
		1615.91 ^c 16	24 ^c 12	4298.096	4 ⁺
		2058.2 ^c 4	<29 ^c	3856.495	3 ⁺
		2792.65 ^c 16	<39 ^c	3122.970	4 ⁺
		2794.13 ^c 16	<39 ^c	3120.11	(1 ⁺)
		3829.64 ^c 14	100 ^c	2085.1045	4 ⁺
		5068.0 ^c 8	67 ^c 21	846.7778	2 ⁺
5936.17	2 ⁺	2080 ^c	49 ^c 3	3856.495	3 ⁺
		5089 ^c	100 ^c 3	846.7778	2 ⁺
5965.81		2359.8 4		3605.69	2 ⁺
5986.86	(1 ⁺ to 3 ⁺)	1447 ^c	42 ^c 6	4539.5	1 ⁺ ,2 ⁺
		2542 ^c	100 ^c 6	3445.348	3 ⁺
		5140 ^c	67 ^c 8	846.7778	2 ⁺
6021.11		5174.6 ^c 5		846.7778	2 ⁺
6047.53		1508.31 ^c 12		4539.5	1 ⁺ ,2 ⁺
		5200.8 ^c 8		846.7778	2 ⁺
6061.79	4 ⁺	1612.96 ^c 18	46 ^c 25	4447.7	
		1667.07 ^c 15	<20 ^c	4394.93	3 ⁺
		1842.53 ^c 13	56 ^c 24		
		2305.6 ^c 5	25 ^c 14	3755.57	6 ⁺
		2460.2 ^c 3	42 ^c 16	3600.21	(1,2 ⁺)
		3101.22 ^c 13	<30 ^c	2959.972	2 ⁺
		3975.4 ^c 3	100 ^c	2085.1045	4 ⁺
		5214.6 ^c 8	52 ^c 25	846.7778	2 ⁺
6078?		6078 ^{bh} 3		0.0	0 ⁺
6092.2	(3 ⁻)	2643.0		3448.41	1 ⁺
		2722.1		3369.95	2 ⁺

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ^d</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Comments</u>
6092.2	(3 ⁻)	4007.2		2085.1045	4 ⁺	
6102.21	(0 to 3 ⁺)	2496 ^c	54 ^c 6	3605.69	2 ⁺	
		2654 ^c	100 ^c 6	3448.41	1 ⁺	
		5255 ^c	38 ^c 8	846.7778	2 ⁺	
6110.6		4026.3 ^c 5		2085.1045	4 ⁺	
6115.7		860.0 5	100	5255.7	8 ⁺	
6131.24	2 ⁺	2010.77 ^c 25	67 ^c 25	4119.936	3 ⁺	
		3171.0 ^c 4	43 ^c 20	2959.972	2 ⁺	
		5284.61 ^c 25	100 ^c	846.7778	2 ⁺	
6219?		6219 ^{bh} 3		0.0	0 ⁺	
6250.78	1	5404 ^b 3	64 ^c 27	846.7778	2 ⁺	
		6251 ^b 3	100 ^c 27	0.0	0 ⁺	
6312.75		1863.83 ^c 11		4447.7		
6386.99		2286.5 ^c 4		4100.363	4 ⁺	
6446.92	2 ⁺ ,3 ⁺	2618 ^c	22 ^c 10	3829.77	2 ⁺	
		2842 ^c	30 ^c 10	3605.69	2 ⁺	
		2848 ^c	59 ^c 10	3600.21	(1,2 ⁺)	
		3328 ^c	100 ^c 19	3120.11	(1 ⁺)	
6454.4		5607.8 ^c 5		846.7778	2 ⁺	
6472.5		2352.2 ^c 3		4119.936	3 ⁺	
6625.10	(0 to 3 ⁺)	3025 ^c	100 ^c 11	3600.21	(1,2 ⁺)	
		3180 ^c	47 ^c 7	3445.348	3 ⁺	
		3665 ^c	76 ^c 11	2959.972	2 ⁺	
6698	1	5853 ^{bh} 2		846.7778	2 ⁺	
		6698 ^b 3		0.0	0 ⁺	
6850.9	9 ⁽⁺⁾	1221.7 [@] 3	100 [@] 5	5626.84	8 ⁺	Additional information 1.
6854.67		1798.62 ^c 13		5055.87	4 ⁺ ,(3 ⁺)	
6889.98		3949.0 ^c 6		2941.50	0 ⁺	
6926	1 ⁻	6926 ^b 2	(100)	0.0	0 ⁺	
6981.68	(0 to 3 ⁺)	4324 ^c	86 ^c 19	2657.5894	2 ⁺	
		6135 ^c	100 ^c 19	846.7778	2 ⁺	
7008.00		4923.8 ^c 7		2085.1045	4 ⁺	
7010.8	(>3 ⁻)	3935.3 ^c 4		3076.2	(3 ⁻)	
7071.37		4986.8 4		2085.1045	4 ⁺	
7084.6		968.9 [@]	100 [@]	6115.7		
7135	1	7135 ^b 3		0.0	0 ⁺	
7167.27	1	6320 ^c	54 ^c 12	846.7778	2 ⁺	

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

E _i (level)	J ^π _i	E _γ [†]	I _γ ^d	E _f	J ^π _f	Comments
7167.27	1	7167 ^b 3	100 ^c 12	0.0	0 ⁺	
7177.2	(10 ⁺)	1920.9 [@] 15	100 [@] 23	5255.7	8 ⁺	
7211.5	1	6364 ^c	100 ^c	846.7778	2 ⁺	
		7211 ^e		0.0	0 ⁺	
7220	0 ⁺	3619 ^c	84 ^c 23	3600.21	(1,2 ⁺)	
		6372 ^c	100 ^c 23	846.7778	2 ⁺	
7248	1	7248 ^b 2		0.0	0 ⁺	
7254.19	0 ⁺	3643.8 ^c 4		3610.21	0 ⁽⁺⁾	
7422.67	(1,2 ⁺)	6576 ^c	100 ^c 17	846.7778	2 ⁺	
		7423 ^c	17 ^c 8	0.0	0 ⁺	
7446.5	1	7446 ^b 2		0.0	0 ⁺	
7468.5	1	7468 ^b 2		0.0	0 ⁺	
7503.6	9 ⁽⁺⁾	2247.1 [@] 7	16.3 [@] 23	5255.7	8 ⁺	
		2319.3 [@] 3	100 [@] 5	5184.3	8 ⁽⁺⁾	
7768.61		3086.2 4		4683.04	(2 ⁺),3 ⁺	
		5683.2 5		2085.1045	4 ⁺	
7820.6	10 ⁽⁺⁾	969.6 [@] 3	62 [@] 4	6850.9	9 ⁽⁺⁾	Additional information 2.
		2564.4 [@] 4	14 [@] 2	5255.7	8 ⁺	
7886.54	(1,2 ⁺)	1951 ^c	43 ^c 14	5936.17	2 ⁺	
		7887 ^c	100 ^c 14	0.0	0 ⁺	
8128	1	8128 ^b 2	(100)	0.0	0 ⁺	
8219		8219 ^b 4		0.0	0 ⁺	
8239.7	1	8239 ^b 2	(100)	0.0	0 ⁺	
8247.76	(0 to 3 ⁺)	7401 ^c	100 ^c	846.7778	2 ⁺	
8309.59	(1,2 ⁺)	7463 ^c	100 ^c 11	846.7778	2 ⁺	
		8310 ^c	35 ^c 11	0.0	0 ⁺	
8414.8	(10 ⁺)	2785.7 [@] 4	86 [@] 6	5626.84	8 ⁺	
		3158.2 [@] 14	14 [@] 2	5255.7	8 ⁺	
8447.87	(0 to 3 ⁺)	7601 ^c	100 ^c	846.7778	2 ⁺	
8679.9	11 ⁽⁺⁾	265.1 [@] 3	14 [@] 1	8414.8	(10 ⁺)	
		859.2 [@] 3	86 [@] 4	7820.6	10 ⁽⁺⁾	Additional information 3.
8758.47	(0 to 3 ⁺)	3974 ^c	91 ^c 46	4784.12	(1,2 ⁺)	
		5158 ^c	100 ^c 46	3600.21	(1,2 ⁺)	
		5388 ^c	91 ^c 46	3369.95	2 ⁺	
8767		8767 ^b 3		0.0	0 ⁺	

Adopted Levels, Gammas (continued)

γ(⁵⁶Fe) (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ ^d	E _f	J _f ^π	Mult.	Comments
8879		8879 ^b 4		0.0	0 ⁺		
8909.9	(1,2 ⁺)	8910 ^{ch}	100 ^c	0.0	0 ⁺		
8962		8962 ^b 4		0.0	0 ⁺		
8989		8989 ^b 4		0.0	0 ⁺		
9107		9107 ^b 4		0.0	0 ⁺		
9140.3	1 ⁻	9139.5 ^b 6		0.0	0 ⁺	E1 ^b	B(E1)(W.u.)=0.0016983 4
9154		8307 ^b 4		846.7778	2 ⁺		
		9154 ^b 5		0.0	0 ⁺		
9287		9287 ^b 3		0.0	0 ⁺		
9311		9311 ^b 4		0.0	0 ⁺		
9322		9322 ^b 4		0.0	0 ⁺		
9344.7	(11 ⁺)	1841.1 3	100 7	7503.6	9 ⁽⁺⁾		
9378.2	(11 ⁺)	963.4 [@] 3	100 [@] 6	8414.8	(10 ⁺)		
9402		9402 ^b 3		0.0	0 ⁺		
9557.62	(1,2 ⁺)	9558 ^{bh} 4		0.0	0 ⁺		
9666?		9666 ^{bh} 5		0.0	0 ⁺		
9737		9737 ^b 5		0.0	0 ⁺		
9768?		9768 ^{bh} 4		0.0	0 ⁺		
9895?		9895 ^{bh} 5		0.0	0 ⁺		
9948		9948 ^b 5		0.0	0 ⁺		
9969?		9969 ^b 5		0.0	0 ⁺		
10060		10060 ^b 5		0.0	0 ⁺		
10094.4	(12 ⁺)	1414.5 [@] 3	100 [@] 5	8679.9	11 ⁽⁺⁾		
10497	1	10497 ^b 3		0.0	0 ⁺		
10563.1	(12 ⁺)	1184.9 [@] 3	100 [@] 6	9378.2	(11 ⁺)		
10898.9	(13 ⁺)	1554.2 [@] 7	100 [@] 15	9344.7	(11 ⁺)		
11133	1	11133 ^b 3	(100)	0.0	0 ⁺		
11964?	(13 ⁺)	1401 ^{@h} 3	100 [@] 7	10563.1	(12 ⁺)		

[†] From ⁵⁶Fe(n,n'γ), except as noted. For resonance states primary γ's are unplaced in Adopted Levels, see ⁵⁵Mn(p,p), (p,γ) E=res: IAR.

[‡] From ⁵⁶Co ε decay.

[#] From ⁵⁶Mn β⁻ decay.

Adopted Levels, Gammas (continued)

$\gamma(^{56}\text{Fe})$ (continued)

@ From (HI,xn γ).

& From $^{56}\text{Fe}(p,p'\gamma)$.

^a From $^{54}\text{Fe}(\alpha,2p\gamma)$.

^b From $^{56}\text{Fe}(\gamma,\gamma')$, (pol γ,γ').

^c From $^{55}\text{Mn}(p,p)$, (p, γ) E=res: IAR.

^d Relative photon branching from each level renormalized to 100 for the strongest branching; values from $^{56}\text{Fe}(n,n'\gamma)$, except as noted.

^e I γ unknown.

^f Total theoretical internal conversion coefficients, calculated using the BrIcc code ([2008Ki07](#)) with Frozen orbital approximation based on γ -ray energies, assigned multipolarities, and mixing ratios, unless otherwise specified.

^g Multiply placed with undivided intensity.

^h Placement of transition in the level scheme is uncertain.

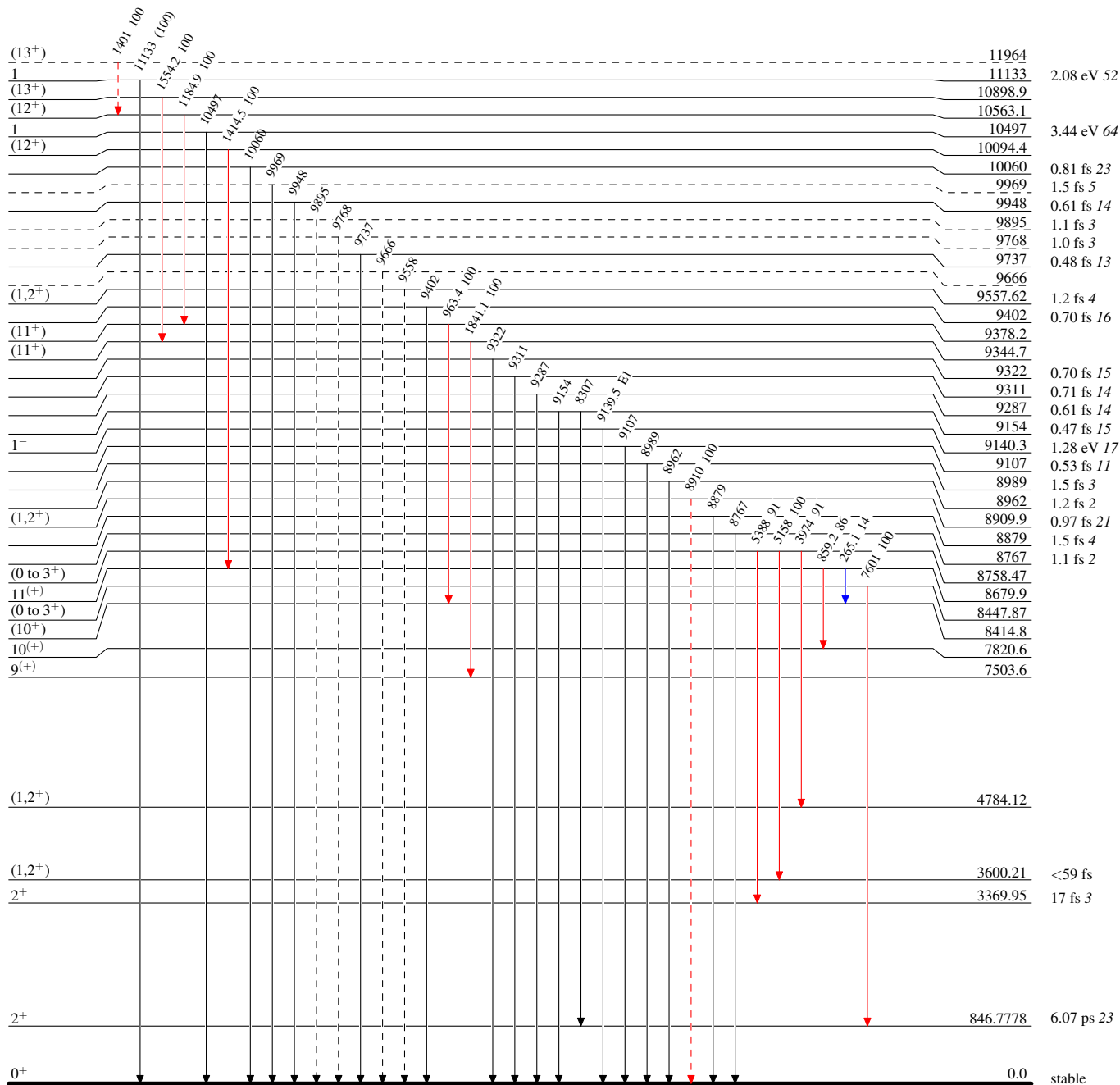
Adopted Levels, Gammas

Legend

Level Scheme

Intensities: Type not specified

- ▶ I_γ < 2% × I_γ^{max}
- ▶ I_γ < 10% × I_γ^{max}
- ▶ I_γ > 10% × I_γ^{max}
- - -▶ γ Decay (Uncertain)



⁵⁶Fe₃₀

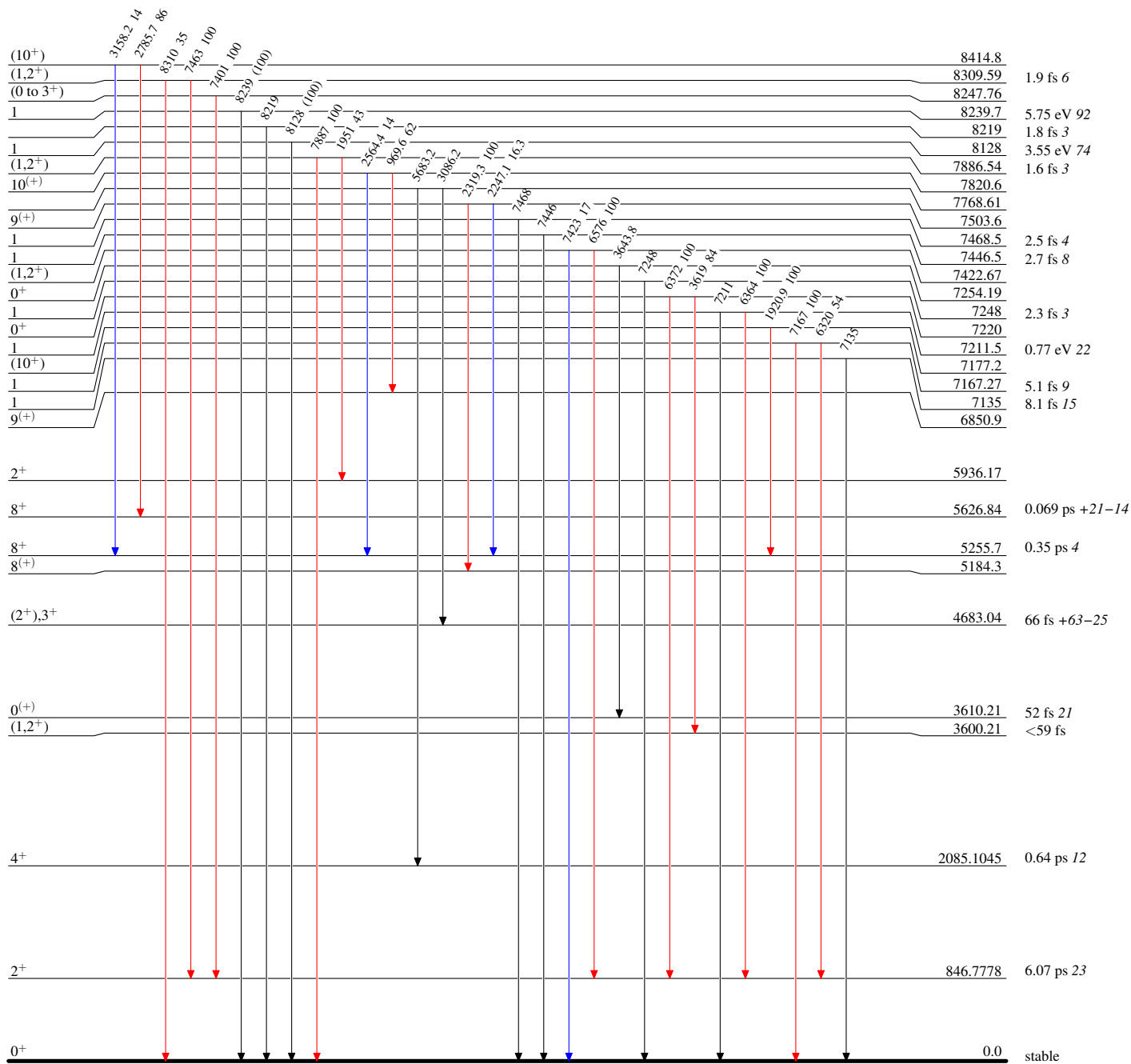
Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Type not specified

Legend

- ▶ I_γ < 2% × I_γ^{max}
- ▶ I_γ < 10% × I_γ^{max}
- ▶ I_γ > 10% × I_γ^{max}



⁵⁶Fe₃₀

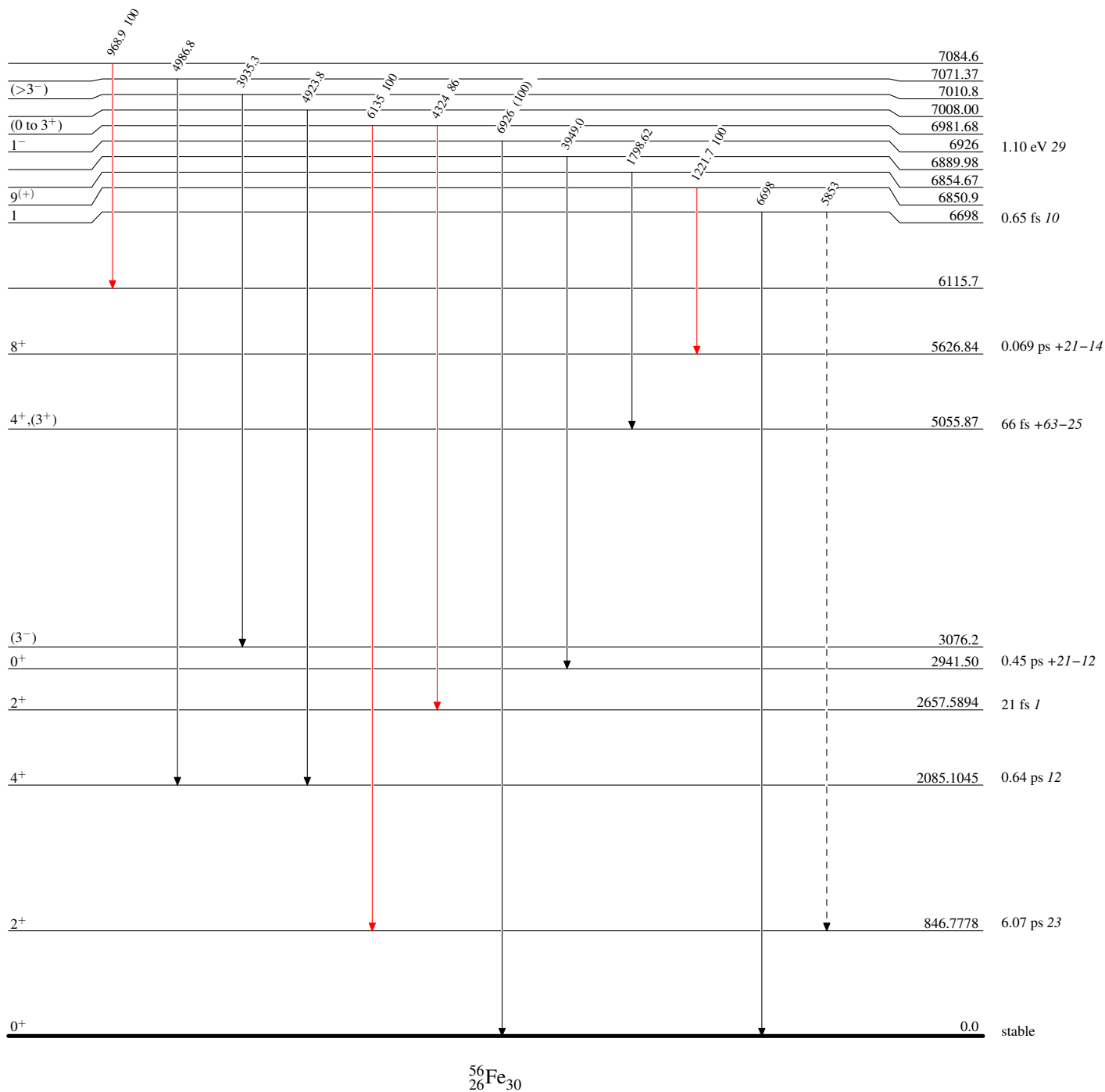
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Type not specified

- ▶ $I_\gamma < 2\% \times I_\gamma^{max}$
- ▶ $I_\gamma < 10\% \times I_\gamma^{max}$
- ▶ $I_\gamma > 10\% \times I_\gamma^{max}$
- - - -▶ γ Decay (Uncertain)



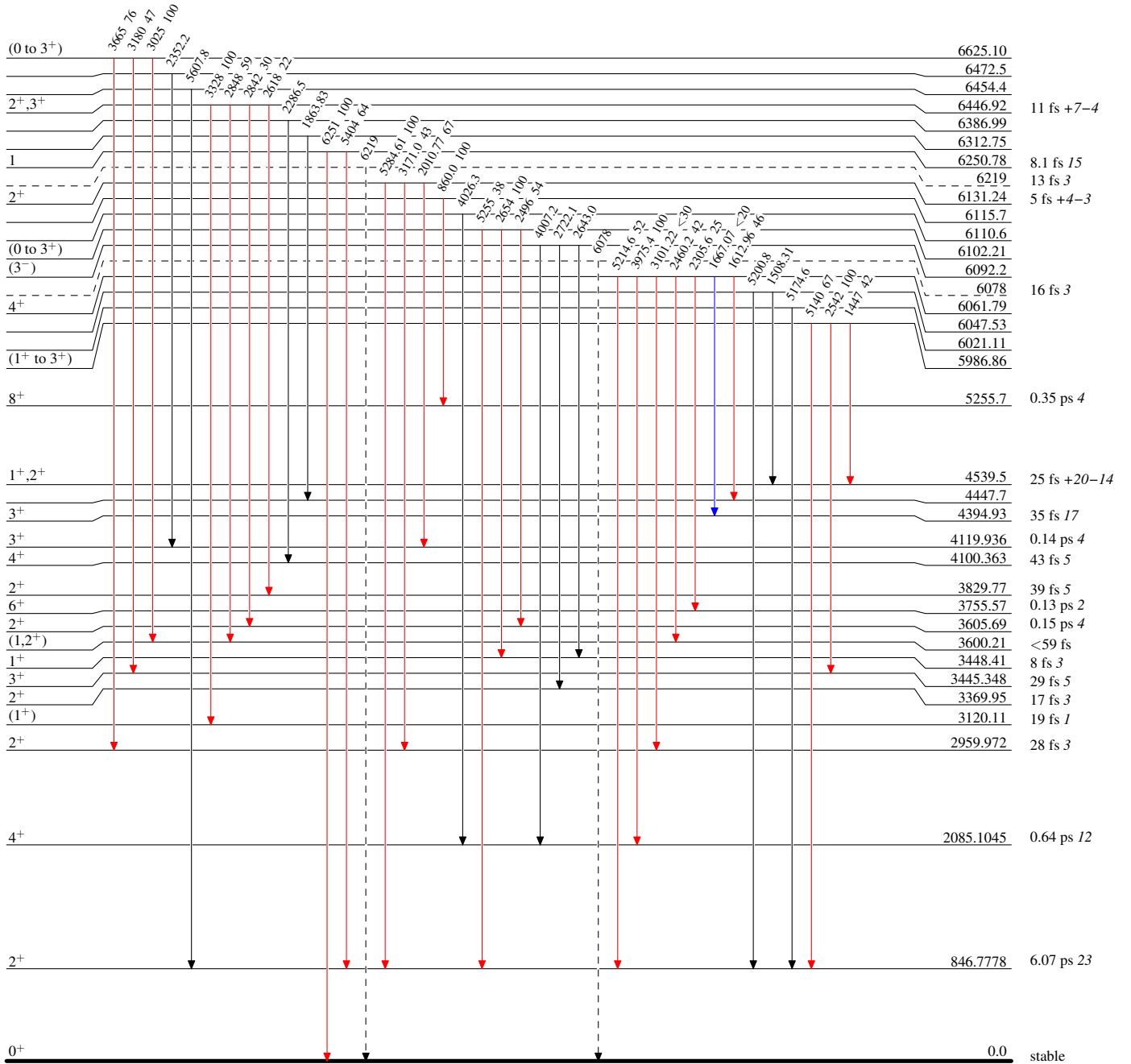
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Type not specified

- ▶ I_γ < 2% × I_γ^{max}
- ▶ I_γ < 10% × I_γ^{max}
- ▶ I_γ > 10% × I_γ^{max}
- - - -▶ γ Decay (Uncertain)



⁵⁶Fe₃₀

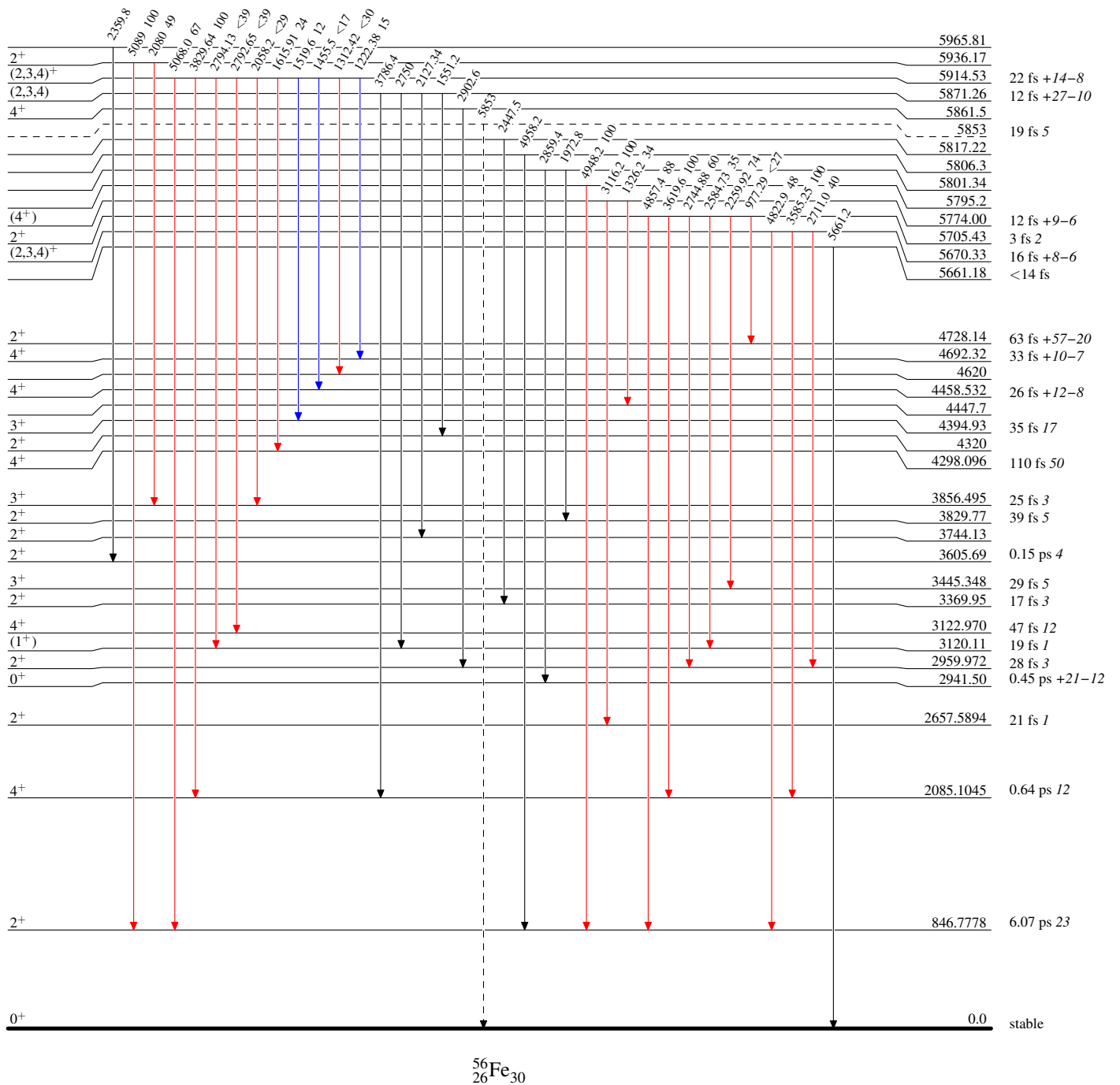
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Type not specified

- ▶ $I_\gamma < 2\% \times I_\gamma^{max}$
- ▶ $I_\gamma < 10\% \times I_\gamma^{max}$
- ▶ $I_\gamma > 10\% \times I_\gamma^{max}$
- - - -▶ γ Decay (Uncertain)



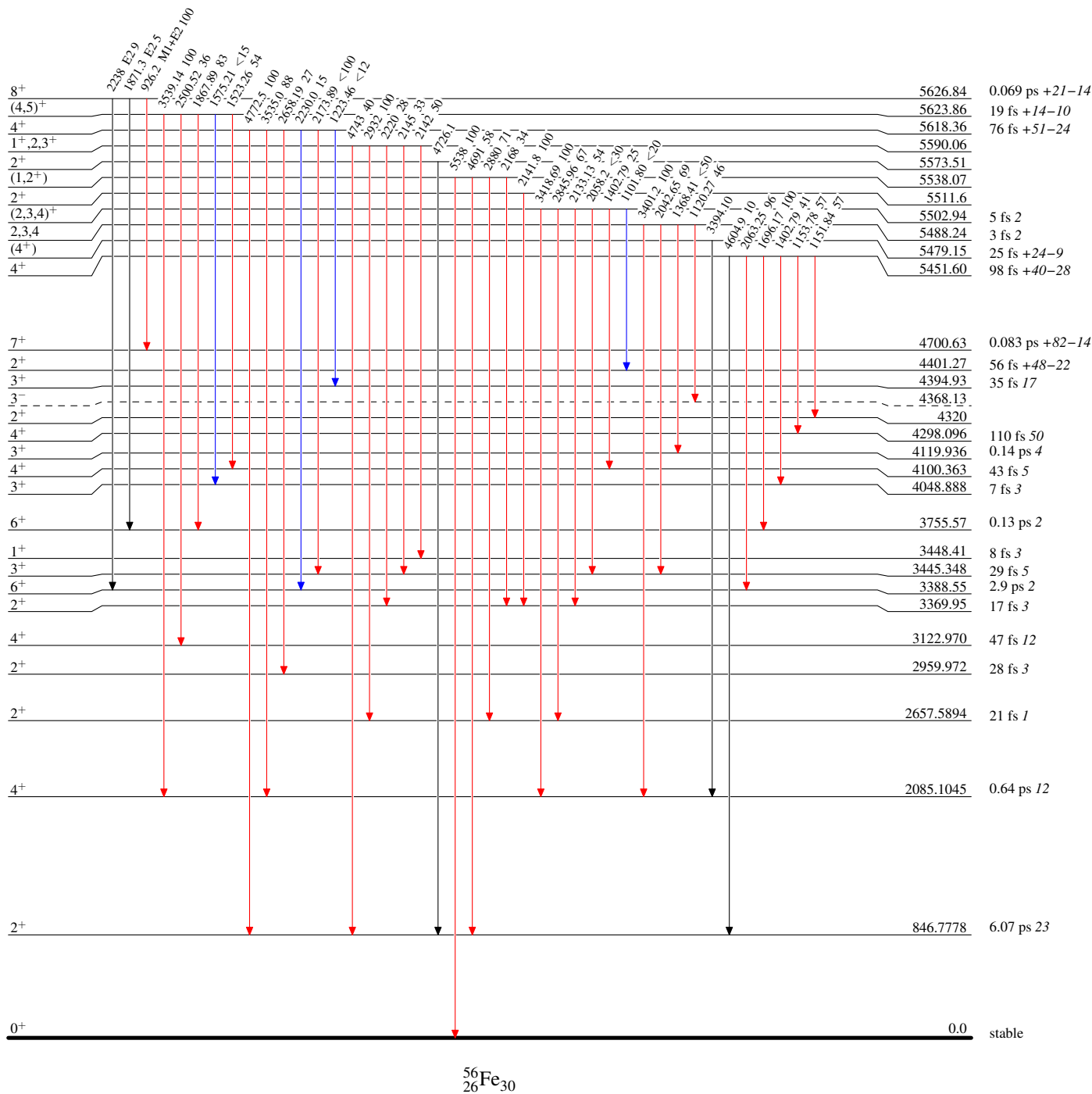
Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Type not specified

Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$



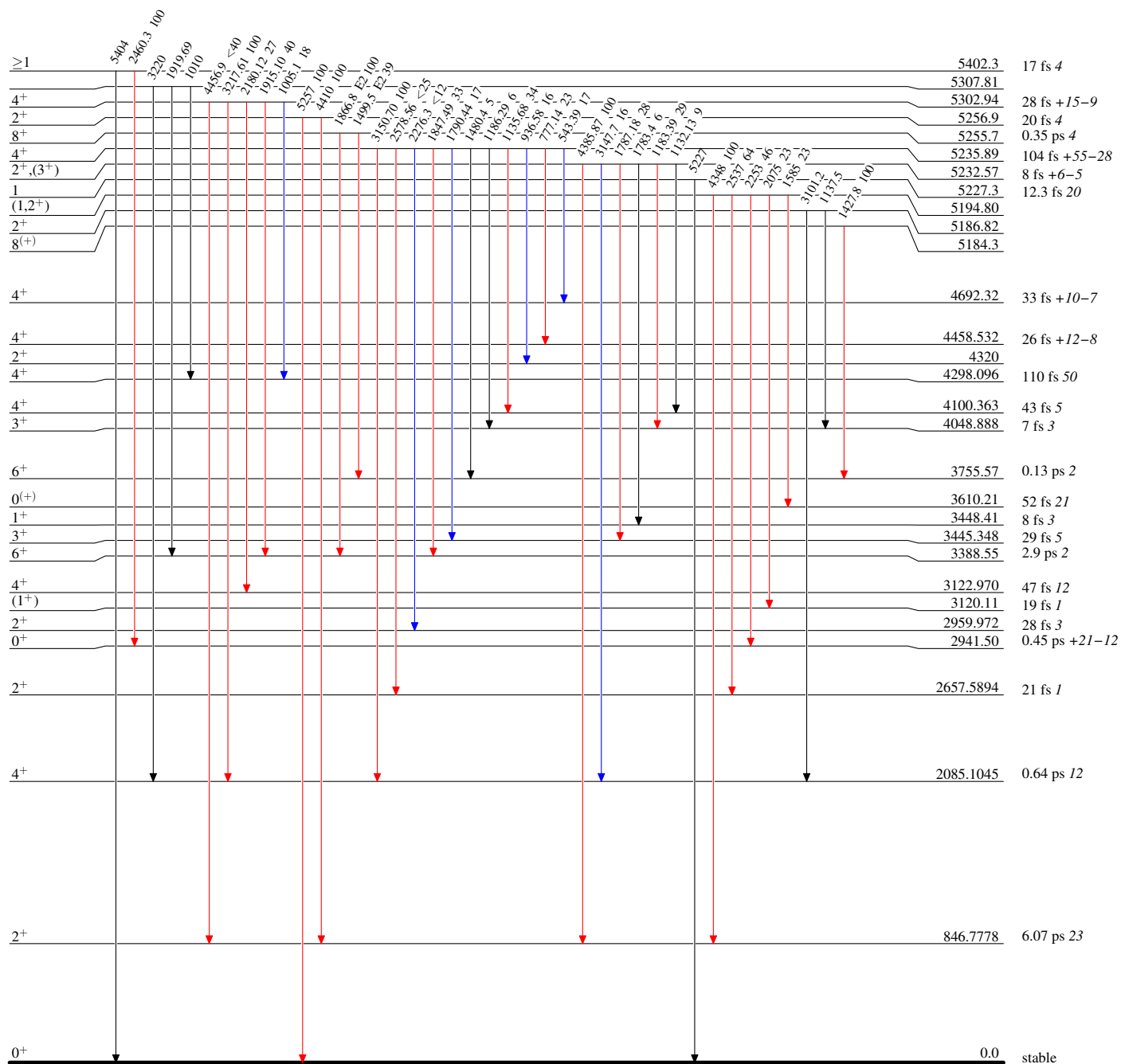
Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Type not specified

Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$



$^{56}_{26}\text{Fe}_{30}$

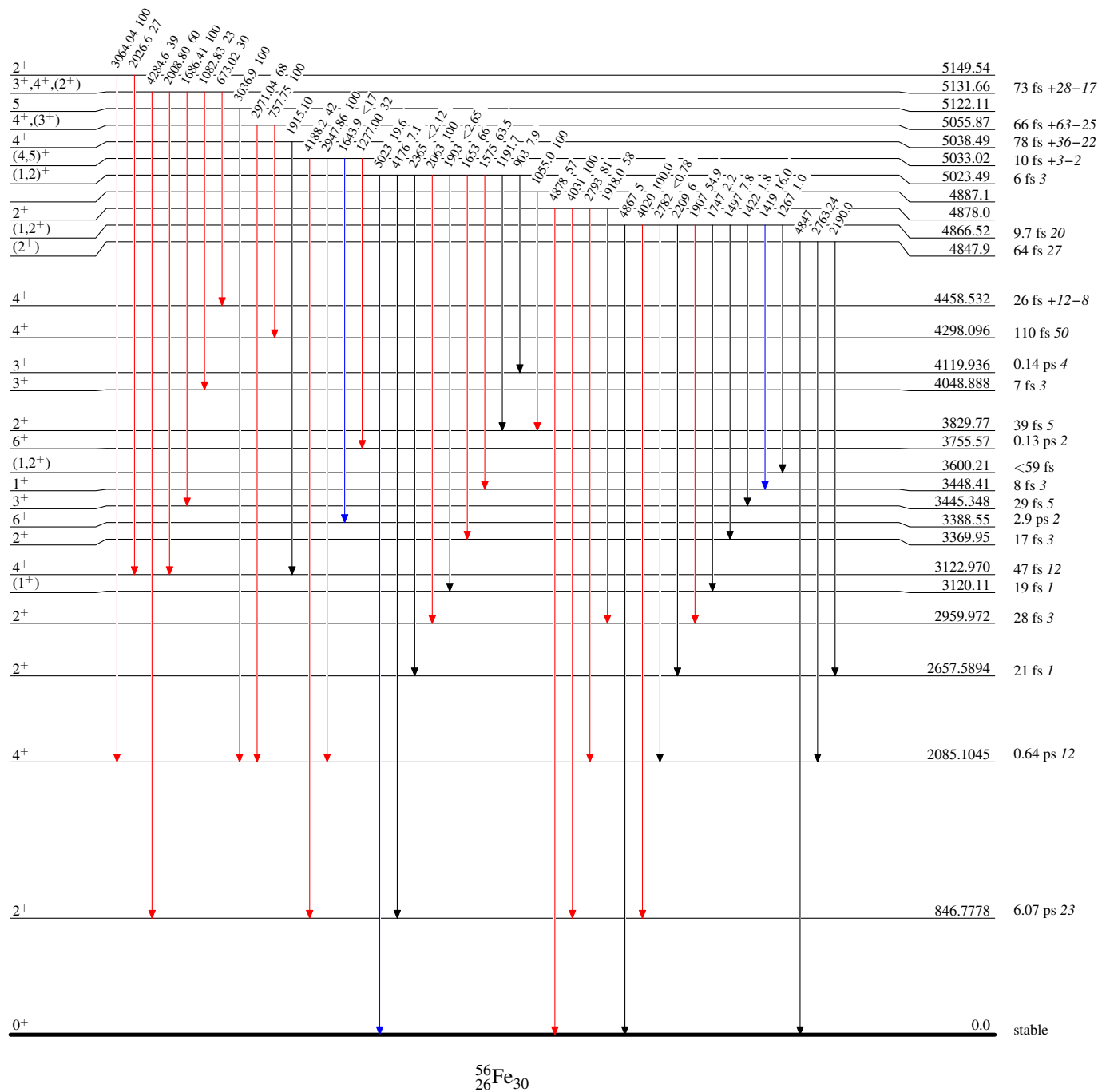
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Type not specified

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$



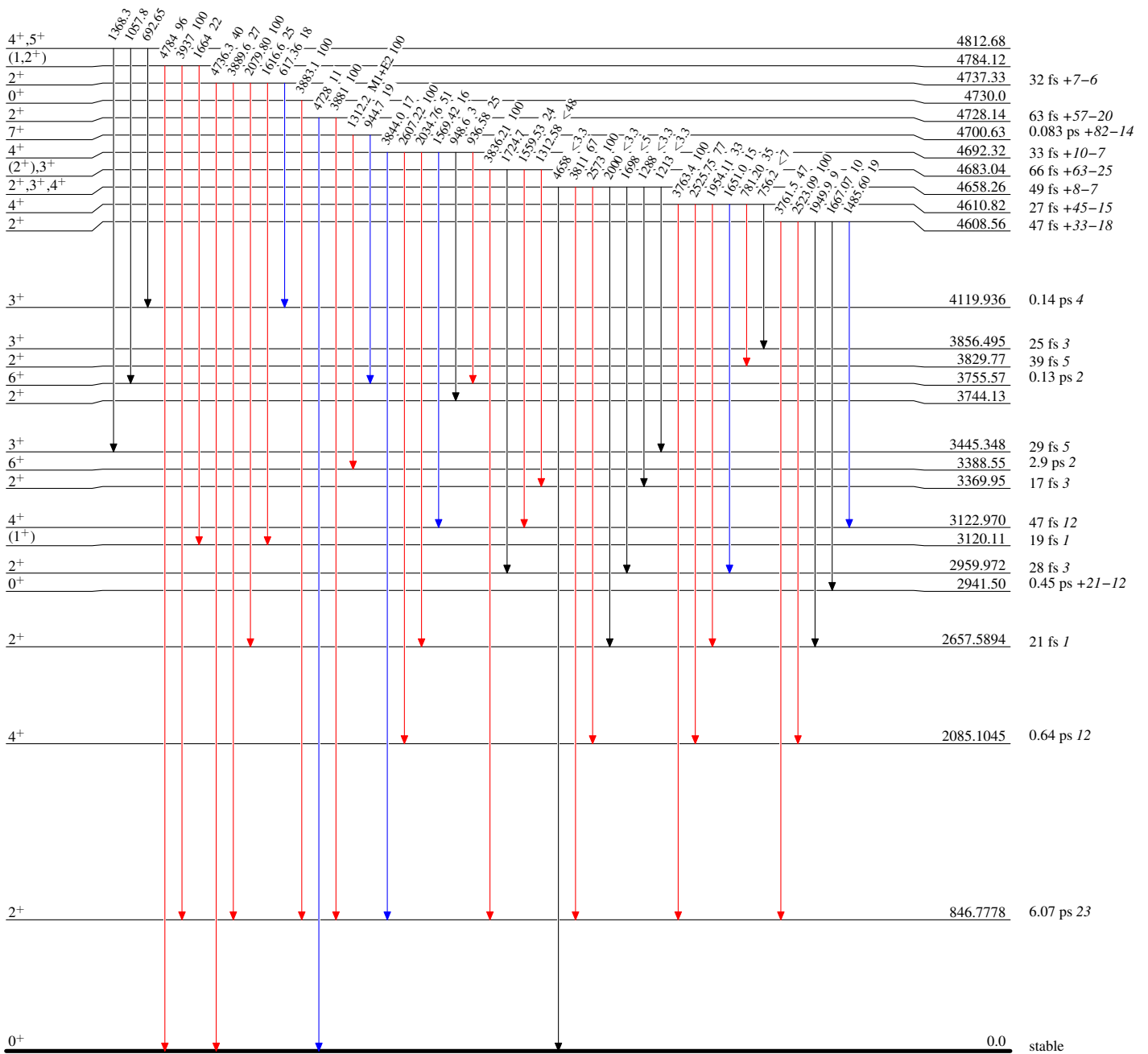
Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Type not specified

Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$



⁵⁶Fe₃₀

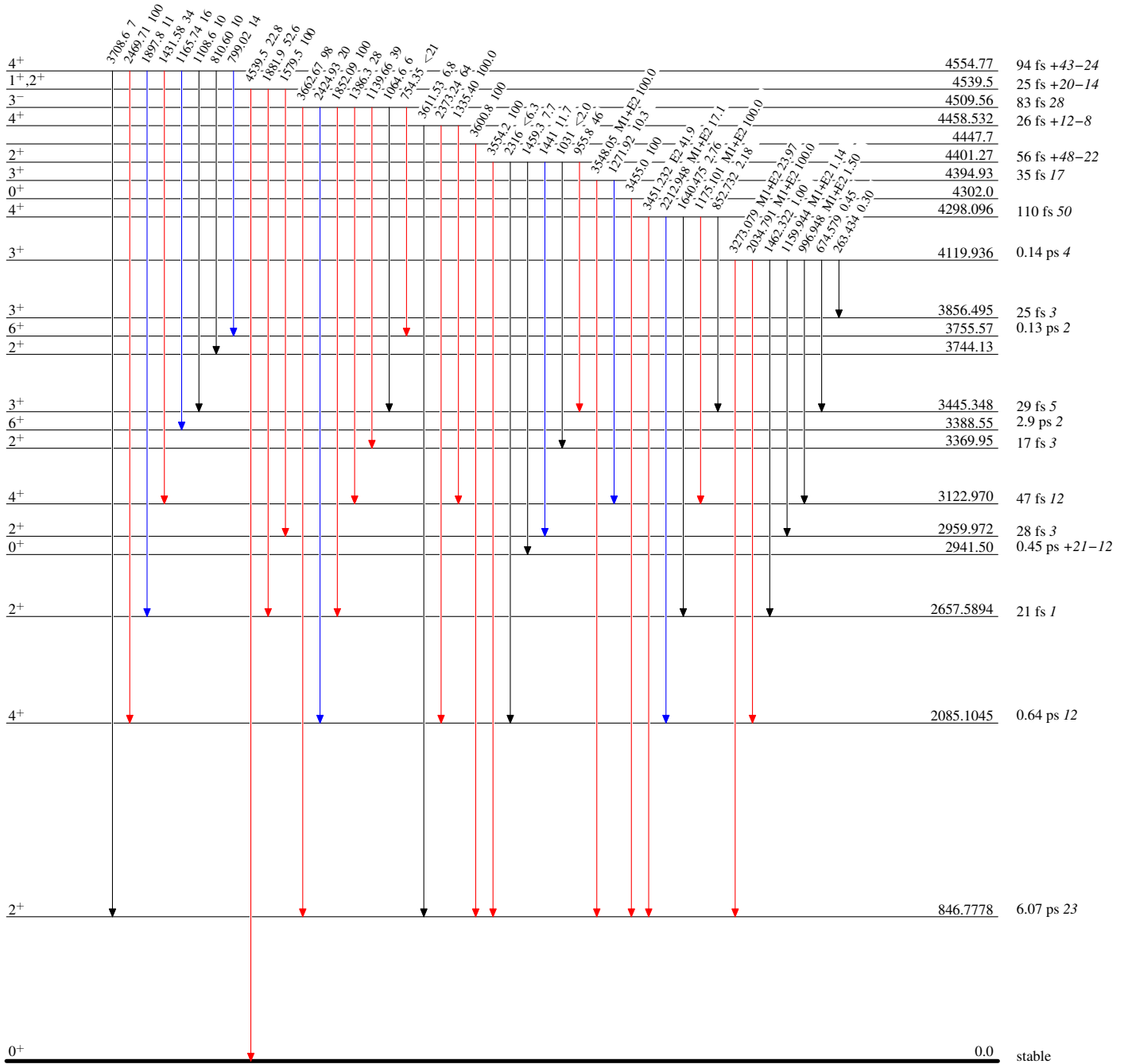
Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Type not specified

Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$



$^{56}_{26}\text{Fe}_{30}$

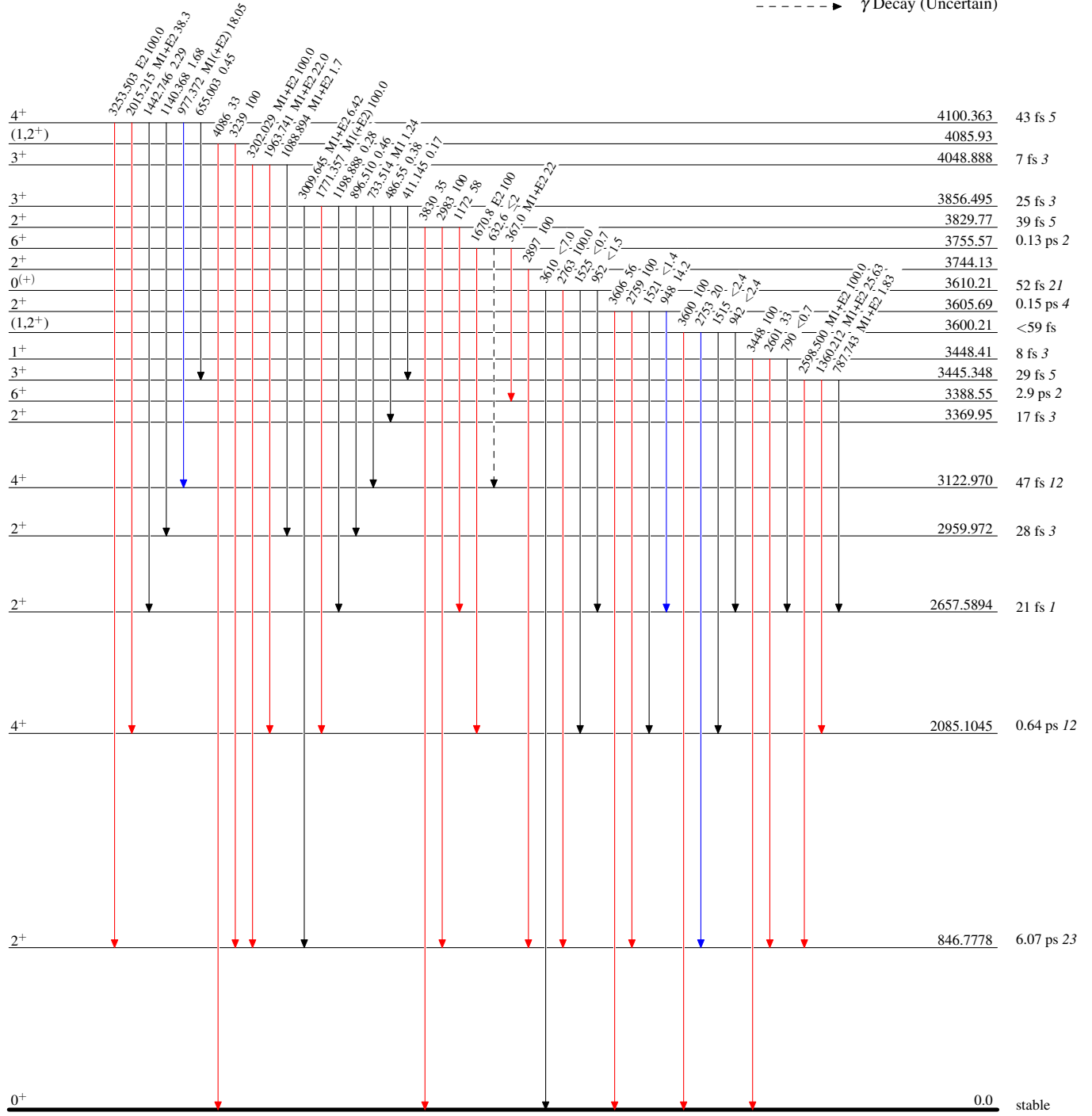
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Type not specified

- ▶ I_γ < 2% × I_γ^{max}
- ▶ I_γ < 10% × I_γ^{max}
- ▶ I_γ > 10% × I_γ^{max}
- - -▶ γ Decay (Uncertain)



⁵⁶Fe₃₀

Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Type not specified

- ▶ $I_\gamma < 2\% \times I_\gamma^{max}$
- ▶ $I_\gamma < 10\% \times I_\gamma^{max}$
- ▶ $I_\gamma > 10\% \times I_\gamma^{max}$
- - - -▶ γ Decay (Uncertain)

