

Adopted Levels, Gammas

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	Balraj Singh	ENSDF	25-Mar-2022

Q(β^-)=1626.5 6; S(n)=8246.1 6; S(p)=13449 27; Q(α)=-8232.3 28 [2021Wa16](#)
 S(2n)=14492.4 6, S(2p)=24119 16 ([2021Wa16](#)).

[1960Dr03](#): ⁵⁶Cr produced and identified in bombardment of natural chromium metal electroplated on a gold backing with 2.7-2.9 MeV tritons from Los Alamos accelerator, followed by chemical separation of ⁵⁶Cr, identified by growth of 2.6-h ⁵⁶Mn activity. Measured E γ , I γ , $\beta\gamma$ -coin, T_{1/2} of decay of ⁵⁶Cr to ⁵⁶Mn. Since the [1960Dr03](#) work, no other investigation of half-life of ⁵⁶Cr or its decay appears to have been made.

Earlier attempts by [1956Jo32](#), by L.P. Roy and L. Yaffe (Can. Jour. Chem. 35, 156 (1957), and by [1960Eh04](#) were unsuccessful to identify ⁵⁶Cr activity.

Mass measurement: [2005Gu27](#).

[Additional information 1](#).

Other reactions:

[1992Wa11](#): ⁵⁶Fe(π^-,π^+),E=295 MeV: measured pions, $\sigma(\theta)$; deduced double giant dipole resonance.

[1987Gi04](#): ⁵⁶Fe(π^-,π^+),E=100-292 MeV: measured σ ; deduced nonanalog and double analog transitions.

[1982Se09](#), [1981Pr02](#), [1978De30](#): ⁵⁹Co(π^-,pd),E at rest: measured $\sigma(\theta)$, (particle)(particle)-coin; deduced yields, and missing mass spectra.

Theoretical calculations: 46 primary reference extracted from the NSR database (www.nndc.bnl.gov/nsr/), listed here under document records.

⁵⁶Cr Levels

Cross Reference (XREF) Flags

A	⁵⁶ V β^- decay (216 ms)	E	⁵⁴ Cr(t,p γ)
B	⁹ Be(⁵⁷ Cr, ⁵⁶ Cr γ)	F	⁵⁴ Cr(α , ² He)
C	⁴⁸ Ca(¹¹ B,2np γ)	G	²³⁸ U(⁴⁸ Ca,X γ)
D	⁵⁴ Cr(t,p)	H	Coulomb excitation

E(level) [†]	J $^\pi$	T _{1/2}	XREF	Comments
0.0 [‡]	0 ⁺	5.94 min 10	ABCDEFGH	% β^- =100 T _{1/2} : from 1960Dr03 .
1006.83 [‡] 10	2 ⁺	3.82 ps 10	ABCDE GH	J $^\pi$: E2 γ to 0 ⁺ ; L(t,p)=2. T _{1/2} : Weighted average of 3.81 ps 10 (2011Se09 , recoil-distance method in (¹¹ B,2np γ)) and 5.0 ps +26-13 (2005Bu29 , B(E2)(W.u.) in Coulomb excitation). Other: ≥ 1.4 ps from DSAM in (t,p γ) (1976Ba45).
1675.2 4	(0 ⁺)		A	J $^\pi$: log ft=4.6 from 1 ⁺ parent; shell-model prediction (see Fig. 13 in 2006Zh42 for a predicted 0 ⁺ state at 1991 keV). However, note that no 0 ⁺ state was found in (t,p) work of 1968Ch20 or in (t,p γ) work of 1976Ba45 .
1831.65 14	2 ⁺		ABCDE G	J $^\pi$: L(t,p)=2. Possible bandhead of γ band.
2076.81 [‡] 14	4 ⁺	2.18 ps 8	BC G	J $^\pi$: $\Delta J=2$, E2 γ to 2 ⁺ ; J not 0 from $\gamma(\theta)$ distribution. T _{1/2} : from recoil-distance method in (¹¹ B,2np γ) (2011Se09).
2278.49 17	(3 ⁺)		BC G	J $^\pi$: $\Delta J=1$, dipole γ to 2 ⁺ ; possible member of γ band. J=1 is less likely due to yrast-pattern of level population in (⁴⁸ Ca,X γ).
2325.9 5	2 ⁺	≤ 0.055 ps	A DE	J $^\pi$: L(t,p)=2. T _{1/2} : from DSAM in (t,p γ).
2681.8 10	(4 ⁺)	≥ 0.7 ps	CdEF	T _{1/2} : from DSAM in (¹¹ B,2np γ) (1977Na12).
2687.91 20	(4 ⁺)		d G	J $^\pi$: L(t,p)=4 for 2682 and/or 2688 level.
2822.93 18	(4 ⁺)		G	J $^\pi$: L(t,p)=4 for 2682 and/or 2688 level; $\Delta J=1$, dipole γ to (3 ⁺); possible member of γ band.
				J $^\pi$: $\Delta J=0$, dipole γ to 4 ⁺ .

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) ^{56}Cr Levels (continued)

E(level) [†]	J ^π	T _{1/2}	XREF	Comments
3116.7 6			G	J ^π : γ to 4 ⁺ suggests J=4,5,6 ⁺ .
3164 6	(2 ⁺ ,3,4 ⁺)	≤0.21 ps	DE	J ^π : γs to 2 ⁺ and (4 ⁺). T _{1/2} : from DSAM in (t,pγ).
3251.84 [‡] 17	6 ⁺	≥0.7 ps	BC G	J ^π : ΔJ=2, E2 γ to 4 ⁺ ; band member. T _{1/2} : from DSAM in (¹¹ B,2npγ) (1977Na12).
3402 20			D	
3451 15	3 ⁻		D	J ^π : L(t,p)=3.
3509 15	2 ⁺		D	J ^π : L(t,p)=2.
3528.51 22	(5 ⁺)		G	J ^π : ΔJ=1 dipole γ to (4 ⁺); γ to (3 ⁺).
3648 15			D	
3675 15			D	
3794 15	3 ⁻		D	J ^π : L(t,p)=3.
3819 20			D	
3841.15 19	6 ⁽⁺⁾		C G	J ^π : ΔJ=2, quadrupole γ to 4 ⁺ ; ΔJ=0, D+Q γ to 6 ⁺ .
3897 15	0 ⁺		D	J ^π : L(t,p)=0.
3916 20			D	
4014 15			D	
4112 15			D	
4157.56 20	(5,6,7 ⁺)		G	J ^π : γs to 6 ⁺ and (5 ⁺).
4175 15			D	
4247 20			D	
4284 15			D	
4349 15			D	
4445 15			D	E(level): energy is close to that of 4448.9, (7 ⁻) level, however, it seems unlikely that L=7 is populated in (t,p) reaction.
4447.79 [#] 20	(7 ⁻)	≥0.7 ps	C FG	J ^π : L(α, ² He)=(7); ΔJ=1, dipole γ to 6 ⁺ . T _{1/2} : from DSAM in (¹¹ B,2npγ) (1977Na12).
4631 15			D	
4678 15			D	
4732.53 22	(6 ⁺ ,7 ⁺)		G	J ^π : γ to (5,6,7 ⁺); γ from (8 ⁺); possible γ to (5 ⁺).
4750.95 [‡] 19	8 ⁺		C G	J ^π : ΔJ=2, quadrupole γ to 6 ⁺ ; band member.
4800 20			D	
4848 20			D	
4892 20			D	
4924 20			D	
4989 15			D	
5060	(5 ⁻)		F	J ^π : L(α, ² He)=(5).
5121 15	(3 ⁻)		D	J ^π : L(t,p)=(3).
5268.4 3	(8 ⁺)		G	J ^π : γ to 6 ⁽⁺⁾ ; ΔJ=1, dipole γ from (9 ⁻).
5601.44 [#] 20	(9 ⁻)		C G	J ^π : ΔJ=2, E2 γ to (7 ⁻); ΔJ=1, dipole γ to 8 ⁺ .
5990	(5 ⁻)		F	E(level): unresolved from 6200-keV peak. J ^π : L(α, ² He)=(5) for 5990+6200.
6200	(5 ⁻)		F	E(level): unresolved from 5990-keV peak. J ^π : L(α, ² He)=(5) for 5990+6200.
6295.3 8	(8 ⁺ ,9,10 ⁺)		G	J ^π : γ to 8 ⁺ ; γ from 10 ⁺ .
6518.3 [‡] 3	10 ⁺		G	J ^π : ΔJ=2, quadrupole γ to 8 ⁺ ; band member.
6872.89 22			G	J ^π : γ to 8 ⁺ suggests J=8,9,10 ⁺ .
6879.0 3	(9,10,11 ⁻)		C G	J ^π : γ to (9 ⁻).
7057.16 [#] 22	(11 ⁻)		C G	J ^π : ΔJ=2, quadrupole γ to (9 ⁻); band member.
7330	(6 ⁺ ,8 ⁺)		F	J ^π : L(α, ² He)=(6+8).
7691.9? 3			G	
8465.5 [‡] 17	12 ⁺		G	J ^π : γ to 10 ⁺ ; band member.
8768.0 [#] 3	(13 ⁻)		C G	J ^π : ΔJ=2, quadrupole γ to (11 ⁻); band member.

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) ^{56}Cr Levels (continued)

E(level) [†]	J ^π	XREF	Comments
10849.9 [#] 5	(15 ⁻)	G	J ^π : γ to (13 ⁻); band member.
13159.4 [#] 11	(17 ⁻)	G	J ^π : γ to (15 ⁻); band member.

[†] From least-squares fit to E γ data for levels populated in γ -ray studies. Reduced χ^2 of 2.3 is slightly larger than 2.0 for 95% confidence level. Energies for levels, not populated in γ -ray studies are from $^{54}\text{Cr}(t,p)$.

[‡] Band(A): g.s. band.

[#] Band(B): Band based on (7⁻), 4448.0.

 $\gamma(^{56}\text{Cr})$

E _i (level)	J _i ^π	E γ [†]	I γ	E _f	J _f ^π	Mult. [@]	δ	Comments
1006.83	2 ⁺	1006.8 1	100	0.0	0 ⁺	E2		B(E2)(W.u.)=11.25 30 B(E2)(W.u.)=8.7 30 measured from Coulomb excitation cross section (2005Bu29), which gives level T _{1/2} =5.0 ps +26-13.
1675.2	(0 ⁺)	668.4 3	100	1006.83	2 ⁺			E γ : from ^{56}V β^- decay.
1831.65	2 ⁺	824.8 1	100 6	1006.83	2 ⁺	M1+E2	-1.8 10	I γ , δ : from (t,p γ). Mult.: from $\gamma(\text{pol})$ data in ($^{11}\text{B},2n\text{p}\gamma$).
2076.81	4 ⁺	1830 [#] 10 1070.0 1	18 [#] 6 100	0.0 1006.83	0 ⁺ 2 ⁺	Q E2		Mult.: from $\gamma(\theta)$ in (t,p γ) (1976Ba45). B(E2)(W.u.)=14.6 6 Mult.: $\Delta J=2$, quadrupole from $\gamma(\theta)$ and DCO in ($^{48}\text{Ca},X\gamma$); and RUL for E2 and M2 transitions.
2278.49	(3 ⁺)	446.8 1	100	1831.65	2 ⁺	D		E γ : from ($^{48}\text{Ca},X\gamma$) (2006Zh42). Other: 450.1 7 in ($^{11}\text{B},2n\text{p}\gamma$) (2003Ap01). Values of E γ in the two studies differ significantly, however, it appears less likely that there are two closely-spaced J=3 levels.
2325.9	2 ⁺	495.5 [#] 1318.0 6 2327.6 [#]	<6 [#] 100 11 <6 [#]	1831.65 1006.83 0.0	2 ⁺ 2 ⁺ 0 ⁺	D(+Q)	+0.17 30	I γ ,Mult., δ : from (t,p γ).
2681.8	(4 ⁺)	359 [#] 13 850.1 10	31 [#] 9 39 9	2325.9 1831.65	2 ⁺ 2 ⁺			E γ : from ($^{11}\text{B},2n\text{p}\gamma$) (1977Na12). I γ : from (t,p γ).
2687.91	(4 ⁺)	1680 [#] 15 409.4 [‡] 1	100 [#] 12 100 [‡]	1006.83 2278.49	2 ⁺ (3 ⁺)	D		
2822.93	(4 ⁺)	746.1 [‡] 1	100 [‡]	2076.81	4 ⁺	D		
3116.7		1039.9 [‡] 5	100 [‡]	2076.81	4 ⁺			
3164	(2 ⁺ ,3,4 ⁺)	479 [#] 14 835 ^{#&} 15 1330 ^{#&} 10 2158 [#] 6	33 [#] 24 ≤ 33 [#] ≤ 33 [#] 100 [#] 13	2681.8 2325.9 1831.65 1006.83	(4 ⁺) 2 ⁺ 2 ⁺ 2 ⁺			D+Q,Q Mult.: from $\gamma(\theta)$ in (t,p γ). $\delta(Q/D)=+1.0$ 11 for J(3166)=2, $\delta=+2.1$ 16 for J(3166)=3. $\delta(O/Q)=+0.18$ 18 for J(3166)=4 in (t,p γ). B(E2)(W.u.)<28
3251.84	6 ⁺	1175.1 1	100	2076.81	4 ⁺	E2		

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued)

$\gamma(^{56}\text{Cr})$ (continued)								
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ	E_f	J_f^π	Mult. @	δ	Comments
								Mult.: from $\gamma(\theta)$ and $\gamma(\text{pol})$ in ($^{11}\text{B}, 2\text{np}\gamma$).
3528.51	(5 ⁺)	704.0 \ddagger 10	100 \ddagger 7	2822.93 (4 ⁺)		D		
		839.0 \ddagger 10	56 \ddagger 4	2687.91 (4 ⁺)		D		
		1248.4 \ddagger 10	44 \ddagger 5	2278.49 (3 ⁺)				
3841.15	6 ⁽⁺⁾	589.2 1	100 4	3251.84 6 ⁺		D+Q	$\approx +1.2$	$E_\gamma, I_\gamma, \text{Mult.}, \delta$: from ($^{48}\text{Ca}, X\gamma$). Other $E_\gamma=587.6$ 6 in ($^{11}\text{B}, 2\text{np}\gamma$).
		1763.8 \ddagger 4	78 \ddagger 4	2076.81 4 ⁺		Q		
4157.56	(5,6,7 ⁺)	629.0 \ddagger 1	4.0 \ddagger 11	3528.51 (5 ⁺)				
		905.7 \ddagger 1	100 \ddagger 5	3251.84 6 ⁺				
4447.79	(7 ⁻)	606.5 1	37 5	3841.15 6 ⁽⁺⁾				E_γ : from ($^{48}\text{Ca}, X\gamma$). Ordering of the 588 γ – 609 γ cascade in ($^{11}\text{B}, 2\text{np}\gamma$) (2003Ap01) reversed in ($^{48}\text{Ca}, X\gamma$) (2006Zh42). $E_\gamma=608.8$ 6 in ($^{11}\text{B}, 2\text{np}\gamma$). I_γ : unweighted average of 32.4 11 in ($^{48}\text{Ca}, X\gamma$) and 41.5 15 in ($^{11}\text{B}, 2\text{np}\gamma$). I_γ : from ($^{48}\text{Ca}, X\gamma$).
		1196.3 2	100 3	3251.84 6 ⁺		D		
4732.53	(6 ⁺ , 7 ⁺)	574.9 \ddagger 1	100 \ddagger 5	4157.56 (5,6,7 ⁺)				
		1205.5 \ddagger & 10	21.2 \ddagger 27	3528.51 (5 ⁺)				
4750.95	8 ⁺	1499.2 1	100	3251.84 6 ⁺		Q		
5268.4	(8 ⁺)	534.9 \ddagger 4	62 \ddagger 5	4732.53 (6 ⁺ , 7 ⁺)				
		1426.9 \ddagger 6	100 \ddagger 11	3841.15 6 ⁽⁺⁾				
5601.44	(9 ⁻)	332.7 \ddagger 2	2.80 \ddagger 24	5268.4 (8 ⁺)		D		E_γ : from ($^{48}\text{Ca}, X\gamma$). Other: $E_\gamma=848.6$ 6 in ($^{11}\text{B}, 2\text{np}\gamma$). I_γ : unweighted average of 29.6 12 in ($^{48}\text{Ca}, X\gamma$) and 41.7 15 in ($^{11}\text{B}, 2\text{np}\gamma$).
		850.6 1	36 6	4750.95 8 ⁺		D		
		1153.6 1	100 3	4447.79 (7 ⁻)		E2		I_γ : from ($^{48}\text{Ca}, X\gamma$). Mult.: from $\gamma(\theta)$ and $\gamma(\text{pol})$ in ($^{11}\text{B}, 2\text{np}\gamma$).
6295.3	(8 ⁺ , 9, 10 ⁺)	1544.3 \ddagger 10	100 \ddagger	4750.95 8 ⁺				
6518.3	10 ⁺	222.9 \ddagger 10	6.0 \ddagger 12	6295.3 (8 ⁺ , 9, 10 ⁺)				
		1767.3 \ddagger 2	100 \ddagger 8	4750.95 8 ⁺		Q		
6872.89		2121.9 \ddagger 1	100 \ddagger	4750.95 8 ⁺				
6879.0	(9, 10, 11 ⁻)	1277.5 2	100	5601.44 (9 ⁻)				E_γ : from ($^{48}\text{Ca}, X\gamma$). Other: 1282.8 10 in ($^{11}\text{B}, 2\text{np}\gamma$).
7057.16	(11 ⁻)	1455.7 1	100	5601.44 (9 ⁻)		Q		
7691.9?		812.9 \ddagger & 1	100 \ddagger	6879.0 (9, 10, 11 ⁻)				
8465.5	12 ⁺	1947.2 16	100	6518.3 10 ⁺				
8768.0	(13 ⁻)	1710.8 2	100	7057.16 (11 ⁻)		Q		Mult.: from $\gamma(\theta)$ in ($^{11}\text{B}, 2\text{np}\gamma$).
10849.9	(15 ⁻)	2081.9 \ddagger 3	100 \ddagger	8768.0 (13 ⁻)				
13159.4	(17 ⁻)	2309.4 \ddagger 10	100 \ddagger	10849.9 (15 ⁻)				

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) **$\gamma({}^{56}\text{Cr})$ (continued)**

† From weighted averages of available data in β^- decay, ${}^{48}\text{Ca}({}^{11}\text{B}, 2n\text{p}\gamma)$, $(\text{t}, \text{p}\gamma)$ and ${}^{238}\text{U}({}^{48}\text{Ca}, \text{X}\gamma)$, except as noted.

‡ γ from ${}^{238}\text{U}({}^{48}\text{Ca}, \text{X}\gamma)$ only.

γ from $(\text{t}, \text{p}\gamma)$ only.

@ From $\gamma(\theta)$ and $\gamma\gamma(\theta)(\text{DCO})$ in $({}^{48}\text{Ca}, \text{X}\gamma)$, unless specified otherwise.

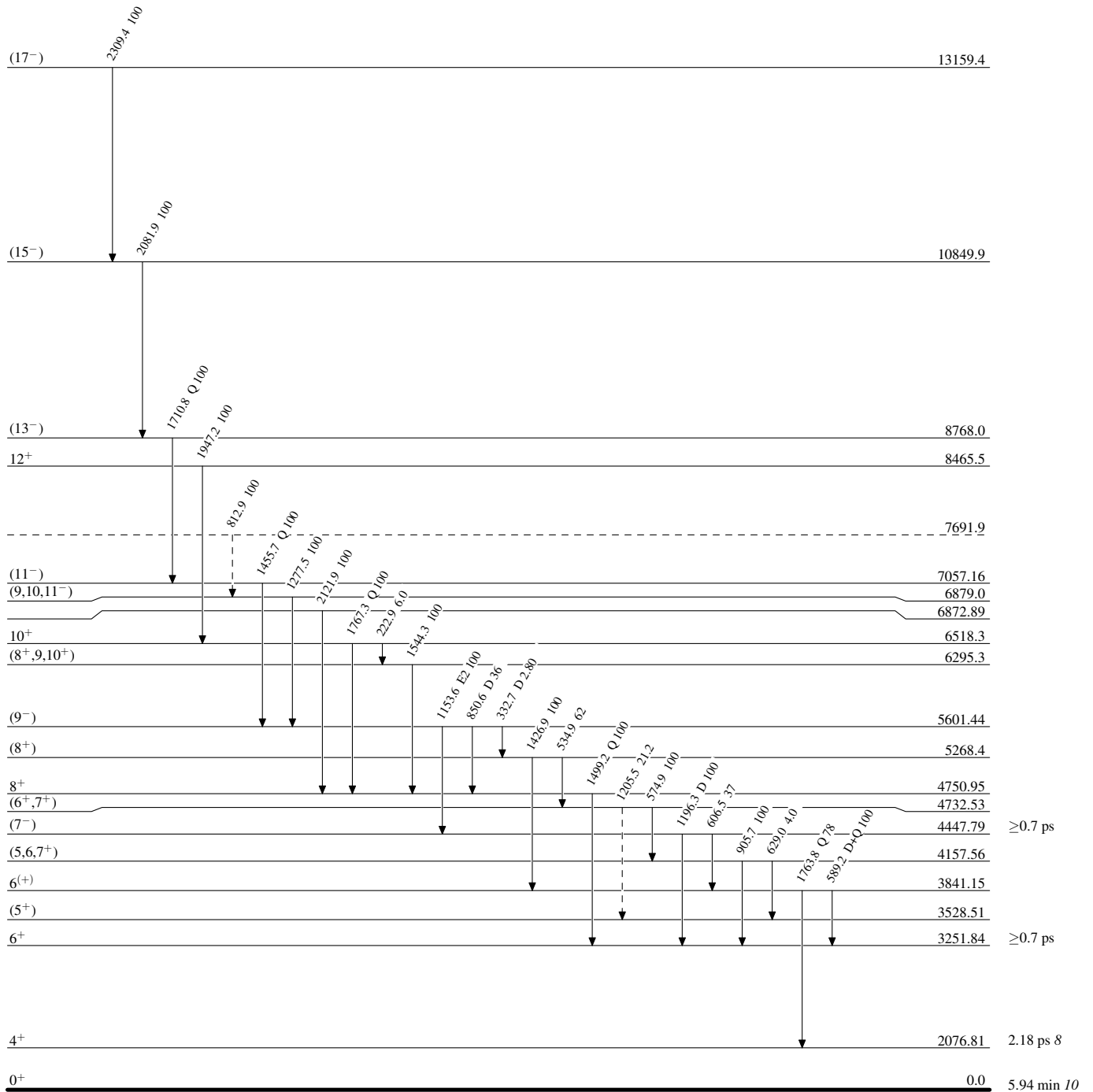
& Placement of transition in the level scheme is uncertain.

Adopted Levels, Gammas

Legend

Level Scheme

Intensities: Relative photon branching from each level

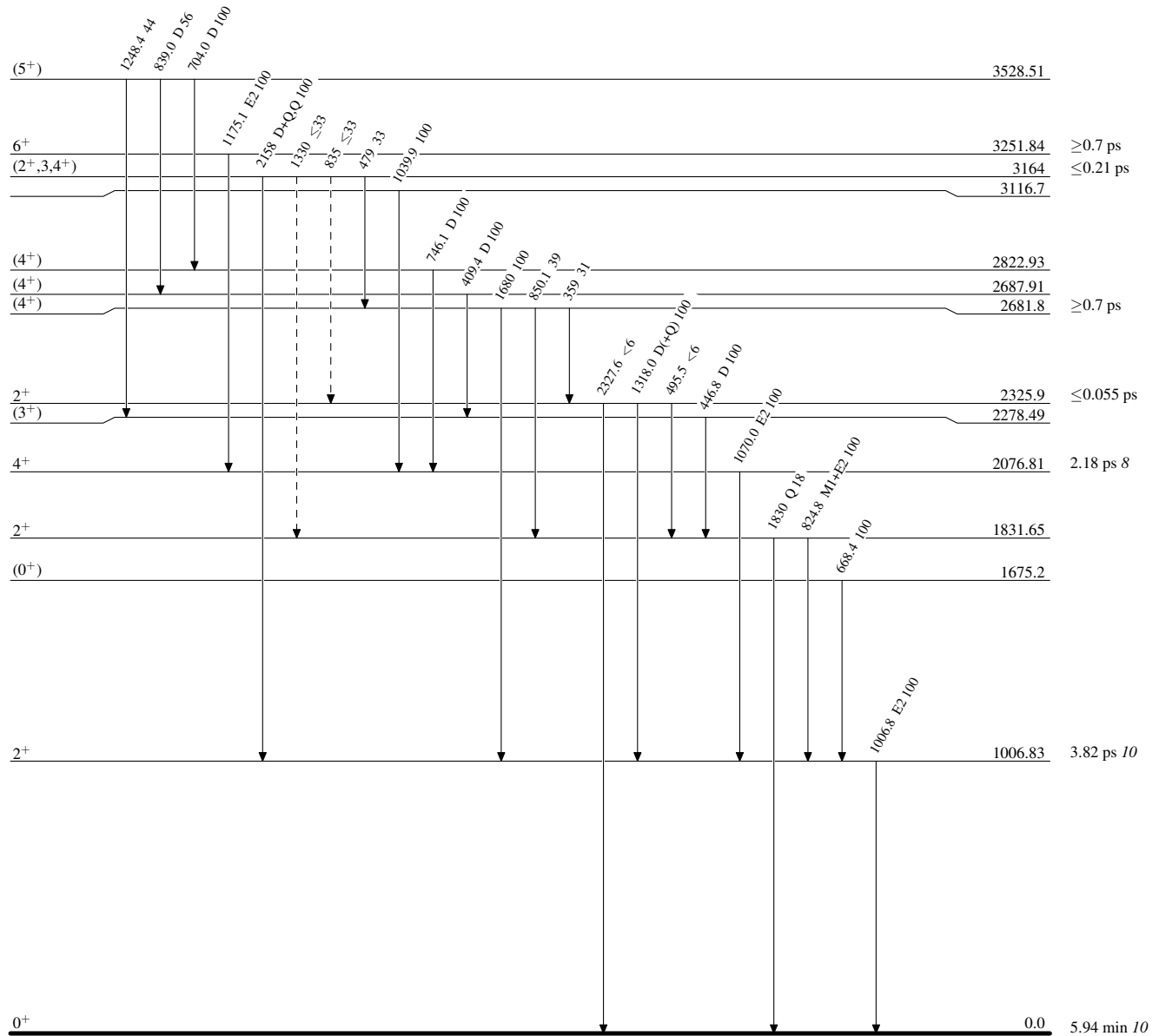
-----▶ γ Decay (Uncertain) $^{56}_{24}\text{Cr}_{32}$

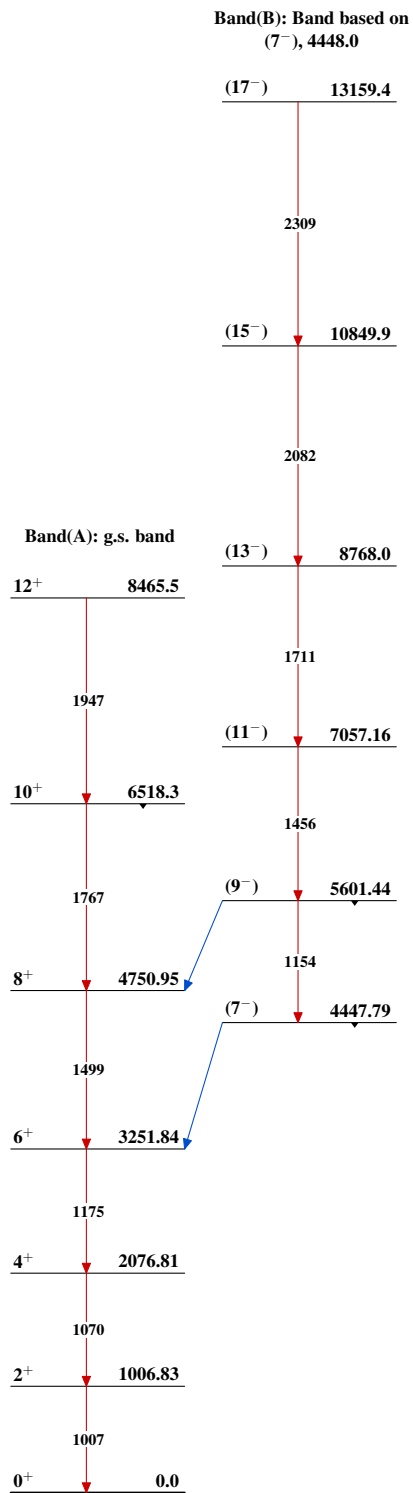
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Relative photon branching from each level

-----► γ Decay (Uncertain) $^{56}_{24}\text{Cr}_{32}$

Adopted Levels, Gammas $^{56}_{24}\text{Cr}_{32}$