

$^{56}\text{Fe}(\text{}^3\text{He,t})$ [1977Zi02](#),[1975Ri05](#),[1970Dz01](#)

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	Huo Junde, Huo Su, Yang Dong		NDS 112, 1513 (2011)	29-Oct-2009

[1977Zi02](#): E=38.2 MeV, 35-keV FWHM; measured $\sigma(E(t),\theta)$, DWBA analysis.

[1975Ri05](#): E=38.2 MeV; measured $\sigma(E(t),\theta)$.

[1970Dz01](#): E=24.6 MeV, FWHM: 12-keV; measured $\sigma(E(t),\theta)$.

Other: [1962Bi07](#).

 ^{56}Co Levels

E(level) [†]	J ^π @	L&	Comments
0.0		2+4	
158		2+4	
576		6	
830			
970		2	
1008			
1115		2+4	
1451	0 ⁺	2	Anti-analog state of 0 ⁺ g.s. in ^{56}Fe (1975Ri05).
1720		0+2	
1930		2+4	
2060		2	
2225		(2)	
2281		2+6	E(level): 2281 and 2288 unresolved (1977Zi02).
2288		2+6	E(level): 2281 and 2288 unresolved (1977Zi02).
2636		0+2	
2730		0+2	
2970		2	
3061		2+4	
3177		0+4	
3300			
3362 [‡]			
3423 [‡]			
3489 [‡]			
3522 [‡]	0 ⁺	0	IAS of 0 ⁺ g.s. in ^{56}Fe (1970Dz01).
3539? [‡]			
3592 [‡]	0 ⁺	0	IAS of 0 ⁺ g.s. in ^{56}Fe (1970Dz01).
3602? [‡]			
3694 [‡]			
≈4300 [#]			
≈5400 [#]			

[†] From [1977Zi02](#) and [1975Ri05](#), energies are taken from [1971Sc18](#) and [1973Sa11](#), except as noted.

[‡] From [1970Dz01](#).

[#] From [1962Bi07](#).

@ Based on IAS and AAS analyses ([1970Dz01](#) and [1975Ri05](#)).

& From [1977Zi02](#) based on $\sigma(\theta,E)$ and DWBA analysis.