

^{256}Es β^- decay (25.4 min) [1981Lo15](#)

Type	Author	History Citation	Literature Cutoff Date
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Parent: ^{256}Es : $E=0.0$; $J^\pi=(1^+,0^-)$; $T_{1/2}=25.4$ min 24; $Q(\beta^-)=1700$ SY; $\% \beta^-$ decay=100.0

^{256}Es - $J^\pi, T_{1/2}$: From ^{256}Es Adopted Levels.

^{256}Es - $Q(\beta^-)$: 1700 100 (syst,[2017Wa10](#)).

Growth and decay of ^{256}Fm spontaneous fission were observed by [1981Lo15](#). β^- and γ rays from the 25.4-min ^{256}Es decay were not measured.

If $J^\pi(^{256}\text{Es g.s.})=1^+$, the β^- decay is expected to feed the 2^+ first excited state at 48.3 keV. From the Alaga rule, $I\beta(\text{to } 2^+)/I\beta(\text{to } 0^+)=0.5$ is calculated. If probable β branches to other excited levels are neglected, the Alaga rule suggests $I\beta(\text{to g.s.})=67\%$ which may be taken as the upper limit by considering other possible β branches: $I\beta(\text{to g.s.})\leq 67\%$, $\log ft\geq 6.7$.

The ground state and first excited state at 48 keV are expected to be populated.