

Adopted Levels, Gammas

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	Huang Xiaolong and Kang Mengxiao		NDS 121, 395 (2014)	1-Mar-2014

$Q(\beta^-) = -759 \times 10^1$ 4; $S(n) = 813 \times 10^1$ 4; $S(p) = 231 \times 10^1$ 6; $Q(\alpha) = 6750$ 3 [2012Wa38](#)

 ^{195}Po Levels**Cross Reference (XREF) Flags**

A	^{199}Rn α decay (0.59 s)	D	$^{238}\text{U}(\text{p},\text{X})$: $\Delta < r^2 >$
B	^{199}Rn α decay (0.31 s)	E	$^{113}\text{Cd}({}^{86}\text{Kr},4\text{n}\gamma)$
C	(HI,xn γ)		

E(level) [†]	J ^π [‡]	T _{1/2}	XREF	Comments
0.0	(3/2 ⁻)	4.64 s 9	ABCD	% α =94 4 (2010Co13); % ε +% β^+ =6 4 $\mu=-0.601$ 42 (2014Se07) $Q=-0.87$ 25 (2014Se07) E(level): g.s. assignment based on E α systematics and 1997Fo06 . J ^π : from systematics (1980Sc26). Spin consistent with optical hyperfine spectrum shown in Fig. 5 of 2014Se07 . T _{1/2} : from $\alpha(t)$ measurement (1993Wa04). Others: 4.5 s 5 (1967Si09), 3.9 s +32-12 (2005Uu02). For ^{195}Po α decay spectroscopy see 1997Fo06 . $\Delta < r^2 >(^{195}\text{Po}, {}^{210}\text{Po}) = -0.604$ fm ² 13 (2013Se03). The uncertainties are statistical only. μ, Q : hyperfine structure studies using in-source resonance ionization spectroscopy at CERN-ISOLDE facility (2014Se07). Total (statistical uncertainties=0.013 for μ and 0.15 for Q , and systematic) uncertainties are given. $<\beta_2^2>^{1/2}=0.18$ (2013Se03, 2014Se07). E(level),J ^π : from syst (1980Sc26).
≈200?	(5/2 ⁻)			
≈230 [#]	(13/2 ⁺)	1.92 s 2	BCDE	% α ≈90; % ε +% β^+ ≈10; %IT<0.01 $\mu=-0.932$ 65 (2014Se07) $Q=+1.30$ 45 (2014Se07) μ, Q : hyperfine structure studies using in-source resonance ionization spectroscopy at CERN-ISOLDE facility (2014Se07). Total (statistical uncertainties=0.040 for μ and 0.30 for Q , and systematic) uncertainties are given. E(level): from syst (1980Sc26) and α decay. E=100 50 from 2012Au07 . J ^π : high-spin isomer based on E α , I α (2 s)/I α (4.5 s)=4 (1967Si09); 13/2 ⁺ follows regional systematics (see 1976Ko13, 1980Sc26). Spin consistent with optical hyperfine spectrum shown in Fig. 6 of 2014Se07 . T _{1/2} : from $\alpha(t)$ measurements (1993Wa04). Others: 2.0 s 2 (1967Si09), 2.8 s +10-6 (2005Uu02). % α ,% ε +% β^+ ,%IT: from systematics (1980Sc26). $\Delta < r^2 >(^{195}\text{Po}, {}^{210}\text{Po}) = -0.575$ fm ² 13 (2013Se03). The uncertainties are statistical only. $<\beta_2^2>^{1/2}=0.18$ (2013Se03, 2014Se07).
549.3 [#] 5	17/2 ⁺	30 ps 8	CE	T _{1/2} : from 2009Gr05 , recoil-distance Doppler-shift method. Analysis was that of recoil-decay tagged γ -ray spectra and differential decay curve method.
656.4 5	(15/2 ⁺)		C	
937.4 [#] 7	21/2 ⁺		C	
1059.5 6	(19/2 ⁺)		C	
1431.7 [#] 9	25/2 ⁺		C	
2020.7 [#] 13	(29/2 ⁺)		C	

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) **^{195}Po Levels (continued)**[†] From $E\gamma$, except as noted.[‡] From syst of odd-mass Po.# Band(A): $13/2^+$ band. **$\gamma(^{195}\text{Po})$**

E_i (level)	J_i^π	E_γ [†]	I_γ ^{†‡}	E_f	J_f^π	Comments
549.3	$17/2^+$	319.1 5	100	≈ 230	$(13/2^+)$	B(E2)(W.u.)=80 20
656.4	$(15/2^+)$	426.6 [#] 5	100	≈ 230	$(13/2^+)$	
937.4	$21/2^+$	388.1 5	100	549.3	$17/2^+$	
1059.5	$(19/2^+)$	404 [#] 1	44 8	656.4	$(15/2^+)$	
		510.0 [#] 5	100 23	549.3	$17/2^+$	
1431.7	$25/2^+$	494.3 5	100	937.4	$21/2^+$	
2020.7	$(29/2^+)$	589 1	100	1431.7	$25/2^+$	

[†] From (HI,xny).[‡] Relative intensity from each levels.

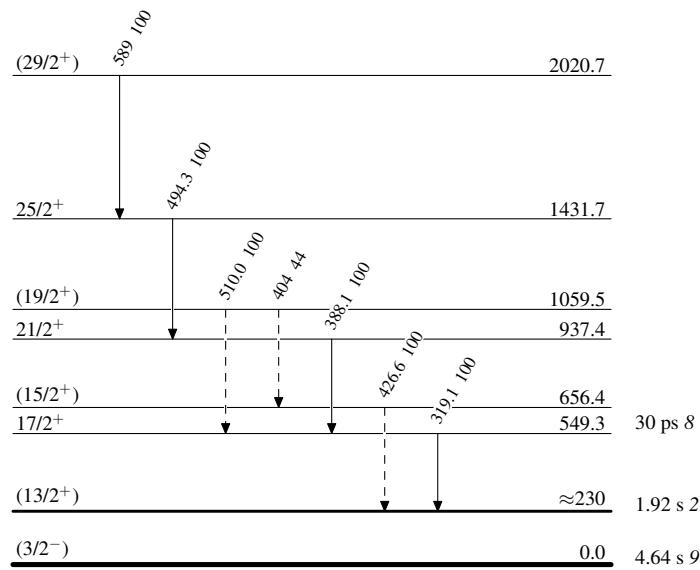
Placement of transition in the level scheme is uncertain.

Adopted Levels, Gammas

Legend

Level Scheme

Intensities: Relative photon branching from each level

- - - - - ► γ Decay (Uncertain) $^{195}_{84}\text{Po}_{111}$

Adopted Levels, GammasBand(A): $13/2^+$ band $(29/2^+)$ 2020.7

589

 $25/2^+$ 1431.7

494

 $21/2^+$ 937.4

388

 $17/2^+$ 549.3

319

 $(13/2^+)$ ≈ 230 $^{195}_{84}\text{Po}_{111}$