History										
Туре	Author	Citation	Literature Cutoff Date							
Full Evaluation	M. S. Basunia	NDS 107,791 (2006)	15-Sep-2005							

 $Q(\beta^-)=-3.21\times10^3$ 3; S(n)=8165.9 18; S(p)=6699.9 9; $Q(\alpha)=2252.8$ 16 2012Wa38 Note: Current evaluation has used the following Q record -3.21E+03 308165.0 186695.8 82257.9 15 2003Au03. Isotope shifts: 2000Bo03, 1999Le11, 1994BoZR, 1994An14, 1994An09, 1992Ri04, 1992Be07, 1992An17, 1987Au07, 1970Ca10. Giant dipole resonance: 1994Zi04, 1994Ji07, 1994Ca11, 1993Br09.

¹⁷⁶Hf Levels

Cross Reference (XREF) Flags

		$ \begin{array}{rl} \mathbf{A} & {}^{176}\mathrm{Ta} \ \varepsilon \\ \mathbf{B} & {}^{176}\mathrm{Lu} \ \beta^{2} \\ \mathbf{C} & {}^{176}\mathrm{Lu} \ \beta^{2} \\ \mathbf{D} & {}^{174}\mathrm{Yb}(\alpha \\ \mathbf{E} & {}^{176}\mathrm{Yb}(\alpha \\ \mathbf{F} & \mathrm{Coulomb} \end{array} $	decay G $^-$ decay H $^-$ decay (3.664 h) I ,2n\gamma) J ,4n\gamma) K b excitation L	$ \begin{array}{ccccc} {}^{176}{\rm Hf}({\rm n},{\rm n}'\gamma) & {\tt M} & {}^{178}{\rm Hf}({\rm p},{\rm t}){:}^{178}{\rm Hf}(31~{\rm y}) \\ {}^{181}{\rm Ta}(\pi^-,5{\rm n}\gamma) & {\tt N} & {}^{176}{\rm Hf}(\gamma,\gamma') \\ {}^{176}{\rm Lu}({\rm p},{\rm n}\gamma) & {\tt O} & {}^{186}{\rm W}({\rm n},2{\rm p}9{\rm n}\gamma) \\ {}^{178}{\rm Hf}({\rm p},{\rm t}) & {\tt P} & {}^{130}{\rm Te}({}^{48}{\rm Ca},2{\rm n}\gamma) \\ {}^{175}{\rm Lu}(\alpha,{\rm t}),~({}^{3}{\rm He},{\rm d}), \\ {}^{177}{\rm Hf}({\rm d},{\rm t}) \end{array} $				
E(level) [†]	$J^{\pi \ddagger}$	T _{1/2}	XREF	Comments				
0.0 ^f	0+	stable	ABCDEFGHIJ L NO	J^{π} : L=0 in (p,t). $\Delta < r^2 > (^{176}Hf) = -0.084 \ 2 \ fm^2 \ (1999Le11)$, charge radii normalized to $\Delta < r^2 > (^{178}Hf, ^{180}Hf) = 0.098 \ fm^2 \ (1994Zi04)$, a 10% systematic normalization error is not included. Other: 2002Ca47.				
88.349 ^{<i>f</i>} 24	2+	1.43 ns <i>4</i>	ABCDEFGHIJ L NO	 μ=+0.539 41; Q=-2.10 2 T_{1/2}: weighted average of 1.39 ns 4 from β⁻ ce(t) (1963Fo02) and 1.47 ns 4 Coul. ex. J^π: 88.3γ E2 to 0⁺ state. μ: Coul. ex. (1968Be04,1989Ra17). μ: μ=+0.63 6, integral perturbed angular correlations (1996Al20). Q: Meson hfs (1984Ta10,1989Ra17). 				
290.18 ^{<i>f</i>} 3	4+		ABCDEFGHIJ L NO	μ =1.34 <i>15</i> J ^{π} : 201.8 γ E2 to 2 ⁺ state. μ : Integral perturbed angular correlations (1996Al20).				
596.82 ^f 5	6+		B DE GHIJ L NO	J^{π} : 306.8 γ E2 to 4 ⁺ state.				
997.73 ^f 6	8+		B DE GH O	J^{π} : 401.0 γ E2 to 6 ⁺ state.				
1149.94 ⁸ 6	0^{+}		A CD G J	J^{π} : 1150 γ E0 to 0 ⁺ state. L=0 in (p,t).				
1226.63 ^g 5	2+	0.8 ps 1	A CD FG J	$T_{1/2}$: from Coulomb excitation. J^{π} : 1138 γ E0+E2 to 2 ⁺ state.				
1247.70 ^h 4	2 ^{-#}	4.66 ns 17	A CD G L	$T_{1/2}$: from ¹⁷⁶ Ta ε decay. J ^{π} : 1247 γ M2 to 0 ⁺ state.				
1293.12 ^j 8	0^{+}		A CD G J	J^{π} : 1293 γ E0 to 0 ⁺ state. L=0 in (p,t).				
1313.31 ^h 4	3 ^{-#}		A D FG J	J^{π} : 1023 γ E1 to 4 ⁺ state, 1225 γ E1 to 2 ⁺ state.				
1333.07 ^p 7	6 ^{+<i>ab</i>}	9.6 μs 3	DE G I KL N	J ^{π} : 1043 γ E2 to 4 ⁺ state. T _{1/2} : weighted average of 9.5 μ s 2 from (α ,2n γ) (1973Kh02), and 10.5 μ s 7 from (γ ,n) (1964Br27). Other value: 13.0 μ s 5 from (p,n γ) (1967Bo08).				
1341.31 ^{<i>i</i>} 4	2+	0.29 ps 3	A DFG J N	T _{1/2} : from Coulomb excitation. J ^{π} : 1341 γ E2 to 0 ⁺ state.				
1362 10			J					
1379.38 ^j 5	2+		A D G J	XREF: J(1387). J ^{π} : 1291 γ (E2+E0) to 2 ⁺ state.				

Continued on next page (footnotes at end of table)

¹⁷⁶Hf Levels (continued)

E(level) [†]	$J^{\pi \ddagger}$	T _{1/2}		XREF	Comments
1390.19 ⁸ 14	4+			D G	J^{π} : 1100 γ E0+E2(+M1) to 4 ⁺ state.
1404.56 ^h 4 1412.93 8	4 ^{-#}		A A	D G	J^{π} : 157 γ E2 to 2 ⁻ state, 1115 γ E1 to 4 ⁺ state.
1445.79 ⁱ 5	3+		A	D G	J^{π} : 1155.5 γ M1 to 4 ⁺ state, 1357.5 M1+E2 to 2 ⁺ state.
1481.06 ^f 8	10+			DE H O	J^{π} : 483.3 γ E2 to 8 ⁺ state.
1505.81 <mark>P</mark> 8	7 ^{+<i>a</i>}			DE KL	J^{π} : 172.7 γ (M1+E2) to 6 ⁺ state. 53.5 γ (E1) from 8 ⁻ state.
1508.61 ^h 7	5 ^{-#}			DGJ	J^{π} : 912 γ E1 to 6 ⁺ state.
1532.6 5				D	
1540.3 ⁱ 4	(4+)			DGJ	J^{π} : 1250 γ (M1+E2) to 4 ⁺ state.
1559.31 <mark>9</mark> 9	8- <i>b</i>	9.9 µs 2		DE IK	J^{π} : 226.2 γ M2 to 6 ⁺ state.
					T _{1/2} : weighted average of 9.8 μ s 2 from (α ,2n γ) (1973Kh02), and 10.3 μ s 5 from (γ ,n) (1967Bo08).
1577.61 ^k 5	$(3^+)^{\textcircled{0}}$		A	DG L	
1591.51 ^j 5	(4+)		A	D G	J^{π} : 1301.1 γ (E2) to 4 ⁺ state.
1609.3				D J	
1628.55 ⁸ 14	6+			D	J^{π} : 1031.7 γ E0+E2(+M1) to 6 ⁺ state.
1643.43 ¹ 5	1- "		A	DG N	J^{π} : 1555 γ E1 to 2 ⁺ state, 1643 γ E1 to 0 ⁺ state.
1653.11 ^{<i>n</i>} 6	(6)-#			D	J^{π} : 248.6 γ E2 to (4) ⁻ state, 1056 γ to 6 ⁺ state.
1672.34 ^m 4	$(1)^+$		A	G	J^{n} : 1584 γ M1+E2 to 2 ⁺ state.
1675.96 [•] 16	(4^+)			DGJL	J^{π} : 1385.7 γ (E2) to 4 ⁺ state. Band assignment.
1692.0 10	$(2^+)^{e}$			N	$I^{\pi} \cdot 10/2$ (M1) to (7 ⁺) state
1099.92.8 1704.60 ^m .6	(2^+)		Α		I^{π} : 1616 γ (M1) to (7) state. I^{π} : 1616 γ (M1) to 2 ⁺ state. 1705 γ (E2) to 0 ⁺ state.
170.44^{l} 5	(2^{-})		Δ		I^{π} : 1420v (E1) to 4^{+} state
1722.05 5	1^{-}		A	G L N	J^{π} : 1722 γ E1 to 0 ⁺ state.
1727.80 ⁱ 19	(5 ⁺)			D L	J^{π} : Band assignment.
1732.46 10	$(5^+, 6^+, 7^+)$			D	J^{π} : 399.4 γ (M1) to 6 ⁺ state.
1749 10	0+			J	J^{π} : L=0 in (p,t).
1761.47 ^s 10	$(6^+)^{a}$			D K	J^{π} : 428 γ (M1) to 6 ⁺ state. Band assignment.
1767.52.7	$(3,4,5)^{-1}$		٨	D L	J [*] : 14/0./ γ M1+E2 to 4 [°] state. I^{π} : 670 α E1 to 2 ⁺ state. 362.7 α to (4) ⁻ state.
1707.527	$(7)^{-\#}$		л	D	$\overline{J} = 0.797 \pm 1.002$ state, 502.77 ± 0.047 state.
$1785.79^{\circ}9$ 1785.09 $\frac{9}{12}$	(7) 9 ⁻			D DF K	$J^{-1100\gamma} E1 100$ state, $787\gamma E1 108$ state. XREF: D(1785.15.)
1705.09 12	,				J^{π} : L=4.5 in (³ He.d), 226 γ (M1) to 8 ⁻ state.
1786.11 9			A	J	
1793.61 5			A	J	
1797.99 ^t 9	(7)-			D	XREF: D(1798.05). J^{π} : 464.9 γ (E1) to 6 ⁺ state. Band assignment.
1798.5 ^k 6	$(5^+)^{(0)}$			D L	XREF: D(1798.4).
1815.2 5				D	
1818.92 ¹ 6	$(0)^{-}$		A		J^{π} : 175.5 γ M1 to 1 ⁻ state.
1830.4	$(2^+ 4^+ 5^+)$				XREF: L(1828). π_{1} , 1562 $(M_{1} + E_{2})$ to 4^{+}_{-} state
1855.90 /	(3,4,5)		A	JL	$J : 1303\gamma$ (M1+E2) to 4 state.
1850.99° 3	(2) $(8)^{-}$		A	ן אד אד	$J^{*}: 213\gamma \text{ MI}(+\text{E}2) \text{ to } 1 \text{ state, } 146./\gamma \text{ MI}(+\text{E}2) \text{ to } (3) \text{ state.}$
1000.00 11	(0)				J^{π} : 300.8 γ (M1) to 8 ⁻ state.
1862.0 ⁱ 5	(6^{+})			D	J^{π} : 1571.6 γ (E2) to 4 ⁺ state. Band assignment.
1862.80 ⁿ 4	1+		A	JK	XREF: K(1860). J^{π} : 1862.7 γ M1(+E2) to 0 ⁺ state, 1774.6 γ M1(+E2) to 2 ⁺ state.
1866.6 5				D J	· · · · · · · · · · · · · · · · · · ·
1878? <i>1</i>	$(5^+, 6^+, 7^+)$			D	J^{π} : 1281 γ (M1+E2) to 6 ⁺ state.

Continued on next page (footnotes at end of table)

E(level) [†]	$J^{\pi \ddagger}$		XR	EF	Comments							
1886.3				L								
1902.28 9	$(3^{-},4^{-},5^{-})$		D	_	J^{π} : 1614.2 γ (E1) to 4 ⁺ state.							
1912.02 ⁿ 4	2+	Α			J^{π} : 239.6y M1 to (1) ⁺ state, 1823.7y M1 to 2 ⁺ state.							
1914.13 9	(9 ⁺)		D		J^{π} : 214 γ (M1+E2) to (8 ⁺) state.							
1924.56 5	$(2,3)^{-}$	Α	D	L	J^{π} : 611 γ M1 to 3 ⁻ state, 1836 γ (E1) to 2 ⁺ state.							
1926.68 ^{\$} 11	$(7^+)^a$		D	К	J^{π} : 421 γ (M1) to (7 ⁺) state. Band assignment.							
1930.78 ^t 9	(8-)		D		J^{π} : 425 γ (E1) to (7 ⁺) state. Band assignment.							
1932.7 <mark>8</mark> 3	$(8)^+$		D		J^{π} : 934.8 γ E0+E2(+M1) to 8 ⁺ state.							
1944 48 ^k 16	(6^+)		- П	т	XRFF: I (1938)							
1744.40 10	(0)		D	-	I^{π} : 1347 4 γ (M1+F2) to 6 ⁺ state. Band assignment							
1949 71 5		Α		1								
1958.18.5	2-	A		11.	J^{π} : 236y M1(+E2) to 1 ⁻ state, 644.9y M1 to 3 ⁻ state. Possible member of a							
1990.10 9	2			5 2	$K^{\pi}=2$ -band.							
1964.2.3	$(5.6.7)^{-}$		D	JL	J^{π} : 311 γ M1 to (6) ⁻ state.							
1977.0? 6	(-,-,-)		D									
1978.0 10	$(1)^{\boldsymbol{e}}$			N								
1984 <i>3</i>	(6^+)			L	J^{π} : From theoretical and experimental cross section comparison and rotational							
					structure in (d,t).							
1992 70 ^h 10	$(8)^{-\#}$		р		I^{π} : 339 6v F2 to (6) ⁻ state							
$2014\ 27^{r}\ 13$	$(9)^{-}$		DE	к	I^{π} : 229 γ (M1) to (9) ⁻ state							
2023.92.21	$\binom{(2)}{(+)}$		D	L.	XREF: L(2018).							
2023.72 21			2	-	J^{π} : 1427 γ (M1+E2) to 6 ⁺ state.							
2031.05 9 12	10-		DE		J^{π} : 246 γ (M1) to (9) ⁻ state.							
2034.66f 13	(12^{+})		DF H	0	I^{π} : Band assignment							
2031.00- 13	(12)	Α		א ר	I^{π} : 1956 5 γ (M1 E2) to 2 ⁺ state 2045 γ (M1 E2) to 0 ⁺ state							
2048.48.8	$(2.3.4^{-})$		D	1	J^{π} : 337 γ (M1+E2) to (3 ⁻) state.							
2066.25 7	$(1.2.3)^+$	Α	-	j	XREF: $J(2069)$.							
					J^{π} : 1978 γ (M1,E2) to 2 ⁺ state.							
2085.68 ^t 10	(9 ⁻)		D		J^{π} : Band assignment.							
2085.83 20	$(5,6,7)^+$		D	J	XREF: D(2086.01)J(2089).							
					J^{π} : 1489 γ M1+E2 to 6 ⁺ state.							
2096.8 5	$(5,6,7)^+$		D	JL	XREF: J(2089).							
					J^{π} : 1500 γ (M1) to 6 ⁺ state.							
2106.5 ⁱ 5	$(7)^+$		D	L	J^{π} : Band assignment.							
2112.89 ^s 20	$(8^+)^a$		D		J^{π} : Band assignment.							
2116.8 ^k 3	(7^{+})		D		J^{π} : Band assignment.							
2136 42h 24	(n) ^{-#}		- Л	1 1	$VDEE \cdot 1(21/2)$							
2130.42 24	())		D	5 1	I^{π} : 1139 4v F1 to 8 ⁺ state 655 3v to (10) ⁺ state							
2147 62 11	(10^{+})		D	1	XREF: 1(2142)							
2117.02 11	(10)		2	-	J^{π} : 233.5 γ (M1+E2) to (9 ⁺) state.							
2160.5 6			D									
2172.9? 6			D									
2173.8 8	(7^{+})		D	1	XREF: 1(2175).							
					J^{π} : From theoretical and experimental cross section comparison and rotational							
					structure in (d,t).							
2194.02 ^r 20	(10 ⁻)		DE	K	J^{π} : 409 γ (M1) to (9) ⁻ state.							
2258.7 5	(6 ⁻ ,7 ⁻ ,8 ⁻)		D		J^{π} : 460.7 γ to (7) ⁻ state.							
2261.55 ^t 12	(10 ⁻)		D		J^{π} : 330 γ (E2) to (8 ⁻) state. Band assignment.							
2265.27 5	$(2)^{-}$	Α	D		J ^{π} : 924 γ E1 to 2 ⁺ state, 543 γ to 1 ⁻ , 861 γ to (4) ⁻ state.							
2280.83 10	(2) ^{<i>e</i>}	Α		JLN	XREF: J(2286).							
2284.8 ⁱ 5	(8^+)		D		J^{π} : Band assignment.							
2293.85 ⁹ 14	11-		DE		J^{π} : 263 γ (M1) to 10 ⁻ state. Band assignment.							
2294.8 ^g 3	$(10)^+$		D		XREF: D(2295.0).							

E(level) [†]	$J^{\pi \ddagger}$	T _{1/2}		2	XREF		Comments
		. <u> </u>					J^{π} : 813.8 γ E0+E2(+M1) to (10) ⁺ state.
2304.7 ^k 8	(8+)			D			Band assignment.
2307.76 6	· /		Α		J		XREF: J(2304).
2308.34 5	1-,2-,3-		Α				J^{π} : 350 γ M1(+E2) to 2 ⁻ state.
2318.7 ^{\$} 5	$(9^+)^a$			D			J^{π} : Band assignment.
2361.0 10	(1) ^e			D	J	N	XREF: J(2348).
2389 10					J		E(level): possible doublet in (p,t).
2398.97 13	(11^{+})			D			XREF: D(2399.03).
2399.01' 19	(11 ⁻)			DE			XREF: D(2399.06).
2405.35 7	16		Α		_	N	
2415 10	_				J		I_{π} 500 M_{1} (2.2) - (4)
2432.34 /			Α	D			J^{A} : 508 γ M1 to (2,3) state.
2440.9 0				D	J		XREF: J(2448).
2452.47 10	2-		A		J		AKEF: J(2448). π_{1} , 1222, E2 M1 E0 to 2 ⁻ state
2470.84 5	$(1)^{e}$		Δ			N	J = 1223 y E2 + W1 + E0 to 2 state. XPEF : N(2484)
2514.0.7	(1) 1(+)e		л			N	AREF : 10(2404).
2530.0.7	1° 1 ^e					N	
2530.07	$(10^{+})^{a}$			р		IN	I^{π} . Band assignment
2548.0.7	1 ^e			D		N	J. Dana assignment.
2563 549 22	12-			DE			XREF: D(2563.60.)
2000.01 22	12			21			J^{π} : Band assignment.
2568.45 22				D			
2602.16 9			Α				
2638.1 ^r 5	(12^{-})			DE			J^{π} : Band assignment.
2646.6 ^f 4	(14^{+})			DE	н		J^{π} : Band assignment.
2690.0 7	1 ^e					N	
2722.0 7	1 ⁽⁺⁾ <i>e</i>					N	
2762.51 8			Α				
2791.62 7			Α				
2817.55 5	$(2)^{+}$		Α				J^{π} : 1476 γ E2 to 2 ⁺ state, log <i>ft</i> =6.4 from ¹⁷⁶ Ta ($J^{\pi}=1^{-}$).
2827.0 ⁹ 5	13-			DE			J^{π} : Band assignment.
2831.0 10	1 ^e					N	-
2865.8 ^u 7	14 ⁻	401 µs 6		E		Р	J^{π} : Band assignment. 38.7 γ (M1) to 13 ⁻ state.
2979 21 7							$T_{1/2}$: from (α ,4n γ) (1975Kh04).
28/8.21 /	1(+)		A				
2885.52 /	10.00		A			N	
2903.077	$(\alpha) = \frac{8}{2}$		A .				TT 1100 NEL . 1
2912.26 6	(0)		Α				J^{n} : 1190 γ M1 to 1 state.
2920.260 7	1 ^{-x}		Α				J^{π} : 2920 γ E1 to 0 ⁺ state.
2921.03 8	1+,2+		Α				J^{π} : 1580 γ M1+E2 to 2 ⁺ state, log <i>ft</i> =5.9 from ¹⁷⁶ Ta (J^{π} =1 ⁻).
2940.0 7	$1^{(+)e}$					N	
2944.17 5	2-		Α				J^{π} : 1630 γ M1 to 3 ⁻ state, 1696 γ M1 to 2 ⁻ state. log $ft \le 6.2$ from ¹⁷⁶ Ta ($J^{\pi}=1^{-}$) ε decay. Possible member of a $K^{\pi}=2^{-}$ band.
2969.07 ⁰ 6	$(2^{-})^{\&}$		A				
2994.0 7	1 ⁽⁺⁾ <i>e</i>					N	
3044.0 7	1 ⁽⁻⁾ <i>e</i>					N	
3059.0 10	1 ^e					N	
3080.2 12	15+	0.20 ns +12-8		E		Р	T _{1/2} : Measured in $(\alpha, 2n\gamma)$ (1982Ko08). J ^{π} : 214 γ E1 to 14 ⁻ . Level energy agrees with predicted

E(level) [†]	$J^{\pi \ddagger}$	XREF		Comments					
				value of 3190 keV for $K^{\pi}=15^+$, configuration= $((\pi 7/2[404])(\pi 9/2[514]) (\nu 9/2[624])(\nu 5/2[512]))$ (1976Kh03).					
3098.0 10	(1) ^e		N						
3107.0 7	1 ⁽⁺⁾ ^e		N						
3115.0 7	1 ⁽⁻⁾ <i>e</i>		N						
3159.0 7	1 ⁽⁺⁾ ^e		N						
3160.5 ^{<i>u</i>} 10	15 ^{-C}	Е	Р	J^{π} : Band assignment. 294.7 γ (M1+E2) to 14 ⁻ state.					
3200.0 10	1 ^e		N						
3218.0 10	1 ^e		N						
3222.0 7	$1^{(+)}^{e}$		N						
3232.0 7	1 ⁽⁺⁾ ^e		N						
3261.0 7	1 ⁽⁺⁾ <i>e</i>		N						
3266.2^{v} 14	16^{+d}	F	мр	I^{π} : I = 0 in ¹⁷⁸ Hf(31 v I^{π} = 16 ⁺)(n t) 186 0v M1 to (15 ⁺) state in (α 4n α)					
3306.0.10	$(1)^{e}$	L	N	$J : L=0 \text{ In } \Pi(51, y, y) = 10 \ (p, y). 100.0 \ (10, y) \ (10, y) \ (10, y).$					
$2207.7f_{11}$	(1)	T	N	II_{1} 661. E2 to (14 [±]) state. Double assignment					
3307.73 11	(10^{-1})	E	N	J^{*} : 001 γ E2 to (14) state. Band assignment.					
3343.0.7	1 1 e		N						
3343.07	1 (-)e		N						
2272.0.7	1(-)e		N						
3372.07	10 / - 10		N						
3406.0.10	1 (1)		N						
3400.0 10	(1) ² 1 ⁰		N						
3454 0 10	1 1 <i>e</i>		N						
$3454.0\ 10$ $3467\ 4^{\text{II}}\ 10$	16 ^{-C}	F	N D	I^{π} : Band assignment					
3485.0.7	10 1 ^e	L	N	J. Dand assignment.					
3490.0 10	1 <i>e</i>		N						
3519.0 10	(1) ^e		N						
3540 1V 16	17+d	F	 D	I^{π} , 274 $_{22}$ M1 \downarrow E2 to 16 ⁺ state					
3550.0.7	1 / 1(+) e	E	м	$J : 2/4 \gamma$ W11+122 to 10 state.					
3580.0 10	(1) ^e		N						
3602.0.7	1 ^e		N						
3608.0.10	1 ¹		N						
3627.0.7	1(+) <i>e</i>		N						
3662.0.7	1(+) <i>e</i>		N						
3671.0.7	1(+) <i>e</i>		N						
3689 0 10	$(1)^{e}$		N						
3695.0.10	$(2)^{e}$		N						
3722.0 10	$(1)^{e}$		N						
3746.0 7	1 ^e		N						
3767.0 7	1 ⁽⁺⁾ <i>e</i>		N						
3774.0 10	1 ^e		N						
3787.1 ^{<i>u</i>} 12	17 ⁻	Е	Р	J^{π} : Band assignment. 319.7 γ (M1+E2) to 16 ⁻ state.					
3805.0 7	1 ⁽⁺⁾ <i>e</i>		N						
3816.0 7	1 ⁽⁺⁾ <i>e</i>		N						
3824.0 10	$(1)^{e}$		N						
3838.0 7	1(-) <i>e</i>		N						
3844.0 10	$(1)^{e}$		N						
3847 4 ^V 16	18+d	F	P	I^{π} : Rand assignment 307.2 γ (M1+F2) to 17 ⁺ state					
3856.0 10	$(1)^{e}$	-	N	· Dano assignment. SVI.27 (MITE) (VIT State.					
3916.0 10	$(1)^{e}$		N						
	(-)								

¹⁷⁶Hf Levels (continued)

E(level) [†]	$J^{\pi \ddagger}$	T _{1/2}	XREF		Comments					
4010.5 ^{<i>f</i>} 15	(18^+)		E		J^{π} : 702.8 γ E2 to (16 ⁺) state. Band assignment.					
4120.3 ^{<i>u</i>} 14	18-0		E	Р	J ^{<i>n</i>} : Band assignment. 333.2 γ (M1+E2) to 17 ⁻ state.					
4179.3 ^v 17	19 ⁺ <i>a</i>		E	Р	J^{π} : 331.8 γ (M1+E2) to 18 ⁺ state. Band assignment.					
4376.6 16	(19)+	34 ns	E	Ρ	T _{1/2} : From (α,4nγ) (1976Kh03). E(level): K^{π} =19 ⁺ in (⁴⁸ Ca,2nγ) [2001Ch89]. J ^π : 529.1γ (M1) to (18) ⁺ state. T _{1/2} =34 ns suggests K forbiddenness. Possible K^{π} =19 ⁺ six-quasiparticle configuration=((π 7/2[404])(π 9/2[514]) (ν 7/2[514])(ν 9/2[624])(ν 5/2[512])(ν 1/2[521])) is predicted at ≈4600 keV (1976Kh03).					
4466.6 ^{u} 16	(19 ⁻) ^C		E	Р	J^{π} : Band assignment.					
4532.2 ^v 20	20 ⁺ <i>d</i>		Е	Р	J^{π} : Band assignment.					
4766.4 16	(20)-		Е	Ρ	E(level): $K^{\pi}=20^{-}$ in (⁴⁸ Ca,2n γ) [2001Ch89]. J^{π} : 389.8 γ E1 decay through 4376.7 ($J^{\pi}=K^{\pi}=(19)^{+}$) level, instead of through the energetically favored 4179.4 ($J^{\pi}=(19)^{+}$, $K^{\pi}=16^{+}$) level, is consistent with a $K^{\pi}=(20)^{-}$ assignment. A possible $K^{\pi}=20^{-}$ six-quasiparticle configuration=((π 7/2[404])(π 9/2[514])(ν 7/2[514]) (ν 9/2[624])(ν 7/2[633])(ν 1/2[521])) is predicted at \approx 5000 keV (1976Kh03).					
4826.4 ^{<i>u</i>} 15	(20 ⁻) ^C		E	Р	J^{π} : Band assignment.					
4863.5 16	(22)-	43 μs	E	Ρ	T _{1/2} : from (α,4nγ) (1976Kh03). E(level): K^{π} =22 ⁻ in (⁴⁸ Ca,2nγ) [2001Ch89]. J ^π : 97.1γ E2 to (20) ⁻ . Possible K^{π} =22 ⁻ six-quasiparticle configuration=((π 7/2[404])(π 9/2[514]) (ν 7/2[514])(ν 9/2[624])(ν 7/2[633])(ν 5/2[512])). T _{1/2} =43 μs may be explained in terms of the 97-keV ν 5/2[512] to ν 1/2[521] single-particle E2 transition, which has been observed to be slow in neighboring odd-A hafnium nuclei.					

[†] Deduced by evaluator from a least-squares fit to adopted γ -ray energies.

[‡] J, K, and π assignments are mostly based on rotational band structure, and on γ -ray multipolarities and decay patterns. This includes comparisons of experimental branching ratios with theoretical values predicted by Alaga rules. Specific arguments, as well as quasiparticle configuration assignments, are given with individual levels.

- [#] Member of a $K^{\pi}=2^{-}$ octupole-vibrational band. Assignment was based on a comparison between experimental and theoretical B(E1) values for the transitions to the g.s. ($K^{\pi}=0^{+}$) rotational band (1973Kh03).
- [@] Assignment based on a comparison between experimental and theoretical cross sections in ¹⁷⁷Hf(d,t).
- & Assignment agrees with Alaga rules for log ft values from ¹⁷⁶Ta ε decay to the $J^{\pi}=0, 1, \text{ and } 2$ members of this band.
- ^{*a*} Intraband transitions between the bands built on 1333 keV and 1761 keV suggest configuration mixing. The following admixtures were deduced from particle transfer reactions and γ -ray decay rates: 61% proton configuration and 39% neutron configuration for the band built on 1333 keV; 39% proton configuration and 61% neutron configuration for the band built on 1761 keV.
- ^b $J^{\pi}=6^+$ and 8^- for the 1333- and 1559-keV levels, respectively, are based on (³He,d) transfers of L=2 for the 1333-keV level, and L=5,(4) for the 1559-keV level, and on the 226 γ M2 between these levels.
- ^c Deduced intrinsic g-factor of 0.57 4 agrees with configuration assignment (1976Kh03).
- ^d Deduced intrinsic g-factor of 0.54 5 agrees with configuration assignment (1976Kh03). Members of this band up to J=20 become yrast.
- ^{*e*} From angular distribution in ${}^{176}\text{Hf}(\gamma,\gamma')$.
- ^{*f*} Band(A): $K^{\pi}=0^+$ g.s. rotational band. Rotational parameters: A=14.4, B=-8.7. Spin members of the band used in the fit: 0 to 14.
- ^g Band(B): $K^{\pi}=0^+ \beta$ -vibrational band. Rotational parameters: A=11.8, B=-13.5. Spin members of the band used in the fit: 0 to 10.
- ^{*h*} Band(C): $K^{\pi}=2^{-}$ octupole-vibrational band.
- ^{*i*} Band(D): $K^{\pi}=2^+$ mixed γ -vibrational band.
- ^{*j*} Band(E): $K^{\pi}=0^+$ band. Rotational parameters: A=14.1, B=40.7. Spin members of the band used in the fit: 0 to 4.
- ^k Band(F): $K^{\pi}=(3^+)$ band. Rotational parameters: A=12.5, B=-4.6. Spin members of the band used in the fit: 3 to 8.

- ^{*l*} Band(G): $K^{\pi} = (0^{-})$ band: Possible configuration=v7/2[633]-v7/2[514] 93% wave function (2005Gr21).
- ^{*m*} Band(H): $K^{\pi}=1^+$ band.
- ^{*n*} Band(I): $K^{\pi} = (1^+)$ band.
- ^{*o*} Band(J): $K^{\pi}=(0^{-})$ band: Possible Configuration= $(\pi 7/2[404]-\nu 5/2[512])-(\pi 9/2[514]-\nu 7/2[514])$ (2005Gr21).
- ^{*p*} Band(K): $K^{\pi}=6^+$ band. configuration=61%((p,7/2[404])(p,5/2[402])+39%(n,7/2[514])(n,5/2[512])). Rotational parameters: A=12.9, B=-6.3. Spin members of the band used in the fit: 6 to 11.
- ^{*q*} Band(L): $K^{\pi}=8^{-}$ Coriolis-mixed band. configuration=98-38%((p,7/2[404])(p,9/2[514])+ 2-62%(n,7/2[514])(n,9/2[624])). Rotational parameters: A=15.1, B=-13.8, Spin members of the band used in the fit: 8 to 13.
- ^{*r*} Band(M): $K^{\pi}=7^{-},8^{-}$ Coriolis-mixed band. Configuration= $((\pi 7/2[404])(\pi 9/2[514]) + (\nu 7/2[514])(\nu 7/2[633]) + (\nu 7/2[514])(\nu 9/2[624]))$. 20-50% mixture of the $K^{\pi}=7^{-}$ mixture to $K^{\pi}=8^{-}$. Rotational parameters: A=6.8, B=10.7. Spin members of the band used in the fit: 8 to 12.
- ^s Band(N): $K^{\pi}=6^+$ band. configuration=39%((p,7/2[404])(p,5/2[402])+61%(n,7/2[514])(n,5/2[512])). Rotational parameters: A=12.4, B=-5.8. Spin members of the band used in the fit: 6 to 9.
- ^t Band(O): $K^{\pi}=6^{-},7^{-}$ band. Configuration=(($\nu 7/2[633]$)($\nu 5/2[512]$)+($\nu 9/2[624]$)($\nu 5/2[512]$)). Rotational parameters: A=7.1, B=9.5. Spin members of the band used in the fit: 7 to 9.
- ^{*u*} Band(P): $K^{\pi} = (14^{-})$ band. Configuration= $((\pi 7/2[404])(\pi 9/2[514])(\nu 7/2[514])(\nu 5/2[512]))$.
- ^{*v*} Band(Q): $K^{\pi} = (16^+)$ band. Configuration= $((\pi 7/2[404])(\pi 9/2[514])(\nu 7/2[514])(\nu 9/2[624]))$.

E _i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	$E_f J_f^{\pi}$	Mult.	δ^k	α^{i}	$I_{(\gamma+ce)}$	Comments
88.349	2+	88.34 [‡] 3	100	0.0 0+	E2 f		5.86		B(E2)(W.u.)=183 7
290.18	4+	201.83 [‡] 3	100	88.349 2+	$E2^{f}$		0.282		
596.82	6+	306.78 [‡] 4	100	290.18 4+	E2 ^g		0.0747		
997.73	8+	400.99 [‡] 4	100	596.82 6+	E2 ⁸		0.0347		
1149.94	0^+	1061.61 [‡] 9	100	88.349 2+	$E2^{f}$				
		1150.00 [‡] <i>10</i>		0.0 0+	$E0^{f}$			0.9 2	I_{γ} : not reported.
1226.63	2^{+}	936.41 [‡] 8	82 7	290.18 4+	$E2^{f}$				B(E2)(W.u.)=5.7 10
		1138.26 [‡] 8	100 8	88.349 2+	$E0+E2^{f}$		≈0.037		α : experimental value from ¹⁷⁶ Ta ε decay.
		1226.89 [‡] 24	54 7	$0.0 0^+$	(E2) ^g				B(E2)(W.u.)=0.98 19
1247.70	2-	957.40 [‡] 8	2.31 18	290.18 4+	M2+E3 ^{<i>f</i>}	≥1.87	0.0115 16		B(M2)(W.u.)<0.0014; B(E3)(W.u.)>2.9 δ: from 1972Lo03. Additional information 1.
		1159.28 [‡] 9	100 8	88.349 2+	E1+M2+E3 ^{<i>f</i>}		0.0034		B(E1)(W.u.)= 2.01×10^{-8} 16; B(M2)(W.u.)= 0.0088 19; B(E3)(W.u.)= 9.6 20
									α: experimental value from 176 Ta ε decay. Mult.: δ (M2/E1)=0.36 5, δ (E3/E1)=0.53 7 (1972Lo03).
		1247.68 [‡] 15	1.86 20	0.0 0+	M2 ^{.f}		0.0119		B(M2)(W.u.)=0.00124 <i>17</i> Δ J=0,1 transitions from members of the octupole band $(K^{\pi}=2^{-})$ to those of the g.s. rotational band $(K^{\pi}=0^{+})$ are expected to have a significant E3 multipolarity component (1972Lo03).
1293.12	0^+	1204.85 [‡] 10	100 8	88.349 2+					
		1292.9 [‡] 3		$0.0 0^+$	$E0^{f}$			30 5	I_{γ} : not reported.
1313.31	3-	1023.05 [‡] 7	47 4	290.18 4+	$E1^{f}$				
		1224.93 [‡] 7	100 8	88.349 2+	$E1^{f}$				
1333.07	6+	736.20 ^{&} 7	100 ^{&}	596.82 6+	E2 ^g				$B(E2)(W.u.)=2.82\times10^{-6}$ 9
		1043.0 ^{&} 1	64 ^{&}	290.18 4+	E2 ^g				$B(E2)(W.u.)=3.16\times10^{-7}$ 10
1341.31	2^{+}	1051.03 [‡] <i>11</i>	3.2 3	290.18 4+	c.				
		1252.87 [‡] 10	93 7	88.349 2+	M1+E2 ^{f}				I_{γ} : From (γ, γ') , 95 in ε decay.
		1341.33 [‡] <i>10</i>	100 8	0.0 0+	$E2^{f}$				B(E2)(W.u.)=3.9 6 Mult.: ce data allow some M1 admixture, but level scheme requires pure E2.
1379.38	2^{+}	1089.06 10	14.8 12	290.18 4+	<i>.</i>				- •
		1290.97 [‡] 9 1379.29 <i>15</i>	100 8 4.0 <i>12</i>	$\begin{array}{ccc} 88.349 & 2^+ \\ 0.0 & 0^+ \end{array}$	$(E2+E0)^{f}$		0.022		α : experimental value from ¹⁷⁶ Ta ε decay.
1390.19	4+	793.5 ^{&} 3	36 <mark>&</mark>	596.82 6+					

 ∞

$\gamma(^{176}\text{Hf})$ (continued)

E_i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	$E_f J_f^{\pi}$	Mult.	α^{i}	Comments
1390.19	4+	1099.9 ^{&} 3	100	290.18 4+	$E0+E2(+M1)^{8}$	≈0.03	α : experimental value from ¹⁷⁴ Yb(α .2n γ).
10,011,	•	1301.8 3	81	88.349 2+	(E2) ^g	0100	
1404.56	4-	91.19 [‡] 25	17 <i>I</i>	1313.31 3-	$E2(+M1)^{f}$	5.27 11	
		156.83 [‡] <i>3</i>	100 8	1247.70 2-	$E2^{f}$	0.671	
		1114.2 ^{m‡} 1	85 ^m 7	290.18 4+	E1 ^{<i>g</i>}		I _{γ} : from ¹⁷⁴ Yb(α ,2n γ). Doublet in ¹⁷⁶ Ta ε decay.
1412.93		1122.80 9	100 16	290.18 4+			
	- 1	1412.84 ¹ 11	≤111 ^ℓ	0.0 0+			
1445.79	3-	198.07 12	1.9 4	1247.70 2	2 5 6 9		
		1155.52 ⁺ 18	32.4	290.18 4+	M18		
		1357.52+ 10	100 8	88.349 2+	$M1+E2^{g}$		
1481.06	10+	483.33 [©] 5	100	997.73 8+	E28	0.0212	
1505.81	7+	172.73 4	100	1333.07 6+	(M1+E2) ⁸	0.67 20	
1508.61	5-	196.0 5	≈4 ∞	1313.31 3-	0		
		911.8 3	36	596.82 6+	Elg		
		1218.4	100	290.18 4+			
1532.6		935.8 5	100	596.82 6+			
1540.3	(4 ⁺)	1250.1 4	100	290.18 4+	$(M1+E2)^8$		
1559.31	8-	53.49 7	100	1505.81 7+	(E1) ⁸	1.00	$B(E1)(W.u.)=6.2\times10^{-6}$ 5
1577 61	(2^{+})	226.25 6	31° 6	1333.07 6 ⁺	M28	1.99	B(M2)(W.u.)=0.0235
1377.01	(3)	175.007	2.1 3	1404.30 4 1212.21 2 ⁻			
		1287.38^{m} 12	13 ^{me} 1	290.18 4 ⁺			
		1489.30 [‡] 10	100 8	88.349 2+	(E2) <i>f</i>		
1591.51	(4 ⁺)	1301.2 [‡] 5	100	290.18 4+	(E2) ^g		
1609.3		611.4 ^{@n} 4	100	997.73 8+			
1628.55	6+	238.36 ^{&} 7	18 ^{&}	1390.19 4+			
		630.7 ^{&} 3	11.1 ^{&}	997.73 8 ⁺			
		1031.7 & 3	78 <mark>&</mark>	596.82 6+	E0+E2(+M1) ^g	0.04	α : experimental value from ¹⁷⁴ Yb(α ,2n γ).
		1338.6 4	100	290.18 4+	(E2) ⁸		
1643.43	1^{-}	1555.08 [‡] <i>13</i>	100 8	88.349 2+	E1 ^f		
		1643.43 [‡] 10	59 5	$0.0 0^+$	$E1^{f}$		I_{γ} : 68.6 in (γ, γ') deduced from R_{exp} .
1653.11	(6) ⁻	144.45 <mark>&</mark> 7	4.5 ^{&}	1508.61 5-			
		248.58 ^{&} 4	100&	1404.56 4-	E2 ⁸	0.143	
		1055.8 ^{&} 5	8.1 ^{&}	596.82 6+			

9

From ENSDF

 $^{176}_{72}\mathrm{Hf}_{104}\mathrm{-9}$

$\gamma(^{176}\text{Hf})$ (continued)

E_i (level)	\mathbf{J}^{π}_{i}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	$E_f \qquad J_f^{\pi}$	Mult.	α ⁱ	Comments
1672.34	$(1)^{+}$	292.88 10	0.75 7	1379.38 2 ⁺ 1247.70 2 ⁻			
		$445 52^{l} 8$	$<1.0^{l}$	1247.70 2 1226.63 2 ⁺			
		1584.02 10	100 8	88.349 2+	M1+E2 f		
		1672.32 12	22.5 18	$0.0 0^+$			
1675.96	(4+)	271.8 ^{&} 3	4.3 &	1404.56 4-			
		1385.7 ^{&} 3	100	290.18 4+	(E2) ^g		Mult.: measured (E1,E2) multipolarity. Level scheme requires (E2).
		1588.3 5	28	88.349 2+			
1692.0	(2^{+})	1692#	100	$0.0 0^+$			
1699.92	(8 ⁺)	194.09 ^{&} 4	100	1505.81 7 ⁺	(M1) ^g	0.629	
		366.87 [∞] 5	50 °	1333.07 6+	f		
1704.60	(2^{+})	1616.18 10	92 7	88.349 2+	(M1)		
1710 44	(2^{-})	1704.70 12	100 8	$0.0 0^+$	(E2) ^J		
1/10.44	(3)	1420.04 10	2.0 5	$290.18 4^+$	(E1) ^g		
		1621.87 ^m 10	80 ^m 21	88.349 2+	()		
1722.05	1-	428.85 20	0.44 7	1293.12 0+	C		
		1633.74 10	89.6 7	88.349 2+	E1 ^J		
		1722.04 13	100 8	$0.0 0^+$	E1 J		
1727.80	(5^{+})	1130.4 ^{x} 5	31	596.82 6+			
		1437.7 ° 2	100	290.18 4+	(M1+E2) ⁸		Mult.: Reported as (E2) from conversion electron measurement in $\frac{17481}{2}$
							M $M = M \left(\alpha, 2n\gamma \right)$, level scheme requires (M1+E2).
1732.46	$(5^+ 6^+ 7^+)$	226.9 ^{&} 5	13 <mark>&</mark>	1505.81 7+			
1,02110	(0,0,7)	399.38 ^{&} 7	100	1333.07 6+	(M1) ^g	0.089	
1761.47	(6 ⁺)	428.40 [@] 7	100	1333.07 6+	(M1) ^g	0.0740	
1766.89	$(3,4,5)^+$	1476.7 [@] 2	100	290.18 4+	M1+E2 ^g		
1767.52	2-,3-	362.7 3	1.7 4	1404.56 4-			
		388.06 20	2.55 22	1379.38 2+	D I f		
1702 70	(7)-	16/9.18 11	100 8	88.349 2*	EI J		
1/83.79	(/)	$2/6.4^{\circ}$ 3	3.5°°	1508.61 5	E1 E2 ⁹		Multi laud adama manina El
		$18/.14 \sim 15$	25~~ 100&	997.73 8' 506.82 6+	E1,E2° E18		viuit.: level scheme requires E1.
1785.00	0-	$1100.1 \sim 2$ 225.74 @ 10	100-0	1550 31 °-	E1° (M1) ^g	0.414	
1785.09	7	1495.85 15	58.5	290.18 4 ⁺	(111)0	0.414	

10

From ENSDF

L

				Ado	pted Levels, G	ammas (continue	ed)
					$\gamma(^{176}\text{Hf})$ (continue	d)	
E _i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	$E_f \qquad J_f^{\pi}$	Mult.	δ ^k	α^{i}	Comments
1786.11 1793.61		1697.8 2 216.00 7 414.34 15	100 <i>3</i> 100 <i>8</i> 64 <i>5</i>	88.349 2 ⁺ 1577.61 (3 ⁺) 1379.38 2 ⁺				
		452.18^{l} 10 1503.7 ≈ 1705.4	<20.5 ^ℓ ≤91 ≤136	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$				
1797.99	$(7)^{-}$	464.92 [@] 7	100	1333.07 6+	(E1) <mark>8</mark>			
1798.5	(5 ⁺)	289.6 ^{&n}	5.5 <mark>&</mark>	1508.61 5-				
		1201.8 ^{&} 7	20 ^{&}	596.82 6+				
		1508 ^{&} 1	100 &	290.18 4+				
1815.2		1218.4 <mark>&</mark> 8	100 <mark>&</mark>	596.82 6+				
		1525.0 ^{&} 5	80 <mark>&</mark>	290.18 4+				
1818.92	(0)-	175.50 7 571.30 9	100 8 63 5	1643.43 1 ⁻ 1247.70 2 ⁻	M1 ^{<i>f</i>}		0.833	Measured M1(+E2) multipolarity. Level scheme requires M1.
1830.4	5	1540.2 ^{@n} 5	100	290.18 4+				E_{γ} : from (α ,2n γ).
1853.96	(3+,4+,5+)	474.64 ¹ 8 1563.53 <i>13</i> 1765.75 <i>15</i>	<18.2 ^l 41 7 100 8	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	(M1+E2) ^g			
1856.99	$(2)^{-}$	146.74 5	50 4	1710.44 (3 ⁻)	$M1(+E2)^{f}$	0.74	1.19	
		213.50 6	100 19	1643.43 1-	$M1(+E2)^{f}$	0.87	0.376	
		452.18 ¹ 10 609.25 9	<5.8 ¹ 18 3	1404.56 4 ⁻ 1247.70 2 ⁻				
1860.08	(8) ⁻	300.78 [@] 6	100	1559.31 8-	(M1) ^g		0.189	
1862.0	(6+)	1265.2 ^{&} 5	75 <mark>&</mark>	596.82 6+				
		1571.6 ^{&} 8	100	290.18 4+	(E2) ⁸			
1862.80	1^{+}	158.19 7	5.7 4	1704.60 (2^+)	M1 ^f		1.12	
		190.36 7 483.28 9 521.6 1	10.3 8 0.68 8 ≈61	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	M1+E2	0.72	0.554	
		569.77 <i>11</i> 615.22 <i>9</i>	2.8 <i>4</i> 2.6 <i>4</i>	$\begin{array}{cccc} 1293.12 & 0^{+} \\ 1247.70 & 2^{-} \end{array}$				
		1774.56 15	39 <i>3</i>	88.349 2+	$M1(+E2)^{f}$			
		1862.74 15	100 8	0.0 0+	$M1^{f}$			Measured M1(+E2) multipolarity. Level scheme requires M1.
1866.6		462.0 [@] 5	100	1404.56 4-				
1878?	$(5^+,\!6^+,\!7^+)$	1281 ^{@n} 1	100	596.82 6+	(M1+E2) ^g			
1902.28	(3-,4-,5-)	1306.8 <mark>&</mark> 2	100 <mark>&</mark>	596.82 6+	E1,E2 <mark>8</mark>			

 \exists

From ENSDF

 $^{176}_{72}\mathrm{Hf}_{104}\mathrm{-}11$

L

$\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	\mathbf{J}^{π}_{i}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_f	\mathbf{J}_{f}^{π}	Mult.	α^{i}
1902.28	(3 ⁻ ,4 ⁻ ,5 ⁻)	1614.2 ^{&n} 3	77 <mark>&</mark>	290.18	4+	(E1) ^g	
1912.02	2+	125.4 10	≤4.8	1786.11			
		207.5	≤1.8	1704.60	(2^{+})	C	
		239.62 6	12.0 10	1672.34	$(1)^{+}$	M1 ^J	0.352
		466.16 7	24.7 20	1445.79	3+	M1 ^{<i>f</i>}	0.0593
		532.54 11	5.4 8	1379.38	2+		
		570.76 ¹ 10 598.6 2	$<10^{l}$ 0.55 10	1341.31 1313.31	2+ 3-		
		685.55 8	2.64 21	1226.63	2^{+}	$M1^{f}$	0.0221
		1621.87 ^m 10	5 ^m 2	290.18	4+	<i>c</i>	
		1823.70 15	100 8	88.349	2+	M1 ^{<i>f</i>}	
		1911.6 3	0.29 6	0.0	0^{+}		
1914.13	(9+)	214.22 ^{<i>a</i>} 4	830	1699.92	(8+)	(M1+E2) ⁸	0.35 13
		408.3 [°] 2	100~	1505.81	7+		
1924.56	$(2,3)^{-}$	131.0 ¹ 15	<1.7 ^ℓ	1793.61			
		346.9 2	8.9 7	1577.61	(3^{+})		
		583 5 2	1 03 17	1404.50	4 2+		
		611.16.8	100.8	1313.31	3-	M1 ^{<i>f</i>}	0.0296
		677.09 ¹ 8	<25.2 ¹	1247.70	2-		
		1836.34 16	17.1 13	88.349	2^{+}	(E1) ^{<i>f</i>}	
1926.68	(7^{+})	420.86 ^{&} 8	100 <mark>&</mark>	1505.81	7+	(M1) ^g	0.0775
		594 <mark>&</mark> 1	23 &	1333.07	6+		
1930.78	(8 ⁻)	132.80 ^{&} 7	11.4 <mark>&</mark>	1797.99	$(7)^{-}$		
		424.96 <mark>&</mark> 6	100 <mark>&</mark>	1505.81	7+	(E1) ^g	
1932.7	$(8)^{+}$	934.8 <mark>&</mark> 5	55 <mark>&</mark>	997.73	8+	$E0+E2(+M1)^{g}$	j
		1335.9 ^{&} 4	100 ^{&}	596.82	6+	(E2) ^g	
1944.48	(6+)	268.61 ^{&} 12	15 <mark>&</mark>	1675.96	(4^{+})		
		1347.4 <mark>&</mark> 2	100 <mark>&</mark>	596.82	6+	(M1+E2) ⁸	
1949.71		131.0 ¹ 15	<8.3 ¹	1818.92	$(0)^{-}$		
		636.6 ¹ 1	<19.8 ¹	1313.31	3-		
		701.96 9	27.1 22	1247.70	2-		
		723.10 8	50 4	1226.63	2^+		
		1861.15 25	100 25	88.349	2 ⁺		
		1949.00 1/	30 10	0.0	U		

12

					Adopted	l Levels, Gam	mas (co	ntinued)	
						$\gamma(^{176}\text{Hf})$ (cor	ntinued)		
E _i (level)	\mathbf{J}_i^π	E_{γ}^{\dagger}	I_{γ}^{\dagger}	\mathbf{E}_{f}	\mathbf{J}_f^π	Mult.	δ ^k	α^{i}	Comments
1958.18	2-	236.19 7 380.48 20 512.3 2 553.5 2 579.08 15	1.5 <i>I</i> 2.4 2 7.4 7 0.40 6 1.10 9	1722.05 1577.61 1445.79 1404.56 1379.38	1^{-} (3 ⁺) 3 ⁺ 4 ⁻ 2 ⁺	$\frac{M1(+E2)^{f}}{E1(+M2)^{f}}$	0.87	0.281 0.18 <i>18</i>	
		616.79 8 644.86 8 710.50 8 1869.78 <i>16</i>	19 2 18 <i>I</i> 100 8 1.5 <i>I</i>	1341.31 1313.31 1247.70 88.349	2+ 3 ⁻ 2 ⁻ 2 ⁺	E1 J M1 f M1 f		0.0258 0.0202	
1964.2 1977.0? 1978.0	(5,6,7) ⁻ (1)	311.1 [@] 3 191.6 [@] n 5 1978 [#]	100 100 100	1653.11 1785.09 0.0	(6) ⁻ 9 ⁻ 0 ⁺	M1 ^g		0.173	
1992.70 2014.27	(8) ⁻ (9) ⁻	339.59 [@] 8 155.0 ^{l&} 5 229.15 ^{&} 7	100 <14 ¹ 100	1653.11 1860.08 1785.09	(6) ⁻ (8) ⁻ 9 ⁻	E2 ^g (M1) ^g		0.0554 0.397	
2023.92 2031.05	(⁺) 10 ⁻	455.1 ^{&} 2 1427.1 [@] 2 245.97 ^{&} 4	60 ^{&} 100 100 ^{&}	1559.31 596.82 1785.09	8 ⁻ 6 ⁺ 9 ⁻	(M1+E2) ^g (M1) ^g		0.327	
2034.66 2044.78	(12 ⁺) (1 ⁺)	471.6 ^{&} 2 553.6 ^{&} 1 401.44 20	13 ^{&} 100 ^{&} 1.44 <i>16</i>	1559.31 1481.06 1643.43	8 ⁻ 10 ⁺ 1 ⁻				
2048.48	(2,3,4 ⁻)	1956.48 <i>15</i> 2044.87 <i>15</i> 146.28 ^{&} <i>5</i> 265 15 ^{&} 7	64 <i>4</i> 100 8 39 ^{&} 65 ^{&}	88.349 0.0 1902.28 1783.79	2 ⁺ 0 ⁺ (3 ⁻ ,4 ⁻ ,5 ⁻) (7) ⁻	(M1,E2) ^{<i>f</i>} (M1,E2) ^{<i>f</i>}			I _{γ} : 58 7 in (γ , γ') deduced from R _{exp} .
2066.25	(1,2,3)+	$337.23^{\&} 8$ 361.76 20 $474.64^{l} 8$	$100^{\&}$ 3.9 6 10.0^{l} 6	1710.44 1704.60 1591.51	(7) (3^{-}) (2^{+}) (4^{+})	(M1+E2) ^g		0.10 5	
2085.68	(9 ⁻)	$ \begin{array}{r} 1977.85 \ 15 \\ 2066.28 \ 16 \\ 155.0^{l\&} \ 5 \\ 287.69^{\&} \ 2 \\ 286 \ 2^{\&} \ 6 \end{array} $	$100 \ 6$ ≤ 8.1 $\leq 91^{l\&}$ $\leq 182^{\&}$ $100^{\&}$	88.349 0.0 1930.78 1797.99	2^+ 0^+ (8^-) $(7)^-$ (8^+)	(M1,E2) ^{<i>f</i>}			
2085.83	(5,6,7)+	1088.1 ^{&} 2	45 ^{&}	997.73	(8 ⁺) 8 ⁺				

 $^{176}_{72}\mathrm{Hf}_{104}\text{--}13$

					Adopt	ed Levels, Gai	mmas (con	tinued)
						$\gamma(^{176}\text{Hf})$ (co	ontinued)	
E _i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_f	\mathbf{J}_{f}^{π}	Mult.	α^{i}	Comments
2085.83	$(5,6,7)^+$	1489.0 ^{&} 5	100 <mark>&</mark>	596.82	6+	M1+E2 ^g		
2096.8	$(5,6,7)^+$	1100 ^{&} 1	30 &	997.73	8+			
		1499.8 <mark>&</mark> 5	100 <mark>&</mark>	596.82	6+	(M1) ^g		
2106.5	$(7)^{+}$	1108.7 <mark>&</mark> 5	42 ^{&}	997.73	8+	8		Mult.: E1,E2 in $(\alpha, 2n\gamma)$. Level scheme requires (M1+E2).
		1509.7 <mark>&</mark> 8	100 <mark>&</mark>	596.82	6+	(M1+E2) ^g		
2112.89	(8 ⁺)	412.9 <mark>&</mark> 2	100 ^{&}	1699.92	(8 ⁺)			
		607.5 ^{&} 5	87 <mark>&</mark>	1505.81	7+			
2116.8	(7 ⁺)	1520.0 [@] 3	100	596.82	6+			Mult.: E1 deduced in $(\alpha, 2n\gamma)$ is not consistent with $J^{\pi}=(7^+)$ for 2116.8 level.
2136.42	(9)-	352.4 ^{&} 3	≈18 ^{&}	1783.79	$(7)^{-}$			
		655.3 <mark>&</mark> 5	≈14 <mark>&</mark>	1481.06	10^{+}			
		1139.4 ^{&} 5	100 ^{&} 20	997.73	8+	E1 ^{<i>g</i>}		
2147.62	(10 ⁺)	233.54 ^{&} 10	40 &	1914.13	(9+)	(M1+E2) ^g	0.28 11	
		447.66 & 9	100	1699.92	(8 ⁺)	(E2) ^g	0.0258	
2160.5		196.3 [@] 5	100	1964.2	(5,6,7)-			
2172.9?		$667.1^{n} 5$	100	1505.81	7+			
2173.8	(7^{+})	1577.0 8	100	596.82	6		0.01.00	
2194.02	(10)	163.0 2	20°°	2031.05	10	(M1+E2)8	0.81 22	
		180^{-1}	12.0~	2014.27	(9)			
		334.3° 3	100	1860.08	(8)	$(\mathbf{M}_1)^{\mathbf{g}}$	0.084	
2258 7	(6 - 7 - 9 -)	408.7^{2} 5	100	1707.00	9 (7)-	$(\mathbf{M}1)^{8}$	0.0612	
2236.7	(0, 7, 8)	400.7 J	100	1030 78	(7) (8^{-})	$(\overline{W}1)^{3}$	0.0012	
2265.27	$(10^{-})^{-}$	315.50 15	10.7 14	1930.78	(0)	$(E2)^{\circ}$	0.0590	
		467.4 ^{@n} 3		1797.99	$(7)^{-}$			
		479.14 10	3.9 5	1786.11				
		543.18 11	10.7 7	1722.05	1-			
		555.2 2 819.49.10	1.9 4	1/10.44	(3^{-}) 3 ⁺			
		819.49 10 861 ¹ 1	5 + 5	1445.79	5 1-			
		923 94 8	100.7	1341 31	2+	E1 /		
		951.86 10	9.3 14	1313.31	3-	<u>1</u> 1-		
		1017.58 11	15.7 <i>21</i>	1247.70	2^{-}			
2280.83	(2)	2192.33 20	100 8	88.349	2^+			I_{γ} : 69 25 in (γ, γ') deduced from R_{exp} .
		2280.0 2	/90	0.0	0.			

From ENSDF

 $^{176}_{72}\mathrm{Hf}_{104}\text{-}14$

L

					Adopte	ed Levels, Gamma	s (contin	nued)	
						$\gamma(^{176}\text{Hf})$ (continue)	ued)		
E _i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_f	${ m J}_f^\pi$	Mult.	δ ^k	α^{i}	Comments
2284.8 2293.85	(8 ⁺) 11 ⁻	$ \begin{array}{r} 1287.1^{m@} 5 \\ 100^{a} \\ 262.78^{\&} 6 \\ 508.9^{\&} 5 \end{array} $	100 ^{me} 0.9 ^a 100 ^{&} 39 ^{&}	997.73 2194.02 2031.05 1785.09	8 ⁺ (10 ⁻) 10 ⁻ 9 ⁻	(M1) ^g		0.273	
2294.8	(10)+	361.9 ^{&} 8 813.8 ^{&} 3 1297.2 ^{&} 8	20 ^{&} 60 ^{&} 100 ^{&}	1932.7 1481.06 997.73	(8) ⁺ 10 ⁺ 8 ⁺	E0+E2(+M1) ^g		j	
2304.7	(8 ⁺)	1307.0 [@] 8	100	997.73	8+	8			Mult.: Reported (E1,E2) in $(\alpha,2n\gamma)$. Level scheme requires (E2)
2307.76		450.94 <i>13</i> 540.27 <i>13</i> 994.46 ^{<i>l</i>} <i>12</i> 2219.49 <i>20</i> 2307.7 <i>2</i>	5.7 9 20 4 $\leq 18.5^{l}$ 100 8 69 6	1856.99 1767.52 1313.31 88.349 0.0	$(2)^{-}$ $2^{-}, 3^{-}$ 3^{-} 2^{+} 0^{+}				
2308.34	1-,2-,3-	350.18 20 358.72 20 383.6 2 445.52 ¹ 8 665.01 12 730.7 1 967.06 9	$\begin{array}{c} 63 \ 5 \\ 75 \ 6 \\ 40 \ 4 \\ < 42^{l} \\ 46 \ 13 \\ 25 \ 3 \\ 100 \ 13 \end{array}$	1958.18 1949.71 1924.56 1862.80 1643.43 1577.61 1341.31	2^{-} (2,3) ⁻ 1 ⁺ 1 ⁻ (3 ⁺) 2 ⁺	M1(+E2) ^f	0.56	0.108	
2318.7	(9 ⁺)	404.7 ^{&} 6 618.5 ^{&} 8	80 ^{&} 100 ^{&}	1914.13 1699.92	(9 ⁺) (8 ⁺)				
2361.0	(1)	2361 ^{#@}	100	0.0	0^{+}				
2398.97	(11 ⁺)	251.36 ^{&} 10 484.8 ^{&} 2	53 ^{&} 100 ^{&}	2147.62 1914.13	(10 ⁺) (9 ⁺)				
2399.01	(11 ⁻)	$105.0^{\&} 2$ $368.1^{\&} 2$ 385.1^{a}	25 ^{&} 100 ^{&} 9 9 ^a	2293.85 2031.05 2014.27	11^{-} 10^{-} $(9)^{-}$				
2405.35	1	480.83 9 551.4 2 1178.5 2 2317.0 2 2405.2 2	5.9 8 3.8 7 7.7 <i>13</i> 51 <i>4</i> 100 8	1924.56 1853.96 1226.63 88.349 0.0	$(2,3)^{-}$ $(3^{+},4^{+},5^{+})$ 2^{+} 2^{+} 0^{+}				
2432.34	-	507.79 <i>15</i> 638.83 <i>8</i>	100 8 13.9 <i>11</i>	1924.56 1793.61	(2,3)-	$M1^{f}$		0.0477	

15

From ENSDF

 $^{176}_{72}\mathrm{Hf}_{104}\mathrm{-}15$

 $^{176}_{72}\mathrm{Hf}_{104}\text{--}15$

					A	dopted Levels, G	ammas (co	ontinued)
	$\gamma(^{176}\text{Hf})$ (continued)							
E _i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_{f}	\mathbf{J}_{f}^{π}	Mult.	α ⁱ	Comments
2432.34	-	647.0 ^{@n} 8 1052.7 2 1090.94 <i>13</i> 1184.55 <i>13</i>	3.7 4 5.2 7 7.5 11	1785.09 1379.38 1341.31 1247.70	9 ⁻ 2 ⁺ 2 ⁺ 2 ⁻			
2446.9		1448.0 ^{@n} 6	100	997.73	8+			
2452.47	2-	861.0^{t} 1 2162.1 2 521.2 t	<104 ^{<i>l</i>} 100 11	1591.51 290.18	(4^+) 4^+			
2470.84	2	521.3 <i>T</i> 546.53 <i>10</i> 677.09 ^{<i>l</i>} 8 760.4 2 798.5 2 893.3 2 1066.20 9 1157.41 <i>10</i>	8 4 15.6 <i>13</i> <9.4 ^{<i>l</i>} 0.49 8 1.38 24 0.76 <i>19</i> 18.9 <i>15</i> 100 8	1949.71 1924.56 1793.61 1710.44 1672.34 1577.61 1404.56 1313.31	$(2,3)^{-}$ (3^{-}) $(1)^{+}$ (3^{+}) 4^{-} 3^{-}	(M1) ^{<i>f</i>} M1 ^{<i>f</i>}	0.0395	
2482.87	(1)	1222.95 <i>10</i> 533.23 <i>16</i> 570.76 ¹ <i>10</i> 626.1 <i>2</i> 664.07 <i>10</i> 1333.1 <i>2</i> 2394.6 <i>2</i> 2482 8 <i>2</i>	59 552 17<370l13 270 930 8100 870 6	1247.70 1949.71 1912.02 1856.99 1818.92 1149.94 88.349 0.0	2^{-} $(2)^{-}$ $(0)^{-}$ 0^{+} 2^{+} 0^{+}	E2+M1+E0 ^{<i>f</i>}	0.042	α : experimental value from ¹⁷⁶ Ta ε decay.
2514.0	1 ⁽⁺⁾	2425.6 ^c 2514 ^c	$33^{c} 8$ 100^{c}	88.349 0.0	2^+ 0^+			
2530.0	1	2441.6 ^c 2530 ^c	84 ^c 19 100 ^c	88.349 0.0	2^+ 0 ⁺			
2540.9? 2548.0	(10 ⁺) 1	626.8 [@] 5 2459.6 ^c 2548 ^c	$ \begin{array}{r} 100 \\ 100^{c} 24 \\ 88^{c} \end{array} $	1914.13 88.349 0.0	(9 ⁺) 2 ⁺ 0 ⁺			I_{γ} : complex.
2563.54	12-	164.3 ^{<i>a</i>} 269.64 ^{&} 18 369.9 ^{<i>a</i>} 533.1 ^{&} 7	16 ^a 100 ^{&} 8.5 ^a 91 ^{&}	2399.01 2293.85 2194.02 2031.05	(11 ⁻) 11 ⁻ (10 ⁻) 10 ⁻			
2568.45		537.4 ^{&} 2 554.3 ^{&} 5 783 ^{&} 1 196.82.14	$100^{\&}$ $100^{\&}$ $57^{\&}$ 3.7,10	2031.05 2014.27 1785.09 2405.35	10 ⁻ (9) ⁻ 9 ⁻ 1			
2002.10		170.02 11	5.7 10	2.00.00				

 $^{176}_{72}\mathrm{Hf}_{104}\mathrm{-}16$

L

$\gamma(^{176}\text{Hf})$ (continued)

E_i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_f	\mathbf{J}_f^{π}	Mult.	α^{i}	Comments
2602.16		2513.82 20	100 8	88.349	2+			
		2602.15 20	52 6	0.0	0^{+}			
2638.1	(12^{-})	238.8 ^{<i>a</i>}	5.3 ^a	2399.01	(11^{-})			
		344.3 [@] 5	100	2293.85	11-			
		444.4 ^a	14.9 ^a	2194.02	(10^{-})			
		607.1 ^{<i>a</i>}	18.4 ⁴	2031.05	10-			
2646.6	(14^{+})	611.9 ^w 3	100	2034.66	(12^+)			
2690.0	1	2601.6	94° <i>14</i>	88.349	2+ 0+			
2722.0	1(+)	2690°	100°	0.0	0^{+}			
2722.0	1.	2033.0°	41° 5 100 ^C	00.549	$\overset{2}{0^{+}}$			
2762.51		454.63.9	9.4.15	2307.76	0			
2702.01		1612.63 12	94.8	1149.94	0^{+}			
		2674.2 2	100 8	88.349	2^{+}			
		2762.8 2	26 4	0.0	0^{+}			
2791.62		386.1 2	6.7 7	2405.35	1			
		833.5 ¹ 1	<20.9 ¹	1958.18	2-			
		841.5 2	12 3	1949.71	1-			
		1148.3 2	12.7 22	1643.43	1 2+			
		1340.08 23	19 4	1341 31	3 2+			
		1543.73 15	70.6	1247.70	$\frac{2}{2^{-}}$			
2817.55	$(2)^{+}$	960.77 12	10.0 14	1856.99	$(2)^{-}$			
		1112.9 2	6.7 7	1704.60	(2^{+})			
		1174.17 10	27.1 22	1643.43	1-			
		1239.86 ¹ 12	<15.0 ¹	1577.61	(3^+)			
		13/1.75 12	20.0 16	1445.79	3-			
		1412.84 ^{<i>i</i>} 11	<15.0 ⁴	1404.56	4- 2+			
		1438.1 3	3.99	13/9.38	2'	To f		
		1476.18 10	63 5	1341.31	2^{+}	E2J		
2827.0	12-	$1304.24 \ I0$	$100 \ 14$ 18 2 ^{<i>a</i>}	1515.51 2638-1	(12^{-})			
2627.0	15	263.4^{a} calc	7.2^{a}	2563.54	(12) 12^{-}			
		427.7^{a} calc	33 ^a	2399.01	(11^{-})			
		533.1 ^{<i>a</i>} 7	100 ^{<i>a</i>}	2293.85	11-			
2831.0	1	2831 [#]		0.0	0^{+}			
2865.8	14-	38.7 ^{<i>a</i>}	11.4 ^a	2827.0	13-	(M1) ^h		$B(M1)(W.u.)=6.1\times10^{-8} 6$
		227.9 ^a	22.2 ^a	2638.1	(12 ⁻)	(E2) ^{<i>h</i>}	0.189	$B(E2)(W.u.)=4.97\times10^{-6}$ 18

 $^{176}_{72}\mathrm{Hf}_{104}\text{--}17$

	Adopted Levels, Gammas (continued)							
	γ ⁽¹⁷⁶ Hf) (continued)							
E_i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_f	\mathbf{J}_f^{π}	Mult.	α^{i}	Comments
2865.8	14-	302.2 ^{<i>a</i>}	100 ^{<i>a</i>}	2563.54	12-	(E2) ^{<i>h</i>}	0.0781	$B(E2)(W.u.) = 5.33 \times 10^{-7} 17$
2878.21		833.5 ¹ 1	≤18.4 ^ℓ	2044.78	(1^{+})			
		1021.0 5	94	1856.99	$(2)^{-}$			
		1432.56 11	21.1 <i>17</i> 93.8	1445.79	3+ 2+			
		1564.95 11	100 8	1313.31	$\frac{2}{3^{-}}$			
2885.52	$1^{(+)}$	577.3 1	31 3	2308.34	1-,2-,3-			
		604.6 ¹ 1	≤17.8 ^ℓ	2280.83	(2)			
		1213.20 11	100 8	1672.34	$(1)^+$			
		2797.14 20	44 4	88.349	2 2 ⁺			I_{γ} : 72 13 in (γ, γ') deduced from R_{exp} .
		2885.55 22	74 6	0.0	0^{+}			
2905.67		303.55 15	32 3	2602.16	2-			
		434.85 10	08 /	2470.84	$(1.2.3)^+$			
		861.0 ^{<i>l</i>} 1	<58 ¹	2044.78	(1,2,5) (1^+)			
		981.0 <i>3</i>	71 27	1924.56	(2,3)-			
		2817.0 4	65 9 21 5	88.349	$2^+_{0^+}$			
2012 26	$(0)^{-}$	2905.74	51.5	0.0	0.			
2912.20	(0)	867.4 1	<0.37	2044.78	(1^{+})			
		962.74 ¹ 14	<1.19 ^l	1949.71	(-)			
		1190.22 10	100 8	1722.05	1-	M1 ^{<i>f</i>}		
		1239.86 ¹ 12	<2.50 ^l	1672.34	$(1)^{+}$			
		1268.78 10	29.3 23	1643.43	1-	$M1^{f}$		Measured E2+M1 multipolarity. Level scheme requires M1.
2020.26	1-	2823.6 4	1.19 24	88.349	2^+			
2920.20	1	1540.82 11	1.49 25 8.1 6	1722.03	2^{+}			
		1693.7 2	11.9 9	1226.63	2+			
		2832.0 2	100 8	88.349	2+	$E1^{f}$		
		2920.41 20	50 4	0.0	0^{+}	$E1^{f}$		
2921.03	1+,2+	318.8 3	2.5 5	2602.16				
		962.74° 14 1064.03-12	$\leq 12.0^{\prime}$ 19.3.24	1958.18 1856.00	$(2^{-})^{-}$			
		1579.9 2	63.6	1341.31	2+	M1+E2 f		
		1673.40 16	100 24	1247.70	2-			
2940.0	$1^{(+)}$	2851.6 ^C	37 [°] 6	88.349	2+			
		2940 ^c	1000	0.0	0^+			

L

	Adopted Levels, Gammas (continued)							
						γ (¹⁷⁶ Hf)	(continued	<u>)</u>
E_i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_f	J_f^π	Mult.	α^{i}	Comments
2944.17	2-	461.41 8	1.28 23	2482.87	(1)			
		4/3.21/	5.9.5	24/0.84	2			
		678 85 <i>8</i>	<1.10 4 4 4	2307.70	$(2)^{-}$	м1 <i>f</i>	0.0226	
		994.46^{l} 12	<1.17 ^l	1949.71	(2)	1411-	0.0220	
		1366.49 11	4.7 4	1577.61	(3+)			
		1630.83 10	38 <i>3</i>	1313.31	3-	$M1^{f}$		
		1696.55 <i>13</i>	100 8	1247.70	2-	$M1^{f}$		
2060 07	(2^{-})	2856.1 5	0.26 10	88.349	2^+ $1^- 2^- 3^-$			
2909.07	(2)	1011.1 3	93	1958.18	$1^{,2},3^{-}$			
		1115.0 ^m 9	<137 ^m	1853.96	$(3^+,\!4^+,\!5^+)$			I _{γ} : deduced by evaluator from I $\gamma(1115\gamma)/I\gamma(156.8\gamma)=0.85$ from the
								1404 level in ^{1/4} Yb(α ,2n γ), and I γ (1115 γ)=9.2 7 for the doublet
		1201 48 10	100.7	1767 52	2-3-			$\sin^{1/6} \ln \varepsilon$ decay.
		1258.75 11	52 7	1710.44	(3 ⁻)			
		1325.67 13	22 3	1643.43	1-			
2004.0	1(+)	1721.3 2005.6 ^C	62 ^C 11	1247.70	2 ⁻ 2 ⁺			
2994.0	1.	2905.0 2994 ^c	100 ^C	0.0	0^{+}			
3044.0	1 ⁽⁻⁾	2955.6 ^c	100 ^{<i>c</i>} 15	88.349	2+			
		3044 ^C	46 ^{<i>c</i>}	0.0	0^{+}			
3059.0	1	3059 [#]	100	0.0	0^{+}	h		
3080.2	15+	214.4 ^D	100	2865.8	14-	E1 ⁿ	0.0496	B(E1)(W.u.)=0.00010 + 5 - 7
3098.0	(1)	3098#	100	0.0	0^+			
3107.0	1(.)	3018.6° 3107 ^C	49° 8 100 ^C	88.349	2^{+} 0 ⁺			
3115.0	1(-)	3026.6 ^c	100° 12	88.349	0 2 ⁺			
		3115 ^c	56 ^C	0.0	0^{+}			
3159.0	$1^{(+)}$	3070.6 [°]	51 ^c 8	88.349	2^+			
2160 5	15-	3159°	100	0.0	0	ALL DON	0.14.6	
3160.5	15	294.7°	100	2865.8	14 0 ⁺	(M1+E2)**	0.14 0	
3200.0 3218.0	1	3200 3218 [#]	100	0.0	0+			
3222.0	$1^{(+)}$	3133.6 [°]	61° 17	88.349	2+			
	-	3222 ^c	100 ^C	0.0	0^{+}			
3232.0	$1^{(+)}$	3143.6 ^C	59 [°] 16	88.349	2+			

 $^{176}_{72}\mathrm{Hf}_{104}\text{--}19$

From ENSDF

 $^{176}_{72}\mathrm{Hf}_{104}\text{--}19$

$\gamma(^{176}\text{Hf})$ (continued)

E_i (level)	\mathbf{J}_i^{π}	E_{γ}^{\dagger}	I_{γ}^{\dagger}	E_f	\mathbf{J}_f^{π}	Mult.	α^{i}
3232.0	$1^{(+)}$	3232 ^c	100 ^C	0.0	0+		
3261.0	$1^{(+)}$	3172.6 ^C	71 [°] 8	88.349	2+		
		3261 ^c	100 ^C	0.0	0^{+}		
3266.2	16+	186.0 <mark>b</mark>	100	3080.2	15+	M1 ^h	0.708
3306.0	(1)	3306 [#]	100	0.0	0^{+}		
3307.7	(16 ⁺)	661.1 <mark>b</mark>	100	2646.6	(14^{+})	E2 ^h	0.0100
3322.0	1	3322 <mark>#</mark>	100	0.0	0^{+}		
3343.0	1	3254.6 [°]	100 ^C 20	88.349	2^{+}		
		3343 ^c	98 ^C	0.0	0^{+}		
3361.0	$1^{(-)}$	3272.6 ^C	100 ^C 16	88.349	2+		
		3361 ^c	54 ^C	0.0	0^{+}		
3372.0	$1^{(-)}$	3283.6 ^C	100 ^C 21	88.349	2+		
		3372 [°]	61 ^C	0.0	0^{+}		
3385.0	1	3296.6 ⁰	74 [°] 18	88.349	2+		
		3385 [°]	100 ^C	0.0	0^{+}		
3406.0	(1)	3406 [#]	100	0.0	0^{+}		
3438.0	1	3438 [#]	100	0.0	0^{+}		
3454.0	1	3454 [#]	100	0.0	0^{+}		
3467.4	16-	307.0 ^b		3160.5	15^{-}		
		601.6 ^b		2865.8	14-		
3485.0	1	3396.6 ⁰	100 ^C 22	88.349	2^{+}		
		3485 ^c	77 ^C	0.0	0^{+}		
3490.0	1	3490 [#]	100	0.0	0^{+}		
3519.0	(1)	3519 [#]	100	0.0	0^{+}		
3540.1	17^{+}	274.0 ^b	100	3266.2	16+	M1+E2 ^h	0.17 7
3550.0	$1^{(+)}$	3461.6 [°]	44 ^C 7	88.349	2^{+}		
		3550 ^c	100 ^C	0.0	0^{+}		
3580.0	(1)	3580 [#]	100	0.0	0^{+}		
3602.0	1	3513.6 ^c	71 ^C 18	88.349	2^{+}		
		3602 ^c	100 ^C	0.0	0^{+}		
3608.0	1	3608 [#]	100	0.0	0^{+}		
3627.0	$1^{(+)}$	3538.6 ^C	57 ^C 14	88.349	2+		
		3627 ^C	100 ^C	0.0	0^{+}		
3662.0	$1^{(+)}$	3573.6 ^c	30 [°] 6	88.349	2+		
		3662 ^c	100 ^C	0.0	0^{+}		
3671.0	$1^{(+)}$	3582.6 ^C	41 [°] 9	88.349	2+		

20

 $^{176}_{72}\mathrm{Hf}_{104}\text{--}20$

$\gamma(^{176}\text{Hf})$ (continued)

$ \begin{array}{c c} E_i(\text{level}) & J_i^{\pi} & E_{\gamma}^{\dagger} & I_{\gamma}^{\dagger} & E_f & J_f^{\pi} & \text{Mult.} \end{array} $	α^{i}
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	
3689.0 (1) $3689^{\#}$ 100 $0.0 0^+$	
3695.0 (2) $3695^{\#}$ 0.0 0^+	
3722.0 (1) $3722^{\#}$ 100 $0.0 0^{+}$	
3746.0 1 3657.6^{c} 78^{c} 21 88.349 2 ⁺	
3746° 100° 0.0 0^{+}	
$3767.0 1^{(+)} 3678.6^{c} 55^{c} 9 88.349 2^{+}$	
3767^{c} 100 ^c 0.0 0 ⁺	
3774.0 1 3774 [#] 100 0.0 0 ⁺	
$3787.1 17^{-} 319.7^{D} \qquad 3467.4 16^{-} (M1+E2)^{h} 0$).11 5
626.6 ^b 3160.5 15 ⁻	
$3805.0 1^{(+)} 3716.6^{c} 48^{c} 11 88.349 2^{+}$	
3805° 100° $0.0 0^{+}$	
$3816.0 1^{(+)} 3727.6^{c} 36^{c} 7 88.349 2^{+} \\ 28160 1000 0 0^{+} \\ 38160 0 0^{+} $	
3816° 100° 0.0 0 ⁺	
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	
3838.0 1 $3/49.6^{\circ}$ 100° 21 88.349 2° 3838° 66.6° 0.0 0 ⁺	
3844.0 (1) $3844^{\#}$ 100 0.0 0 ⁺	
$2847.4 10^{+} 207.2^{+} 2540.1 17^{+} (M1 + E2)^{-} h (M1 + E2)^{-} h $	126
5047.4 = 10 = 507.2 = 5340.1 = 17 (WI1+E2) = 0	0.15 0
381.2^{-} 3200.2 10	
3856.0 (1) $3856''$ 100 $0.00'$	
3916.0 (1) $3916''$ 100 0.0 0 ⁺	
4010.5 (18 ⁺) 702.8 ^b 100 3307.7 (16 ⁺) E2 ⁿ	
4120.3 18^{-} 333.2 ⁰ 3787.1 17^{-} (M1+E2) ^{<i>n</i>} 0	0.10 5
653.0 ⁰ 3467.4 16 ⁻	
4179.3 19^+ 331.8 ^{<i>b</i>} 3847.4 18^+ (M1+E2) ^{<i>h</i>} 0	0.10 5
639.2 ^b 3540.1 17 ⁺	
$4376.6 (19)^+ 529.1^b$ $3847.4 18^+ (M1)^h 0$	0.0429
836.5 ^b 3540.1 17 ⁺	
4466.6 (19 ⁻) 346.4^{b} 4120.3 18 ⁻	
679.7 ^{bn} 3787.1 17 ⁻	
$4532.2 20^+ 352.9^b 100 4179.3 19^+$	
a = a = b	0115

21



Legend

Level Scheme

Intensities: Relative photon branching from each level

 $--- \rightarrow \gamma$ Decay (Uncertain)



 $^{176}_{\ 72}{\rm Hf}_{104}$

Level Scheme (continued)

Intensities: Relative photon branching from each level



 $^{176}_{72}\mathrm{Hf}_{104}$

Level Scheme (continued)

Intensities: Relative photon branching from each level & Multiply placed: undivided intensity given @ Multiply placed: intensity suitably divided



¹⁷⁶₇₂Hf₁₀₄

Level Scheme (continued)

Intensities: Relative photon branching from each level & Multiply placed: undivided intensity given @ Multiply placed: intensity suitably divided



 $^{176}_{\ 72} {\rm Hf}_{104}$

Level Scheme (continued)

Intensities: Relative photon branching from each level & Multiply placed: undivided intensity given @ Multiply placed: intensity suitably divided





 $^{176}_{72}{\rm Hf}_{104}$





 $^{176}_{\ 72}{\rm Hf}_{104}$



¹⁷⁶₇₂Hf₁₀₄



 $^{176}_{72}{\rm Hf}_{104}$



¹⁷⁶₇₂Hf₁₀₄

Level Scheme (continued)

Intensities: Relative photon branching from each level & Multiply placed: undivided intensity given @ Multiply placed: intensity suitably divided



 $^{176}_{72}{\rm Hf}_{104}$



 $^{176}_{\ 72} {\rm Hf}_{104}$

band band Configura -ν5, (π9/2[51 (20	(): $\mathbf{K} = (0^{-})^{-}$:: Possible tion=(π 7/2[404] /2[512])- 4]- ν 7/2[514]) 05Gr21)
(2-)	2969.07
$\frac{1^{-}}{(0)^{-}}$	<u>2920.26</u> 2912.26

Band(I): $K^{\pi}=(1^+)$ band



Band(K): $K^{\pi}=6^+$ band





4826.4

4466.6

4120.3

3787.1

3467.4

3160.5

2865.8

653

Adopted Levels, Gammas (continued)





2827.0

13-







