

Adopted Levels, Gammas

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	Coral M. Baglin	NDS 111,1807 (2010)	15-Jun-2010

$Q(\beta^-)=2.93\times 10^3$ 3; $S(n)=5.85\times 10^3$ 3; $S(p)=7.42\times 10^3$ 7; $Q(\alpha)=-4.1\times 10^2$ 11 [2012Wa38](#)

Note: Current evaluation has used the following Q record 2930 30 5850 30 7420 70-4.1E2 10 [2003Au03,2009AuZZ](#).

 ^{168}Ho LevelsCross Reference (XREF) Flags

A ^{168}Dy β^- decay
B ^{168}Ho IT decay (132 s)

E(level) [†]	J ^π	T _{1/2}	XREF	Comments
0.0	3 ⁺	2.99 min 7	AB	$\% \beta^- = 100$ J ^π : log ft=5.45 to 2 ⁺ 821, log ft=6.9 to 4 ⁺ 995 in ^{168}Ho β^- decay. Suggested configuration: (π 7/2[523])-(ν 1/2[521]) (1973Ti02), based on systematics. T _{1/2} : weighted average of 3.3 min 5 (1960Wi10), 3.0 min 1 (1963Ka10), and 2.98 min 9 (1973Ka07).
≈59	(6 ⁺)	132 s 4	B	$\%IT \geq 99.5$; $\% \beta^- \leq 0.5$ $\% \beta^-$: limit consistent with apparent absence of β^- decay to low-lying 4 ⁺ and 6 ⁺ states in ^{168}Er (1990Ch37). J ^π : possible (M3) γ to 3 ⁺ g.s.; no β^- branch from 0 ⁺ . Suggested configuration: (π 7/2[523])+(ν 5/2[512]) (1990Ch37). T _{1/2} : from 1990Ch37 .
143.43 17	(1) ⁻	>4 μ s	A	J ^π : M2 144 γ to 3 ⁺ g.s.; γ from 1 ⁺ . T _{1/2} : estimate from intensity ratios in singles and coincidence spectra in ^{168}Dy β^- decay (1990Ch37).
187.17 22	1 ⁽⁻⁾		A	J ^π : log ft=6.0 (log f ^{1u} t<8.5) from 0 ⁺ .
192.57 20	1 ⁺	108 ns 11	A	J ^π : log ft=5.4 from 0 ⁺ ; E2 193 γ to 3 ⁺ . T _{1/2} : $\beta\gamma(t)$, $\gamma\gamma(t)$ in ^{168}Dy β^- decay (1990Ch37).
630.41 19	1 ⁺		A	J ^π : log ft=4.5 from 0 ⁺ ^{168}Dy ; γ to 3 ⁺ g.s.. Allowed unhindered β^- decay to level suggests presence of (π 5/2[532]) or (π 7/2[523]) in its configuration.

[†] From least-squares fit to E γ .

 $\gamma(^{168}\text{Ho})$

E _i (level)	J _i ^π	E γ [‡]	I γ ^{‡‡}	E _f	J _f ^π	Mult. [‡]	α [#]	Comments
≈59	(6 ⁺)	(≈59)	100	0.0	3 ⁺	(M3)	2.41×10 ³	B(M3)(W.u.)=0.090 12 E γ , I γ , Mult.: from ^{168}Ho IT decay (132 s). B(M2)(W.u.)<0.56
143.43	(1) ⁻	143.5 2	100	0.0	3 ⁺	M2	6.55	
187.17	1 ⁽⁻⁾	43.8 2	100	143.43	(1) ⁻	(M1)	4.64 9	
192.57	1 ⁺	192.5 2	100	0.0	3 ⁺	E2	0.277	B(E2)(W.u.)=0.28 3
630.41	1 ⁺	437.0 7	38 5	192.57	1 ⁺	[M1]	0.0456	
		443.3 2	69 5	187.17	1 ⁽⁻⁾	[E1]	0.00703	
		487.0 2	100 7	143.43	(1) ⁻	[E1]	0.00568	
		630.4 3	60 5	0.0	3 ⁺	[E2]	0.00888	

[‡] Relative photon branching from each level.

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued)

γ(¹⁶⁸Ho) (continued)

‡ From ¹⁶⁸Dy β⁻ decay, except as noted.
Total theoretical internal conversion coefficients, calculated using the BrIcc code (2008Ki07) with Frozen orbital approximation based on γ-ray energies, assigned multiplicities, and mixing ratios, unless otherwise specified.

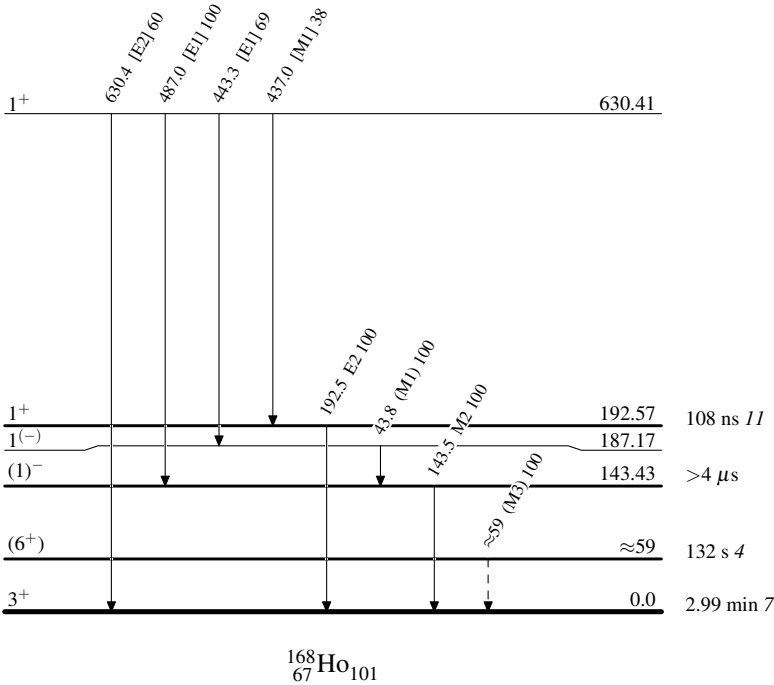
Adopted Levels, Gammas

Legend

Level Scheme

Intensities: Relative photon branching from each level

-----► γ Decay (Uncertain)



¹⁶⁸Ho₁₀₁