

^{164}Ho β^- decay (28.8 min) [1973KaZW](#), [1966Jo07](#), [1954Br96](#)

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	Balraj Singh and Jun Chen [#]		NDS 147, 1 (2018)	30-Nov-2017

Parent: ^{164}Ho : $E=0.0$; $J^\pi=1^+$; $T_{1/2}=28.8$ min 5; $Q(\beta^-)=961.4$ 14; $\% \beta^-$ decay=40 5

^{164}Ho - J^π , $T_{1/2}$: From ^{164}Ho Adopted Levels.

^{164}Ho - $Q(\beta^-)$: from [2017Wa10](#).

^{164}Ho - $\% \beta^-$ decay: $\% \beta^+ \% \epsilon=60$ 5, $\% \beta^-=40$ 5, from $I(\text{K x ray})$ and I_γ of [1973KaZW](#), $I(\text{ce})$ of [1966Jo07](#), and α values (for 73γ and 91γ); see earlier evaluation by [1974Bu30](#) for details.

$T_{1/2}$: [1972Ka19](#), [1972Dr04](#), [1966Jo07](#). Others: [1966Se07](#), [1961We02](#), [1954Ha19](#), [1954Br96](#), [1950Wi13](#), [1950Wa12](#), [1938Po05](#).

γ , K-x ray: [1973KaZW](#), [1972Dr04](#), [1968Da23](#), [1966Jo07](#). Others: [1972Ka19](#), [1971Pa02](#), [1966Se07](#), [1957Mi67](#), [1954Br96](#).

β^- , β^+ , $\beta\gamma$ coin: [1966Se07](#), [1954Br96](#). Others: [1966Jo07](#), [1950Wi13](#).

$I(\beta^+)/I(\beta^-)<5\times 10^{-4}$ ([1954Br96](#)).

$\beta\gamma(\text{t})$: [1968Se02](#), [1963Fo02](#), [1954Br96](#).

$\gamma\gamma$: [1973KaZW](#), [1966Se07](#), [1954Br96](#).

ce: [1966Jo07](#), [1957Mi67](#), [1954Br96](#).

$I(\epsilon)$ (73 level in ^{164}Dy)/ $I(\beta^-)$ to 91 level=1.49 11 (calculated by [1974Bu30](#) from data of [1973KaZW](#)).

X-ray and γ -ray intensities:

$I(\text{K}\alpha_1 \text{ x ray, Ho})=1000$ ([1973KaZW](#)), 655 ([1972Dr04](#)).

$I(\text{K}\alpha_1 \text{ x ray, Dy})=1280$ 25 ([1973KaZW](#)), 1356 ([1972Dr04](#)).

$I(\text{K}\alpha_1 \text{ x ray, Er})=76$ 2 ([1973KaZW](#)), 76 ([1972Dr04](#)).

$I(73\gamma \text{ in } ^{164}\text{Dy})=91$ 6 ([1973KaZW](#)), 81 ([1972Dr04](#)).

$I(91\gamma \text{ in } ^{164}\text{Er})=127$ 8, 103 ([1972Dr04](#)).

 ^{164}Er Levels

E(level) [†]	J^π [‡]	$T_{1/2}$	Comments
0.0	0^+		
91.39 3	2^+	1.47 ns 5	$T_{1/2}$: $\beta\gamma(\text{t})$. Weighted average of 1.4 ns 5 (1954Br96), 1.43 ns 5 (1963Fo02), 1.52 ns 6 (1968Se02). Other: 1963De21 .

[†] From E_γ data.

[‡] From Adopted Levels.

 β^- radiations

The decay scheme is complete from total energy absorbed=384 keV 38 (from RADLST code) as compared to $Q(\beta^-)\times\% \beta^-$ branching ratio=384 keV 48.

E(decay)	E(level)	$I\beta^-$ ^{†‡}	Log ft	Comments
(870.0 14)	91.39	12 2	5.7 1	av $E\beta=286.13$ 54 E(decay): 875 20 (1966Se07), ≈ 900 (1954Br96). $I\beta^-$: 60 20 (1966Se07).
(961.4 14)	0.0	28 5	5.5 1	av $E\beta=321.65$ 55 E(decay): 965 20 (1966Se07), 990 30 (1954Br96). $I\beta^-$: 100 (1966Se07).

[†] From $\% \beta^-=40$ 5 and $I(\beta^-)$ (to 91 level)/ $I(\beta^-)=0.31$ from $I(\text{ce})(91\gamma)/I(\beta^-)=25.1$ ([1966Jo07](#)) and $\alpha(91\gamma)=4.2$.

[‡] Absolute intensity per 100 decays.

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I_γ normalization: $I(\beta^-)$ to 91 level is deduced as 31% of total β^- decay from $I(\text{ce})(91\gamma)/I(\beta^-)=25.1$ ([1966Jo07](#)) and $\alpha(91\gamma)=4.15$.

E_γ	$I_\gamma^\dagger$	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult.	$\alpha^\ddagger$	Comments
91.39 3	100	91.39	2 ⁺	0.0	0 ⁺	E2	4.15	$\alpha(\text{K})=1.314$ 19; $\alpha(\text{L})=2.17$ 3; $\alpha(\text{M})=0.528$ 8 $\alpha(\text{N})=0.1194$ 17; $\alpha(\text{O})=0.01397$ 20; $\alpha(\text{P})=5.51\times 10^{-5}$ 8 E_γ : from Adopted Gammas. $\alpha(\text{K})_{\text{exp}}=1.31$ 11 (1968Bo37), $\alpha(\text{K})_{\text{exp}}=1.25$ 9 (1973KaZW). Measured $I(\text{ceK})=87$, $I(\text{ceL})=104$, $I(\text{ceM})=45$ (1966Jo07); these are intensities/1000 β^- decays. Total ce intensity=251/1000 β^- decays, including 0.33($I(\text{ceM})$ for shells higher than M. Using $\alpha=4.15$, corresponding $I_\gamma=60$, giving $I(\gamma+\text{ce})(91.4 \text{ transition})=311/1000$ β^- decays or 31.1% of total β^- decays. Note that 1966Jo07 deduce 26% from the same data, which seems incorrect.

[†] For absolute intensity per 100 decays, multiply by 0.023 3.

[‡] Total theoretical internal conversion coefficients, calculated using the BrIcc code ([2008Ki07](#)) with Frozen orbital approximation based on γ -ray energies, assigned multiplicities, and mixing ratios, unless otherwise specified.

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Intensities: $I(\gamma+\text{ce})$ per 100 parent decays

