

Adopted Levels, Gammas

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	C. W. Reich, Balraj Singh		NDS 111,1211 (2010)	12-Apr-2010

Q(β^-)=-1211 5; S(n)=8408 4; S(p)=5486.11 5; Q(α)=729.4 13 [2012Wa38](#)

Note: Current evaluation has used the following Q record \$ -1210 5 8408 3 5486.11 5 730.2 13 [2009AuZZ,2003Au03](#).

[Additional information 1](#).

Other reactions:

[1978HuZP](#): ²⁷Al(¹³⁶Xe,x) E=700 MeV. Measured <T_{1/2}> of the γ -ray continuum and deduced Q₀, B(E2)(W.u.), and β_2 .

[1984Ut01](#): ¹⁵⁹Tb(⁷Li,t) E=77 MeV. Studied ⁷Li breakup. Serber model.

[1980Wi10](#): ¹⁵⁹Tb(¹⁴N,¹⁰B) E=140 MeV. Measured particle- γ coin and σ .

[1996De17](#): ¹⁶²Dy(⁵⁸Ni,⁵⁷Co) E=240-273 MeV. Measured transfer probability.

[1976Go21](#), [1969Ke05](#), [1969Be59](#): ¹⁶⁵Ho(γ ,2n) E \leq 30 MeV. Measured σ in a study of giant resonances. [1984Wo04](#) analyzed the role of neutron multiplicity sorting on the results.

Structure calculations: [1992Bo45](#), [1977Sc22](#), [1973Wi02](#), [1972So12](#), [1972Ke09](#).

¹⁶³Ho Levels

Bands: see [1976Sc19](#) and [1972Fu09](#) for values of the parameters derived using least-squares adjustment procedures and including Coriolis and pairing effects.

Cross Reference (XREF) Flags

A	¹⁶³ Dy[+66] β^- decay (48 d)	E	¹⁶² Dy(p,p) IAR	I	¹⁶⁴ Er(pol t, α)
B	¹⁶³ Ho IT decay (1.09 s)	F	¹⁶² Dy(³ He,d)	J	¹⁶⁵ Ho(p,t)
C	¹⁶³ Er ϵ decay (75.0 min)	G	¹⁶² Dy(α ,t)		
D	¹⁶⁰ Gd(¹¹ B, α 4n γ)	H	¹⁶³ Dy(d,2n γ),(p,n γ)		

E(level)	J ^{π}	T _{1/2} [‡]	XREF	Comments
0.0 ^{&}	7/2 ⁻	4570 y 25	ABCD FGHIJ	$\% \epsilon = 100$ $\mu = 4.22 4$ (1989Al27,2005St24) $Q = 3.6 6$ (1989Al27,2005St24) T _{1/2} : ¹⁶³ Ho ⁶⁶⁺ ion is stable (1997KI06,1992Ju01). $\Delta \langle r^2 \rangle (\text{163Ho} - \text{165Ho}) = -0.117 \text{ fm}^2 6$ (1989Al27). From an evaluation of nuclear rms charge radii, 2004An14 report $\langle r^2 \rangle^{1/2} = 5.19 \text{ fm} 3$. E(level): population is uncertain in (³ He,d). J ^{π} , μ ,Q: resonance ionization spectroscopy (1989Al27). Spin also from hyperfine collinear laser spectroscopy (1988NeZZ). Parity: L(p,t)=0 from 7/2 ⁻ target. T _{1/2} : from 1983Ba32 (uncertainty=50 y at 95% confidence level; isotope-dilution mass spectrometry; four points; 0.35-0.6 y). Others: 4569 y 30 (1988Ka20 , isotope-dilution mass spectrometry); 7000 y 200 (1982An19 , based on a partial T _{1/2} =4.0 \times 10 ⁴ y 12 for M-capture Auger electrons and M x ray) and Q(ϵ)=2.3 10 (from ¹⁶³ Dy(d,t), ¹⁶² Dy(³ He,d)); 33 y 23 (1968Ho17); >1000 y (1960Na10).
100.03 [@] 6	9/2 ⁻		CD FGHIJ	E(level): population is uncertain in (³ He,d). J ^{π} : L=5 and Ay(θ) in (pol t, α).
222.22 ^{&} 7	11/2 ⁻		D FGHIJ	J ^{π} : L=5 and Ay(θ) in (pol t, α).
297.88 ^a 7	1/2 ⁺	1.09 s 3	BCD FGHi	$\%IT = 100$ J ^{π} : L(³ He,d)=0. T _{1/2} : from γ (t) (1967Ge09). Others: 1966Bo02 , 1957Ha12 .

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Adopted Levels, Gammas (continued)

^{163}Ho Levels (continued)

E(level)	J^π [†]	$T_{1/2}$ [‡]	XREF	Comments
307.64 ^a 8	3/2 ⁺		C FGHI	J^π : L(³ He,d)=2 and Ay(θ) in (pol t, α).
360.36 ^b 9	3/2 ⁺		C FGHI	J^π : L=2 and Ay(θ) in (pol t, α).
366.65 [@] 9	13/2 ⁻		D H J	J^π : $\Delta J=(2)$, E2 γ to 9/2 ⁻ ; γ to 11/2 ⁻ .
392.07 ^a 10	5/2 ⁺		C FGHI	J^π : L=2 and Ay(θ) in (pol t, α).
419?			F	
431.18 ^a 6	7/2 ⁺	0.37 ns 15	CD fgH	J^π : $\Delta J=(0)$, E1 γ to 7/2 ⁻ ; $\Delta J=1$ γ to 9/2 ⁻ ; $\Delta J=(2)$ γ to 3/2 ⁺ .
439.94 ^c 7	7/2 ⁺	0.35 ns 15	C fgHi	J^π : E1 γ to 7/2 ⁻ ; γ to 9/2 ⁻ ; L=2+4 and Ay(θ) in (pol t, α) for a 440 doublet.
440.51 ^b 8	5/2 ⁺		fgHi	J^π : L=2+4 and Ay(θ) in (pol t, α).
471.25 ^d 10	(1/2) ⁻	≤0.2 ns	FGH	J^π : L(³ He,d)=1, probable bandhead.
500.38 ^d 13	5/2 ⁻		CD FGHI	Uncertain in ϵ decay. J^π : L(³ He,d)=3 and $\Delta J=(1)$ γ to 3/2 ⁺ .
528.24 ^b 9	7/2 ⁺		FGHI	J^π : L=4 and Ay(θ) in (pol t, α).
531.79 ^{&} 10	(15/2) ⁻		D Hi J	J^π : $\Delta J=(2)$, (E2) γ to 11/2 ⁻ ; γ to 13/2 ⁻ .
552.05 ^c 8	(9/2) ⁺		C FGH	J^π : γ 's to 7/2 ⁻ and 9/2 ⁻ ; probable band assignment. Uncertain in ϵ decay.
560 ^k 3	(3/2) ⁻		J	J^π : L(p,t)=2 from 7/2 ⁻ , probable bandhead.
578.23 ^d 13	(3/2) ⁻		FGHI	XREF: I(587). J^π : L(³ He,d)=1; γ to 1/2 ⁺ .
587.56 ^a 7	(9/2) ⁺		FGH	J^π : probable band member.
594?			F	
612.80 ^d 10	9/2 ⁻	≤0.3 ns	D FGHI	J^π : L(³ He,d)=5; $\Delta J=1$ γ to 7/2 ⁺ .
614.29 ^k 9	(5/2) ⁻		C H J	J^π : L(p,t)=2 from 7/2 ⁻ ; log $ft=8.6$ from 5/2 ⁻ ; γ to 3/2 ⁺ . Level uncertain in (d,2n γ), (p,n γ).
652.06 ^a 8	(11/2) ⁺		D H	J^π : $\Delta J=(2)$ γ to 7/2 ⁺ ; γ to 9/2 ⁻ .
664.01 ^b 9	(9/2) ⁺		H	J^π : $\Delta J=1$ γ to 7/2 ⁺ ; $\Delta J=(2)$ γ to 5/2 ⁺ .
688.08 ^c 22	(11/2) ⁺		H	J^π : $\Delta J=1$ γ to 9/2 ⁻ , $\Delta J=(0)$ γ to 11/2 ⁻ .
695 ^k 3	(7/2) ⁻		J	
710 2	5/2 ⁺		FG I	J^π : L=2 and Ay(θ) in (pol t, α). configuration= $\pi 5/2[402]$.
719.56 [@] 11	(17/2) ⁻		D H J	J^π : $\Delta J=(2)$ γ to 13/2 ⁻ , γ to (15/2 ⁻).
746 ^d 2	(7/2) ⁻		FG	J^π : L(³ He,d)=3, band member.
795.44 ^b 13	(11/2) ⁺		H J	J^π : $\Delta J=(2)$ γ to 7/2 ⁺ , $\Delta J=1$ γ to (9/2 ⁺).
807 ^k 3	(9/2) ⁻		G J	
810.33 ^d 10	(13/2) ⁻		D H	J^π : $\Delta J=1$ γ to (11/2 ⁺); γ to 9/2 ⁻ .
844.69 ^c 23	(13/2) ⁺		H	J^π : $\Delta J=1$ γ to 11/2 ⁻ ; γ to 13/2 ⁻ .
876.00 ^e 9	5/2 ⁺		C FGHI	Level uncertain in (d,2n γ), (p,n γ). J^π : L=2 and Ay(θ) in (pol t, α).
881.92 ^a 13	(13/2) ⁺		H	J^π : γ to (9/2 ⁺).
924.43 ^{&} 12	(19/2) ⁻		D H	J^π : $\Delta J=(2)$ E2 γ to (15/2 ⁻); γ to 17/2 ⁻ .
926 ^k 3	(11/2) ⁻		J	
964.76 ^a 11	(15/2) ⁺		D H	J^π : $\Delta J=(2)$ γ to (11/2 ⁺); $\Delta J=1$ γ to (13/2 ⁻).
971 ^e 4	7/2 ⁺		G I	J^π : L=4 and Ay(θ) in (pol t, α).
978.96 ^b 13	(13/2) ⁺		H	J^π : $\Delta J=(2)$ γ to (9/2 ⁺); γ to (11/2 ⁺).
990 5			FG	J^π : L=(4) from $\sigma(^3\text{He,d})/\sigma(\alpha,t)$ suggests (7/2 ⁺ ,9/2 ⁺).
1025.6 ^c 4	(15/2) ⁺		H	J^π : γ to 13/2 ⁻ .
1060 3			G J	
1075 ^k 3	(13/2) ⁻		J	
1089 ^e 4	9/2 ⁺		I	J^π : L=4 and Ay(θ) in (pol t, α).

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Adopted Levels, Gammas (continued)

<u>¹⁶³Ho Levels (continued)</u>					
E(level)	J ^π †	T _{1/2} ‡	XREF	Comments	
1092.80 ^d 14	(17/2 ⁻)		D H	J ^π : ΔJ=(2) γ to (13/2 ⁻).	
1113.57 ^h 22	5/2 ⁻		C Ij	J ^π : L=3 and Ay(θ) in (pol t,α).	
1114 2	(3/2) ⁺		FG j	J ^π : L(³ He,d)=2. Possible K-2 γ-vibration built on π7/2[404], from syst of odd-A Ho.	
1154.00 [@] 13	(21/2 ⁻)		D H j	J ^π : γ's to (17/2 ⁻) and (19/2 ⁻).	
1154.65 ^{?b} 22	(15/2 ⁺)		H j	J ^π : possible γ's to (11/2 ⁺) and (13/2 ⁺).	
1192 ^h 3	7/2 ⁻		IJ	J ^π : L=3 and Ay(θ) in (pol t,α).	
1220.1 ^{?c} 3	(17/2 ⁺)		H	J ^π : possible γ to (15/2 ⁻).	
1230 4			FG IJ	J ^π : L=(2,3) from σ(³ He,d)/σ(α,t) suggests (3/2 ⁺ ,5/2,7/2 ⁻).	
1259 ^k 5	(15/2 ⁻)		J		
1266.3 ^{?a} 4	(17/2 ⁺)		H	J ^π : possible γ to (13/2 ⁺).	
1293 ^h 4	9/2 ⁻		G IJ	J ^π : L=5 and Ay(θ) in (pol t,α).	
1328 2	1/2 ⁺		FG	J ^π : L(³ He,d)=0. Possible K-2 γ-vibration built on π5/2[402].	
1363.8 ^a 4	(19/2 ⁺)		D H	J ^π : γ to (15/2 ⁺).	
1372 5	7/2 ⁻		F J	J ^π : L(p,t)=0.	
1394.2 ^{&} 13	(23/2 ⁻)		D H	J ^π : possible γ's to (19/2 ⁻) and (21/2 ⁻).	
1400 ^h 4	11/2 ⁻		G I	XREF: G(1393). J ^π : L=5 and Ay(θ) in (pol t,α).	
1439 ⁱ 4	11/2 ⁻		FG IJ	J ^π : L=5 and Ay(θ) in (pol t,α).	
1457.7 ^d 4	(21/2 ⁻)		D H	J ^π : γ to (17/2 ⁻).	
1505.2 ^f	(17/2 ⁺)	≥15 ns	D	T _{1/2} : see the comment in the heavy-ion data set. J ^π : value deduced from the configuration assignment by 2004Ho19 (in ¹⁶⁰ Gd(¹¹ B,α4nγ)), assuming that this situation is similar to that in the isotone, ¹⁶⁵ Tm.	
1516 5			F J		
1554 5			FG		
1627.8 ^g	(19/2 ⁺)		D		
1635 ^j 4	(1/2 ⁺)		FG I	J ^π : L=(0) in (pol t,α).	
1663.2 [@]	(25/2 ⁻)		D		
1666 5			FG		
1685 5			F		
1709 5			F		
1733 ^j 4	5/2 ⁺ ,(3/2 ⁺)		F I	XREF: F(1743). E(level): from (pol t,α). Possible doublet. J ^π : L=2 and Ay(θ) in (pol t,α).	
1767.8 ^f	(21/2 ⁺)		D		
1837.4 ^a	(23/2 ⁺)		D		
1900.8 ^d	(25/2 ⁻)		D		
1924.9 ^g	(23/2 ⁺)		D		
1932.3 ^{&}	(27/2 ⁻)		D		
2098.9 ^f	(25/2 ⁺)		D		
2238.1 [@]	(29/2 ⁻)		D		
2289.2 ^g	(27/2 ⁺)		D		
2377.9 ^a	(27/2 ⁺)		D		
2416.3 ^d	(29/2 ⁻)		D		
2496.0 ^f	(29/2 ⁺)		D		
2528.4 ^{&}	(31/2 ⁻)		D		
2718.4 ^g	(31/2 ⁺)		D		

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Adopted Levels, Gammas (continued)

^{163}Ho Levels (continued)

E(level)	$J^{\pi\dagger}$	$T_{1/2}^{\ddagger}$	XREF	Comments
2858.9 [@]	(33/2 ⁻)		D	
2956.1 ^f	(33/2 ⁺)		D	
2963.9 ^a	(31/2 ⁺)		D	
2998.7 ^d	(33/2 ⁻)		D	
3138.9 ^{&}	(35/2 ⁻)		D	
3209.3 ^g	(35/2 ⁺)		D	
3475.1 ^h	(37/2 ⁺)		D	
3642.1 ^d	(37/2 ⁻)		D	
4342.9 ^d	(41/2 ⁻)		D	
10373	(1/2 ⁻) [#]	<130 keV	E	$\Gamma_p < 6$ keV E(parent)=350.
10460	(3/2 ⁻) [#]	87 keV 60	E	$\Gamma_p = 2.2$ keV 12 E(parent)=437.
10540	(7/2 ⁻) [#]	<250 keV	E	$\Gamma_p < 2$ keV E(parent)=517.
10579	(7/2 ⁻) [#]	116 keV	E	$\Gamma_p < 1.8$ keV E(parent)=556.
10824	(7/2 ⁻) [#]	115 keV 53	E	$\Gamma_p = 2.7$ keV 10 E(parent)=801.
10840	(3/2 ⁻) [#]	138 keV 78	E	$\Gamma_p = 3.5$ keV 14 E(parent)=817 30.
10972	(7/2 ⁻) [#]	115 keV	E	$\Gamma_p < 1.7$ keV E(parent)=949.
11222	(1/2 ⁻) [#]	111 keV 46	E	$\Gamma_p = 4.1$ keV 12 E(parent)=1199.

[†] In addition to the arguments given with individual levels, the following are also used: γ -deexcitation pattern, membership in a band, and systematics of odd-A Ho isotopes.

[‡] From $\gamma\gamma(t)$ in (p,n γ), except as noted.

[#] From L-transfer and excitation function in (p,p).

[@] Band(A): $\pi 7/2[523]$ band, $\alpha = +1/2$. A=11.12, B=-0.313 eV.

[&] Band(a): $\pi 7/2[523]$ band, $\alpha = -1/2$. See the comment on the $\alpha = +1/2$ branch of this band.

^a Band(B): $\pi 1/2[411]$ band. The rotational-band formula does not provide a good description of this band. (One fit gives A=9.14 keV, B=117 eV, a=-0.70.) This situation is likely due to strong Coriolis coupling with other nearby N=4 orbitals.

^b Band(C): $\pi 3/2[411]$ band. The rotational-band formula does not provide a good description of this band. (One fit gives A=18.4 keV, B=-291 eV.) This situation is likely due to strong Coriolis coupling with other nearby N=4 orbitals.

^c Band(D): $\pi 7/2[404]$ band (?). A=12.53, B=-4.52 eV.

^d Band(E): $\pi 1/2[541]$ band. A=9.99, B=90 eV, a=+2.57.

^e Band(F): $\pi 5/2[413]$ band. A=13.2, B=3.0 eV.

^f Band(G): $\pi 7/2[523] \otimes \nu 5/2[642] \otimes \nu 5/2[523]$, $K^\pi = 17/2^+$. $\alpha = +1/2$.

^g Band(g): $\pi 7/2[523] \otimes \nu 5/2[642] \otimes \nu 5/2[523]$, $K^\pi = 17/2^+$, $\alpha = -1/2$.

^h Band(H): $\pi 5/2[532]$ band. A=11.2, A₅=-0.00248.

ⁱ Band(I): $\pi 9/2[514]$ band (?).

^j Band(J): $\pi 1/2[420]$ band (?).

^k Band(K): K-2 γ vibrational band. built on the $\pi 7/2[523]$ g.s. (?).

Adopted Levels, Gammas (continued)

$\gamma(^{163}\text{Ho})$								
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult.	$\alpha^\#$	Comments
100.03	9/2 ⁻	100.04 10	100	0.0	7/2 ⁻			
222.22	11/2 ⁻	122.14 10	100	100.03	9/2 ⁻			
		222.27 10	15	0.0	7/2 ⁻			
297.88	1/2 ⁺	297.88 10	100	0.0	7/2 ⁻	E3	0.287	B(E3)(W.u.)=0.00264 8 E _γ : From ¹⁶³ Dy(d,2n γ). Mult.: from α (K)exp in IT decay.
307.64	3/2 ⁺	(9.8)		297.88	1/2 ⁺	[M1]	98.3	Transition expected from systematics of 1/2[411] band.
360.36	3/2 ⁺	52.74 10	≈125	307.64	3/2 ⁺			
		62.48 10	100 29	297.88	1/2 ⁺			
366.65	13/2 ⁻	144.41 10	100 5	222.22	11/2 ⁻			
		266.62 10	31 5	100.03	9/2 ⁻	E2	0.0961	Mult.: from α (K)exp in (d,2n γ).
392.07	5/2 ⁺	84.45 10	100	307.64	3/2 ⁺			
431.18	7/2 ⁺	123.52 10	13.0 20	307.64	3/2 ⁺	[E2]	1.298	B(E2)(W.u.)=9.E+1 4
		331.12 10	15.0 23	100.03	9/2 ⁻	[E1]	0.01401	B(E1)(W.u.)=1.7×10 ⁻⁶ 9
		431.16 10	100 5	0.0	7/2 ⁻	E1	0.00749	B(E1)(W.u.)=5.2×10 ⁻⁶ 22 Mult.: from α (K)exp in (d,2n γ). $\Delta K=3$ forbidden transition is due to band mixing.
439.94	7/2 ⁺	339.95 10	12.1 4	100.03	9/2 ⁻	[E1]	0.01314	B(E1)(W.u.)=1.8×10 ⁻⁶ 8
		439.94 10	100 2	0.0	7/2 ⁻	E1	0.00715	I _γ : from ϵ decay. B(E1)(W.u.)=7.E-6 3 Mult.: α (K)exp in (d,2n γ).
440.51	5/2 ⁺	80.16 10	100 30	360.36	3/2 ⁺			
		142.62 10	27 8	297.88	1/2 ⁺			
471.25	(1/2) ⁻	163.61 10	100 30	307.64	3/2 ⁺	[E1]	0.0854	B(E1)(W.u.)>0.00015
		173.38 10	58 17	297.88	1/2 ⁺	[E1]	0.0732	B(E1)(W.u.)>7.4×10 ⁻⁵
500.38	5/2 ⁻	192.74 10	100	307.64	3/2 ⁺			
528.24	7/2 ⁺	87.71 10	97 30	440.51	5/2 ⁺			
		97.03 10	100 30	431.18	7/2 ⁺			
		136.17 10	75 23	392.07	5/2 ⁺			
531.79	(15/2 ⁻)	165.14 10	100 5	366.65	13/2 ⁻			
		309.58 10	59 3	222.22	11/2 ⁻	(E2)	0.0607	Mult.: $\gamma(\theta)$ in (d,2n γ) and adopted ΔJ^π .
552.05	(9/2 ⁺)	452.00 10	100 15	100.03	9/2 ⁻			
		552.07@ 10	80@ 24	0.0	7/2 ⁻			
578.23	(3/2) ⁻	280.35 10	100	297.88	1/2 ⁺			
587.56	(9/2 ⁺)	59.25& 10	71 21	528.24	7/2 ⁺			
		195.53& 10	100 30	392.07	5/2 ⁺			
612.80	9/2 ⁻	112.4& 3	≤1.4	500.38	5/2 ⁻	[E2]	1.83 4	B(E2)(W.u.)>13
		181.59 10	100 15	431.18	7/2 ⁺	[E1]	0.0648	B(E1)(W.u.)>0.00012
614.29	(5/2) ⁻	253.9‡ 2	11‡ 2	360.36	3/2 ⁺			
		614.3‡ 1	100‡ 4	0.0	7/2 ⁻			
652.06	(11/2 ⁺)	220.85 10	100 5	431.18	7/2 ⁺			
		552.07@ 10	20@ 6	100.03	9/2 ⁻			E _γ : γ not reported by 2004Ho19 in the heavy-ion study.
664.01	(9/2 ⁺)	135.72 10	48 14	528.24	7/2 ⁺			
		223.54 10	100 15	440.51	5/2 ⁺			
		232.86 10	40 12	431.18	7/2 ⁺			
688.08	(11/2 ⁺)	465.9 3	55 17	222.22	11/2 ⁻			
		588.0 3	100 30	100.03	9/2 ⁻			
719.56	(17/2 ⁻)	187.76 10	100 15	531.79	(15/2 ⁻)			
		352.90 10	71 11	366.65	13/2 ⁻			
795.44	(11/2 ⁺)	131.44 10	55 17	664.01	(9/2 ⁺)			

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Adopted Levels, Gammas (continued)

$\gamma(^{163}\text{Ho})$ (continued)								
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult.	$\alpha^\#$	Comments
795.44	(11/2 ⁺)	267.20 10	100 30	528.24	7/2 ⁺			
810.33	(13/2 ⁻)	158.27 10	100 15	652.06	(11/2 ⁺)			
		197.51 10	51 15	612.80	9/2 ⁻			
844.69	(13/2 ⁺)	478.0 3	≈25	366.65	13/2 ⁻			
		622.5 3	100 30	222.22	11/2 ⁻			
876.00	5/2 ⁺	436.1 [‡] 1	100 [‡] 2	439.94	7/2 ⁺			
		444.8 [‡] 2	3.2 [‡] 4	431.18	7/2 ⁺			
		484.0 [‡] 3	1.0 [‡] 2	392.07	5/2 ⁺			
		568.4 [‡] 2	3.0 [‡] 3	307.64	3/2 ⁺			
		578.1 [‡] 2	4.7 [‡] 4	297.88	1/2 ⁺			
		875.8 [‡] 2	24.2 [‡] 12	0.0	7/2 ⁻			
881.92?	(13/2 ⁺)	294.37 ^{&} 10	100	587.56	(9/2 ⁺)			
924.43	(19/2 ⁻)	204.87 10	100 15	719.56	(17/2 ⁻)			
		392.65 10	88 13	531.79	(15/2 ⁻)	E2	0.0303	Mult.: $\alpha(\text{K})\text{exp}$ in (d,2n γ).
964.76	(15/2 ⁺)	154.40 10	15 5	810.33	(13/2 ⁻)			
		312.73 10	100 15	652.06	(11/2 ⁺)			
978.96	(13/2 ⁺)	183.5 ^{&} 3	≤9	795.44	(11/2 ⁺)			
		314.96 10	100 15	664.01	(9/2 ⁺)			
		326.8 3	29 9	652.06	(11/2 ⁺)			
1025.6	(15/2 ⁺)	658.9 3	100	366.65	13/2 ⁻			
1092.80	(17/2 ⁻)	127.4		964.76	(15/2 ⁺)			E_γ : from 2004Ho19 (heavy-ion data set). γ not reported in (d,2n γ).
		282.48 10		810.33	(13/2 ⁻)			
1113.57	5/2 ⁻	1013.6 3	1.8 2	100.03	9/2 ⁻			
		1113.5 3	100 3	0.0	7/2 ⁻			
1154.00	(21/2 ⁻)	229.57 10	97 30	924.43	(19/2 ⁻)			
		434.45 10	100 30	719.56	(17/2 ⁻)			
1154.65?	(15/2 ⁺)	175.7 ^{&} 3	33 10	978.96	(13/2 ⁺)			
		359.2 ^{&} 3	100 30	795.44	(11/2 ⁺)			
1220.1?	(17/2 ⁺)	688.3 ^{&} 3	100	531.79	(15/2 ⁻)			
1266.3?	(17/2 ⁺)	384.4 ^{&} 3	100	881.92?	(13/2 ⁺)			
1363.8	(19/2 ⁺)	399.0 3	100	964.76	(15/2 ⁺)			
1394.2	(23/2 ⁻)	239.6 ^{&} 3	50 15	1154.00	(21/2 ⁻)			
		469.0 ^{&} 3	100 30	924.43	(19/2 ⁻)			
1457.7	(21/2 ⁻)	364.9 3	100	1092.80	(17/2 ⁻)			
1505.2	(17/2 ⁺)	973.1	100	531.79	(15/2 ⁻)			
1627.8	(19/2 ⁺)	122.2	100	1505.2	(17/2 ⁺)			
1663.2	(25/2 ⁻)	269.2		1394.2	(23/2 ⁻)			
		509.2		1154.00	(21/2 ⁻)			
1767.8	(21/2 ⁺)	140.0	100	1627.8	(19/2 ⁺)			
1837.4	(23/2 ⁺)	473.6	100	1363.8	(19/2 ⁺)			
1900.8	(25/2 ⁻)	443.1	100	1457.7	(21/2 ⁻)			
1924.9	(23/2 ⁺)	156.9		1767.8	(21/2 ⁺)			
		296.8		1627.8	(19/2 ⁺)			
		771.2		1154.00	(21/2 ⁻)			
1932.3	(27/2 ⁻)	269.2		1663.2	(25/2 ⁻)			
		537.9		1394.2	(23/2 ⁻)			
2098.9	(25/2 ⁺)	173.9		1924.9	(23/2 ⁺)			
		331.2		1767.8	(21/2 ⁺)			
2238.1	(29/2 ⁻)	306.0		1932.3	(27/2 ⁻)			
		574.9		1663.2	(25/2 ⁻)			

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) $\gamma(^{163}\text{Ho})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π
2289.2	(27/2 ⁺)	190.5		2098.9	(25/2 ⁺)	2956.1	(33/2 ⁺)	237.8		2718.4	(31/2 ⁺)
		364.3		1924.9	(23/2 ⁺)			459.8		2496.0	(29/2 ⁺)
2377.9	(27/2 ⁺)	540.5	100	1837.4	(23/2 ⁺)	2963.9	(31/2 ⁺)	586	100	2377.9	(27/2 ⁺)
2416.3	(29/2 ⁻)	515.5	100	1900.8	(25/2 ⁻)	2998.7	(33/2 ⁻)	582.4	100	2416.3	(29/2 ⁻)
2496.0	(29/2 ⁺)	206.6		2289.2	(27/2 ⁺)	3138.9	(35/2 ⁻)	610.5	100	2528.4	(31/2 ⁻)
		397.1		2098.9	(25/2 ⁺)	3209.3	(35/2 ⁺)	253.0		2956.1	(33/2 ⁺)
2528.4	(31/2 ⁻)	290.6		2238.1	(29/2 ⁻)			491.2		2718.4	(31/2 ⁺)
		595.9		1932.3	(27/2 ⁻)	3475.1?	(37/2 ⁺)	266.0&		3209.3	(35/2 ⁺)
2718.4	(31/2 ⁺)	222.4		2496.0	(29/2 ⁺)			519&		2956.1	(33/2 ⁺)
		429.4		2289.2	(27/2 ⁺)	3642.1	(37/2 ⁻)	643.4	100	2998.7	(33/2 ⁻)
2858.9	(33/2 ⁻)	330.6		2528.4	(31/2 ⁻)	4342.9	(41/2 ⁻)	700.8	100	3642.1	(37/2 ⁻)
		620.8		2238.1	(29/2 ⁻)						

† From (d,2n γ), (p,n γ), unless not seen or population uncertain in this reaction.

‡ From ϵ decay.

Total theoretical internal conversion coefficients, calculated using the BrIcc code (2008Ki07) with Frozen orbital approximation based on γ -ray energies, assigned multiplicities, and mixing ratios, unless otherwise specified.

@ Multiply placed with intensity suitably divided.

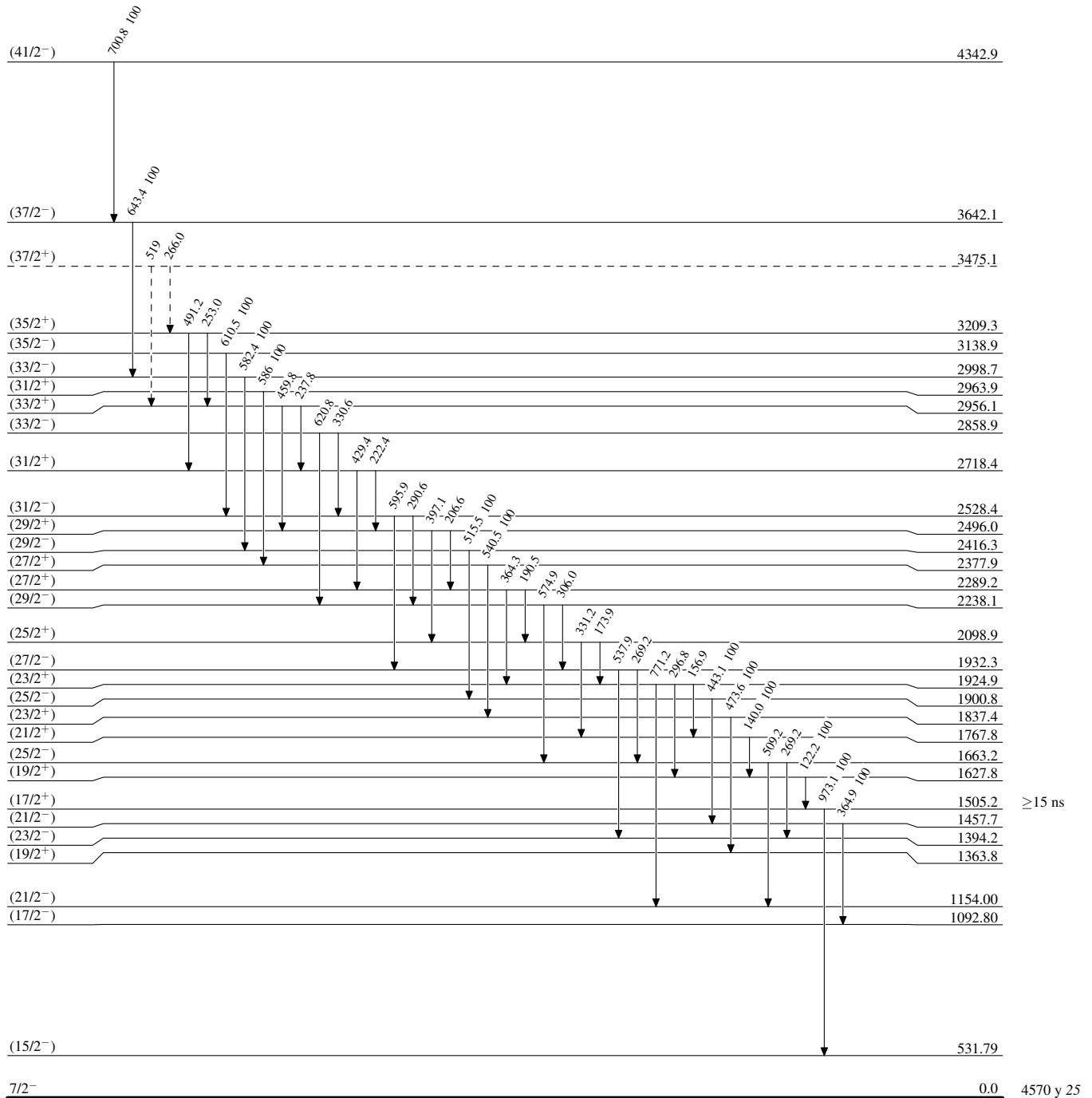
& Placement of transition in the level scheme is uncertain.

Adopted Levels, Gammas

Legend

Level Scheme

Intensities: Relative photon branching from each level

-----▶ γ Decay (Uncertain) $^{163}_{67}\text{Ho}_{96}$

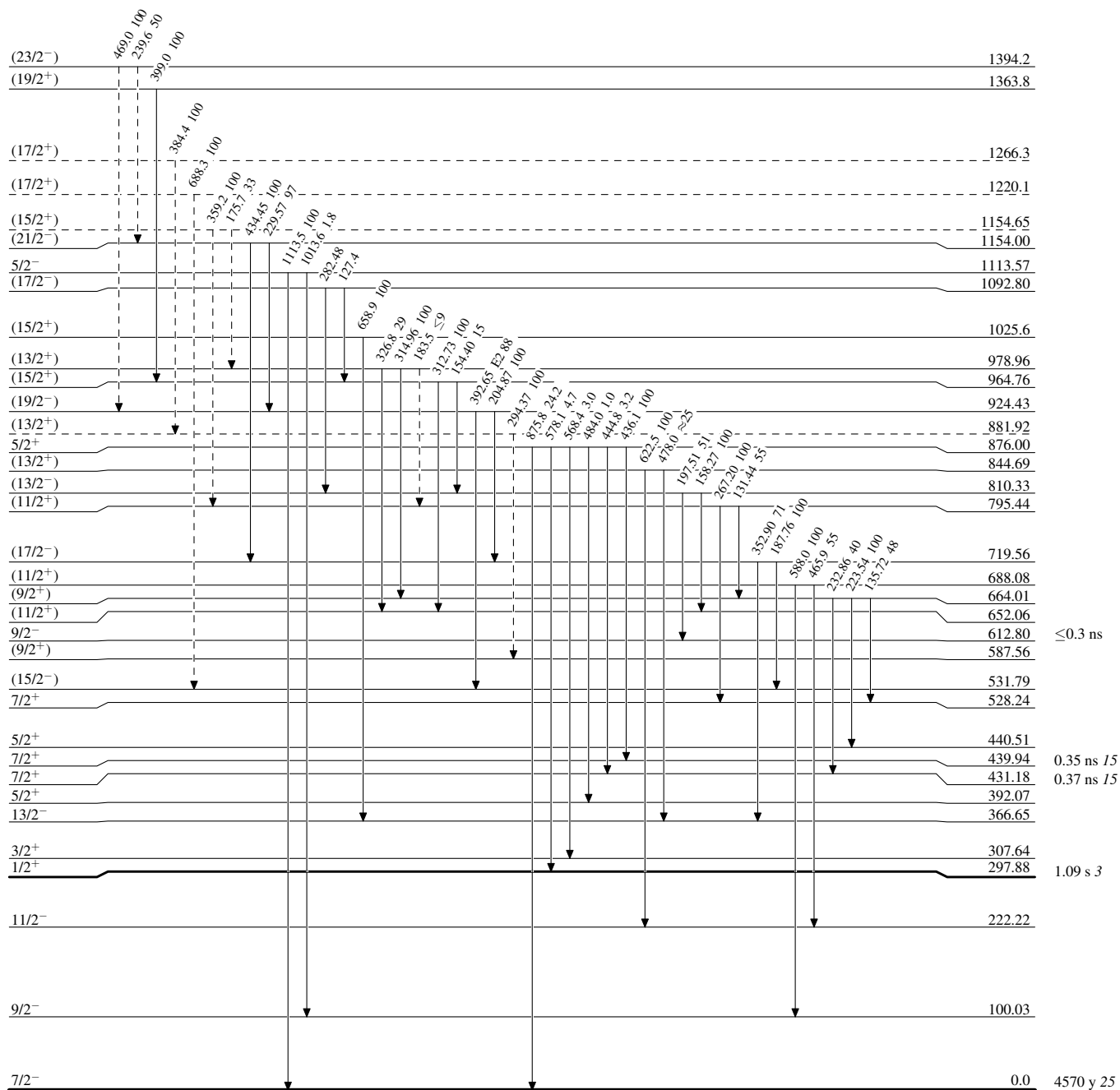
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Relative photon branching from each level

-----▶ γ Decay (Uncertain)



$^{163}_{67}\text{Ho}_{96}$

Adopted Levels, Gammas

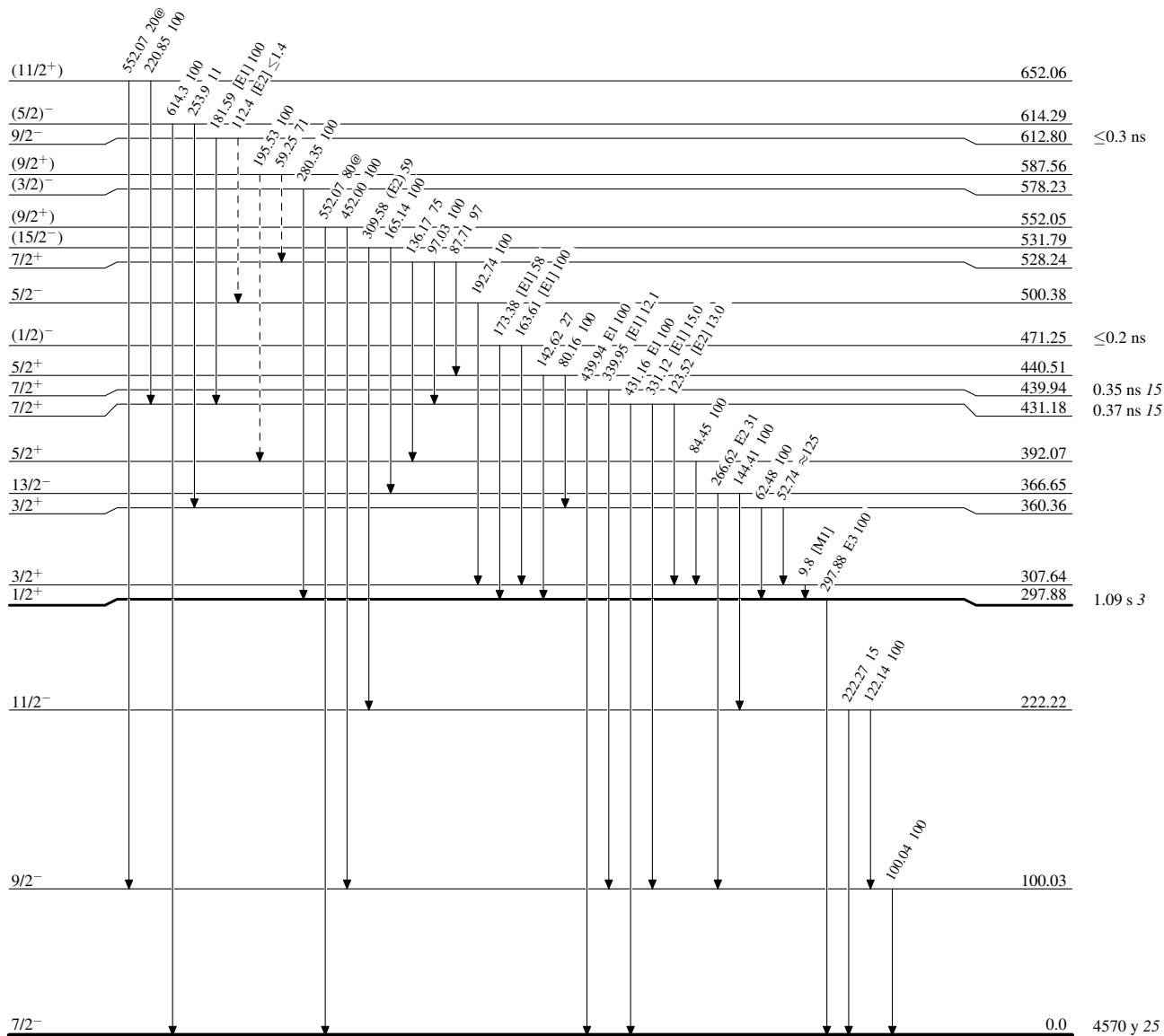
Legend

Level Scheme (continued)

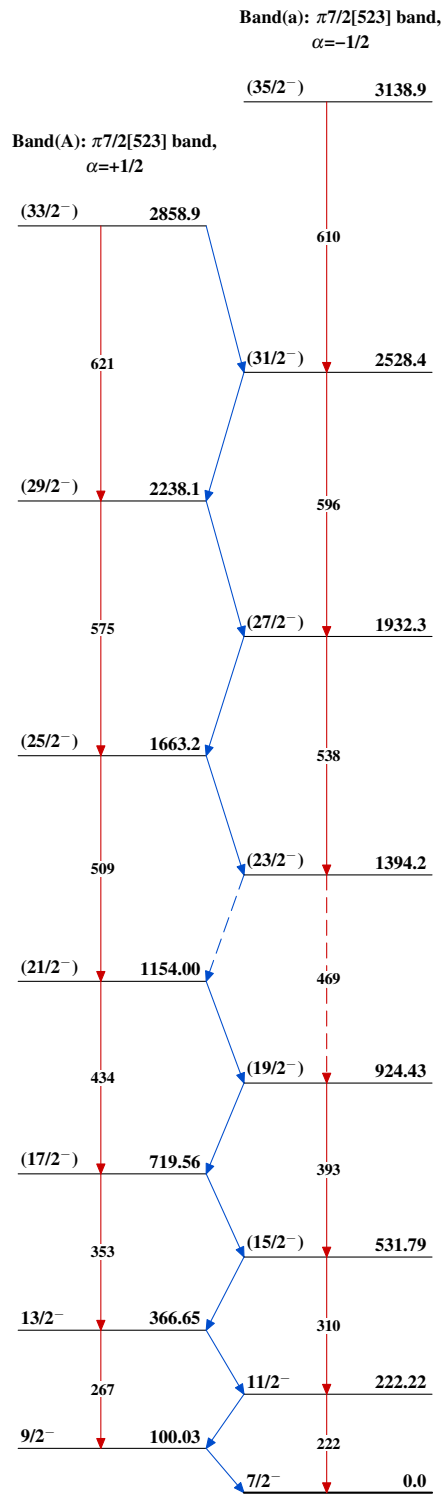
Intensities: Relative photon branching from each level

@ Multiply placed: intensity suitably divided

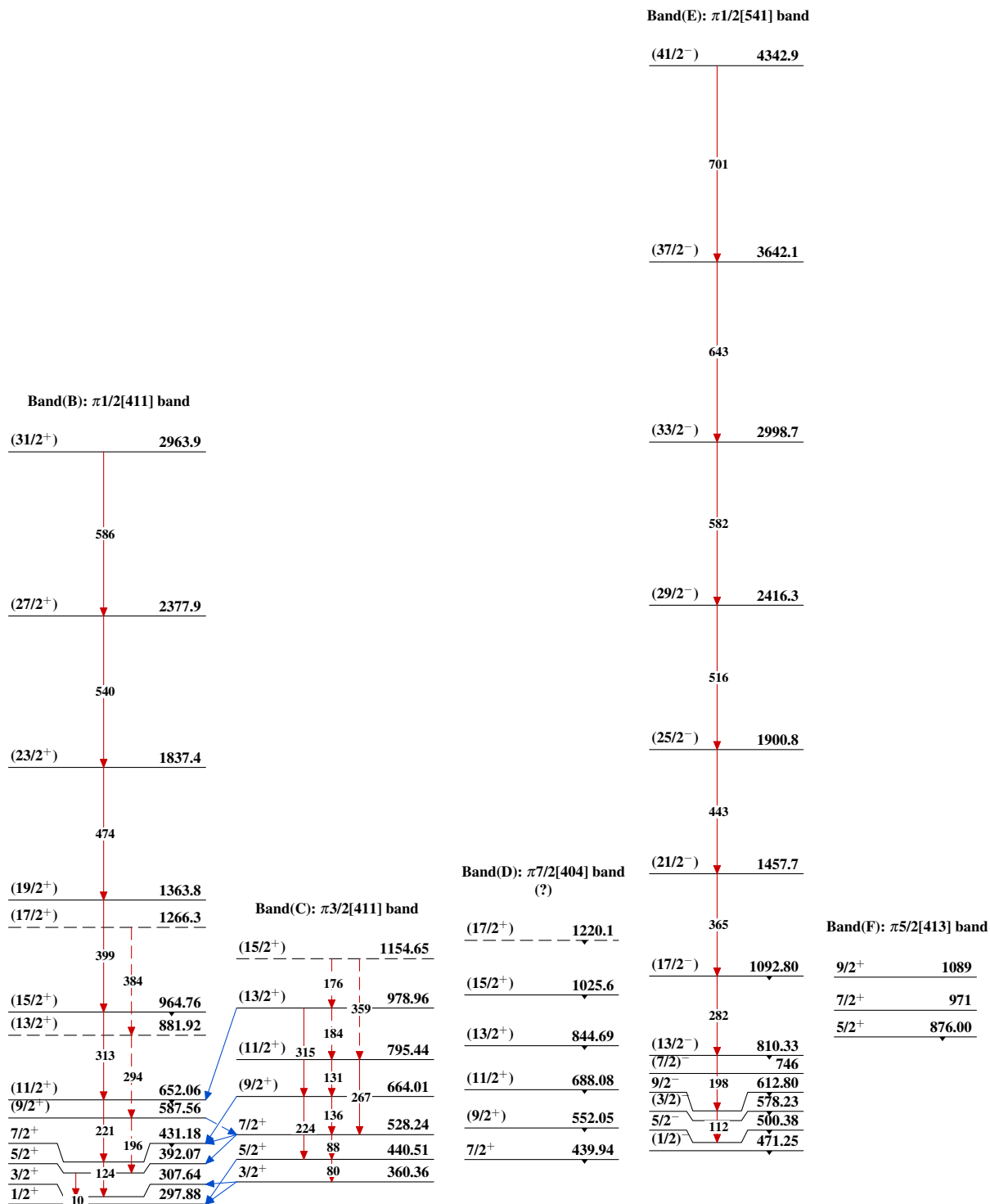
-----▶ γ Decay (Uncertain)



$^{163}_{67}\text{Ho}_{96}$

Adopted Levels, Gammas $^{163}_{67}\text{Ho}_{96}$

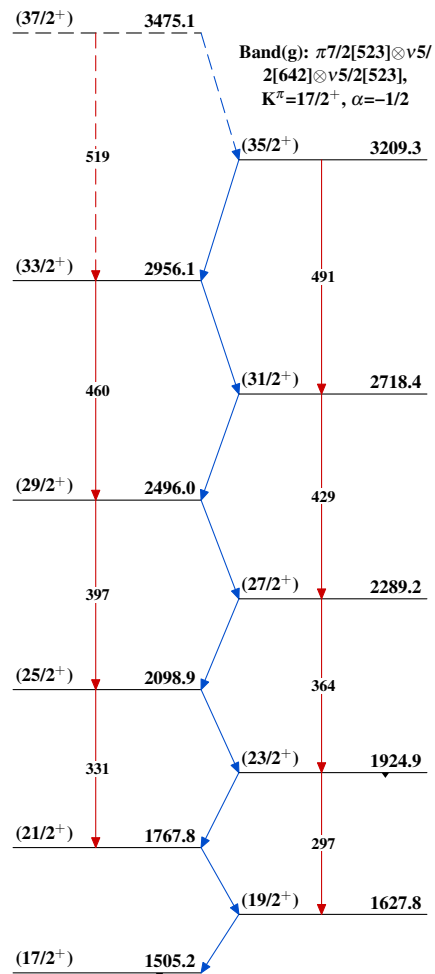
Adopted Levels, Gammas (continued)



$^{163}_{67}\text{Ho}_{96}$

Adopted Levels, Gammas (continued)

Band(G): $\pi 7/2[523] \otimes v5/2[642] \otimes v5/2[523]$,
 $K^\pi = 17/2^+$



Band(H): $\pi 5/2[532]$ band

11/2 ⁻	1400
9/2 ⁻	1293
7/2 ⁻	1192
5/2 ⁻	1113.57

Band(I): $\pi 9/2[514]$ band (?)

11/2 ⁻	1439
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Band(J): $\pi 1/2[420]$ band (?)

5/2 ⁺ , (3/2 ⁺)	1733
(1/2 ⁺)	1635

Band(K): K-2 γ vibrational band

(15/2 ⁻)	1259
(13/2 ⁻)	1075
(11/2 ⁻)	926
(9/2 ⁻)	807
(7/2 ⁻)	695
(5/2 ⁻)	614.29
(3/2 ⁻)	560