

^{161}Ho IT decay (6.76 s) [1966Bo02](#)

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	C. W. Reich	NDS 112,2497 (2011)	1-Jun-2011

Parent: ^{161}Ho : E=211.15 3; $J^\pi=1/2^+$; $T_{1/2}=6.76$ s 7; %IT decay=100.0

[Additional information 1.](#)

 ^{161}Ho Levels

E(level)	J^π [†]	$T_{1/2}$ [†]
0.0	$7/2^-$	2.48 h 5
211.15 3	$1/2^+$	6.76 s 7

[†] From ^{161}Ho Adopted Levels.

 $\gamma(^{161}\text{Ho})$

I γ normalization: calculated to give 100% decay from isomer.

E_γ	I_γ [†]	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult.	$\alpha^\ddagger$	Comments
211.15 3	100	211.15	$1/2^+$	0.0	$7/2^-$	E3	1.218	$\alpha(\text{K})=0.454$ 7; $\alpha(\text{L})=0.583$ 9; $\alpha(\text{M})=0.1442$ 2I; $\alpha(\text{N}+..)=0.0367$ 6 $\alpha(\text{N})=0.0327$ 5; $\alpha(\text{O})=0.00394$ 6; $\alpha(\text{P})=2.55\times 10^{-5}$ 4 Mult.: from ^{161}Ho Adopted Gammas.

[†] For absolute intensity per 100 decays, multiply by 0.455 8.

[‡] Total theoretical internal conversion coefficients, calculated using the BrIcc code ([2008Ki07](#)) with Frozen orbital approximation based on γ -ray energies, assigned multipolarities, and mixing ratios, unless otherwise specified.

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Decay SchemeIntensities: $I_{(\gamma+ce)}$ per 100 parent decays

%IT=100.0

