

Adopted Levels, Gammas

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	N. Nica	NDS 141, 1 (2017)	1-Feb-2017

$Q(\beta^-) = -8.8 \times 10^2$ 4; $S(n) = 7.43 \times 10^3$ 4; $S(p) = 4.05 \times 10^3$ 3; $Q(\alpha) = 1.54 \times 10^3$ 5 [2017Wa10](#)

$Q(\varepsilon) = 4.22 \times 10^3$ 3; $S(2n) = 1.685 \times 10^4$ 4; $S(2p) = 1.067 \times 10^4$ 3 [2017Wa10](#)

[Additional information 1.](#)

 ^{158}Ho LevelsCross Reference (XREF) Flags

- A** ^{158}Er ε decay
B ^{158}Ho IT decay (28 min)
C $^{159}\text{Tb}(\alpha, 5n\gamma)$, $^{160}\text{Dy}(p, 3n\gamma)$
D $^{152}\text{Sm}(^{11}\text{B}, 5n\gamma)$, $^{150}\text{Nd}(^{14}\text{N}, 6n\gamma)$

E(level) [†]	J ^π [‡]	T _{1/2}	XREF	Comments
0.0 [@]	5 ⁺	11.3 min 4	ABCD	$\% \varepsilon + \% \beta^+ = 100$ $\mu = +3.77$ 3; $Q = +4.2$ 4 J^π: J measured by atomic-beam magnetic resonance (1969Ek01) and laser spectroscopy (1988NeZZ). π from E3 γ from 2⁻; $\pi, 7/2[523]$ is assigned to all odd-A Ho ground states (A=157 to 169) and $\nu, 3/2[521]$ to the ground states of the N=91 nuclides ^{155}Gd, ^{157}Dy, ^{159}Er, and ^{161}Yb (1990Ja11). The 2⁺ state resulting from the other coupling of these two states is reported at 74 keV. T_{1/2}: Weighted average of 11.5 m 5 (1962Sc10) and 10.9 m 6 (1965St08). μ, Q: Both from 1989Al27, and 2014StZZ compilation (μ), and 2016St14 evaluation (Q); measured by laser resonance ionization spectroscopy (data published in 1989Al27 as $\mu = 3.76$ 3 and $Q = 4.1$ 4). Evaluated RMS charge radius: $\langle r^2 \rangle^{1/2} = 5.1571$ fm 3/6 (2013An02). $\Delta \langle r^2 \rangle (^{158}\text{Ho} - ^{165}\text{Ho}) = 0.454$ fm² 4 from table in 1989Al27, and by subtraction of entries $\Delta \langle r^2 \rangle (^{156}\text{Ho} - ^{158}\text{Ho}) = 0.389$ fm² 5, $\Delta \langle r^2 \rangle (^{157}\text{Ho} - ^{158}\text{Ho}) = 0.036$ fm² 5, and $\Delta \langle r^2 \rangle (^{158}\text{Ho} - ^{160}\text{Ho}) = 0.091$ fm² 5.
67.20 1	2 ⁻	28 min 2	ABC	$\% \varepsilon + \% \beta^+ < 19$; $\% \text{IT} > 81$ $\mu = +2.44$ 3; $Q = +1.66$ 17 $\% \varepsilon + \% \beta^+$: From $I_{\gamma+\text{ce}}$ (feeding 67 level) - $I_{\gamma+\text{ce}}(67)$, assuming $I_{\gamma}(67)$ was measured at equilibrium in ^{158}Er ε decay. J^π: J measured by atomic-beam magnetic resonance (1969Ek01) and laser spectrometry (1988NeZZ). π from E1 γ from 2⁺ level. Probable configuration (($\pi, 7/2[404]$)($\nu, 3/2[521]$)) (1986So02). T_{1/2}: Average of 27 m 2 (1960Dn01) and 29 m 2 (1962Sc10); others: ≈ 30 m (1961Ba32), 30 m 5 (1961Bo24), and 27 m (1965St08). μ, Q: Both from 1989Al27, and 2014StZZ compilation (μ), and 2016St14 evaluation (Q); measured by laser resonance ionization spectroscopy (data published in 1989Al27 as $\mu = 2.43$ 3 and $Q = 1.62$ 17). $\Delta \langle r^2 \rangle (^{158}\text{Ho}(2^-) - ^{158}\text{Ho}(5^+)) = +0.158$ fm² 5 from subtraction of entries in 1989Al27.
74.897 11	2 ⁺	60 ns 10	A	J^π: From M1 γ from 1⁺ level and missing population in ε decay from 0⁺ parent. T_{1/2}: From ^{150}Ho ε decay, 2005KaZY, with uncertainty adjusted by V.G. Kalinnikov, priv. comm., 2010.
91.595 12	1 ⁻ , 2 ⁻ , 3 ⁻	140 ns 25	A	J^π: From M1 γ to 2⁻ level. T_{1/2}: From 2005KaZY in ^{150}Ho ε decay.
102.8 [@]	(6 ⁺)		D	
125.62 5	(2 ⁺) [#]		A	J ^π : (M1, E2) γ from 1 ⁺ and no ε feeding from 0 ⁺ ^{158}Er parent.
137.099 25	(2 ⁻) [#]		A	J ^π : E1 γ from 1 ⁺ and no ε feeding from 0 ⁺ ^{158}Er parent.

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Adopted Levels, Gammas (continued) ^{158}Ho Levels (continued)

E(level) [†]	J ^π [‡]	T _{1/2}	XREF	Comments
146.801 11	1 ⁺	1.85 ns 10	A	J ^π : From log ft = 4.8 for ε decay from 0 ⁺ ^{158}Er used to eliminate 2 ⁺ or 3 ⁺ possibilities. T _{1/2} : From ^{158}Er ε+β+ decay (1978Sc10,1977AnZG); other: 1.7 ns 2 (1973BuZT).
156.9 1	(5 ⁻)	29 ns 3	C	J ^π : From γ to 5 ⁺ level and expected presence of other pairing of Nilsson states involved in 2 ⁻ level at 67 keV. Probable configuration is ((π,7/2[404])(ν,3/2[521])) (1986So02). Other possibility is 6 ⁻ discussed in in-beam study (1976Ri09). T _{1/2} : From in-beam study (1976Ri09).
180 CA	(9 ⁺)	21.3 min 23	D	%ε+%β ⁺ ≥93; %IT≤7 E(level): From calculation of 1986So02. J ^π : From log ft=4.5 for ε+β+ decay to (8 ⁺) level in ^{158}Dy (although the log ft value is not very reliable its low value is compatible with this assignment) and expected presence of configuration of ((π,7/2[523])(ν,11/2[505])). T _{1/2} : From IT decay (1974Al30); others: 19.5 m (1970ScZO) and 21 m 2 (1975Al13). %IT: The single-particle estimate of half-life for an E4 γ to 5 ⁺ ground state is 325 min, which corresponds to 7% IT decay, so the unobserved IT decay should be less than this value.
190.243 15	0 ⁺ ,1 ⁺ ,2 ⁺		A	J ^π : From M1+E2 γ to 1 ⁺ level and (E2) γ to 2 ⁺ .
207.7 ^c	(8 ⁻)		D	
225.0 [@]	(7 ⁺)		D	
227.8 ^a 1	(6 ⁻)		C	J ^π : From γ to (5 ⁻) level and assumed band structure in $^{159}\text{Tb}(\alpha,5n)$ and $^{160}\text{Dy}(p,3n)$ (1976Ri09).
240.75 4	0 ⁺ ,1 ⁺		A	J ^π : From M1 γ to 1 ⁺ level and log ft=6.2 from 0 ⁺ ^{158}Er .
255.034 18	(3 ⁺) [#]		A	J ^π : γ's from, and to, 1 ⁺ levels respectively, and no ε feeding from 0 ⁺ ^{158}Er parent; no γ feeding from upper 0 ⁺ levels makes 2 ⁺ less likely.
278.5 ^c	(9 ⁻)		D	
279.2 ^b	(7 ⁺)		D	
328.4 ^a 2	(7 ⁻)		C	
359.3 ^b	(8 ⁺)		D	
368.0 [@]	(8 ⁺)		D	
379.0 ^c	(10 ⁻)		D	
385.708 19	1 ⁺		A	J ^π : From M1 γ's to 1 ⁺ and 2 ⁺ levels and log ft=5.6 from 0 ⁺ ^{158}Er .
395.186 18	0,1		A	J ^π : Conflict on parity since have E1 γ to 1 ⁺ level and M1,E2 γ to 0 ⁺ , 1 ⁺ , 2 ⁺ level. Spin determined from log ft=5.7 from 0 ⁺ ^{158}Er .
398.13? 5	0 ⁺ ,1 ⁺ ,2 ⁺		A	J ^π : From M1+E2 γ to 0 ⁺ ,1 ⁺ ,2 ⁺ level and log ft=7.2 from 0 ⁺ ^{158}Er .
405. ^{&}	(10 ⁺)		D	
433.168 21	1 ⁺		A	J ^π : From M1 γ to 1 ⁺ level and log ft=5.6 from 0 ⁺ ^{158}Er .
443.5 ^a 2	(8 ⁻)		C	
454.4 ^b	(9 ⁺)		D	
461.698 22	1 ⁺		A	J ^π : From M1 γ's to 1 ⁺ and 2 ⁺ levels and log ft=5.2 from 0 ⁺ ^{158}Er .
493.9 ^c	(11 ⁻)		D	
531.5 [@]	(9 ⁺)		D	
582.2 ^b	(10 ⁺)		D	
602.8 ^a 2	(9 ⁻)		C	
652. ^{&}	(11 ⁺)		D	
653.2 ^c	(12 ⁻)		D	
662.69 4	0 ⁺ ,1 ⁺		A	J ^π : From M1 γ's to 1 ⁺ levels and log ft=5.2 from 0 ⁺ ^{158}Er .
715.8 [@]	(10 ⁺)		D	
735.7 ^b	(11 ⁺)		D	

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Adopted Levels, Gammas (continued) ^{158}Ho Levels (continued)

E(level) [†]	J $\pi^{\ddagger}$	XREF	Comments
768.9 ^a 2	(10 ⁻)	C	
810.88 8	(1 ⁺) [#]	A	J π : log ft =4.4 in ε from 0 ⁺ ^{158}Er parent.
819.2 ^c	(13 ⁻)	D	
917.2 [@]	(11 ⁺)	D	
918. ^{&}	(12 ⁺)	D	
918.7 ^b	(12 ⁺)	D	
982.7 ^a 3	(11 ⁻)	C	
1032.5 ^c	(14 ⁻)	D	
1111.4 [@]	(12 ⁺)	D	
1120.0 ^b	(13 ⁺)	D	
1200. ^{&}	(13 ⁺)	D	
1204.6 ^a 3	(12 ⁻)	C	
1254.7 ^c	(15 ⁻)	D	
1349.3 ^b	(14 ⁺)	D	
1362.0 [@]	(13 ⁺)	D	
1460.5 ^a 3	(13 ⁻)	C	
1497. ^{&}	(14 ⁺)	D	
1510.2 ^c	(16 ⁻)	D	
1557.2 [@]	(14 ⁺)	D	
1590.1 ^b	(15 ⁺)	D	
1737.9 ^a 3	(14 ⁻)	C	
1788.2 ^c	(17 ⁻)	D	
1806. ^{&}	(15 ⁺)	D	
1859.9 ^b	(16 ⁺)	D	
1868.3 [@]	(15 ⁺)	D	
2013.7 [@]	(16 ⁺)	D	
2024.3 ^a 4	(15 ⁻)	C	
2074.2 ^c	(18 ⁻)	D	
2121.8 ^{&}	(16 ⁺)	D	
2132.3 ^b	(17 ⁺)	D	
2354.9 ^a 4	(16 ⁻)	C	
2404.1 ^c	(19 ⁻)	D	
2431.2 ^b	(18 ⁺)	D	
2433.8 [@]	(17 ⁺)	D	
2444. ^{&}	(17 ⁺)	D	
2710.9 ^c	(20 ⁻)	D	
2728.5 ^b	(19 ⁺)	D	
2765. ^{&}	(18 ⁺)	D	
3051.6 ^b	(20 ⁺)	D	
3085.7 ^c	(21 ⁻)	D	
3366. ^b	(21 ⁺)	D	
3405.0 ^c	(22 ⁻)	D	
3688. ^b	(22 ⁺)	D	
3813.1 ^c	(23 ⁻)	D	
4001. ^b	(23 ⁺)	D	
4143.4 ^c	(24 ⁻)	D	
4339. ^b	(24 ⁺)	D	

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Adopted Levels, Gammas (continued) ^{158}Ho Levels (continued)

<u>E(level)[†]</u>	<u>J^π[‡]</u>	<u>XREF</u>	<u>E(level)[†]</u>	<u>J^π[‡]</u>	<u>XREF</u>	<u>E(level)[†]</u>	<u>J^π[‡]</u>	<u>XREF</u>	<u>E(level)[†]</u>	<u>J^π[‡]</u>	<u>XREF</u>
4574. ^c	(25 ⁻)	D	6342. ^b	(29 ⁺)	D	8525. ^c	(34 ⁻)	D	10631. ^b	(38 ⁺)	D
4693. ^b	(25 ⁺)	D	6604. ^c	(30 ⁻)	D	8618. ^b	(34 ⁺)	D	11163. ^b	(39 ⁺)	D
4917. ^c	(26 ⁻)	D	6792. ^b	(30 ⁺)	D	9101. ^b	(35 ⁺)	D	11673. ^c	(40 ⁻)	D
5079. ^b	(26 ⁺)	D	7132. ^c	(31 ⁻)	D	9168. ^c	(35 ⁻)	D	11712. ^b	(40 ⁺)	D
5370. ^c	(27 ⁻)	D	7235. ^b	(31 ⁺)	D	9565. ^c	(36 ⁻)	D	12266. ^b	(41 ⁺)	D
5476. ^b	(27 ⁺)	D	7535. ^c	(32 ⁻)	D	9599. ^b	(36 ⁺)	D	12766. ^c	(42 ⁻)	D
5734. ^c	(28 ⁻)	D	7685. ^b	(32 ⁺)	D	10107. ^b	(37 ⁺)	D	12845. ^b	(42 ⁺)	D
5903. ^b	(28 ⁺)	D	8115. ^c	(33 ⁻)	D	10286. ^c	(37 ⁻)	D	13422. ^b	(43 ⁺)	D
6219. ^c	(29 ⁻)	D	8144. ^b	(33 ⁺)	D	10628. ^c	(38 ⁻)	D			

[†] From least-squares fits to γ energies in the individual decay or reaction. There are major discrepancies between the γ -ray energies in the ^{158}Er ε decay compared to the assigned uncertainties, e.g., as large as 0.2 keV vs 0.01 keV.

[‡] The assignments for the high-spin levels from the $^{152}\text{Sm}(^{11}\text{B},5n\gamma)$ and $^{150}\text{Nd}(^{14}\text{N},6n\gamma)$ reactions are based on the usual systematics of increasing γ energy and decreasing intensity with increasing excitation energy and the band structures. Specific arguments are given for the levels observed in other decay modes.

Postulated by V.G. Kalinnikov, priv. comm., 2010 in ^{158}Er ε decay dataset. Specific arguments are given in comments.

@ Band(A): $K^\pi=5^+$ ground-state band, $\pi 7/2[523]$ $\nu 3/2[521]$.

& Band(B): $K^\pi=9^+$ $\pi 7/2[523]$ $\nu 11/2[505]$ band.

^a Band(C): $K^\pi=(6^-)$ band, A=7.15, B=0.0015.

^b Band(D): $K^\pi=5^+$ $\pi 7/2[404]$ $\nu 3/2[651]$ band.

^c Band(E): $K^\pi=5^-$ $\pi 7/2[523]$ $\nu 3/3[651]$ band.

Adopted Levels, Gammas (continued)

$\gamma(^{158}\text{Ho})$

For unplaced γ 's see the ¹⁵⁸Er ε decay.

$E_i(\text{level})$	J_i^π	E_γ	I_γ	E_f	J_f^π	Mult. [†]	$\delta^{\ddagger a}$	$\alpha^\&$	Comments
67.20	2 ⁻	67.200 10	100	0.0	5 ⁺	E3		477	B(E3)(W.u.)=0.000149 19 $\alpha(\text{K})=3.85$ 6; $\alpha(\text{L})=356$ 5; $\alpha(\text{M})=93.1$ 13 $\alpha(\text{N})=21.1$ 3; $\alpha(\text{O})=2.41$ 4; $\alpha(\text{P})=0.001608$ 23 $\alpha(\text{M})=11.56$ 17 $\alpha(\text{N})=2.38$ 4; $\alpha(\text{O})=0.193$ 3; $\alpha(\text{P})=0.00327$ 5 B(E1)(W.u.)=0.00056 10 B(M1)(W.u.)=0.00031 6; B(E2)(W.u.)=1.3 5 $\alpha(\text{L})=26.6$ 19; $\alpha(\text{M})=6.0$ 5 $\alpha(\text{N})=1.38$ 10; $\alpha(\text{O})=0.190$ 12; $\alpha(\text{P})=0.00847$ 12
74.897	2 ⁺	7.697 4	100	67.20	2 ⁻	E1		14.14	$\alpha(\text{L})=18$ 16; $\alpha(\text{M})=4.3$ 38 $\alpha(\text{N})=0.97$ 85; $\alpha(\text{O})=0.114$ 97; $\alpha(\text{P})=5.9\times 10^{-4}$ 40 $\alpha(\text{L})=30$ 27; $\alpha(\text{M})=7.3$ 66 $\alpha(\text{N})=1.6$ 15; $\alpha(\text{O})=0.19$ 17; $\alpha(\text{P})=8.0\times 10^{-4}$ 56 $\alpha(\text{K})=4.2$ 20; $\alpha(\text{L})=4.0$ 31; $\alpha(\text{M})=0.96$ 76 $\alpha(\text{N})=0.22$ 17; $\alpha(\text{O})=0.026$ 20; $\alpha(\text{P})=2.4\times 10^{-4}$ 15 B(M1)(W.u.)=0.0041 7; B(E2)(W.u.)=1.9 9 $\alpha(\text{K})=5.65$ 8; $\alpha(\text{L})=0.873$ 18; $\alpha(\text{M})=0.193$ 4 $\alpha(\text{N})=0.0448$ 9; $\alpha(\text{O})=0.00647$ 12; $\alpha(\text{P})=0.000352$ 5 B(E1)(W.u.)= 2.8×10^{-7} 5 $\alpha(\text{K})=0.479$ 7; $\alpha(\text{L})=0.0785$ 11; $\alpha(\text{M})=0.01734$ 25 $\alpha(\text{N})=0.00394$ 6; $\alpha(\text{O})=0.000523$ 8; $\alpha(\text{P})=2.12\times 10^{-5}$ 3 B(E1)(W.u.)= 1.89×10^{-6} 20 $\alpha(\text{K})=0.0801$ 12; $\alpha(\text{L})=0.01197$ 17; $\alpha(\text{M})=0.00263$ 4 $\alpha(\text{N})=0.000603$ 9; $\alpha(\text{O})=8.34\times 10^{-5}$ 12; $\alpha(\text{P})=3.89\times 10^{-6}$ 6 $\alpha(\text{L})=3.89$ 20; $\alpha(\text{M})=0.86$ 5 $\alpha(\text{N})=0.200$ 11; $\alpha(\text{O})=0.0287$ 13; $\alpha(\text{P})=0.001542$ 22 $\alpha(\text{K})=0.765$ 11; $\alpha(\text{L})=0.688$ 10; $\alpha(\text{M})=0.1656$ 24 $\alpha(\text{N})=0.0374$ 6; $\alpha(\text{O})=0.00447$ 7; $\alpha(\text{P})=3.21\times 10^{-5}$ 5
91.595	1 ⁻ ,2 ⁻ ,3 ⁻	24.395 6	100	67.20	2 ⁻	M1+E2	0.071 10	34.2 25	
102.8	(6 ⁺)	102.7		0.0	5 ⁺				
125.62	(2 ⁺)	50.7 1	100	74.897	2 ⁺	[M1,E2]		23 21	
137.099	(2 ⁻)	45.4 1	≈100	91.595	1 ⁻ ,2 ⁻ ,3 ⁻	[M1,E2]		39 36	
		69.91 3	24 5	67.20	2 ⁻	[M1,E2]		9.4 21	
146.801	1 ⁺	71.903 2	100 11	74.897	2 ⁺	M1+E2	0.068 15	6.77	
		79.603 10	0.89 10	67.20	2 ⁻	[E1]		0.580	
156.9	(5 ⁻)	156.9 1	100	0.0	5 ⁺	[E1]		0.0954	
190.243	0 ⁺ ,1 ⁺ ,2 ⁺	43.43 2	100 10	146.801	1 ⁺	M1+E2	0.050 23	5.0 3	
		115.40 2	38 3	74.897	2 ⁺	(E2)		1.661	
225.0	(7 ⁺)	121.8		102.8	(6 ⁺)				
		224.9		0.0	5 ⁺				
227.8	(6 ⁻)	70.9 1	100	156.9	(5 ⁻)				
240.75	0 ⁺ ,1 ⁺	50.68 4	100 13	190.243	0 ⁺ ,1 ⁺ ,2 ⁺	M1+E2	0.21 +5-3	4.7 9	$\alpha(\text{L})=3.7$ 7; $\alpha(\text{M})=0.84$ 16 $\alpha(\text{N})=0.19$ 4; $\alpha(\text{O})=0.026$ 4; $\alpha(\text{P})=0.000948$ 22 $\alpha(\text{K})=1.96$ 69; $\alpha(\text{L})=1.09$ 70; $\alpha(\text{M})=0.26$ 18 $\alpha(\text{N})=0.059$ 39; $\alpha(\text{O})=0.0072$ 43; $\alpha(\text{P})=1.09\times 10^{-4}$ 56 $\alpha(\text{K})=5.0$ 27; $\alpha(\text{L})=5.6$ 45; $\alpha(\text{M})=1.4$ 11 $\alpha(\text{N})=0.30$ 25; $\alpha(\text{O})=0.036$ 28; $\alpha(\text{P})=3.0\times 10^{-4}$ 18
		93.68 5	78 7	146.801	1 ⁺	[M1,E2]		3.38 24	
255.034	(3 ⁺)	64.89@ 1	25 8	190.243	0 ⁺ ,1 ⁺ ,2 ⁺	[M1,E2]		12.3 32	

Adopted Levels, Gammas (continued) $\gamma(^{158}\text{Ho})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ	I_γ	E_f	J_f^π	Mult. [†]	$\alpha^\&$	Comments
255.034	(3 ⁺)	107.48 @ 3	100 16	146.801	1 ⁺	[E2]	2.16	$\alpha(\text{K})=0.920$ 13; $\alpha(\text{L})=0.950$ 14; $\alpha(\text{M})=0.229$ 4 $\alpha(\text{N})=0.0516$ 8; $\alpha(\text{O})=0.00616$ 9; $\alpha(\text{P})=3.83\times 10^{-5}$ 6
278.5	(9 ⁻)	70.8		207.7	(8 ⁻)			
279.2	(7 ⁺)	176.		102.8	(6 ⁺)			
		279.3		0.0	5 ⁺			
328.4	(7 ⁻)	100.6 2	100	227.8	(6 ⁻)			
		171.5 3		156.9	(5 ⁻)			
359.3	(8 ⁺)	80.2		279.2	(7 ⁺)			
		134.2		225.0	(7 ⁺)			
		257.		102.8	(6 ⁺)			
368.0	(8 ⁺)	142.9		225.0	(7 ⁺)			
		265.5		102.8	(6 ⁺)			
379.0	(10 ⁻)	100.3		278.5	(9 ⁻)			
		171.3		207.7	(8 ⁻)			
385.708	1 ⁺	131.65 @ 8	7.6 5	255.034	(3 ⁺)	[E2]	1.033	$\alpha(\text{K})=0.536$ 8; $\alpha(\text{L})=0.382$ 6; $\alpha(\text{M})=0.0916$ 13 $\alpha(\text{N})=0.0207$ 3; $\alpha(\text{O})=0.00250$ 4; $\alpha(\text{P})=2.30\times 10^{-5}$ 4 $\alpha(\text{K})=0.332$ 5; $\alpha(\text{L})=0.0487$ 7; $\alpha(\text{M})=0.01076$ 15 $\alpha(\text{N})=0.00250$ 4; $\alpha(\text{O})=0.000364$ 5; $\alpha(\text{P})=2.05\times 10^{-5}$ 3 $\alpha(\text{K})=0.191$ 3; $\alpha(\text{L})=0.0280$ 4; $\alpha(\text{M})=0.00617$ 9 $\alpha(\text{N})=0.001434$ 20; $\alpha(\text{O})=0.000209$ 3; $\alpha(\text{P})=1.177\times 10^{-5}$ 17 $\alpha(\text{K})=0.0941$ 14; $\alpha(\text{L})=0.01368$ 20; $\alpha(\text{M})=0.00301$ 5 $\alpha(\text{N})=0.000700$ 10; $\alpha(\text{O})=0.0001020$ 15; $\alpha(\text{P})=5.77\times 10^{-6}$ 8 $\alpha(\text{K})=0.222$ 72; $\alpha(\text{L})=0.051$ 8; $\alpha(\text{M})=0.0117$ 23 $\alpha(\text{N})=0.0027$ 5; $\alpha(\text{O})=0.00036$ 4; $\alpha(\text{P})=1.27\times 10^{-5}$ 55 $\alpha(\text{K})=0.0242$ 4; $\alpha(\text{L})=0.00350$ 5; $\alpha(\text{M})=0.000768$ 11 $\alpha(\text{N})=0.0001766$ 25; $\alpha(\text{O})=2.49\times 10^{-5}$ 4; $\alpha(\text{P})=1.240\times 10^{-6}$ 18 $\alpha(\text{K})=0.211$ 69; $\alpha(\text{L})=0.048$ 7; $\alpha(\text{M})=0.0110$ 20 $\alpha(\text{N})=0.0025$ 5; $\alpha(\text{O})=0.00034$ 4; $\alpha(\text{P})=1.20\times 10^{-5}$ 52
		195.42 2	80 4	190.243	0 ⁺ ,1 ⁺ ,2 ⁺	M1	0.394	
		238.86 3	13.6 12	146.801	1 ⁺	M1	0.227	
		310.82 3	100 2	74.897	2 ⁺	M1	0.1116	
395.186	0,1	204.16 3	5.3 13	190.243	0 ⁺ ,1 ⁺ ,2 ⁺	M1+E2	0.29 6	
		248.580 15	100 6	146.801	1 ⁺	E1	0.0287	
398.13?	0 ⁺ ,1 ⁺ ,2 ⁺	207.89 4	100	190.243	0 ⁺ ,1 ⁺ ,2 ⁺	M1+E2	0.27 6	
405.	(10 ⁺)	225.0	100	180	(9 ⁺)			
433.168	1 ⁺	286.40 5	8.2 4	146.801	1 ⁺	M1+(E2)	0.108 31	$\alpha(\text{K})=0.087$ 31; $\alpha(\text{L})=0.0165$ 7; $\alpha(\text{M})=0.00373$ 7 $\alpha(\text{N})=0.000857$ 20; $\alpha(\text{O})=0.000118$ 10; $\alpha(\text{P})=5.0\times 10^{-6}$ 22 $\alpha(\text{K})=0.01560$ 22; $\alpha(\text{L})=0.00223$ 4; $\alpha(\text{M})=0.000489$ 7 $\alpha(\text{N})=0.0001127$ 16; $\alpha(\text{O})=1.595\times 10^{-5}$ 23; $\alpha(\text{P})=8.13\times 10^{-7}$ 12
		296.07 3	41 2	137.099	(2 ⁻)	E1	0.0185	
		307.7 1	1.2 5	125.62	(2 ⁺)			
		341.58 3	53 7	91.595	1 ⁻ ,2 ⁻ ,3 ⁻	E1	0.0453	$\alpha(\text{K})=0.0344$ 5; $\alpha(\text{L})=0.00842$ 12; $\alpha(\text{M})=0.00194$ 3 $\alpha(\text{N})=0.000444$ 7; $\alpha(\text{O})=5.85\times 10^{-5}$ 9; $\alpha(\text{P})=1.82\times 10^{-6}$ 3 $\alpha(\text{K})=0.0646$ 9; $\alpha(\text{L})=0.00935$ 13; $\alpha(\text{M})=0.00206$ 3 $\alpha(\text{N})=0.000478$ 7; $\alpha(\text{O})=6.97\times 10^{-5}$ 10; $\alpha(\text{P})=3.95\times 10^{-6}$ 6
		358.24 3	100 9	74.897	2 ⁺	M1	0.0766	
443.5	(8 ⁻)	115.1 2	100 10	328.4	(7 ⁻)			
		215.7 2	82 9	227.8	(6 ⁻)			
454.4	(9 ⁺)	95.4		359.3	(8 ⁺)			
		174.9		279.2	(7 ⁺)			

Adopted Levels, Gammas (continued)

$\gamma(^{158}\text{Ho})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ	I_γ	E_f	J_f^π	Mult. [†]	$\alpha^{\&}$	Comments
454.4	(9 ⁺)	246.6		207.7	(8 ⁻)			
461.698	1 ⁺	28.7 2	0.19 6	433.168	1 ⁺	M1	16.2 4	$\alpha(\text{L})=12.7$ 4; $\alpha(\text{M})=2.80$ 7
		271.45 5	2.8 3	190.243	0 ⁺ ,1 ⁺ ,2 ⁺	M1	0.1605	$\alpha(\text{N})=0.649$ 17; $\alpha(\text{O})=0.0941$ 24; $\alpha(\text{P})=0.00525$ 14
		314.89 3	3.5 3	146.801	1 ⁺	M1	0.1078	$\alpha(\text{K})=0.1353$ 19; $\alpha(\text{L})=0.0197$ 3; $\alpha(\text{M})=0.00435$ 6
		336.02 6	1.5 2	125.62	(2 ⁺)	(M1,E2)	0.069 22	$\alpha(\text{N})=0.001010$ 15; $\alpha(\text{O})=0.0001472$ 21; $\alpha(\text{P})=8.31\times 10^{-6}$ 12
		386.82 3	100 5	74.897	2 ⁺	M1	0.0626	$\alpha(\text{K})=0.0909$ 13; $\alpha(\text{L})=0.01321$ 19; $\alpha(\text{M})=0.00291$ 4
								$\alpha(\text{N})=0.000676$ 10; $\alpha(\text{O})=9.85\times 10^{-5}$ 14; $\alpha(\text{P})=5.57\times 10^{-6}$ 8
								$\alpha(\text{K})=0.056$ 21; $\alpha(\text{L})=0.0100$ 11; $\alpha(\text{M})=0.00225$ 20
								$\alpha(\text{N})=0.00052$ 5; $\alpha(\text{O})=7.2\times 10^{-5}$ 11; $\alpha(\text{P})=3.3\times 10^{-6}$ 14
								$\alpha(\text{K})=0.0528$ 8; $\alpha(\text{L})=0.00763$ 11; $\alpha(\text{M})=0.001679$ 24
								$\alpha(\text{N})=0.000390$ 6; $\alpha(\text{O})=5.69\times 10^{-5}$ 8; $\alpha(\text{P})=3.23\times 10^{-6}$ 5
493.9	(11 ⁻)	115.1		379.0	(10 ⁻)			
		215.7		278.5	(9 ⁻)			
531.5	(9 ⁺)	163.4		368.0	(8 ⁺)			
		306.4		225.0	(7 ⁺)			
582.2	(10 ⁺)	127.4		454.4	(9 ⁺)			
		222.9		359.3	(8 ⁺)			
		303.7		278.5	(9 ⁻)			
602.8	(9 ⁻)	159.3 2	100 10	443.5	(8 ⁻)			
		274.4 3	37 4	328.4	(7 ⁻)			
652.	(11 ⁺)	247.3		405.	(10 ⁺)			
		472.1		180	(9 ⁺)			
653.2	(12 ⁻)	159.4		493.9	(11 ⁻)			
		274.1		379.0	(10 ⁻)			
662.69	0 ⁺ ,1 ⁺	200.2 ^b 3	≤ 5.2	461.698	1 ⁺			
		276.98 10	4.9 10	385.708	1 ⁺	(M1,E2)	0.119 34	$\alpha(\text{K})=0.095$ 33; $\alpha(\text{L})=0.0183$ 5; $\alpha(\text{M})=0.00415$ 7
		472.42 6	97 4	190.243	0 ⁺ ,1 ⁺ ,2 ⁺	M1	0.0372	$\alpha(\text{N})=0.000955$ 14; $\alpha(\text{O})=0.000131$ 9; $\alpha(\text{P})=5.5\times 10^{-6}$ 24
		515.86 6	100 9	146.801	1 ⁺	M1	0.0297	$\alpha(\text{K})=0.0315$ 5; $\alpha(\text{L})=0.00451$ 7; $\alpha(\text{M})=0.000993$ 14
								$\alpha(\text{N})=0.000231$ 4; $\alpha(\text{O})=3.37\times 10^{-5}$ 5; $\alpha(\text{P})=1.91\times 10^{-6}$ 3
								$\alpha(\text{K})=0.0251$ 4; $\alpha(\text{L})=0.00359$ 5; $\alpha(\text{M})=0.000790$ 11
								$\alpha(\text{N})=0.000183$ 3; $\alpha(\text{O})=2.68\times 10^{-5}$ 4; $\alpha(\text{P})=1.526\times 10^{-6}$ 22
715.8	(10 ⁺)	587.90 8	13.9 26	74.897	2 ⁺			
		183.9		531.5	(9 ⁺)			
		348.1		368.0	(8 ⁺)			
735.7	(11 ⁺)	153.3		582.2	(10 ⁺)			
		281.6		454.4	(9 ⁺)			
		356.4		379.0	(10 ⁻)			
768.9	(10 ⁻)	166.1 1	100 10	602.8	(9 ⁻)			
		325.4 2	84 8	443.5	(8 ⁻)			
810.88	(1 ⁺)	425.2 1	100 20	385.708	1 ⁺			
		620.6 1	60 12	190.243	0 ⁺ ,1 ⁺ ,2 ⁺			
819.2	(13 ⁻)	165.7		653.2	(12 ⁻)			

I_γ : may include a transition in ¹⁵⁹Ho.

Adopted Levels, Gammas (continued)

$\gamma(^{158}\text{Ho})$ (continued)

<u>E_i(level)</u>	<u>J_i^{π}</u>	<u>E_{γ}</u>	<u>I_{γ}</u>	<u>E_f</u>	<u>J_f^{π}</u>	<u>Comments</u>
819.2	(13 ⁻)	325.3		493.9	(11 ⁻)	
917.2	(11 ⁺)	201.4		715.8	(10 ⁺)	
		385.9		531.5	(9 ⁺)	
918.	(12 ⁺)	265.6		652.	(11 ⁺)	
		513.4		405.	(10 ⁺)	
918.7	(12 ⁺)	182.5		735.7	(11 ⁺)	
		336.3		582.2	(10 ⁺)	
		425.2		493.9	(11 ⁻)	
982.7	(11 ⁻)	213.8 2	95 10	768.9	(10 ⁻)	I _{γ} : may include a transition in ¹⁵⁸ Dy.
		379.9 2	100 11	602.8	(9 ⁻)	
1032.5	(14 ⁻)	213.7		819.2	(13 ⁻)	
		379.6		653.2	(12 ⁻)	
1111.4	(12 ⁺)	194.3		917.2	(11 ⁺)	
		395.3		715.8	(10 ⁺)	
1120.0	(13 ⁺)	201.0		918.7	(12 ⁺)	
		384.5		735.7	(11 ⁺)	
		466.9		653.2	(12 ⁻)	
1200.	(13 ⁺)	282.1		918.	(12 ⁺)	
		548.4		652.	(11 ⁺)	
1204.6	(12 ⁻)	221.9 2	36 5	982.7	(11 ⁻)	
		435.8 2	100 10	768.9	(10 ⁻)	
1254.7	(15 ⁻)	221.8		1032.5	(14 ⁻)	
		435.2		819.2	(13 ⁻)	
1349.3	(14 ⁺)	229.3		1120.0	(13 ⁺)	
		430.7		918.7	(12 ⁺)	
		529.8		819.2	(13 ⁻)	
1362.0	(13 ⁺)	250.9		1111.4	(12 ⁺)	
		444.9		917.2	(11 ⁺)	
1460.5	(13 ⁻)	255.9 3	51 7	1204.6	(12 ⁻)	
		477.8 2	100 12	982.7	(11 ⁻)	
1497.	(14 ⁺)	296.1		1200.	(13 ⁺)	
		578.9		918.	(12 ⁺)	
1510.2	(16 ⁻)	255.4		1254.7	(15 ⁻)	
		477.3		1032.5	(14 ⁻)	
1557.2	(14 ⁺)	195.7		1362.0	(13 ⁺)	
		445.4		1111.4	(12 ⁺)	
1590.1	(15 ⁺)	240.6		1349.3	(14 ⁺)	
		470.1		1120.0	(13 ⁺)	
		559.		1032.5	(14 ⁻)	
1737.9	(14 ⁻)	277.4 4	23 8	1460.5	(13 ⁻)	
		533.3 2	100 10	1204.6	(12 ⁻)	
1788.2?	(17 ⁻)	277.3		1510.2	(16 ⁻)	
		532.9		1254.7	(15 ⁻)	

Adopted Levels, Gammas (continued)

$\gamma(^{158}\text{Ho})$ (continued)										
$E_i(\text{level})$	J_i^π	E_γ	I_γ	E_f	J_f^π	$E_i(\text{level})$	J_i^π	E_γ	E_f	J_f^π
1806.	(15 ⁺)	309.3		1497.	(14 ⁺)	4001.	(23 ⁺)	313.	3688.	(22 ⁺)
		605.6		1200.	(13 ⁺)			635.	3366.	(21 ⁺)
1859.9	(16 ⁺)	270.7		1590.1	(15 ⁺)	4143.4	(24 ⁻)	330.0	3813.1	(23 ⁻)
		510.6		1349.3	(14 ⁺)			738.5	3405.0	(22 ⁻)
		605.		1254.7	(15 ⁻)	4339.	(24 ⁺)	337.	4001.	(23 ⁺)
1868.3	(15 ⁺)	506.3		1362.0	(13 ⁺)			652.	3688.	(22 ⁺)
2013.7	(16 ⁺)	456.5		1557.2	(14 ⁺)	4574.	(25 ⁻)	430.	4143.4	(24 ⁻)
2024.3	(15 ⁻)	286.4 4	26 9	1737.9	(14 ⁻)			761.#	3813.1	(23 ⁻)
		563.8 3	100 15	1460.5	(13 ⁻)	4693.	(25 ⁺)	353.	4339.	(24 ⁺)
2074.2?	(18 ⁻)	285.6		1788.2?	(17 ⁻)			692.	4001.	(23 ⁺)
		564.6		1510.2	(16 ⁻)	4917.	(26 ⁻)	342.	4574.	(25 ⁻)
2121.8	(16 ⁺)	315.9		1806.	(15 ⁺)			774.	4143.4	(24 ⁻)
		624.8		1497.	(14 ⁺)	5079.	(26 ⁺)	385.	4693.	(25 ⁺)
2132.3	(17 ⁺)	272.5		1859.9	(16 ⁺)			740.	4339.	(24 ⁺)
		542.4		1590.1	(15 ⁺)	5370.	(27 ⁻)	453.	4917.	(26 ⁻)
		622.		1510.2	(16 ⁻)			797.	4574.	(25 ⁻)
2354.9?	(16 ⁻)	617.0 ^b 3	100	1737.9	(14 ⁻)	5476.	(27 ⁺)	396.	5079.	(26 ⁺)
2404.1?	(19 ⁻)	329.8		2074.2?	(18 ⁻)			783.	4693.	(25 ⁺)
		615.8		1788.2?	(17 ⁻)	5734.	(28 ⁻)	363.	5370.	(27 ⁻)
2431.2	(18 ⁺)	299.3		2132.3	(17 ⁺)			817.	4917.	(26 ⁻)
		571.9		1859.9	(16 ⁺)	5903.	(28 ⁺)	426.	5476.	(27 ⁺)
		642.		1788.2?	(17 ⁻)			824.	5079.	(26 ⁺)
2433.8	(17 ⁺)	565.5		1868.3	(15 ⁺)	6219.	(29 ⁻)	485.	5734.	(28 ⁻)
2444.	(17 ⁺)	638.5		1806.	(15 ⁺)			849.	5370.	(27 ⁻)
2710.9?	(20 ⁻)	307.2		2404.1?	(19 ⁻)	6342.	(29 ⁺)	439.	5903.	(28 ⁺)
		636.4		2074.2?	(18 ⁻)			868.	5476.	(27 ⁺)
2728.5	(19 ⁺)	298.		2431.2	(18 ⁺)	6604.	(30 ⁻)	384.	6219.	(29 ⁻)
		595.9		2132.3	(17 ⁺)			871.	5734.	(28 ⁻)
		655.		2074.2?	(18 ⁻)	6792.	(30 ⁺)	889.	5903.	(28 ⁺)
2765.	(18 ⁺)	642.9		2121.8	(16 ⁺)	7132.	(31 ⁻)	527.	6604.	(30 ⁻)
3051.6	(20 ⁺)	324.		2728.5	(19 ⁺)			913.	6219.	(29 ⁻)
		620.0		2431.2	(18 ⁺)	7235.	(31 ⁺)	443.	6792.	(30 ⁺)
		647.		2404.1?	(19 ⁻)			893.	6342.	(29 ⁺)
3085.7	(21 ⁻)	374.5		2710.9?	(20 ⁻)	7535.	(32 ⁻)	931.	6604.	(30 ⁻)
		681.4		2404.1?	(19 ⁻)			893.	6792.	(30 ⁺)
3366.	(21 ⁺)	315.		3051.6	(20 ⁺)	8115.	(33 ⁻)	983.	7132.	(31 ⁻)
		638.		2728.5	(19 ⁺)	8144.	(33 ⁺)	909.	7235.	(31 ⁺)
3405.0	(22 ⁻)	319.0		3085.7	(21 ⁻)	8525.	(34 ⁻)	990.	7535.	(32 ⁻)
		694.6		2710.9?	(20 ⁻)	8618.	(34 ⁺)	933.	7685.	(32 ⁺)
3688.	(22 ⁺)	321.		3366.	(21 ⁺)	9101.	(35 ⁺)	957.	8144.	(33 ⁺)
		636.		3051.6	(20 ⁺)			1053.	8115.	(33 ⁻)
3813.1	(23 ⁻)	408.0		3405.0	(22 ⁻)	9565.	(36 ⁻)	1040.	8525.	(34 ⁻)
		727.4		3085.7	(21 ⁻)	9599.	(36 ⁺)	981.	8618.	(34 ⁺)

Adopted Levels, Gammas (continued) $\gamma(^{158}\text{Ho})$ (continued)

<u>$E_i(\text{level})$</u>	<u>J_i^π</u>	<u>E_γ</u>	<u>E_f</u>	<u>J_f^π</u>	<u>$E_i(\text{level})$</u>	<u>J_i^π</u>	<u>E_γ</u>	<u>E_f</u>	<u>J_f^π</u>	<u>$E_i(\text{level})$</u>	<u>J_i^π</u>	<u>E_γ</u>	<u>E_f</u>	<u>J_f^π</u>
10107.	(37 ⁺)	1006.	9101.	(35 ⁺)	11163.	(39 ⁺)	1056.	10107.	(37 ⁺)	12766.	(42 ⁻)	1093.	11673.	(40 ⁻)
10286.	(37 ⁻)	1118.	9168.	(35 ⁻)	11673.	(40 ⁻)	1045.	10628.	(38 ⁻)	12845.	(42 ⁺)	1133.	11712.	(40 ⁺)
10628.	(38 ⁻)	1063.	9565.	(36 ⁻)	11712.	(40 ⁺)	1081.	10631.	(38 ⁺)	13422.	(43 ⁺)	1156.	12266.	(41 ⁺)
10631.	(38 ⁺)	1032.	9599.	(36 ⁺)	12266.	(41 ⁺)	1103.	11163.	(39 ⁺)					

[†] From I_{ce} and I_γ data of [1977AnYX](#) and [1982Vy06](#) and ε data of [1972Ha41](#).

[‡] From [1972Ha41](#) and [1982Vy06](#).

[#] From [1996YuZY](#); other: 772.0 from [1999Lu03](#), but this γ is placed from 4915 level.

[@] Differs by 4σ or more from calculated value.

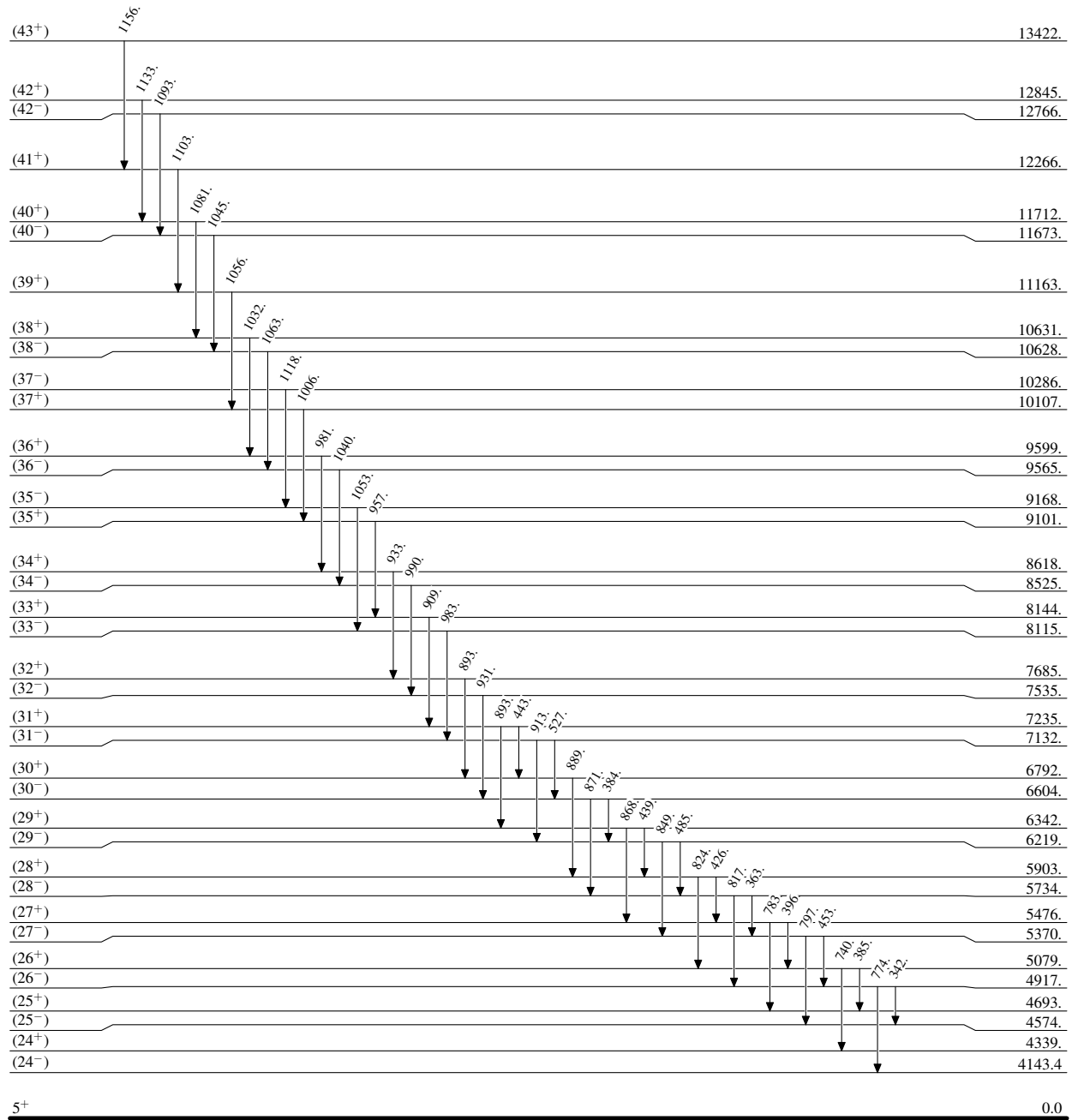
[&] [Additional information 2](#).

^a [Additional information 3](#).

^b Placement of transition in the level scheme is uncertain.

Adopted Levels, GammasLevel Scheme

Intensities: Type not specified

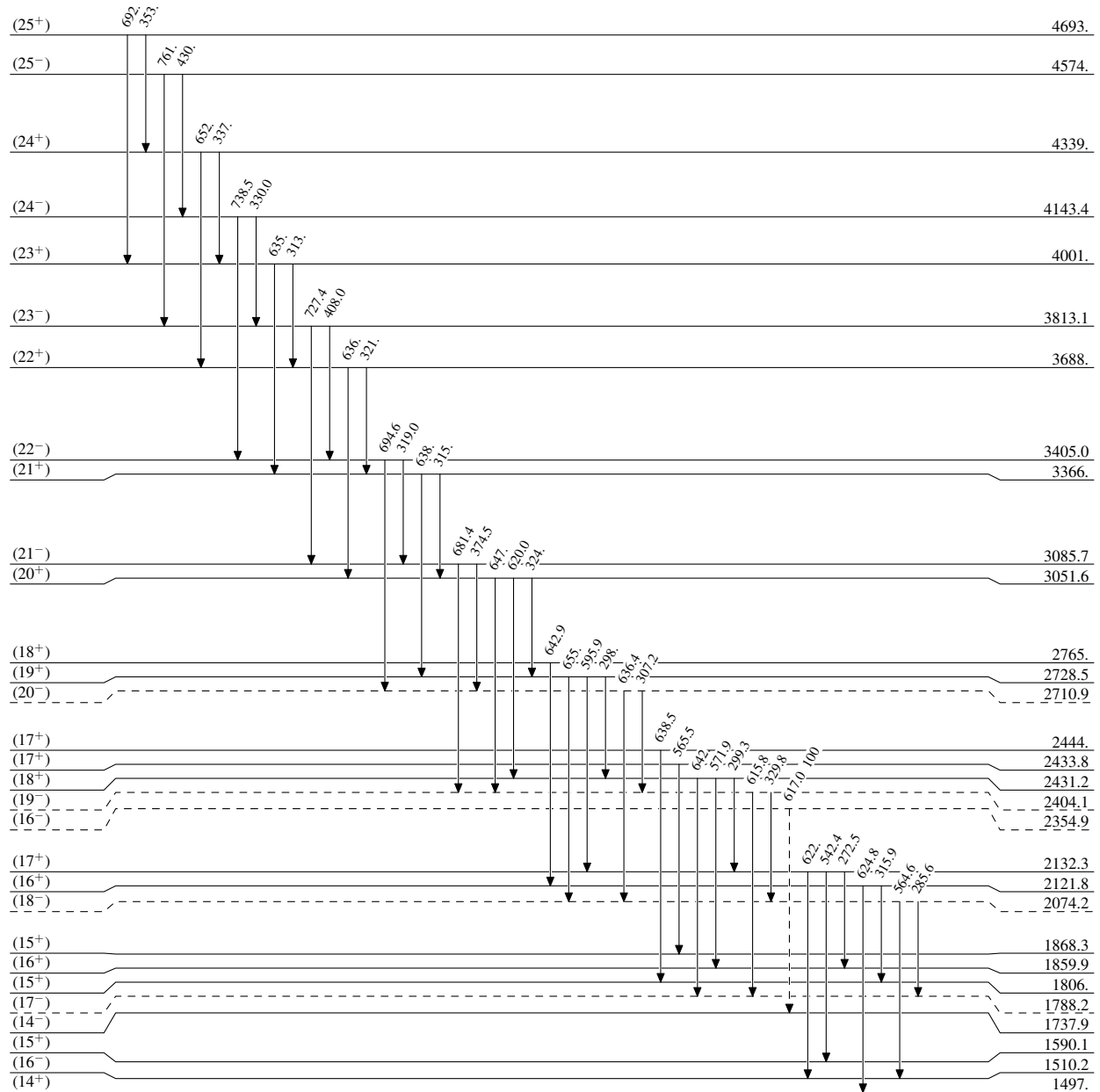


Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Type not specified

-----► γ Decay (Uncertain)

5⁺

0.0

11.3 min 4

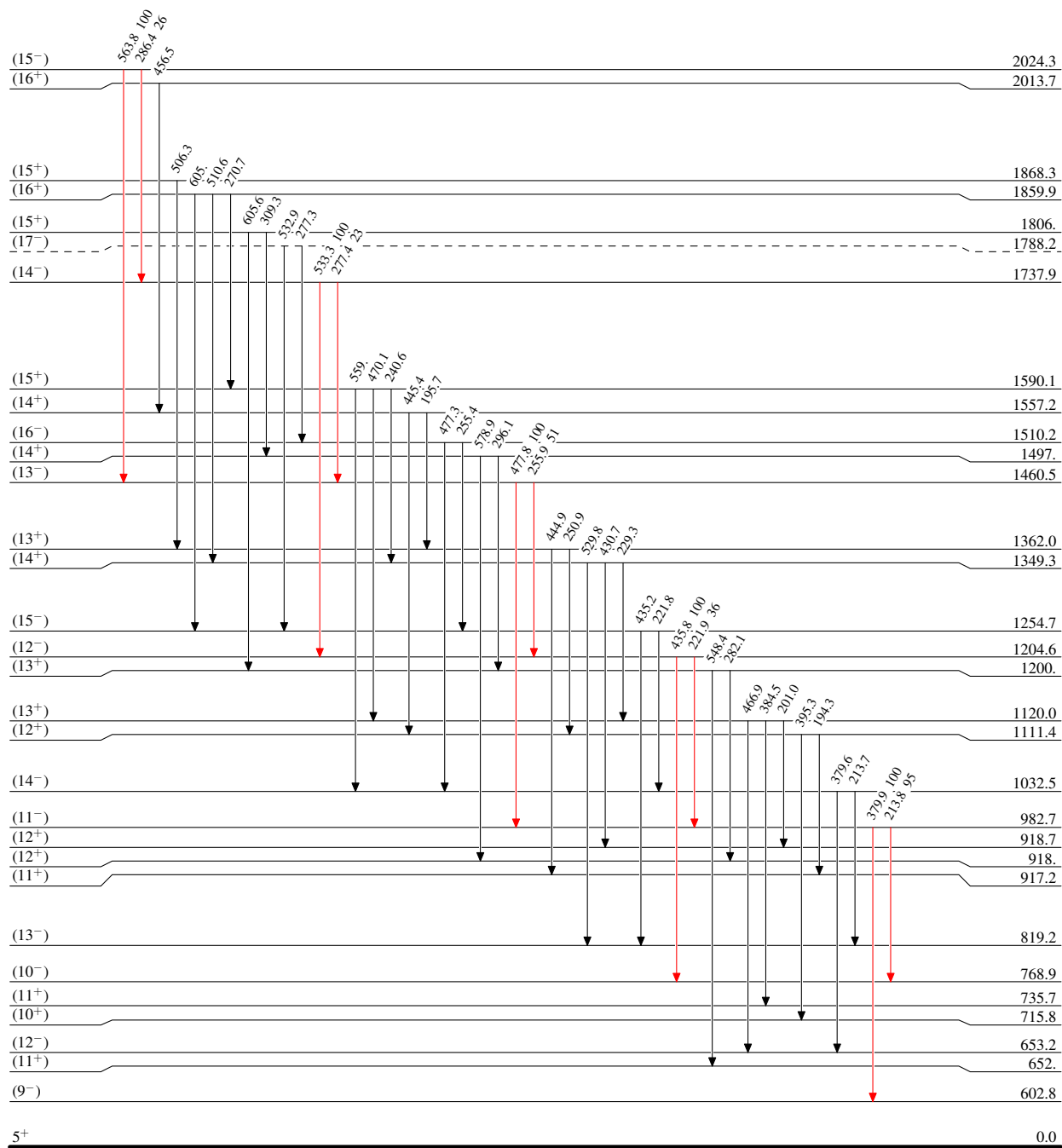
 $^{158}_{67}\text{Ho}_{91}$

Adopted Levels, Gammas**Level Scheme (continued)**

Intensities: Type not specified

Legend

-  $I_\gamma < 2\% \times I_\gamma^{\max}$
 $I_\gamma < 10\% \times I_\gamma^{\max}$
 $I_\gamma > 10\% \times I_\gamma^{\max}$

5⁺

0.0

11.3 min 4

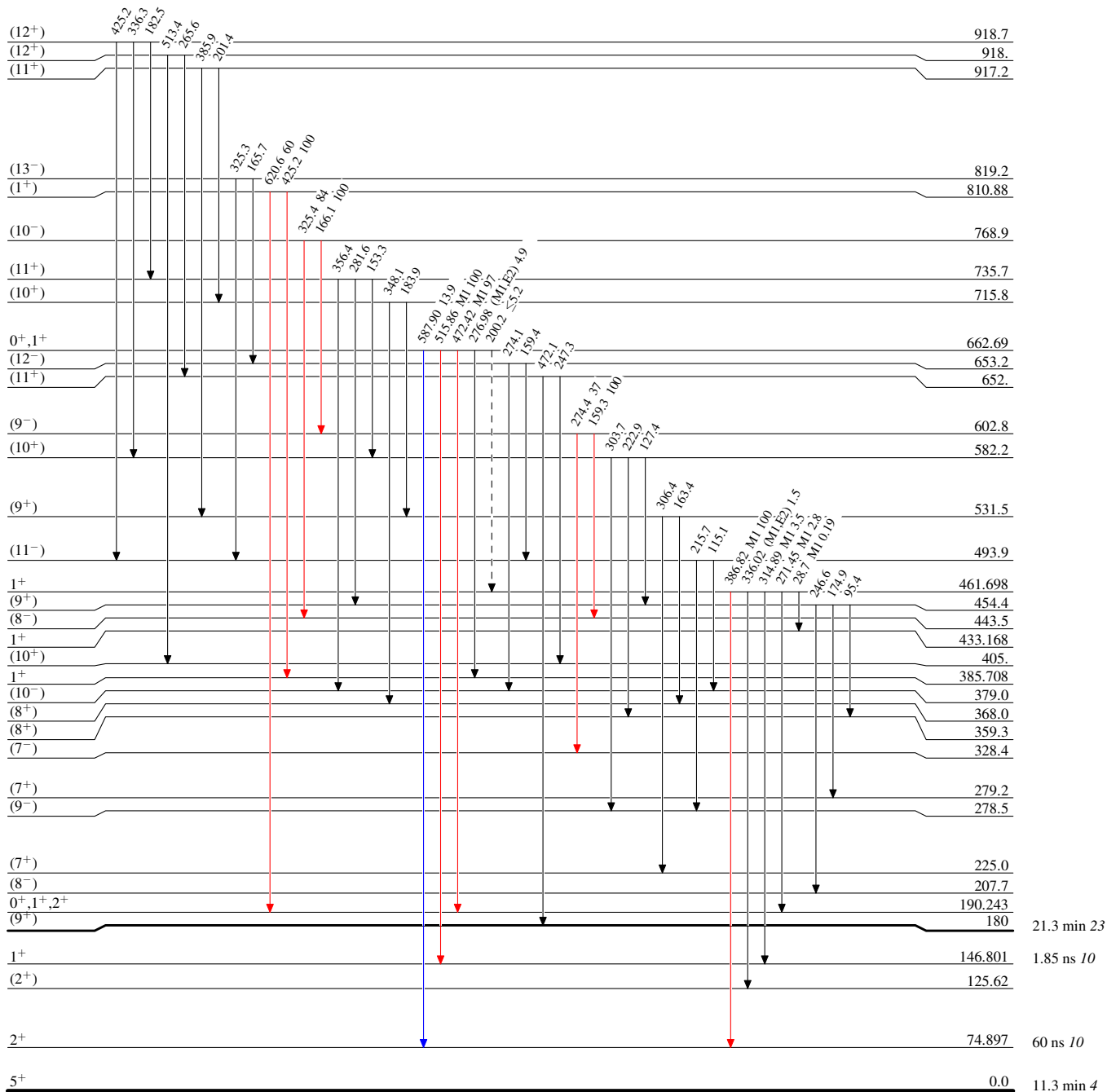
 $^{158}_{67}\text{Ho}_{91}$

Adopted Levels, Gammas**Level Scheme (continued)**

Intensities: Type not specified

Legend

- $\longrightarrow$ $I_\gamma < 2\% \times I_\gamma^{\max}$
 $\longrightarrow$ $I_\gamma < 10\% \times I_\gamma^{\max}$
 $\longrightarrow$ $I_\gamma > 10\% \times I_\gamma^{\max}$
 $-\cdots-$ γ Decay (Uncertain)



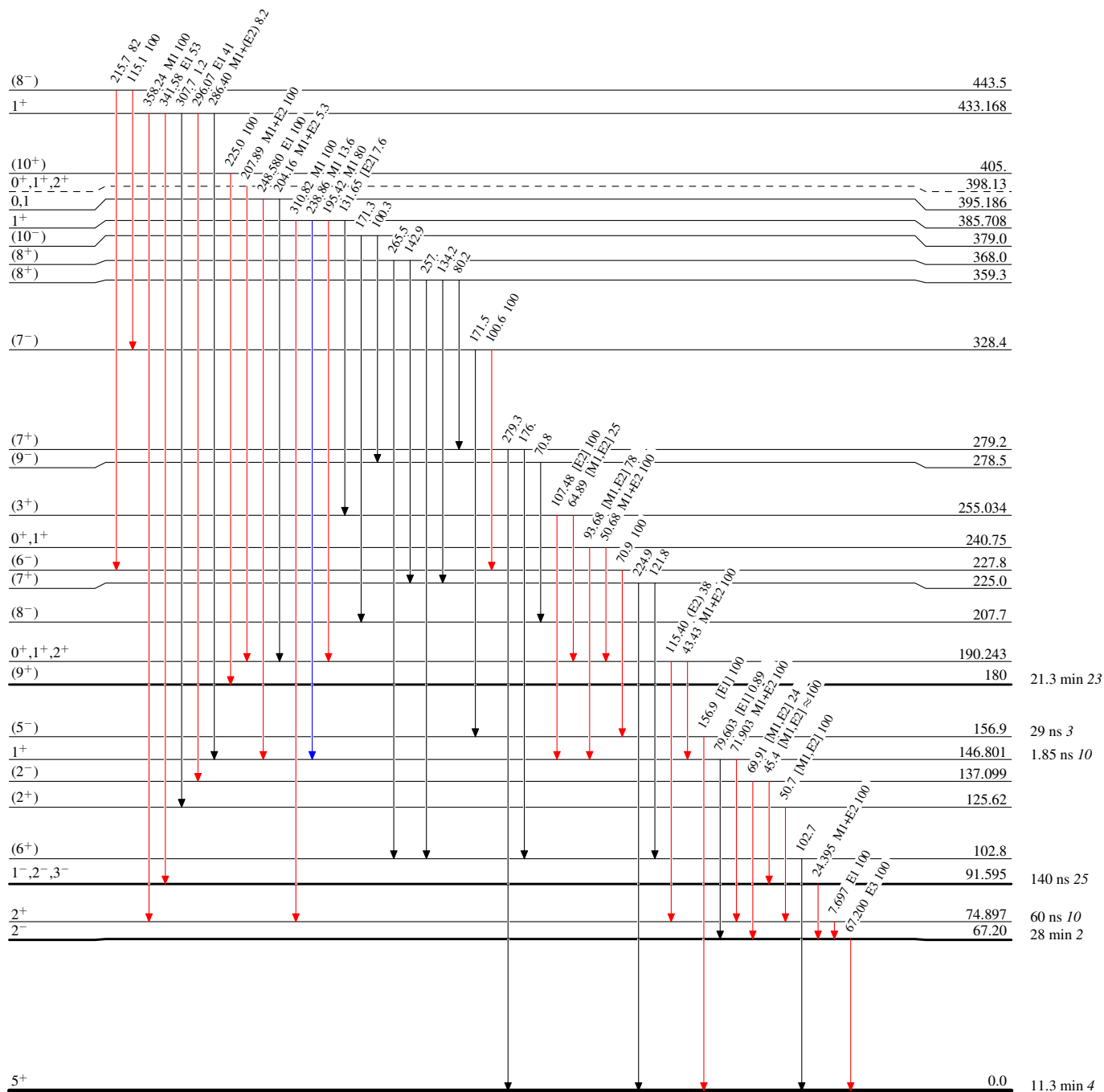
Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Type not specified

Legend

- $\rightarrow$ $I_\gamma < 2\% \times I_\gamma^{\max}$
 $\rightarrow$ $I_\gamma < 10\% \times I_\gamma^{\max}$
 $\rightarrow$ $I_\gamma > 10\% \times I_\gamma^{\max}$



Adopted Levels, Gammas