

[Adopted Levels, Gammas](#)

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	C. W. Reich	NDS 113, 2537 (2012)	1-Mar-2012

$Q(\beta^-) = -9.57 \times 10^3$ 5; $S(n) = 10834$ 19; $S(p) = 3929$ 14; $Q(\alpha) = 4810$ 4 [2017Wa10](#)
 $Q(\varepsilon) = 3569$ 13; $S(2n) = 19476$ 19; $S(2p) = 5239$ 14; $Q(\varepsilon\alpha) = 1655$ 11 [2017Wa10](#)

Additional information 1.

Unless noted otherwise, data are from the $^{144}\text{Sm}(^{16}\text{O}, 4\gamma)$ reaction.

[156Yb Levels](#)[Cross Reference \(XREF\) Flags](#)

- [A](#) $^{144}\text{Sm}(^{16}\text{O}, 4\gamma)$
- [B](#) $^{160}\text{Hf} \alpha$ decay

E(level)	J ^π	T _{1/2}	XREF	Comments
0 [†]	0 ⁺	26.1 s 7	AB	%α=10 2; %ε+%β+=90 2 T _{1/2} : Weighted average of 25.8 s 10 (1977Ha48) and 26.7 s 6 (1980AfZZ) from α counting and 23.6 s 13 (1983MI01) from counting α's and γ's following ε decay. Others: 24 s 1 (1970ToZS) and 23 s 1 (1982To14), both by the same authors as those of 1983MI01 . %α: Weighted average of 21 6 (1979Ho10), 9 2 (1983MI01), and 10 +5–2 (1984GaZY). $\Delta\langle r^2 \rangle(158-156)=0.235$ and $\Delta\langle r^2 \rangle(156-154)=0.274$ (values are from differences of values reported in 1994Ma57 , but based on isotope shift data from 1989Sp04). Uncertainties propagated from data in 1994Ma57 are ≈0.06, but the unstated correlation terms would reduce these uncertainties by a large factor. The same $\Delta\langle r^2 \rangle$ data are given in plot form in 1990Sp05 and 1991Ho27 . Others: $\Delta\langle r^2 \rangle(158-156)\approx 0.23$ fm ² (1987NeZW , obtained from graph by evaluator) and related λ values in the compilation by 1987Au06 and references therein. From an evaluation of data on nuclear rms charge radii, 2004An14 report $\langle r^2 \rangle^{1/2}=5.116$ fm 13.
536.0 [†]	2 ⁺		A	J ^π : E2 γ to 0 ⁺ .
1143.2 [†]	4 ⁺		A	J ^π : E2 γ to 2 ⁺ and expected band structure.
1728.0 [†]	6 ⁺		A	J ^π : E2 γ to 4 ⁺ and expected band structure.
2271.8 [†]	8 ⁺		A	J ^π : E2 γ to 6 ⁺ and expected band structure.
2955.5 [†]	10 ⁺		A	J ^π : E2 γ to 8 ⁺ and expected band structure.
3027.3 [‡]	11 ⁻	6.0 ns 5	A	probable conf is ((v i _{13/2})(v h _{9/2})) ₁₁₋ . J ^π : E1 γ to 10 ⁺ and γ(θ).
3570.1 [†]	12 ⁺		A	J ^π : Q γ to 10 ⁺ and expected band structure.
3815.1 [‡]	13 ⁻		A	J ^π : E2 γ to 11 ⁻ and expected band structure.
4090.4 [†]	14 ⁺		A	J ^π : γ to 12 ⁺ and expected band structure.
4474.2 [‡]	15 ⁻		A	J ^π : E2 γ to 13 ⁻ level and expected band structure.
4732.3 [†]	16 ⁺		A	J ^π : γ to 14 ⁺ level and expected band structure.
4789.2			A	
4974.2 [‡]	17 ⁻		A	J ^π : E2 γ to 15 ⁻ level and expected band structure.
5284.8			A	
5464.2 [†]	18 ⁺		A	J ^π : γ to 16 ⁺ level and expected band structure.
5574.8 [‡]	19 ⁻		A	J ^π : E2 γ to 17 ⁻ level and expected band structure.
6197.5 [†]	(20 ⁺)		A	J ^π : γ to 18 ⁺ level and expected band structure.
6221.6 [‡]	21 ⁻		A	J ^π : E2 γ to 19 ⁻ level and expected band structure.
6844.3			A	

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) $\gamma(^{156}\text{Yb})$ (continued)

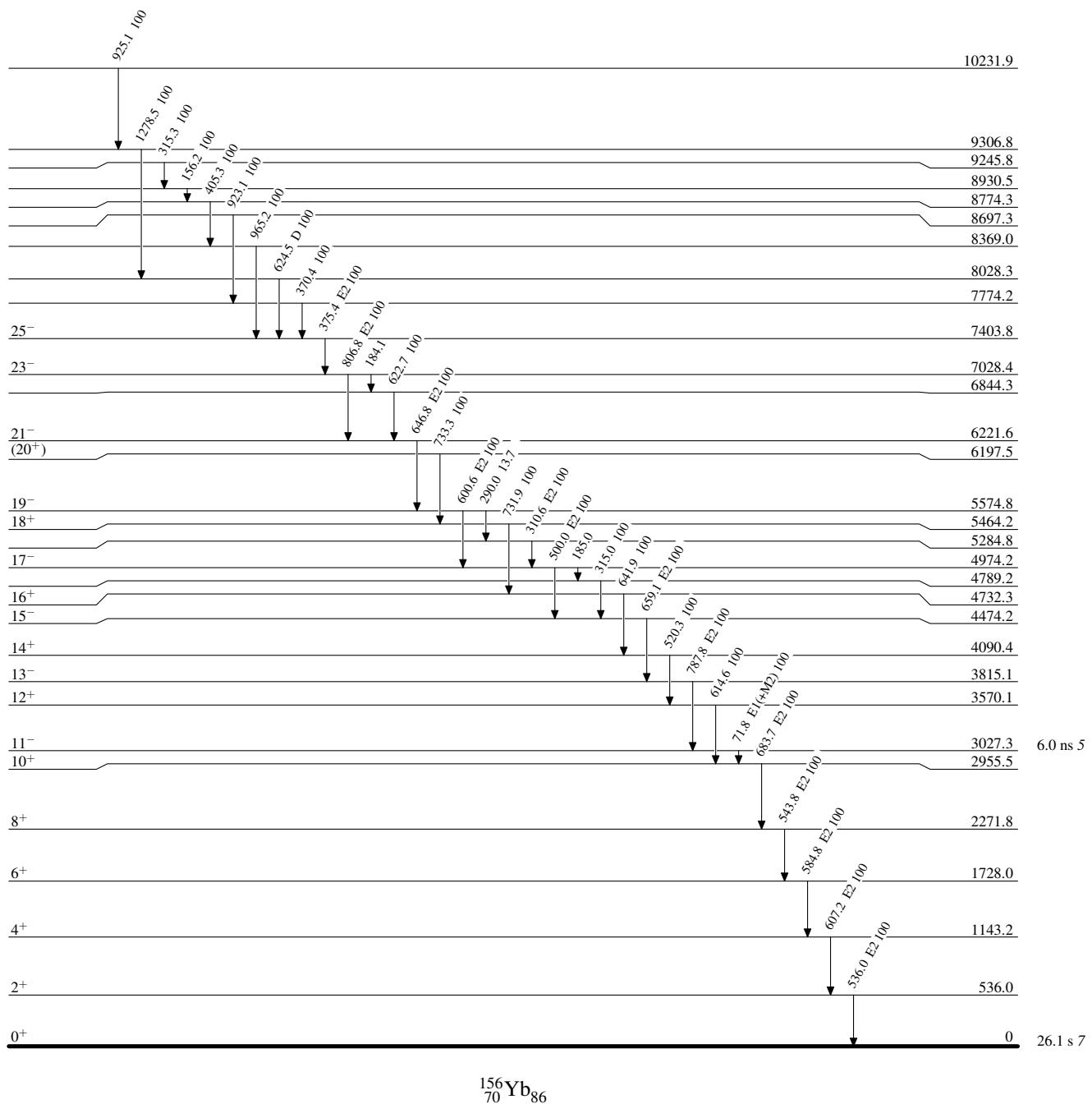
$E_i(\text{level})$	E_γ	I_γ	E_f
9306.8	1278.5	100	8028.3
10231.9	925.1	100	9306.8

[†] From $^{144}\text{Sm}(^{16}\text{O},4\text{n}\gamma)$, ([1981Li09](#)).

[‡] Total theoretical internal conversion coefficients, calculated using the BrIcc code ([2008Ki07](#)) with Frozen orbital approximation based on γ -ray energies, assigned multipolarities, and mixing ratios, unless otherwise specified.

Adopted Levels, GammasLevel Scheme

Intensities: Relative photon branching from each level



Adopted Levels, Gammas

