

**Adopted Levels, Gammas**

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	C. W. Reich	NDS 113, 2537 (2012)	1-Mar-2012

Q( $\beta^-$ )=-3569 13; S(n)=8280 17; S(p)=1914 16; Q( $\alpha$ )=4345 7 2017Wa10  
 Q( $\epsilon$ )=7.38×10<sup>3</sup> 3; S(2n)=18550 17; S(2p)=6773 16; Q( $\epsilon$ p)=1916 23 2017Wa10

[Additional information 1.](#)  
[Additional information 2.](#)

An activity with T<sub>1/2</sub>=19 s 3, associated with a 4.46-MeV  $\alpha$  and having a high spin, was reported by 1971To10. Subsequent studies have not confirmed this activity; and it is not included in this evaluation.

<sup>156</sup>Tm Levels

Cross Reference (XREF) Flags

- A <sup>147</sup>Sm(<sup>14</sup>N,5n $\gamma$ ),<sup>144</sup>Sm(<sup>19</sup>F,2p5n)
- B <sup>156</sup>Yb  $\epsilon$  decay

E(level)	J $\pi$	T <sub>1/2</sub>	XREF	Comments
0	2 <sup>-</sup>	83.8 s 18	B	% $\alpha$ =0.064 10; % $\epsilon$ +% $\beta^+$ =99.936 10 From an evaluation of data on nuclear rms charge radii, 2004An14 report $\langle r^2 \rangle^{1/2}$ =5.102 fm 13. J $\pi$ : E1 transition from 1 <sup>+</sup> , $\epsilon$ transitions to 3 <sup>-</sup> ,3 <sup>+</sup> ,4 <sup>+</sup> levels in <sup>156</sup> Er. T <sub>1/2</sub> : Weighted average of 82 s 5 (1980Zo02) from $\epsilon$ decay, 80 s 3 (1971To10) and 86 s 4 (1980AfZZ) from $\alpha$ decay, and 87 s 3 (average of 86 s 4 and 88 s 3 in 1981Ga36) from both $\epsilon$ and $\alpha$ decay. Other: 90 s 10 (1970ToZS) and 77 s 10 (1971ToZR, by the same authors as 1971To10); and 80 s 3 (1982To14). % $\alpha$ : From 1981Ga36. Other: 0.09% 4 from 1983MI01 (and quoted by same authors as 0.09% 3 in 1982To14).
115.2 2	1 <sup>+</sup>		B	J $\pi$ : E1 $\gamma$ to 2 <sup>-</sup> indicates J $\pi$ =1 <sup>+</sup> ,2 <sup>+</sup> ,3 <sup>+</sup> . $\epsilon$ transition from <sup>156</sup> Yb (0 <sup>+</sup> ) rules out 2 <sup>+</sup> ,3 <sup>+</sup> .
317.5	1 <sup>+</sup>		B	J $\pi$ : M1 $\gamma$ to 1 <sup>+</sup> indicates J $\pi$ =0 <sup>+</sup> ,1 <sup>+</sup> ,2 <sup>+</sup> . $\epsilon$ transition from <sup>156</sup> Yb (0 <sup>+</sup> ) rules out 0 <sup>+</sup> and 2 <sup>+</sup> .
0+x			A	
203.6+x <sup>‡</sup>	(11 <sup>-</sup> ) <sup>‡</sup>	≈400 ns	A	T <sub>1/2</sub> : Value shown on the level scheme of 1985Ko30, but further details regarding it are not given.
771.2+x <sup>‡</sup>	(13 <sup>-</sup> ) <sup>‡</sup>		A	
1366.0+x <sup>‡</sup>	(15 <sup>-</sup> ) <sup>‡</sup>		A	
1725.7+x <sup>‡</sup>	(16 <sup>-</sup> ) <sup>‡</sup>		A	
2056.6+x <sup>‡</sup>	(17 <sup>-</sup> ) <sup>‡</sup>		A	
2335.6+x <sup>‡</sup>	(18 <sup>-</sup> ) <sup>‡</sup>		A	
2535.0+x <sup>‡</sup>	(19 <sup>-</sup> ) <sup>‡</sup>		A	
3234+x <sup>‡</sup>	(21 <sup>-</sup> ) <sup>‡</sup>		A	
3407+x <sup>‡</sup>	(22 <sup>-</sup> ) <sup>‡</sup>		A	
3978+x <sup>‡</sup>	(23 <sup>-</sup> ) <sup>‡</sup>		A	
4773+x <sup>‡</sup>	(25 <sup>-</sup> ) <sup>‡</sup>		A	

<sup>‡</sup> Proposed by 1995Su12. See the comment in the <sup>147</sup>Sm(<sup>14</sup>N,5n $\gamma$ ),<sup>144</sup>Sm(<sup>19</sup>F,2p5n) data set.

<sup>‡</sup> Band(A): Possible ( $\pi$  7/2[523])( $\nu$  1/2[660]) band. See the discussion in the <sup>147</sup>Sm(<sup>14</sup>N,5n $\gamma$ ),<sup>144</sup>Sm(<sup>19</sup>F,2p5n) data set for the assumptions underlying this choice of configuration.

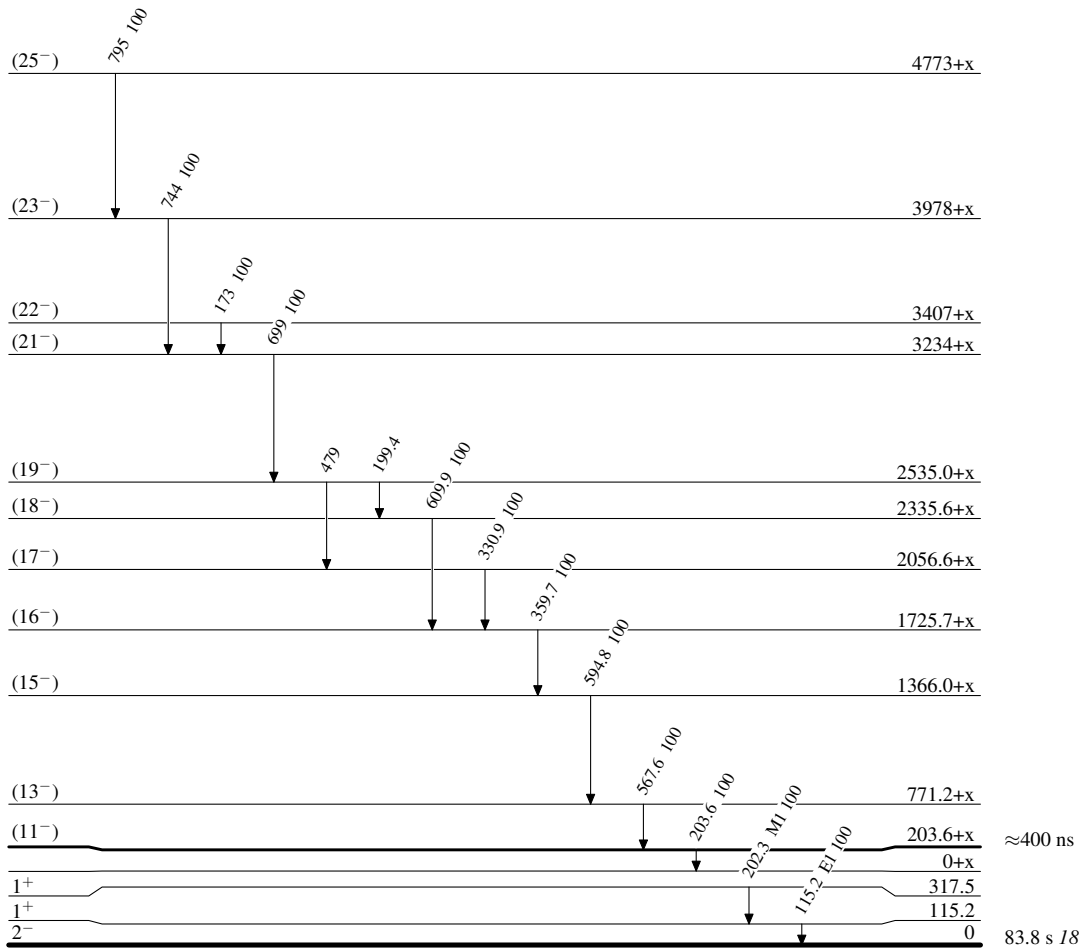
Adopted Levels, Gammas (continued)

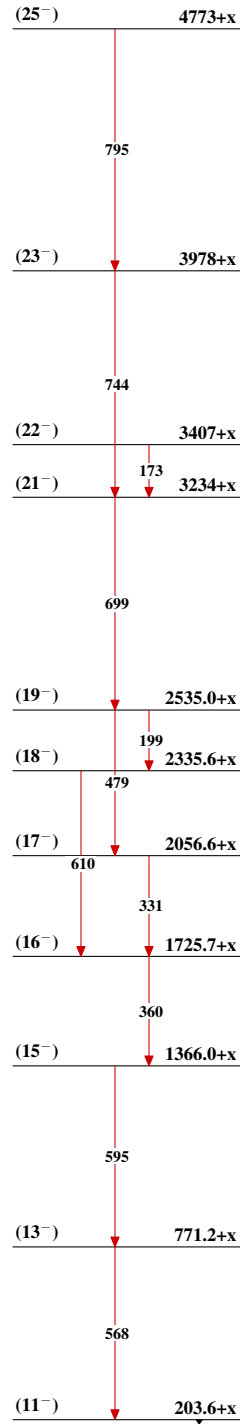
$\gamma(^{156}\text{Tm})$								
$E_i(\text{level})$	$J_i^\pi$	$E_\gamma$	$I_\gamma$	$E_f$	$J_f^\pi$	Mult.	$\alpha^\dagger$	Comments
115.2	1 <sup>+</sup>	115.2 2	100	0	2 <sup>-</sup>	E1	0.231	Mult.: From the measured and calculated K x-ray intensities and lack of L x rays in the $^{156}\text{Yb}$ $\epsilon$ decay (1982To14).
317.5	1 <sup>+</sup>	202.3	100	115.2	1 <sup>+</sup>	M1	0.434	Mult.: From 1999KaZV. No basis given.
203.6+x	(11 <sup>-</sup> )	203.6	100	0+x				
771.2+x	(13 <sup>-</sup> )	567.6	100	203.6+x	(11 <sup>-</sup> )			
1366.0+x	(15 <sup>-</sup> )	594.8	100	771.2+x	(13 <sup>-</sup> )			
1725.7+x	(16 <sup>-</sup> )	359.7	100	1366.0+x	(15 <sup>-</sup> )			
2056.6+x	(17 <sup>-</sup> )	330.9	100	1725.7+x	(16 <sup>-</sup> )			
2335.6+x	(18 <sup>-</sup> )	609.9	100	1725.7+x	(16 <sup>-</sup> )			
2535.0+x	(19 <sup>-</sup> )	199.4		2335.6+x	(18 <sup>-</sup> )			
		479		2056.6+x	(17 <sup>-</sup> )			
3234+x	(21 <sup>-</sup> )	699	100	2535.0+x	(19 <sup>-</sup> )			
3407+x	(22 <sup>-</sup> )	173	100	3234+x	(21 <sup>-</sup> )			
3978+x	(23 <sup>-</sup> )	744	100	3234+x	(21 <sup>-</sup> )			
4773+x	(25 <sup>-</sup> )	795	100	3978+x	(23 <sup>-</sup> )			

<sup>†</sup> Total theoretical internal conversion coefficients, calculated using the BrIcc code (2008Ki07) with Frozen orbital approximation based on  $\gamma$ -ray energies, assigned multipolarities, and mixing ratios, unless otherwise specified.

**Adopted Levels, Gammas**Level Scheme

Intensities: Relative photon branching from each level

 $^{156}_{69}\text{Tm}_{87}$

**Adopted Levels, Gammas****Band(A): Possible ( $\pi$  7/2[523])( $\nu$  1/2[660]) band** $^{156}_{69}\text{Tm}_{87}$