

^{156}Ho IT decay (7.6 min) [2003KaZP](#),[1999KaZV](#)

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	C. W. Reich	NDS 113, 2537 (2012)	1-Mar-2012

Parent: ^{156}Ho : $E=52.37+x$; $J^\pi=9^+$; $T_{1/2}=7.6$ min 3; %IT decay=25.0

^{156}Ho -[1999KaZV](#) estimate that $x\approx 350$ keV.

^{156}Ho -%IT decay: From % ε +% β^+ =75 ([1999KaZV](#)). Thus, %IT=25.

Additional information 1.

[2003KaZP](#): Source produced in p-induced spallation of W, followed by on-line separation. Probably an experimental set-up similar to that of [1999KaZV](#). Report $T_{1/2}$ as well as properties of γ 's emitted from the daughter nuclide, ^{156}Dy .

[1999KaZV](#): Source produced in p-induced spallation of W. Isotope-separated sources. Measured E_γ , I_γ , $\gamma\gamma$, ce, $T_{1/2}$.

[1976IwZZ](#): Source produced in the $^{160}\text{Dy}(p,5n)$ reaction, $E(p)=52$ MeV. Source material contained both the isomer and the ^{156}Ho g.s. γ 's studied using a 40 cm³ GeLI detector. For the isomer, report $T_{1/2}$ and two γ 's deexciting the 2787 level.

[2002KaZO](#): Report $T_{1/2}$ for this isomer.

Properties of this isomer are deduced primarily from the $\varepsilon+\beta^+$ decay data. The existence of an IT-decay branch is inferred from the fact that γ 's from the decay of the g.s. are observed ([1999KaZV](#)). However, it is not known just which ^{156}Ho levels are populated in the IT decay.

 ^{156}Ho Levels

E(level)	J^π^\dagger	$T_{1/2}$	Comments
0	4^-	56 min 1	No features of the IT decay branch are presently known. However, since such a branch exists, it is expected that the g.s. is in fact populated in the decay of the 7.6-min isomer.
52.37+x	9^+	7.6 min 3	$T_{1/2}$: From the adopted values. %IT=25; % ε +% β^+ =75 From an allowed-unhindered (<i>au</i>) β^+ transition to the 2787, 8^+ level in ^{156}Dy , conf= $\pi 7/2[523]+\nu 11/2[505]$. E(level): From consideration of the expected log <i>ft</i> values for the <i>au</i> β transitions in this region, 1999KaZV estimate E(level) ≈ 350 keV. $T_{1/2}$: Weighted average of: 7.25 min 35 2003KaZP ; and 7.8 min 3 2002KaZO . Others: 7.4 min (1976IwZZ); ≈ 6 min (1999KaZV).

[†] From the adopted values.