

^{154}Ho $\varepsilon+\beta^+$ decay (3.10 min) 1980Zo02

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	N. Nica	NDS 200,2 (2025)	22-Aug-2022

Parent: ^{154}Ho : E=243 28; $J^\pi=8^+$; $T_{1/2}=3.10$ min 14; $Q(\varepsilon)=5755$ 10; $\% \varepsilon + \% \beta^+$ decay=100

^{154}Ho -E: From 2021Ko07.

^{154}Ho -Additional information 1.

^{154}Ho -Q($\varepsilon+\beta^+$): From 2021Wa16.

^{154}Ho - $\% \varepsilon + \% \beta^+$ decay: From $\% \alpha < 0.001$ (1974Sc19).

Additional information 2.

Experimental methods:

1968Wa12: Produced by $^{148}\text{Sm}(^{11}\text{B},5\text{n})$ and $(^{10}\text{B},4\text{n})$ with $E(^{11}\text{B})=75$ MeV and $E(^{10}\text{B})=60$ MeV. γ singles and $\gamma\gamma$ coincidences measured with Ge and NaI(Tl) detectors. Report 19 γ 's.

1974Sc19: Produced by $^{147}\text{Sm}(^{10}\text{B},3\text{n})$ with $E(^{10}\text{B})=41$ and 45 MeV. γ 's measured with Ge detector; report 19 γ 's.

1980Zo02: Produced by $^{148}\text{Sm}(^{11}\text{B},5\text{n})$ with $E(^{11}\text{B})=83$ MeV. Measured γ singles and $\gamma\gamma$ coincidences with Ge detectors and ce with Si(Li) detectors. Reported 32 γ 's, 16 with multiplicities. Preliminary reports: 1975ZoZT and 1977ZoZY.

1983Ai06, 1983AiZP: Measured β^+ end-point with Ge detector.

1983GaZR: Measured ce with Si(Li) detector and reported α_K and α_L values.

1991AiZY: Measured β^+ end-points with Ge detector to determine isomer excitation energy.

 ^{154}Dy Levels

E(level) [†]	J^π [‡]	$T_{1/2}$ [#]	Comments
0.0 [@]	0 ⁺	3.0×10^6 y 15	
334.50 [@] 10	2 ⁺	27.5 ps 20	
746.98 [@] 13	4 ⁺	6.9 ps 5	
905.29 ^{&} 13	2 ⁺		
1224.07 [@] 15	6 ⁺	2.4 ps 4	
1251.80 ^{&} 15	4 ⁺		
1334.27 ^a 22	(3 ⁺)		
1545.9 ^b 4	(5 ⁻)		
1658.71 ^{&} 16	6 ⁺		
1739.98 ^a 19	5 ⁺		
1747.83 [@] 17	(8 ⁺)	1.5 ps 3	
1819.2 ^c 5	(4 ⁻)		
1885.5 ^a 3	(6 ⁺)		
1964.67 ^b 25	7 ⁻		
2163.4 ^{&} 3	8 ⁺		
2183.43 ^a 21	7 ⁺		E(level): Note that this is not the same as the 2183.9 level proposed to be populated in the decay of 11.76-m ^{154}Ho . See the comment in that data set.
2192.4 4	(8 ⁺)		
2472.89 ^d 17	7 ⁺		

[†] From least-squares fit to γ energies.

[‡] Values reported by 1980Zo02. Based on γ multiplicities and expected band structure, including the results of nuclear-model calculations. These values are also the adopted ones, except for the 1334, 1743, and 2192 levels, which are shown here in parentheses.

[#] From the adopted values.

[@] Band(A): Ground-state band.

[&] Band(B): First excited 2⁺ band. Denoted as a quasi- β band by 1980Zo02.

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$^{154}\text{Ho } \varepsilon + \beta^+ \text{ decay (3.10 min) } \quad \mathbf{1980Z\text{0}02} \text{ (continued)}$ ^{154}Dy Levels (continued)^a Band(C): Quasi-gamma band.^b Band(D): Octupole-based band, odd-spin states.^c Band(E): Octupole-related level sequence.^d Band(F): 7⁺ bandhead, probable configuration is (ν 3/2[532])+(ν 11/2[505]). ε, β^+ radiations

Additional information 3.

av $E\beta$: Additional information 4.

E(decay)	E(level)	$I\beta^+ \ddagger$	$I\varepsilon \ddagger$	Log ft	$I(\varepsilon + \beta^+) \ddagger \ddagger$	Comments
(3525 30)	2472.89	22.174	36.826	4.9	59	av $E\beta=1125$ 14; $\varepsilon K=0.522$ 8; $\varepsilon L=0.0775$ 12; $\varepsilon M+=0.02419$ 29
(3806 30)	2192.4	0.49818	0.60182	6.7	1.1	av $E\beta=1252$ 14; $\varepsilon K=0.458$ 7; $\varepsilon L=0.0678$ 11; $\varepsilon M+=0.02116$ 27
(3815 30)	2183.43	0.77396	0.92604	6.5	1.7	av $E\beta=1256$ 14; $\varepsilon K=0.456$ 7; $\varepsilon L=0.0675$ 11; $\varepsilon M+=0.02108$ 27
(4033 30)	1964.67	1.2266	1.1734	6.5	2.4	av $E\beta=1355$ 14; $\varepsilon K=0.409$ 7; $\varepsilon L=0.0606$ 10; $\varepsilon M+=0.01889$ 25
(4250 30)	1747.83	3.3715	2.6285	6.2	6	av $E\beta=1454$ 14; $\varepsilon K=0.367$ 6; $\varepsilon L=0.0542$ 9; $\varepsilon M+=0.01691$ 23 E(decay): 4340 80 (1983A106).

[†] Values are from computed γ -transition intensity balances. However, values for levels with $J \leq 6$ are set to 0. As a result of the method of normalizing the γ intensities and these deletions, the sum of the $\varepsilon + \beta^+$ intensities given is only 70%. Although other explanations are possible, most likely many γ transitions have not been seen. This idea is supported by the fact that many lower spin levels have positive computed feedings which could be eliminated by γ feeding from higher-lying levels. As a result of this ambiguity, no uncertainties are given.

[‡] Absolute intensity per 100 decays.

 $\gamma(^{154}\text{Dy})$

$I\gamma$ normalization: Calculated to give 100% for γ feeding of ground state for ε decays. See footnote on $I(\varepsilon + \beta^+)$ values for added comments.

$E_\gamma \ddagger \ddagger$	$I_\gamma \ddagger^b$	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. [#]	α^c	Comments
280.4	1.4 2	2472.89	7 ⁺	2192.4	(8 ⁺)	[M1,E2]	0.11 @ 3	$\alpha(K)=0.09$ 3; $\alpha(L)=0.0163$ 3; $\alpha(M)=0.00366$ 8; $\alpha(N+..)=0.000961$ 15 $\alpha(N)=0.000839$ 13; $\alpha(O)=0.000116$ 7; $\alpha(P)=5.0 \times 10^{-6}$ 21 % $I\gamma=1.32$ 19
289.3 2	5.2 4	2472.89	7 ⁺	2183.43	7 ⁺	E0+M1,E2	0.23 & 3	% $I\gamma=4.9$ 4 $\alpha(K)_{\text{exp}}: 0.191$ 21 (1980Z\text{0}02).
309.5 2	4.1 3	2472.89	7 ⁺	2163.4	8 ⁺	M1	0.1039	$\alpha(K)=0.0877$ 13; $\alpha(L)=0.01262$ 18; $\alpha(M)=0.00277$ 4; $\alpha(N+..)=0.000740$ 11 $\alpha(N)=0.000640$ 9; $\alpha(O)=9.39 \times 10^{-5}$ 14; $\alpha(P)=5.41 \times 10^{-6}$ 8 % $I\gamma=3.9$ 3 $\alpha(K)_{\text{exp}}: 0.094$ 11 (1980Z\text{0}02).
334.6 1	100	334.50	2 ⁺	0.0	0 ⁺	E2	0.0464	$\alpha(K)=0.0355$ 5; $\alpha(L)=0.00850$ 12; $\alpha(M)=0.00195$

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^{154}Ho $\varepsilon+\beta^+$ decay (3.10 min) 1980Zo02 (continued)

$\gamma(^{154}\text{Dy})$ (continued)								
E_γ ^{†‡}	I_γ ^{†b}	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. [#]	α^c	Comments
								3; $\alpha(\text{N}+..)=0.000504$ 7 $\alpha(\text{N})=0.000443$ 7; $\alpha(\text{O})=5.89\times 10^{-5}$ 9; $\alpha(\text{P})=1.88\times 10^{-6}$ 3 %I γ =93.9 3 $\alpha(\text{K})_{\text{exp}}$: 0.036 (1980Zo02). $\alpha(\text{K})=0.0322$ 5; $\alpha(\text{L})=0.00752$ 11; $\alpha(\text{M})=0.001721$ 25; $\alpha(\text{N}+..)=0.000446$ 7 $\alpha(\text{N})=0.000392$ 6; $\alpha(\text{O})=5.22\times 10^{-5}$ 8; $\alpha(\text{P})=1.720\times 10^{-6}$ 25 %I γ =9.9 7 $\alpha(\text{K})=0.0209$ 3; $\alpha(\text{L})=0.00442$ 7; $\alpha(\text{M})=0.001004$ 15; $\alpha(\text{N}+..)=0.000261$ 4 $\alpha(\text{N})=0.000229$ 4; $\alpha(\text{O})=3.10\times 10^{-5}$ 5; $\alpha(\text{P})=1.144\times 10^{-6}$ 17 %I γ =2.9 5 $\alpha(\text{K})_{\text{exp}}$: 0.019 2 (1980Zo02), includes 400K9; $\alpha(\text{K})=0.0208$ 3; $\alpha(\text{L})=0.00438$ 7; $\alpha(\text{M})=0.000995$ 14; $\alpha(\text{N}+..)=0.000259$ 4 $\alpha(\text{N})=0.000227$ 4; $\alpha(\text{O})=3.08\times 10^{-5}$ 5; $\alpha(\text{P})=1.137\times 10^{-6}$ 16 %I γ =19.0 13 $\alpha(\text{K})_{\text{exp}}$: 0.019 2 (1980Zo02), includes 400K9; $\alpha(\text{K})_{\text{exp}}$: 0.0205 17 (1980Zo02). %I γ =2.5 3 $\alpha(\text{K})_{\text{exp}}$: 0.23 3 (1980Zo02). $\alpha(\text{K})=0.01658$ 24; $\alpha(\text{L})=0.00333$ 5; $\alpha(\text{M})=0.000753$ 11; $\alpha(\text{N}+..)=0.000196$ 3 $\alpha(\text{N})=0.0001719$ 25; $\alpha(\text{O})=2.35\times 10^{-5}$ 4; $\alpha(\text{P})=9.16\times 10^{-7}$ 13 %I γ =5.2 4 $\alpha(\text{K})_{\text{exp}}$: 0.015 4 (1980Zo02). $\alpha(\text{K})=0.01373$ 20; $\alpha(\text{L})=0.00265$ 4; $\alpha(\text{M})=0.000598$ 9; $\alpha(\text{N}+..)=0.0001562$ 22 $\alpha(\text{N})=0.0001367$ 20; $\alpha(\text{O})=1.88\times 10^{-5}$ 3; $\alpha(\text{P})=7.65\times 10^{-7}$ 11 %I γ =55 3 $\alpha(\text{K})_{\text{exp}}$: 0.012 2 (1980Zo02). $\alpha(\text{K})\approx 0.01192$; $\alpha(\text{L})\approx 0.00224$; $\alpha(\text{M})\approx 0.000504$; $\alpha(\text{N}+..)\approx 0.0001318$ $\alpha(\text{N})\approx 0.0001152$; $\alpha(\text{O})\approx 1.591\times 10^{-5}$; $\alpha(\text{P})\approx 6.68\times 10^{-7}$ %I γ $\approx$ 3.66 $\alpha(\text{K})_{\text{exp}}$: 0.0626 52 (1980Zo02), includes 504.8 γ . %I γ $\approx$ 12.7 $\alpha(\text{K})_{\text{exp}}$: 0.0626 52 (1980Zo02), includes 504.6 γ . $\alpha(\text{K})=0.018$ 7; $\alpha(\text{L})=0.0027$ 7 %I γ =1.9 3
346.5 1	10.5 7	1251.80	4 ⁺	905.29	2 ⁺	E2	0.0419	
405.8 4	3.1 5	1739.98	5 ⁺	1334.27	(3 ⁺)	[E2]	0.0266	
406.9 1	20.2 14	1658.71	6 ⁺	1251.80	4 ⁺	E2	0.0264	
412.4 1	84 5	746.98	4 ⁺	334.50	2 ⁺	E2	0.0255	
434.7 2	2.7 3	1658.71	6 ⁺	1224.07	6 ⁺	E2+E0(+M1)	0.27 & 3	
443.4 2	5.5 4	2183.43	7 ⁺	1739.98	5 ⁺	E2	0.0209	
477.1 1	59 3	1224.07	6 ⁺	746.98	4 ⁺	E2	0.01714	
$\approx$ 504.6	$\approx$ 3.9	2163.4	8 ⁺	1658.71	6 ⁺	[E2]	0.01480	
$\approx$ 504.8	$\approx$ 13.5	1251.80	4 ⁺	746.98	4 ⁺	E0+E2,M1	0.094 ^a 15	
515.6 3	2.0 3	1739.98	5 ⁺	1224.07	6 ⁺	[M1,E2]	0.021 7	

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$^{154}\text{Ho } \varepsilon + \beta^+ \text{ decay (3.10 min) } \quad \text{1980Zr02 (continued)}$

$\gamma(^{154}\text{Dy})$ (continued)								Comments
E_γ ††	I_γ $^{\dagger b}$	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. $^\#$	α^c	
523.8 1	19.5 11	1747.83	(8 ⁺)	1224.07	6 ⁺	E2	0.01344	$\alpha(\text{K})=0.01087$ 16; $\alpha(\text{L})=0.00200$ 3; $\alpha(\text{M})=0.000450$ 7; $\alpha(\text{N}+..)=0.0001179$ 17 $\alpha(\text{N})=0.0001031$ 15; $\alpha(\text{O})=1.427\times 10^{-5}$ 20; $\alpha(\text{P})=6.11\times 10^{-7}$ 9 %I γ =18.3 10 $\alpha(\text{K})_{\text{exp}}: 0.011$ 2 (1980Zr02).
570.7 1	11.2 6	905.29	2 ⁺	334.50	2 ⁺	E0+E2,M1	0.025 $^\&$ 3	%I γ =10.5 6 $\alpha(\text{K})_{\text{exp}}: 0.021$ 3 (1980Zr02).
587.3 d 3	0.6 d 2	1334.27	(3 ⁺)	746.98	4 ⁺	[M1,E2]	0.015 $^\text{@}$ 5	$\alpha(\text{K})=0.012$ 5; $\alpha(\text{L})=0.0019$ 5; $\alpha(\text{M})=0.00042$ 10; $\alpha(\text{N}+..)=0.00011$ 3 $\alpha(\text{N})=9.7\times 10^{-5}$ 23; $\alpha(\text{O})=1.4\times 10^{-5}$ 4; $\alpha(\text{P})=7$ %I γ =0.56 19 I γ : Measured I γ =1.3 2 for doubly placed γ , decomposed by evaluator based on data from $^{154}\text{Ho } \varepsilon$ decay (11.8 m).
587.3 de 3	0.7 d 4	2472.89	7 ⁺	1885.5	(6 ⁺)	[M1,E2]	0.015 $^\text{@}$ 5	$\alpha(\text{K})=0.012$ 5; $\alpha(\text{L})=0.0019$ 5; $\alpha(\text{M})=0.00042$ 10; $\alpha(\text{N}+..)=0.00011$ 3 $\alpha(\text{N})=9.7\times 10^{-5}$ 23; $\alpha(\text{O})=1.4\times 10^{-5}$ 4; $\alpha(\text{P})=7$ %I γ =0.7 4 I γ : Intensity divided by evaluator, see 587 γ from 1334 level.
661.5 3	1.9 5	1885.5	(6 ⁺)	1224.07	6 ⁺	M1,E2	0.011 $^\text{@}$ 4	$\alpha(\text{K})=0.009$ 3; $\alpha(\text{L})=0.0014$ 4; $\alpha(\text{M})=0.00031$ 8; $\alpha(\text{N}+..)=8.2\times 10^{-5}$ 21 $\alpha(\text{N})=7.1\times 10^{-5}$ 18; $\alpha(\text{O})=1.0\times 10^{-5}$ 3; $\alpha(\text{P})=5.6\times 10^{-7}$ 20 %I γ =1.8 5 $\alpha(\text{K})_{\text{exp}}: 0.013$ 8 (1980Zr02).
725.1 1	13.3 8	2472.89	7 ⁺	1747.83	(8 ⁺)	M1+E2	0.009 $^\text{@}$ 3	$\alpha(\text{K})=0.0075$ 25; $\alpha(\text{L})=0.0011$ 3; $\alpha(\text{M})=0.00024$ 6; $\alpha(\text{N}+..)=6.4\times 10^{-5}$ 17 $\alpha(\text{N})=5.6\times 10^{-5}$ 14; $\alpha(\text{O})=8.1\times 10^{-6}$ 22; $\alpha(\text{P})=4.5\times 10^{-7}$ 16 %I γ =12.5 8 $\alpha(\text{K})_{\text{exp}}: 0.0069$ 12 (1980Zr02).
732.8 2	3.3 3	2472.89	7 ⁺	1739.98	5 ⁺	[E2]	0.00597	$\alpha(\text{K})=0.00495$ 7; $\alpha(\text{L})=0.000800$ 12; $\alpha(\text{M})=0.0001775$ 25; $\alpha(\text{N}+..)=4.69\times 10^{-5}$ 7 $\alpha(\text{N})=4.08\times 10^{-5}$ 6; $\alpha(\text{O})=5.78\times 10^{-6}$ 9; $\alpha(\text{P})=2.84\times 10^{-7}$ 4 %I γ =3.1 3
740.6 2	2.5 3	1964.67	7 ⁻	1224.07	6 ⁺	[E1]	0.00223	$\alpha(\text{K})=0.00191$ 3; $\alpha(\text{L})=0.000256$ 4; $\alpha(\text{M})=5.57\times 10^{-5}$ 8; $\alpha(\text{N}+..)=1.481\times 10^{-5}$ 21 $\alpha(\text{N})=1.284\times 10^{-5}$ 18; $\alpha(\text{O})=1.87\times 10^{-6}$ 3; $\alpha(\text{P})=1.056\times 10^{-7}$ 15 %I γ =2.4 3
798.9 3	1.5 3	1545.9	(5 ⁻)	746.98	4 ⁺	[E1]	0.00192	$\alpha(\text{K})=0.001639$ 23; $\alpha(\text{L})=0.000220$ 3; $\alpha(\text{M})=4.77\times 10^{-5}$ 7; $\alpha(\text{N}+..)=1.270\times 10^{-5}$ 18 $\alpha(\text{N})=1.100\times 10^{-5}$ 16; $\alpha(\text{O})=1.603\times 10^{-6}$ 23; $\alpha(\text{P})=9.10\times 10^{-8}$ 13 %I γ =1.4 3

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^{154}Ho $\varepsilon+\beta^+$ decay (3.10 min) 1980Zo02 (continued) $\gamma(^{154}\text{Dy})$ (continued)

E_γ ††	I_γ $^{\dagger b}$	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. $^\#$	α^c	Comments
814.2 2	15.0 9	2472.89	7 ⁺	1658.71	6 ⁺	M1+E2	0.0067 $^{\textcircled{a}}$ 21	$\alpha(\text{K})=0.0057$ 18; $\alpha(\text{L})=0.00083$ 21; $\alpha(\text{M})=0.00018$ 5; $\alpha(\text{N}+..)=4.8\times 10^{-5}$ 13 $\alpha(\text{N})=4.2\times 10^{-5}$ 11; $\alpha(\text{O})=6.1\times 10^{-6}$ 17; $\alpha(\text{P})=3.4\times 10^{-7}$ 12 %I γ =14.1 9
905.2 3	1.8 3	905.29	2 ⁺	0.0	0 ⁺	[E2]	0.00375	$\alpha(\text{K})_{\text{exp}}: 0.0057$ 10 (1980Zo02). $\alpha(\text{K})=0.00314$ 5; $\alpha(\text{L})=0.000478$ 7; $\alpha(\text{M})=0.0001054$ 15; $\alpha(\text{N}+..)=2.79\times 10^{-5}$ 4 $\alpha(\text{N})=2.43\times 10^{-5}$ 4; $\alpha(\text{O})=3.48\times 10^{-6}$ 5; $\alpha(\text{P})=1.81\times 10^{-7}$ 3 %I γ =1.7 3
959.1 3	2.6 3	2183.43	7 ⁺	1224.07	6 ⁺	[M1,E2]	0.0046 $^{\textcircled{a}}$ 13	$\alpha(\text{K})=0.0039$ 11; $\alpha(\text{L})=0.00055$ 14; $\alpha(\text{M})=0.00012$ 3; $\alpha(\text{N}+..)=3.2\times 10^{-5}$ 8 $\alpha(\text{N})=2.8\times 10^{-5}$ 7; $\alpha(\text{O})=4.1\times 10^{-6}$ 11; $\alpha(\text{P})=2.3\times 10^{-7}$ 7 %I γ =2.4 3
968.3 3	2.7 3	2192.4	(8 ⁺)	1224.07	6 ⁺	[E2]	0.00325	$\alpha(\text{K})=0.00273$ 4; $\alpha(\text{L})=0.000409$ 6; $\alpha(\text{M})=9.01\times 10^{-5}$ 13; $\alpha(\text{N}+..)=2.39\times 10^{-5}$ 4 $\alpha(\text{N})=2.07\times 10^{-5}$ 3; $\alpha(\text{O})=2.98\times 10^{-6}$ 5; $\alpha(\text{P})=1.575\times 10^{-7}$ 22 %I γ =2.5 3
992.9 3	5.3 5	1739.98	5 ⁺	746.98	4 ⁺	[M1,E2]	0.0042 $^{\textcircled{a}}$ 12	$\alpha(\text{K})=0.0036$ 10; $\alpha(\text{L})=0.00051$ 13; $\alpha(\text{M})=0.00011$ 3; $\alpha(\text{N}+..)=3.0\times 10^{-5}$ 8 $\alpha(\text{N})=2.6\times 10^{-5}$ 7; $\alpha(\text{O})=3.8\times 10^{-6}$ 10; $\alpha(\text{P})=2.1\times 10^{-7}$ 7 %I γ =5.0 5
999.7 3	2.5 3	1334.27	(3 ⁺)	334.50	2 ⁺	[M1,E2]	0.0042 $^{\textcircled{a}}$ 12	$\alpha(\text{K})=0.0035$ 10; $\alpha(\text{L})=0.00050$ 13; $\alpha(\text{M})=0.00011$ 3; $\alpha(\text{N}+..)=2.9\times 10^{-5}$ 8 $\alpha(\text{N})=2.5\times 10^{-5}$ 7; $\alpha(\text{O})=3.7\times 10^{-6}$ 10; $\alpha(\text{P})=2.1\times 10^{-7}$ 7 %I γ =2.4 3
1072.2 4	0.3 1	1819.2	(4 ⁻)	746.98	4 ⁺	[E1]	1.10×10^{-3}	$\alpha(\text{K})=0.000938$ 14; $\alpha(\text{L})=0.0001242$ 18; $\alpha(\text{M})=2.69\times 10^{-5}$ 4; $\alpha(\text{N}+..)=7.17\times 10^{-6}$ 10 $\alpha(\text{N})=6.21\times 10^{-6}$ 9; $\alpha(\text{O})=9.09\times 10^{-7}$ 13; $\alpha(\text{P})=5.24\times 10^{-8}$ 8 %I γ =0.28 10
1138.5 3	1.0 2	1885.5	(6 ⁺)	746.98	4 ⁺	[E2]	0.00234	$\alpha(\text{K})=0.00197$ 3; $\alpha(\text{L})=0.000286$ 4; $\alpha(\text{M})=6.26\times 10^{-5}$ 9; $\alpha(\text{N}+..)=1.775\times 10^{-5}$ 25 $\alpha(\text{N})=1.444\times 10^{-5}$ 21; $\alpha(\text{O})=2.09\times 10^{-6}$ 3; $\alpha(\text{P})=1.138\times 10^{-7}$ 16; $\alpha(\text{IPF})=1.105\times 10^{-6}$ 19 %I γ =0.94 19
1250.1 7	18.9 10	2472.89	7 ⁺	1224.07	6 ⁺	M1	0.00312	$\alpha(\text{K})=0.00265$ 4; $\alpha(\text{L})=0.000363$ 6; $\alpha(\text{M})=7.92\times 10^{-5}$ 12;

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$^{154}\text{Ho } \varepsilon + \beta^+ \text{ decay (3.10 min) } \quad \text{1980Zo02 (continued)}$ $\gamma(^{154}\text{Dy}) \text{ (continued)}$

<u>E_γ</u> ^{†‡}	<u>$E_i(\text{level})$</u>	<u>Comments</u>
		$\alpha(\text{N}+..)=3.46 \times 10^{-5} \quad 5$ $\alpha(\text{N})=1.83 \times 10^{-5} \quad 3$; $\alpha(\text{O})=2.70 \times 10^{-6} \quad 4$; $\alpha(\text{P})=1.591 \times 10^{-7} \quad 23$; $\alpha(\text{IPF})=1.338 \times 10^{-5} \quad 22$ $\%I\gamma=17.8 \quad 10$ $\alpha(\text{K})_{\text{exp}}: 0.0032 \quad 8 \text{ (1980Zo02).}$

[†] From evaluator's average of the data of 1968Wa12, 1974Sc19, and 1980Zo02, but primarily from 1980Zo02.

[‡] The 157.8 and 471.9 γ 's reported by 1968Wa12 are assigned to ^{152}Tb (4.2 m) by 1980Zo02.

Assignments are from Adopted Gammas. However, they are primarily from this decay mode from $\alpha_{\text{K}}(\text{exp})$ data (1980Zo02).

Other: 1983GaZR.

@ Value computed assuming $\delta=1$, with no uncertainty.

& Based on $\alpha_{\text{K}}(\text{exp})$ (1980Zo02).

^a Based on $\alpha_{\text{K}}(\text{exp})$ (1980Zo02) from 11.76-m decay, where γ is not multiply placed.

^b For absolute intensity per 100 decays, multiply by 0.939 3.

^c Total theoretical internal conversion coefficients, calculated using the BrIcc code (2008Ki07) with "Frozen Orbitals" approximation based on γ -ray energies, assigned multipolarities, and mixing ratios, unless otherwise specified.

^d Multiply placed with intensity suitably divided.

^e Placement of transition in the level scheme is uncertain.

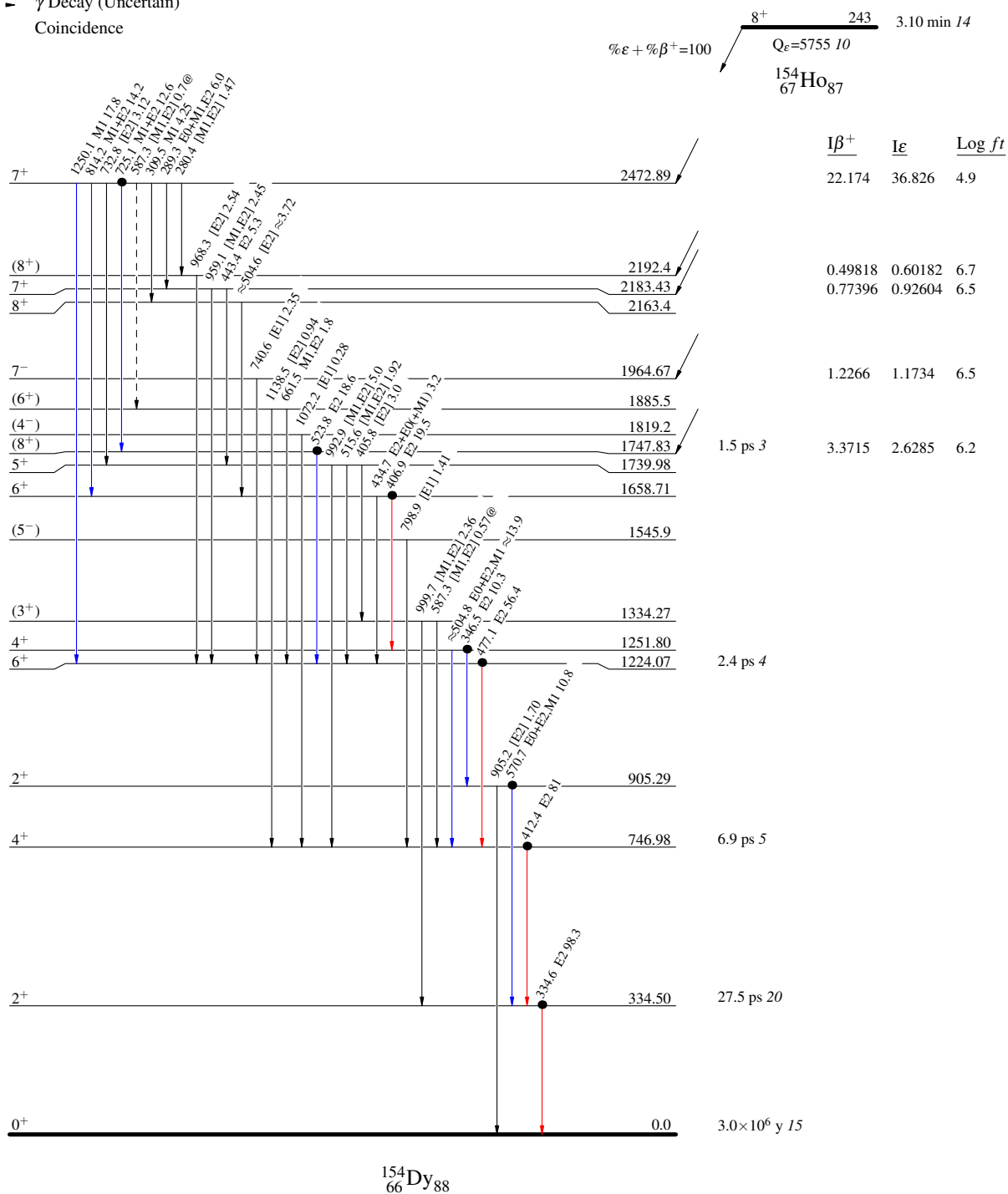
^{154}Ho $\varepsilon + \beta^+$ decay (3.10 min) 1980Zo02

Legend

- $I_\gamma < 2\% \times I_\gamma^{\max}$
- $I_\gamma < 10\% \times I_\gamma^{\max}$
- $I_\gamma > 10\% \times I_\gamma^{\max}$
- - - γ Decay (Uncertain)
- Coincidence

Decay Scheme

Intensities: $I_{(\gamma+ce)}$ per 100 parent decays
 @ Multiply placed: intensity suitably divided



¹⁵⁴Ho ε decay (3.10 min) 1980Zo02

Band(F): 7⁺ bandhead,
probable configuration
is (ν 3/2[532])+(ν
11/2[505])

