

Adopted Levels, Gammas

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	N. Nica	NDS 170, 1 (2020)	16-Aug-2020

 $Q(\beta^-)=-4543~10; S(n)=9479~13; S(p)=2183~7; Q(\alpha)=4052~4$ [2017Wa10](#)There is no overlap between the levels populated in the ^{153}Er ϵ decay and those from the in-beam reactions. **^{153}Ho Levels**

For population intensities of SD bands, see that data set.

Cross Reference (XREF) Flags

A	^{153}Er ϵ decay
B	$^{120}\text{Sn}(^{37}\text{Cl},4n\gamma)$:SD
C	$^{139}\text{La}(^{20}\text{Ne},6n\gamma)$
D	(HI,xn γ)

E(level) ^{†‡}	J ^π #	T _{1/2} [@]	XREF	Comments
0.0	11/2 ⁻	2.01 min 3	A CD	$\%_{\epsilon}+\%_{\beta^+}=99.949~25; \%_{\alpha}=0.051~25$ $\mu=+6.81~5; Q=-1.1~5$ $\langle r^2 \rangle^{1/2}=5.076~\text{fm}~34$ (2013An02 , evaluation). $\%_{\alpha}$: α branching deduced by 1974Sc19 from measured $I_{K\alpha}$, corrected for direct feeding of excited states in ^{153}Dy . Value may be incorrect since I_{γ} in 1974Sc19 do not agree with subsequent measurements. J^π : From collinear spectroscopy measurements (1988NeZZ and 1989Al27); parity deduced from HF ≈ 0.5 for α decay to 11/2 ⁻ level. J^π : Possible h _{11/2} proton state. $T_{1/2}$: Weighted average of 2.0 m I (1971To01), 2.00 m 5 (1984Al31), 2.02 m 3 (1993Al03). μ : From 2014StZZ compilation and based on data of 1989Al27 (by laser resonance ionization mass spectroscopy). Q : From 2016St14 and based on data of 1989Al27 (by laser resonance ionization mass spectroscopy). $\Delta\langle r^2 \rangle$ values (1989Al27) are: (153-165)=1.252 fm ² 5, (153-154)=0.085 6, (153-155)=0.303 6, and (152-153)=0.154 7. The uncertainties are the statistical contributions only. Other: see plot in 1988NeZZ . $\%_{\epsilon}+\%_{\beta^+}=99.82~8; \%_{\alpha}=0.18~8$ $\mu=+1.19~1$
68.7 3	1/2 ⁺	9.3 min 5	A	Additional information 1. J^π : From collinear laser spectroscopy measurements (1988NeZZ); parity deduced from HF ≈ 3 to 1/2 ⁺ level. Possible s _{1/2} proton state. $\%_{\alpha}$: α branching deduced by 1974Sc19 from measured $I_{K\alpha}$, corrected for direct feeding of excited states in ^{153}Dy . Value may be incorrect since I_{γ} in 1974Sc19 do not agree with subsequent measurements. Other $\%_{\alpha}$: 0.12 7 (1967Ha34 , some of same authors as 1974Sc19), 0.3 2 (1963Ma17), and 0.08 5 (quoted in 1974Sc19 from Golovkov, 1969). E(level): From γ energies in ^{153}Er ϵ decay; other: 68 7 from the measured α -decay energies for the 2.0-min and 9.3-min states and E(h _{11/2} in ^{149}Tb)=36.0 3. $T_{1/2}$: From 1967Ha34 ; other: 9 m 2 (1963Ma17). μ : From 2014StZZ compilation and based on data of 1989Al27 (by laser resonance ionization mass spectroscopy) with sign from 1989Ra17 evaluation. $\Delta\langle r^2 \rangle$ value (1989Al27) is: (153m-165)=1.271 fm ² 7 compared to 1.252 5 for the ^{153}Ho ground state.

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Adopted Levels, Gammas (continued) **^{153}Ho Levels (continued)**

E(level) ^{†‡}	J ^π #	T _{1/2} @	XREF	Comments
256.7 4	(3/2 ⁺)		A	J ^π : Possible d _{3/2} proton state.
351.20 15	(7/2 ⁻ ,9/2 ⁻)		A	J ^π : (5/2 ⁻ ,7/2 ⁻ ,9/2 ⁻) from log ft=5.0 from (7/2 ⁻) g.s. of ε decay parent; (7/2 ⁻ ,9/2 ⁻) from γ to 11/2 ⁻ ground state.
398.41 20	(7/2 ⁻ ,9/2 ⁻)		A	J ^π : (5/2 ⁻ ,7/2 ⁻ ,9/2 ⁻) from log ft=5.2 from (7/2 ⁻) g.s. of ε decay parent; (7/2 ⁻ ,9/2 ⁻) from γ to 11/2 ⁻ ground state.
576.3 8	15/2 ⁻		CD	J ^π : From E2 γ to 11/2 ⁻ ground state and expected J progression.
634.2 4	(5/2 ⁺)		A	J ^π : Possible d _{5/2} proton-hole state.
706.1 4			A	
726.7 8	15/2 ⁻		CD	J ^π : From E2 γ to 11/2 ⁻ ground state and expected J progression.
814.80 25			A	
926.60 25			A	
1091.1 10	15/2 ⁺		CD	J ^π : From E1, ΔJ=0 γ's to 15/2 ⁻ levels.
1150.60 20			A	
1207.4 10	19/2 ⁻		CD	J ^π : From E2 γ to 15/2 ⁻ level and expected J progression.
1359.3 10	19/2 ⁻		CD	J ^π : From E2 γ to 15/2 ⁻ level and expected J progression.
1646.3 10	19/2 ⁺		CD	J ^π : From E2 γ to 15/2 ⁺ level and expected J progression.
1700.09 22	(7/2 ⁻ ,9/2 ⁻)		A	J ^π : (5/2 ⁻ ,7/2 ⁻ ,9/2 ⁻) from log ft=4.8 from (7/2 ⁻) g.s. of ε decay parent; (7/2 ⁻ ,9/2 ⁻) from γ to 11/2 ⁻ ground state. Possible configuration=(π h _{11/2})(ν h _{9/2})1+(ν f _{7/2})5/2 ⁻ .
1800.6 11			A	
1873.4 12	23/2 ⁻		CD	J ^π : From E2 γ to 19/2 ⁻ level and expected J progression.
2002.4? 13			CD	
2030.0 11	23/2 ⁻		CD	J ^π : From γ's to 19/2 ⁻ levels and expected J progression.
2125.4 12	23/2 ⁻		CD	J ^π : From E2 γ to 19/2 ⁻ level and expected J progression.
2203.2 11	23/2 ⁺		CD	J ^π : From E2 γ to 19/2 ⁺ level and expected J progression.
2297.3 13	27/2 ⁻		CD	J ^π : From M1 γ from 25/2 ⁻ level and expected J progression.
2358.4 12	25/2 ⁻		CD	J ^π : From M1 γ to 23/2 ⁻ level and expected J progression.
2736.3 13	27/2 ⁺		CD	J ^π : From E2 γ to 23/2 ⁺ level and expected J progression.
2772.3 ^c 14	31/2 ⁺	229 ns 2	CD	J ^π : From E2 γ to 27/2 ⁺ level and expected J progression. T _{1/2} : other value 251 ns +54–38 (RF-γ(t) spectra, from 2016Pr06 in ¹³⁹ La(²⁰ Ne,6ny)).
3209.3 16	33/2 ⁺		CD	J ^π : From M1 γ to 31/2 ⁺ level and expected J progression.
3685.3 ^c 16	35/2 ⁺		CD	J ^π : From E2 γ to 31/2 ⁺ level and band assignment.
4316.3 ^c 19	39/2 ⁺		CD	J ^π : From E2 γ to 35/2 ⁺ level and band assignment.
4679.3 ^c 22	43/2 ⁺	0.5 ns 2	CD	J ^π : From E2 γ to 39/2 ⁺ level and band assignment. T _{1/2} : unit is ps in (HI,xny) but subsequently corrected to ns by 2016Pr06 in ¹³⁹ La(²⁰ Ne,6ny)).
5134.3 ^c 24	45/2 ⁺		CD	J ^π : From M1 γ to 43/2 ⁺ level and band assignment.
5771 3	(47/2 ⁺)		CD	J ^π : From (M1(+E2)) γ to 45/2 ⁺ level and expected J progression.
5896 ^c 3	49/2 ⁺		D	J ^π : From E2 γ to 45/2 ⁺ level and band assignment.
6076 3	(49/2 ⁺)		CD	J ^π : From (M1+E2) γ to (47/2 ⁺) level and expected J progression.
6393 3	(51/2 ⁺)		D	J ^π : From (M1(+E2)) γ to (49/2 ⁺) level and expected J progression.
6518 3			CD	
6937 ^c 3	53/2 ⁺		CD	Level depopulated by 761γ observed only in ¹³⁹ La(²⁰ Ne,6ny) and by 1042γ observed only in (HI,xny).
7127 3	(53/2 ⁻)		D	J ^π : From E2 γ to 49/2 ⁺ level and band assignment.
7403 ^c 3	(57/2 ⁺)		CD	J ^π : From E1 γ to (51/2 ⁺) level and expected J progression.
7598 ^c 3	61/2 ⁺	2.95 ns 15	CD	J ^π : From E2 γ to (53/2 ⁺) level and expected J progression.
7933 4	(63/2 ⁺)		D	J ^π : From (M1) γ to (61/2 ⁺) level and expected J progression.
8934 4	(65/2 ⁻)		CD	J ^π : From E1(+M2) γ to (63/2 ⁺) level and band assignment.
9074 4	67/2 ⁻	0.3 ns 1	CD	J ^π : From unambiguous E3 γ to 61/2 ⁺ level and and band assignment. T _{1/2} : other value: ≈50 ns (2016Pr06 , ¹³⁹ La(²⁰ Ne,6ny)).
9870 4	67/2 ⁻		CD	J ^π : From E2 γ from 71/2 ⁻ level and band assignment.
10200 4	(69/2 ⁻)		CD	J ^π : From (M1+E2) γ to 67/2 ⁻ level and expected J progression.

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Adopted Levels, Gammas (continued) **^{153}Ho Levels (continued)**

E(level) ^{†‡}	J ^{π#}	XREF	Comments
10259 4	(69/2 ⁻)	CD	J ^π : From E2 γ to (65/2 ⁻) level and band assignment.
10602 4	71/2 ⁻	CD	J ^π : From E2 γ to 67/2 ⁻ level and band assignment. J progression.
10911 4	(73/2 ⁻)	CD	J ^π : From E2 γ to (69/2 ⁻) level and expected J progression.
11303 4	75/2 ⁻	CD	J ^π : From E2 γ to 71/2 ⁻ level and band assignment.
11679 4	79/2 ⁻	CD	J ^π : From E2 γ to 75/2 ⁻ level and band assignment.
12120 4		CD	
12476 4		D	
x ^{&}	J	B	J ^π : J \approx (51/2 ⁻).
x+651.3 ^{&} 14	J+2	B	
x+1347.1 ^{&} 8	J+4	B	
x+2087.1 ^{&}	J+6	B	
x+2871.1 ^{&} 2	J+8	B	
x+3701.7 ^{&} 5	J+10	B	
x+4577.3 ^{&} 6	J+12	B	
x+5499.6 ^{&} 7	J+14	B	
x+6469.1 ^{&} 8	J+16	B	
x+7484.0 ^{&} 10	J+18	B	
x+8543.9 ^{&} 10	J+20	B	
x+9647.0 ^{&} 11	J+22	B	
x+10791.4 ^{&} 11	J+24	B	
x+11971.7 ^{&} 12	J+26	B	
x+13187.2 ^{&} 12	J+28	B	
x+14438.3 ^{&} 12	J+30	B	
x+15733.5 ^{&} 14	J+32	B	
x+17076 ^{&} 2	J+34	B	
x+18466 ^{&} 2	J+36	B	
y ^a	J1	B	J ^π : J ₁ \approx (57/2 ⁻).
y+713. ^a 2	J1+2	B	
y+1474.0 ^a	J1+4	B	
y+2282.4 ^a 3	J1+6	B	
y+3136.5 ^a 4	J1+8	B	
y+4036.8 ^a 5	J1+10	B	
y+4983.4 ^a 6	J1+12	B	
y+5976.5 ^a 8	J1+14	B	
y+7017.8 ^a 9	J1+16	B	
y+8105.4 ^a 10	J1+18	B	
y+9239.1 ^a 11	J1+20	B	
y+10421.4 ^a 12	J1+22	B	
y+11651.0 ^a 12	J1+24	B	
y+12929.4 ^a 13	J1+26	B	
y+14255.6 ^a 13	J1+28	B	
y+15632.6 ^a 14	J1+30	B	
y+17058 ^a 2	J1+32	B	
z ^b	J2	B	J ^π : J ₂ \approx (49/2 ⁻).
z+657.0 ^b 9	J2+2	B	
z+1340.3 ^b 5	J2+4	B	
z+2066.6 ^b	J2+6	B	
z+2837.4 ^b 3	J2+8	B	

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Adopted Levels, Gammas (continued) **^{153}Ho Levels (continued)**

E(level) ^{†‡}	J ^π #	XREF	Comments
z+3653.7 ^b 4	J2+10	B	
z+4515.0 ^b 5	J2+12	B	
z+5421.9 ^b 7	J2+14	B	
z+6375.2 ^b 8	J2+16	B	
z+7371.6 ^b 9	J2+18	B	
z+8417.7 ^b 10	J2+20	B	
z+9510.4 ^b 11	J2+22	B	
z+10653.7 ^b 12	J2+24	B	
z+11848.6 ^b 13	J2+26	B	
z+13096.0 ^b 16	J2+28	B	
z+14393.4 ^b 19	J2+30	B	
z+15744 ^b 3	J2+32	B	
w ^d	53/2 ⁻	D	E(level): From strong feeding of level at 5896 keV and weak population of level at 6937, W is ≥ 7 MeV.
806.2+w ^d 13	57/2 ⁻	D	
1669.1+w ^d 15	61/2 ⁻	D	
2616.9+w ^d 20	65/2 ⁻	D	
3631.5+w ^d 21	69/2 ⁻	D	
4714.1+w ^d 21	73/2 ⁻	D	
5864.3+w ^d 22	77/2 ⁻	D	
7083.0+w ^d 22	81/2 ⁻	D	
8370.4+w ^d 23	85/2 ⁻	D	
9713.3+w ^d 24	89/2 ⁻	D	

[†] From least-squares fit on γ ray energies with $\Delta E_\gamma = 1$ keV for γ 's reported without uncertainty.

[‡] As suggested in [2002Ap04](#) in (HI,xny) dataset the order of the 762 and 1043 γ 's given in [1983Ra19](#) has been reversed. This moved 49/2⁺ level at 6176 keV down to 5896 keV, 6573 to 6393, and 7307 to 7127 on the assumption that these levels follow the 49/2⁺ level. Similarly the order of 335 and 1001 γ 's had been reversed moving the intermediary 8599 keV level to 7933 keV.

[#] From comparison with model calculations for ^{153}Er ε decay levels; from multipolarity assignments and band (or cascade) structures for the levels of normal deformation bands from $^{139}\text{La}(^{20}\text{Ne},6\gamma)$ and (HI,xny) datasets; authors' values assigned relative to the spins of the yrast SD band in ^{152}Dy for SD bands from $^{120}\text{Sn}(^{37}\text{Cl},4\gamma)$:SD dataset.

[@] Above 100 keV excitation energy, the values are from (HI,xny) unless noted otherwise.

[&] Band(A): SD-1 band. Configuration= $\pi 6^4\nu 7^2 \otimes (\pi 1/2[530])$, $\alpha=-1/2$ at lower frequencies and $\pi 6^4\nu 7^2(\pi 1/2[770])$, $\alpha=-1/2$ at higher frequencies.

^a Band(B): SD-2 band. Configuration= $\pi 6^4\nu 7^2 \otimes (\pi 1/2[530])$, $\alpha=+1/2$; signature partner of SD-1 band.

^b Band(C): SD-3 band. Configuration= $\pi 6^4\nu 7^2 \otimes (\pi 7/2[523])$, $\alpha=+1/2$.

^c Seq.(E): Band based on 31/2⁺ isomer at 2772 keV.

^d Band(D): $\pi 1/2[541]$ band, $\alpha=+1/2$.

Adopted Levels, Gammas (continued)

 $\gamma(^{153}\text{Ho})$

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. [‡]	α^a	Comments
256.7	(3/2 ⁺)	188.0 2	100	68.7	1/2 ⁺	[M1] [#]	0.439	$\alpha(\text{K})=0.369\ 6; \alpha(\text{L})=0.0543\ 8; \alpha(\text{M})=0.01198\ 18$ $\alpha(\text{N})=0.00278\ 4; \alpha(\text{O})=0.000405\ 6; \alpha(\text{P})=2.28\times 10^{-5}\ 4$
351.20	(7/2 ⁻ ,9/2 ⁻)	94.5 2	0.15 10	256.7	(3/2 ⁺)	[M2,E3]	50 20	$\alpha(\text{K})=13.2\ 93; \alpha(\text{L})=28\ 22; \alpha(\text{M})=7.1\ 56$ $\alpha(\text{N})=1.6\ 13; \alpha(\text{O})=0.19\ 15; \alpha(\text{P})=0.0014\ 10$
398.41	(7/2 ⁻ ,9/2 ⁻)	351.2 2	100 1	0.0	11/2 ⁻			
398.41	(7/2 ⁻ ,9/2 ⁻)	398.4 2	100	0.0	11/2 ⁻			
576.3	15/2 ⁻	576	100	0.0	11/2 ⁻	E2 [@]	0.01105	$\alpha(\text{K})=0.00896\ 13; \alpha(\text{L})=0.001621\ 23; \alpha(\text{M})=0.000365\ 6$ $\alpha(\text{N})=8.40\times 10^{-5}\ 12; \alpha(\text{O})=1.162\times 10^{-5}\ 17; \alpha(\text{P})=5.04\times 10^{-7}\ 7$
634.2	(5/2 ⁺)	377.5 2	100 7	256.7	(3/2 ⁺)	[M1] [#]	0.0667	$\alpha(\text{K})=0.0563\ 8; \alpha(\text{L})=0.00814\ 12; \alpha(\text{M})=0.00179\ 3$ $\alpha(\text{N})=0.000416\ 6; \alpha(\text{O})=6.07\times 10^{-5}\ 9; \alpha(\text{P})=3.44\times 10^{-6}\ 5$
706.1		565.5 2	10 3	68.7	1/2 ⁺			
		449.4 2	100	256.7	(3/2 ⁺)			
726.7	15/2 ⁻	150		576.3	15/2 ⁻	(M1) [@]	0.824	$\alpha(\text{K})=0.693\ 10; \alpha(\text{L})=0.1024\ 15; \alpha(\text{M})=0.0226\ 4$ $\alpha(\text{N})=0.00525\ 8; \alpha(\text{O})=0.000764\ 11; \alpha(\text{P})=4.29\times 10^{-5}\ 6$
		727	100	0.0	11/2 ⁻	E2 [@]	0.00637	$\alpha(\text{K})=0.00526\ 8; \alpha(\text{L})=0.000868\ 13; \alpha(\text{M})=0.000194\ 3$ $\alpha(\text{N})=4.47\times 10^{-5}\ 7; \alpha(\text{O})=6.28\times 10^{-6}\ 9; \alpha(\text{P})=2.99\times 10^{-7}\ 5$
814.80		463.6 2	100	351.20	(7/2 ⁻ ,9/2 ⁻)			
926.60		575.4 2	100	351.20	(7/2 ⁻ ,9/2 ⁻)			
1091.1	15/2 ⁺	364		726.7	15/2 ⁻	E1 [@]	0.01115	$\alpha(\text{K})=0.00945\ 14; \alpha(\text{L})=0.001334\ 19; \alpha(\text{M})=0.000292\ 4$ $\alpha(\text{N})=6.74\times 10^{-5}\ 10; \alpha(\text{O})=9.60\times 10^{-6}\ 14; \alpha(\text{P})=5.00\times 10^{-7}\ 7$
		515	100	576.3	15/2 ⁻	E1 [@]	0.00502	$\alpha(\text{K})=0.00426\ 6; \alpha(\text{L})=0.000590\ 9; \alpha(\text{M})=0.0001291\ 18$ $\alpha(\text{N})=2.98\times 10^{-5}\ 5; \alpha(\text{O})=4.28\times 10^{-6}\ 6; \alpha(\text{P})=2.31\times 10^{-7}\ 4$
1150.60		1150.6 2	100	0.0	11/2 ⁻			
1207.4	19/2 ⁻	631	100	576.3	15/2 ⁻	E2 [@]	0.00886	$\alpha(\text{K})=0.00724\ 11; \alpha(\text{L})=0.001259\ 18; \alpha(\text{M})=0.000283\ 4$ $\alpha(\text{N})=6.51\times 10^{-5}\ 10; \alpha(\text{O})=9.07\times 10^{-6}\ 13; \alpha(\text{P})=4.10\times 10^{-7}\ 6$
1359.3	19/2 ⁻	152		1207.4	19/2 ⁻	(M1,E2) [@]	0.71 9	$\alpha(\text{K})=0.51\ 16; \alpha(\text{L})=0.151\ 53; \alpha(\text{M})=0.035\ 14$ $\alpha(\text{N})=0.0080\ 30; \alpha(\text{O})=1.04\times 10^{-3}\ 31; \alpha(\text{P})=2.9\times 10^{-5}\ 13$
		633		726.7	15/2 ⁻			
		783	100	576.3	15/2 ⁻	E2 [@]	0.00540	$\alpha(\text{K})=0.00447\ 7; \alpha(\text{L})=0.000720\ 10; \alpha(\text{M})=0.0001605\ 23$ $\alpha(\text{N})=3.70\times 10^{-5}\ 6; \alpha(\text{O})=5.23\times 10^{-6}\ 8; \alpha(\text{P})=2.55\times 10^{-7}\ 4$
1646.3	19/2 ⁺	287	100	1359.3	19/2 ⁻	E1 [@]	0.0199	$\alpha(\text{K})=0.01686\ 24; \alpha(\text{L})=0.00241\ 4; \alpha(\text{M})=0.000530\ 8$ $\alpha(\text{N})=0.0001220\ 17; \alpha(\text{O})=1.725\times 10^{-5}\ 25; \alpha(\text{P})=8.76\times 10^{-7}\ 13$
		439		1207.4	19/2 ⁻	E1 [@]	0.00719	$\alpha(\text{K})=0.00610\ 9; \alpha(\text{L})=0.000852\ 12; \alpha(\text{M})=0.000187\ 3$ $\alpha(\text{N})=4.31\times 10^{-5}\ 6; \alpha(\text{O})=6.16\times 10^{-6}\ 9; \alpha(\text{P})=3.27\times 10^{-7}\ 5$
		555		1091.1	15/2 ⁺	E2 [@]	0.01211	$\alpha(\text{K})=0.00980\ 14; \alpha(\text{L})=0.00180\ 3; \alpha(\text{M})=0.000406\ 6$ $\alpha(\text{N})=9.35\times 10^{-5}\ 13; \alpha(\text{O})=1.289\times 10^{-5}\ 18; \alpha(\text{P})=5.50\times 10^{-7}\ 8$
1700.09	(7/2 ⁻ ,9/2 ⁻)	1301.4	80	398.41	(7/2 ⁻ ,9/2 ⁻)			
		1348.9 3	100 13	351.20	(7/2 ⁻ ,9/2 ⁻)			
		1700.1 3	20 7	0.0	11/2 ⁻			

Adopted Levels, Gammas (continued) $\gamma(^{153}\text{Ho})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. [‡]	a^a	Comments
1800.6		1166.4	100	634.2	(5/2 ⁺)			
1873.4	23/2 ⁻	666	100	1207.4	19/2 ⁻	E2 [@]	0.00780	$\alpha(K)=0.00640\ 9; \alpha(L)=0.001090\ 16; \alpha(M)=0.000244\ 4$ $\alpha(N)=5.63\times10^{-5}\ 8; \alpha(O)=7.86\times10^{-6}\ 11; \alpha(P)=3.63\times10^{-7}\ 5$
2002.4?		795	100	1207.4	19/2 ⁻			
2030.0	23/2 ⁻	671		1359.3	19/2 ⁻			
		822		1207.4	19/2 ⁻			
2125.4	23/2 ⁻	252	56 6	1873.4	23/2 ⁻	M1 [@]	0.196	$\alpha(K)=0.1654\ 24; \alpha(L)=0.0242\ 4; \alpha(M)=0.00533\ 8$ $\alpha(N)=0.001238\ 18; \alpha(O)=0.000180\ 3; \alpha(P)=1.017\times10^{-5}\ 15$
		918	100 10	1207.4	19/2 ⁻	E2 [@]	0.00382	$\alpha(K)=0.00319\ 5; \alpha(L)=0.000492\ 7; \alpha(M)=0.0001091\ 16$ $\alpha(N)=2.52\times10^{-5}\ 4; \alpha(O)=3.59\times10^{-6}\ 5; \alpha(P)=1.83\times10^{-7}\ 3$
2203.2	23/2 ⁺	173		2030.0	23/2 ⁻	E1+M2 [@]	0.106 33	$\alpha(K)=0.087\ 26; \alpha(L)=0.0148\ 56; \alpha(M)=0.0033\ 13$ $\alpha(N)=7.7\times10^{-4}\ 31; \alpha(O)=1.07\times10^{-4}\ 43; \alpha(P)=5.2\times10^{-6}\ 22$
		330		1873.4	23/2 ⁻			
		557		1646.3	19/2 ⁺	E2 [@]	0.01200	$\alpha(K)=0.00971\ 14; \alpha(L)=0.001783\ 25; \alpha(M)=0.000402\ 6$ $\alpha(N)=9.25\times10^{-5}\ 13; \alpha(O)=1.276\times10^{-5}\ 18; \alpha(P)=5.45\times10^{-7}\ 8$
2297.3	27/2 ⁻	424	100	1873.4	23/2 ⁻			
2358.4	25/2 ⁻	61		2297.3	27/2 ⁻	M1+(E2) [@]	15.4 46	$\alpha(K)=5.7\ 34; \alpha(L)=7.5\ 62; \alpha(M)=1.8\ 15$ $\alpha(N)=0.41\ 34; \alpha(O)=0.048\ 38; \alpha(P)=3.5\times10^{-4}\ 22$
		233		2125.4	23/2 ⁻	M1 [@]	0.243	$\alpha(K)=0.205\ 3; \alpha(L)=0.0300\ 5; \alpha(M)=0.00661\ 10$ $\alpha(N)=0.001535\ 22; \alpha(O)=0.000224\ 4; \alpha(P)=1.260\times10^{-5}\ 18$
		356		2002.4?				
		485		1873.4	23/2 ⁻	(M1) [@]	0.0348	$\alpha(K)=0.0294\ 5; \alpha(L)=0.00421\ 6; \alpha(M)=0.000927\ 13$ $\alpha(N)=0.000215\ 3; \alpha(O)=3.14\times10^{-5}\ 5; \alpha(P)=1.79\times10^{-6}\ 3$
2736.3	27/2 ⁺	378	67 4	2358.4	25/2 ⁻	E1 [@]	0.01019	$\alpha(K)=0.00864\ 12; \alpha(L)=0.001217\ 17; \alpha(M)=0.000267\ 4$ $\alpha(N)=6.15\times10^{-5}\ 9; \alpha(O)=8.77\times10^{-6}\ 13; \alpha(P)=4.59\times10^{-7}\ 7$
		439		2297.3	27/2 ⁻	E1 [@]	0.00719	$\alpha(K)=0.00610\ 9; \alpha(L)=0.000852\ 12; \alpha(M)=0.000187\ 3$ $\alpha(N)=4.31\times10^{-5}\ 6; \alpha(O)=6.16\times10^{-6}\ 9; \alpha(P)=3.27\times10^{-7}\ 5$
		533	100 5	2203.2	23/2 ⁺	E2 [@]	0.01341	$\alpha(K)=0.01080\ 16; \alpha(L)=0.00202\ 3; \alpha(M)=0.000458\ 7$ $\alpha(N)=0.0001052\ 15; \alpha(O)=1.445\times10^{-5}\ 21; \alpha(P)=6.04\times10^{-7}\ 9$
2772.3	31/2 ⁺	36		2736.3	27/2 ⁺	E2 [@]	233	$\alpha(L)=179\ 3; \alpha(M)=43.1\ 6$ $\alpha(N)=9.66\ 14; \alpha(O)=1.118\ 16; \alpha(P)=0.000437\ 7$ $B(E2)(W.u.)=3.5\ 5$
		475		2297.3	27/2 ⁻	M2 [@]	0.1192	$\alpha(K)=0.0980\ 14; \alpha(L)=0.01655\ 24; \alpha(M)=0.00372\ 6$ $\alpha(N)=0.000866\ 13; \alpha(O)=0.0001251\ 18; \alpha(P)=6.78\times10^{-6}\ 10$ $B(M2)(W.u.)=0.00258\ 5$
3209.3	33/2 ⁺	437	100	2772.3	31/2 ⁺	M1 [@]	0.0456	$\alpha(K)=0.0385\ 6; \alpha(L)=0.00553\ 8; \alpha(M)=0.001217\ 17$ $\alpha(N)=0.000283\ 4; \alpha(O)=4.13\times10^{-5}\ 6; \alpha(P)=2.34\times10^{-6}\ 4$
3685.3	35/2 ⁺	476		3209.3	33/2 ⁺	(M1) [@]	0.0365	$\alpha(K)=0.0309\ 5; \alpha(L)=0.00442\ 7; \alpha(M)=0.000973\ 14$ $\alpha(N)=0.000226\ 4; \alpha(O)=3.30\times10^{-5}\ 5; \alpha(P)=1.88\times10^{-6}\ 3$

Adopted Levels, Gammas (continued)

 $\gamma(^{153}\text{Ho})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. [‡]	$\delta^{\ddagger b}$	a^a	Comments
3685.3	$35/2^+$	913		2772.3	$31/2^+$	E2 [@]		0.00387	$\alpha(K)=0.00323\ 5; \alpha(L)=0.000498\ 7; \alpha(M)=0.0001105\ 16$ $\alpha(N)=2.55\times 10^{-5}\ 4; \alpha(O)=3.63\times 10^{-6}\ 5; \alpha(P)=1.85\times 10^{-7}\ 3$
4316.3	$39/2^+$	631	100	3685.3	$35/2^+$	E2 [@]		0.00886	$\alpha(K)=0.00724\ 11; \alpha(L)=0.001259\ 18; \alpha(M)=0.000283\ 4$ $\alpha(N)=6.51\times 10^{-5}\ 10; \alpha(O)=9.07\times 10^{-6}\ 13; \alpha(P)=4.10\times 10^{-7}\ 6$
4679.3	$43/2^+$	363	100	4316.3	$39/2^+$	E2 [@]		0.0379	$\alpha(K)=0.0291\ 4; \alpha(L)=0.00683\ 10; \alpha(M)=0.001571\ 22$ $\alpha(N)=0.000359\ 5; \alpha(O)=4.76\times 10^{-5}\ 7; \alpha(P)=1.557\times 10^{-6}\ 22$ $B(E2)(W.u.)=3.6+22-11$
5134.3	$45/2^+$	455	100	4679.3	$43/2^+$	M1+E2	+0.33 3	0.0390 7	$\alpha(K)=0.0328\ 6; \alpha(L)=0.00481\ 8; \alpha(M)=0.001060\ 16$ $\alpha(N)=0.000246\ 4; \alpha(O)=3.57\times 10^{-5}\ 6; \alpha(P)=1.99\times 10^{-6}\ 4$ Mult.: M1 in (HI,xny) and (M1+E2) in $^{139}\text{La}(^{20}\text{Ne},6n\gamma)$.
5771	$(47/2^+)$	637	100	5134.3	$45/2^+$	(M1(+E2))	+0.08 +12-9	0.0174 4	$\alpha(K)=0.0147\ 4; \alpha(L)=0.00209\ 4; \alpha(M)=0.000458\ 9$ $\alpha(N)=0.0001065\ 21; \alpha(O)=1.55\times 10^{-5}\ 3; \alpha(P)=8.88\times 10^{-7}\ 20$
5896	$49/2^+$	762	100	5134.3	$45/2^+$	E2 [@]		0.00573	$\alpha(K)=0.00474\ 7; \alpha(L)=0.000771\ 11; \alpha(M)=0.0001718\ 24$ $\alpha(N)=3.97\times 10^{-5}\ 6; \alpha(O)=5.59\times 10^{-6}\ 8; \alpha(P)=2.70\times 10^{-7}\ 4$
6076	$(49/2^+)$	305	100	5771	$(47/2^+)$	(M1+E2)	+0.11 +11-5	0.1168 25	$\alpha(K)=0.0984\ 23; \alpha(L)=0.01437\ 21; \alpha(M)=0.00317\ 5$ $\alpha(N)=0.000736\ 11; \alpha(O)=0.0001071\ 17; \alpha(P)=6.03\times 10^{-6}\ 15$
6393	$(51/2^+)$	497	100	5896	$49/2^+$	(M1(+E2))	+0.3 5	0.031 6	$\alpha(K)=0.026\ 5; \alpha(L)=0.0038\ 5; \alpha(M)=0.00084\ 10$ $\alpha(N)=0.000196\ 23; \alpha(O)=2.9\times 10^{-5}\ 4; \alpha(P)=1.6\times 10^{-6}\ 3$
6518		442	100	6076	$(49/2^+)$				
6937	$53/2^+$	1042 ^c		5896	$49/2^+$	E2 [@]		0.00294	$\alpha(K)=0.00247\ 4; \alpha(L)=0.000369\ 6; \alpha(M)=8.15\times 10^{-5}\ 12$ $\alpha(N)=1.89\times 10^{-5}\ 3; \alpha(O)=2.70\times 10^{-6}\ 4; \alpha(P)=1.414\times 10^{-7}\ 20$ E _{γ} : γ ray placed at 6937 in (HI,xny) is placed at 6176 in $^{139}\text{La}(^{20}\text{Ne},6n\gamma)$.
7127	$(53/2^-)$	734	100	6393	$(51/2^+)$	E1		0.00238	$\alpha(K)=0.00203\ 3; \alpha(L)=0.000275\ 4; \alpha(M)=6.01\times 10^{-5}\ 9$ $\alpha(N)=1.390\times 10^{-5}\ 20; \alpha(O)=2.01\times 10^{-6}\ 3; \alpha(P)=1.112\times 10^{-7}\ 16$
7403	$(57/2^+)$	466	100	6937	$53/2^+$	E2		0.0190	$\alpha(K)=0.01509\ 22; \alpha(L)=0.00303\ 5; \alpha(M)=0.000689\ 10$ $\alpha(N)=0.0001582\ 23; \alpha(O)=2.15\times 10^{-5}\ 3; \alpha(P)=8.33\times 10^{-7}\ 12$
7598	$61/2^+$	195	100	7403	$(57/2^+)$	E2		0.265	$\alpha(K)=0.1729\ 25; \alpha(L)=0.0713\ 10; \alpha(M)=0.01687\ 24$ $\alpha(N)=0.00383\ 6; \alpha(O)=0.000477\ 7; \alpha(P)=8.14\times 10^{-6}\ 12$ $B(E2)(W.u.)=11.1\ 6$
7933	$(63/2^+)$	335	100	7598	$61/2^+$	(M1) [@]		0.0915	$\alpha(K)=0.0772\ 11; \alpha(L)=0.01118\ 16; \alpha(M)=0.00246\ 4$ $\alpha(N)=0.000572\ 8; \alpha(O)=8.34\times 10^{-5}\ 12; \alpha(P)=4.72\times 10^{-6}\ 7$
8934	$(65/2^-)$	1001 ^c		7933	$(63/2^+)$	E1(+M2) [@]		0.00143 13	$\alpha(K)=0.00122\ 11; \alpha(L)=0.000165\ 17; \alpha(M)=3.6\times 10^{-5}\ 4$ $\alpha(N)=8.4\times 10^{-6}\ 9; \alpha(O)=1.22\times 10^{-6}\ 13; \alpha(P)=6.9\times 10^{-8}\ 7$ E _{γ} : γ ray placed at 8934 in (HI,xny) is placed at 8599 in $^{139}\text{La}(^{20}\text{Ne},6n\gamma)$.
9074	$67/2^-$	140	100 5	8934	$(65/2^-)$	(M1+E2)	+0.20 +9-5	0.994 16	$\alpha(K)=0.827\ 20; \alpha(L)=0.131\ 7; \alpha(M)=0.0291\ 17$ $\alpha(N)=0.0067\ 4; \alpha(O)=0.00097\ 4; \alpha(P)=5.08\times 10^{-5}\ 15$ $B(M1)(W.u.)=0.012+7-4; B(E2)(W.u.)=13+28-8$
		1476	18 2	7598	$61/2^+$	E3 [@]		0.00291	$\alpha(K)=0.00240\ 4; \alpha(L)=0.000377\ 6; \alpha(M)=8.38\times 10^{-5}\ 12$

Adopted Levels, Gammas (continued)

 $\gamma(^{153}\text{Ho})$ (continued)

E _i (level)	J ^π _i	E _γ [†]	I _γ [†]	E _f	J ^π _f	Mult. [‡]	δ ^{‡b}	$\alpha^{\textcolor{blue}{a}}$	Comments
									$\alpha(\text{N})=1.94\times10^{-5}$ 3; $\alpha(\text{O})=2.78\times10^{-6}$ 4; $\alpha(\text{P})=1.442\times10^{-7}$ 21; $\alpha(\text{IPF})=2.69\times10^{-5}$ 4 $B(\text{E}3)(\text{W.u.})=16$ +12-6
9870	67/2 ⁻	796	100	9074	67/2 ⁻				
10200	(69/2 ⁻)	1126	100	9074	67/2 ⁻	(M1+E2)	+0.17 +14-11	0.00425 13	$\alpha(\text{K})=0.00361$ 11; $\alpha(\text{L})=0.000502$ 14; $\alpha(\text{M})=0.000110$ 3 $\alpha(\text{N})=2.56\times10^{-5}$ 7; $\alpha(\text{O})=3.74\times10^{-6}$ 11; $\alpha(\text{P})=2.16\times10^{-7}$ 7; $\alpha(\text{IPF})=8.37\times10^{-7}$ 15
10259	(69/2 ⁻)	389	100 10	9870	67/2 ⁻	(M1+E2)	+0.17 +11-8	0.0608 16	$\alpha(\text{K})=0.0513$ 15; $\alpha(\text{L})=0.00745$ 14; $\alpha(\text{M})=0.00164$ 3 $\alpha(\text{N})=0.000381$ 7; $\alpha(\text{O})=5.55\times10^{-5}$ 12; $\alpha(\text{P})=3.13\times10^{-6}$ 10
				1185	20 2	9074	67/2 ⁻		
				1325	48 5	8934	(65/2 ⁻)	E2	
								0.00185	$\alpha(\text{K})=0.001540$ 22; $\alpha(\text{L})=0.000220$ 3; $\alpha(\text{M})=4.85\times10^{-5}$ 7 $\alpha(\text{N})=1.122\times10^{-5}$ 16; $\alpha(\text{O})=1.621\times10^{-6}$ 23; $\alpha(\text{P})=8.83\times10^{-8}$ 13; $\alpha(\text{IPF})=2.40\times10^{-5}$ 4
10602	71/2 ⁻	343	100 5	10259	(69/2 ⁻)	(M1+E2)	+0.19 +9-8	0.0845 20	$\alpha(\text{K})=0.0711$ 18; $\alpha(\text{L})=0.01042$ 17; $\alpha(\text{M})=0.00230$ 4 $\alpha(\text{N})=0.000534$ 9; $\alpha(\text{O})=7.76\times10^{-5}$ 14; $\alpha(\text{P})=4.34\times10^{-6}$ 12
				732	33 3	9870	67/2 ⁻	E2	
				1528	55 6	9074	67/2 ⁻	E2	
								1.47×10 ⁻³	$\alpha(\text{K})=0.001175$ 17; $\alpha(\text{L})=0.0001650$ 24; $\alpha(\text{M})=3.62\times10^{-5}$ 5 $\alpha(\text{N})=8.39\times10^{-6}$ 12; $\alpha(\text{O})=1.216\times10^{-6}$ 17; $\alpha(\text{P})=6.74\times10^{-8}$ 10; $\alpha(\text{IPF})=8.20\times10^{-5}$ 12
10911	(73/2 ⁻)	652		10259	(69/2 ⁻)				
		711		10200	(69/2 ⁻)	E2		0.00670	$\alpha(\text{K})=0.00553$ 8; $\alpha(\text{L})=0.000919$ 13; $\alpha(\text{M})=0.000205$ 3 $\alpha(\text{N})=4.74\times10^{-5}$ 7; $\alpha(\text{O})=6.65\times10^{-6}$ 10; $\alpha(\text{P})=3.14\times10^{-7}$ 5
11303	75/2 ⁻	392		10911	(73/2 ⁻)				
		701		10602	71/2 ⁻	E2		0.00692	$\alpha(\text{K})=0.00570$ 8; $\alpha(\text{L})=0.000953$ 14; $\alpha(\text{M})=0.000213$ 3 $\alpha(\text{N})=4.92\times10^{-5}$ 7; $\alpha(\text{O})=6.89\times10^{-6}$ 10; $\alpha(\text{P})=3.24\times10^{-7}$ 5
11679	79/2 ⁻	376	100	11303	75/2 ⁻	E2		0.0343	$\alpha(\text{K})=0.0265$ 4; $\alpha(\text{L})=0.00606$ 9; $\alpha(\text{M})=0.001392$ 20 $\alpha(\text{N})=0.000318$ 5; $\alpha(\text{O})=4.24\times10^{-5}$ 6; $\alpha(\text{P})=1.423\times10^{-6}$ 20
12120		441	100	11679	79/2 ⁻				
12476		356	100	12120					

Adopted Levels, Gammas (continued)

 $\gamma(^{153}\text{Ho})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult. [‡]
x+651.3	J+2	651.3 19	0.44& 5	x	J	
x+1347.1	J+4	695.8 11	0.75& 8	x+651.3	J+2	(Q)
x+2087.1	J+6	740.0 8	0.95& 8	x+1347.1	J+4	(Q)
x+2871.1	J+8	784.0 2	0.99& 8	x+2087.1	J+6	(Q)
x+3701.7	J+10	830.6 5		x+2871.1	J+8	
x+4577.3	J+12	875.6 3	0.97& 10	x+3701.7	J+10	(Q)
x+5499.6	J+14	922.3 3	1.06& 9	x+4577.3	J+12	
x+6469.1	J+16	969.5 5	0.89& 9	x+5499.6	J+14	(Q)
x+7484.0	J+18	1014.9 5	0.92& 8	x+6469.1	J+16	(Q)
x+8543.9	J+20	1059.9 3	0.60& 10	x+7484.0	J+18	(Q)
x+9647.0	J+22	1103.1 3	0.71& 10	x+8543.9	J+20	
x+10791.4	J+24	1144.4 3	0.41& 7	x+9647.0	J+22	
x+11971.7	J+26	1180.3 3	0.52& 8	x+10791.4	J+24	
x+13187.2	J+28	1215.5 3	0.27& 6	x+11971.7	J+26	
x+14438.3	J+30	1251.1 3	0.27& 5	x+13187.2	J+28	
x+15733.5	J+32	1295.2 6		x+14438.3	J+30	
x+17076	J+34	1343 ^c 1		x+15733.5	J+32	
x+18466	J+36	1390 ^c 1		x+17076	J+34	
y+713.	J1+2	713. ^c 2		y	J1	
y+1474.0	J1+4	761 ^c 2		y+713.	J1+2	
y+2282.4	J1+6	808.4 3	0.41& 8	y+1474.0	J1+4	
y+3136.5	J1+8	854.1 3	0.74& 8	y+2282.4	J1+6	
y+4036.8	J1+10	900.3 3	1.26& 9	y+3136.5	J1+8	
y+4983.4	J1+12	946.6 3	0.96& 9	y+4036.8	J1+10	
y+5976.5	J1+14	993.1 5		y+4983.4	J1+12	
y+7017.8	J1+16	1041.3 5		y+5976.5	J1+14	
y+8105.4	J1+18	1087.6 3	1.04& 10	y+7017.8	J1+16	
y+9239.1	J1+20	1133.7 6	0.92& 9	y+8105.4	J1+18	
y+10421.4	J1+22	1182.3 3	0.94& 9	y+9239.1	J1+20	
y+11651.0	J1+24	1229.6 3	0.84& 8	y+10421.4	J1+22	
y+12929.4	J1+26	1278.4 4	0.71& 8	y+11651.0	J1+24	
y+14255.6	J1+28	1326.2 4	0.24& 8	y+12929.4	J1+26	
y+15632.6	J1+30	1377.0 4		y+14255.6	J1+28	
y+17058	J1+32	1425 ^c 2		y+15632.6	J1+30	
z+657.0	J2+2	657 ^c 2		z	J2	
z+1340.3	J2+4	683.3 7	0.95& 8	z+657.0	J2+2	
z+2066.6	J2+6	726.3 5		z+1340.3	J2+4	

Adopted Levels, Gammas (continued)

 $\gamma(^{153}\text{Ho})$ (continued)

E_i (level)	J_i^π	E_γ^{\dagger}	I_γ^{\dagger}	E_f	J_f^π	Mult. [‡]	α^a	Comments
z+2837.4	J2+8	770.8 3	0.83 ^{&} 9	z+2066.6	J2+6			
z+3653.7	J2+10	816.3 3	0.98 ^{&} 8	z+2837.4	J2+8			
z+4515.0	J2+12	861.3 3	1.00 ^{&} 8	z+3653.7	J2+10			
z+5421.9	J2+14	906.9 5		z+4515.0	J2+12			
z+6375.2	J2+16	953.3 3	0.89 ^{&} 8	z+5421.9	J2+14			
z+7371.6	J2+18	996.4 5		z+6375.2	J2+16			
z+8417.7	J2+20	1046.1 4	0.67 ^{&} 10	z+7371.6	J2+18			
z+9510.4	J2+22	1092.7 3	0.71 ^{&} 8	z+8417.7	J2+20			
z+10653.7	J2+24	1143.3 5	0.64 ^{&} 8	z+9510.4	J2+22			
z+11848.6	J2+26	1194.9 5		z+10653.7	J2+24			
z+13096.0	J2+28	1247.4 10	0.51 ^{&} 8	z+11848.6	J2+26			
z+14393.4	J2+30	1297.4 19	0.32 ^{&} 9	z+13096.0	J2+28			
z+15744	J2+32	1351 ^c 2		z+14393.4	J2+30			
806.2+w	57/2 ⁻	806.2 13	100		w	53/2 ⁻		
1669.1+w	61/2 ⁻	862.9 6	100	806.2+w	57/2 ⁻	E2 [@]	0.00436	$\alpha(K)=0.00364$ 6; $\alpha(L)=0.000569$ 8; $\alpha(M)=0.0001264$ 18 $\alpha(N)=2.92\times 10^{-5}$ 5; $\alpha(O)=4.14\times 10^{-6}$ 6; $\alpha(P)=2.08\times 10^{-7}$ 3
2616.9+w	65/2 ⁻	947.8 13	100	1669.1+w	61/2 ⁻	E2 [@]	0.00358	$\alpha(K)=0.00299$ 5; $\alpha(L)=0.000457$ 7; $\alpha(M)=0.0001012$ 15 $\alpha(N)=2.34\times 10^{-5}$ 4; $\alpha(O)=3.34\times 10^{-6}$ 5; $\alpha(P)=1.713\times 10^{-7}$ 25
3631.5+w	69/2 ⁻	1014.6 6	100	2616.9+w	65/2 ⁻	E2 [@]	0.00310	$\alpha(K)=0.00260$ 4; $\alpha(L)=0.000391$ 6; $\alpha(M)=8.66\times 10^{-5}$ 13 $\alpha(N)=2.00\times 10^{-5}$ 3; $\alpha(O)=2.86\times 10^{-6}$ 4; $\alpha(P)=1.492\times 10^{-7}$ 21
4714.1+w	73/2 ⁻	1082.6 5	100	3631.5+w	69/2 ⁻	E2 [@]	0.00272	$\alpha(K)=0.00229$ 4; $\alpha(L)=0.000339$ 5; $\alpha(M)=7.48\times 10^{-5}$ 11 $\alpha(N)=1.732\times 10^{-5}$ 25; $\alpha(O)=2.48\times 10^{-6}$ 4; $\alpha(P)=1.311\times 10^{-7}$ 19
5864.3+w	77/2 ⁻	1150.2 5	100	4714.1+w	73/2 ⁻	E2 [@]	0.00241	$\alpha(K)=0.00203$ 3; $\alpha(L)=0.000297$ 5; $\alpha(M)=6.55\times 10^{-5}$ 10 $\alpha(N)=1.516\times 10^{-5}$ 22; $\alpha(O)=2.18\times 10^{-6}$ 3; $\alpha(P)=1.163\times 10^{-7}$ 17; $\alpha(IPF)=1.54\times 10^{-6}$ 4
7083.0+w	81/2 ⁻	1218.7 5	100	5864.3+w	77/2 ⁻	E2 [@]	0.00215	$\alpha(K)=0.00181$ 3; $\alpha(L)=0.000263$ 4; $\alpha(M)=5.78\times 10^{-5}$ 9 $\alpha(N)=1.339\times 10^{-5}$ 19; $\alpha(O)=1.93\times 10^{-6}$ 3; $\alpha(P)=1.038\times 10^{-7}$ 15; $\alpha(IPF)=7.30\times 10^{-6}$ 12
8370.4+w	85/2 ⁻	1287.4 5	100	7083.0+w	81/2 ⁻	E2 [@]	0.00194	$\alpha(K)=0.001627$ 23; $\alpha(L)=0.000234$ 4; $\alpha(M)=5.15\times 10^{-5}$ 8 $\alpha(N)=1.192\times 10^{-5}$ 17; $\alpha(O)=1.720\times 10^{-6}$ 25; $\alpha(P)=9.34\times 10^{-8}$ 13; $\alpha(IPF)=1.71\times 10^{-5}$ 3
9713.3+w	89/2 ⁻	1342.9 7	100	8370.4+w	85/2 ⁻	E2 [@]	0.00180	$\alpha(K)=0.001501$ 21; $\alpha(L)=0.000214$ 3; $\alpha(M)=4.71\times 10^{-5}$ 7 $\alpha(N)=1.092\times 10^{-5}$ 16; $\alpha(O)=1.576\times 10^{-6}$ 23; $\alpha(P)=8.61\times 10^{-8}$ 12; $\alpha(IPF)=2.79\times 10^{-5}$ 5

[†] γ 's from the level scheme connected to g.s.: $E\gamma$ values with decimal point and their $I\gamma$ values are from ^{153}Er ε decay. Rounded off $E\gamma$'s are from (HI,xn γ),

Adopted Levels, Gammas (continued) **$\gamma(^{153}\text{Ho})$ (continued)**

with Iy's from $^{139}\text{La}(^{20}\text{Ne},6\text{n}\gamma)$. γ 's from the "hanging bands" (not connected to g.s.): E γ 's and Iy's from energy levels coded as 'letter+number' are from $^{120}\text{Sn}(^{37}\text{Cl},4\text{n}\gamma)$:SD, while those from energy levels coded as 'number+letter' are from (HI,xn γ).

^a From $^{139}\text{La}(^{20}\text{Ne},6\text{n}\gamma)$ from DCO and angular polarization measurements unless stated otherwise.

[#] Assumed in ^{153}Er ε decay from $\Delta J_{(\text{levels})}^\pi$ and so to keep the intensity balance of the coincidence relations.

[@] From (HI,xn γ) from $\alpha_K(\text{exp})$ values.

[&] Relative intensity within the SD band, normalized to ≈ 1 for the most intense transition in each SD band.

^a Additional information 2.

^b Additional information 3.

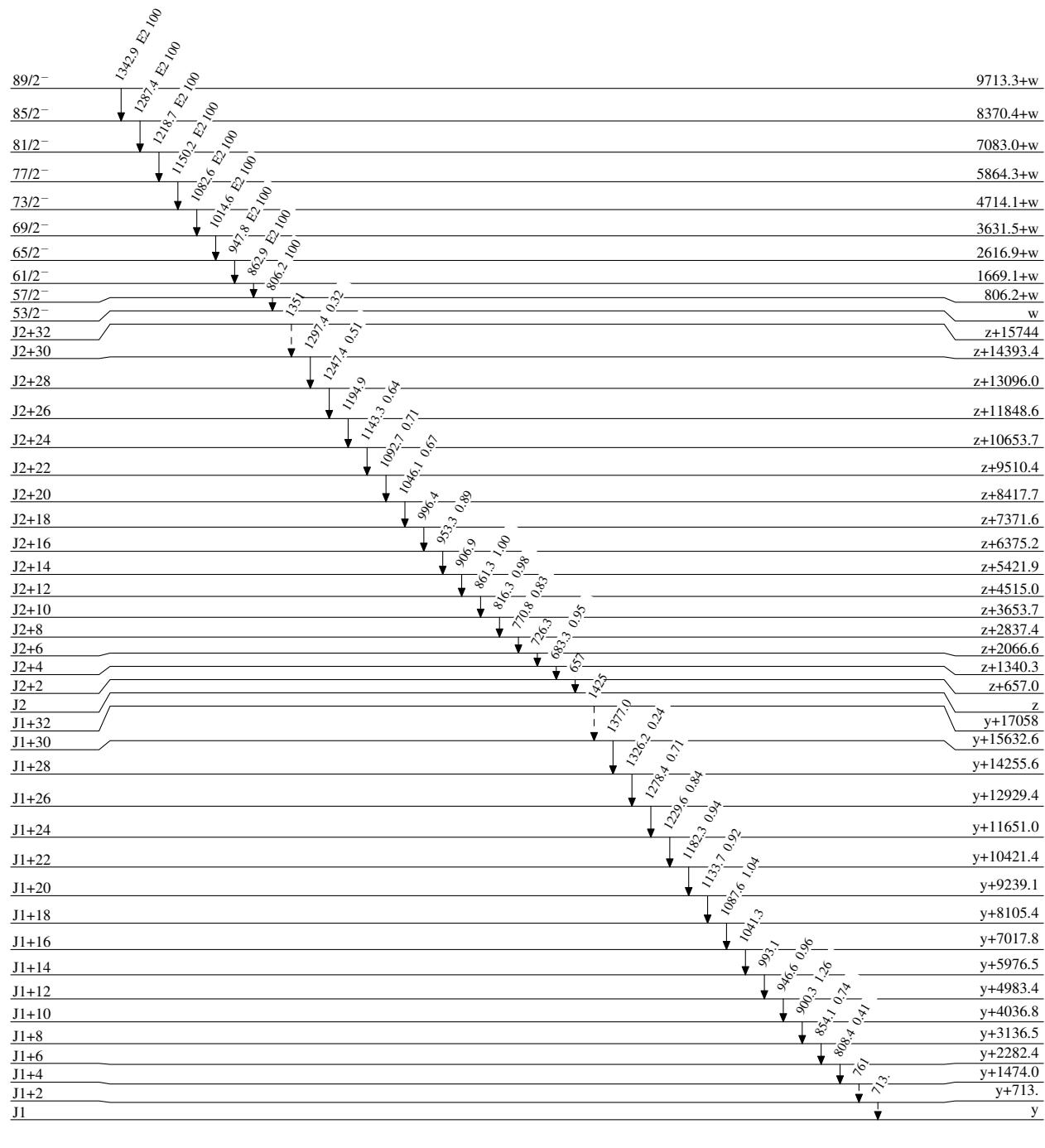
^c Placement of transition in the level scheme is uncertain.

Adopted Levels, Gammas

Legend

Level Scheme

Intensities: Relative photon branching from each level

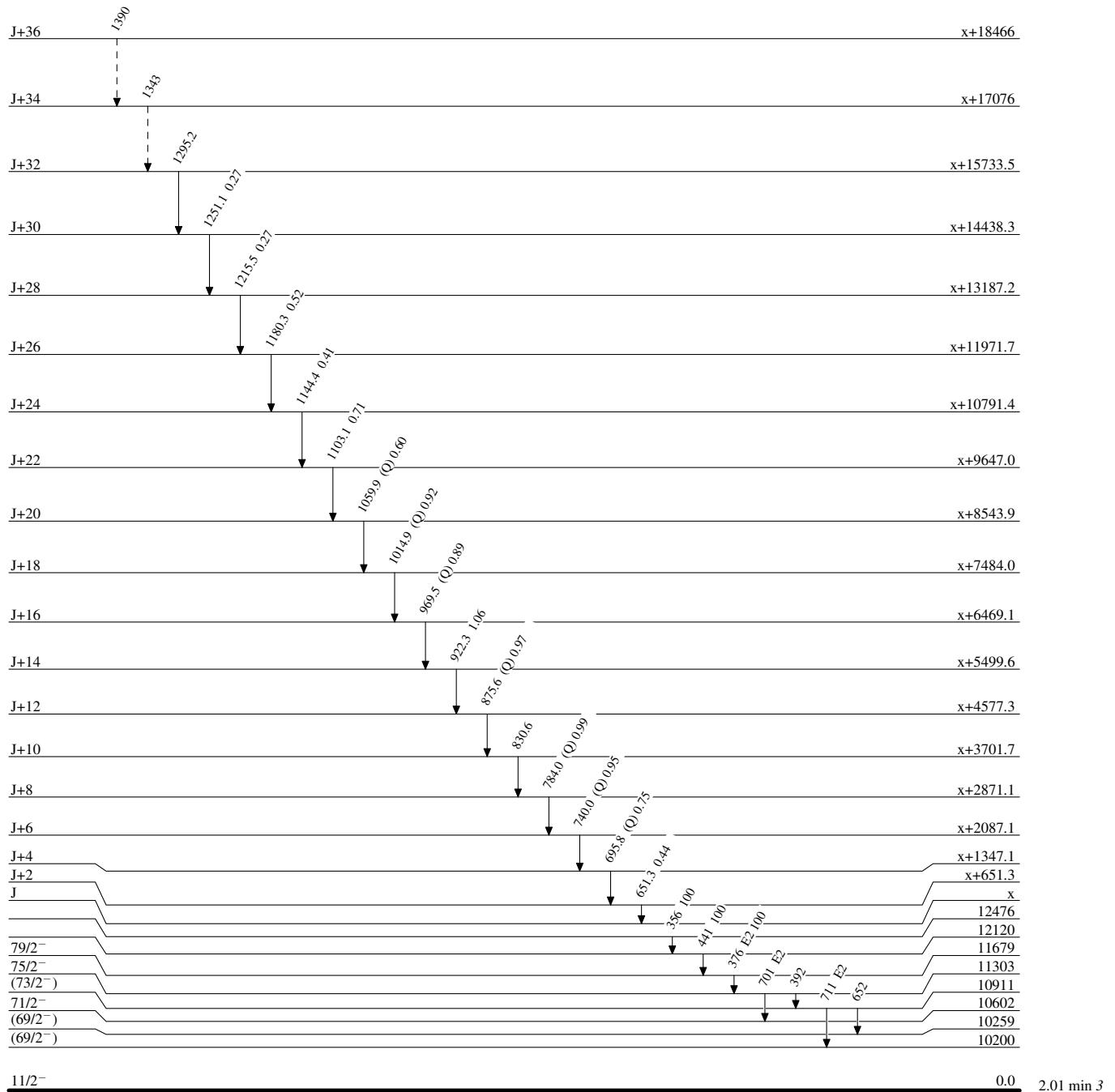
-----► γ Decay (Uncertain)

Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Relative photon branching from each level

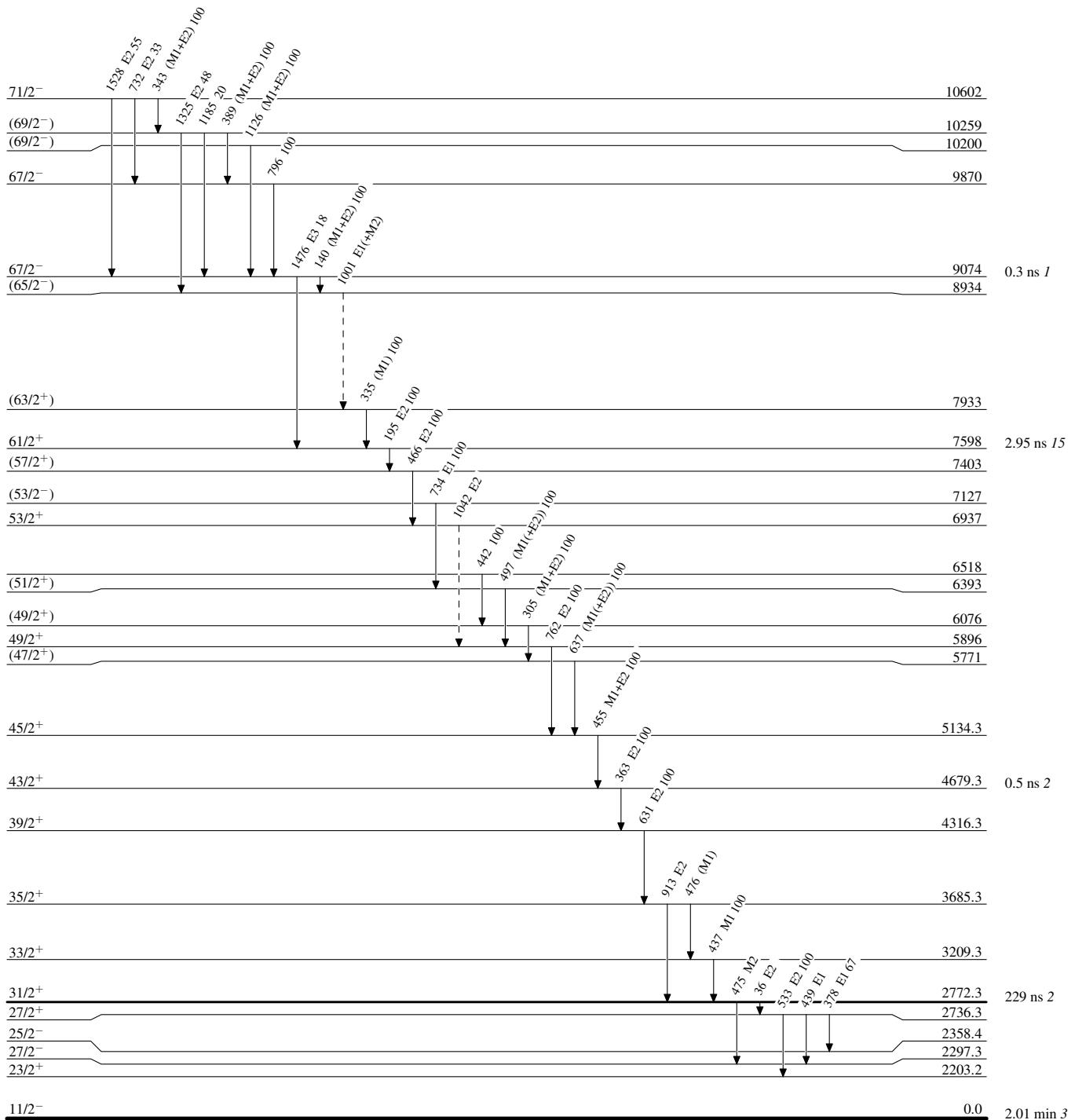
-----► γ Decay (Uncertain)

Adopted Levels, Gammas

Legend

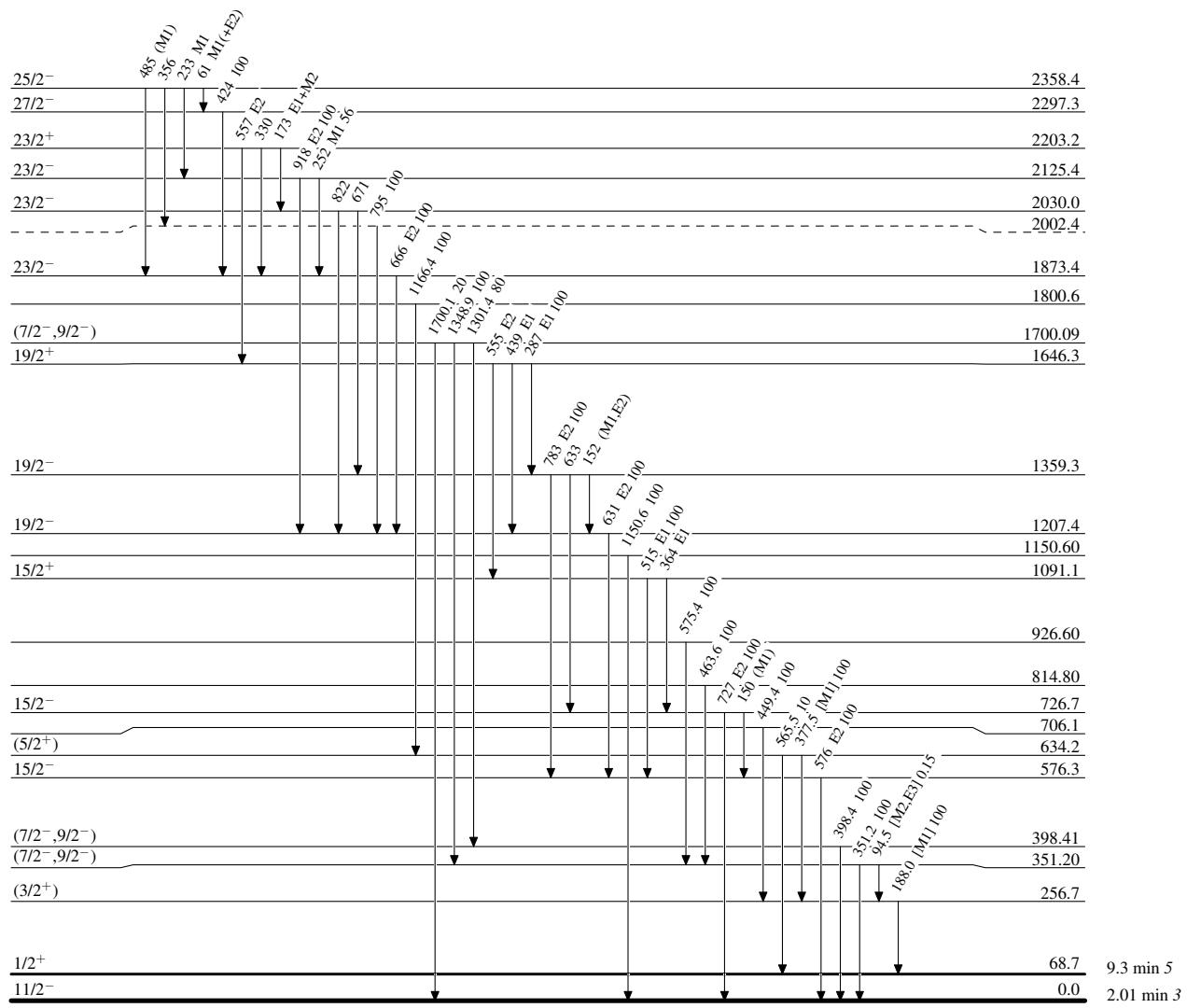
Level Scheme (continued)

Intensities: Relative photon branching from each level

-----► γ Decay (Uncertain)

Adopted Levels, Gammas**Level Scheme (continued)**

Intensities: Relative photon branching from each level

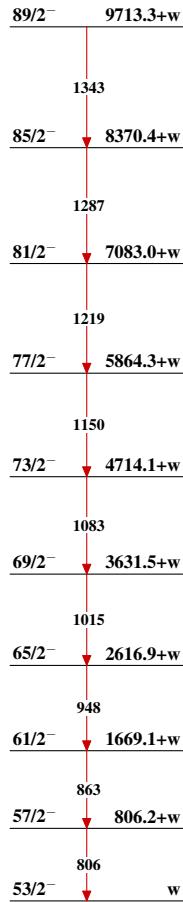


Adopted Levels, Gammas

Band(C): SD-3 band		
J2+32		z+15744
J2+30	1351	z+14393.4
J2+28	1297	z+13096.0
J2+26	1247	z+11848.6
J2+24	1195	z+10653.7
J2+22	1143	z+9510.4
J2+20	1093	z+8417.7
J2+18	1046	z+7371.6
J2+16	996	z+6375.2
J2+14	953	z+5421.9
J2+12	953	z+4515.0
J2+10	907	z+3653.7
J2+8	861	z+2837.4
J2+6	816	z+2066.6
J2+4	771	z+1340.3
J2+2	726	z+657.0
J2	683	z
Band(B): SD-2 band		
J1+32		y+17058
J1+30	1425	y+15632.6
J1+28	1377	y+14255.6
J1+26	1326	y+12929.4
J1+24	1278	y+11651.0
J1+22	1230	y+10421.4
J1+20	1182	y+9239.1
J1+18	1134	y+8105.4
J1+16	1088	y+7017.8
J1+14	1041	y+5976.5
J1+12	993	y+4983.4
J1+10	947	y+4036.8
J1+8	900	y+3136.5
J1+6	854	y+2282.4
J1+4	808	y+1474.0
J1+2	761	y+713.
J1	713	y
Band(A): SD-1 band		
J+36		x+18466
J+34	1390	x+17076
J+32	1343	x+15733.5
J+30	1295	x+14438.3
J+28	1251	x+13187.2
J+26	1216	x+11971.7
J+24	1180	x+10791.4
J+22	1144	x+9647.0
J+20	1103	x+8543.9
J+18	1060	x+7484.0
J+16	1015	x+6469.1
J+14	970	x+5499.6
J+12	922	x+4577.3
J+10	876	x+3701.7
J+8	831	x+2871.1
J+6	784	x+2087.1
J+4	740	x+1347.1
J+2	696	x+651.3
J	651	x

Adopted Levels, Gammas (continued)

Band(D): $\pi\ 1/2[541]$
band, $\alpha=+1/2$



Seq.(E): Band based on
31/2⁺ isomer at 2772
keV

