Adopted Levels, Gammas

| | Туре | Author | History Citation | Literature Cutoff Date |
|--|----------------------|-------------------|---------------------|------------------------|
| | Full Evaluation | N. Nica | NDS 117, 1 (2014) | 1-Oct-2013 |
| $Q(\beta^-)=7690\ 22;\ S(n)=4102\ 22$ $Q(\beta^-n)=1234\ 21\ (2012Wa38).$ | c; S(p)=9734 28; Q(α | e)=-1860 <i>3</i> | 0 2012Wa38 | |
| | | | | |

The bands observed in ¹⁴⁸La are interpreted as aligned coupling of $[\pi h_{11/2} \nu h_{9/2}]_{low spin}$ to the deformed core rotor. (²⁵²Cf SF decay dataset, 2009Lu11).

Cross Reference (XREF) Flags

| Dab uccay | A | ¹⁴⁸ Ba | β^{-} | decav |
|-----------|---|-------------------|-------------|-------|
|-----------|---|-------------------|-------------|-------|

¹⁴⁹Ba β^- n decay (0.344 s) ²⁵²Cf SF decay В

| E(level) [†] | $J^{\pi \ddagger}$ | T _{1/2} | XREF | Comments |
|------------------------------------|------------------------------|------------------|----------|--|
| 0.0 | (2 ⁻) | 1.26 s 8 | A C | $%β^-=100; %β^-n=0.15 3$ Recommended delayed neutron emission probability (1993Ru01). Others: 0.24% 2 (1993Ru01), 0.13% 1 (1983Re10), 0.143% 15 (1986ReZR), 0.11% 1 (1986Wa17), 0.13% 2 (1984Ma39),<0.1% (1982Ga24). T _{1/2} : weighted average of 1.55 s 3 (1982Ga24), 1.42 s 7 (1983Re10), 1.40 s 2 (1986Wa17), 1.428 s <i>12</i> (1993Ru01), 1.38 s 2 (1986ReZR) and 1.05 s <i>1</i> (1983Gi04). Others: 1.7 s 5 (1973SeYW), 1.29 s 8 (1969WiZX). |
| 47.21 <i>3</i> 56.034 <i>25</i> | $(1^{-},2^{-})$ (1^{+}) | 67 ns 4 | A A C | J [*] : 56.1 γ from (1 ⁺) is E1, strong β to (5 ⁺) level in ⁺²⁺ Ce. J ^{π} : 47.2 γ to (2 ⁻) is M1, No γ from (1 ⁺). T _{1/2} : from 1984Ch02 (β^{-} decay). Other: 58 ns 3 (1974ClZX, SF decay). J=1 ⁺ from log <i>ft</i> =4.8 via 0 ⁺ parent (1984Ch02); parentheses on adopted J ^{π} indicate uncertainty in β^{-} branching estimates. |
| 61.44 <i>3</i> 109.89 <i>3</i> | $(^{-})$ (1^{+}) | | A A | J^{π} : 61.48 γ to (2 ⁻) is M1,E2. J=1 ⁺ from log <i>ft</i> =5.0 via 0 ⁺ parent (1984Ch02); parentheses on adopted J^{π} indicate uncertainty in β^{-} branching estimates. |
| 133.668 24 | (_) | | Α | J^{π} : γ to $(2)^{-}$ is E2,M1. |
| 140.92 [#] 22 | (2 ⁺) | | С | J^{π} : M1 γ to (1 ⁺), 56 (0 ⁺ ,1 ⁺ excluded by authors presumably based on the rotational character of this nucleus). |
| 154.49 4 | | | Α | ······································ |
| 159.42 6 | | | Α | |
| 168.71 <i>4</i> | | | Α | |
| 201.26 5 | | | A | |
| 217.86 4 | | | A | |
| 230.46 5 | | | A | |
| 261.08 5 | | | A | |
| 282.2° 4 | (3 ⁺) | | C | |
| 287.08 5 | | | A | |
| 338.80 10 | | | A | |
| 350.6" 4 | (4+) | | C | |
| 363.85 7 | | | A | |
| 209.23 4 401 15 7 | | | A | |
| 401.13 / | (# 4) | | A | |
| 441.7 4 | (5 ⁺) | | C | |
| 4/1.89 3 | | | A | |
| 500.22.5 | | | А | |

¹⁴⁸La Levels (continued)

| E(level) [†] | $J^{\pi \ddagger}$ | XREF | E(level) [†] | J π ‡ | XREF | E(level) [†] | J ^{π‡} | XREF |
|-----------------------|--------------------|------|-----------------------|-------------------|------|-----------------------|--------------------|------|
| 538.08 11 | | Α | 830.67 11 | | Α | 1495.9 [#] 6 | (10 ⁺) | С |
| 554.13 11 | | Α | 1060.1 [#] 5 | (8 ⁺) | С | 1612.4 [@] 7 | (11^{+}) | С |
| 663.0 [#] 4 | (6 ⁺) | С | 1101.8 [@] 6 | (9 ⁺) | С | 1980.0 [#] 7 | (12^{+}) | С |
| 708.2 [@] 5 | (7^{+}) | С | 1229.04 10 | | Α | 2226.0 [@] 7 | (13+) | С |
| 717.22 9 | | Α | 1252.47 7 | | Α | | | |

[†] From a least-squares fit to $E\gamma$ data, with normalized χ^2 =6.65>critical χ^2 =1.57. This fact is due to $E\gamma$'s from ¹⁴⁸Ba β^- decay dataset, reported with higher than realistic precision.

[‡] For levels assigned In either band, assumed by 2009Lu11 (SF decay) based on the rotational character of this nucleus.

[#] Band(A): Band based on (2⁺), α =0. Upbend at $\hbar\omega$ ≈0.2 MeV. [@] Band(a): Band based on (3⁺), α =1.

| E _i (level) | J_i^π | E_{γ}^{\ddagger} | Ι _γ ‡# | \mathbf{E}_{f} | J_f^π | Mult. [@] | α^{\dagger} | Comments |
|------------------------|-----------------------------------|---------------------------|-------------------|------------------|-----------------------------------|--------------------|--------------------|---|
| 47.21 | (1 ⁻ ,2 ⁻) | 47.22 4 | 100 | 0.0 | (2 ⁻) | (M1) | 9.47 | α (K)=8.07 <i>12</i> ; α (L)=1.109 <i>16</i> ; α (M)=0.231 <i>4</i> ; α (N+)=0.0595 <i>9</i> |
| 56.034 | (1+) | 56.08 4 | 100 | 0.0 | (2 ⁻) | E1 | 1.140 | $\alpha(N)=0.0507 \ 8; \ \alpha(O)=0.00822 \ 12; \alpha(P)=0.000633 \ 9 \alpha(K)=0.959 \ 14; \ \alpha(L)=0.1436 \ 21; \ \alpha(M)=0.0297 5; \ \alpha(N+)=0.00740 \ 11 \alpha(N)=0.00637 \ 9; \ \alpha(O)=0.000971 \ 14; \alpha(P)=5 \ 41 \times 10^{-5} \ 8 $ |
| 61.44 | (⁻) | 61.48 4 | 100 | 0.0 | (2 ⁻) | M1,E2 | 8 4 | $B(E1)(W.u.)=9.6\times10^{-6} \ 6 \\ \alpha(K)=4.1 \ 4; \ \alpha(L)=3 \ 3; \ \alpha(M)=0.7 \ 6; \\ \alpha(N+)=0.17 \ 14$ |
| 109.89 | (1 ⁺) | 48.44 <i>4</i> | 58 <i>1</i> | 61.44 | (⁻) | E1 | 1.682 | $ \begin{array}{l} \alpha(\mathrm{N}) = 0.15 \ I3; \ \alpha(\mathrm{O}) = 0.021 \ I7; \ \alpha(\mathrm{P}) = 0.00026 \ 4 \\ \alpha(\mathrm{K}) = 1.408 \ 20; \ \alpha(\mathrm{L}) = 0.218 \ 3; \ \alpha(\mathrm{M}) = 0.0451 \ 7; \\ \alpha(\mathrm{N}+) = 0.01118 \ I6 \\ \alpha(\mathrm{N}) = 0.00965 \ I4; \ \alpha(\mathrm{O}) = 0.001458 \ 21; \end{array} $ |
| | | 53.81 4 | 100 2 | 56.034 | (1 ⁺) | M1,E2 | 13 7 | $\alpha(P)=7.79\times10^{-5} \ 11$ $\alpha(K)=5.66 \ 16; \ \alpha(L)=6 \ 5; \ \alpha(M)=1.3 \ 12;$ $\alpha(N+)=0.3 \ 3$ $\alpha(N)=0.27 \ 24; \ \alpha(Q)=0.04 \ 4; \ \alpha(P)=0.00037 \ 6$ |
| | | 109.87 5 | 23 2 | 0.0 | (2^{-}) | | | |
| 133.668 | (-) | 72.20 5 | 50 5 | 61.44 | (-) | | | |
| | | 86.44 <i>4</i> | 52 2 | 47.21 | (1 ⁻ ,2 ⁻) | M1,E2 | 2.5 9 | $\alpha(K)=1.63\ 24;\ \alpha(L)=0.7\ 5;\ \alpha(M)=0.15\ 11;\ \alpha(N+)=0.04\ 3$ |
| | | 133.53 ^{&} 4 | 100 2 | 0.0 | (2 ⁻) | E2,M1 | 0.60 12 | $\alpha(N)=0.052\ 24,\ \alpha(O)=0.005\ 4,\ \alpha(P)=0.000104\ 0$ $\alpha(K)=0.45\ 5;\ \alpha(L)=0.11\ 6;\ \alpha(M)=0.025\ 13;$ $\alpha(N+)=0.006\ 4$ |
| | | | | | | | | α (N)=0.005 3; α (O)=0.0008 4; α (P)=3.01×10 ⁻⁵ 17 |
| 140.92 | (2+) | 84.7 <i>3</i> | 100 | 56.034 | (1 ⁺) | M1 | 1.74 <i>3</i> | $\alpha(K)=1.49 \ 3; \ \alpha(L)=0.202 \ 4; \ \alpha(M)=0.0420 \ 8; \ \alpha(N+)=0.01083 \ 19 \ \alpha(N)=0.00922 \ 16; \ \alpha(O)=0.00150 \ 3; \ \alpha(P)=0 \ 0001158 \ 21$ |
| | | | | | | | | Mult.: from $\alpha(\exp)=1.51$ 49 (2009Lu11). |
| | | 141.1 3 | 20.2 | 0.0 | (2 ⁻) | [E1] | 0.0907 | α (K)=0.0776 <i>12</i> ; α (L)=0.01040 <i>16</i> ; α (M)=0.00215 <i>4</i> ; α (N+)=0.000545 <i>9</i> |

 $\gamma(^{148}\text{La})$

γ ⁽¹⁴⁸La) (continued)</sup>

| E _i (level) | \mathbf{J}_i^π | E_{γ}^{\ddagger} | I_{γ} ^{‡#} | E_f | \mathbf{J}_f^{π} | Mult. [@] | α^{\dagger} | Comments |
|------------------------|--------------------|----------------------------|----------------------------|------------------|----------------------|--------------------|--------------------|---|
| | | | | | | | | $\alpha(N)=0.000467 \ 8; \ \alpha(O)=7.38\times10^{-5} \ 12;$ |
| 154 40 | | 11 13 6 | 71 | 100.80 | (1^{+}) | | | $\alpha(P) = 4.90 \times 10^{-6} 8$ |
| 1,74,49 | | 98 5 2 | 100 21 | 56 034 | (1^{+}) | | | |
| | | 107.32 5 | 15 2 | 47.21 | $(1^{-},2^{-})$ | | | |
| 159.42 | | 49.65 8 | 19 4 | 109.89 | (1^+) | | | |
| | | 98.1 2 | 100 23 | 61.44 | (_) | | | |
| 168.71 | | 112.73 5 | 33 2 | 56.034 | (1^{+}) | | | |
| | | 168.68 5 | 100 7 | 0.0 | (2 ⁻) | | | |
| 201.26 | | 46.30 6 | 32 | 154.49 | (1+) | | | |
| 217.86 | | 145.48 5 | 100 3 | 56.034 | (1^{+}) | | | |
| 217.00 | | 36.32 U | 10 2 | 139.42 | (=) | | | |
| | | 84.02 5 | 100 8 | 133.668 | () | | | |
| | | 150.42 0 | 82 3 | 01.44 | () | | | |
| | | 218.30 10 | 20.5 | 0.0 | (2) | | | |
| 230.46 | | 96.58 [°] 6 | 66 7 | 133.668 | (-) | | | |
| | | 120.95 20 | 100 20 | 109.89 | (1^+) | | | |
| 261.08 | | 174.55 5 | 97 10 100 <i>1</i> | 30.034 168 71 | (1°) | | | |
| 201.00 | | 127 38 6 | 62.8 | 133 668 | (-) | | | |
| 282.2 | (3^{+}) | 141.3.3 | 100 | 140.92 | (2^+) | M1(+E2) | 0.50.9 | $\alpha(K)=0.38$ 4; $\alpha(L)=0.09$ 5; $\alpha(M)=0.020$ 10; |
| 20212 | (5) | 11110 0 | 100 | 1100/2 | (=) | | 0.000 | $\alpha(N+)=0.0049\ 24$ |
| | | | | | | | | $\alpha(N)=0.0042\ 21;\ \alpha(O)=0.0006\ 3;$ |
| | | | | | | | | $\alpha(P)=2.56\times10^{-5}$ 16 |
| | | | | | | | | Mult.: from $\alpha(\exp)=0.54 \ 18 \ (2009Lu11)$. |
| 287.08 | | 153.39 8 | 50 8 | 133.668 | (_) | | | |
| | | 177.06 6 | 100 8 | 109.89 | (1^{+}) | | | |
| 338.80 | (4+) | 205.13 9 | 100 | 133.668 | $(^{-})$ | | 5 6 9 4 | |
| 350.6 | (4 ') | 68.4 3 | 18.9 | 282.2 | (3^{+}) | [MI(+E2)] | 5.6 24 | $\alpha(K)=3.14; \alpha(L)=1.910; \alpha(M)=0.44;$ |
| | | | | | | | | $\alpha(N+)=0.10.9$ $\alpha(N)=0.09.8: \alpha(O)=0.013.10$ |
| | | | | | | | | $\alpha(P)=0.00197.19$ |
| | | 209.7 3 | 100 | 140.92 | (2^{+}) | [E2] | 0.1517 | $\alpha(K)=0.1173 \ 18; \ \alpha(L)=0.0271 \ 4;$ |
| | | | | | | | | $\alpha(M)=0.00584 9; \alpha(N+)=0.001449 22$ |
| | | | | | | | | $\alpha(N)=0.001254$ 19; $\alpha(O)=0.000188$ 3; |
| | | | | | | | | $\alpha(P)=7.37\times10^{-6}$ 11 |
| 363.85 | | 230.37 17 | 21 18 | 133.668 | (_) | | | |
| | | 307.79 6 | 100 6 | 56.034 | (1^{+}) | | | |
| 369.23 | | 214.96 5 | 100 4 | 154.49 | () | | | |
| | | 235.62 6 | 45 2 | 133.668 | (_) | | | |
| | | 259.37 5 | 69 <i>4</i> | 109.89 | (1^{+}) | | | |
| 401 15 | | 312.70 0 | 40.0 | 30.034 154.40 | (1°) | | | |
| 401.13 | | 240.00 0 | 20.5 | 56 034 | (1^{+}) | | | |
| 441 7 | (5^{+}) | 9113 | 20 J 53 6 | 350.6 | (1^{+}) | [M1(+E2)] | 217 | $\alpha(K) = 1.40.20; \alpha(L) = 0.5.4; \alpha(M) = 0.12.9;$ |
| | (5) | <i>y</i> 1.1 <i>y</i> | 22.0 | 220.0 | (1) | | 2.1 / | $\alpha(N+)=0.029\ 21$ |
| | | | | | | | | $\alpha(N)=0.025 \ 18; \ \alpha(O)=0.0037 \ 25;$ |
| | | | | | | | | $\alpha(P) = 8.9 \times 10^{-5} 5$ |
| | | 159.5 <i>3</i> | 100 | 282.2 | (3^{+}) | [E2] | 0.386 | $\alpha(K)=0.283 5; \alpha(L)=0.0814 13;$ |
| | | | | | | | | $\alpha(M)=0.0177 \ 3; \ \alpha(N+)=0.00436 \ 7$ |
| | | | | | | | | α (N)=0.00378 6; α (O)=0.000555 9; |
| | | 2 | | | | | | $\alpha(P) = 1.68 \times 10^{-5} \ 3$ |
| 471.89 | | 270.25 ^{&} 12 | 41 4 | 201.26 | | | | |
| | | 317.63 20 | 18 <i>3</i> | 154.49 | | | | |
| | | 410.65 7 | 42 2 | 61.44 | (_) | | | |
| | | | | | | | | |

γ ⁽¹⁴⁸La) (continued)</sup>

| E _i (level) | \mathbf{J}_i^{π} | E _γ ‡ | Ι _γ ‡# | E_f | \mathbf{J}_{f}^{π} | Mult. [@] | α^{\dagger} | Comments |
|------------------------|----------------------|---|---|--------------------------------------|--------------------------------------|--------------------|--------------------|---|
| 471.89 500.22 | | 415.78 6 212.95 7 390.3 2 444.28 5 | 100 2 29 3 18 10 100 3 | 56.034 287.08 109.89 56.034 | (1^+) (1^+) (1^+) | | | |
| 538.08 | | 369.3 2 404.46 <i>14</i> 476.6 2 | 23 9 100 9 95 36 | 168.71 133.668 61.44 | (⁻) (⁻) | | | |
| 554.13 | | 185.0 2 323.63 <i>12</i> | 46 27 100 8 | 369.23 230.46 | | | | |
| 663.0 | (6+) | 221.3 3 | 13.9 | 441.7 | (5 ⁺) | [M1(+E2)] | 0.123 5 | $\alpha(K)=0.1002 \ 21; \ \alpha(L)=0.018 \ 5; \\ \alpha(M)=0.0038 \ 10; \ \alpha(N+)=0.00095 \ 23 \\ \alpha(N)=0.00082 \ 20; \ \alpha(O)=0.00013 \ 3; \\ \alpha(P)=7.1\times10^{-6} \ 9 $ |
| | | 312.4 3 | 100 | 350.6 | (4+) | [E2] | 0.0413 | α (K)=0.0335 5; α (L)=0.00615 9; α (M)=0.001309 19; α (N+)=0.000329 5 |
| | | | | | | | | α (N)=0.000283 4; α (O)=4.35×10 ⁻⁵ 7; α (P)=2.25×10 ⁻⁶ 4 |
| 708.2 | (7 ⁺) | 266.5 3 | 100 | 441.7 | (5 ⁺) | [E2] | 0.0686 | $\alpha(\mathbf{K}) = 0.0548 \ 8; \ \alpha(\mathbf{L}) = 0.01091 \ 16; \alpha(\mathbf{M}) = 0.00233 \ 4; \ \alpha(\mathbf{N}+) = 0.000583 \ 9 \alpha(\mathbf{N}) = 0.000503 \ 8; \ \alpha(\mathbf{O}) = 7.65 \times 10^{-5} \ 12; \alpha(\mathbf{P}) = 3.59 \times 10^{-6} \ 6$ |
| 717.22 | | 583.6 2 607.33 <i>11</i> 661 1 2 | 10 <i>3</i> 100 <i>8</i> 14 5 | 133.668 109.89 56.034 | $(^{-})$ (1^{+}) (1^{+}) | | | |
| 830.67 | | 569.6 2 600.2 2 720.8 2 | 68 <i>32</i> 100 <i>36</i> 95 <i>36</i> | 261.08 230.46 109.89 | (1^+) (1^+) | | | |
| 1060.1 | (8+) | 351.9 ^{<i>a</i>} 3 | <4 | 708.2 | (1^{-}) (7^{+}) | [M1(+E2)] | 0.032 4 | $\alpha(K)=0.027 \ 4; \ \alpha(L)=0.00400 \ 10;$ $\alpha(M)=0.00084 \ 3; \ \alpha(N+)=0.000214 \ 5;$ $\alpha(N)=0.000183 \ 5; \ \alpha(O)=2.91\times10^{-5} \ 5;$ |
| | | 397.1 <i>3</i> | 100 | 663.0 | (6+) | [E2] | 0.0199 | $\begin{array}{l} \alpha(P) = 2.0 \times 10^{-6} \ 4 \\ \alpha(K) = 0.01643 \ 24; \ \alpha(L) = 0.00273 \ 4; \\ \alpha(M) = 0.000576 \ 9; \ \alpha(N+) = 0.0001456 \\ 21 \end{array}$ |
| | | | | | | | | α (N)=0.0001250 <i>18</i> ; α (O)=1.95×10 ⁻⁵ <i>3</i> ; α (P)=1.139×10 ⁻⁶ <i>17</i> |
| 1101.8 | (9 ⁺) | 393.6 <i>3</i> | 100 | 708.2 | (7 ⁺) | [E2] | 0.0204 | α (K)=0.01685 24; α (L)=0.00281 4; α (M)=0.000593 9; α (N+)=0.0001499 22 |
| | | | | | | | | α (N)=0.0001287 <i>19</i> ; α (O)=2.00×10 ⁻⁵ <i>3</i> ; α (P)=1.167×10 ⁻⁶ <i>17</i> |
| 1229.04 | | 757.15 <i>13</i> 1011.2 2 1173 0 2 | 74 <i>32</i> 100 <i>42</i> 63 <i>42</i> | 471.89 217.86 56.034 | (1^{+}) | | | |
| 1252.47 | | 535.2 2 1118.82 7 | 18 10 100 5 41 13 | 717.22 133.668 | (-) (1^+) | | | |
| 1495.9 | (10 ⁺) | 435.8 3 | 100 | 1060.1 | (1) (8 ⁺) | [E2] | 0.01516 | $\alpha(K)=0.01261$ 18; $\alpha(L)=0.00202$ 3; $\alpha(M)=0.000426$ 6; $\alpha(N+)=0.0001081$ 16 |
| 1612.4 | (11+) | 510.6 <i>3</i> | 100 | 1101.8 | (9+) | [E2] | 0.00974 14 | $\alpha(N)=9.27\times10^{-3} \ 14; \ \alpha(O)=1.452\times10^{-3} \\ 21; \ \alpha(P)=8.83\times10^{-7} \ 13 \\ \alpha=0.00974 \ 14; \ \alpha(K)=0.00816 \ 12;$ |

$\gamma(^{148}\text{La})$ (continued)

| E _i (level) | \mathbf{J}_i^{π} | E _γ ‡ | Ι _γ ‡# | E_f | \mathbf{J}_{f}^{π} | Mult. [@] | α^{\dagger} | Comments |
|------------------------|----------------------|------------------|-------------------|-----------|------------------------|--------------------|--------------------|--|
| | | | | | | | | α (L)=0.001246 <i>18</i> ; α (M)=0.000262 <i>4</i> ; α (N+)=6.66×10 ⁻⁵ <i>10</i> α (N)=5.70×10 ⁻⁵ <i>8</i> ; α (O)=9.00×10 ⁻⁶ <i>13</i> ; α (P)=5.80×10 ⁻⁷ 9 |
| 1980.0 | (12+) | 484.1 <i>3</i> | 100 | 1495.9 (3 | 10+) | [E2] | 0.01127 | $\alpha(\mathbf{K}) = 0.00943 \ 14; \ \alpha(\mathbf{L}) = 0.001462 \ 21; \\ \alpha(\mathbf{M}) = 0.000307 \ 5; \ \alpha(\mathbf{N}+) = 7.81 \times 10^{-5} \ 11 \\ \alpha(\mathbf{N}) = 6.69 \times 10^{-5} \ 10; \ \alpha(\mathbf{O}) = 1.054 \times 10^{-5} \ 15; \\ \alpha(\mathbf{P}) = 6.67 \times 10^{-7} \ 10$ |
| 2226.0 | (13+) | 613.6 <i>3</i> | 100 | 1612.4 (1 | 11+) | [E2] | 0.00600 9 | $\begin{array}{l} \alpha = 0.00600 \; 9; \; \alpha(\mathrm{K}) = 0.00507 \; 8; \; \alpha(\mathrm{L}) = 0.000737 \; 11; \\ \alpha(\mathrm{M}) = 0.0001540 \; 22; \; \alpha(\mathrm{N} +) = 3.93 \times 10^{-5} \; 6 \\ \alpha(\mathrm{N}) = 3.36 \times 10^{-5} \; 5; \; \alpha(\mathrm{O}) = 5.35 \times 10^{-6} \; 8; \\ \alpha(\mathrm{P}) = 3.65 \times 10^{-7} \; 6 \end{array}$ |

[†] Additional information 1. [‡] From ¹⁴⁸Ba β^- decay or ²⁵²Cf SF decay (for the only common 56 γ , E γ is from ¹⁴⁸Ba β^- decay). [#] Relative photon branching from each level.

^(a) Based on $\alpha(K)$ exp measurements from γ 's from ¹⁴⁸Ba β^- decay; based on $\alpha(exp)$ measurements for γ 's from ²⁵²Cf SF decay. [&] Differs by 3σ or more from the value calculated from the energy difference of initial and final levels.

^{*a*} Placement of transition in the level scheme is uncertain.



¹⁴⁸₅₇La₉₁



 \neg

 $^{148}_{57} La_{91}$ -7

 $^{148}_{57} La_{91}$ -7

From ENSDF

Adopted Levels, Gammas

Adopted Levels, Gammas



 $^{148}_{57}$ La₉₁