

¹⁴⁵La β^- decay [1978Pf02](#),[1997Gr09](#)

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	E. Browne, J. K. Tuli	NDS 110, 507 (2009)		1-Oct-2008

Parent: ¹⁴⁵La: E=0.0; J π =(5/2⁺); T_{1/2}=24.8 s 20; Q(β^-)=4110 80; % β^- decay=100.0

[Additional information 1.](#)

Measured: E γ , I γ ([1977Sk02](#),[1982ChZV](#),[1978Pf02](#)), $\gamma\gamma$ coin ([1978Pf02](#),[1977Sk02](#)), $\beta\gamma$ coin, X γ (t), ce, β^- ([1978Pf02](#)); $\beta\gamma$ coin ([1978St03](#)); see also [1976LoZT](#), [1974Ar17](#), [1986Gr11](#).

¹⁴⁵Ce Levels

E(level)	J $\pi^{\ddagger}$	T _{1/2}	Comments
0.0	(5/2 ⁻)	3.01 min 6	
64.3 2	($\bar{}$)	13 ns 3	T _{1/2} : from 1978Pf02 .
70.0 2	(7/2 ⁻)		
118.2 2			
234.1 3			
355.9 2			
447.2 2			
505.7 2			
522.2 3			
632.6 3			
664.3 2			
671.8 2			
708.7? 3			
840.5 2			
959.5 2			
1001.9			
1021.5			
1030.9			
1155.2 4			
1166.1 4			
1284.9 5			
1380 [†]			
1480 [†]			
1510.8 4			
1596.5?			
1690.0? 5			
1780 [†]			
1889.5 4			
1946.1?			
2000.0 [†]			
2100 [†]			
2156.0 3			
2200 [†]			
2205.6 4			
2300 [†]			
2359.8			
2377.1 5			
2400 [†]			
2543.9 6			
2600 [†]			
2606.9 5			
2700 [†]			
2800 [†]			

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$^{145}\text{La } \beta^- \text{ decay } \quad \text{1978Pf02,1997Gr09 (continued)}$ $^{145}\text{Ce Levels (continued)}$

<u>E(level)</u>	<u>E(level)</u>	<u>E(level)</u>
2900 [†]	3200 [†]	3500 [†]
3000 [†]	3300 [†]	3600 [†]
3100 [†]	3400 [†]	3700 [†]

[†] “Pseudo level” from total absorption γ -ray spectrometer measurements ([1997Gr09](#)).

[‡] Adopted values.

 β^- radiations

β^- feedings to the various levels are from total absorption γ -ray spectrometer measurements ([1997Gr09](#), [1996Gr20](#)). Values deduced from γ -ray transition intensity balances often do not agree with those presented here. This disagreement suggests the decay scheme is not complete. Notice also that about 50% of direct β^- feeding previously assigned to levels up to 118 keV has not been confirmed by the total absorption γ -ray spectrometer measurements. Other: [1992Gr21](#).

<u>E(decay)</u>	<u>E(level)</u>	<u>$I\beta^-$[†]</u>	<u>Log ft</u>	<u>Comments</u>
(4.1×10^2 8)	3700	0.057	4.9	av $E\beta=121$ 28
(5.1×10^2 8)	3600	0.085	5.0	av $E\beta=156$ 29
(6.1×10^2 8)	3500	0.127	5.1	av $E\beta=192$ 30
(7.1×10^2 8)	3400	0.26	5.0	av $E\beta=229$ 31
(8.1×10^2 8)	3300	0.3	5.2	av $E\beta=267$ 32
(9.1×10^2 8)	3200	0.34	5.3	av $E\beta=307$ 32
(1.01×10^3 8)	3100	0.47	5.3	av $E\beta=347$ 33
(1.11×10^3 8)	3000	0.92	5.2	av $E\beta=388$ 34
(1.21×10^3 8)	2900	1.13	5.3	av $E\beta=429$ 34
(1.31×10^3 8)	2800	1.27	5.3	av $E\beta=471$ 34
(1.41×10^3 8)	2700	6.37	4.8	av $E\beta=514$ 35
(1.50×10^3 8)	2606.9	2.07	5.3	av $E\beta=554$ 35
(1.51×10^3 8)	2600	2.12	5.3	av $E\beta=557$ 35
(1.57×10^3 8)	2543.9	3.68	5.2	av $E\beta=581$ 35
(1.71×10^3 8)	2400	7.08	5.0	av $E\beta=644$ 36
(1.73×10^3 8)	2377.1	4.25	5.3	av $E\beta=654$ 36
(1.75×10^3 8)	2359.8	7.93	5.0	av $E\beta=662$ 36
(1.81×10^3 8)	2300	6.37	5.2	av $E\beta=688$ 36
(1.90×10^3 8)	2205.6	2.41	5.7	av $E\beta=730$ 36
(1.91×10^3 8)	2200	8.92	5.1	av $E\beta=732$ 36
(1.95×10^3 8)	2156.0	2.26	5.8	av $E\beta=752$ 36
(2.01×10^3 8)	2100	10.33	5.1	av $E\beta=777$ 36
(2.11×10^3 8)	2000.0	3.11	5.7	av $E\beta=822$ 36
(2.16×10^3 8)	1946.1?	3.70	5.7	av $E\beta=846$ 36
(2.22×10^3 8)	1889.5	6.37	5.5	av $E\beta=872$ 37
(2.33×10^3 8)	1780	2.69	6.0	av $E\beta=921$ 37
(2.42×10^3 8)	1690.0?	3.11	6.0	av $E\beta=962$ 37
(2.51×10^3 8)	1596.5?	1.13	6.5	av $E\beta=1005$ 37
(2.60×10^3 8)	1510.8	0.72	6.8	av $E\beta=1044$ 37
(2.63×10^3 8)	1480	1.98	6.3	av $E\beta=1058$ 37
(2.73×10^3 8)	1380	1.13	6.6	av $E\beta=1104$ 37
(2.83×10^3 8)	1284.9	1.84	6.5	av $E\beta=1147$ 37
(2.94×10^3 8)	1166.1	0.50	7.1	av $E\beta=1202$ 37

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^{145}La β^- decay [1978Pf02,1997Gr09](#) (continued) β^- radiations (continued)

E(decay)	E(level)	$I\beta^-^\dagger$	Log ft	Comments
(2.95×10^3 8)	1155.2	0.195	7.5	av $E\beta=1207$ 37
(3.09×10^3 8)	1021.5	0.85	7.0	av $E\beta=1269$ 37
(3.11×10^3 8)	1001.9	0.06	8.2	av $E\beta=1278$ 37
(3.15×10^3 8)	959.5	1.91	6.7	av $E\beta=1297$ 37
(3.27×10^3 8)	840.5	0.35	7.5	av $E\beta=1352$ 37
(3.40×10^3 8)	708.7?	0.20	7.8	av $E\beta=1413$ 38
(3.44×10^3 8)	671.8	0.31	7.6	av $E\beta=1430$ 38
(3.59×10^3 8)	522.2	0.11	8.2	av $E\beta=1500$ 38
(3.60×10^3 8)	505.7	0.29	7.7	av $E\beta=1508$ 38
(3.66×10^3 8)	447.2	0.71	7.4	av $E\beta=1535$ 38

† Absolute intensity per 100 decays.

 $\gamma(^{145}\text{Ce})$

I_γ normalization: From $I(355.8\gamma)=3.83\%$ 67 ([1986RoZT](#)).

[1978Pf02](#) did not see 101 γ and 160 γ assigned by [1969WiZX](#) to ^{145}La β^- decay.

$E_\gamma^\dagger$	$I_\gamma^\ddagger$	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult.	$\alpha^\#$	Comments
48.2 5	38 8	118.2		70.0	(7/2 ⁻)	[M1]	9.8 4	$\alpha(\text{K})=8.3$ 3; $\alpha(\text{L})=1.15$ 4; $\alpha(\text{M})=0.241$ 9; $\alpha(\text{N}+..)=0.0628$ 22 $\alpha(\text{N})=0.0535$ 19; $\alpha(\text{O})=0.0087$ 3; $\alpha(\text{P})=0.000648$ 22 E_γ, I_γ : observed in 1977Sk02 .
64.3 2	27	64.3	(⁻)	0.0	(5/2 ⁻)	E2	10.32 19	$\alpha(\text{K})=3.91$ 6; $\alpha(\text{L})=5.01$ 11; $\alpha(\text{M})=1.127$ 23; $\alpha(\text{N}+..)=0.274$ 6 $\alpha(\text{N})=0.240$ 5; $\alpha(\text{O})=0.0333$ 7; $\alpha(\text{P})=0.000200$ 4 I_γ : from 1986RoZU . Mult.: K/L=0.8 2 (1978Pf02). E_γ : from ce(K), ce(L), ce(M) observed only in ce spectra (1978Pf02).
70.0 2	283	70.0	(7/2 ⁻)	0.0	(5/2 ⁻)	[M1]	3.30 6	$\alpha(\text{K})=2.82$ 5; $\alpha(\text{L})=0.387$ 7; $\alpha(\text{M})=0.0810$ 14; $\alpha(\text{N}+..)=0.0211$ 4 $\alpha(\text{N})=0.0180$ 3; $\alpha(\text{O})=0.00291$ 5; $\alpha(\text{P})=0.000218$ 4 Mult.: from J^π for 70.0 and g.s.
117.1 @		234.1		118.2				Observed only in 1977Sk02 , supported by $\gamma\gamma$ from 1978Pf02 , 1977Sk02 .
118.2 2	95	118.2		0.0	(5/2 ⁻)	[M1]	0.736	$\alpha(\text{K})=0.628$ 10; $\alpha(\text{L})=0.0856$ 13; $\alpha(\text{M})=0.0179$ 3; $\alpha(\text{N}+..)=0.00467$ 7 $\alpha(\text{N})=0.00398$ 6; $\alpha(\text{O})=0.000644$ 10; $\alpha(\text{P})=4.85 \times 10^{-5}$ 8
164.1 2	71	234.1		70.0	(7/2 ⁻)	[M1]	0.294	$\alpha(\text{K})=0.251$ 4; $\alpha(\text{L})=0.0340$ 5; $\alpha(\text{M})=0.00711$ 11; $\alpha(\text{N}+..)=0.00185$ 3 $\alpha(\text{N})=0.001578$ 23; $\alpha(\text{O})=0.000256$ 4; $\alpha(\text{P})=1.94 \times 10^{-5}$ 3
169.8 2	84	234.1		64.3	(⁻)	[M1]	0.267	$\alpha(\text{K})=0.228$ 4; $\alpha(\text{L})=0.0309$ 5; $\alpha(\text{M})=0.00647$ 10; $\alpha(\text{N}+..)=0.001685$ 25 $\alpha(\text{N})=0.001435$ 21; $\alpha(\text{O})=0.000233$ 4; $\alpha(\text{P})=1.76 \times 10^{-5}$ 3
^x 234.7	15							
238.0 2	28	355.9		118.2				
288.5 2	4	522.2		234.1				

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^{145}La β^- decay [1978Pf02,1997Gr09](#) (continued) $\gamma(^{145}\text{Ce})$ (continued)

E_γ †	I_γ ‡	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Comments
291.4 2	28	355.9		64.3	($^-$)	
312.0 2	4	1021.5		708.7?		
327.4 2	20	959.5		632.6		
355.8 2	100	355.9		0.0	($5/2^-$)	I_γ : $I_\gamma=3.83\%$ 67 (1986RoZT).
x 360.5 2	25					
360.5	25	1030.9		671.8		
377.0 2	34	447.2		70.0	($7/2^-$)	
387.9 2	17	505.7		118.2		
403.6 2	25	522.2		118.2		Suggested placement disagrees with that observed in 1977Sk02 strong coin with 165 γ and 117 γ .
430.2 2	43	664.3		234.1		
435.5 2	44	505.7		70.0	($7/2^-$)	
447.4 2	84	447.2		0.0	($5/2^-$)	
452.0 2	14	522.2		70.0	($7/2^-$)	
x 464.1	8					
484.4 2	19	840.5		355.9		
505.2 2	45	505.7		0.0	($5/2^-$)	
515.4 2	14	632.6		118.2		
515.4 @ 2	<14	2205.6		1690.0?		
591.0 2	14	708.7?		118.2		
606.1 2	25	840.5		234.1		
632.9 2	38	632.6		0.0	($5/2^-$)	
644.8 2	44	708.7?		64.3	($^-$)	
659.0 2	10	1690.0?		1030.9		
664.0 2	13	664.3		0.0	($5/2^-$)	
668.2 2	8	1690.0?		1021.5		
671.8 2	48	671.8		0.0	($5/2^-$)	
687.9 2	20	1690.0?		1001.9		
721.5 2	20	840.5		118.2		
730.6 2	20	1690.0?		959.5		
x 743.5	38					
764.1 5	16	2359.8		1596.5?		
x 774.3	16					
786.5 2	45	1021.5		234.1		
799.5 2	17	1155.2		355.9		
840.7 @ 2	<14	840.5		0.0	($5/2^-$)	
840.7 2	14	959.5		118.2		
846.5 2	6	1510.8		664.3		
883.5 2	22	1001.9		118.2		
889.6 2	26	959.5		70.0	($7/2^-$)	
895.3 2	13	959.5		64.3	($^-$)	
932.0 @ 2	<74	1001.9		70.0	($7/2^-$)	
932.0 2	74	1166.1		234.1		
959.9 2	6	959.5		0.0	($5/2^-$)	
1021.5 3	36	1021.5		0.0	($5/2^-$)	
1030.9	46	1030.9		0.0	($5/2^-$)	
1036.9 3	21	1155.2		118.2		
1050.8 3	38	1284.9		234.1		
1050.8 @ 3	<38	2205.6		1155.2		
1222.1 5	10	2377.1		1155.2		
1238.0	23	1946.1?		708.7?		
1596.5 3	31	1596.5?		0.0	($5/2^-$)	
1819.5 3	81	1889.5		70.0	($7/2^-$)	
1922.4 3	17	2156.0		234.1		
1946.1	23	1946.1?		0.0	($5/2^-$)	

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$^{145}\text{La } \beta^- \text{ decay } \quad \text{1978Pf02,1997Gr09 (continued)}$ $\gamma(^{145}\text{Ce}) \text{ (continued)}$

$E_\gamma^\dagger$	$I_\gamma^\ddagger$	$E_i(\text{level})$	E_f	J_f^π	Comments
2087.8 3	22	2205.6	118.2		
2155.2 3	25	2156.0	0.0	(5/2 ⁻)	
2204.7 3	22	2205.6	0.0	(5/2 ⁻)	
2289.0 3	11	2359.8	70.0	(7/2 ⁻)	
2295.9 5	11	2359.8	64.3	(⁻)	
2306.8 5	14	2377.1	70.0	(7/2 ⁻)	
^x 2351.4 5	15				
2359.4 3	36	2359.8	0.0	(5/2 ⁻)	
2377.1 5	16	2377.1	0.0	(5/2 ⁻)	
2475.7 5	13	2543.9	70.0	(7/2 ⁻)	
2479.2 5	20	2543.9	64.3	(⁻)	
^x 2526.8 5	8				
2542.6 5	54.0	2606.9	64.3	(⁻)	I_γ : From β^- feeding to 2606.9keV level.

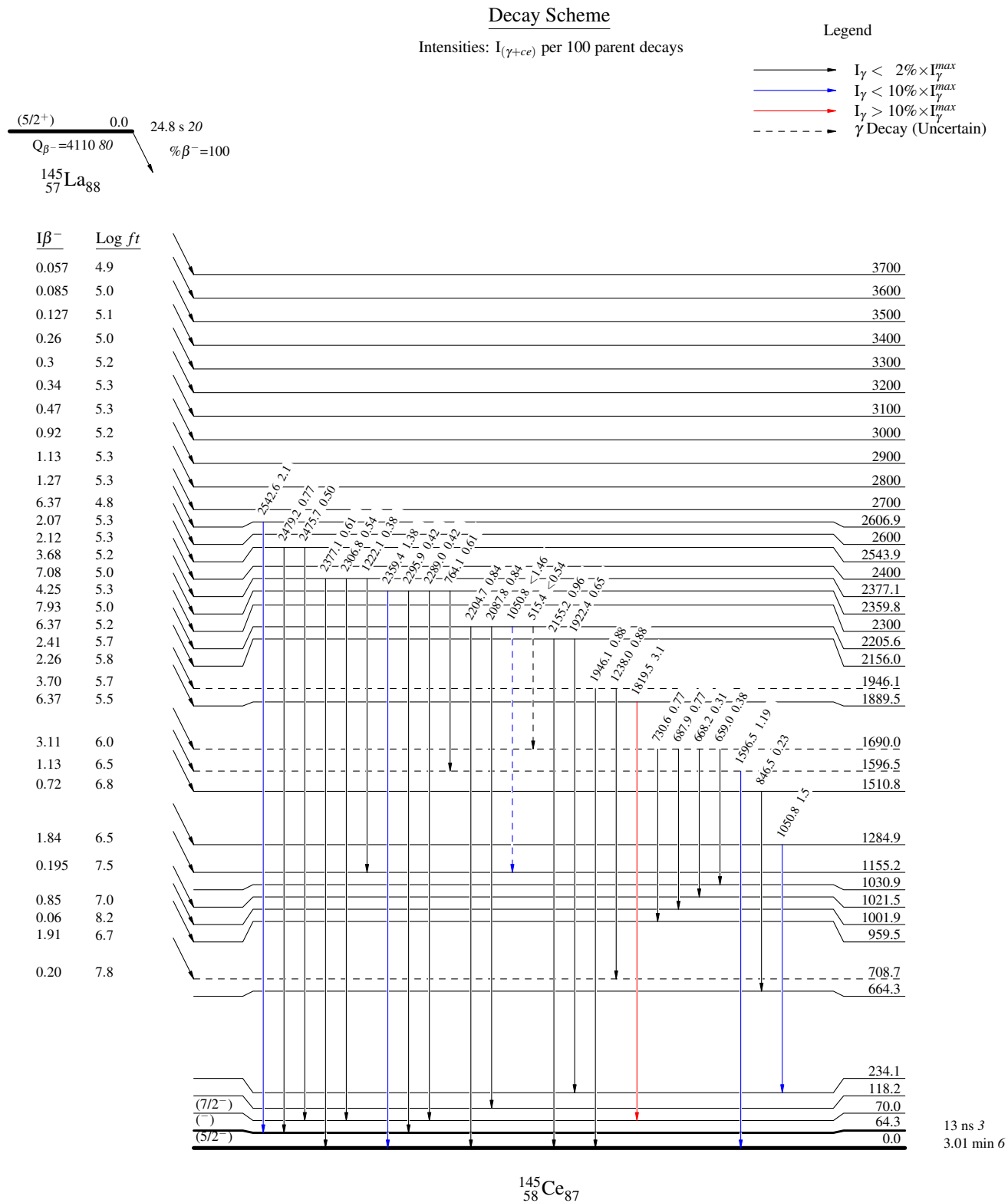
[†] From [1978Pf02](#), except where noted otherwise.

[‡] For absolute intensity per 100 decays, multiply by 0.0383 67.

Total theoretical internal conversion coefficients, calculated using the BrIcc code ([2008Ki07](#)) with Frozen orbital approximation based on γ -ray energies, assigned multipolarities, and mixing ratios, unless otherwise specified.

@ Placement of transition in the level scheme is uncertain.

^x γ ray not placed in level scheme.

^{145}La β^- decay 1978Pf02,1997Gr09

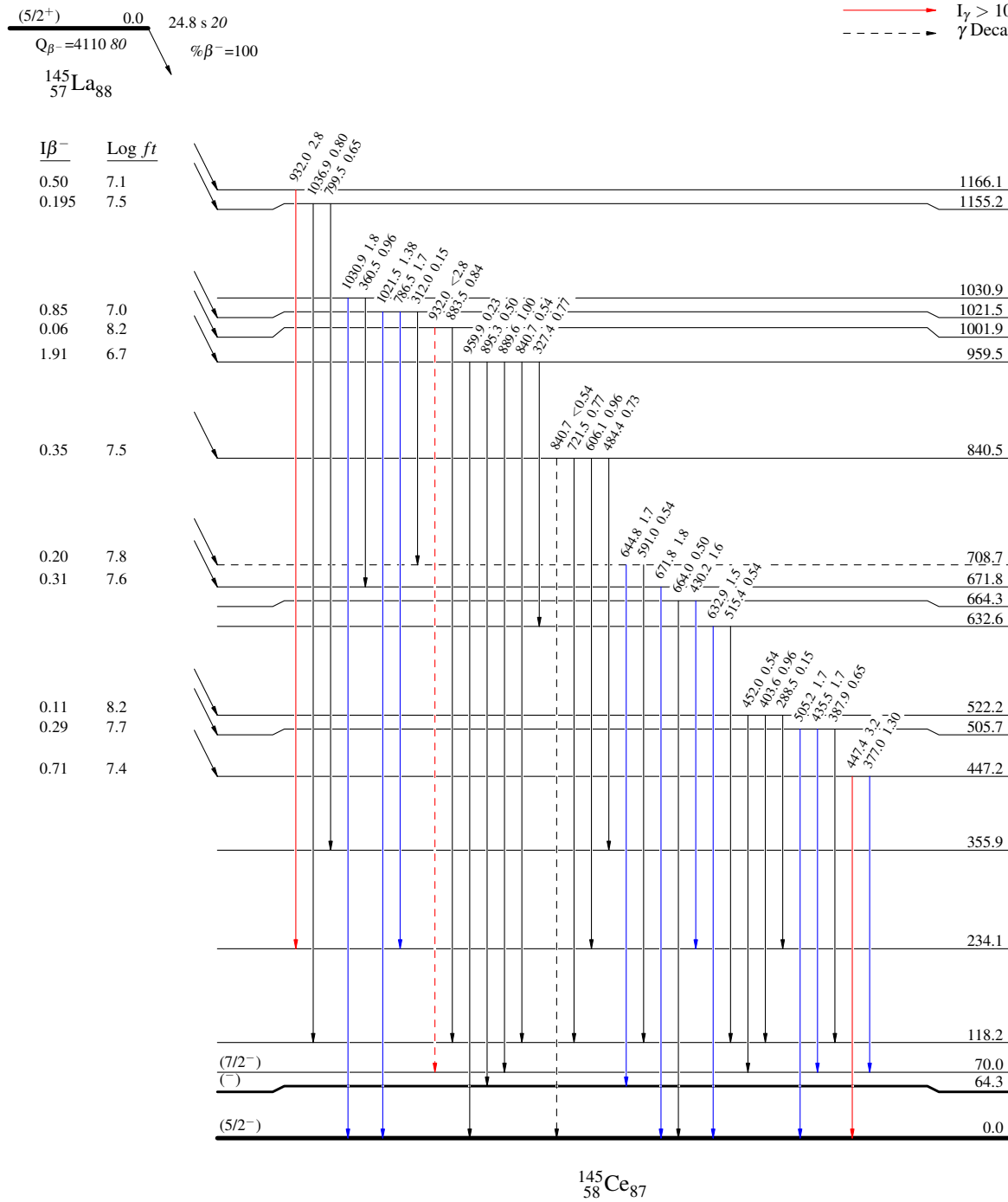
^{145}La β^- decay 1978Pf02,1997Gr09

Decay Scheme (continued)

Intensities: $I_{(\gamma+ce)}$ per 100 parent decays

Legend

- $\longrightarrow$ $I_\gamma < 2\% \times I_\gamma^{\max}$
 $\longrightarrow$ $I_\gamma < 10\% \times I_\gamma^{\max}$
 $\longrightarrow$ $I_\gamma > 10\% \times I_\gamma^{\max}$
 $\longrightarrow$ γ Decay (Uncertain)



^{145}La β^- decay 1978Pf02,1997Gr09

Decay Scheme (continued)

 Intensities: $I_{(\gamma+ce)}$ per 100 parent decays

Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$
- - - - -→ γ Decay (Uncertain)

