

Adopted Levels, Gammas

Type	History		Literature Cutoff Date
	Author	Citation	
Full Evaluation	Balraj Singh	ENSDF	21-Feb-2008

Q(β⁻)=-8.00×10³ syst; S(n)=1.06×10⁴ syst; S(p)=-270 I6; Q(α)=3.4×10³ 8 2012Wa38
 Note: Current evaluation has used the following Q record -7699 syst 10990 syst -271 16 2860 syst 2003Au03,2008Ra03.
 Q(β⁻): from mass excess of -36910 400 (syst,2003Au03) for ¹⁴⁴Er and measured mass excess of -44609.5 90 (2008Ra03).
 S(p) from measured masses (2008Ra03). 2003Au03 give 160 360 from systematics.
 ΔQ(β⁻)=400, ΔS(n)=500 keV, ΔQ(α)=850 keV (2003Au03).
 Q(εp)=7950 300 (2003Au03).
 Theory: 1999La23.
 Produced by ⁹²Mo(⁵⁸Ni,3p3n), E=325 MeV (1986Wi15). Identification using OASIS mass separator, β-delayed protons in coincidence with Dy K x-rays.
 Mass measurement by Penning-trap spectrometer: 2008Ra03 (also 2007Ra37).

¹⁴⁴Ho Levels

Cross Reference (XREF) Flags

- A ¹⁴⁴Ho IT decay (506 ns)
- B ⁹²Mo(⁵⁴Fe,pnγ)

E(level)	J ^π †	T _{1/2}	XREF	Comments
0.0	(5 ⁻)	0.7 s I	AB	%ε+%β ⁺ =100; %εp=? T _{1/2} : from timing of delayed protons (1986Wi15). Configuration=[πh _{11/2} ⊗νs _{1/2}]+[πh _{11/2} ⊗νd _{3/2}].
60.6 2	(6 ⁻)		AB	J ^π : M1+E2 γ to (5 ⁻).
208.9 2	(7 ⁻)		AB	J ^π : E2 γ to (5 ⁻), M1+E2 γ to (6 ⁻).
265.3 3	(8 ⁺)	506 ns 20	AB	%IT=100 J ^π : E1 γ to (7 ⁻); probable configuration=πh _{11/2} ⊗νh _{11/2} . T _{1/2} : from γ(t): weighted average of 564 ns 60 (2006Ta08) and 500 ns 20 (2001Sc09).
612.8# 4	(9 ⁺)		B	
911.9‡ 5	(10 ⁺)		B	
1274.9# 5	(11 ⁺)		B	
1413.3‡ 5	(12 ⁺)		B	
1842.6# 5	(13 ⁺)		B	
2136.8‡ 6	(14 ⁺)		B	
2604.6# 7	(15 ⁺)		B	
2992.8‡ 7	(16 ⁺)		B	
3473.1# 7	(17 ⁺)		B	
3878.0‡ 8	(18 ⁺)		B	
4691.1‡ 10	(20 ⁺)		B	

† For high-spin (J>8) levels, assignments are tentative and are based on assumed configuration and band structures.

‡ Band(A): Band based on (10⁺). Possible configuration=πh_{11/2}⊗ν(h_{11/2},f_{7/2}) or πh_{11/2}⊗ν(s_{1/2},d_{3/2}).

Band(a): Band based on (9⁺). Possible configuration=πh_{11/2}⊗ν(h_{11/2},f_{7/2}) or πh_{11/2}⊗ν(s_{1/2},d_{3/2}).

Adopted Levels, Gammas (continued)

$\gamma(^{144}\text{Ho})$								
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. [‡]	$\alpha^\#$	Comments
60.6	(6 ⁻)	60.4 3	100	0.0	(5 ⁻)	M1+E2	17 6	ce(K)/(γ +ce)=0.34 16; ce(L)/(γ +ce)=0.5 6; ce(M)/(γ +ce)=0.11 9; ce(N+)/(γ +ce)=0.028 25 ce(N)/(γ +ce)=0.025 22; ce(O)/(γ +ce)=0.003 3; ce(P)/(γ +ce)= 2.1×10^{-5} 15
208.9	(7 ⁻)	148.2 2	100 18	60.6	(6 ⁻)	M1+E2	0.77 9	ce(K)/(γ +ce)=0.31 7; ce(L)/(γ +ce)=0.09 4; ce(M)/(γ +ce)=0.022 9; ce(N+)/(γ +ce)=0.0057 22 ce(N)/(γ +ce)=0.0050 20; ce(O)/(γ +ce)=0.00065 21; ce(P)/(γ +ce)= 1.7×10^{-5} 8
		209.0 2	41 11	0.0	(5 ⁻)	E2	0.211	ce(K)/(γ +ce)=0.1166 16; ce(L)/(γ +ce)=0.0445 7; ce(M)/(γ +ce)=0.01050 16; ce(N+)/(γ +ce)=0.00269 5 ce(N)/(γ +ce)=0.00238 4; ce(O)/(γ +ce)=0.000299 5; ce(P)/(γ +ce)= 5.58×10^{-6} 9
265.3	(8 ⁺)	56.4 2	100	208.9	(7 ⁻)	E1	1.37	α for 56.7. This E_γ is too close to K-shell binding energy, thus it is difficult to obtain a reliable α value.
612.8	(9 ⁺)	347.5 [@] 2	100	265.3	(8 ⁺)			
911.9	(10 ⁺)	299.1 [@] 3	100	612.8	(9 ⁺)			
1274.9	(11 ⁺)	362.9 [@] 1	100	911.9	(10 ⁺)			
1413.3	(12 ⁺)	501.6 2	100	911.9	(10 ⁺)			
1842.6	(13 ⁺)	429.6 [@] 3	100 8	1413.3	(12 ⁺)			
		567.3 [@] 3	40 20	1274.9	(11 ⁺)			
2136.8	(14 ⁺)	723.6 4	100	1413.3	(12 ⁺)			
2604.6	(15 ⁺)	467.8 [@] 2	100 11	2136.8	(14 ⁺)			
		761.7 [@] 8	84 16	1842.6	(13 ⁺)			
2992.8	(16 ⁺)	856.0 2	100	2136.8	(14 ⁺)			
3473.1	(17 ⁺)	868.5 [@] 3	100	2604.6	(15 ⁺)			
3878.0	(18 ⁺)	885.2 5	100	2992.8	(16 ⁺)			
4691.1	(20 ⁺)	813.1 6	100	3878.0	(18 ⁺)			

[†] From $^{92}\text{Mo}(^{54}\text{Fe},\text{pn}\gamma)$.

[‡] From ^{144}Ho IT decay (506 ns).

[#] Total theoretical internal conversion coefficients, calculated using the BrIcc code (2008Ki07) with Frozen orbital approximation based on γ -ray energies, assigned multiplicities, and mixing ratios, unless otherwise specified.

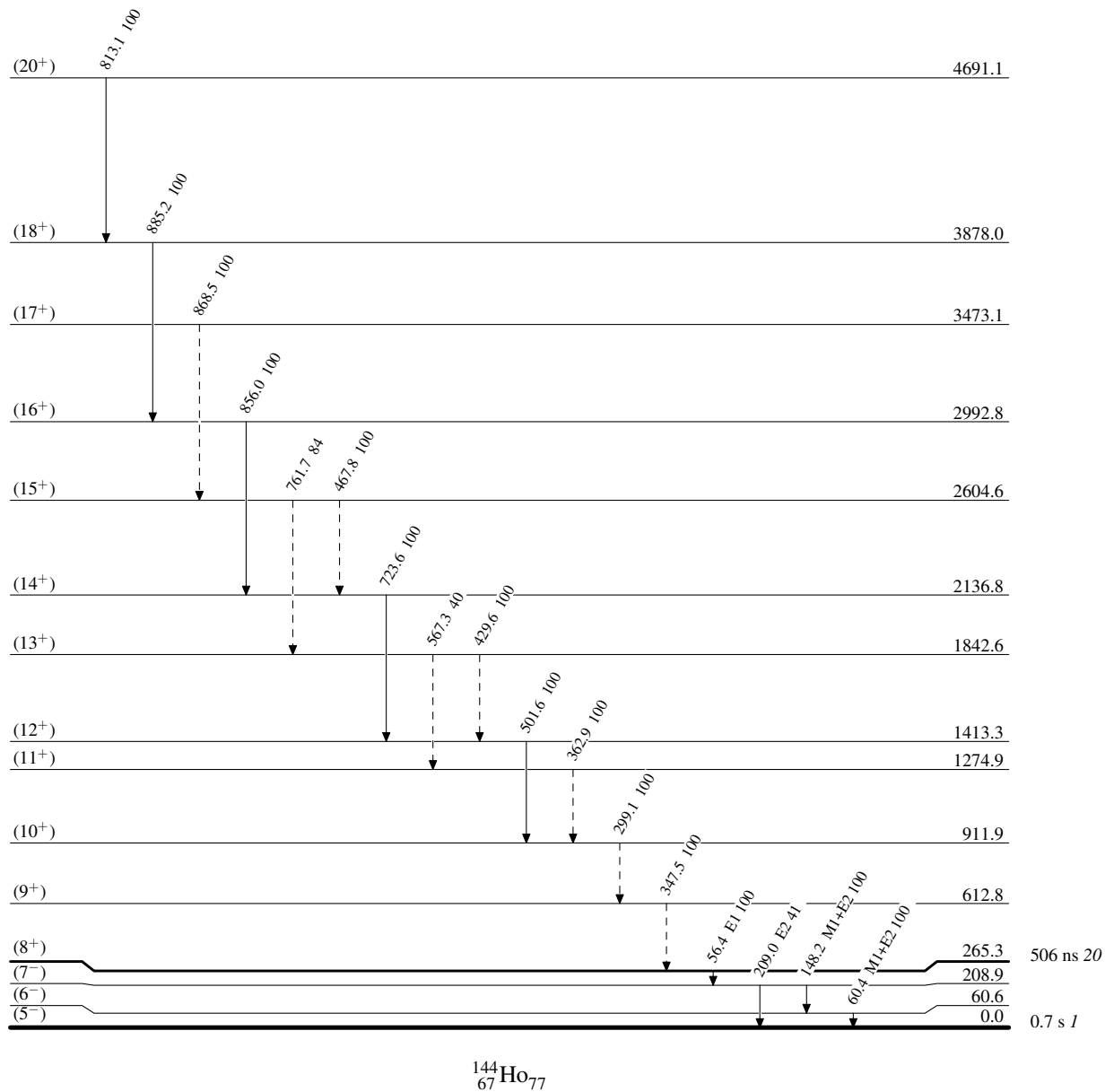
[@] Placement of transition in the level scheme is uncertain.

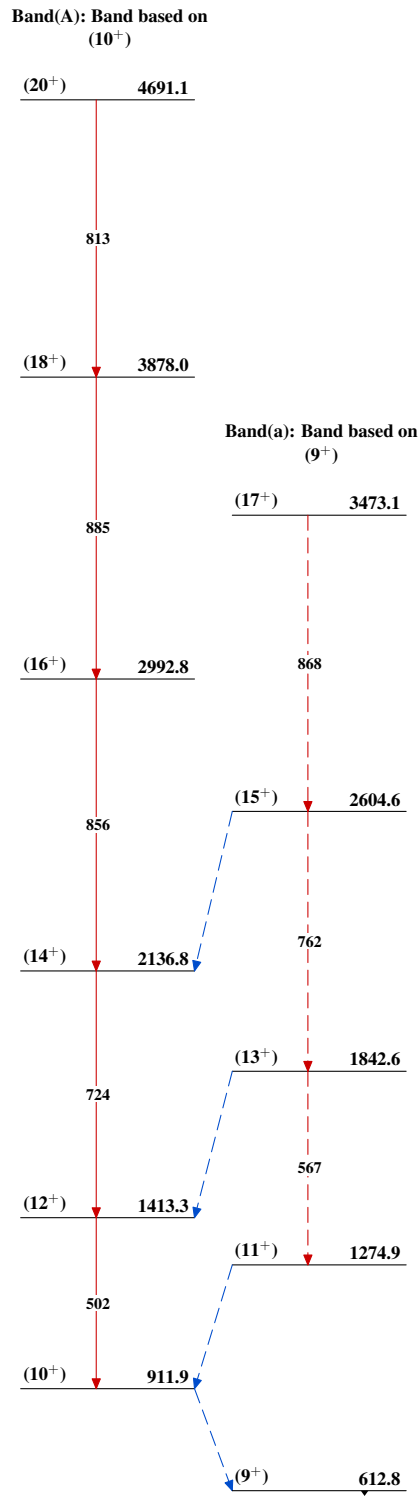
Adopted Levels, Gammas

Legend

Level Scheme

Intensities: Relative photon branching from each level

-----► γ Decay (Uncertain)

Adopted Levels, Gammas $^{144}_{67}\text{Ho}_{77}$