

¹⁴⁴La β⁻ decay [1982Mi01](#),[1986WaZQ](#),[1997Gr09](#)

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	A. A. Sonzogni	NDS 93, 599 (2001)	1-Dec-2000

Parent: ¹⁴⁴La: E=0.0; J^π=(3⁻); T_{1/2}=40.8 s 4; Q(β⁻)=5541 56; %β⁻ decay=100.0

[1982Mi01](#): activity ²³⁵U(n,F). Measured γ, γγ(θ), θ=6 angles between 90° and 180°, Ge(Li).

[1976MoZB](#), [1978MoZQ](#): measured γ, ce, γγ, semi; βγ, scin-semi.

[1977Sk02](#): measured γ, γγ, semi.

[1978St03](#): measured βγ.

[1997Gr09](#), [1996Gr20](#): Total Absorption Gamma-ray Spectrometer (TAGS) system used to measure β⁻ decay intensities, and the g.s. β⁻ feeding when operated in the 4πγ-β⁻ coin. mode, NaI γ detector and Si β detector.

Fission yield: [1984Ja20](#), [1980KoYL](#).

¹⁴⁴Ce Levels

E(level)	J ^π †	T _{1/2}	Comments
0.0	0 ⁺	284.893 d 8	%β ⁻ =100 T _{1/2} : from 1986OI01 . Others: 284.5 d 10 (1956Sc87), 284.3 d 3 (1957Ke26), 283.8 d 6 (1965FI02), 284.8 d 10 (1968La10), 284.9 d 8 (1968Re04), 285.08 d 18 (1976WaZH), 285.8 d 1 (1980Ho17), 284.45 d 14 (1983Wa26) 286.14 d 9 (1997Ma75).
397.440 9	2 ⁺		J ^π : 397γ is E2.
938.65 6	4 ⁺		
1242.21 15	3 ⁽⁻⁾		
1346.1 7	(1)		
1489.0 3	2 ⁺		
1523.67 10	(5 ⁻)		J ^π : from 1986WaZQ . 1982Mi01 gives 5 ⁻ ,(3 ⁺).
1673.67 18	4 ⁺		
1691.53 22	3 ⁽⁺⁾		
1819.0 4	2 ⁺		
1829.01 19	4 ⁺		
1864.5 4	1		
1890.92 18	5 ⁽⁺⁾ ,3		
1991.55 22	3,5		
2021.1 4	3 ⁽⁺⁾		
2028.7 4	1 ⁽⁺⁾		
2040.7 3	3 ⁽⁺⁾		
2112.10 19	2 ⁺ ,(1 ⁺)		
2127.0 3	2 ⁽⁺⁾ ,3 ⁽⁺⁾ ,4		
2152.8 4	2 ⁺		
2220.8 4	4 ⁽⁻⁾		
2339.8 4	2 ⁺		
2352.6 4	2 ⁺		
2405.2 4	3,2 ⁽⁺⁾		
2447.46 10			
2534.3 3	3 ⁽⁺⁾		
2536.6 6	2,3 ⁽⁺⁾ ,4		
2623.2 5			
2642.41 21	4 ⁽⁺⁾ ,(2 ⁺)		
2692.8 5	4 ⁽⁺⁾ ,3		
2749.9 4	2 ⁺		
2802.5 9			
2881.7 3	3,5 ⁽⁻⁾		
2882.0 7	2 ⁺		
2903.6 4	(3 ⁻ ,4 ⁺ ,2)		

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^{144}La β^- decay **1982Mi01,1986WaZQ,1997Gr09** (continued)

^{144}Ce Levels (continued)

E(level)	J^π^\dagger	E(level)	J^π^\dagger	E(level)	E(level)	J^π^\dagger
2937.3?		3209.3 6		3396.2? 11	3628.9 7	1 ⁽⁻⁾ ,2 ⁺
2998.7 3	2 ⁺	3238.85 25	4 ⁽⁻⁾ , (2)	3408.5 4	3635.0 6	1 ⁽⁻⁾ ,2 ⁺
3007.9 9	1 ⁽⁻⁾ ,2 ⁺	3263.0 5	(2 ⁺ ,3,4 ⁺)	3424.2?	3707.7 5	
3060.1 5	1 ⁻	3278.6 6		3566.1 5	3790.1 5	
3173.0 5	2,3	3293.6 6		3597.1 6	3973.6 12	
3197.17 24	4 ⁽⁺⁾ , (3 ⁺)	3371.9? 6		3614.2 20		

† From Adopted Levels.

β^- radiations

E(decay)	E(level)	$I\beta^{-\ddagger}$	Log ft	Comments
(1.57×10^3) 6	3973.6	0.12 3	6.87 13	av $E\beta=582$ 25 $I\beta=0.0\%$ (1997Gr09).
(1.75×10^3) 6	3790.1	0.63 13	6.34 11	av $E\beta=662$ 25 $I\beta=0.160\%$ (1997Gr09).
(1.83×10^3) 6	3707.7	0.93 13	6.25 8	av $E\beta=698$ 25 $I\beta=0.54\%$ (1997Gr09).
(1.91×10^3) 6	3635.0	0.95 13	6.30 8	av $E\beta=731$ 25 $I\beta=0.21\%$ (1997Gr09).
(1.91×10^3) 6	3628.9	1.08 10	6.25 7	av $E\beta=733$ 25 $I\beta=0.046\%$ (1997Gr09).
(1.93×10^3) 6	3614.2	0.13 4	7.19 15	av $E\beta=740$ 25 $I\beta=0.24\%$ (1997Gr09).
(1.94×10^3) 6	3597.1	0.73 10	6.45 8	av $E\beta=747$ 25 $I\beta=0.45\%$ (1997Gr09).
(1.97×10^3) 6	3566.1	1.45 12	6.18 7	av $E\beta=761$ 25 $I\beta=0.046\%$ (1997Gr09).
(2.13×10^3) 6	3408.5	1.41 15	6.33 7	av $E\beta=832$ 26 $I\beta=0.093\%$ (1997Gr09).
(2.14×10^3) 6	3396.2?	0.25 7	7.09 13	av $E\beta=837$ 26 $I\beta=0.66\%$ (1997Gr09).
(2.17×10^3) 6	3371.9?	0.34 8	6.97 12	av $E\beta=848$ 26 $I\beta=0\%$ (1997Gr09).
(2.25×10^3) 6	3293.6	1.50 14	6.39 6	av $E\beta=884$ 26 $I\beta=1.07\%$ (1997Gr09).
(2.26×10^3) 6	3278.6	1.25 14	6.48 7	av $E\beta=891$ 26 $I\beta=1.87\%$ (1997Gr09).
(2.28×10^3) 6	3263.0	1.74 18	6.35 7	av $E\beta=898$ 26 $I\beta=2.17\%$ (1997Gr09).
(2.30×10^3) 6	3238.85	7.3 3	5.75 5	av $E\beta=909$ 26 $I\beta=13.42\%$ (1997Gr09).
(2.33×10^3) 6	3209.3	0.76 12	6.75 8	av $E\beta=922$ 26 $I\beta=0.68\%$ (1997Gr09).
(2.34×10^3) 6	3197.17	9.3 4	5.67 5	av $E\beta=927$ 26 $I\beta=8.58\%$ (1997Gr09).
(2.37×10^3) 6	3173.0	1.38 16	6.52 7	av $E\beta=938$ 26 $I\beta=0.0\%$ (1997Gr09).
(2.48×10^3) 6	3060.1	3.06 16	6.26 5	av $E\beta=990$ 26 $I\beta=4.19\%$ (1997Gr09).
(2.53×10^3) 6	3007.9	0.59 10	7.01 9	av $E\beta=1014$ 26 $I\beta=1.47\%$ (1997Gr09).

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^{144}La β^- decay **1982Mi01,1986WaZQ,1997Gr09** (continued) β^- radiations (continued)

E(decay)	E(level)	$I\beta^-$ †‡	Log <i>ft</i>	Comments
(2.54×10 ³ e)	2998.7	1.67 18	6.56 7	av E β =1018 26 I β =4.29% (1997Gr09).
(2.60×10 ³ e)	2937.3?	0		I β =1.76% (1997Gr09).
(2.64×10 ³ e)	2903.6	1.13 19	6.80 9	av E β =1061 26 I β =3.28% (1997Gr09).
(2.66×10 ³ e)	2882.0	0.33 16	7.35 22	av E β =1071 26 I β =4.30%, sum of 2881.7 + 2882.0 levels (1997Gr09).
(2.66×10 ³ e)	2881.7	2.20 21	6.52 6	av E β =1071 26 I β =4.30%, sum of 2881.7 + 2882.0 levels (1997Gr09).
(2.74×10 ³ e)	2802.5	0.28 11	7.47 18	av E β =1108 26 I β =0.35% (1997Gr09).
(2.79×10 ³ e)	2749.9	0.46 20	7.29 20	av E β =1132 26 I β =0% (1997Gr09).
(2.85×10 ³ e)	2692.8	0.89 11	7.04 7	av E β =1158 26 I β =0% (1997Gr09).
(2.90×10 ³ e)	2642.41	7.6 5	6.14 5	av E β =1181 26 I β =7.35% (1997Gr09).
(3.00×10 ³ e)	2536.6	2.7 4	6.65 8	av E β =1230 26 I β =0% (1997Gr09).
(3.01×10 ³ e)	2534.3	6.53 25	6.27 4	av E β =1231 26 I β =6.63% (1997Gr09).
(3.09×10 ³ e)	2447.46	0.76 14	7.26 9	av E β =1271 26 I β =0.32% (1997Gr09).
(3.14×10 ³ # e)	2405.2	<0.34	>7.6	av E β =1290 26 I β =0.112% (1997Gr09).
(3.19×10 ³ e)	2352.6	0.45 21	7.54 21	av E β =1315 26 I β =0.33% (1997Gr09).
(3.20×10 ³ e)	2339.8	2.00 19	6.90 6	av E β =1321 26 I β =0.45% (1997Gr09).
(3.32×10 ³ e)	2220.8	1.97 16	6.97 5	av E β =1376 26 I β = 0.83% (1997Gr09).
(3.39×10 ³ e)	2152.8	0		I β =0.188% (1997Gr09).
(3.41×10 ³ e)	2127.0	0.4 3	7.7 4	av E β =1419 26 I β =0.148% (1997Gr09).
(3.43×10 ³ e)	2112.10	0.44 24	7.68 24	av E β =1426 26 I β =0.234% (1997Gr09).
(3.50×10 ³ e)	2040.7	1.01 24	7.36 11	av E β =1459 26 I β =0.164% (1997Gr09).
(3.51×10 ³ e)	2028.7	0.34 16	7.84 21	av E β =1465 26 I β = 0.092% (1997Gr09).
(3.52×10 ³ # e)	2021.1	<0.32	>7.9	av E β =1468 26 I β =0.25% (1997Gr09).
(3.55×10 ³ e)	1991.55	1.60 20	7.19 7	av E β =1482 26 I β =0.0% (1997Gr09).
(3.65×10 ³ e)	1890.92	0		I β =0.043% (1997Gr09).
(3.68×10 ³ # e)	1864.5	<0.34	>7.9	av E β =1541 26 I β =0.080% (1997Gr09).
(3.71×10 ³ e)	1829.01	1.2 3	7.39 12	av E β =1558 26 I β =0.23% (1997Gr09).
(3.72×10 ³ e)	1819.0	0.90 19	7.52 10	av E β =1562 26 I β =0.111% (1997Gr09).
(3.85×10 ³ e)	1691.53	1.1 6	7.50 24	av E β =1622 26 I β =0.69% (1997Gr09).
(3.87×10 ³ e)	1673.67	2.5 5	7.15 10	av E β =1630 26 I β =0.0% (1997Gr09).

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¹⁴⁴La β⁻ decay **1982Mi01,1986WaZQ,1997Gr09 (continued)**

β⁻ radiations (continued)

E(decay)	E(level)	Iβ ^{-†‡}	Log ft	Comments
(4.02×10 ³ 6)	1523.67	2.5 4	7.22 8	av Eβ=1700 27 Iβ=0.20% (1997Gr09).
(4.05×10 ³ 6)	1489.0	1.13 21	7.58 9	av Eβ=1716 27 Iβ=0.0% (1997Gr09).
(4.19×10 ³ 6)	1346.1	0		Iβ=0.25% (1997Gr09).
(4.30×10 ³ 6)	1242.21	3.1 11	7.25 16	av Eβ=1831 27 Iβ=0.64% (1997Gr09).
(4.60×10 ³ 6)	938.65	9.6 10	6.89 5	av Eβ=1973 27 Iβ= 0.0% (1997Gr09).
(5.14×10 ³ 6)	397.440	10.2 21	7.07 10	av Eβ=2226 27 Iβ=0.0% (1997Gr09).

† From 1982Mi01, in their unpublished work 1986WaZQ, have suggested many more levels above 2.0 MeV. Level feedings as given here, therefore, are likely to be incorrect. TAGS branchings to the discrete levels are given in comments. Differences between these sets of Iβ values may be due to the validity of the approximations used to deduced them, and to differences between γ detectors. No direct feeding to 0⁺ g.s. is expected because of ΔJ=(3); however, TAGS experiment gives a value of 1.2% 10. Moreover, TAGS analysis gives the following levels and associated Iβ in addition to the discrete levels listed, which heavily relies on 1986WaZQ: E(level)=1647.1 keV, Iβ=0.0%; E(level)=2038.7 keV, Iβ=0.07%; E(level)=2142.7 keV, Iβ=0.067%; E(level)=2150.9 keV, Iβ=0.012%; E(level)=2191.6 keV, Iβ=0.0%; E(level)=2203.7 keV, Iβ=0.0%; E(level)=2242.1 keV, Iβ=0.28%; E(level)=2329.2 keV, Iβ=0.168%; E(level)=2331.7 keV, Iβ=0.096%; E(level)=2373.3 keV, Iβ=0.035%; E(level)=2377.9 keV, Iβ=0.143%; E(level)=2390.6 keV, Iβ=0.39%; E(level)=2473.3 keV, Iβ=0.082%; E(level)=2549.6 keV, Iβ=0.50%; E(level)=2620.1 keV, Iβ=0.092%; E(level)=2710 keV, Iβ=2.99%; E(level)=2736.7 keV, Iβ=0.0%; E(level)=2823.2 keV, Iβ=0.113%; E(level)=2828.3 keV, Iβ=0.057%; E(level)=2839.9 keV, Iβ=0.27%; E(level)=2843.7 keV, Iβ=0.100%; E(level)=2895.6 keV, Iβ=0.35%; E(level)=2942.9 keV, Iβ=0.105%; E(level)=2962.2 keV, Iβ=0.121%; E(level)=3016.8 keV, Iβ=3.59%; E(level)=3035.9 keV, Iβ=0.034%; E(level)=3096.3 keV, Iβ=0.44%; E(level)=3100.8 keV, Iβ=0.158%; E(level)=3203.1 keV, Iβ=0.033%; E(level)=3264.1 keV, Iβ=2.17%; E(level)=3296.7 keV, Iβ=0.090%; E(level)=3318.9 keV, Iβ=0.038%; E(level)=3378.9 keV, Iβ=0.21%; E(level)=3383.7 keV, Iβ=0.195%; E(level)=3402.7 keV, Iβ=0.046%; E(level)=3410.6 keV, Iβ=0.29%; E(level)=3420.5 keV, Iβ=0.30%; E(level)=3427.3 keV, Iβ=0.25%; E(level)=3436.4 keV, Iβ=0.31%; E(level)=3447.4 keV, Iβ=0.055%; E(level)=3450.9 keV, Iβ=0.084%; E(level)=3465.4 keV, Iβ=0.066%; E(level)=3480.3 keV, Iβ=0.028%; E(level)=3487.9 keV, Iβ=0.047%; E(level)=3500 keV, Iβ=1.09%; E(level)=3532.0 keV, Iβ=0.32%; E(level)=3536.8 keV, Iβ=0.055%; E(level)=3538.8 keV, Iβ=0.20%; E(level)=3551.0 keV, Iβ=0.44%; E(level)=3567.3 keV, Iβ=0.62%; E(level)=3572.1 keV, Iβ=0.046%; E(level)=3600 keV, Iβ=2.01%; E(level)=3642.2 keV, Iβ=0.074%; E(level)=3653.4 keV, Iβ=0.176%; E(level)=3700 keV, Iβ=0.148%; E(level)=3765.8 keV, Iβ=0.028%; E(level)=3800 keV, Iβ=0.50%; E(level)=3821.7 keV, Iβ=0.130%; E(level)=3868.3 keV, Iβ=0.019%; E(level)=3878.0 keV, Iβ=0.32%; E(level)=3900 keV, Iβ=0.89%; E(level)=3928.9 keV, Iβ=0.047%; E(level)=3987.8 keV, Iβ=0.075%; E(level)=4000 keV, Iβ=1.17%; E(level)=4001.4 keV, Iβ=0.132%; E(level)=4032.1 keV, Iβ=0.166%; E(level)=4039.6 keV, Iβ=0.065%; E(level)=4054.4 keV, Iβ=0.027%; E(level)=4062.3 keV, Iβ=0.27%; E(level)=4072.6 keV, Iβ=0.028%; E(level)=4080 keV, Iβ=0.065%; E(level)=4098.6 keV, Iβ=0.028%; E(level)=4100 keV, Iβ=1.30%; E(level)=4123.4 keV, Iβ=0.120%; E(level)=4136.2 keV, Iβ=0.046%; E(level)=4175.2 keV, Iβ=0.028%; E(level)=4179.1 keV, Iβ=0.038%; E(level)=4200 keV, Iβ=1.11%; E(level)=4252.9 keV, Iβ=0.027%; E(level)=4259.6 keV, Iβ=0.23%; E(level)=4300 keV, Iβ=1.97%; E(level)=4308.3 keV, Iβ=0.085%; E(level)=4312.1 keV, Iβ=0.075%; E(level)=4340.7 keV, Iβ=0.120%; E(level)=4348.9 keV, Iβ=0.046%; E(level)=4358.5 keV, Iβ=0.084%; E(level)=4346.8 keV, Iβ=0.139%; E(level)=4371.1 keV, Iβ=0.130%; E(level)=4396.6 keV, Iβ=0.066%; E(level)=4400 keV, Iβ=1.29%; E(level)=4400.3 keV, Iβ=0.122%; E(level)=4404.8 keV, Iβ=0.066%; E(level)=4443.9 keV, Iβ=0.037%; E(level)=4467.6 keV, Iβ=0.028%; E(level)=4500 keV, Iβ=0.37%; E(level)=4529.9 keV, Iβ=0.019%; E(level)=4595.2 keV, Iβ=0.028%; E(level)=4600 keV, Iβ=0.22%; E(level)=4700 keV, Iβ=0.28%; E(level)=4800 keV, Iβ=0.138%; E(level)=4893.6 keV, Iβ=0.09%;

‡ Absolute intensity per 100 decays.

Existence of this branch is questionable.

γ(¹⁴⁴Ce)

I_γ normalization: from Σ I(γ+ce) to g.s.=100.

Decay scheme, E_γ, I_γ are mostly as given by **1982Mi01**. In a more detailed, but as yet unpublished, work **1986WaZQ** have observed many more levels above 2.0 MeV. Below 2.0 MeV **1986WaZQ** do not support the placement of a 0⁺ level at 1481.6, so the level has been removed from the decay scheme. Also, **1986WaZQ** have suggested two additional levels at 1346 (1⁻) and 1647 (6⁺). Up to at least 1864 level, **1986WaZQ** support J^π assignments of **1982Mi01**. Level energies have been calculated by the evaluator from a least-squares fit to the γ-ray energies.

E _γ	I _γ [@]	E _i (level)	J _i ^π	E _f	J _f ^π	Mult. [†]	δ [‡]	α ^{&}	Comments
303.6 3	1.56 9	1242.21	3 ⁽⁻⁾	938.65	4 ⁺	(E1+M2)	+0.007 8	0.0121 1	α(K)=0.01039 4; α(L)=0.00136; α(M)=0.00028
340.2 3	0.50 8	2692.8	4 ⁽⁺⁾ ,3	2352.6	2 ⁺				
357.3 4	0.29 7	3238.85	4 ⁽⁻⁾ , (2)	2881.7	3,5 ⁽⁻⁾				
367.3 3	1.55 11	1890.92	5 ⁽⁺⁾ ,3	1523.67	(5 ⁻)				δ: 0.25 17 if J(1890)=5, 0.16 14 or -1.86 +74 -50 if J(1890)=3.
397.440 [‡] 9	100.0 17	397.440	2 ⁺	0.0	0 ⁺	E2		0.02071	α(K)=0.01703; α(L)=0.00291; α(M)=0.00062; α(N+.)=0.00016 Mult.: α(K)exp=0.019 2 (1976MoZB).
431.4 [#] 3	3.85 [#] 16	1673.67	4 ⁺	1242.21	3 ⁽⁻⁾	(E1+M2)	+0.03 6	0.0051 6	α(K)= 0.0044 5; α(L)=0.00057 7; α(M)=0.00012
449.5 [#] 4	0.80 [#] 11	1691.53	3 ⁽⁺⁾	1242.21	3 ⁽⁻⁾				
453.4 [#] 4	2.00 [#] 22	2127.0	2 ⁽⁺⁾ ,3 ⁽⁺⁾ ,4	1673.67	4 ⁺	(E2+M1)			δ: -0.45 10 or 4.2 +20-12 if J(2127)=3, -0.02 +3-16 if J(2127)=4.
467.7 4	0.55 9	1991.55	3,5	1523.67	(5 ⁻)				
541.20 [‡] 6	41.6 8	938.65	4 ⁺	397.440	2 ⁺	E2		0.00843	α(K)=0.00731; α(L)=0.00112 Mult.: α(K)exp=0.0056 20 (1976MoZB).
585.02 [‡] 9	8.45 25	1523.67	(5 ⁻)	938.65	4 ⁺	D+Q			δ: 0.020 18 if J(1523.5)=5, -0.097 15 if J(1523.5)=3.
587.0 [#] 3	1.00 [#] 11	1829.01	4 ⁺	1242.21	3 ⁽⁻⁾				
597.2 4	0.54 9	2749.9	2 ⁺	2152.8	2 ⁺				
621.8 5	0.30 8	3371.9?		2749.9	2 ⁺				
643.0 4	1.58 11	2534.3	3 ⁽⁺⁾	1890.92	5 ⁽⁺⁾ ,3				
662.5 4	1.17 10	3566.1		2903.6	(3 ⁻ ,4 ⁺ ,2)				
705.4 4	4.43 16	2534.3	3 ⁽⁺⁾	1829.01	4 ⁺	(M1+E2)	-0.63 9	0.0061 2	α(K)=0.00522 12; α(L)=0.00069
735.2 3	7.52 20	1673.67	4 ⁺	938.65	4 ⁺	(M1+E2)	+0.52 4	0.0057 1	α(K)=0.00486 5; α(L)=0.00064
746.9 4	0.78 9	3628.9	1 ⁽⁻⁾ ,2 ⁺	2882.0	2 ⁺				
751.7 3	1.62 11	2642.41	4 ⁽⁺⁾ , (2 ⁺)	1890.92	5 ⁽⁺⁾ ,3	(M1+E2)			δ: 0.06 6 or 9.9 +114-35.
763.4 ^a 4	0.40 9	3566.1		2802.5					
798.5 5	0.53 8	2040.7	3 ⁽⁺⁾	1242.21	3 ⁽⁻⁾				
813.2 4	0.52 8	2642.41	4 ⁽⁺⁾ , (2 ⁺)	1829.01	4 ⁺				
833.6 4	0.93 9	3238.85	4 ⁽⁻⁾ , (2)	2405.2	3,2 ⁽⁺⁾				
844.8 4	23.6 9	1242.21	3 ⁽⁻⁾	397.440	2 ⁺	(E1+M2)	-0.126 5	0.0013	α(K)=0.00115; α(L)=0.00015
853.2 5	1.11 10	2881.7	3,5 ⁽⁻⁾	2028.7	1 ⁽⁺⁾				

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¹⁴⁴La β⁻ decay **1982Mi01,1986WaZQ,1997Gr09** (continued)

<u>γ(¹⁴⁴Ce) (continued)</u>									
E _γ	I _γ [@]	E _i (level)	J _i ^π	E _f	J _f ^π	Mult. [†]	δ [‡]	α&	Comments
857.8 [#] 5	0.14 [#] 13	3263.0	(2 ⁺ ,3,4 ⁺)	2405.2	3,2 ⁽⁺⁾				
860.8 [#] 5	0.59 [#] 9	2534.3	3 ⁽⁺⁾	1673.67	4 ⁺				
871.9 [#] 5	0.54 [#] 10	2998.7	2 ⁺	2127.0	2 ⁽⁺⁾ ,3 ⁽⁺⁾ ,4				
890.4 4	1.34 11	1829.01	4 ⁺	938.65	4 ⁺	(M1+E2)	+0.68 14	0.0035 2	α(K)=0.00298 10; α(L)=0.00039
907.3 5	0.63 9	3060.1	1 ⁻	2152.8	2 ⁺				
948.6		1346.1	(1)	397.440	2 ⁺				E _γ : part of a triplet resolved in high resolution detector (1986WaZQ).
950.9 [#] 3	2.0 [#] 4	2642.41	4 ⁽⁺⁾ ,2 ⁺	1691.53	3 ⁽⁺⁾				
952.2 [#] 3	3.1 [#] 4	1890.92	5 ⁽⁺⁾ ,3	938.65	4 ⁺	D+Q			δ: -0.43 +11-9 or -3.0 +10-7 if J(1890)=5, 0.25 7 if J(1890)=3.
957.9 4	0.38 9	3707.7		2749.9	2 ⁺				
968.8 5	3.51 14	2642.41	4 ⁽⁺⁾ ,2 ⁺	1673.67	4 ⁺	(E2,M1+E2)			δ: 0.5 10 or -0.86 1 if J(2642)=4.
974.2 [#] 5	0.55 [#] 9	3597.1		2623.2					
978.5 5	2.01 12	2220.8	4 ⁽⁻⁾	1242.21	3 ⁽⁻⁾	(M1+E2)	-0.32 9	0.0030 1	α(K)=0.00259 5; α(L)=0.00033
1006.2 5	0.17 5	2998.7	2 ⁺	1991.55	3,5				
1010.8 [#] 5	0.46 [#] 10	3635.0	1 ⁽⁻⁾ ,2 ⁺	2623.2					
1017.8 [#] 5	0.28 [#] 6	3238.85	4 ⁽⁻⁾ ,2	2220.8	4 ⁽⁻⁾				
1044.5 5	0.20 8	3197.17	4 ⁽⁺⁾ ,3 ⁺	2152.8	2 ⁺				
1052.7 3	2.14 12	1991.55	3,5	938.65	4 ⁺	D+Q			δ: -0.24 7 if J(1991)=5, 0.11 5 if J(1991)=3.
1062.9 6	0.38 9	2881.7	3,5 ⁽⁻⁾	1819.0	2 ⁺				
1070.2 5	1.05 11	3197.17	4 ⁽⁺⁾ ,3 ⁺	2127.0	2 ⁽⁺⁾ ,3 ⁽⁺⁾ ,4				
1082.7 [#] 6	0.58 [#] 10	2021.1	3 ⁽⁺⁾	938.65	4 ⁺	(E2+M1)	-5.6 36	0.0017 2	α(K)=0.00148 11; α(L)=0.00020
1084.3 6	0.80 15	3197.17	4 ⁽⁺⁾ ,3 ⁺	2112.10	2 ⁺ ,1 ⁺	(E2)		0.00165	E _γ : placement by 1986WaZQ based upon coin with 1714γ, 2112γ.
1092.1 5	1.07 11	1489.0	2 ⁺	397.440	2 ⁺	(E2+M1)	5 +12-3	0.0017 2	α(K)=0.00146 11; α(L)=0.00019
1102.1 5	1.33 11	2040.7	3 ⁽⁺⁾	938.65	4 ⁺	(M1+E2)	-0.63 +32-16	0.0021 2	α(K)=0.00185 13; α(L)=0.00024
1153.0 5	0.46 9	2642.41	4 ⁽⁺⁾ ,2 ⁺	1489.0	2 ⁺				
1170.2 5	0.49 10	2998.7	2 ⁺	1829.01	4 ⁺				
1176.2 [#] 5	0.52 [#] 13	3197.17	4 ⁽⁺⁾ ,3 ⁺	2021.1	3 ⁽⁺⁾				
1190.4 6	0.50 9	2881.7	3,5 ⁽⁻⁾	1691.53	3 ⁽⁺⁾				
1212.0 8	<0.52	2903.6	(3 ⁻ ,4 ⁺ ,2)	1691.53	3 ⁽⁺⁾				I _γ : I _γ (1212.0γ+1214.5γ)=0.43 9.
1214.5 ^a 8	<0.52	2152.8	2 ⁺	938.65	4 ⁺				I _γ : I _γ (1212.0γ+1214.5γ)=0.43 9.
1217.8 6	0.42 9	3209.3		1991.55	3,5				
1237.8 6	0.63 10	3278.6		2040.7	3 ⁽⁺⁾				
1247.4 6	0.40 10	3238.85	4 ⁽⁻⁾ ,2	1991.55	3,5				
1276.3 5	1.71 12	1673.67	4 ⁺	397.440	2 ⁺	(E2)		0.00118	α(K)=0.00105; α(L)=0.00014
1282.1 [#] 6	0.35 [#] 9	2220.8	4 ⁽⁻⁾	938.65	4 ⁺				
1294.2 [#] 5	4.0 [#] 4	1691.53	3 ⁽⁺⁾	397.440	2 ⁺	(M1+E2)			δ: -0.66≥δ≥-2.25.
1294.4 [#] 5	2.9 [#] 4	2536.6	2,3 ⁽⁺⁾ ,4	1242.21	3 ⁽⁻⁾	D+Q			δ: -0.31 19 if J(2536)=2; 0.21 31 if J(2536)=3; 0.06≤δ≤5.71 if J(2536)=4.

¹⁴⁴La β⁻ decay **1982Mi01,1986WaZQ,1997Gr09** (continued)

γ(¹⁴⁴Ce) (continued)

E _γ	I _γ [@]	E _i (level)	J _i ^π	E _f	J _f ^π	Mult. [†]	δ [‡]	α ^{&}	Comments
1307.4 [#] 6	0.20 [#] 5	2998.7	2 ⁺	1691.53	3 ⁽⁺⁾				
1308.4 [#] 6	0.50 [#] 10	3173.0	2,3	1864.5	1				
1346.1		1346.1	(1)	0.0	0 ⁺				
1347.8 6	1.59 11	3238.85	4 ⁽⁻⁾ , (2)	1890.92	5 ⁽⁺⁾ , 3	(E1+M2)	-0.09 22		E _γ : placement from 1986WaZQ. α(K)=0.00045 20
1357.8 5	0.30 10	2881.7	3,5 ⁽⁻⁾	1523.67	(5 ⁻)	(E2+M1)			δ: 0.72≤δ≤4.60 if J(2882)=5.
1367.6 5	0.46 10	3408.5		2040.7	3 ⁽⁺⁾				
1380.1 6	0.79 11	2903.6	(3 ⁻ , 4 ⁺ , 2)	1523.67	(5 ⁻)				
1387.5 [#] 6	0.68 [#] 10	3408.5		2021.1	3 ⁽⁺⁾				
1401.1 6	0.76 10	2339.8	2 ⁺	938.65	4 ⁺				
1413.9 6	0.58 10	2352.6	2 ⁺	938.65	4 ⁺				
1421.8 6	1.20 11	1819.0	2 ⁺	397.440	2 ⁺	(E2+M1)	-3.5 +14-49	0.0010 1	α(K)=0.00087 4; α(L)=0.00011
1431.4 4	4.43 17	1829.01	4 ⁺	397.440	2 ⁺	E2			α(K)=0.00083; α(L)=0.00011
1437.8 6	0.14 8	3790.1		2352.6	2 ⁺				
1450.2 6	0.41 10	3790.1		2339.8	2 ⁺				
1467.1 6	0.64 10	1864.5	1	397.440	2 ⁺	D(+Q)	-0.4 4		α(K)= 0.0006 5
1489.6 6	1.50 12	1489.0	2 ⁺	0.0	0 ⁺				
1499.3 7	0.74 11	3173.0	2,3	1673.67	4 ⁺				
1505.7 7	0.41 10	3197.17	4 ⁽⁺⁾ , (3 ⁺)	1691.53	3 ⁽⁺⁾				
1523.5 7	3.69 16	3197.17	4 ⁽⁺⁾ , (3 ⁺)	1673.67	4 ⁺	(M1+E2)			δ: -0.99≤δ≤0.02 if J(3197)=4; -0.51 8 if J(3197)=3.
1623.8 7	0.74 10	2021.1	3 ⁽⁺⁾	397.440	2 ⁺	(M1+E2)	+0.13 +24-19		
1631.8 7	1.10 11	2028.7	1 ⁽⁺⁾	397.440	2 ⁺	(M1+E2)	+0.53 +14-11		
1639.8 [#] 9	0.80 [#] 12	2882.0	2 ⁺	1242.21	3 ⁽⁻⁾				
1641.9 [#] 9	0.30 [#] 16	2040.7	3 ⁽⁺⁾	397.440	2 ⁺				
1661.4 7	0.70 10	2903.6	(3 ⁻ , 4 ⁺ , 2)	1242.21	3 ⁽⁻⁾				
1673.7 6	1.47 12	3197.17	4 ⁽⁺⁾ , (3 ⁺)	1523.67	(5 ⁻)	D+Q			δ: -0.056 61 if J(3197)=4.
1683.1 7	0.73 10	2623.2		938.65	4 ⁺				
1714.6 [#] 8	1.04 [#] 18	2112.10	2 ⁺ , (1 ⁺)	397.440	2 ⁺	(M1+E2)			δ: -0.14≥δ≥-1.60 if J(2112)=2; -0.58≥δ≥-1.22 if J(2112)=1.
1715.6 [#] 8	0.93 [#] 12	3238.85	4 ⁽⁻⁾ , (2)	1523.67	(5 ⁻)	D+Q			
1754.7 [#] 9	0.44 [#] 8	2692.8	4 ⁽⁺⁾ , 3	938.65	4 ⁺	D+Q			
1755.5 [#] 8	1.12 [#] 17	2152.8	2 ⁺	397.440	2 ⁺	(M1+E2)			δ: -0.14≥δ≥-1.61.
1756.8 [#] 8	0.37 [#] 9	2998.7	2 ⁺	1242.21	3 ⁽⁻⁾				
1765.7 8	0.63 10	3007.9	1 ⁽⁻⁾ , 2 ⁺	1242.21	3 ⁽⁻⁾				
1804.4 8	0.71 9	3293.6		1489.0	2 ⁺				
1818.0 [#] 9	0.41 [#] 8	3060.1	1 ⁻	1242.21	3 ⁽⁻⁾				
1819.1 [#] 9	0.13 [#] 13	1819.0	2 ⁺	0.0	0 ⁺				
1842.9 10	0.28 8	3707.7		1864.5	1				
1863.8 9	0.30 11	2802.5		938.65	4 ⁺				
1864.2 9	0.30 11	1864.5	1	0.0	0 ⁺				

γ(¹⁴⁴Ce) (continued)

E _γ	I _γ [@]	E _i (level)	J _i ^π	E _f	J _f ^π	Mult. [†]	δ [‡]	Comments
1930.9 8	0.22 7	3173.0	2,3	1242.21	3 ⁽⁻⁾			
1942.2 9	1.48 13	2339.8	2 ⁺	397.440	2 ⁺	(M1+E2)	+0.07 17	
1942.7 9	0.33 7	2881.7	3,5 ⁽⁻⁾	938.65	4 ⁺	(E1+M2)		δ: -0.17 19 if J(1942)=3; 0.11 26 if J(1942)=5.
1955.1 [#] 9	0.54 [#] 16	2352.6	2 ⁺	397.440	2 ⁺			
1955.2 [#] 9	0.98 [#] 13	3197.17	4 ⁽⁺⁾ ,(3 ⁺)	1242.21	3 ⁽⁻⁾			
1965.0 [#] 9	0.36 [#] 8	2903.6	(3 ⁻ ,4 ⁺ ,2)	938.65	4 ⁺			
1966.8 [#] 9	0.39 [#] 8	3209.3		1242.21	3 ⁽⁻⁾			
1996.4 7	3.00 14	3238.85	4 ⁽⁻⁾ ,(2)	1242.21	3 ⁽⁻⁾	D+Q		δ: -0.42 +10-8 if J(3238)=4; 0.20 6 if J(3238)=2.
2007.8 9	1.24 10	2405.2	3,2 ⁽⁺⁾	397.440	2 ⁺	D+Q		δ: 0.59 +30-18 if J(2405)=2; -0.11 +14-8 or -14.2≤δ≤5.18 if J(2405)=3.
2028.7 9	0.37 6	2028.7	1 ⁽⁺⁾	0.0	0 ⁺			
2036.5 9	0.46 9	3278.6		1242.21	3 ⁽⁻⁾			
2050.0 [#] 10	0.81 [#] 14	2447.46		397.440	2 ⁺			
2051.4 [#] 10	0.56 [#] 9	3293.6		1242.21	3 ⁽⁻⁾			
2112.0 [#] 2	0.23 [#] 8	2112.10	2 ⁺ ,(1 ⁺)	0.0	0 ⁺			
2131.0 [#] 16	0.06 [#] 3	3371.9?		1242.21	3 ⁽⁻⁾			
2137.4 [#] 9	0.30 [#] 8	2534.3	3 ⁽⁺⁾	397.440	2 ⁺			
2150.8 [#] 9	0.20 [#] 8	3635.0	1 ⁽⁻⁾ ,2 ⁺	1489.0	2 ⁺			
2152.8 9	0.30 14	2152.8	2 ⁺	0.0	0 ⁺			
2154.0 [#] 10	0.27 [#] 7	3396.2?		1242.21	3 ⁽⁻⁾			
2166.5 [#] 9	0.36 [#] 7	3408.5		1242.21	3 ⁽⁻⁾			
2182.1 ^{#a} 9	0.12 [#] 4	3424.2?		1242.21	3 ⁽⁻⁾			
2184.2 [#] 9	0.18 [#] 5	3707.7		1523.67	(5 ⁻)			
2258.7 9	0.69 8	3197.17	4 ⁽⁺⁾ ,(3 ⁺)	938.65	4 ⁺			
2300.0 10	0.35 7	3238.85	4 ⁽⁻⁾ ,(2)	938.65	4 ⁺			
2323.7 [#] 9	0.37 [#] 7	3566.1		1242.21	3 ⁽⁻⁾			
2324.4 [#] 9	0.60 [#] 9	3263.0	(2 ⁺ ,3,4 ⁺)	938.65	4 ⁺			
2339.5	0.29	2339.8	2 ⁺	0.0	0 ⁺			E _γ ,I _γ : given in authors' decay scheme but not in their table.
2340.0 [#] 15	0.24 [#] 6	3278.6		938.65	4 ⁺			
2352.4 ^{#a} 10	0.27 [#] 10	2352.6	2 ⁺	0.0	0 ⁺			
2352.9 [#] 10	0.50 [#] 14	2749.9	2 ⁺	397.440	2 ⁺	(M1+E2)		δ: 0.42≥δ≥-41.11.
2353.6 [#] 10	0.22 [#] 5	3597.1		1242.21	3 ⁽⁻⁾			
2372.0 [#] 20	0.14 [#] 4	3614.2		1242.21	3 ⁽⁻⁾			
2386.8 [#] 20	<0.25 [#]	3628.9	1 ⁽⁻⁾ ,2 ⁺	1242.21	3 ⁽⁻⁾			I _γ : I _γ (2386γ+2390γ)=0.20 5.
2390.3 [#] 20	<0.25 [#]	3635.0	1 ⁽⁻⁾ ,2 ⁺	1242.21	3 ⁽⁻⁾			I _γ : I _γ (2386γ+2390)=0.20 5.
2464.2 [#] 10	0.15 [#] 4	3707.7		1242.21	3 ⁽⁻⁾			
2540.0 ^a 11	0.39 6	2937.3?		397.440	2 ⁺			

∞

¹⁴⁴La β⁻ decay [1982Mi01](#),[1986WaZQ](#),[1997Gr09](#) (continued)

γ(¹⁴⁴Ce) (continued)

<u>E_γ</u>	<u>I_γ[@]</u>	<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.[†]</u>	<u>δ[‡]</u>
2547.6 [#] 11	0.12 [#] 4	3790.1		1242.21	3 ⁽⁻⁾		
2662.7 10	2.08 10	3060.1	1 ⁻	397.440	2 ⁺	(E1+M2)	-0.09 8
2731.4 [#] 12	0.13 [#] 3	3973.6		1242.21	3 ⁽⁻⁾		
2749.9 12	0.13 3	2749.9	2 ⁺	0.0	0 ⁺		
2865.2 12	1.10 9	3263.0	(2 ⁺ ,3,4 ⁺)	397.440	2 ⁺		
2881.9 12	0.33 6	2882.0	2 ⁺	0.0	0 ⁺		
2896.2 12	0.32 6	3293.6		397.440	2 ⁺		
2998.9 ^a 15	0.22 5	2998.7	2 ⁺	0.0	0 ⁺		
3007.4 ^a 15	0.20 5	3007.9	1 ⁽⁻⁾ ,2 ⁺	0.0	0 ⁺		
3027.4 ^a 15	0.26 5	3424.2?		397.440	2 ⁺		
3060.0 15	0.13 3	3060.1	1 ⁻	0.0	0 ⁺		
3628.9 15	0.12 3	3628.9	1 ⁽⁻⁾ ,2 ⁺	0.0	0 ⁺		
3632.4 15	0.10 3	3635.0	1 ⁽⁻⁾ ,2 ⁺	0.0	0 ⁺		

[†] Unless indicated otherwise, multipolarities and mixing ratios are deduced from γγ(θ). The character of most transitions, whether M1 or E1, for example, is inferred from the deduced mixing ratio. [1982Mi01](#) assumed that the transitions with Q admixtures>10% are E2's and predominantly D transitions are E1's.

[‡] From [1979Bo26](#) cryst.

[#] From coincidence spectra ([1982Mi01](#)).

[@] For absolute intensity per 100 decays, multiply by 0.943 16.

[&] Total theoretical internal conversion coefficients, calculated using the BrIcc code ([2008Ki07](#)) with Frozen orbital approximation based on γ-ray energies, assigned multipolarities, and mixing ratios, unless otherwise specified.

^a Placement of transition in the level scheme is uncertain.

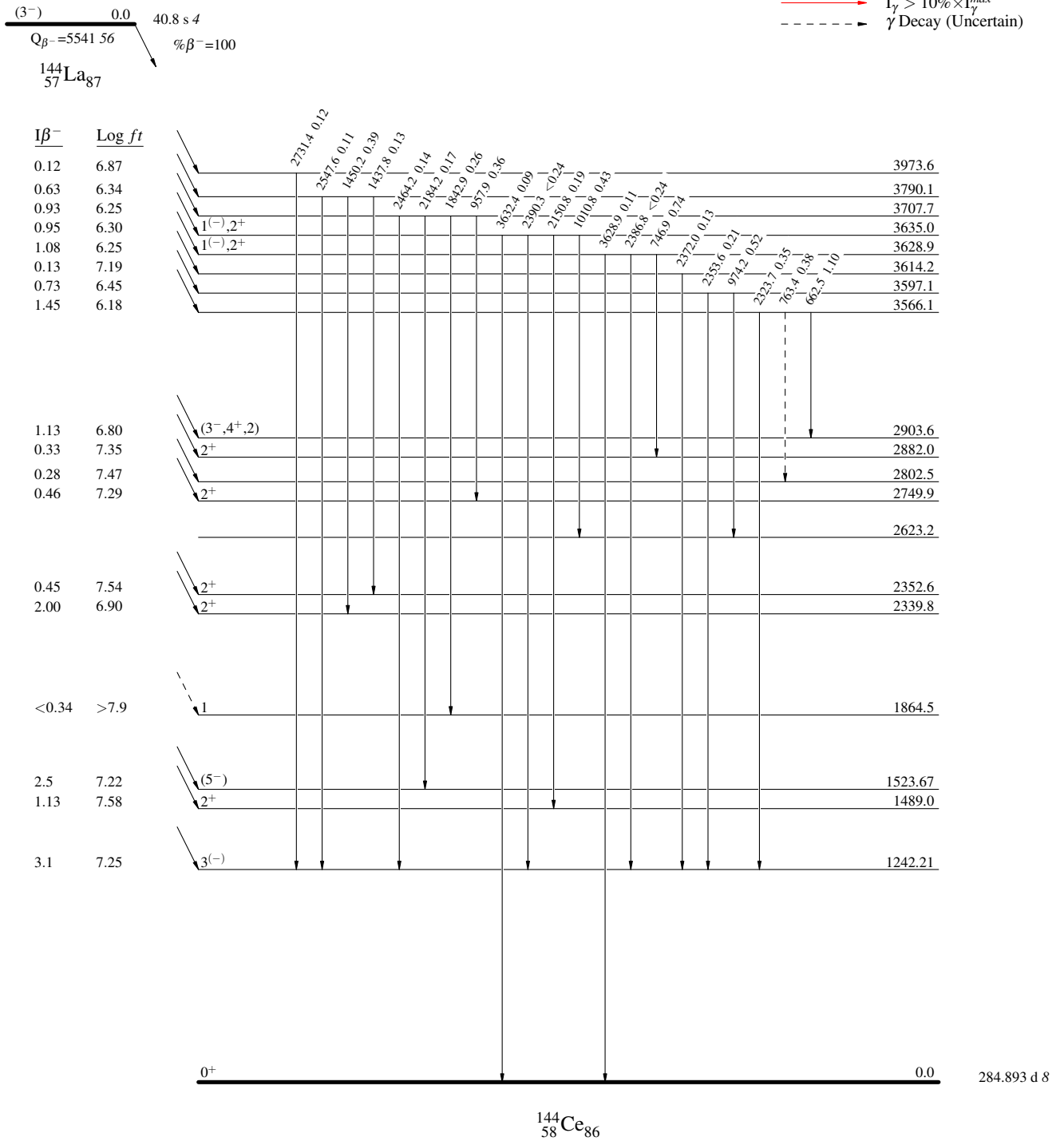
$^{144}\text{La} \beta^-$ decay 1982Mi01,1986WaZQ,1997Gr09

Decay Scheme

Intensities: I_γ per 100 parent decays

Legend

- $I_\gamma < 2\% \times I_\gamma^{\text{max}}$
- $I_\gamma < 10\% \times I_\gamma^{\text{max}}$
- $I_\gamma > 10\% \times I_\gamma^{\text{max}}$
- - - γ Decay (Uncertain)



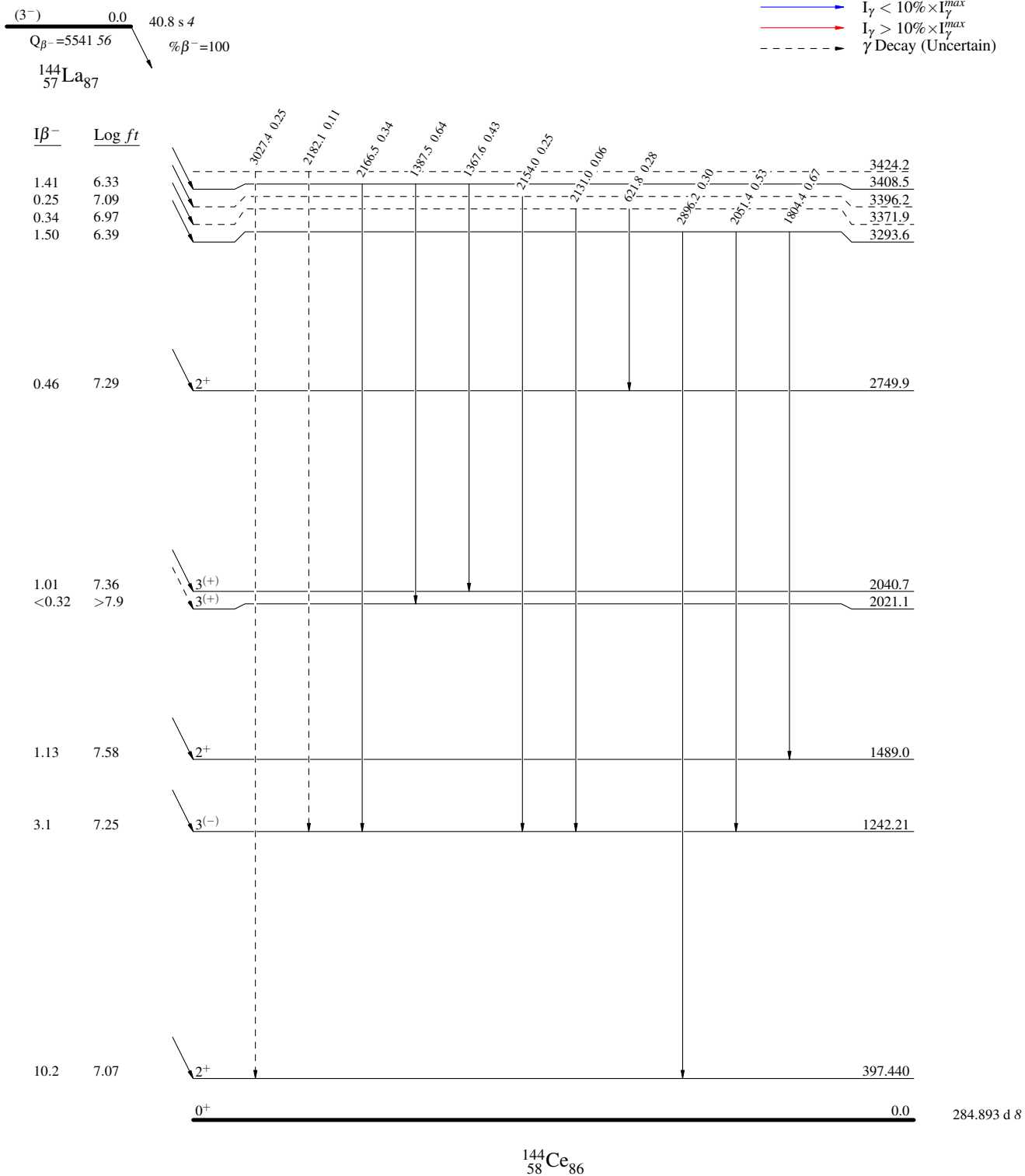
^{144}La β^- decay 1982Mi01,1986WaZQ,1997Gr09

Decay Scheme (continued)

Intensities: I_γ per 100 parent decays

Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$
- - - - - γ Decay (Uncertain)



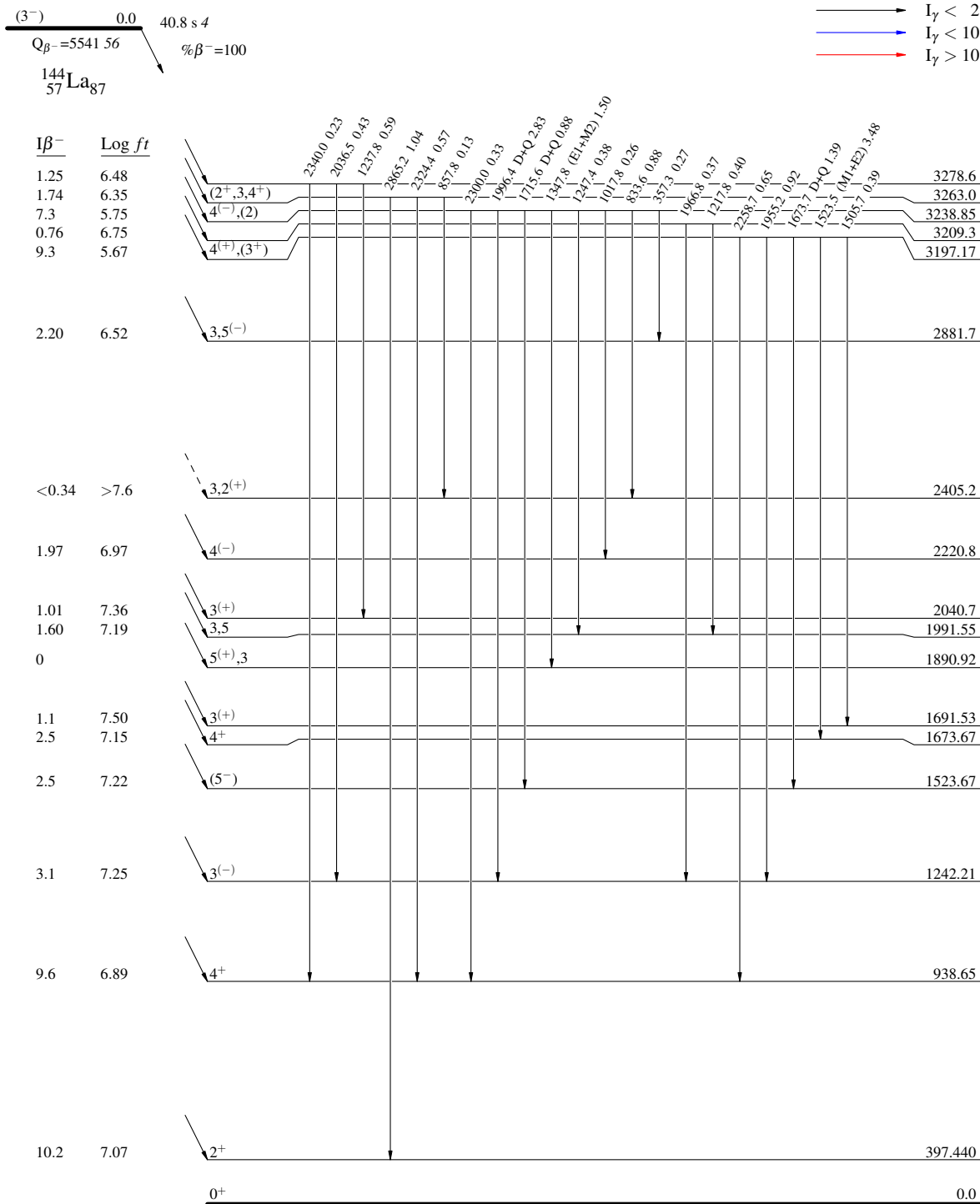
$^{144}\text{La} \beta^-$ decay 1982Mi01,1986WaZQ,1997Gr09

Decay Scheme (continued)

Intensities: I_γ per 100 parent decays

Legend

- $I_\gamma < 2\% \times I_\gamma^{\text{max}}$
- $I_\gamma < 10\% \times I_\gamma^{\text{max}}$
- $I_\gamma > 10\% \times I_\gamma^{\text{max}}$



$^{144}_{58}\text{Ce}_{86}$

284.893 d 8

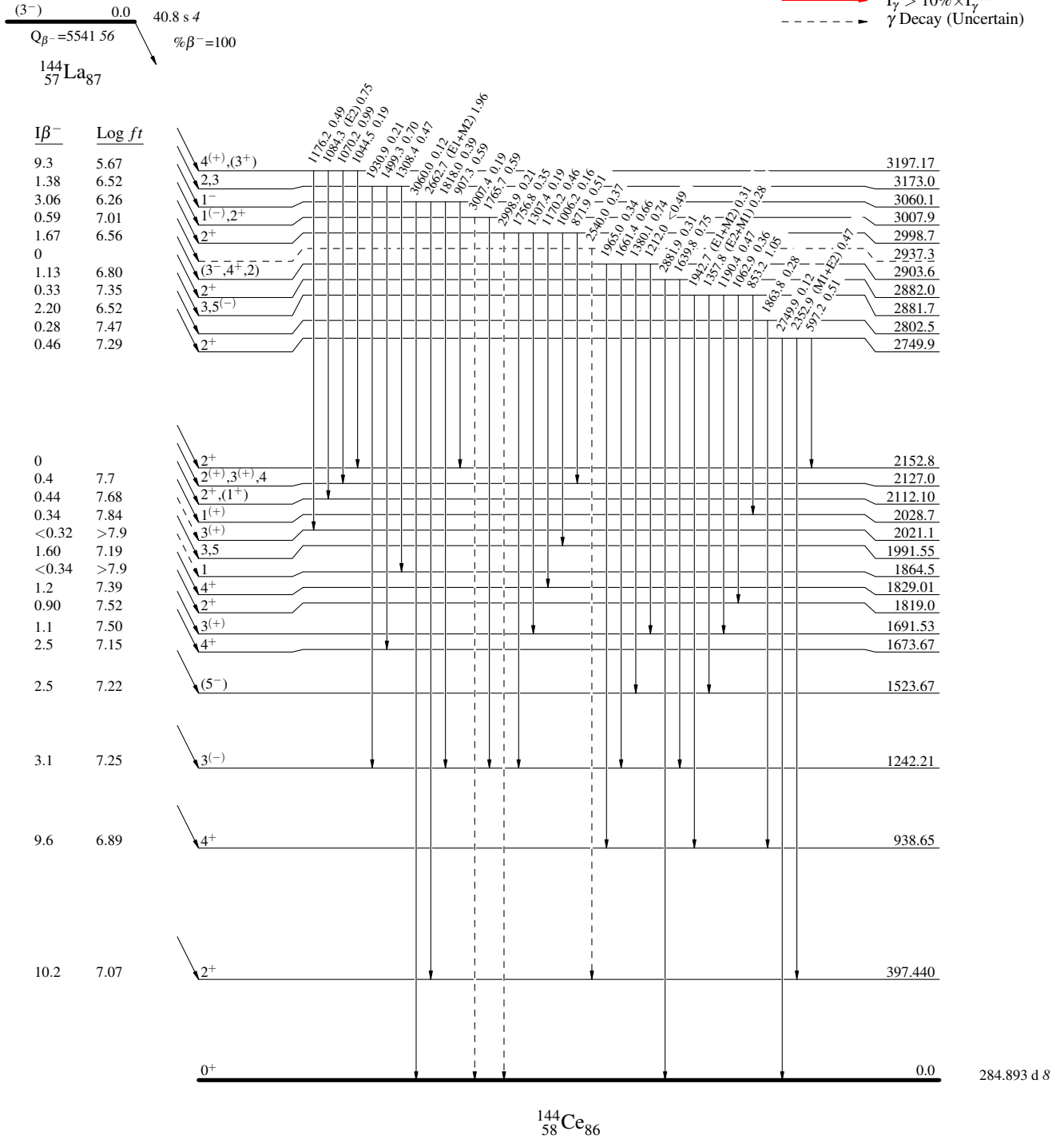
^{144}La β^- decay 1982Mi01,1986WaZQ,1997Gr09

Decay Scheme (continued)

Intensities: I_γ per 100 parent decays

Legend

- $I_\gamma < 2\% \times I_\gamma^{\text{max}}$
- $I_\gamma < 10\% \times I_\gamma^{\text{max}}$
- $I_\gamma > 10\% \times I_\gamma^{\text{max}}$
- - - γ Decay (Uncertain)



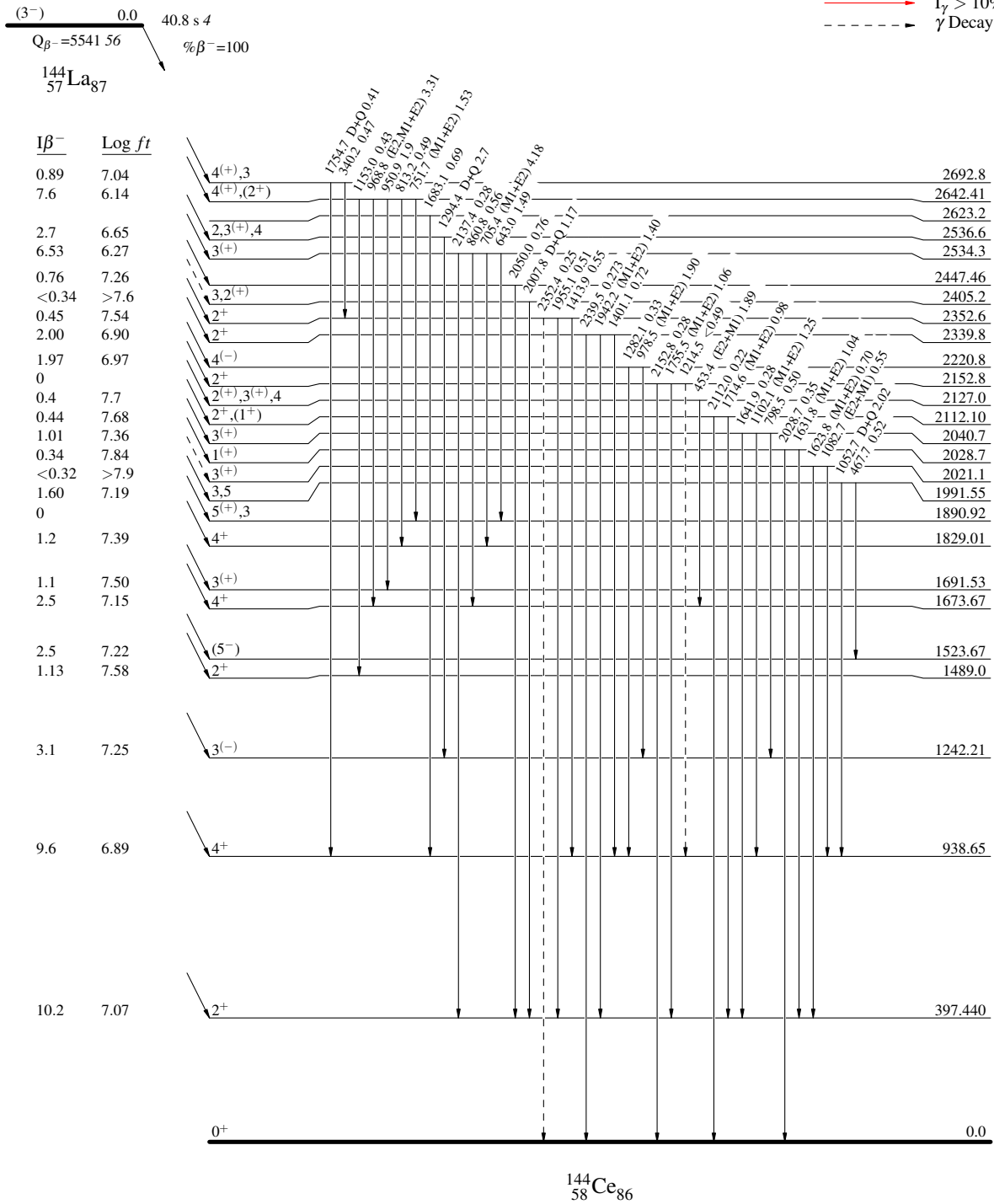
¹⁴⁴La β⁻ decay 1982Mi01,1986WaZQ,1997Gr09

Decay Scheme (continued)

Intensities: I_γ per 100 parent decays

Legend

- ▶ I_γ < 2% × I_γ^{max}
- ▶ I_γ < 10% × I_γ^{max}
- ▶ I_γ > 10% × I_γ^{max}
- - -▶ γ Decay (Uncertain)



^{144}La β^- decay 1982Mi01,1986WaZQ,1997Gr09

Decay Scheme (continued)

Intensities: I_γ per 100 parent decays

Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$

