

**Adopted Levels, Gammas**

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	E. Browne, J. K. Tuli		NDS 113,715 (2012)	31-May-2011

Q( $\beta^-$ )=3435 8; S(n)=6219 10; S(p)=7618 10; Q( $\alpha$ )=105 8 [2012Wa38](#)  
 Note: Current evaluation has used the following Q record 3434 8 6221 107615 10105 8 [2011AuZZ](#).  
[2003Au03](#): Q( $\beta^-$ )=3425 keV 15, S(n)=6224 keV 16, S(p)=7653 keV 16, Q( $\alpha$ )=89 keV 16.  
 Measured yield in 10-25 MeV n-induced fission of <sup>238</sup>U: [2000Lh02](#).  
 Atomic mass measurements: [2006Sa56](#), [2004Cl07](#).  
 Calculated level energies, magnetic and quadrupole moments: [2007Ji14](#).  
<sup>238</sup>U fission. Measured Q( $\beta^-$ ) for <sup>143</sup>La decay. Total absorption spectrometer: [2008ShZT](#).

<sup>143</sup>La Levels

Cross Reference (XREF) Flags

- A <sup>143</sup>Ba  $\beta^-$  decay
- B <sup>252</sup>Cf SF decay

E(level) <sup>†</sup>	J $\pi$ <sup>†#</sup>	T <sub>1/2</sub>	XREF	Comments
0.0	(7/2) <sup>+</sup>	14.2 min 1	AB	% $\beta^-$ =100 J $\pi$ : E1-M1 cascade from 1010.1 (5/2) <sup>-</sup> level, log ft=7.7 to 9/2 <sup>-</sup> , $\gamma$ ray from (5/2) <sup>-</sup> . T <sub>1/2</sub> : weighted average of 14.14 min 16 ( <a href="#">1981Ya06</a> ), 14.23 min 14 ( <a href="#">1977Bj01</a> ), 14.0 min 1 ( <a href="#">1961Fr06</a> ).
29.811 12	(3/2) <sup>+</sup>		AB	J $\pi$ : $\gamma$ ray to (7/2) <sup>+</sup> is E2, $\gamma$ ray from (5/2) <sup>-</sup> .
208.347 15	3/2 <sup>+</sup> , 5/2 <sup>+</sup>		A	J $\pi$ : $\gamma$ ray to (3/2) <sup>+</sup> is [M1]; $\gamma$ ray to (7/2) <sup>+</sup> is M1,E2.
211.482 7	(5/2) <sup>+</sup>	0.69 ns 7	AB	J $\pi$ : $\gamma$ ray to (7/2) <sup>+</sup> is M1+(E2); $\gamma$ ray to (3/2) <sup>+</sup> ; not 7/2 ( $\gamma\gamma(\theta)$ ).
291.276 @ 13	(5/2) <sup>+</sup>		AB	J $\pi$ : $\gamma$ ray to (7/2) <sup>+</sup> is E2+M1, $\gamma$ ray to (3/2) <sup>+</sup> , $\gamma\gamma(\theta)$ .
424.93 4			AB	
461.99 5			A	
465.903 13	(5/2) <sup>+</sup>		AB	J $\pi$ : $\gamma$ ray to (5/2) <sup>+</sup> is M1,E2; $\gamma\gamma(\theta)$ .
642.900 15	<sup>+</sup>		AB	J $\pi$ : $\gamma$ ray to (5/2) <sup>+</sup> is M1,E2.
666.98 4			A	
699.33 3			A	
789.4 ‡ @ 3	(9/2 <sup>+</sup> ) <sup>‡</sup>		B	
830.67 3			A	
883.91 4			A	
924.945 16	(5/2) <sup>-</sup>		AB	J $\pi$ : $\gamma$ ray to (7/2) <sup>+</sup> is E1; $\gamma$ ray to (3/2) <sup>+</sup> .
956.22 15			A	
973.08 4			A	
1010.273 11	(5/2) <sup>-</sup>		AB	J $\pi$ : log ft=5.2 via 5/2 <sup>-</sup> parent, strong $\gamma$ rays to (7/2) <sup>+</sup> and (3/2) <sup>+</sup> .
1055.85 10			A	
1067.39 3			A	
1110.30 5			A	
1215.27 10			A	
1225.38 9			A	
1291.49 7			A	
1303.00 7			A	
1324.9 ‡ a 4	(11/2 <sup>+</sup> ) <sup>‡</sup>		B	
1359.2 ‡ & 4	(11/2 <sup>-</sup> ) <sup>‡</sup>		B	
1365.40 23			A	
1407.936 12	(5/2) <sup>-</sup>		AB	J $\pi$ : log ft=5.3 via 5/2 <sup>-</sup> parent; $\gamma$ ray to (3/2) <sup>+</sup> ; $\gamma\gamma(\theta)$ .
1448.83? 17			A	

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) $^{143}\text{La}$  Levels (continued)

E(level) <sup>†</sup>	J <sup>π</sup> <sup>‡</sup> #	XREF	Comments
1453.0 <sup>‡@</sup> 4	(13/2 <sup>+</sup> ) <sup>‡</sup>	B	
1497.89 8		A	
1503.26 18		A	
1559.36 16		A	
1565.19 10		A	
1568.75 10		A	
1633.5 4		A	
1757.80? 10		A	
1762.71 18		A	
1778.8 <sup>‡a</sup> 4	(15/2 <sup>+</sup> ) <sup>‡</sup>	B	
1857.6 <sup>‡&amp;</sup> 4	(15/2 <sup>-</sup> ) <sup>‡</sup>	B	
1958.1 3		A	
1983.1 4		A	
2143.2 <sup>‡@</sup> 4	(17/2 <sup>+</sup> ) <sup>‡</sup>	B	
2194.5 5		A	
2223.6 3		A	
2291.94 8	(3/2 <sup>-</sup> )	A	J <sup>π</sup> : log ft=5.3 via 5/2 <sup>-</sup> parent, no $\gamma$ ray to (7/2) <sup>+</sup> .
2295.6 3		A	
2307.03 15		A	
2326.97 8		A	
2347.25 7	(5/2 <sup>-</sup> )	A	J <sup>π</sup> : log ft=5.3 via 5/2 <sup>-</sup> parent, similar I <sub><math>\gamma</math></sub> for $\gamma$ 's to (7/2) <sup>+</sup> and 3/2 <sup>+</sup> .
2371.38 22		A	
2373.9 <sup>‡a</sup> 5	(19/2 <sup>+</sup> ) <sup>‡</sup>	B	
2379.2 3		A	
2472.8 <sup>‡&amp;</sup> 4	(19/2 <sup>-</sup> ) <sup>‡</sup>	B	
2533.11 4		A	
2798.4 <sup>‡@</sup> 5	(21/2 <sup>+</sup> ) <sup>‡</sup>	B	
3014.9 <sup>‡a</sup> 6	(23/2 <sup>+</sup> ) <sup>‡</sup>	B	
3118.4 <sup>‡&amp;</sup> 5	(23/2 <sup>-</sup> ) <sup>‡</sup>	B	
3217.6 <sup>‡b</sup> 6	(25/2 <sup>-</sup> ) <sup>‡</sup>	B	
3628.8 <sup>‡a</sup> 6	(27/2 <sup>+</sup> ) <sup>‡</sup>	B	
3832.0 <sup>‡b</sup> 7	(29/2 <sup>-</sup> ) <sup>‡</sup>	B	
4350.0 <sup>‡b</sup> 8	(33/2 <sup>-</sup> ) <sup>‡</sup>	B	

<sup>†</sup> From  $^{143}\text{Ba}$   $\beta^-$  decay (1988Fa03), unless otherwise specified.

<sup>‡</sup> From  $^{252}\text{Cf}$  SF decay (2009Lu04, 2007Wa20).

# J<sup>π</sup> assignments to levels with J<sub>≥</sub>9/2 are from  $^{252}\text{Cf}$  SF decay, based on band structure and systematics of B(E1)/B(E2) ratios of  $\gamma$ -ray reduced transition probabilities.

@ Band(A): Band based on (5/2)<sup>+</sup>.

& Band(B): Band based on (11/2<sup>-</sup>).

<sup>a</sup> Band(C): Band based on (11/2<sup>+</sup>).

<sup>b</sup> Band(D): Band based on (25/2<sup>-</sup>).

**Adopted Levels, Gammas (continued)**

E <sub>i</sub> (level)	J <sub>i</sub> <sup>π</sup>	γ( <sup>143</sup> La)								I <sub>(γ+ce)</sub>	Comments
		E <sub>γ</sub> <sup>‡</sup>	I <sub>γ</sub> <sup>‡</sup>	E <sub>f</sub>	J <sub>f</sub> <sup>π</sup>	Mult.#	δ <sup>@</sup>	α <sup>†</sup>			
29.811	(3/2) <sup>+</sup>	29.85 5	100	0.0	(7/2) <sup>+</sup>	E2		243		α(L)=190 3; α(M)=42.3 7; α(N+..)=10.11 17 α(N)=8.89 15; α(O)=1.221 20; α(P)=0.000784 11	
208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>	178.51 2	100 1	29.811	(3/2) <sup>+</sup>	(M1)		0.213		α(K)=0.182 3; α(L)=0.0244 4; α(M)=0.00508 8; α(N+..)=0.001312 19 α(N)=0.001116 16; α(O)=0.000182 3; α(P)=1.416×10 <sup>-5</sup> 20	
		208.35 2	36 1	0.0	(7/2) <sup>+</sup>	M1,E2		0.147 8		α(K)=0.1197 17; α(L)=0.022 6; α(M)=0.0047 14; α(N+..)=0.0012 4 α(N)=0.0010 3; α(O)=0.00016 4; α(P)=8.4×10 <sup>-6</sup> 9	
211.482	(5/2) <sup>+</sup>	(3.1 1)		208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>				47 12	E <sub>γ</sub> : 207.071 32 in 1979Sc11. E <sub>γ</sub> : from level energy difference.	
		181.62 3	3.1	29.811	(3/2) <sup>+</sup>	(M1)		0.203		B(M1)(W.u.)=0.000101 13 α(K)=0.1739 25; α(L)=0.0233 4; α(M)=0.00484 7; α(N+..)=0.001250 18 α(N)=0.001064 15; α(O)=0.0001731 25; α(P)=1.351×10 <sup>-5</sup> 19	
		211.475 7	100	0.0	(7/2) <sup>+</sup>	M1+(E2)	+0.07 3	0.1343		B(M1)(W.u.)=0.0020 3; B(E2)(W.u.)=(0.13 12) α(K)=0.1149 16; α(L)=0.01539 23; α(M)=0.00320 5; α(N+..)=0.000826 12 α(N)=0.000703 11; α(O)=0.0001143 17; α(P)=8.90×10 <sup>-6</sup> 13	
291.276	(5/2) <sup>+</sup>	261.47 3	20.6 2	29.811	(3/2) <sup>+</sup>	M1,E2		0.0745 19		E <sub>γ</sub> : from 1979Bo19. α(K)=0.062 4; α(L)=0.0102 16; α(M)=0.0021 4; α(N+..)=0.00054 9 α(N)=0.00047 8; α(O)=7.3×10 <sup>-5</sup> 9; α(P)=4.4×10 <sup>-6</sup> 7	
		291.287 20	100 1	0.0	(7/2) <sup>+</sup>	M1+E2	0.99	0.0544		α(K)=0.0453 7; α(L)=0.00718 10; α(M)=0.001511 22; α(N+..)=0.000384 6 α(N)=0.000329 5; α(O)=5.18×10 <sup>-5</sup> 8; α(P)=3.28×10 <sup>-6</sup> 5	
424.93		133.7 1	4.2 11	291.276	(5/2) <sup>+</sup>					E <sub>γ</sub> : from 1979Bo19.	
461.99		424.85 5	100 5	0.0	(7/2) <sup>+</sup>						
		250.4 1	21.8 16	211.482	(5/2) <sup>+</sup>						
465.903	(5/2) <sup>+</sup>	432.15 5	100 5	29.811	(3/2) <sup>+</sup>						
		462.2 1	30.7 16	0.0	(7/2) <sup>+</sup>						
		174.6 1	5.5 2	291.276	(5/2) <sup>+</sup>						
		254.39 2	100 1	211.482	(5/2) <sup>+</sup>	M1,E2		0.0808 15		α(K)=0.067 4; α(L)=0.0111 19;	

Adopted Levels, Gammas (continued)

E <sub>i</sub> (level)	J <sub>i</sub> <sup>π</sup>	γ( <sup>143</sup> La) (continued)				Mult. #	α <sup>†</sup>	Comments
		E <sub>γ</sub> <sup>‡</sup>	I <sub>γ</sub> <sup>‡</sup>	E <sub>f</sub>	J <sub>f</sub> <sup>π</sup>			
								α(M)=0.0024 5; α(N+..)=0.00060 10 α(N)=0.00051 9; α(O)=8.0×10 <sup>-5</sup> 11; α(P)=4.8×10 <sup>-6</sup> 7
465.903	(5/2) <sup>+</sup>	257.5 1	5.7 2	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>			
		435.99 3	74 3	29.811	(3/2) <sup>+</sup>			
		465.87 3	58 1	0.0	(7/2) <sup>+</sup>			
642.900	<sup>+</sup>	176.89 2	43.7 5	465.903	(5/2) <sup>+</sup>	M1,E2	0.24 3	α(K)=0.195 9; α(L)=0.039 15; α(M)=0.008 4; α(N+..)=0.0021 8 α(N)=0.0018 7; α(O)=0.00028 9; α(P)=1.34×10 <sup>-5</sup> 12
		217.7 1	3.5 2	424.93				
		351.9 1	4.6 4	291.276	(5/2) <sup>+</sup>			
		431.20 4	100 4	211.482	(5/2) <sup>+</sup>	M1,E2	0.018 3	α(K)=0.0154 25; α(L)=0.00221 12; α(M)=0.000461 22; α(N+..)=0.000118 7 α(N)=0.000101 6; α(O)=1.61×10 <sup>-5</sup> 12; α(P)=1.14×10 <sup>-6</sup> 23 E <sub>γ</sub> : 431.384 13 from 1979Bo19.
		613.69 4	28.2 8	29.811	(3/2) <sup>+</sup>			
666.98		642.77 5	38.7 18	0.0	(7/2) <sup>+</sup>			
		637.12 8	33.8 24	29.811	(3/2) <sup>+</sup>			
		667.00 4	100 1	0.0	(7/2) <sup>+</sup>			
699.33		233.5 1	6.9 6	465.903	(5/2) <sup>+</sup>			
		408.11 5	46.2 12	291.276	(5/2) <sup>+</sup>			
		488.3 1	11.3 9	211.482	(5/2) <sup>+</sup>			
		490.9 3	1.7 6	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>			
		669.38 4	100 1	29.811	(3/2) <sup>+</sup>			
		699.4 2	16.2 17	0.0	(7/2) <sup>+</sup>			
789.4	(9/2) <sup>+</sup>	364.6 &	12 &	424.93				
		498.1 &	100 &	291.276	(5/2) <sup>+</sup>			
830.67		364.81 7	38.8 14	465.903	(5/2) <sup>+</sup>			
		619.23 4	100 3	211.482	(5/2) <sup>+</sup>			
		621.5 1	34.8 23	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>			
		800.7 2	95 20	29.811	(3/2) <sup>+</sup>			
		830.4 4	13.5 6	0.0	(7/2) <sup>+</sup>			
883.91		854.01 4	100 1	29.811	(3/2) <sup>+</sup>			
		884.11 6	20 4	0.0	(7/2) <sup>+</sup>			
924.945	(5/2) <sup>-</sup>	281.34 5	5.6 1	642.900	<sup>+</sup>			
		459.05 8	6.0 4	465.903	(5/2) <sup>+</sup>			
		633.70 3	20.4 3	291.276	(5/2) <sup>+</sup>			
		713.41 6	9.0 5	211.482	(5/2) <sup>+</sup>			
		895.18 3	82 1	29.811	(3/2) <sup>+</sup>			
		925.04 3	100 1	0.0	(7/2) <sup>+</sup>	E1	0.000931 13	α(K)=0.000806 12; α(L)=9.98×10 <sup>-5</sup> 14; α(M)=2.05×10 <sup>-5</sup> 3; α(N+..)=5.30×10 <sup>-6</sup> 8 α(N)=4.51×10 <sup>-6</sup> 7; α(O)=7.34×10 <sup>-7</sup> 11; α(P)=5.78×10 <sup>-8</sup> 8

Adopted Levels, Gammas (continued)

							$\gamma(^{143}\text{La})$ (continued)		
$E_i$ (level)	$J_i^\pi$	$E_\gamma$ <sup>‡</sup>	$I_\gamma$ <sup>‡</sup>	$E_f$	$J_f^\pi$	Mult.#	$\alpha^\dagger$	Comments	
956.22		744.7 2	100 11	211.482	(5/2) <sup>+</sup>				
		747.9 2	74 10	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
973.08		507.4 1	7.8 19	465.903	(5/2) <sup>+</sup>				
		548.0 2	22.6 7	424.93					
		681.6 2	38.5 19	291.276	(5/2) <sup>+</sup>				
		973.07 5	100 4	0.0	(7/2) <sup>+</sup>				
1010.273	(5/2) <sup>-</sup>	310.87 6	2.4 1	699.33					
		367.56 3	13.4 1	642.900	+	E1	0.00714 10	$\alpha(\text{K})=0.00614$ 9; $\alpha(\text{L})=0.000788$ 11; $\alpha(\text{M})=0.0001626$ 23; $\alpha(\text{N}+..)=4.17\times 10^{-5}$ 6 $\alpha(\text{N})=3.56\times 10^{-5}$ 5; $\alpha(\text{O})=5.74\times 10^{-6}$ 8; $\alpha(\text{P})=4.27\times 10^{-7}$ 6	
		544.41 4	7.8 1	465.903	(5/2) <sup>+</sup>				
		718.97 2	28.0 3	291.276	(5/2) <sup>+</sup>				
		798.79 2	100 2	211.482	(5/2) <sup>+</sup>	E1	0.001244 18	$\alpha(\text{K})=0.001075$ 15; $\alpha(\text{L})=0.0001340$ 19; $\alpha(\text{M})=2.76\times 10^{-5}$ 4; $\alpha(\text{N}+..)=7.11\times 10^{-6}$ $\alpha(\text{N})=6.05\times 10^{-6}$ 9; $\alpha(\text{O})=9.84\times 10^{-7}$ 14; $\alpha(\text{P})=7.69\times 10^{-8}$ 11	
		802.8 2	0.8 2	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
		980.45 2	74.2 8	29.811	(3/2) <sup>+</sup>				
		1010.29 2	61.3 13	0.0	(7/2) <sup>+</sup>				
1055.85		356.5 1	43 5	699.33					
		848.2 4	84 9	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
		1055.4 4	100 9	0.0	(7/2) <sup>+</sup>				
1067.39		601.5 1	34.9 12	465.903	(5/2) <sup>+</sup>				
		855.88 6	56.5 18	211.482	(5/2) <sup>+</sup>				
		859.08 4	100 6	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
		1037.56 7	47.5 12	29.811	(3/2) <sup>+</sup>				
		1067.36 5	55.5 6	0.0	(7/2) <sup>+</sup>				
1110.30		644.07 9	62.6 35	465.903	(5/2) <sup>+</sup>				
		819.3 3	32.2 18	291.276	(5/2) <sup>+</sup>				
		1110.2 1	100 1	0.0	(7/2) <sup>+</sup>				
1215.27		572.4 1	100 16	642.900	+				
		1003.3 4	44 16	211.482	(5/2) <sup>+</sup>				
1225.38		759.5 2	50.9 35	465.903	(5/2) <sup>+</sup>				
		1013.9 1	100 6	211.482	(5/2) <sup>+</sup>				
		1016.5 4	22.8 18	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
1291.49		318.8 1	1.6 2	973.08					
		827.0 4	9.3 5	465.903	(5/2) <sup>+</sup>				
		999.7 3	7.7 9	291.276	(5/2) <sup>+</sup>				
		1080.2 4	5.0 4	211.482	(5/2) <sup>+</sup>				
		1082.5 4	5.4 4	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
		1261.2 2	16.5 4	29.811	(3/2) <sup>+</sup>				
		1291.2 1	100 5	0.0	(7/2) <sup>+</sup>				

Adopted Levels, Gammas (continued) $\gamma(^{143}\text{La})$  (continued)

$E_i(\text{level})$	$J_i^\pi$	$E_\gamma^{\ddagger}$	$I_\gamma^{\ddagger}$	$E_f$	$J_f^\pi$	Mult.#	$\alpha^\dagger$	Comments
1303.00		472.3 1	13 4	830.67				
		603.8 1	100 4	699.33				
		659.9 2	77 6	642.900 +				
		840.5 4	28 4	461.99				
		1091.3 4	22 13	211.482 (5/2) <sup>+</sup>				
1324.9	(11/2) <sup>+</sup>	535.5&	100&	789.4 (9/2) <sup>+</sup>				
1359.2	(11/2) <sup>-</sup>	569.8&	100&	789.4 (9/2) <sup>+</sup>				
1365.40		899.8 5	16 5	465.903 (5/2) <sup>+</sup>				
		1153.9 3	100 10	211.482 (5/2) <sup>+</sup>				
		1156.8 5	16 3	208.347 3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
1407.936	(5/2) <sup>-</sup>	297.61 6	5.8 1	1110.30				
		397.676 8	21.4 2	1010.273 (5/2) <sup>-</sup>		M1,E2	0.023 3	$\alpha(\text{K})=0.019 3$ ; $\alpha(\text{L})=0.00279 9$ ; $\alpha(\text{M})=0.000583 13$ ; $\alpha(\text{N}+..)=0.000149 5$ $\alpha(\text{N})=0.000127 4$ ; $\alpha(\text{O})=2.03\times 10^{-5} 10$ ; $\alpha(\text{P})=1.4\times 10^{-6} 3$ $E_\gamma$ : from 1979Bo19.
		434.75 7	3.7 2	973.08				
		482.86 4	11.1 2	924.945 (5/2) <sup>-</sup>				
		577.17 4	13.9 4	830.67				
		741.6 2	2.7 1	666.98				
		764.8 1	23.4 4	642.900 +				
		941.8 2	0.7 1	465.903 (5/2) <sup>+</sup>				
		1116.65 3	28.7 2	291.276 (5/2) <sup>+</sup>				
		1196.38 6	100 1	211.482 (5/2) <sup>+</sup>				
		1377.6 4	3.8 2	29.811 (3/2) <sup>+</sup>				
1448.83?		806.2 2	100 22	642.900 +				
		1239.6 4	11 4	208.347 3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
		1448.5 5	13 2	0.0 (7/2) <sup>+</sup>				
1453.0	(13/2) <sup>+</sup>	93.9&a	<1&	1359.2 (11/2) <sup>-</sup>				
		128.1&	3.3&	1324.9 (11/2) <sup>+</sup>		(M1+E2)	0.68 15	$\alpha(\text{K})=0.51 6$ ; $\alpha(\text{L})=0.13 8$ ; $\alpha(\text{M})=0.029 16$ ; $\alpha(\text{N}+..)=0.007 4$ $\alpha(\text{N})=0.006 4$ ; $\alpha(\text{O})=0.0009 5$ ; $\alpha(\text{P})=3.39\times 10^{-5} 18$
		663.6&	100&	789.4 (9/2) <sup>+</sup>				
1497.89		387.3 1	45 13	1110.30				
		525.1 1	100 16	973.08				
		830.9 4	94 6	666.98				
		1206.7 4	100 23	291.276 (5/2) <sup>+</sup>				
1503.26		1291.8 4	4.9 3	211.482 (5/2) <sup>+</sup>				
		1294.9 2	100 5	208.347 3/2 <sup>+</sup> ,5/2 <sup>+</sup>				
1559.36		916.9 3	100 27	642.900 +				
		1134.6 5	32 9	424.93				
		1268.1 4	68 14	291.276 (5/2) <sup>+</sup>				
1565.19		454.8 1	50 11	1110.30				

Adopted Levels, Gammas (continued)

$\gamma(^{143}\text{La})$  (continued)

$E_i(\text{level})$	$J_i^\pi$	$E_\gamma^{\ddagger}$	$I_\gamma^{\ddagger}$	$E_f$	$J_f^\pi$	$E_i(\text{level})$	$J_i^\pi$	$E_\gamma^{\ddagger}$	$I_\gamma^{\ddagger}$	$E_f$	$J_f^\pi$
1565.19		734.9 2	61 3	830.67		2295.6		1322.4 4	100 6	973.08	
		898.1 3	100 5	666.98		2307.03		1296.0 4	38.7 19	1010.273	(5/2) <sup>-</sup>
1568.75		595.5 1	100 7	973.08				1332.8 3	100 7	973.08	
		685.3 2	85 5	883.91				1476.6 3	41.5 28	830.67	
		1278.4 4	61 5	291.276	(5/2) <sup>+</sup>			1640.1 4	9.4 19	666.98	
1633.5		1171.7 5	73 15	461.99				1665.4 3	18.9 19	642.900	+
		1424.8 5	20 5	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>			2307.0 5	28 9	0.0	(7/2) <sup>+</sup>
		1604 1	100 5	29.811	(3/2) <sup>+</sup>	2326.97		1353.4 5	8.5 18	973.08	
1757.80?		647.49 9	100 4	1110.30				1402.9 4	34.1 14	924.945	(5/2) <sup>-</sup>
		1333.1 4	14.8 12	424.93				1443.1 2	100 1	883.91	
1762.71		695.4 2	69 8	1067.39				1496.9 5	10.8 9	830.67	
		1300.6 5	28 8	461.99				1658.0 4	12.1 9	666.98	
		1550.8 5	100 6	211.482	(5/2) <sup>+</sup>			1683.7 3	17.9 14	642.900	+
1778.8	(15/2 <sup>+</sup> )	325.8&	100&	1453.0	(13/2 <sup>+</sup> )			2115.8 3	17.9 45	211.482	(5/2) <sup>+</sup>
		453.9&	49.0&	1324.9	(11/2 <sup>+</sup> )			2297.2 1	90 9	29.811	(3/2) <sup>+</sup>
1857.6	(15/2 <sup>-</sup> )	404.7&	70.2&	1453.0	(13/2 <sup>+</sup> )	2347.25	(5/2) <sup>-</sup>	1373.9 4	3.1 5	973.08	
		498.4&	100&	1359.2	(11/2 <sup>-</sup> )			1421.9 2	15.4 26	924.945	(5/2) <sup>-</sup>
1958.1		890.6 4	53 13	1067.39				1462.8 3	23.6 8	883.91	
		1033.2 4	100 5	924.945	(5/2) <sup>-</sup>			1516.4 5	6.7 5	830.67	
1983.1		1340.5 4	100 8	642.900	+			2056.1 1	100 5	291.276	(5/2) <sup>+</sup>
		1691.4 5	13.5 54	291.276	(5/2) <sup>+</sup>			2135.5 3	10.3 26	211.482	(5/2) <sup>+</sup>
2143.2	(17/2 <sup>+</sup> )	285.5&a	<1&	1857.6	(15/2 <sup>-</sup> )			2347.3 1	72 5	0.0	(7/2) <sup>+</sup>
		364.5&	1.3&	1778.8	(15/2 <sup>+</sup> )	2371.38		2159.9 3	100 20	211.482	(5/2) <sup>+</sup>
		690.2&	100&	1453.0	(13/2 <sup>+</sup> )			2163.0 3	100 20	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>
2194.5		1527.5 5	100	666.98		2373.9	(19/2 <sup>+</sup> )	230.6&	8.2&	2143.2	(17/2 <sup>+</sup> )
2223.6		2016 2	100 8	208.347	3/2 <sup>+</sup> ,5/2 <sup>+</sup>			595.1&	100&	1778.8	(15/2 <sup>+</sup> )
		2223.6 3	42 8	0.0	(7/2) <sup>+</sup>	2379.2		1311.7 5	38 8	1067.39	
2291.94	(3/2) <sup>-</sup>	732.8 2	17.0 11	1559.36				1679.9 3	100 8	699.33	
		883.8 5	14.8 74	1407.936	(5/2) <sup>-</sup>	2472.8	(19/2 <sup>-</sup> )	329.5&	25.9&	2143.2	(17/2 <sup>+</sup> )
		989.1 3	11.5 19	1303.00				615.2&	100&	1857.6	(15/2 <sup>-</sup> )
		1000.5 4	9.6 15	1291.49		2533.11		1649.19 1	100	883.91	
		1066.1 5	26 1	1225.38		2798.4	(21/2 <sup>+</sup> )	325.7&	26.5&	2472.8	(19/2 <sup>-</sup> )
		1318.8 3	15.6 11	973.08				424.4&	25.5&	2373.9	(19/2 <sup>+</sup> )
		1365.3 4	62.6 11	924.945	(5/2) <sup>-</sup>			655.3&	100&	2143.2	(17/2 <sup>+</sup> )
		1408.1 2	100 4	883.91		3014.9	(23/2 <sup>+</sup> )	641.0&	100&	2373.9	(19/2 <sup>+</sup> )
		1591.2 5	14.8 11	699.33		3118.4	(23/2 <sup>-</sup> )	645.6&	100&	2472.8	(19/2 <sup>-</sup> )
		1625.2 5	15.6 11	666.98		3217.6	(25/2 <sup>-</sup> )	202.7&	100&	3014.9	(23/2 <sup>+</sup> )
		2000.7 1	55.6 37	291.276	(5/2) <sup>+</sup>	3628.8	(27/2 <sup>+</sup> )	613.9&	100&	3014.9	(23/2 <sup>+</sup> )
		2262.4 3	18.5 37	29.811	(3/2) <sup>+</sup>	3832.0	(29/2 <sup>-</sup> )	614.4&	100&	3217.6	(25/2 <sup>-</sup> )
2295.6		1285.5 4	50 6	1010.273	(5/2) <sup>-</sup>	4350.0	(33/2 <sup>-</sup> )	518.0&	100&	3832.0	(29/2 <sup>-</sup> )

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Adopted Levels, Gammas (continued)

$\gamma(^{143}\text{La})$  (continued)

† [Additional information 1](#).

‡ From  $^{143}\text{Ba}$   $\beta^-$  decay ([1988Fa03](#)), unless otherwise specified.

# From ce data in  $\beta^-$  decay.

@ From  $\gamma\gamma(\theta)$  in  $\beta^-$  decay.

& From  $^{252}\text{Cf}$  SF decay ([2009Lu04](#), [2007Wa20](#)).

<sup>a</sup> Placement of transition in the level scheme is uncertain.



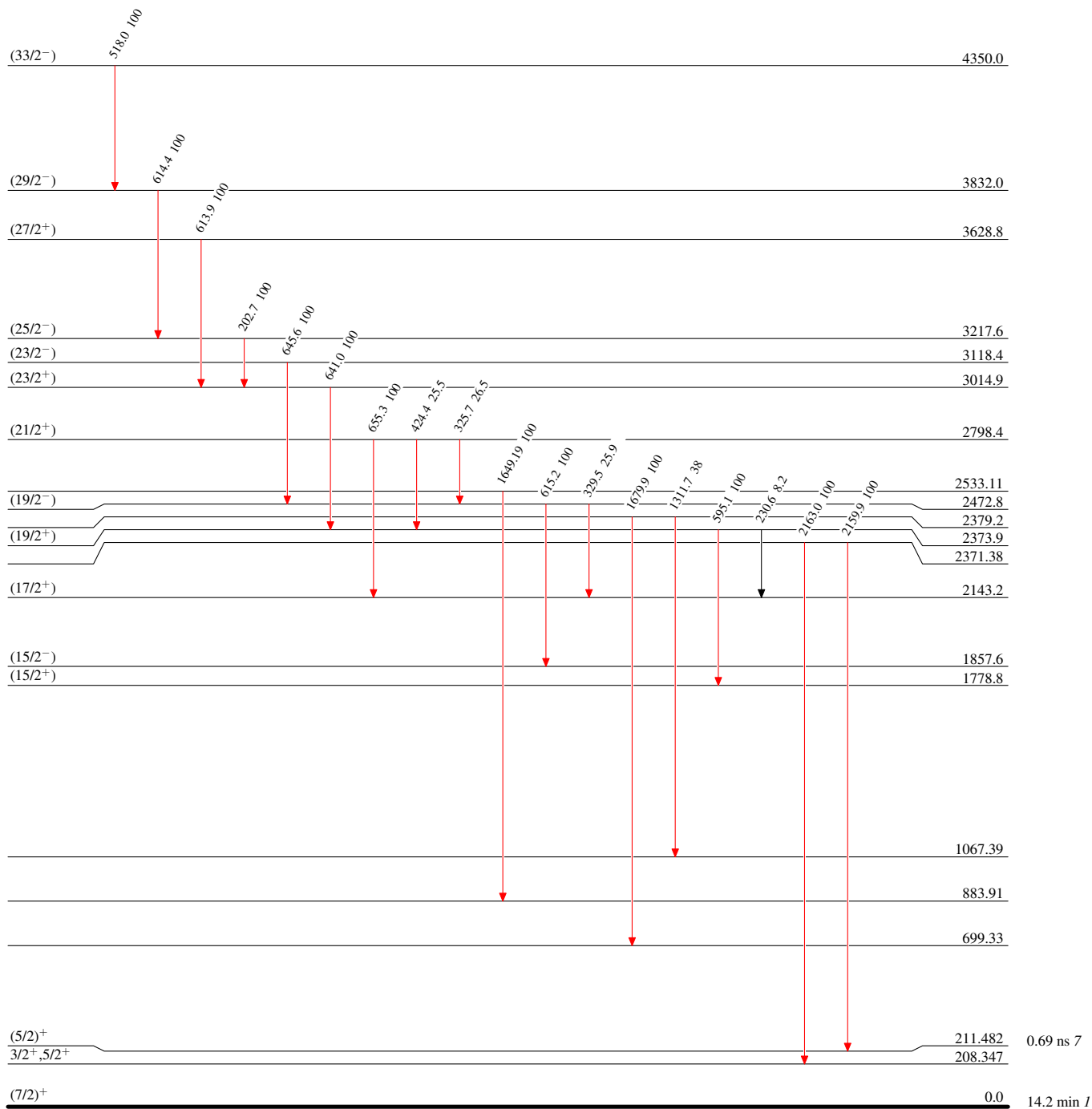
### Adopted Levels, Gammas

#### Level Scheme

Intensities: Type not specified

#### Legend

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$



<sup>143</sup><sub>57</sub>La<sub>86</sub>

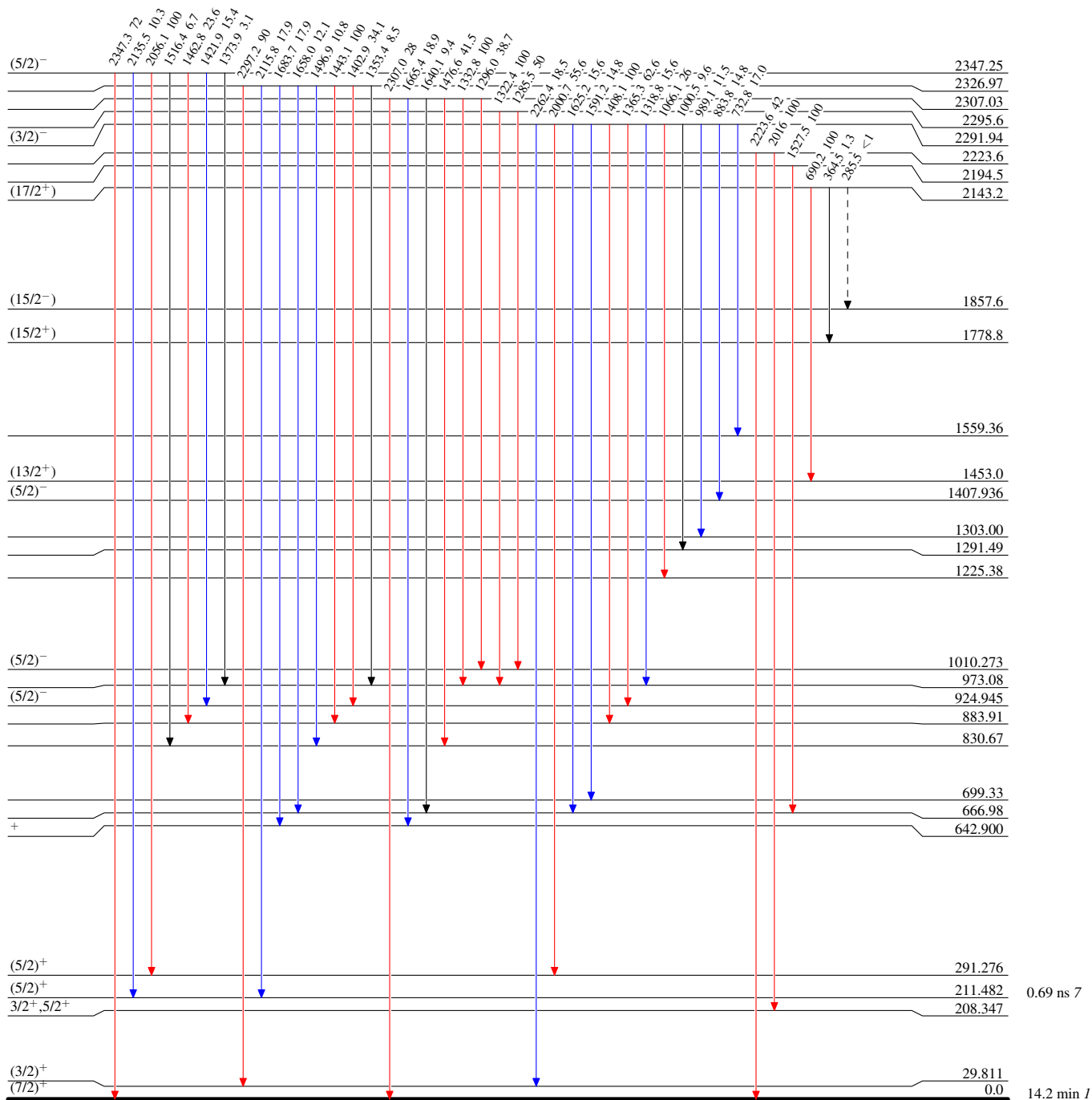
**Adopted Levels, Gammas**

**Level Scheme (continued)**

Intensities: Type not specified

**Legend**

- ▶ I<sub>γ</sub> < 2% × I<sub>γ</sub><sup>max</sup>
- ▶ I<sub>γ</sub> < 10% × I<sub>γ</sub><sup>max</sup>
- ▶ I<sub>γ</sub> > 10% × I<sub>γ</sub><sup>max</sup>
- - -▶ γ Decay (Uncertain)



<sup>143</sup>La<sub>86</sub>

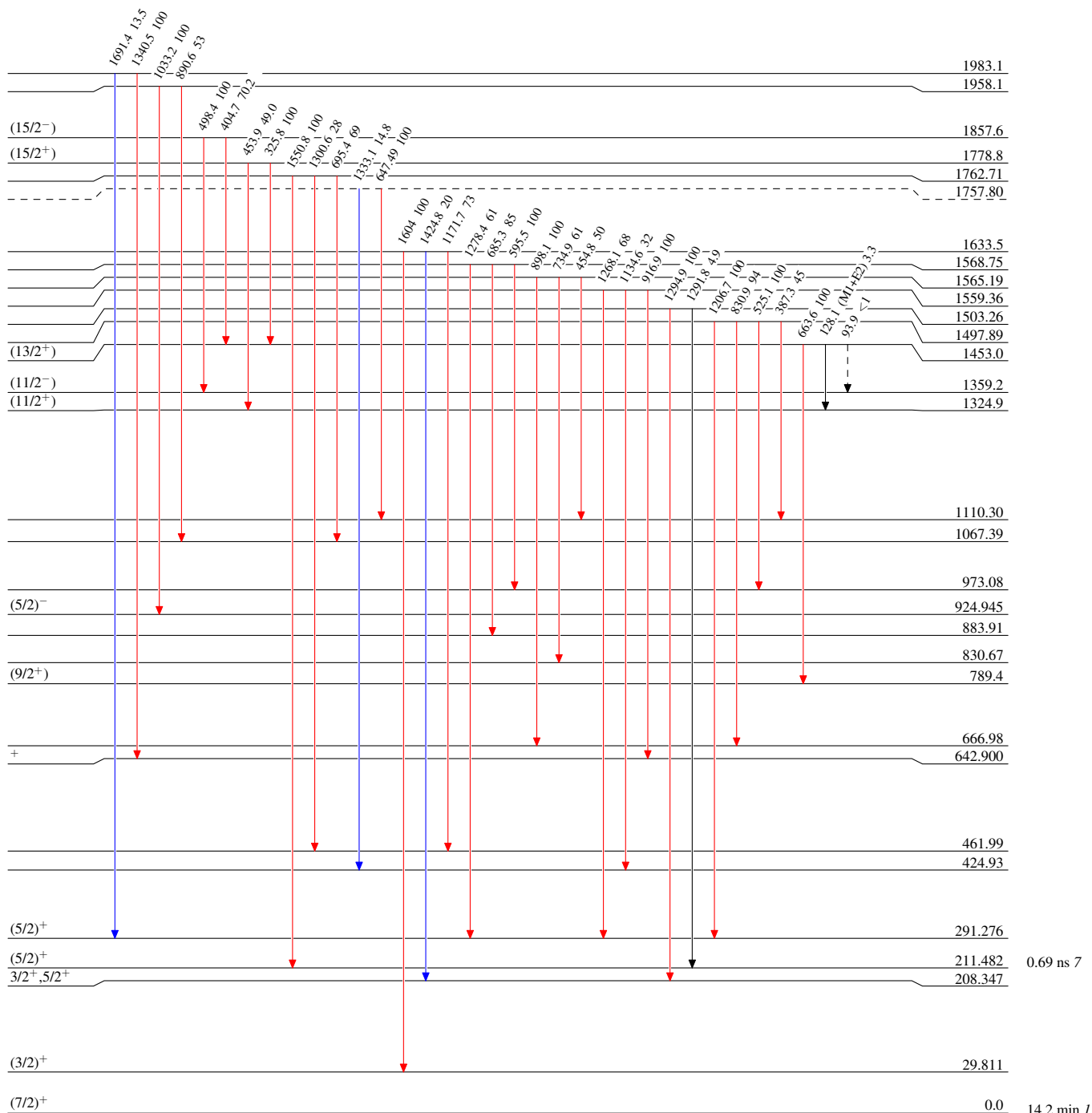
**Adopted Levels, Gammas**

**Legend**

**Level Scheme (continued)**

Intensities: Type not specified

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$
- - - →  $\gamma$  Decay (Uncertain)



$^{143}_{57}\text{La}_{86}$

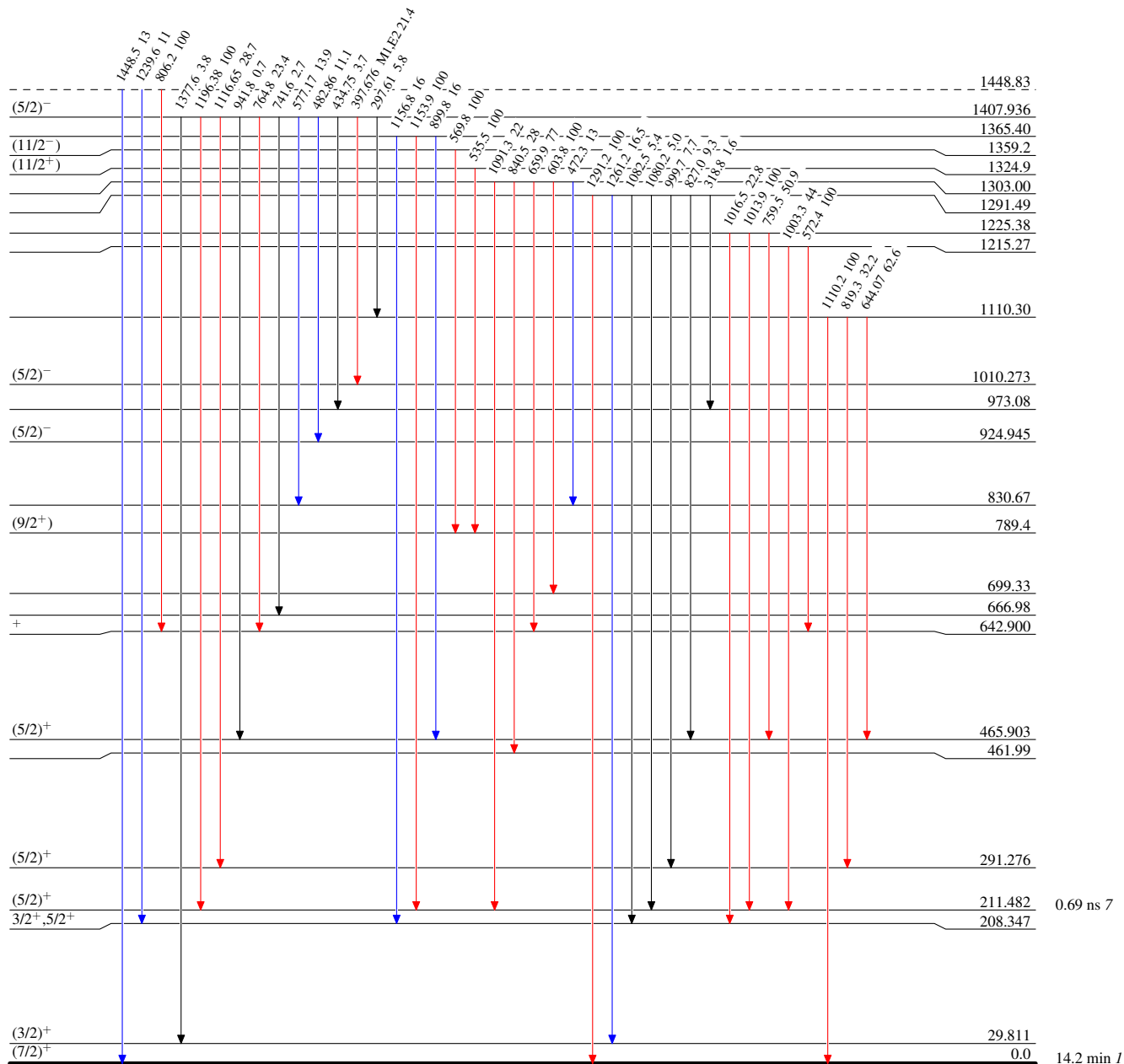
**Adopted Levels, Gammas**

**Level Scheme (continued)**

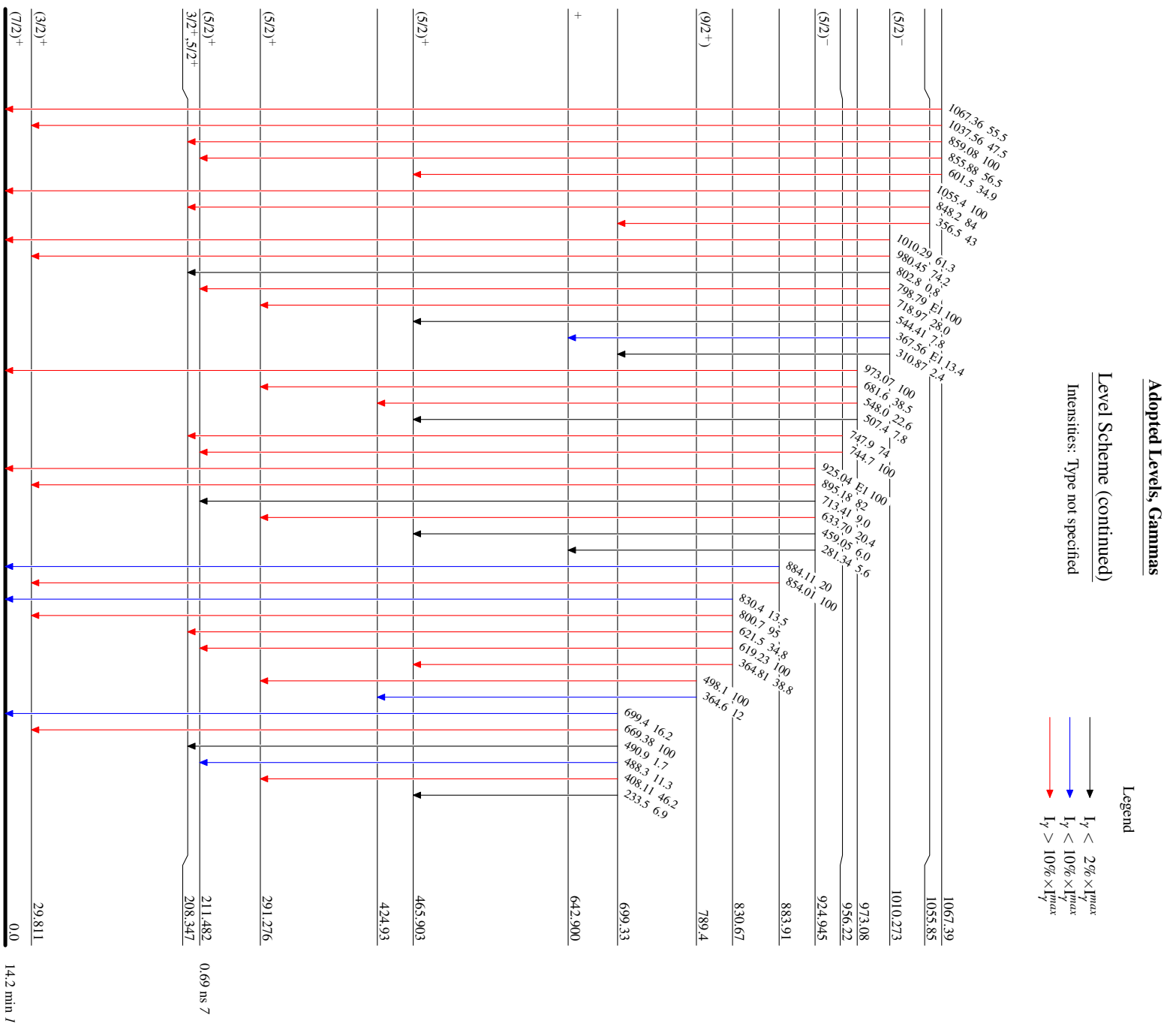
Intensities: Type not specified

**Legend**

- $I_\gamma < 2\% \times I_\gamma^{\max}$
- $I_\gamma < 10\% \times I_\gamma^{\max}$
- $I_\gamma > 10\% \times I_\gamma^{\max}$



$^{143}_{57}\text{La}_{86}$



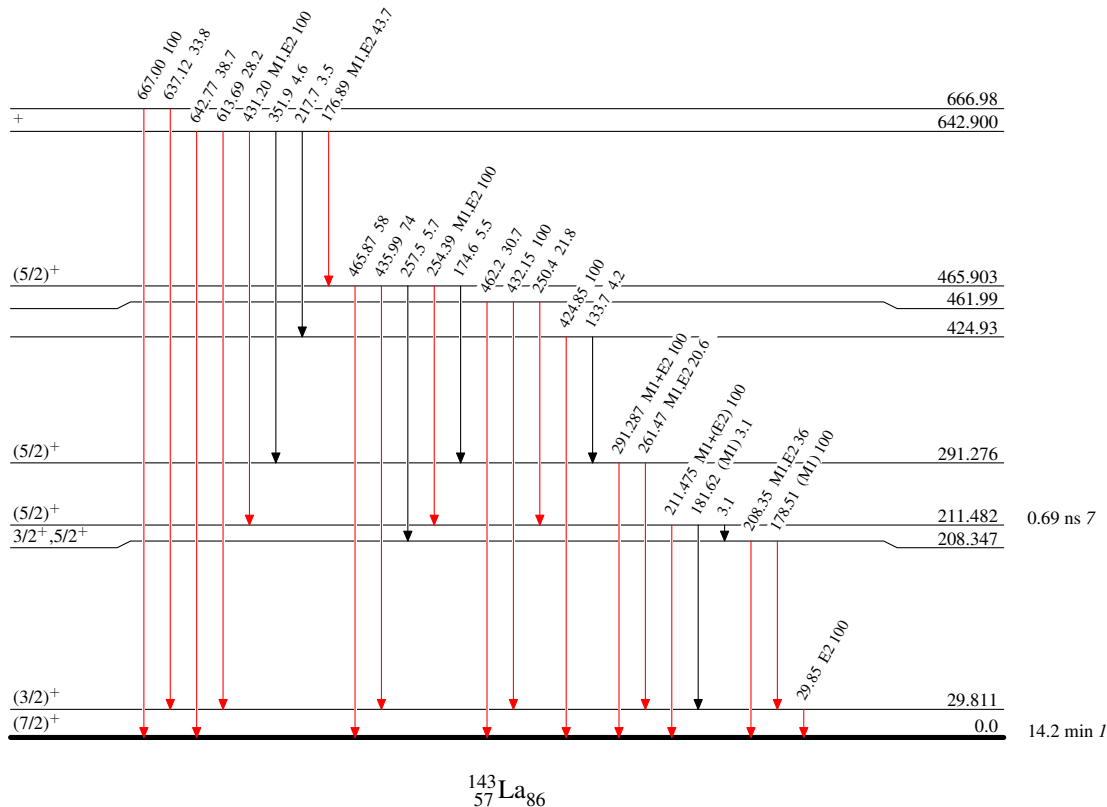
**Adopted Levels, Gammas**

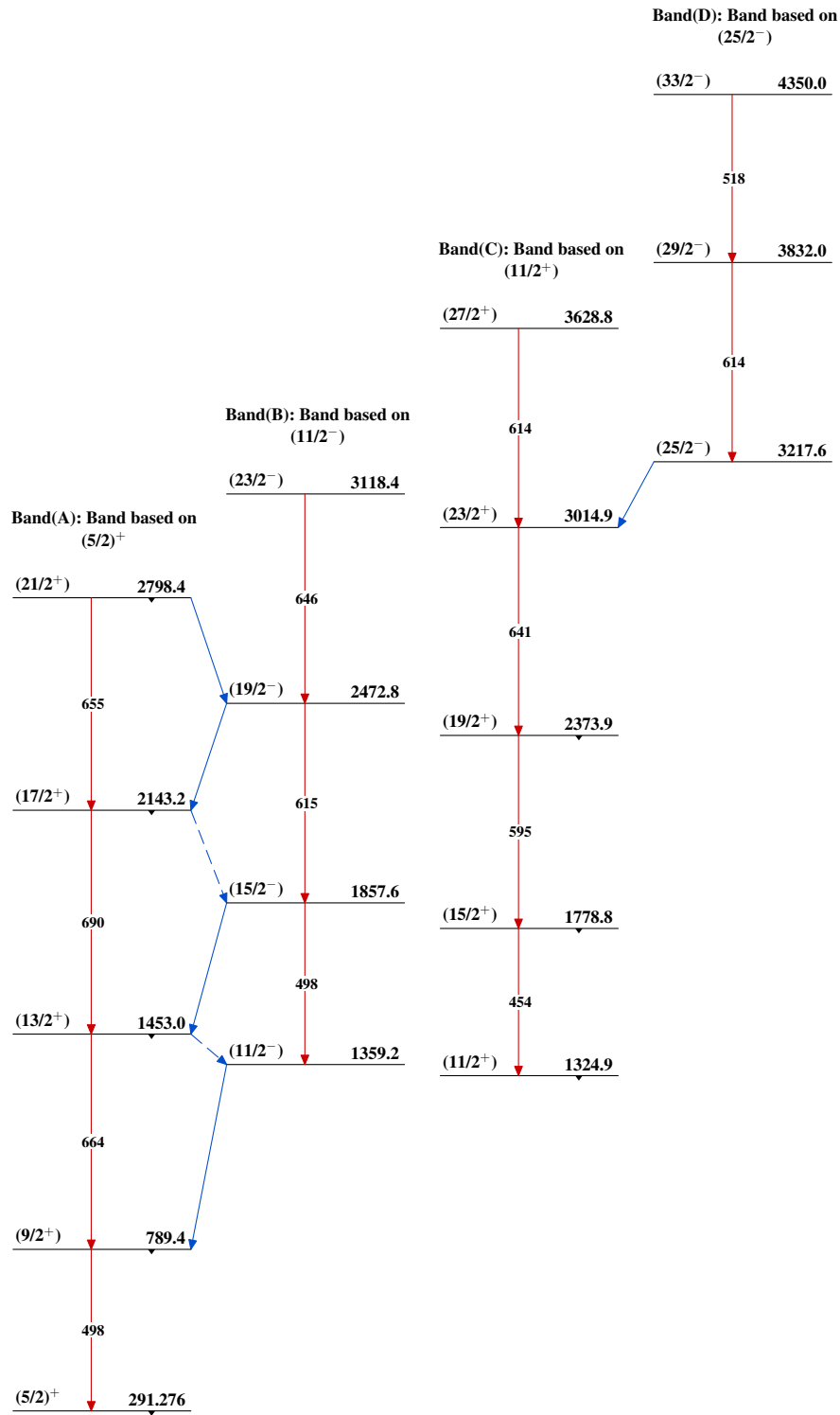
Legend

Level Scheme (continued)

Intensities: Type not specified

- $I_\gamma < 2\% \times I_\gamma^{max}$
- $I_\gamma < 10\% \times I_\gamma^{max}$
- $I_\gamma > 10\% \times I_\gamma^{max}$
- - - -  $\gamma$  Decay (Uncertain)



Adopted Levels, Gammas $^{143}_{57}\text{La}_{86}$