

**Adopted Levels, Gammas**

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	T. D. Johnson, D. Symochko(a), M. Fadil(b), and J. K. Tuli		NDS 112,1949 (2011)	1-Jun-2010

Q( $\beta^-$ )=4509 6; S(n)=5161 8; S(p)=7580 9; Q( $\alpha$ )=438 12 [2012Wa38](#)

Note: Current evaluation has used the following Q record 4510 65159 87578 8440 11 [2011AuZZ](#).

Q( $\beta^-n$ )=-2658 6, Q( $\epsilon p$ )=-12831 12 [2011AuZZ](#).

Values in [2003Au03](#): Q( $\beta^-$ )=4504 5, S(n)=5168 7, S(p)=7598 10, Q( $\alpha$ )=428 11, Q( $\beta^-n$ )=-2666 6, Q( $\epsilon p$ )=-12847 12.

<sup>142</sup>La Levels

Cross Reference (XREF) Flags

A <sup>142</sup>Ba  $\beta^-$  decay

E(level)	J $^\pi$	T <sub>1/2</sub>	XREF	Comments
0.0	2 <sup>-</sup>	91.1 min 5	A	% $\beta^-$ =100 T <sub>1/2</sub> : from <a href="#">1981Ge04</a> ; others: 92.5 min 5 ( <a href="#">1962Fr04</a> ), 95.4 min 18 ( <a href="#">1972Eh02</a> ). J $^\pi$ : $\beta^-$ transition to 0 <sup>+</sup> <sup>142</sup> Ce g.s. is first-forbidden unique.
77.594 3	(2) <sup>-</sup>		A	J $^\pi$ : $\gamma$ to 2 <sup>-</sup> is M1,E2; strong $\gamma$ from 1 <sup>+</sup> ; no observed $\beta$ feeding from 0 <sup>+</sup> .
145.82 8	(4) <sup>-</sup>	0.87 $\mu$ s 17	A	T <sub>1/2</sub> : from <sup>142</sup> Ba $\beta^-$ decay. J $^\pi$ : 68.3 $\gamma$ to (2) <sup>-</sup> is E2; no observed $\beta$ feeding from 0 <sup>+</sup> .
147.24 5	-		A	J $^\pi$ : M1,E2 to (2) <sup>-</sup> .
231.3? 4			A	
255.302 12	1 <sup>-</sup>		A	J $^\pi$ : $\gamma$ to 2 <sup>-</sup> is M1+E2, log ft=6.96 from 0 <sup>+</sup> .
300.38 6			A	
309.210 11	2 <sup>-</sup>		A	J $^\pi$ : from (895 $\gamma$ )(309 $\gamma$ )( $\theta$ ), $\Delta\pi$ =no cascade.
335.02 6	1 <sup>(-)</sup>		A	J $^\pi$ : log ft=7.95 via 0 <sup>+</sup> parent, strong $\gamma$ to 2 <sup>-</sup> , $\gamma\gamma$ ( $\theta$ ).
361.44 11			A	
363.94 3	2 <sup>(-)</sup>		A	J $^\pi$ : from (840 $\gamma$ )(364 $\gamma$ )( $\theta$ ), $\gamma$ to 2 <sup>-</sup> is (M1+E2).
417.80 9			A	
424.99 3	1 <sup>(-)</sup>		A	J $^\pi$ : log ft=6.61 from 0 <sup>+</sup> parent, $\gamma$ to 2 <sup>-</sup> is (M1+E2).
432.30 5	1 <sup>-</sup>		A	J $^\pi$ : log ft=6.705 from 0 <sup>+</sup> , $\gamma$ to 2 <sup>-</sup> is M1,E2; $\gamma\gamma$ ( $\theta$ ).
604.46 6	(1 <sup>-</sup> ,2 <sup>-</sup> )		A	J $^\pi$ : $\gamma$ to 1 <sup>(-)</sup> is (M1+E2), $\gamma$ to 2 <sup>-</sup> is (M1+E2).
666.13 14			A	
866.91 6			A	
969.57 14			A	
984.39 8			A	
1009.68 10			A	
1078.71 5	(1 <sup>+</sup> )		A	J $^\pi$ : log ft=5.25 from 0 <sup>+</sup> .
1204.35 4	(1 <sup>+</sup> )		A	J $^\pi$ : log ft=4.74 from 0 <sup>+</sup> .
1457.90 4	(1 <sup>+</sup> )		A	J $^\pi$ : log ft= 4.76 from 0 <sup>+</sup> .
1539.26 16	(1)		A	J $^\pi$ : log ft=6.33 from 0 <sup>+</sup> , $\gamma$ to 2 <sup>-</sup> .

$\gamma$ (<sup>142</sup>La)

All data are from <sup>142</sup>Ba  $\beta^-$  decay.

E <sub>i</sub> (level)	J $^\pi_i$	E $_\gamma$	I $_\gamma$	E $_f$	J $^\pi_f$	Mult.	$\alpha^\dagger$	Comments
77.594	(2) <sup>-</sup>	77.594 3	100	0.0	2 <sup>-</sup>	M1,E2	3.6 14	$\alpha$ (K)=2.2 3; $\alpha$ (L)=1.1 9; $\alpha$ (M)=0.24 19; $\alpha$ (N+...)=0.06 5 $\alpha$ (N)=0.05 4; $\alpha$ (O)=0.007 6; $\alpha$ (P)=0.000140 10
145.82	(4) <sup>-</sup>	68.3 1	100	77.594	(2) <sup>-</sup>	E2	7.92	B(E2)(W.u.)=1.10 22

Continued on next page (footnotes at end of table)

**Adopted Levels, Gammas (continued)**

$\gamma(^{142}\text{La})$ (continued)									
<u>E<sub>i</sub>(level)</u>	<u>J<sub>i</sub><sup>π</sup></u>	<u>E<sub>γ</sub></u>	<u>I<sub>γ</sub></u>	<u>E<sub>f</sub></u>	<u>J<sub>f</sub><sup>π</sup></u>	<u>Mult.</u>	<u>δ</u>	<u>α<sup>†</sup></u>	<u>Comments</u>
									α(K)=3.49 5; α(L)=3.47 6; α(M)=0.772 12; α(N+..)=0.186 3
147.24	-	69.7 1	100 5	77.594	(2) <sup>-</sup>	M1,E2		5.2 22	α(N)=0.163 3; α(O)=0.0228 4; α(P)=0.000179 3
231.3?		147.5 5	28 5	0.0	2 <sup>-</sup>				α(K)=3.0 4; α(L)=1.8 14; α(M)=0.4 4; α(N+..)=0.09 8
255.302	1 <sup>-</sup>	84.0 5	100	147.24	-				α(N)=0.08 7; α(O)=0.012 9; α(P)=0.000187 17
		255.300 12	100	0.0	2 <sup>-</sup>	M1+E2	-0.26 16	0.0808	α(K)=0.0689 12; α(L)=0.0094 4; α(M)=0.00196 8; α(N+..)=0.000506 18
300.38		153.1 1	18 5	147.24	-				α(N)=0.000431 16; α(O)=6.98×10 <sup>-5</sup> 21; α(P)=5.29×10 <sup>-6</sup> 14
		154.6 1	100 6	145.82	(4) <sup>-</sup>				
		222.8 1	66 3	77.594	(2) <sup>-</sup>				
309.210	2 <sup>-</sup>	(8.7)		300.38	-				
		162.3 1	0.9 1	147.24	-				
		231.611 10	100 2	77.594	(2) <sup>-</sup>	M1+E2	-0.16 4	0.1052	α(K)=0.0898 13; α(L)=0.01214 20; α(M)=0.00252 4; α(N+..)=0.000651 11
		309.2 1	21 1	0.0	2 <sup>-</sup>	(M1+E2)	-0.74 15	0.0467 9	α(N)=0.000554 9; α(O)=9.00×10 <sup>-5</sup> 14; α(P)=6.93×10 <sup>-6</sup> 10
									α(K)=0.0393 9; α(L)=0.00583 12; α(M)=0.00122 3; α(N+..)=0.000312 7
									α(N)=0.000267 6; α(O)=4.25×10 <sup>-5</sup> 7; α(P)=2.91×10 <sup>-6</sup> 10
335.02	1 <sup>(-)</sup>	79.8 5	2.5 8	255.302	1 <sup>-</sup>				
		257.5 1	9.5 22	77.594	(2) <sup>-</sup>				
		335.0 1	100 1	0.0	2 <sup>-</sup>				
361.44		130.0 5	21 6	231.3?					
		215.7 2	36 14	145.82	(4) <sup>-</sup>				
		283.5 2	100 29	77.594	(2) <sup>-</sup>				
363.94	2 <sup>(-)</sup>	63.6 1	1.9 3	300.38		M1,E2		7 4	α(K)=3.8 4; α(L)=2.7 22; α(M)=0.6 5; α(N+..)=0.14 12
									α(N)=0.12 11; α(O)=0.018 15; α(P)=0.00024 3
		216.6 1	4 1	147.24	-				
		286.3 1	23 2	77.594	(2) <sup>-</sup>	(M1+E2)	-0.00 6	0.0598	α(K)=0.0512 8; α(L)=0.00678 10; α(M)=0.001406 20; α(N+..)=0.000363 6
									α(N)=0.000309 5; α(O)=5.04×10 <sup>-5</sup> 7; α(P)=3.96×10 <sup>-6</sup> 6
		363.96 3	100 3	0.0	2 <sup>-</sup>	(M1+E2)	-0.77 12	0.0297 7	α(K)=0.0251 6; α(L)=0.00362 5; α(M)=0.000755 11; α(N+..)=0.000194 3
									α(N)=0.0001652 24;

Continued on next page (footnotes at end of table)

**Adopted Levels, Gammas (continued)**

$E_i(\text{level})$	$J_i^\pi$	$\gamma(^{142}\text{La})$ (continued)						$\delta$	$\alpha^\dagger$	Comments
		$E_\gamma$	$I_\gamma$	$E_f$	$J_f^\pi$	Mult.				
417.80		340.5 7	6.7 56	77.594	(2) <sup>-</sup>				$\alpha(\text{O})=2.64\times 10^{-5}$ 4; $\alpha(\text{P})=1.87\times 10^{-6}$ 6	
424.99	1 <sup>(-)</sup>	417.8 2	100 11	0.0	2 <sup>-</sup>					
		346.8 2	2.3 2	77.594	(2) <sup>-</sup>					
		425.036 31	100 2	0.0	2 <sup>-</sup>	(M1+E2)	+0.31 24	0.0211 9	$\alpha(\text{K})=0.0180$ 8; $\alpha(\text{L})=0.00239$ 5; $\alpha(\text{M})=0.000496$ 9; $\alpha(\text{N+..})=0.000128$ 3 $\alpha(\text{N})=0.0001091$ 21; $\alpha(\text{O})=1.77\times 10^{-5}$ 4; $\alpha(\text{P})=1.38\times 10^{-6}$ 8	
432.30	1 <sup>-</sup>	68.3 1	4.5 6	363.94	2 <sup>(-)</sup>					
		123.0 1	54 19	309.210	2 <sup>-</sup>	M1,E2		0.78 18	$\alpha(\text{K})=0.58$ 7; $\alpha(\text{L})=0.16$ 9; $\alpha(\text{M})=0.034$ 20; $\alpha(\text{N+..})=0.008$ 5 $\alpha(\text{N})=0.007$ 5; $\alpha(\text{O})=0.0011$ 6; $\alpha(\text{P})=3.81\times 10^{-5}$ 20	
		177.0 1	100 2	255.302	1 <sup>-</sup>					
		354.7 5	2.9 10	77.594	(2) <sup>-</sup>					
		432.3 1	60 5	0.0	2 <sup>-</sup>					
604.46	(1 <sup>-</sup> ,2 <sup>-</sup> )	172.6 3	4.0 16	432.30	1 <sup>-</sup>					
		242.9 2	20 4	361.44						
		269.5 1	100 9	335.02	1 <sup>(-)</sup>	(M1+E2)		0.0682 22	$\alpha(\text{K})=0.057$ 4; $\alpha(\text{L})=0.0092$ 13; $\alpha(\text{M})=0.0019$ 3; $\alpha(\text{N+..})=0.00049$ 7 $\alpha(\text{N})=0.00042$ 6; $\alpha(\text{O})=6.6\times 10^{-5}$ 8; $\alpha(\text{P})=4.1\times 10^{-6}$ 6	
		457.1 1	40.4 16	147.24	-	(M1+E2)		0.0156 24	$\alpha(\text{K})=0.0132$ 22; $\alpha(\text{L})=0.00187$ 14; $\alpha(\text{M})=0.000391$ 25; $\alpha(\text{N+..})=0.000100$ 8 $\alpha(\text{N})=8.6\times 10^{-5}$ 6; $\alpha(\text{O})=1.37\times 10^{-5}$ 12; $\alpha(\text{P})=9.8\times 10^{-7}$ 21	
		604.3 2	45.3 22	0.0	2 <sup>-</sup>	(M1+E2)		0.0076 14	$\alpha(\text{K})=0.0065$ 13; $\alpha(\text{L})=0.00088$ 12; $\alpha(\text{M})=0.000183$ 23; $\alpha(\text{N+..})=4.7\times 10^{-5}$ 7 $\alpha(\text{N})=4.0\times 10^{-5}$ 6; $\alpha(\text{O})=6.5\times 10^{-6}$ 9; $\alpha(\text{P})=4.8\times 10^{-7}$ 11	
666.13		356.8 5	91 27	309.210	2 <sup>-</sup>					
		588.4 2	100 16	77.594	(2) <sup>-</sup>					
866.91		434.4 1	100 14	432.30	1 <sup>-</sup>					
		557.7 1	55 2	309.210	2 <sup>-</sup>					
969.57		537.2 2	100 18	432.30	1 <sup>-</sup>					
		714.4 4	59 20	255.302	1 <sup>-</sup>					
984.39		380.0 5	89 31	604.46	(1 <sup>-</sup> ,2 <sup>-</sup> )					
		620.3 3	67 17	363.94	2 <sup>(-)</sup>					
		622.8 2	89 17	361.44						
		649.3 2	94 17	335.02	1 <sup>(-)</sup>					
		674.4 6	89 36	309.210	2 <sup>-</sup>					

Continued on next page (footnotes at end of table)

Adopted Levels, Gammas (continued) $\gamma(^{142}\text{La})$  (continued)

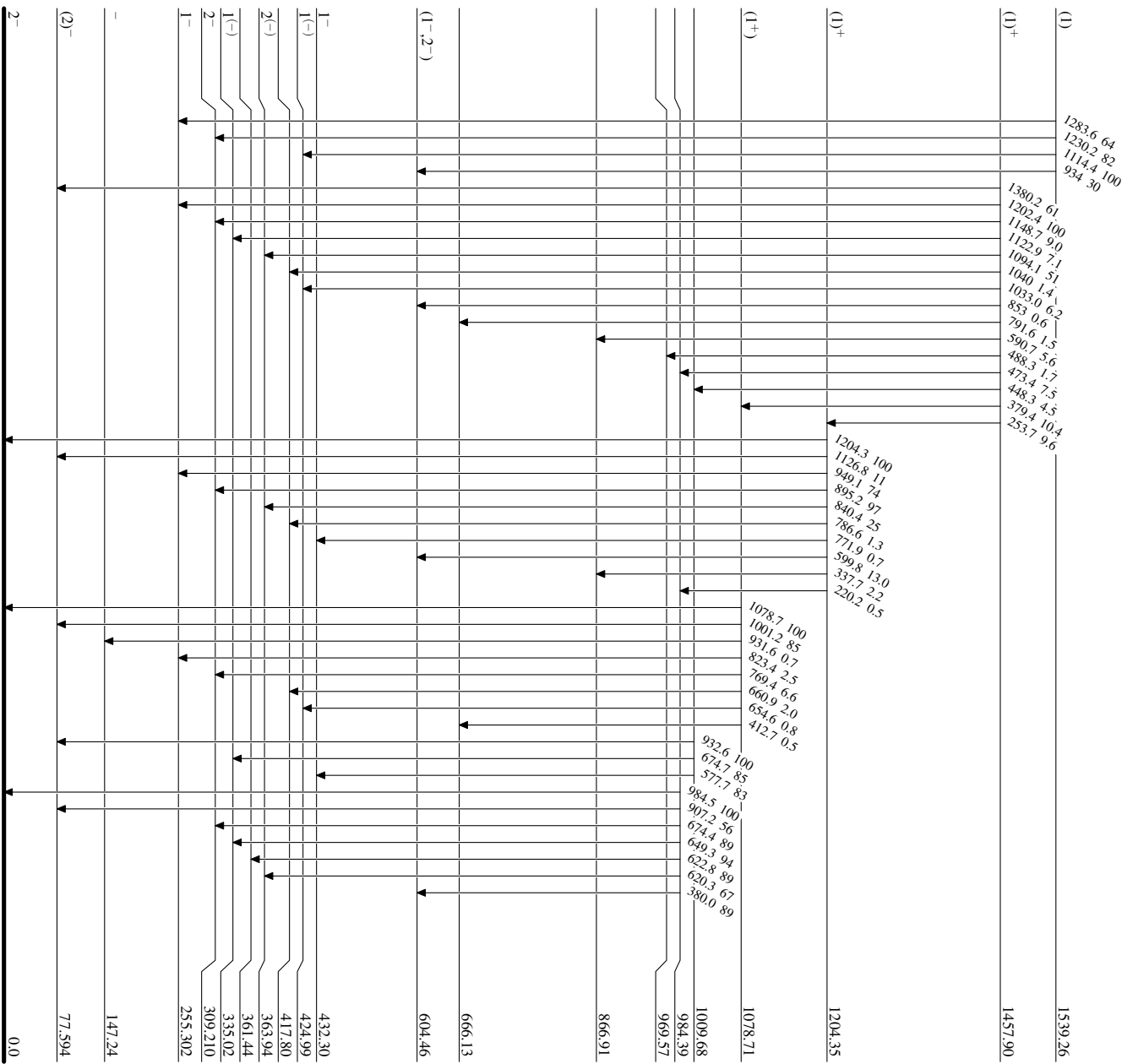
$E_i(\text{level})$	$J_i^\pi$	$E_\gamma$	$I_\gamma$	$E_f$	$J_f^\pi$
984.39		907.2 4	56 19	77.594	(2) <sup>-</sup>
		984.5 3	100 19	0.0	2 <sup>-</sup>
1009.68		577.7 2	83 13	432.30	1 <sup>-</sup>
		674.7 7	85 33	335.02	1 <sup>(-)</sup>
		932.6 9	100 75	77.594	(2) <sup>-</sup>
1078.71	(1) <sup>+</sup>	412.7 5	0.5 2	666.13	
		654.6 2	0.8 1	424.99	1 <sup>(-)</sup>
		660.9 1	2.0 11	417.80	
		769.4 1	6.6 16	309.210	2 <sup>-</sup>
		823.4 3	2.5 9	255.302	1 <sup>-</sup>
		931.6 4	0.7 5	147.24	-
		1001.2 1	85 2	77.594	(2) <sup>-</sup>
		1078.7 1	100 3	0.0	2 <sup>-</sup>
1204.35	(1) <sup>+</sup>	220.2 2	0.5 1	984.39	
		337.7 2	2.2 2	866.91	
		599.8 1	13.0 14	604.46	(1 <sup>-</sup> ,2 <sup>-</sup> )
		771.9 2	0.7 1	432.30	1 <sup>-</sup>
		786.6 2	1.3 1	417.80	
		840.4 1	25 1	363.94	2 <sup>(-)</sup>
		895.2 1	97 3	309.210	2 <sup>-</sup>
		949.1 1	74 2	255.302	1 <sup>-</sup>
		1126.8 1	11 1	77.594	(2) <sup>-</sup>
		1204.3 1	100 2	0.0	2 <sup>-</sup>
1457.90	(1) <sup>+</sup>	253.7 1	9.6 7	1204.35	(1) <sup>+</sup>
		379.4 1	10.4 2	1078.71	(1) <sup>+</sup>
		448.3 1	4.5 3	1009.68	
		473.4 1	7.5 3	984.39	
		488.3 2	1.7 3	969.57	
		590.7 1	5.6 3	866.91	
		791.6 2	1.5 3	666.13	
		853	0.6 3	604.46	(1 <sup>-</sup> ,2 <sup>-</sup> )
		1033.0 1	6.2 3	424.99	1 <sup>(-)</sup>
		1040	1.4 5	417.80	
		1094.1 1	51 2	363.94	2 <sup>(-)</sup>
		1122.9 1	7.1 3	335.02	1 <sup>(-)</sup>
		1148.7 1	9.0 33	309.210	2 <sup>-</sup>
		1202.4 1	100 4	255.302	1 <sup>-</sup>
		1380.2 1	61 3	77.594	(2) <sup>-</sup>
1539.26	(1)	934	30 16	604.46	(1 <sup>-</sup> ,2 <sup>-</sup> )
		1114.4 4	100 40	424.99	1 <sup>(-)</sup>
		1230.2 2	82 8	309.210	2 <sup>-</sup>
		1283.6 3	64 12	255.302	1 <sup>-</sup>

† Additional information 1.

**Adopted Levels, Gammas**

Level Scheme

Intensities: Relative photon branching from each level



<sup>142</sup>La<sub>85</sub>  
<sup>57</sup>La<sub>85</sub>

