

^{140}La β^- decay **1982Ad02,1991Ch05**

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	N. Nica	NDS 154, 1 (2018)	20-Nov-2018

Parent: ^{140}La : $E=0.0$; $J^\pi=3^-$; $T_{1/2}=1.67858$ d 21; $Q(\beta^-)=3760.2$ 17; $\% \beta^-$ decay=100.0

^{140}La -E, J^π , $T_{1/2}$: from ^{140}La Adopted Levels.

^{140}La - $Q(\beta^-)$: from 2017Wa10.

2013Oh03 compiled for XUNDL compilation by J. Chen (NSCL, MSU).

Measured: γ (1991Ch05,1986Ha20,1982Ad02,1980Ka32,1977De34,1970Ka18,1968Ba18), $\gamma\gamma$

(1991Ch05,1984Ol08,1982Ad02,1980Ka32,1986Ha20) $\gamma\gamma(\theta)$

(1991Ch05,1982Mi03,1982Ad02,1980Ka32,1976Ga12,1973Sa01,1971Wi23), linear pol, $\gamma\gamma(\theta, H, t, t)$ (1965Le16), $\gamma(\theta, t)$

(1972KIZU), $\beta\gamma(t)$, $\gamma\gamma(t)$ (1993Gr08,1990PeZR,1982ZhZV,1971Bo13,1963Do16,1962Cu02), ce (1991Ch05,1967Ka12), pair conversion (1968Be57), $T_{1/2}$ by fast timing $\beta\gamma\gamma(t)$ (1995Ma75), $\gamma\gamma(\theta)$, time-differential perturbed angular correlation (TDPAC) (2013Oh03).

Level scheme is that of 1982Ad02.

 ^{140}Ce Levels

E(level)	$J^\pi^\dagger$	$T_{1/2}$	Comments
0.0	0^+	stable	
1596.24 3	2^+		
1903.32 6	0^+	0.27 ns 5	$T_{1/2}$: from 1966Bu19. Other: <0.6 ns (1965Sa03).
2083.26 3	4^+	3.474 ns 10	$g=+1.11$ 4 (1963Ko07) $\mu=+4.00$ 20 (2013Oh03) $Q=+0.202$ 26 (1972KIZU) g : Others: 1.17 8 (1971Ni09), 1.14 38 (1965Le16), 1.16 8 (1963Ka03). μ : deduced by 2013Oh03 with the TDPAC method using the known value of hyperfine field of -41 T 2 at ^{141}Ce in Fe. Q : Other: from $\gamma(\theta, t)$ (1972KIZU), see also 1974He16. $T_{1/2}$: from 1995Ma75. Other values: 3.44 ns 6 (1962Cu02), 3.46 ns 3 (1963Do16), 3.45 ns 9 (1971Bo13), 3.41 ns 4 (1963Ko07); 3.3 ns 3 (1990PeZR); 3.3 ns 3 (1993Gr08).
2107.86 3	6^+		
2347.89 3	2^+	≤ 0.2 ns	$T_{1/2}$: from 1990PeZR,1993Gr08.
2349.81 3	5^+	≤ 12 ps	$T_{1/2}$: from 1995Ma75; others: ≤ 0.2 ns from 1990PeZR; ≤ 10 ns from 1982ZhZV;
2412.02 3	3^+	1.3 ps 4	$T_{1/2}$: from 1995Ma75; other: 55 ps 15 from 1972Bo33 (see comment of 1995Ma75); also see 1990PeZR.
2464.09 4	3^-		$T_{1/2}$: ≤ 1 ns (1993Gr08).
2480.93 3	4^+	22 ps 7	$T_{1/2}$: from 1995Ma75; other: 3.2 ns 3 from 1990PeZR.
2515.77 3	4^+	≤ 2.5 ps	$T_{1/2}$: from 1995Ma75; 1972Bo33 report $T_{1/2}=42$ ps 11 for 2516, 2521 or 2547 levels.
2521.43 3	2^+	≤ 2.4 ps	$T_{1/2}$: from 1995Ma75; others: ≤ 0.1 ns (1966Bu19); ≤ 0.15 ns (1990PeZR). 1972Bo33 report $T_{1/2}=42$ ps 11 for 2516, 2521 or 2547 levels.
2547.24 4	1^+	≤ 4.0 ps	$T_{1/2}$: from 1995Ma75; 1972Bo33 report $T_{1/2}=42$ ps 11 for 2516, 2521 or 2547 levels.
2899.66 15	2^+		
3001.12 14	2^+		
3118.55 16	2^+		
3320.4 6	2^+		
3394.86 25	(4^-)		
3473.58 18	3^-		
3520.87 14	(4^+)		

† From Adopted Levels.

^{140}La β^- decay **1982Ad02,1991Ch05** (continued) β^- radiations

E(decay)	E(level)	$I\beta^-$ [†]	Log ft	Comments
(239.3 17)	3520.87	0.0134 19	8.53 7	av $E\beta=66.54$ 52
(286.6 17)	3473.58	0.054 7	8.18 6	av $E\beta=81.19$ 54
(365.3 17)	3394.86	0.025 15	8.9 3	av $E\beta=106.54$ 57
(439.8 18)	3320.4	0.0038 3	9.94 4	av $E\beta=131.52$ 62
(641.6 17)	3118.55	0.0248 10	9.685 18	av $E\beta=203.47$ 64
(759.1 17)	3001.12	0.082 9	9.42 5	av $E\beta=247.71$ 66
(860.5 17)	2899.66	0.109 7	9.49 3	av $E\beta=287.07$ 67
				E(decay): 857 15 from 1972Na04.
				E(decay): from 1972Na04.
(1213.0 17)	2547.24	0.622 8	9.964 ^{1u} 7	av $E\beta=438.21$ 69
(1238.8 17)	2521.43	11.05 8	8.067 4	av $E\beta=441.18$ 72
				E(decay): 1244 20 from 1967Ka12.
				E(decay): from 1967Ka12.
(1244.4 17)	2515.77	5.63 5	8.368 5	av $E\beta=443.55$ 72
(1279.3 17)	2480.93	1.124 20	9.112 8	av $E\beta=458.22$ 72
(1296.1 17)	2464.09	5.52 7	8.443 6	av $E\beta=465.32$ 72
(1348.2 17)	2412.02	43.9 4	7.607 5	av $E\beta=487.36$ 73
				E(decay): 1365 10 from 1972Na04.
				E(decay): from 1972Na04.
(1410.4 17)	2349.81	0.207 25	10.80 ^{1u} 6	av $E\beta=518.58$ 70
(1412.3 17)	2347.89	4.97 5	8.630 5	av $E\beta=514.73$ 73
(1676.9 17)	2083.26	20.2 9	8.309 20	av $E\beta=629.48$ 75
				E(decay): 1680 7 from 1972Na04.
				From 1972Na04.
(1856.9 [‡] 17)	1903.32	<0.002	>12.5	av $E\beta=708.83$ 76
2164 2	1596.24	5.9 16	9.28 12	av $E\beta=846.17$ 77
(3760.2 17)	0.0	4×10 ⁻⁴ 2	14.45 22	av $E\beta=1580.21$ 80
				E(decay): 3850 100 from 1960Dz05.
				$I\beta^-$: from 1960Dz05.

[†] Absolute intensity per 100 decays.[‡] Existence of this branch is questionable.

$\gamma(^{140}\text{Ce})$

I γ normalization: I(1596 γ)=95.40% 8 ([1977De34](#)).

E_γ ^{a}	I_γ ^{ad}	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. ^{#&}	δ ^{@c}	α ^{b}	$I_{(\gamma+ce)}$ ^{e}	Comments
24.595 4	<0.003	2107.86	6 ⁺	2083.26	4 ⁺	E2		697	<2.00	ce(L)/($\gamma+ce$)=0.782 8; ce(M)/($\gamma+ce$)=0.175 4 ce(N)/($\gamma+ce$)=0.0371 8; ce(O)/($\gamma+ce$)=0.00505 10; ce(P)/($\gamma+ce$)=1.36 $\times 10^{-6}$ 3 α (L)=545 8; α (M)=122.0 18 α (N)=25.9 4; α (O)=3.52 5; α (P)=0.000945 14 E_γ : from 1967Ka12 . I_γ : from 1982Ad02 . Mult.: L1:L2:L3=<0.02:0.68 3:1.00 (1967Ka12). $I_{(\gamma+ce)}$: from I γ and calculated α . 1967Ka12 report I($\gamma+ce$)=0.32% 4 presumably from ce(L); however, value of ce(L) is not given. α (K)=3.63 5; α (L)=0.499 7; α (M)=0.1046 15 α (N)=0.0232 4; α (O)=0.00375 6; α (P)=0.000281 4 Mult.: α (K)exp=2.3 10; K/L=5.5 25, L1:L2:L3=1:<0.33:<0.22 (1967Ka12). E_γ : from 1966Ba36 . α (K)=2.95 5; α (L)=0.405 6; α (M)=0.0848 12 α (N)=0.0188 3; α (O)=0.00304 5; α (P)=0.000228 4 Mult.: α (K)exp=2.0 5; K/L=6.0 23, L:L2:L3=1:<0.15:<0.05 (1967Ka12). α (K)=0.790 12; α (L)=0.128 4; α (M)=0.0271 8 α (N)=0.00597 18; α (O)=0.000939 25; α (P)=5.98 $\times 10^{-5}$ 9 Mult.: α (K)exp=0.82 6; K/L=5.6 4, L:L2:L3=13 3:1.5 5:1.0 (1967Ka12). α (K)=0.470 7; α (L)=0.0661 22; α (M)=0.0139 5 α (N)=0.00307 11; α (O)=0.000495 15; α (P)=3.61 $\times 10^{-5}$ 6 Mult.: α (K)exp=0.50 3; K/L=5.6 6, L:L2:L3=8.9 25:0.9 2:1.0 (1967Ka12). δ : from 1982Mi03 . Others: +0.15 18 (1991Ch05), -0.33 4 (1976Ga12). E_γ : from 1966Ba36 . α (K)=0.215 3; α (L)=0.0291 4; α (M)=0.00609 9 α (N)=0.001351 19; α (O)=0.000219 3; α (P)=1.658 $\times 10^{-5}$ 24 Mult.: α (K)exp=0.19 4; K/L=8.1 13 (1967Ka12). α (K)=0.084 3; α (L)=0.0130 11; α (M)=0.00276 25 α (N)=0.00061 5; α (O)=9.6 $\times 10^{-5}$ 7;
64.135 10	0.015 2	2412.02	3 ⁺	2347.89	2 ⁺	M1		4.26		
68.916 6	0.079 2	2480.93	4 ⁺	2412.02	3 ⁺	M1		3.46		
109.422 11	0.230 4	2521.43	2 ⁺	2412.02	3 ⁺	M1+E2	+0.26 2	0.952 15		
131.117 8	0.49 1	2480.93	4 ⁺	2349.81	5 ⁺	M1+E2	-0.13 +2-5	0.553 9		
173.543 9	0.133 4	2521.43	2 ⁺	2347.89	2 ⁺	M1		0.252		
241.933 30	0.434 8	2349.81	5 ⁺	2107.86	6 ⁺	M1+E2	-0.60 +35-30	0.1008 17		

$\gamma(^{140}\text{Ce})$ (continued)

E_γ ^{3a}	I_γ ^{†ad}	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. ^{#&}	δ ^{@c}	α ^{b}	Comments
266.543 12	0.488 8	2349.81	5 ⁺	2083.26	4 ⁺	M1+E2	-0.14 12	0.0786 12	$\alpha(\text{P})=6.2\times 10^{-6}$ 4 E_γ : others: 241.966 12 (1966Ba36), 241.961 22 (1967Ka12). Mult.: $\alpha(\text{K})_{\text{exp}}=0.07$ 1; $\text{K/L}=7.4$ 10 (1967Ka12). $\alpha(\text{K})=0.0671$ 11; $\alpha(\text{L})=0.00906$ 18; $\alpha(\text{M})=0.00190$ 4 $\alpha(\text{N})=0.000420$ 9; $\alpha(\text{O})=6.81\times 10^{-5}$ 12; $\alpha(\text{P})=5.14\times 10^{-6}$ 10 Mult.: $\alpha(\text{K})_{\text{exp}}=0.06$ 1; $\text{K/L}=6.5$ 10 (1967Ka12). Mult.: E1+M2 from linear pol- $\gamma\gamma(\theta)$ (1976Ga12) was based on value of $\delta=+0.39$ 5. δ : others: +0.39 5 (1976Ga12); however, +20 +43-8 (1982Mi03). $\alpha(\text{K})=0.0365$ 6; $\alpha(\text{L})=0.00697$ 10; $\alpha(\text{M})=0.001498$ 22 $\alpha(\text{N})=0.000327$ 5; $\alpha(\text{O})=4.98\times 10^{-5}$ 7; $\alpha(\text{P})=2.42\times 10^{-6}$ 4 $\alpha(\text{K})=0.0388$ 6; $\alpha(\text{L})=0.00516$ 8; $\alpha(\text{M})=0.001078$ 15 $\alpha(\text{N})=0.000239$ 4; $\alpha(\text{O})=3.88\times 10^{-5}$ 6; $\alpha(\text{P})=2.97\times 10^{-6}$ 5 E_γ : others: 328.746 25 (1979Bo26), 328.752 30 (1968Gu05), 328.745 15 (1970Ke06). Mult.: $\alpha(\text{K})_{\text{exp}}=0.038$ 2, $\alpha(\text{L})_{\text{exp}}=0.0046$ 5, $\alpha(\text{M+N})_{\text{exp}}=0.0010$ 2 (1991Ch05); $\text{K/L}=7.4$ 3, $\text{K:L1:M1}=100:16:3$ (1967Ka12). δ : from 1982Mi03 . Others: -0.04 1 or -0.07 1 (1991Ch05), -0.04 2 (1973Sa01). I_γ : $I_\gamma=21.74$ 19 in 1977De34 . $\alpha(\text{K})=0.01699$ 24; $\alpha(\text{L})=0.00289$ 4; $\alpha(\text{M})=0.000616$ 9 $\alpha(\text{N})=0.0001349$ 19; $\alpha(\text{O})=2.09\times 10^{-5}$ 3; $\alpha(\text{P})=1.166\times 10^{-6}$ 17 Mult.: $\alpha(\text{K})_{\text{exp}}=0.03$ 2. $\alpha(\text{K})=0.0192$ 3; $\alpha(\text{L})=0.00253$ 4; $\alpha(\text{M})=0.000527$ 8 $\alpha(\text{N})=0.0001170$ 17; $\alpha(\text{O})=1.90\times 10^{-5}$ 3; $\alpha(\text{P})=1.461\times 10^{-6}$ 21 Mult.: $\alpha(\text{K})_{\text{exp}}=0.019$ 1 (1991Ch05,1967Ka12); $\text{K/L}=6.7$ 9 (1967Ka12). δ : adopted value (from (n,n' γ), 1993Go23); others: -0.54 5 1982Mi03 (for J=3); -0.57 5 (1976Ga12), -0.55 1 (1973Sa01), -0.36 2 (1971Wi23); -0.37 8 or -0.41 6 (1991Ch05) (for J=3 ⁺); $\delta=+0.05$ 1 or +0.13 +18-15 (1991Ch05) (for J=4 ⁺). $I_\gamma\leq 0.0014$ from 1982Ad02 . Others: 0.006 3 (1980Ka32), 0.021 10 (1970Ka18). $\alpha(\text{K})=0.00966$ 14; $\alpha(\text{L})=0.001527$ 22; $\alpha(\text{M})=0.000324$ 5 $\alpha(\text{N})=7.11\times 10^{-5}$ 10; $\alpha(\text{O})=1.113\times 10^{-5}$ 16; $\alpha(\text{P})=6.77\times 10^{-7}$ 10 Mult.: $\alpha(\text{K})_{\text{exp}}=0.0095$ 5, $\alpha(\text{L})_{\text{exp}}=0.0013$ 1, $\alpha(\text{M+...})_{\text{exp}}=0.00040$ 4 (1991Ch05); $\text{K/L}=6.0$ 4 (1967Ka12). δ : $\delta=-0.005$ 20 (E2+(M3)) (1991Ch05). E_γ : 487.15 25 (1979Bo26). I_γ : $I_\gamma=48.16$ 40, $I_\gamma=45.9\%$ 4 in 1977De34 , 0.045 3 (1980Ka32). I_γ : others: 0.049 6 (1980Ka32), ≈ 0.045 (1970Ka18), 0.044 22
306.9 2	0.026 7	1903.32	0 ⁺	1596.24	2 ⁺	[E2]		0.0454	
328.762 8	21.3 3	2412.02	3 ⁺	2083.26	4 ⁺	M1+E2	-0.049 6	0.0453	
397.52 5	0.077 5	2480.93	4 ⁺	2083.26	4 ⁺	(E2)		0.0206	
432.493 12	3.04 3	2515.77	4 ⁺	2083.26	4 ⁺	M1+E2	-0.04 2	0.0224	
438.5 5	0.041 10	2521.43	2 ⁺	2083.26	4 ⁺				
445.5 5	0.003 1	2347.89	2 ⁺	1903.32	0 ⁺				
487.021 12	47.7 6	2083.26	4 ⁺	1596.24	2 ⁺	E2		0.01159	
618.12 5	0.039 4	2521.43	2 ⁺	1903.32	0 ⁺				

$\gamma(^{140}\text{Ce})$ (continued)

E_γ ^{3a}	I_γ ^{3ad}	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. ^{3&}	δ ^{@c}	α ^{b}	Comments
751.637 <i>18</i>	4.54 <i>4</i>	2347.89	2 ⁺	1596.24	2 ⁺	M1+E2	+0.38 <i>4</i>	0.00548 <i>9</i>	(1968Ba18), 0.014 <i>3</i> (1982Ad02). Mult.: $\alpha(\text{K})_{\text{exp}} < 0.16$. $\alpha(\text{K}) = 0.00471$ <i>8</i> ; $\alpha(\text{L}) = 0.000613$ <i>10</i> ; $\alpha(\text{M}) = 0.0001277$ <i>20</i> $\alpha(\text{N}) = 2.83 \times 10^{-5}$ <i>5</i> ; $\alpha(\text{O}) = 4.60 \times 10^{-6}$ <i>8</i> ; $\alpha(\text{P}) = 3.54 \times 10^{-7}$ <i>6</i> Mult.: $\alpha(\text{K})_{\text{exp}} = 0.0042$ <i>4</i> (1991Ch05); K/L > 4.6 (1967Ka12); K/L = 3.6 (1958Ba39). δ : others: +0.36 <i>3</i> (1982Mi03), 0.30 +7-2 (1973Sa01), +0.37 <i>6</i> (1980Ka32).
815.772 <i>19</i>	24.4 <i>2</i>	2412.02	3 ⁺	1596.24	2 ⁺	M1+(E2)	-0.03 <i>1</i>	0.00470	$\alpha(\text{K}) = 0.00404$ <i>6</i> ; $\alpha(\text{L}) = 0.000521$ <i>8</i> ; $\alpha(\text{M}) = 0.0001085$ <i>16</i> $\alpha(\text{N}) = 2.41 \times 10^{-5}$ <i>4</i> ; $\alpha(\text{O}) = 3.92 \times 10^{-6}$ <i>6</i> ; $\alpha(\text{P}) = 3.05 \times 10^{-7}$ <i>5</i> E_γ : other: 815.735 <i>40</i> (1970Ke06). Mult.: $\alpha(\text{K})_{\text{exp}} = 0.0042$ <i>4</i> ; $\alpha(\text{L})_{\text{exp}} = 0.0006$ <i>1</i> (1991Ch05), K/L = 7.0 <i>12</i> (1967Ka12). δ : others: +0.007 <i>9</i> (1982Mi03), -0.04 <i>1</i> (1976Ga12,1973Sa01), -0.031 <i>5</i> (1971Wi23), -0.0 (1980Ka32).
867.846 <i>20</i>	5.77 <i>7</i>	2464.09	3 ⁻	1596.24	2 ⁺	E1+M2		0.00120 <i>10</i>	I_γ : $I_\gamma = 24.78$ <i>18</i> in 1977De34 . $\alpha(\text{K}) = 0.00104$ <i>8</i> ; $\alpha(\text{L}) = 0.000131$ <i>12</i> ; $\alpha(\text{M}) = 2.72 \times 10^{-5}$ <i>24</i> $\alpha(\text{N}) = 6.0 \times 10^{-6}$ <i>6</i> ; $\alpha(\text{O}) = 9.8 \times 10^{-7}$ <i>9</i> ; $\alpha(\text{P}) = 7.4 \times 10^{-8}$ <i>7</i> Mult.: $\alpha(\text{K})_{\text{exp}} = 0.0010$ <i>2</i> (1991Ch05). δ : M2 mixing not adopted because is incompatible with the recommended upper limit (RUL) for B(M2)(W.u.). Values: -0.044 <i>20</i> (1991Ch05), +0.04 <i>2</i> (1982Mi03), -0.034 <i>7</i> (1976Ga12), +0.25 <i>2</i> (1973Sa01), -0.031 <i>5</i> (1971Wi23), -0.00 <i>5</i> (1980Ka32).
919.550 <i>23</i>	2.79 <i>3</i>	2515.77	4 ⁺	1596.24	2 ⁺	E2		0.00242	$\alpha(\text{K}) = 0.00207$ <i>3</i> ; $\alpha(\text{L}) = 0.000281$ <i>4</i> ; $\alpha(\text{M}) = 5.87 \times 10^{-5}$ <i>9</i> $\alpha(\text{N}) = 1.298 \times 10^{-5}$ <i>19</i> ; $\alpha(\text{O}) = 2.08 \times 10^{-6}$ <i>3</i> ; $\alpha(\text{P}) = 1.496 \times 10^{-7}$ <i>21</i> Mult.: adopted value (from (n,n' γ), 1993Go23); M1+E2 from $\alpha(\text{K})_{\text{exp}} = 0.0025$ <i>6</i> (1991Ch05) not adopted because it results in ambiguous J^π for parent level. δ : if M1+E2: +2.6 <i>4</i> (1982Mi03 , for J=3); +1.9 +5-4 (1991Ch05) (for J=3 ⁺); $\delta = +0.07$ <i>10</i> (1991Ch05) (for J=4 ⁺); -0.08 +6-2 (1973Sa01).
925.189 <i>21</i>	7.23 <i>7</i>	2521.43	2 ⁺	1596.24	2 ⁺	E2+M1	-0.22 <i>4</i>	0.00344 <i>6</i>	$\alpha(\text{K}) = 0.00296$ <i>5</i> ; $\alpha(\text{L}) = 0.000381$ <i>6</i> ; $\alpha(\text{M}) = 7.92 \times 10^{-5}$ <i>12</i> $\alpha(\text{N}) = 1.76 \times 10^{-5}$ <i>3</i> ; $\alpha(\text{O}) = 2.86 \times 10^{-6}$ <i>5</i> ; $\alpha(\text{P}) = 2.22 \times 10^{-7}$ <i>4</i> Mult.: $\alpha(\text{K})_{\text{exp}} = 0.0026$ <i>3</i> (1991Ch05); K/L = 9 <i>3</i> (1967Ka12); $\alpha(\text{pair})/\alpha(\text{K})_{\text{exp}} = 1.82$ <i>10</i> (1968Be57). δ : others: -0.10 <i>4</i> (1982Mi03), -0.15 <i>7</i> (1973Sa01), -0.16 +7-6 (1980Ka32).
950.987 <i>26</i>	0.544 <i>7</i>	2547.24	1 ⁺	1596.24	2 ⁺	M1+(E2)	+0.01 <i>7</i>	0.00327	$\alpha(\text{K}) = 0.00282$ <i>4</i> ; $\alpha(\text{L}) = 0.000361$ <i>5</i> ; $\alpha(\text{M}) = 7.52 \times 10^{-5}$ <i>11</i> $\alpha(\text{N}) = 1.669 \times 10^{-5}$ <i>24</i> ; $\alpha(\text{O}) = 2.72 \times 10^{-6}$ <i>4</i> ; $\alpha(\text{P}) = 2.12 \times 10^{-7}$ <i>3</i> Mult.: $\alpha(\text{K})_{\text{exp}} = 0.0025$ <i>9</i> . δ : from 1982Mi03 . Others: +0.06 <i>7</i> (1991Ch05), +0.10 <i>3</i> (1976Ga12), +0.06 +3-1 (1980Ka32).
992.9 <i>5</i>	0.014 <i>5</i>	3473.58	3 ⁻	2480.93	4 ⁺				

$\gamma(^{140}\text{Ce})$ (continued)

E_γ ^{†a}	I_γ ^{†ad}	$E_i(\text{level})$	J_i^π	E_f	J_f^π	Mult. ^{‡e}	α ^{b}	$I_{(\gamma+ce)}$ ^{e}	Comments
1045.05 ²⁴	0.026 ¹⁵	3394.86	(4 ⁻)	2349.81	5 ⁺				I_γ : others: 0.016 ⁴ (1982Ad02), 0.024 ⁴ (1980Ka32). $\%I_\gamma=95.40$ ⁸ (1977De34) $\alpha(K)=0.000676$ ¹⁰ ; $\alpha(L)=8.63\times 10^{-5}$ ¹² ; $\alpha(M)=1.79\times 10^{-5}$ ³ $\alpha(N)=3.97\times 10^{-6}$ ⁶ ; $\alpha(O)=6.45\times 10^{-7}$ ⁹ ; $\alpha(P)=4.92\times 10^{-8}$ ⁷ ; $\alpha(\text{IPF})=0.0001128$ ¹⁶ E_γ : from 1982Ad02 . Others: 1596.170 ²⁵ (1970Ke06), 1596.20 ⁴ (1968Gu05). Mult.: $\alpha(K)=0.00069$, $\alpha(L)\text{exp}=0.000071$ ¹¹ , $\alpha(M+...)\text{exp}=0.000012$ ³ (1991Ch05), $K/L=8.2$ ¹⁰ , $\alpha(K)\text{exp}(\text{pair})/\alpha(K)\text{exp}=0.156$ ¹⁵ (1968Be57). I_γ : $I_\gamma=100$ ⁸ in 1977De34 .
1097.20 ²³	0.024 ⁵	3001.12	2 ⁺	1903.32	0 ⁺				
1303.5 ⁴	0.044 ⁷	2899.66	2 ⁺	1596.24	2 ⁺				
1405.20 ¹⁷	0.062 ⁷	3001.12	2 ⁺	1596.24	2 ⁺				
1596.21 ⁴	100.0 ¹⁵	1596.24	2 ⁺	0.0	0 ⁺	E2	8.98×10^{-4}		
1877.29 ¹⁹	0.043 ⁴	3473.58	3 ⁻	1596.24	2 ⁺				I_γ , Mult.: $\text{ce}(K)=0.013$ ¹ , $\text{ce}(L)=0.0013$ ² , $\text{ce}(M+N)=0.00035$ ⁶ , $K/L=10$ ¹ (1991Ch05); $\text{ce}(K)=0.0152$ ¹⁵ ; $K/L=8.4$ ¹⁴ ; $\alpha(K)\text{exp}>11$ (1967Ka12) (if $\text{ce}(K)(1596\gamma)=0.069$ ³); $I_\gamma<0.0014$ (1982Ad02). I_γ : others: 0.006 ² (1982Ad02), 0.014 ³ (1980Ka32). $\alpha(K)=0.001162$ ¹⁷ ; $\alpha(L)=0.0001598$ ²³ ; $\alpha(M)=3.35\times 10^{-5}$ ⁵ $\alpha(N)=7.43\times 10^{-6}$ ¹¹ ; $\alpha(O)=1.198\times 10^{-6}$ ¹⁷ ; $\alpha(P)=8.83\times 10^{-8}$ ¹³ I_γ : from $I(2083\gamma)/I(487\gamma)=0.000254$ ¹⁵ (1978Fa03); others: $I_\gamma=0.031$ ² (1991Ch05), 0.007 ² (1982Ad02), 0.045 ³ (1980Ka32). Mult.: $\alpha(K)\text{exp}=9.78\times 10^{-3}$ ⁸⁴ , $K:L1:M1=63:9:2$ (1958Ba39). $\alpha(K)=0.000333$ ⁵ ; $\alpha(L)=4.15\times 10^{-5}$ ⁶ ; $\alpha(M)=8.60\times 10^{-6}$ ¹² $\alpha(N)=1.91\times 10^{-6}$ ³ ; $\alpha(O)=3.11\times 10^{-7}$ ⁵ ; $\alpha(P)=2.42\times 10^{-8}$ ⁴ ; $\alpha(\text{IPF})=0.000460$ ⁷ Mult.: $\alpha(K)\text{exp}=0.00037$ ⁶ ; $K/L+=6.5$ ¹⁵ (1967Ka12); $\alpha(\text{pair})/\alpha(K)\text{exp}=1.28$ ¹⁹ (1968Be57).
1903.5		1903.32	0 ⁺	0.0	0 ⁺	E0		0.0146 ¹⁵	
1924.62 ¹³	0.014 ²	3520.87	(4 ⁺)	1596.24	2 ⁺				$\alpha(K)=0.001162$ ¹⁷ ; $\alpha(L)=0.0001598$ ²³ ; $\alpha(M)=3.35\times 10^{-5}$ ⁵ $\alpha(N)=7.43\times 10^{-6}$ ¹¹ ; $\alpha(O)=1.198\times 10^{-6}$ ¹⁷ ; $\alpha(P)=8.83\times 10^{-8}$ ¹³ I_γ : from $I(2083\gamma)/I(487\gamma)=0.000254$ ¹⁵ (1978Fa03); others: $I_\gamma=0.031$ ² (1991Ch05), 0.007 ² (1982Ad02), 0.045 ³ (1980Ka32). Mult.: $\alpha(K)\text{exp}=9.78\times 10^{-3}$ ⁸⁴ , $K:L1:M1=63:9:2$ (1958Ba39). $\alpha(K)=0.000333$ ⁵ ; $\alpha(L)=4.15\times 10^{-5}$ ⁶ ; $\alpha(M)=8.60\times 10^{-6}$ ¹² $\alpha(N)=1.91\times 10^{-6}$ ³ ; $\alpha(O)=3.11\times 10^{-7}$ ⁵ ; $\alpha(P)=2.42\times 10^{-8}$ ⁴ ; $\alpha(\text{IPF})=0.000460$ ⁷ Mult.: $\alpha(K)\text{exp}=0.00037$ ⁶ ; $K/L+=6.5$ ¹⁵ (1967Ka12); $\alpha(\text{pair})/\alpha(K)\text{exp}=1.28$ ¹⁹ (1968Be57).
2083.2 ⁵	0.0121 ⁷	2083.26	4 ⁺	0.0	0 ⁺	E4	1.36×10^{-3}		
2347.88 ⁵	0.89 ³	2347.89	2 ⁺	0.0	0 ⁺	E2	8.45×10^{-4}		$\alpha(K)=0.000293$ ⁵ ; $\alpha(L)=3.65\times 10^{-5}$ ⁶ ; $\alpha(M)=7.55\times 10^{-6}$ ¹¹ $\alpha(N)=1.676\times 10^{-6}$ ²⁴ ; $\alpha(O)=2.73\times 10^{-7}$ ⁴ ; $\alpha(P)=2.13\times 10^{-8}$ ³ ; $\alpha(\text{IPF})=0.000542$ ⁸ Mult.: $\alpha(K)\text{exp}=0.00034$ ⁴ ; $K/L=7.7$ ¹⁴ (1967Ka12). $\alpha(K)=0.000318$ ⁵ ; $\alpha(L)=3.97\times 10^{-5}$ ⁶ ; $\alpha(M)=8.24\times 10^{-6}$ ¹² $\alpha(N)=1.83\times 10^{-6}$ ³ ; $\alpha(O)=2.99\times 10^{-7}$ ⁵ ; $\alpha(P)=2.36\times 10^{-8}$ ⁴ ; $\alpha(\text{IPF})=0.000593$ ⁹ Mult.: $\alpha(K)\text{exp}=0.00032$ ⁸ . $\alpha(K)=0.000230$ ⁴ ; $\alpha(L)=2.84\times 10^{-5}$ ⁴ ; $\alpha(M)=5.88\times 10^{-6}$ ⁹ $\alpha(N)=1.306\times 10^{-6}$ ¹⁹ ; $\alpha(O)=2.13\times 10^{-7}$ ³ ; $\alpha(P)=1.669\times 10^{-8}$ ²⁴ ; $\alpha(\text{IPF})=0.000714$ ¹⁰ Mult.: $\alpha(K)\text{exp}=0.00026$ ⁶ .
2464.1 ⁵	0.012 ²	2464.09	3 ⁻	0.0	0 ⁺				
2521.40 ⁵	3.63 ⁴	2521.43	2 ⁺	0.0	0 ⁺	E2	8.81×10^{-4}		$\alpha(K)=0.000293$ ⁵ ; $\alpha(L)=3.65\times 10^{-5}$ ⁶ ; $\alpha(M)=7.55\times 10^{-6}$ ¹¹ $\alpha(N)=1.676\times 10^{-6}$ ²⁴ ; $\alpha(O)=2.73\times 10^{-7}$ ⁴ ; $\alpha(P)=2.13\times 10^{-8}$ ³ ; $\alpha(\text{IPF})=0.000542$ ⁸ Mult.: $\alpha(K)\text{exp}=0.00034$ ⁴ ; $K/L=7.7$ ¹⁴ (1967Ka12). $\alpha(K)=0.000318$ ⁵ ; $\alpha(L)=3.97\times 10^{-5}$ ⁶ ; $\alpha(M)=8.24\times 10^{-6}$ ¹² $\alpha(N)=1.83\times 10^{-6}$ ³ ; $\alpha(O)=2.99\times 10^{-7}$ ⁵ ; $\alpha(P)=2.36\times 10^{-8}$ ⁴ ; $\alpha(\text{IPF})=0.000593$ ⁹ Mult.: $\alpha(K)\text{exp}=0.00032$ ⁸ . $\alpha(K)=0.000230$ ⁴ ; $\alpha(L)=2.84\times 10^{-5}$ ⁴ ; $\alpha(M)=5.88\times 10^{-6}$ ⁹ $\alpha(N)=1.306\times 10^{-6}$ ¹⁹ ; $\alpha(O)=2.13\times 10^{-7}$ ³ ; $\alpha(P)=1.669\times 10^{-8}$ ²⁴ ; $\alpha(\text{IPF})=0.000714$ ¹⁰ Mult.: $\alpha(K)\text{exp}=0.00026$ ⁶ .
2547.34 ¹¹	0.106 ³	2547.24	1 ⁺	0.0	0 ⁺	M1	9.62×10^{-4}		
2899.61 ¹⁶	0.070 ²	2899.66	2 ⁺	0.0	0 ⁺	E2	9.79×10^{-4}		$\alpha(K)=0.000293$ ⁵ ; $\alpha(L)=3.65\times 10^{-5}$ ⁶ ; $\alpha(M)=7.55\times 10^{-6}$ ¹¹ $\alpha(N)=1.676\times 10^{-6}$ ²⁴ ; $\alpha(O)=2.73\times 10^{-7}$ ⁴ ; $\alpha(P)=2.13\times 10^{-8}$ ³ ; $\alpha(\text{IPF})=0.000542$ ⁸ Mult.: $\alpha(K)\text{exp}=0.00034$ ⁴ ; $K/L=7.7$ ¹⁴ (1967Ka12). $\alpha(K)=0.000318$ ⁵ ; $\alpha(L)=3.97\times 10^{-5}$ ⁶ ; $\alpha(M)=8.24\times 10^{-6}$ ¹² $\alpha(N)=1.83\times 10^{-6}$ ³ ; $\alpha(O)=2.99\times 10^{-7}$ ⁵ ; $\alpha(P)=2.36\times 10^{-8}$ ⁴ ; $\alpha(\text{IPF})=0.000593$ ⁹ Mult.: $\alpha(K)\text{exp}=0.00032$ ⁸ . $\alpha(K)=0.000230$ ⁴ ; $\alpha(L)=2.84\times 10^{-5}$ ⁴ ; $\alpha(M)=5.88\times 10^{-6}$ ⁹ $\alpha(N)=1.306\times 10^{-6}$ ¹⁹ ; $\alpha(O)=2.13\times 10^{-7}$ ³ ; $\alpha(P)=1.669\times 10^{-8}$ ²⁴ ; $\alpha(\text{IPF})=0.000714$ ¹⁰ Mult.: $\alpha(K)\text{exp}=0.00026$ ⁶ .

¹⁴⁰La β⁻ decay [1982Ad02](#),[1991Ch05](#) (continued)

γ(¹⁴⁰Ce) (continued)

E_γ ^{‡a}	I_γ ^{†ad}	E_i (level)	J_i^π	E_f	J_f^π	Mult. ^{#&}	α ^b	Comments
3118.51 16	0.026 1	3118.55	2 ⁺	0.0	0 ⁺	(E2)	1.04×10 ⁻³	$\alpha(K)=0.000203$ 3; $\alpha(L)=2.50\times10^{-5}$ 4; $\alpha(M)=5.18\times10^{-6}$ 8 $\alpha(N)=1.149\times10^{-6}$ 16; $\alpha(O)=1.87\times10^{-7}$ 3; $\alpha(P)=1.472\times10^{-8}$ 21; $\alpha(IPF)=0.000808$ 12 Mult.: $\alpha(K)_{\text{exp}}=0.00025$ 10; $\alpha(\text{pair})/\alpha(K)_{\text{exp}}=2.77$ 78 (1968Be57).
3320.4 6	0.0040 3	3320.4	2 ⁺	0.0	0 ⁺	(E2)	1.10×10 ⁻³	$\alpha(K)=0.000182$ 3; $\alpha(L)=2.24\times10^{-5}$ 4; $\alpha(M)=4.64\times10^{-6}$ 7 $\alpha(N)=1.030\times10^{-6}$ 15; $\alpha(O)=1.680\times10^{-7}$ 24; $\alpha(P)=1.322\times10^{-8}$ 19; $\alpha(IPF)=0.000892$ 13 Mult.: $\alpha(K)_{\text{exp}}=0.00021$ 15; $\alpha(\text{pair})/\alpha(K)_{\text{exp}}=4.2$ 28 (1968Be57).

[†] From [1991Ch05](#), except where noted.

[‡] From [1982Ad02](#), except where noted.

[#] K/L, L1:L2:L3, M1:M2:M3 from [1967Ka12](#).

[@] From $\gamma\gamma(\theta)$ and $\alpha(K)_{\text{exp}}$ ([1991Ch05](#)).

[&] $\alpha(K)_{\text{exp}}$ from [1991Ch05](#) were normalized to $\alpha(K)(E2)=0.000696$ for 1596γ.

^a [1986Ha20](#) also reported additional γ's: 20.7 (0.011 1), 167.89, 411.9 (0.054 2), 468.6 (0.004 2), 668.85 (0.038 1), 700.29 (0.014 1), 721.09 (0.030 1), 976.69 (0.044 1), 995.7 (0.020 1), 1009.8 (0.014 1), 1061.88 (0.045 1), 1150.18 (0.023 1), 1214.9 (0.076 2) not included in the present adopted β⁻ decay scheme.

^b [Additional information 1](#).

^c If no value given it was assumed δ=1.00 for E2/M1, δ=1.00 for E3/M2 and δ=0.10 for the other multipolarities.

^d For absolute intensity per 100 decays, multiply by 0.9540 8.

^e Absolute intensity per 100 decays.

$^{140}\text{La} \beta^-$ decay 1982Ad02,1991Ch05

Decay Scheme

Intensities: Relative I_γ

Legend

- $\longrightarrow$ $I_\gamma < 2\% \times I_\gamma^{\max}$
 $\longrightarrow$ $I_\gamma < 10\% \times I_\gamma^{\max}$
 $\longrightarrow$ $I_\gamma > 10\% \times I_\gamma^{\max}$

