

Adopted Levels, Gammas

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	N. Nica	NDS 154, 1 (2018)	20-Nov-2018

Q(β⁻)=-3388 6; S(n)=9200 7; S(p)=8138.8 17; Q(α)=-1614.1 16 2017Wa10
 Measured nuclear charge radii and isotopes shifts: 2000Ga58, 1999GaZU, 1999Is02, 1997Is06, 1997IsZY.

¹⁴⁰Ce Levels

Cross Reference (XREF) Flags

A	¹⁴⁰ La β ⁻ decay	H	¹⁴⁰ Ce(γ,γ')	O	¹⁴¹ Pr(d, ³ He)
B	¹⁴⁰ Pr ε decay	I	¹⁴⁰ Ce(e,e')	P	¹⁴² Ce(p,t)
C	¹⁴⁴ Nd α decay	J	¹⁴⁰ Ce(n,n'γ)	Q	¹⁴² Nd(¹⁴ C, ¹⁶ O)
D	¹³⁸ Ba(³ He,n)	K	¹⁴⁰ Ce(p,p')	R	¹⁴³ Nd(n,α),(n,αγ)
E	¹³⁸ Ba(α,2nγ)	L	¹⁴⁰ Ce(α,α')	S	¹⁴⁴ Nd(d, ⁶ Li)
F	¹³⁸ Ce(t,p)	M	¹⁴⁰ Ce(α,α'γ)	T	²³⁸ U(¹² C,Fγ)
G	¹³⁹ La(³ He,d)	N	¹⁴⁰ Ce(¹⁷ O, ¹⁷ O'γ)	U	Coulomb excitation

E(level) ^{†‡}	J ^π	T _{1/2}	XREF	Comments
0.0 ^f	0 ⁺	stable	ABCDEFGHIJKLMNQRSTU	
1596.233 ^f 23	2 ⁺	0.0910 ps +48-44	AB DEFGHIJKL NOPQRSTU	μ=+1.9 2 (2014StZZ) T _{1/2} : from 2016Pr01 (weighted average of 12 measured values). J ^π : L=2 in (p,p'). μ: measured by transient field integral perturbed angular correlation (1991Ba38). RMS charge radius <r ² > ^{1/2} =4.8771 fm 18 (2013An02). J ^π : transition to 0 ⁺ is E0. T _{1/2} : from ¹³⁸ Ba (α,2nγ) (1984Ju01). Others: 0.27 ns 5 (1965Sa03), <0.6 ns (1966Bu19) (from ¹⁴⁰ La β ⁻ decay);
1903.31 6	0 ⁺	0.40 ns 3	AB EF JK NOP R	μ=+4.20 15 Q=0.35 7 (2013StZZ,2014StZZ) J ^π : γ to 0 ⁺ is E4. T _{1/2} : weighted average of 3.45 ns 9 (1971Bo13), 3.44 ns 6 (1962Cu02), 3.46 ns 3 (1963Do16) (¹⁴⁰ La β ⁻ decay). Others: 3.40 ns 9 (1989Ka01); 3.3 ns 2 (1993Gr08); 2.0 ns 4 from Γ in (e,e'); 3.7 ns 2 (1985PrZY), 4 ns 1 (1970Sm05) (α,2nγ). μ: weighted average of values: +4.00 20 (2013Oh03), 4.06 15 (1965Le16), 3.8 4 (1964Sc16), 4.44 16 (1963Ko07) 4.6 3 (1963Ka03); all measured by time dependent perturbed angular correlation; 1965Le16 also by integral perturbed angular correlation. Q: measured by time dependent perturbed angular correlation (1973KIZV).
2083.259 ^f 24	4 ⁺	3.45 ns 3	A E G IJKL OPQR T	J ^π : γ to 0 ⁺ is E4. T _{1/2} : weighted average of 3.45 ns 9 (1971Bo13), 3.44 ns 6 (1962Cu02), 3.46 ns 3 (1963Do16) (¹⁴⁰ La β ⁻ decay). Others: 3.40 ns 9 (1989Ka01); 3.3 ns 2 (1993Gr08); 2.0 ns 4 from Γ in (e,e'); 3.7 ns 2 (1985PrZY), 4 ns 1 (1970Sm05) (α,2nγ). μ: weighted average of values: +4.00 20 (2013Oh03), 4.06 15 (1965Le16), 3.8 4 (1964Sc16), 4.44 16 (1963Ko07) 4.6 3 (1963Ka03); all measured by time dependent perturbed angular correlation; 1965Le16 also by integral perturbed angular correlation. Q: measured by time dependent perturbed angular correlation (1973KIZV).
2107.854 ^f 24	6 ⁺	7.3 μs 15	A E IJ OP T	J ^π : γ to 4 ⁺ is E2, σ(θ) in (e,e') (1985HeZW). T _{1/2} : from ¹³⁸ Ba(α,2nγ) (1969Iv02); others: 8 μs (1966SuZY), 7 μs 2 (γ,n) (1964Kr02).
2347.881 24	2 ⁺	≤0.2 ns	AB E IJ L O R	J ^π : γ to 0 ⁺ is E2. T _{1/2} : from ¹⁴⁰ La β ⁻ (1993Gr08,1990PeZR); other value: ≥0.62 ps (19933Go23, (n,n'γ)).
2349.805 25	5 ⁺	≤12 ps	A E IJ L O R	T _{1/2} : from ¹⁴⁰ La β ⁻ (1995Ma75). J ^π : γ to 6 ⁺ is M1(+E2), γ to 4 ⁺ is M1+E2.

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Adopted Levels, Gammas (continued) ^{140}Ce Levels (continued)

E(level) ^{†‡}	J ^π	T _{1/2}	XREF						Comments
2412.013 24	3 ⁺	1.3 ps 4	A	E G	J	O	R	T _{1/2} : from ^{140}La β ⁻ decay (1995Ma75); other value: ≥ 1.1 ps (19933Go23, (n,n'γ)).	
2464.08 3	3 ⁻	0.15 ps 3	A	EFG	IJKL	N	PQR	U	J ^π : γ to 2 ⁺ , 2348 is M1, γ to 4 ⁺ is M1+E2. J ^π : L=3 in (p,p'), (α,α'). T _{1/2} : from Γ(0)=6.2×10 ⁻⁶ 7 in (e,e') (1970Pi06) and adopted branching=0.0021 3. For T _{1/2} from Coul ex see 1963Ha20. 1965Mc05, however, noticed that B(E3) in 1963Ha20 usually are 3-4 times too high; T _{1/2} ≤0.1 ns in 1993Gr08.
2480.925 24	4 ⁺	22 ps 7	A	E	J			J ^π : γ to 3 ⁺ is M1, γ to 5 ⁺ is M1+E2.	
2515.76 3	4 ⁺	≤2.5 ps	A	E G	J	OP	R	T _{1/2} : from ^{140}La β ⁻ decay (1995Ma75). J ^π : ΔJ=0 M1+E2 γ to 4 ⁺ and E2 γ to 2 ⁺ in (n,n'γ) (1993Go23). This removes the ambiguous 3 ⁺ ,4 ⁺ adopted by 1994Pe19, because M1+E2 γ to 4 ⁺ agreed only with J=3 (β ⁻ decay, (γγ)(θ) for 432γ (1982Mi03)); and γ(θ) for 919γ in (n,n'γ) agree only with J=4 (1985Di11).	
2521.428 24	2 ⁺	≤2.4 ps	AB	DE G	J	OP		T _{1/2} : from ^{140}La β ⁻ decay (1995Ma75); other value: ≥ 0.62 ps (19933Go23, (n,n'γ)).	
2547.23 4	1 ⁺	0.19 ps +11-5	AB		J		R	J ^π : γ to 0 ⁺ , g.s. is E2. J ^π : γ to 0 ⁺ , g.s. is M1. T _{1/2} : from (n,n'γ) (1993Go23); other value: ≤ 4.0 ps from ^{140}La β ⁻ decay (1995Ma75).	
2628.81 4	6 ⁺			E G	J			J ^π : γ to 6 ⁺ is ΔJ=0, M1+E2 in (n,n'γ).	
2658.3? 10				E	J				
2899.59 4	2 ⁺	49 fs 9	AB		GHIJKL	OP		J ^π : γ to 0 ⁺ is E2. T _{1/2} : from 1993Go23 in (n,n'γ); other values: 67 fs 16 (from Γ(0)=0.004 eV 9 with branching=0.59 3 in (γ,γ'), 1995He25); 28 fs 2 (from Γ(0)=0.0095 eV 4, same branching, in (e,e')).	
3001.12 14	2 ⁺	0.16 ps +10-5	A		J	O		J ^π : γ to 0 ⁺ , 1903; γ to 2 ⁺ , 1596 is M1+E2, γ(θ) in (n,n'γ) rejects J=1.	
3016.9 5	0 ⁺	≥0.14 ps	B	F	J	P		T _{1/2} : from 1993Go23 in (n,n'γ). J ^π : γ to 0 ⁺ is E0.	
3039.0 4	3 ⁻				J L			T _{1/2} : from 1993Go23 in (n,n'γ). Additional information 1.	
3118.55 16	2 ⁺	27.5 fs 85	AB	FGHIJKL	NOP			E(level): no suitable γ rays to decay this level were found by 1993Go23 in (n,n'γ) that conclude that this level is inexsistent. However this might be the level populated by 808γ. J ^π : L=3 in (α,α'). J ^π : L=2 in (α,α').	
3120.34? 20	2 ⁺				J			T _{1/2} : mean value with unc covering the values of 0.019 ps 3 ((n,n'γ), 1993Go23) and 0.036 ps 3 (from Γ(0)=0.0129 eV 10 (2006Vo11) in (γ,γ')). Extra 2 ⁺ level found only by 1985Di11 about 2 keV higher in energy than the previous 2 ⁺ , 3118.5 level found only by 1993Go23, both levels being mainly determined by a γ transition to g.s., which suggests that this can be a same level.	
3122.11 5	4 ⁺				J			J ^π : E2 γ to g.s. J ^π : E2 γ to 2 ⁺ and γ to 5 ⁺ .	
3168.3? 10				E	J				
3219.95 11	(0 ⁺)				J			J ^π : postulated by 1993Go23 based on expected intensity rules.	
3226 2	0 ^{+#}			F		P			

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Adopted Levels, Gammas (continued) ^{140}Ce Levels (continued)

E(level) ^{†‡}	J ^π	T _{1/2}	XREF	Comments
3255.70 5	5 ⁻ &		E G JKL	
3319.65 6	2 ⁺	58 fs +19-12	AB HIJ	J ^π : from analysis of $\sigma(\theta)$ in (e,e') (1970Pi06). T _{1/2} : from 1993Go23 in (n,n'γ); other values: 154 fs 38 (from Γ(0)=0.0030 eV 3, no branching, in (γ,γ') (1995He25)); 35 fs 7 (from Γ(0)=0.019 eV 4, no branching, in (e,e')).
3335.47 11	4 ⁺		FG J L P	J ^π : L=4 in (α,α').
3360.24 18			J	
3391.09 8			E J	J ^π : γ's to 2 ⁺ and 4 ⁺ .
3394.92 7	(4 ⁻)@	0.042 ps +49-21	A G JK	
3395.1? 10	(4 ⁺) ^a		E	
3408.02 15	(2 ⁺)	≥0.062 ps	J	J ^π : assigned by 1993Go23 as (1,2 ⁺) from γ to 0 ⁺ g.s.; γ's to 3 ⁺ and 3 ⁻ are likely to exclude J=1. T _{1/2} : from 1993Go23 in (n,n'γ).
3424.6 3	7 ⁻		E G IJ P T	J ^π : γ to 6 ⁺ is ΔJ=1, E1.
3432.8 10	7 ⁺		E	J ^π : γ to 5 ⁺ is ΔJ=2, E2; no γ to J<5.
3436.54 7	(2 ⁺ ,1)		J	J ^π : γ's to 0 ⁺ and 2 ⁺ .
3471.21 11	(2 ⁺)	0.097 ps +76-35	J	J ^π : (E2) γ to 0 ⁺ . T _{1/2} : from 1993Go23 in (n,n'γ).
3473.75 4	3 ⁻ @	0.066 ps +21-13	A G JK	T _{1/2} : from 1993Go23 in (n,n'γ).
3476.3 3	8 ⁻ ^a		E	T
3484.2 10	6 ⁺ ^a		E	
3491.2? 3			J	E(level): uncertain level by 1993Go23 in (n,n'γ) due to relatively weak population.
3492.23 25	9 ⁻ ^a	1.7 ns 2	E	T T _{1/2} : from (α,2nγ) (1984En01,1985PrZY).
3512.3 ^f 3	8 ⁺ ^a		E	T
3520.87 14	(4 ⁺)		A	J ^π : L=(4) in (α,α').
3522.2 10	(5)		E G	
3534.6 10	(3,4) ^a		E L	
3539.1 3	2 ⁺	≥0.21 ps	J	J ^π : E2 γ to 0 ⁺ g.s. T _{1/2} : from 1993Go23 in (n,n'γ).
3551 3	2 ⁺ ,3 ⁻ #		F K P	
3567.5 3	(2 ⁺)		J	J ^π : γ's to 0 ⁺ and 4 ⁺ .
3602			I	
3620.7 6	8 ⁺ ^a		E	
3642.8 3	1 ⁻	1.45 fs 19	H J MN	J ^π : γ to 0 ⁺ is E1. T _{1/2} : from (γ,γ'). Other value: ≤ 1.7 fs in (n,n'γ) (1993Go23).
3646.7 6	(1,2 ⁺)	≥0.062 ps	J	J ^π : γ to 0 ⁺ . T _{1/2} : from 1993Go23 in (n,n'γ).
3648.23 14	(2 ⁺ ,3,4 ⁺)		J	J ^π : γ's to 2 ⁺ and 4 ⁺ .
3653 3	2 ⁺ ,3 ⁻ #		F K P	
3657.64? 18	(4 ⁺ ,5,6 ⁺)		J	E(level): uncertain level by 1993Go23 in (n,n'γ) due to relatively weak population. J ^π : γ's to 6 ⁺ and 4 ⁺ .
3661.5 10	(7,8)		E	
3684.2 6	(1 ⁻ ,2 ⁺)		J	J ^π : γ's to 0 ⁺ and 3 ⁻ .
3708.60 13	(2 ⁺)		J	J ^π : γ's to 0 ⁺ and 4 ⁺ .
3710 4	5 ⁻ @		FG K P	
3714.3 ^f 3	10 ⁺ ^a	23.1 ns 4	E	T μ=+10.3 4 (2014StZZ,1988Ka04) T _{1/2} : from 1984En01. Others: 26 ns 2 (1979BiZN), 27 ns 3 (1985PrZY), 22 ns 2 (1970Sm05) (α,2nγ). μ: measured by time dependent perturbed angular correlation.

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Adopted Levels, Gammas (continued) ^{140}Ce Levels (continued)

E(level) ^{†‡}	J ^π	T _{1/2}	XREF		Comments
3723.54 17	(2 ⁺)	≥0.097 ps		J	J ^π : (E2) γ to 0 ⁺ g.s.
3729 2	2 ⁺		F	P	J ^π : L=2 in (t,p).
3735.3 4	(1,2 ⁺)			J	J ^π : γ to 0 ⁺ g.s.
3746 2			F	P	
3767.97 10	(2 ⁺ ,3 ⁺ ,4 ⁺)			J	J ^π : γ's to 1 ⁺ , 2 ⁺ and 4 ⁺ .
3780	(3 ⁺ ,4 ⁺)		FG		J ^π : L=0 component in (³ He,d).
3792.72 15	3 ⁻ @			JK P	
3836.1? 5	(2 ⁺ ,3,4 ⁺)			J	J ^π : γ's to 2 ⁺ and 4 ⁺ .
3847.10 14	(4 ⁺ ,5,6 ⁺)			J	J ^π : γ's to 6 ⁺ and 4 ⁺ .
3853.2 5	(1,2 ⁺)			J	J ^π : γ to 0 ⁺ g.s.
3879.3 8	(1,2 ⁺)			J	J ^π : γ to 0 ⁺ g.s.
3894.5 6	9 ⁺ ^a		E		
3910.93 23				J	
3911 10	5 ⁻		FG	P	J ^π : 4 ⁺ ,5 ⁻ from L in (p,t) (1977Sh06); 4 ⁺ excluded from L=5 in ¹³⁹ La(³ He,d).
3912 4	2 ⁻ @			K	
3956 4				K	
3957.93 18				J	
3970.8? 10			E		
3980	3 ⁻			L P	J ^π : L=3 from (α,α').
3984.20 16	(2 ⁺ ,3,4 ⁺)			J	J ^π : γ's to 2 ⁺ and 4 ⁺ .
4000 4	4 ⁻ @			K	
4017 10			G	P	
4053	(1) ^d			H	
4061				I	
4125 10	2 ⁺ #		d FG	P	J ^π : L=2 in (³ He,n).
4158 4	2 ⁻ @		d	K	
4164.0 3	(1,2 ⁺)			J	J ^π : γ to 0 ⁺ g.s.
4171.1 7	(2 ⁺ ,1)		FG	J	J ^π : γ's to 0 ⁺ and 2 ⁺ .
4173.6 8	1 ⁽⁻⁾ ^b	3.6 ^e fs 7	H	MN	
4182 4	1 ⁻ @			K	
4183 10	2 ⁺ ,(3 ⁻ ,4 ⁺)			P	J ^π : L=2,(3,4) in (p,t).
4208 6				K	
4242 10	2 ⁺		FG	P	J ^π : 2 ⁺ ,1 ⁻ from L(p,t)=1,2; 1 ⁻ excluded from L(³ He,d)=0.
4262.5 7	10 ⁺ ^a		E		
4279.9 4	(2 ⁺ ,3,4 ⁺)			J	J ^π : γ's to 2 ⁺ and 4 ⁺ .
4296 6	3 ⁻ ,4 ⁺ #			I K P	
4331	(1) ^d			H	
4340 10	(1 ⁻)@			K P	
4354.9 7	1 ^d	3.7 ^e fs 8	H	N	
4360 10	+		G	P	J ^π : L=2 in (³ He,d).
4364 4	1 ⁻ @			K	
4371	(1) ^d			H	
4388	(1) ^d			H	
4424 4	2 ⁺ ,3 ⁻ #			K P	
4437	(1) ^d			H	
4448.5 11	(9,11) ^a		E		
4450 10				K	
4485 10				K	
4514.9 9	1 ⁽⁻⁾ ^b	2.7 ^e fs 5	H	MN	
4538 4	3 ⁻ @			K P	

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Adopted Levels, Gammas (continued) ^{140}Ce Levels (continued)

E(level) ^{†‡}	J ^π	T _{1/2}	XREF	Comments
4571.3? 13	(8 ⁺ ,10 ⁺)		E	
4580 4	2 ⁻ @		K	
4640 10			K	
4655	(1) ^d		H	
4660 15			K	
4700 10			I K	
4720 15			K	
4748 4	2 ⁻ @		K P	
4760 15			K	
4770 10	1 ⁻ @		K	
4787.8 9	1 ⁽⁻⁾ b	2.3 ^e fs 4	H MN	
4790 15			K	
4827 10	2 ⁺ ,3 ⁻ #			P
4851.1 ^f 4	12 ⁺ a		E	T
4860 10			K	
4875	(1) ^d		H	
4880 15			K	
4883	(1) ^d		H	
4904.6 5	11 ⁻ a		E	T
4910 15			K	
4951	(1) ^d		H	
4958.0 8	(11 ⁺) ^a		E	
4979 10	2 ⁺ ,3 ⁻ #			N P
5000 15			K	
5026 6	2 ⁻ ,3 ⁻ @		I K	
5050 15			K	
5069.5 11	(9,11) ^a		E	
5093.4 7	(12 ⁻) ^a		E	T
5101 10	≥5 [#]		K P	Additional information 2.
5102.1 5	13 ⁻ a		E	T
5140 15			K	
5157.3 12	1 ⁽⁻⁾ b	2.6 ^e fs 5	H M p	XREF: p(5160).
5160 15			K n p	XREF: n(5170).
5190.2 10	1 ⁽⁻⁾ b	2.1 ^e fs 4	H Mn	XREF: n(5170).
5196 6	2 ⁻ ,3 ⁻ @		K	
5211.6 14	1 ⁽⁻⁾ b	3.6 ^e fs 9	H MN	
5230 15			K P	J ^π : L(p,t)=2,3,4.
5245	(1) ^d		H	
5295 10	5 ⁻ ,6 ⁺ #			P
5330	(1) ^d		H	
5335.0 9	(12 ⁻) ^a		E	
5337.3 9	1 ⁽⁻⁾ b	1.8 ^e fs 4	H MN	
5377 10	4 ⁺ ,5 ⁻ #		I	P
5419.0 4	(14 ⁻) ^c			T
5424 6	2 ⁻ ,3 ⁻ @		K	
5449 10				P
5466 6	2 ⁻ ,3 ⁻ @		K	
5470	(1) ^d		H	
5494	(1) ^d		H	

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Adopted Levels, Gammas (continued) ^{140}Ce Levels (continued)

E(level) ^{†‡}	J ^π	T _{1/2}	XREF		Comments
5548.4 7	1(-) ^b	0.97 ^e fs 17	H	Mn	XREF: n(5560).
5573.8 14	1(-) ^b	1.7 ^e fs 4	H	Mn	XREF: n(5560).
5574 15	(0 ⁺) [#]			P	
5624	(1) ^d		H		
5650 15	2 ⁺ ,3 ⁻ [#]			P	
5659.9 6	1 ⁻	0.0121 eV 29	H	MN	T _{1/2} : from (γ,γ') (1974Te01,1972Wo21). J ^π : γ to 0 ⁺ is E1.
5693.3 5				T	
5703 15	1 ⁻ ,2 ⁺ [#]			P	
5721	(1) ^d		H		
5759	(1) ^d		H		
5789 15				P	J ^π : L(p,t)=2,3,4.
5809	(1) ^d		H		
5823	(1) ^d		H		
5896 15	1 ⁻ ,2 ⁺ [#]			P	
5928.6 10	1(-) ^b	1.16 ^e fs 24	H	M	
5940	(1) ^d		H		
5989 15	(3 ⁻ ,4 ⁺) [#]			P	
6029	(1) ^d		H		
6078 15	2 ⁺ ,3 ⁻ [#]			P	
6119.1 15	1 ⁻ ^d	0.69 ^e fs 12	H		
6130.6 12	1 ^d	1.5 ^e fs 3	H		
6161.7 14	1(-) ^b	1.08 ^e fs 20	H	MN	
6187 15	2 ⁺ ,3 ⁻ [#]			P	
6226	(1) ^d		H		
6233				I	
6245	(1) ^d		H		
6255	(1) ^d		H		
6268 15				P	J ^π : L(p,t)=3,4,5.
6273.6 10	1 ^d	1.05 ^e fs 20	H		
6295.3 8	1 ⁻ ^d	0.46 ^e fs 8	H		
6303.6 3	(15 ⁻) ^c			T	
6327.8 12	1 ^d	1.3 ^e fs 5	H		
6343.3 11	1 ^d	0.78 ^e fs 15	H		
6352.7 10	1 ^d	0.69 ^e fs 13	H		
6364 15	3 ⁻ ,4 ⁺ [#]			P	
6397.2 8	1 ⁻ ^d	0.28 ^e fs 5	H		
6439.9 14	1(-) ^d	0.53 ^e fs 9	H		
6449.9 15	1(-) ^d	0.90 ^e fs 18	H		
6458.5 15	1(-) ^d	1.00 ^e fs 20	H		
6484.8 10	1 ^d	1.00 ^e fs 20	H		
6497.0 7	1 ⁻ ^d	0.33 ^e fs 6	H		
6535.8 6	1 ⁻ ^d	0.22 ^e fs 3	H		
6549.1 11	1 ^d	1.3 ^e fs 3	H		
6574.9 15	1 ^d	1.16 ^e fs 23	H		
6605.5 10	1(-) ^d	0.69 ^e fs 12	H		

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Adopted Levels, Gammas (continued) ^{140}Ce Levels (continued)

E(level) ^{†‡}	J ^π	T _{1/2}	XREF	Comments
6616.2 10	1 ^{(-)d}	0.74 ^e fs 13	H	
6678			I	
6771.7 14	(2 ⁺) ^d		H	
6781.9 15	1 ^d	0.85 ^e fs 19	H	
6796.6 5	(16 ⁻) ^c			T
6841.8 12	1 ^d	0.79 ^e fs 22	H	
6862.4 7	1 ^{-d}	0.24 ^e fs 4	H	
6889.2 8	(15,16) ^c			T
6905.9 15	1 ^d	0.45 ^e fs 10	H	
6932.6 14	1 ^d	0.52 ^e fs 11	H	
6960.4 12	1 ^d	0.47 ^e fs 10	H	
7038.2 6	(17 ⁻) ^c			T
7050			I	
7206.0 14	1 ^d	0.31 ^e fs 5	H	
7214.8 15	1 ^d	0.34 ^e fs 6	H	
7341.5 14	1 ^d	0.9 ^e fs 2	H	
7370	0 ⁺		D	J ^π : L=0 in (³ He,n).
7673.4 12	1 ^d	0.76 ^e fs 18	H	

[†] From least-squares fit to γ energies.

[‡] [Additional information 3](#).

From L in (p,t) ([1977Sh06](#)).

@ From analysis of (p,p') via IAR decay ([1969He13,1970He05](#)).

& From L in (p,p') ([1977Sh06](#)).

^a From multiplicities deduced from $\alpha(K)\text{exp}$ and $\gamma(\theta)$ in ($\alpha,2n\gamma$) ([1979BiZN](#)).

^b From $^{140}\text{Ce}(\alpha,\alpha'\gamma)$ dataset based on measured γ -ray multiplicity ($\alpha\gamma(\theta)$); only natural parities are excited under the kinematic conditions of the experiment.

^c From $^{238}\text{U}(^{12}\text{C},F\gamma)$ dataset tentatively assigned by [2012As06](#) based on the following criteria: (i) Spin values increase with excitation energy, (ii) High-energy (low-energy) transitions likely have an E2 (M1) character, and (iii) Measured branching ratios as well as the existence or the absence of cross-over transitions place some conditions on the multiplicities.

^d Based on measured multipolarity and parity of γ -ray that decays to 0⁺ g.s. in $^{140}\text{Ce}(\gamma,\gamma')$ dataset.

^e From $^{140}\text{Ce}(\gamma,\gamma')$ dataset, deduced from Γ_0^2/Γ values in [2006Vo11](#), when available, assuming $\Gamma_0=\Gamma$ based on the observation of only the ground-state transitions. As no transitions other than those to the ground-state were observed, it is a reasonable approximation.

^f Band(A): g.s. band.

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$										
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	δ^{cg}	α^f	$I_{(\gamma+ce)}^e$	Comments
1596.233	2 ⁺	1596.210 35	100	0.0	0 ⁺	E2		8.98×10^{-4}		B(E2)(W.u.)=13.9 7 $\alpha(\text{K})=0.000676$ 10; $\alpha(\text{L})=8.63 \times 10^{-5}$ 12; $\alpha(\text{M})=1.79 \times 10^{-5}$ 3 $\alpha(\text{N})=3.97 \times 10^{-6}$ 6; $\alpha(\text{O})=6.45 \times 10^{-7}$ 9; $\alpha(\text{P})=4.92 \times 10^{-8}$ 7; $\alpha(\text{IPF})=0.0001128$ 16 $\alpha(\text{K})=0.0365$ 6; $\alpha(\text{L})=0.00697$ 10; $\alpha(\text{M})=0.001498$ 22 $\alpha(\text{N})=0.000327$ 5; $\alpha(\text{O})=4.98 \times 10^{-5}$ 7; $\alpha(\text{P})=2.42 \times 10^{-6}$ 4 B(E2)(W.u.)=7.4 10
1903.31	0 ⁺	306.9 2	100	1596.233	2 ⁺	E2		0.0454		$\rho^2=13.5 \times 10^{-3}$ 13 (2005Ki02). $I_{(\gamma+ce)}$: ce(K)=1.52 15 if ce(K)(1596 γ)=6.9 4 (¹⁴⁰ La β^- , 1967Ka12). More recent measurements of ce(K) are reflected in ρ^2 , but ce(K) was not given (¹⁴⁰ La ϵ , 1984Ju01).
		1903.5		0.0	0 ⁺	E0			57 17	
2083.259	4 ⁺	487.021 12	100.0 13	1596.233	2 ⁺	E2		0.01159		B(E2)(W.u.)=0.1370 12 $\alpha(\text{K})=0.00966$ 14; $\alpha(\text{L})=0.001527$ 22; $\alpha(\text{M})=0.000324$ 5 $\alpha(\text{N})=7.11 \times 10^{-5}$ 10; $\alpha(\text{O})=1.113 \times 10^{-5}$ 16; $\alpha(\text{P})=6.77 \times 10^{-7}$ 10
		2083.2 5	0.03 2	0.0	0 ⁺	E4		1.36×10^{-3}		$\alpha(\text{K})=0.001162$ 17; $\alpha(\text{L})=0.0001598$ 23; $\alpha(\text{M})=3.35 \times 10^{-5}$ 5 $\alpha(\text{N})=7.43 \times 10^{-6}$ 11; $\alpha(\text{O})=1.198 \times 10^{-6}$ 17; $\alpha(\text{P})=8.83 \times 10^{-8}$ 13 B(E4)(W.u.)=14 10
2107.854	6 ⁺	24.595 4	100	2083.259	4 ⁺	E2		697		B(E2)(W.u.)=0.29 +8-5 $\alpha(\text{L})=545$ 8; $\alpha(\text{M})=122.0$ 18 $\alpha(\text{N})=25.9$ 4; $\alpha(\text{O})=3.52$ 5; $\alpha(\text{P})=0.000945$ 14
2347.881	2 ⁺	445.5 5	0.07 2	1903.31	0 ⁺	[E2]		0.01486		$\alpha(\text{K})=0.01232$ 18; $\alpha(\text{L})=0.00201$ 3; $\alpha(\text{M})=0.000427$ 7 $\alpha(\text{N})=9.36 \times 10^{-5}$ 14; $\alpha(\text{O})=1.458 \times 10^{-5}$ 21; $\alpha(\text{P})=8.56 \times 10^{-7}$ 13
		751.637 18	100 1	1596.233	2 ⁺	M1+E2	+0.38 4	0.00548 9		$\alpha(\text{K})=0.00471$ 8; $\alpha(\text{L})=0.000613$ 10; $\alpha(\text{M})=0.0001277$ 20 $\alpha(\text{N})=2.83 \times 10^{-5}$ 5; $\alpha(\text{O})=4.60 \times 10^{-6}$ 8; $\alpha(\text{P})=3.54 \times 10^{-7}$ 6 δ : +0.31 +34-14 (1985Di11), +1.15 +33-25 (1985Di11), +0.5 +6-2 (1993Go23), all in (n,n' γ).
		2347.88 5	19.6 7	0.0	0 ⁺	E2		8.45×10^{-4}		$\alpha(\text{K})=0.000333$ 5; $\alpha(\text{L})=4.15 \times 10^{-5}$ 6; $\alpha(\text{M})=8.60 \times 10^{-6}$ 12

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)									
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	$\delta^{c,g}$	α^f	Comments
2349.805	5 ⁺	241.933 30	88.9 17	2107.854	6 ⁺	M1+E2	-0.04 ^d +3-6	0.1020	$\alpha(\text{N})=1.91\times 10^{-6}$ 3; $\alpha(\text{O})=3.11\times 10^{-7}$ 5; $\alpha(\text{P})=2.42\times 10^{-8}$ 4; $\alpha(\text{IPF})=0.000460$ 7 $\alpha(\text{K})=0.0872$ 13; $\alpha(\text{L})=0.01171$ 17; $\alpha(\text{M})=0.00245$ 4 $\alpha(\text{N})=0.000543$ 8; $\alpha(\text{O})=8.81\times 10^{-5}$ 13; $\alpha(\text{P})=6.70\times 10^{-6}$ 10 δ : -0.19 10 ((n,n' γ), 1993Go23).
		266.543 12	100.0 16	2083.259	4 ⁺	M1+E2	-0.04 ^d 4	0.0787	$\alpha(\text{K})=0.0673$ 10; $\alpha(\text{L})=0.00902$ 13; $\alpha(\text{M})=0.00188$ 3 $\alpha(\text{N})=0.000418$ 6; $\alpha(\text{O})=6.78\times 10^{-5}$ 10; $\alpha(\text{P})=5.17\times 10^{-6}$ 8 δ : -0.14 12 in (¹⁴⁰ La β^- , 1982Mi03), -0.069 15 ((n,n' γ), 1993Go23).
2412.013	3 ⁺	64.135 10	0.06 1	2347.881	2 ⁺	M1		4.26	B(M1)(W.u.)=0.020 +14-8 $\alpha(\text{K})=3.63$ 5; $\alpha(\text{L})=0.499$ 7; $\alpha(\text{M})=0.1046$ 15 $\alpha(\text{N})=0.0232$ 4; $\alpha(\text{O})=0.00375$ 6; $\alpha(\text{P})=0.000281$ 4
		328.762 8	87.3 17	2083.259	4 ⁺	M1+E2	-0.049 6	0.0453	$\alpha(\text{K})=0.0388$ 6; $\alpha(\text{L})=0.00516$ 8; $\alpha(\text{M})=0.001078$ 15 $\alpha(\text{N})=0.000239$ 4; $\alpha(\text{O})=3.88\times 10^{-5}$ 6; $\alpha(\text{P})=2.97\times 10^{-6}$ 5 B(M1)(W.u.)=0.22 +10-5; B(E2)(W.u.)=2.9 +24-12 δ : +0.19 4, +13 +11-5 ((n,n' γ), 1993Go23).
		815.772 19	100.0 9	1596.233	2 ⁺	M1(+E2)	-0.03 1	0.00470	$\alpha(\text{K})=0.00404$ 6; $\alpha(\text{L})=0.000521$ 8; $\alpha(\text{M})=0.0001085$ 16 $\alpha(\text{N})=2.41\times 10^{-5}$ 4; $\alpha(\text{O})=3.92\times 10^{-6}$ 6; $\alpha(\text{P})=3.05\times 10^{-7}$ 5 B(M1)(W.u.)=0.016 +8-4; B(E2)(W.u.)=0.013 +21-9 δ : -0.06 +3-2 (1985Di11), -0.056 12 (1993Go23), in (n,n' γ).
2464.08	3 ⁻	867.846 20	100 1	1596.233	2 ⁺	E1		1.11 $\times 10^{-3}$	B(E1)(W.u.)=0.0026 +6-4 $\alpha(\text{K})=0.000959$ 14; $\alpha(\text{L})=0.0001200$ 17; $\alpha(\text{M})=2.49\times 10^{-5}$ 4 $\alpha(\text{N})=5.51\times 10^{-6}$ 8; $\alpha(\text{O})=8.92\times 10^{-7}$ 13; $\alpha(\text{P})=6.80\times 10^{-8}$ 10 Mult., δ : E1 in (α ,2n γ) and (n,n' γ). Small M2 admixture $\delta=-0.044$ 20 (1991Ch05) in β^- decay is incompatible with recommended upper limit (RUL) for B(M2)(W.u.).
		2464.1 5	0.21 3	0.0	0 ⁺	[E3]		9.28 $\times 10^{-4}$	$\alpha(\text{K})=0.000514$ 8; $\alpha(\text{L})=6.61\times 10^{-5}$ 10; $\alpha(\text{M})=1.375\times 10^{-5}$ 20 $\alpha(\text{N})=3.05\times 10^{-6}$ 5; $\alpha(\text{O})=4.95\times 10^{-7}$ 7; $\alpha(\text{P})=3.81\times 10^{-8}$ 6; $\alpha(\text{IPF})=0.000331$ 5 B(E3)(W.u.)=26 +12-8
2480.925	4 ⁺	68.916 6	16.1 5	2412.013	3 ⁺	M1		3.46	$\alpha(\text{K})=2.95$ 5; $\alpha(\text{L})=0.405$ 6; $\alpha(\text{M})=0.0848$ 12 $\alpha(\text{N})=0.0188$ 3; $\alpha(\text{O})=0.00304$ 5; $\alpha(\text{P})=0.000228$ 4 B(M1)(W.u.)=0.20 +11-6
		131.117 8	100 2	2349.805	5 ⁺	M1+E2	-0.13 +2-5	0.553 9	$\alpha(\text{K})=0.470$ 7; $\alpha(\text{L})=0.0661$ 22; $\alpha(\text{M})=0.0139$ 5 $\alpha(\text{N})=0.00307$ 11; $\alpha(\text{O})=0.000495$ 15; $\alpha(\text{P})=3.61\times 10^{-5}$ 6 B(M1)(W.u.)=0.18 +9-5; B(E2)(W.u.)=1.1 $\times 10^2$ +20-5 δ : +0.071 16, -35 +40-12 ((n,n' γ), 1993Go23).

Adopted Levels, Gammas (continued)

γ(¹⁴⁰Ce) (continued)

<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_γ[†]</u>	<u>I_γ[†]</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.^b</u>	<u>δ^{c,g}</u>	<u>α^f</u>	<u>Comments</u>
2480.925	4 ⁺	397.52 5	15.7 10	2083.259	4 ⁺	(E2)		0.0206	α(K)=0.01699 24; α(L)=0.00289 4; α(M)=0.000616 9 α(N)=0.0001349 19; α(O)=2.09×10 ⁻⁵ 3; α(P)=1.166×10 ⁻⁶ 17 B(E2)(W.u.)=3.9 +23-12 Mult.,δ: ΔJ=0 γ for which 1993Go23 give (M1+E2) with δ=+0.5 +3-4, in (n,n'γ).
2515.76	4 ⁺	432.493 12	100 1	2083.259	4 ⁺	M1+E2	-0.04 2	0.0224	α(K)=0.0192 3; α(L)=0.00253 4; α(M)=0.000527 8 α(N)=0.0001170 17; α(O)=1.90×10 ⁻⁵ 3; α(P)=1.461×10 ⁻⁶ 21 Mult.,δ: from (n,n'γ) (1993Go23).
		919.550 23	92 1	1596.233	2 ⁺	E2		0.00242	α(K)=0.00207 3; α(L)=0.000281 4; α(M)=5.87×10 ⁻⁵ 9 α(N)=1.298×10 ⁻⁵ 19; α(O)=2.08×10 ⁻⁶ 3; α(P)=1.496×10 ⁻⁷ 21
2521.428	2 ⁺	109.422 11	3.18 6	2412.013	3 ⁺	M1+E2	+0.26 5	0.952 20	α(K)=0.790 12; α(L)=0.128 9; α(M)=0.0271 19 α(N)=0.0060 4; α(O)=0.00094 6; α(P)=5.98×10 ⁻⁵ 9 δ: the original unc of +0.26 2 (1991Ch05, in ¹⁴⁰ La β ⁻ decay) was increased by evaluator because of exceeding RUL limit.
		173.543 9	1.84 6	2347.881	2 ⁺	M1		0.252	α(K)=0.215 3; α(L)=0.0291 4; α(M)=0.00609 9 α(N)=0.001351 19; α(O)=0.000219 3; α(P)=1.658×10 ⁻⁵ 24
		438.5 5	0.57 14	2083.259	4 ⁺				
		618.12 5	0.54 6	1903.31	0 ⁺				
		925.189 21	100 1	1596.233	2 ⁺	E2+M1	-0.22 4	0.00344 6	α(K)=0.00296 5; α(L)=0.000381 6; α(M)=7.92×10 ⁻⁵ 12 α(N)=1.76×10 ⁻⁵ 3; α(O)=2.86×10 ⁻⁶ 5; α(P)=2.22×10 ⁻⁷ 4 δ: +5.1 5 (1985Di11), -0.17 2 (1993Go23), in (n,n'g).
		2521.40 5	50.2 6	0.0	0 ⁺	E2		8.81×10 ⁻⁴	α(K)=0.000293 5; α(L)=3.65×10 ⁻⁵ 6; α(M)=7.55×10 ⁻⁶ 11 α(N)=1.676×10 ⁻⁶ 24; α(O)=2.73×10 ⁻⁷ 4; α(P)=2.13×10 ⁻⁸ 3; α(IPF)=0.000542 8
2547.23	1 ⁺	950.987 26	100 1	1596.233	2 ⁺	M1(+E2)	+0.01 7	0.00327	α(K)=0.00282 4; α(L)=0.000361 5; α(M)=7.52×10 ⁻⁵ 11 α(N)=1.669×10 ⁻⁵ 24; α(O)=2.72×10 ⁻⁶ 4; α(P)=2.12×10 ⁻⁷ 3 B(M1)(W.u.)=0.112 42 δ: -0.10 12 ((n,n'g), 1993Go23).
		2547.34 11	19.5 6	0.0	0 ⁺	M1		9.62×10 ⁻⁴	α(K)=0.000318 5; α(L)=3.97×10 ⁻⁵ 6; α(M)=8.24×10 ⁻⁶ 12 α(N)=1.83×10 ⁻⁶ 3; α(O)=2.99×10 ⁻⁷ 5; α(P)=2.36×10 ⁻⁸ 4; α(IPF)=0.000593 9 B(M1)(W.u.)=0.00114 +46-44
2628.81	6 ⁺	278.84 [#] 13	12.7 [#] 16	2349.805	5 ⁺	M1,E2		0.066 5	α(K)=0.054 6; α(L)=0.0089 10; α(M)=0.00190 23 α(N)=0.00042 5; α(O)=6.5×10 ⁻⁵ 5; α(P)=3.9×10 ⁻⁶ 7

Adopted Levels, Gammas (continued)

<u>$\gamma(^{140}\text{Ce})$ (continued)</u>										
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	δ^{cg}	α^f	$I_{(\gamma+ce)}^e$	Comments
2628.81	6 ⁺	520.964 [#] 25	100 [#] 5	2107.854	6 ⁺	E2+M1	-0.19 ^d 6	0.01387 22		$\alpha(\text{K})=0.01189$ 20; $\alpha(\text{L})=0.001563$ 24; $\alpha(\text{M})=0.000326$ 5 $\alpha(\text{N})=7.23\times 10^{-5}$ 11; $\alpha(\text{O})=1.175\times 10^{-5}$ 18; $\alpha(\text{P})=9.01\times 10^{-7}$ 15 $\delta: +0.78$ 15 ((n,n'g), 1985Di11).
2658.3?		575 ^h	100	2083.259	4 ⁺					
2899.59	2 ⁺	996.2 [#] 3 1303.38 [#] 5	3.2 [#] 8 53 [#] 3	1903.31 1596.233	0 ⁺ 2 ⁺	M1+E2	-1.5 ^d +10-4	0.00132 21		$\alpha(\text{K})=0.00111$ 18; $\alpha(\text{L})=0.000143$ 22; $\alpha(\text{M})=3.0\times 10^{-5}$ 5 $\alpha(\text{N})=6.6\times 10^{-6}$ 10; $\alpha(\text{O})=1.07\times 10^{-6}$ 17; $\alpha(\text{P})=8.2\times 10^{-8}$ 15; $\alpha(\text{IPF})=2.19\times 10^{-5}$ 3 B(M1)(W.u.)=0.021 +51-10; B(E2)(W.u.)=17 +8-13
		2899.55 [#] 4	100 [#] 5	0.0	0 ⁺	E2		9.79 $\times 10^{-4}$		B(E2)(W.u.)=0.83 +23-16 $\alpha(\text{K})=0.000230$ 4; $\alpha(\text{L})=2.84\times 10^{-5}$ 4; $\alpha(\text{M})=5.88\times 10^{-6}$ 9 $\alpha(\text{N})=1.306\times 10^{-6}$ 19; $\alpha(\text{O})=2.13\times 10^{-7}$ 3; $\alpha(\text{P})=1.669\times 10^{-8}$ 24; $\alpha(\text{IPF})=0.000714$ 10
3001.12	2 ⁺	1097.20 23 1405.20 17	39 8 100 12	1903.31 1596.233	0 ⁺ 2 ⁺	(M1+E2)	+0.7 ^d 3	0.00127 7		$\alpha(\text{K})=0.00106$ 6; $\alpha(\text{L})=0.000135$ 7; $\alpha(\text{M})=2.80\times 10^{-5}$ 15 $\alpha(\text{N})=6.2\times 10^{-6}$ 4; $\alpha(\text{O})=1.01\times 10^{-6}$ 6; $\alpha(\text{P})=7.8\times 10^{-8}$ 5; $\alpha(\text{IPF})=4.75\times 10^{-5}$ 7 B(M1)(W.u.)=0.024 +25-14; B(E2)(W.u.)=3.5 +50-27
3016.9	0 ⁺	1420.7 [‡] 5	100 [‡] 15	1596.233	2 ⁺	E2		1.03 $\times 10^{-3}$		$\alpha(\text{K})=0.000846$ 12; $\alpha(\text{L})=0.0001089$ 16; $\alpha(\text{M})=2.27\times 10^{-5}$ 4 $\alpha(\text{N})=5.02\times 10^{-6}$ 7; $\alpha(\text{O})=8.13\times 10^{-7}$ 12; $\alpha(\text{P})=6.15\times 10^{-8}$ 9; $\alpha(\text{IPF})=5.17\times 10^{-5}$ 8
3118.55	2 ⁺	3016.3 [‡] 12 3118.51 16	[‡] 100	0.0 0.0	0 ⁺ 0 ⁺	E0 (E2)		1.04 $\times 10^{-3}$	0.022 32	$\alpha(\text{K})=0.000203$ 3; $\alpha(\text{L})=2.50\times 10^{-5}$ 4; $\alpha(\text{M})=5.18\times 10^{-6}$ 8 $\alpha(\text{N})=1.149\times 10^{-6}$ 16; $\alpha(\text{O})=1.87\times 10^{-7}$ 3; $\alpha(\text{P})=1.472\times 10^{-8}$ 21; $\alpha(\text{IPF})=0.000808$ 12 B(E2)(W.u.)=1.6 +7-4

Adopted Levels, Gammas (continued)

							$\gamma(^{140}\text{Ce})$ (continued)			
E_i (level)	J_i^π	E_γ †	I_γ †	E_f	J_f^π	Mult. ^b	α^f	Comments		
3120.34?	2 ⁺	3120.3 ^{#h} 2	100 [#]	0.0	0 ⁺	E2	1.04×10 ⁻³	$\alpha(\text{K})=0.000203$ 3; $\alpha(\text{L})=2.50\times 10^{-5}$ 4; $\alpha(\text{M})=5.17\times 10^{-6}$ 8 $\alpha(\text{N})=1.148\times 10^{-6}$ 16; $\alpha(\text{O})=1.87\times 10^{-7}$ 3; $\alpha(\text{P})=1.470\times 10^{-8}$ 21; $\alpha(\text{IPF})=0.000809$ 12		
3122.11	4 ⁺	657.5 [#] 4 772.50 [#] 13 1525.85 [#] 4	2.9 [#] 10 23 [#] 2 100 [#] 5	2464.08 2349.805 1596.233	3 ⁻ 5 ⁺ 2 ⁺	E2	9.43×10 ⁻⁴	$\alpha(\text{K})=0.000737$ 11; $\alpha(\text{L})=9.44\times 10^{-5}$ 14; $\alpha(\text{M})=1.96\times 10^{-5}$ 3 $\alpha(\text{N})=4.35\times 10^{-6}$ 6; $\alpha(\text{O})=7.05\times 10^{-7}$ 10; $\alpha(\text{P})=5.36\times 10^{-8}$ 8; $\alpha(\text{IPF})=8.64\times 10^{-5}$ 12		
3168.3?		1085 ^h	100	2083.259	4 ⁺			E_γ : γ peak confounded with first Ge escape of intense 1596 γ (1993Go23, (n,n' γ)).		
3219.95	(0 ⁺)	1623.71 [#] 10	100 [#]	1596.233	2 ⁺					
3255.70	5 ⁻	739.94 [#] 4	100 [#] 6	2515.76	4 ⁺	(E1)	1.53×10 ⁻³	$\alpha(\text{K})=0.001319$ 19; $\alpha(\text{L})=0.0001662$ 24; $\alpha(\text{M})=3.45\times 10^{-5}$ 5 $\alpha(\text{N})=7.63\times 10^{-6}$ 11; $\alpha(\text{O})=1.234\times 10^{-6}$ 18; $\alpha(\text{P})=9.33\times 10^{-8}$ 13		
3319.65	2 ⁺	774.8 [#] 3 772.50 ^{#h} 13 1235.8 ^{#h} 6 1724.7 ^{#h} 3319.61 [#] 6	22 [#] 4 39 [#] 3 11 [#] 4 52 [#] 3 100 [#] 6	2480.925 2547.23 2083.259 1596.233 0.0	4 ⁺ 1 ⁺ 4 ⁺ 2 ⁺ 0 ⁺	E2	1.10×10 ⁻³	$\alpha(\text{K})=0.000182$ 3; $\alpha(\text{L})=2.24\times 10^{-5}$ 4; $\alpha(\text{M})=4.64\times 10^{-6}$ 7 $\alpha(\text{N})=1.031\times 10^{-6}$ 15; $\alpha(\text{O})=1.680\times 10^{-7}$ 24; $\alpha(\text{P})=1.322\times 10^{-8}$ 19; $\alpha(\text{IPF})=0.000892$ 13 B(E2)(W.u.)=0.29 9		
3335.47	4 ⁺	855.1 [#] 4 985.63 [#] 22 1227.71 ^{#h} 16 1252.12 [#] 13 1739.4 [#] 3	18 [#] 4 9 [#] 3 43 [#] 5 100 [#] 8 23 [#] 4	2480.925 2349.805 2107.854 2083.259 1596.233	4 ⁺ 5 ⁺ 6 ⁺ 4 ⁺ 2 ⁺					
3360.24		1010.45 [#] 19	100 [#] 10	2349.805	5 ⁺					
		1276.9 [#] 4	27 [#] 8	2083.259	4 ⁺					
3391.09		1307.73 [#] 10	100 [#] 8	2083.259	4 ⁺					
		1794.93 [#] 10	79 [#] 5	1596.233	2 ⁺					
3394.92	(4 ⁻)	982.89 ^{#h}	100 [#] 6	2412.013	3 ⁺					
		1045.11 [#] 7	74 [#] 5	2349.805	5 ⁺					
		1287.03 [#] 19	22 [#] 3	2107.854	6 ⁺					
		1311.56 ^{#h} 19	22 [#] 3	2083.259	4 ⁺					
3395.1?	(4 ⁺)	983.1 ^h	100	2412.013	3 ⁺	M1,E2	0.0026 5	$\alpha(\text{K})=0.0022$ 5; $\alpha(\text{L})=0.00029$ 5; $\alpha(\text{M})=6.0\times 10^{-5}$ 10 $\alpha(\text{N})=1.33\times 10^{-5}$ 22; $\alpha(\text{O})=2.1\times 10^{-6}$ 4; $\alpha(\text{P})=1.6\times 10^{-7}$ 4		
3408.02	(2 ⁺)	886.42 22	100 11	2521.428	2 ⁺					

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)									
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	α^f	Comments	
3408.02	(2 ⁺)	944.0 3 996.2 3 1811.0 ^h 3 3408.1 4	41 7 27 7 49 7 57 7	2464.08 2412.013 1596.233 0.0	3 ⁻ 3 ⁺ 2 ⁺ 0 ⁺				
3424.6	7 ⁻	1316.8 [@] 3	100 [@]	2107.854	6 ⁺	E1	6.01×10 ⁻⁴	$\alpha(\text{K})=0.000444$ 7; $\alpha(\text{L})=5.48\times 10^{-5}$ 8; $\alpha(\text{M})=1.134\times 10^{-5}$ 16 $\alpha(\text{N})=2.51\times 10^{-6}$ 4; $\alpha(\text{O})=4.08\times 10^{-7}$ 6; $\alpha(\text{P})=3.16\times 10^{-8}$ 5; $\alpha(\text{IPF})=8.84\times 10^{-5}$ 13	
3432.8	7 ⁺	1083.0	100	2349.805	5 ⁺	E2	1.70×10 ⁻³	$\alpha(\text{K})=0.001459$ 21; $\alpha(\text{L})=0.000194$ 3; $\alpha(\text{M})=4.04\times 10^{-5}$ 6 $\alpha(\text{N})=8.94\times 10^{-6}$ 13; $\alpha(\text{O})=1.440\times 10^{-6}$ 21; $\alpha(\text{P})=1.059\times 10^{-7}$ 15	
3436.54	(2 ⁺ ,1)	1088.65 [#] 6 1533.2 ^{#h} 4 3436.8 [#] 8	100 [#] 5 6.2 [#] 11 5.4 [#] 12	2347.881 1903.31 0.0	2 ⁺ 0 ⁺ 0 ⁺				
3471.21	(2 ⁺)	1568.1 [#] 5 3471.15 [#] 11	16 [#] 4 100 [#] 6	1903.31 0.0	0 ⁺ 0 ⁺	(E2)	1.15×10 ⁻³	$\alpha(\text{K})=0.0001690$ 24; $\alpha(\text{L})=2.08\times 10^{-5}$ 3; $\alpha(\text{M})=4.30\times 10^{-6}$ 6 $\alpha(\text{N})=9.54\times 10^{-7}$ 14; $\alpha(\text{O})=1.556\times 10^{-7}$ 22; $\alpha(\text{P})=1.226\times 10^{-8}$ 18; $\alpha(\text{IPF})=0.000951$ 14 B(E2)(W.u.)=0.23 +15-11	
3473.75	3 ⁻	992.9 5 1125.64 [#] 22 1877.51 3	33 12 22 [#] 3 100 10	2480.925 2347.881 1596.233	4 ⁺ 2 ⁺ 2 ⁺				
3476.3	8 ⁻	51.7 [@] 1 848.2	100 [@]	3424.6 2628.81	7 ⁻ 6 ⁺				
3484.2	6 ⁺	1134.4	100	2349.805	5 ⁺	E2	1.55×10 ⁻³	$\alpha(\text{K})=0.001325$ 19; $\alpha(\text{L})=0.0001749$ 25; $\alpha(\text{M})=3.65\times 10^{-5}$ 6 $\alpha(\text{N})=8.07\times 10^{-6}$ 12; $\alpha(\text{O})=1.302\times 10^{-6}$ 19; $\alpha(\text{P})=9.63\times 10^{-8}$ 14; $\alpha(\text{IPF})=1.211\times 10^{-6}$ 17	
3491.2?		944.0 [#] 3 3491.2 [#] 7	100 [#] 18 79 [#] 18	2547.23 0.0	1 ⁺ 0 ⁺				
3492.23	9 ⁻	15.7 69.5 1384.2 [@] 3	@	3476.3 3424.6 2107.854	8 ⁻ 7 ⁻ 6 ⁺				
3512.3	8 ⁺	1404.4 [@] 3	100 [@]	2107.854	6 ⁺	E2	1.05×10 ⁻³	$\alpha(\text{K})=0.000865$ 13; $\alpha(\text{L})=0.0001115$ 16; $\alpha(\text{M})=2.32\times 10^{-5}$ 4 $\alpha(\text{N})=5.14\times 10^{-6}$ 8; $\alpha(\text{O})=8.32\times 10^{-7}$ 12; $\alpha(\text{P})=6.29\times 10^{-8}$ 9; $\alpha(\text{IPF})=4.69\times 10^{-5}$ 7	
3520.87	(4 ⁺)	1924.62 13	100	1596.233	2 ⁺				
3522.2	(5)	1041.3		2480.925	4 ⁺				
3534.6	(3,4)	1184.8	100	2349.805	5 ⁺				
3539.1	2 ⁺	3539.1 3	100	0.0	0 ⁺	E2	1.17×10 ⁻³	$\alpha(\text{K})=0.0001636$ 23; $\alpha(\text{L})=2.01\times 10^{-5}$ 3; $\alpha(\text{M})=4.16\times 10^{-6}$ 6 $\alpha(\text{N})=9.23\times 10^{-7}$ 13; $\alpha(\text{O})=1.505\times 10^{-7}$ 21; $\alpha(\text{P})=1.186\times 10^{-8}$ 17; $\alpha(\text{IPF})=0.000978$ 14	

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)									
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	α^f	Comments	
3567.5	(2 ⁺)	1484.3 [#] 3	100 [#] 13	2083.259	4 ⁺				
		3567.0 [#] 10	55 [#] 16	0.0	0 ⁺				
3620.7	8 ⁺	992.2		2628.81	6 ⁺				
		1512.9		2107.854	6 ⁺				
3642.8	1 ⁻	1739.4 ^{#h} 3	22 [#] 4	1903.31	0 ⁺				
		3642.7 [#] 3	100 [#] 7	0.0	0 ⁺	E1	1.61×10 ⁻³	$\alpha(\text{K})=9.12\times 10^{-5}$ 13; $\alpha(\text{L})=1.102\times 10^{-5}$ 16; $\alpha(\text{M})=2.28\times 10^{-6}$ 4 B(E1)(W.u.)=0.0030 5 $\alpha(\text{N})=5.05\times 10^{-7}$ 7; $\alpha(\text{O})=8.24\times 10^{-8}$ 12; $\alpha(\text{P})=6.50\times 10^{-9}$ 10; $\alpha(\text{IPF})=0.001502$ 21 Mult.: from $\gamma(\theta)$ and linear pol in (γ, γ') .	
3646.7	(1,2 ⁺)	1743.31 ^{#h} 22	75 [#] 11	1903.31	0 ⁺				
		3646.6 [#] 6	100 [#] 18	0.0	0 ⁺				
3648.23	(2 ⁺ ,3,4 ⁺)	1564.92 [#] 16	100 [#] 8	2083.259	4 ⁺				
		2052.07 [#] 22	69 [#] 7	1596.233	2 ⁺				
3657.64?	(4 ⁺ ,5,6 ⁺)	1307.73 ^{#h} 10	100 [#] 3	2349.805	5 ⁺				
		1549.76 [#] 19	45 [#] 5	2107.854	6 ⁺				
		1574.5 [#] 5	12 [#] 4	2083.259	4 ⁺				
3661.5	(7,8)	1032.7		2628.81	6 ⁺				
3684.2	(1 ⁻ ,2 ⁺)	1220.5 ^{#h} 3	100 [#] 14	2464.08	3 ⁻				
		3684.1 [#] 6	76 [#] 12	0.0	0 ⁺				
3708.60	(2 ⁺)	1227.71 [#] 16	81 [#] 10	2480.925	4 ⁺				
		2112.30 [#] 19	100 [#] 8	1596.233	2 ⁺				
		3708.1 [#] 11	33 [#] 8	0.0	0 ⁺				
3714.3	10 ⁺	202.0 [@] 3	54 [@] 12	3512.3	8 ⁺	E2	0.178	$\alpha(\text{K})=0.1351$ 20; $\alpha(\text{L})=0.0335$ 5; $\alpha(\text{M})=0.00731$ 12 $\alpha(\text{N})=0.001583$ 24; $\alpha(\text{O})=0.000234$ 4; $\alpha(\text{P})=8.31\times 10^{-6}$ 13 B(E2)(W.u.)=0.55 14	
		222.0 [@] 3	100 [@] 15	3492.23	9 ⁻	E1	0.0274	$\alpha(\text{K})=0.0235$ 4; $\alpha(\text{L})=0.00311$ 5; $\alpha(\text{M})=0.000646$ 10 $\alpha(\text{N})=0.0001423$ 21; $\alpha(\text{O})=2.26\times 10^{-5}$ 4; $\alpha(\text{P})=1.555\times 10^{-6}$ 23 B(E1)(W.u.)=6.0×10 ⁻⁷ 10	
3723.54	(2 ⁺)	1311.56 [#] 19	45 [#] 7	2412.013	3 ⁺				
		3723.4 [#] 3	100 [#] 7	0.0	0 ⁺	(E2)	1.23×10 ⁻³	$\alpha(\text{K})=0.0001502$ 21; $\alpha(\text{L})=1.84\times 10^{-5}$ 3; $\alpha(\text{M})=3.81\times 10^{-6}$ 6 $\alpha(\text{N})=8.46\times 10^{-7}$ 12; $\alpha(\text{O})=1.381\times 10^{-7}$ 20; $\alpha(\text{P})=1.089\times 10^{-8}$ 16; $\alpha(\text{IPF})=0.001053$ 15	
3735.3	(1,2 ⁺)	3735.2 [#] 4	100 [#]	0.0	0 ⁺				
3767.97	(2 ⁺ ,3 ⁺ ,4 ⁺)	1220.5 [#] 3	34 [#] 5	2547.23	1 ⁺				
		1252.12 ^{#h} 13	98 [#] 8	2515.76	4 ⁺				
		1287.03 [#] 19	36 [#] 5	2480.925	4 ⁺				

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	α^f	Comments
3767.97	(2 ⁺ ,3 ⁺ ,4 ⁺)	1684.4 [#] 3	23 [#] 3	2083.259	4 ⁺			
		2171.82 [#] 13	100 [#] 6	1596.233	2 ⁺			
3792.72	3 ⁻	893.7 [#] 3	100 [#] 13	2899.59	2 ⁺			
		1276.9 [#] 4	48 [#] 14	2515.76	4 ⁺			
		1311.56 [#] 19	94 [#] 14	2480.925	4 ⁺			
		2196.6 [#] 6	93 [#] 10	1596.233	2 ⁺			
3836.1?	(2 ⁺ ,3,4 ⁺)	1753.1 ^{#h} 4	32 [#] 10	2083.259	4 ⁺			
		2239.8 [#] 5	100 [#] 17	1596.233	2 ⁺			
3847.10	(4 ⁺ ,5,6 ⁺)	808.1 [#] 3	49 [#] 7	3039.0	3 ⁻			
		1497.31 [#] 22	100 [#] 10	2349.805	5 ⁺			
		1739.4 [#] 3	38 [#] 6	2107.854	6 ⁺			
		1763.6 [#] 3	47 [#] 6	2083.259	4 ⁺			
3853.2	(1,2 ⁺)	2256.8 [#] 7	30 [#] 8	1596.233	2 ⁺			
		3853.3 [#] 6	100 [#] 11	0.0	0 ⁺			
3879.3	(1,2 ⁺)	3879.2 [#] 8	100 [#]	0.0	0 ⁺			
3894.5	9 ⁺	180.0		3714.3	10 ⁺			
		274.2		3620.7	8 ⁺			
		382.3		3512.3	8 ⁺			
3910.93		2314.68 [#] 22	100 [#]	1596.233	2 ⁺			
3957.93		1493.6 [#] 3	69 [#] 9	2464.08	3 ⁻			
		2361.80 [#] 22	100 [#] 9	1596.233	2 ⁺			
3970.8?		1621.0 ^h		2349.805	5 ⁺			
3984.20	(2 ⁺ ,3,4 ⁺)	1901.4 [#] 5	87 [#] 19	2083.259	4 ⁺			
		2387.90 [#] 16	100 [#] 15	1596.233	2 ⁺			
4053	(1)	4053 ^{&}	100	0.0	0 ⁺	(D)		
4164.0	(1,2 ⁺)	2567.8 [#] 3	100 [#] 16	1596.233	2 ⁺			
		4163.5 [#] 9	53 [#] 18	0.0	0 ⁺			
4171.1	(2 ⁺ ,1)	2576.1 ^{#h} 6	31 [#] 10	1596.233	2 ⁺			
		4171.0 [#] 7	100 [#] 14	0.0	0 ⁺			
4173.6	1 ⁽⁻⁾	4173.5 8	100	0.0	0 ⁺	[E1]	0.00180	$\alpha(\text{K})=7.56\times 10^{-5}$ 11; $\alpha(\text{L})=9.12\times 10^{-6}$ 13; $\alpha(\text{M})=1.88\times 10^{-6}$ 3 $\alpha(\text{N})=4.18\times 10^{-7}$ 6; $\alpha(\text{O})=6.81\times 10^{-8}$ 10; $\alpha(\text{P})=5.39\times 10^{-9}$ 8; $\alpha(\text{IPF})=0.001714$ 24 $\text{B}(\text{E}1)(\text{W.u.})=9.6\times 10^{-4} +23-16$ E_γ : from $(\alpha,\alpha'\gamma)$ and (γ,γ') .
4262.5	10 ⁺	368.1		3894.5	9 ⁺			
		548.3		3714.3	10 ⁺			

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)									
$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	α^f	Comments	
4279.9	(2 ⁺ ,3,4 ⁺)	2196.6 [#] 4	74 [#] 8	2083.259	4 ⁺				
		2683.6 [#] 7	100 [#] 12	1596.233	2 ⁺				
4331	(1)	4331 ^{&}	100	0.0	0 ⁺	(D)			
4354.9	1	4354.8 ^{&} 7	100	0.0	0 ⁺	D			
4371	(1)	4371 ^{&}	100	0.0	0 ⁺	(D)			
4388	(1)	4388 ^{&}	100	0.0	0 ⁺	(D)			
4437	(1)	4437 ^{&}	100	0.0	0 ⁺	(D)			
4448.5	(9,11)	734.2	100	3714.3	10 ⁺				
4514.9	1 ⁽⁻⁾	4514.8 ^a 9	100	0.0	0 ⁺	[E1]	0.00192	$\alpha(\text{K})=6.80\times 10^{-5}$ 10; $\alpha(\text{L})=8.19\times 10^{-6}$ 12; $\alpha(\text{M})=1.691\times 10^{-6}$ 24 $\alpha(\text{N})=3.75\times 10^{-7}$ 6; $\alpha(\text{O})=6.12\times 10^{-8}$ 9; $\alpha(\text{P})=4.84\times 10^{-9}$ 7; $\alpha(\text{IPF})=0.00184$ 3 B(E1)(W.u.)=0.00101 +23-16	
4571.3?	(8 ⁺ ,10 ⁺)	1058.4 ^h		3512.3	8 ⁺				
4655	(1)	4655 ^{&}	100	0.0	0 ⁺	(D)			
4787.8	1 ⁽⁻⁾	4787.7 ^a 9	100	0.0	0 ⁺	[E1]	0.00201	$\alpha(\text{K})=6.28\times 10^{-5}$ 9; $\alpha(\text{L})=7.57\times 10^{-6}$ 11; $\alpha(\text{M})=1.562\times 10^{-6}$ 22 $\alpha(\text{N})=3.47\times 10^{-7}$ 5; $\alpha(\text{O})=5.65\times 10^{-8}$ 8; $\alpha(\text{P})=4.47\times 10^{-9}$ 7; $\alpha(\text{IPF})=0.00194$ 3 B(E1)(W.u.)=9.9 $\times 10^{-4}$ +21-15	
4851.1	12 ⁺	588.8		4262.5	10 ⁺				
		1136.8 [@] 3	100 [@]	3714.3	10 ⁺	E2	1.54 $\times 10^{-3}$	$\alpha(\text{K})=0.001320$ 19; $\alpha(\text{L})=0.0001741$ 25; $\alpha(\text{M})=3.63\times 10^{-5}$ 5 $\alpha(\text{N})=8.03\times 10^{-6}$ 12; $\alpha(\text{O})=1.296\times 10^{-6}$ 19; $\alpha(\text{P})=9.59\times 10^{-8}$ 14; $\alpha(\text{IPF})=1.304\times 10^{-6}$ 22	
4875	(1)	4875 ^{&}	100	0.0	0 ⁺	(D)			
4883	(1)	4883 ^{&}	100	0.0	0 ⁺	(D)			
4904.6	11 ⁻	1190.3 [@] 4	100 [@]	3714.3	10 ⁺	E1	6.38 $\times 10^{-4}$	$\alpha(\text{K})=0.000530$ 8; $\alpha(\text{L})=6.57\times 10^{-5}$ 10; $\alpha(\text{M})=1.360\times 10^{-5}$ 19 $\alpha(\text{N})=3.01\times 10^{-6}$ 5; $\alpha(\text{O})=4.90\times 10^{-7}$ 7; $\alpha(\text{P})=3.78\times 10^{-8}$ 6; $\alpha(\text{IPF})=2.44\times 10^{-5}$ 4	
4951	(1)	4951 ^{&}	100	0.0	0 ⁺	(D)			
4958.0	(11 ⁺)	1465.9	100	3492.23	9 ⁻				
5069.5	(9,11)	1355.2	100	3714.3	10 ⁺	D			
5093.4	(12 ⁻)	135.3		4958.0	(11 ⁺)				
		188.9 [@] 5	100 [@]	4904.6	11 ⁻				
5102.1	13 ⁻	250.9 [@] 3	100 [@]	4851.1	12 ⁺	E1	0.0198	$\alpha(\text{K})=0.01700$ 25; $\alpha(\text{L})=0.00224$ 4; $\alpha(\text{M})=0.000465$ 7 $\alpha(\text{N})=0.0001024$ 15; $\alpha(\text{O})=1.632\times 10^{-5}$ 24; $\alpha(\text{P})=1.137\times 10^{-6}$ 17	
5157.3	1 ⁽⁻⁾	5157.2 ^a 12	100	0.0	0 ⁺	[E1]	0.00211	$\alpha(\text{K})=5.70\times 10^{-5}$ 8; $\alpha(\text{L})=6.85\times 10^{-6}$ 10; $\alpha(\text{M})=1.414\times 10^{-6}$ 20 $\alpha(\text{N})=3.14\times 10^{-7}$ 5; $\alpha(\text{O})=5.12\times 10^{-8}$ 8; $\alpha(\text{P})=4.05\times 10^{-9}$ 6; $\alpha(\text{IPF})=0.00205$ 3 B(E1)(W.u.)=7.0 $\times 10^{-4}$ +17-11	

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	α^f	$I_{(\gamma+ce)}^e$	Comments
5190.2	1 ⁽⁻⁾	5190.1 ^a 10	100	0.0	0 ⁺	[E1]	0.00212		$\alpha(\text{K})=5.65\times 10^{-5}$ 8; $\alpha(\text{L})=6.80\times 10^{-6}$ 10; $\alpha(\text{M})=1.402\times 10^{-6}$ 20 $\alpha(\text{N})=3.11\times 10^{-7}$ 5; $\alpha(\text{O})=5.08\times 10^{-8}$ 8; $\alpha(\text{P})=4.02\times 10^{-9}$ 6; $\alpha(\text{IPF})=0.00206$ 3 B(E1)(W.u.)= 8.5×10^{-4} +20-14
5211.6	1 ⁽⁻⁾	5211.5 ^a 14	100	0.0	0 ⁺	[E1]	0.00213		$\alpha(\text{K})=5.62\times 10^{-5}$ 8; $\alpha(\text{L})=6.76\times 10^{-6}$ 10; $\alpha(\text{M})=1.395\times 10^{-6}$ 20 $\alpha(\text{N})=3.09\times 10^{-7}$ 5; $\alpha(\text{O})=5.05\times 10^{-8}$ 7; $\alpha(\text{P})=4.00\times 10^{-9}$ 6; $\alpha(\text{IPF})=0.00207$ 3 B(E1)(W.u.)= 4.9×10^{-4} +17-10
5245	(1)	5245 ^{&}	100	0.0	0 ⁺	(D)			
5330	(1)	5330 ^{&}	100	0.0	0 ⁺	(D)			
5335.0	(12 ⁻)	232.6		5102.1	13 ⁻				
		377.4		4958.0	(11 ⁺)				
5337.3	1 ⁽⁻⁾	5337.2 ^a 9	100	0.0	0 ⁺	[E1]	0.00217		$\alpha(\text{K})=5.45\times 10^{-5}$ 8; $\alpha(\text{L})=6.55\times 10^{-6}$ 10; $\alpha(\text{M})=1.351\times 10^{-6}$ 19 $\alpha(\text{N})=3.00\times 10^{-7}$ 5; $\alpha(\text{O})=4.89\times 10^{-8}$ 7; $\alpha(\text{P})=3.87\times 10^{-9}$ 6; $\alpha(\text{IPF})=0.00210$ 3 B(E1)(W.u.)= 9.1×10^{-4} +26-17
5419.0	(14 ⁻)	318.0 [@] 4	100 [@]	5102.1	13 ⁻				
5470	(1)	5470 ^{&}	100	0.0	0 ⁺	(D)			
5494	(1)	5494 ^{&}	100	0.0	0 ⁺	(D)			
5548.4	1 ⁽⁻⁾	5548.3 ^a 7	100	0.0	0 ⁺	[E1]	0.00223		$\alpha(\text{K})=5.18\times 10^{-5}$ 8; $\alpha(\text{L})=6.22\times 10^{-6}$ 9; $\alpha(\text{M})=1.284\times 10^{-6}$ 18 $\alpha(\text{N})=2.85\times 10^{-7}$ 4; $\alpha(\text{O})=4.65\times 10^{-8}$ 7; $\alpha(\text{P})=3.68\times 10^{-9}$ 6; $\alpha(\text{IPF})=0.00217$ 3 B(E1)(W.u.)= 0.00151 +32-23
5573.8	1 ⁽⁻⁾	5573.7 ^a 14	100	0.0	0 ⁺	[E1]	0.00223		$\alpha(\text{K})=5.15\times 10^{-5}$ 8; $\alpha(\text{L})=6.19\times 10^{-6}$ 9; $\alpha(\text{M})=1.276\times 10^{-6}$ 18 $\alpha(\text{N})=2.83\times 10^{-7}$ 4; $\alpha(\text{O})=4.62\times 10^{-8}$ 7; $\alpha(\text{P})=3.66\times 10^{-9}$ 6; $\alpha(\text{IPF})=0.00218$ 3 B(E1)(W.u.)= 8.5×10^{-4} +26-16
5624	(1)	5624 ^{&}		0.0	0 ⁺	(D)			
5659.9	1 ⁻	5659.8 ^a 6	100	0.0	0 ⁺	E1	0.00226	93 5	$\alpha(\text{K})=5.05\times 10^{-5}$ 7; $\alpha(\text{L})=6.06\times 10^{-6}$ 9; $\alpha(\text{M})=1.251\times 10^{-6}$ 18 $\alpha(\text{N})=2.78\times 10^{-7}$ 4; $\alpha(\text{O})=4.53\times 10^{-8}$ 7; $\alpha(\text{P})=3.59\times 10^{-9}$ 5; $\alpha(\text{IPF})=0.00220$ 3 B(E1)(W.u.)= 3.7×10^{-5} 9 Mult.: from $\gamma(\theta)$ and linear pol in (γ, γ') . $I_{(\gamma+ce)}$: from $\Gamma(\gamma_0)/\Gamma(\gamma)=0.93$ 5 in (γ, γ') .
5693.3		592.3 [@] 5	100 [@]	5102.1	13 ⁻				
5721	(1)	5721 ^{&}	100	0.0	0 ⁺	(D)			
5759	(1)	5759 ^{&}	100	0.0	0 ⁺	(D)			
5809	(1)	5809 ^{&}	100	0.0	0 ⁺	(D)			
5823	(1)	5823 ^{&}	100	0.0	0 ⁺	(D)			

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	α^f	Comments
5928.6	1 ⁽⁻⁾	5928.5 ^a 10	100	0.0	0 ⁺	[E1]	0.00233	$\alpha(\text{K})=4.75 \times 10^{-5}$ 7; $\alpha(\text{L})=5.71 \times 10^{-6}$ 8; $\alpha(\text{M})=1.178 \times 10^{-6}$ 17 B(E1)(W.u.)=0.00104 +27-18 $\alpha(\text{N})=2.61 \times 10^{-7}$ 4; $\alpha(\text{O})=4.27 \times 10^{-8}$ 6; $\alpha(\text{P})=3.38 \times 10^{-9}$ 5; $\alpha(\text{IPF})=0.00227$ 4
5940	(1)	5940 ^{&}	100	0.0	0 ⁺	(D)		
6029	(1)	6029 ^{&}	100	0.0	0 ⁺	(D)		
6119.1	1 ⁻	6119.0 ^{&} 15	100	0.0	0 ⁺	E1		B(E1)(W.u.)=0.00159 +34-24
6130.6	1	6130.5 ^{&} 12	100	0.0	0 ⁺	D		
6161.7	1 ⁽⁻⁾	6161.6 ^a 14	100	0.0	0 ⁺	[E1]		B(E1)(W.u.)=9.9 $\times 10^{-4}$ +23-16
6226	(1)	6226 ^{&}	100	0.0	0 ⁺	(D)		
6245	(1)	6245 ^{&}	100	0.0	0 ⁺	(D)		
6255	(1)	6255 ^{&}	100	0.0	0 ⁺	(D)		
6273.6	1	6273.4 ^{&} 10	100	0.0	0 ⁺	D		
6295.3	1 ⁻	6295.1 ^{&} 8	100	0.0	0 ⁺	E1		B(E1)(W.u.)=0.00219 +46-33
6303.6	(15 ⁻)	1202.6 [@] 3	100 [@]	5102.1	13 ⁻			
6327.8	1	6327.6 ^{&} 12	100	0.0	0 ⁺	D		
6343.3	1	6343.1 ^{&} 11	100	0.0	0 ⁺	D		
6352.7	1	6352.5 ^{&} 10	100	0.0	0 ⁺	D		
6397.2	1 ⁻	6397.0 ^{&} 8	100	0.0	0 ⁺	E1		B(E1)(W.u.)=0.0034 +8-5
6439.9	1 ⁽⁻⁾	6439.7 ^{&} 14	100	0.0	0 ⁺	(E1)		B(E1)(W.u.)=0.00177 +37-26
6449.9	1 ⁽⁻⁾	6449.7 ^{&} 15	100	0.0	0 ⁺	(E1)		B(E1)(W.u.)=0.00104 +26-17
6458.5	1 ⁽⁻⁾	6458.3 ^{&} 15	100	0.0	0 ⁺	(E1)		B(E1)(W.u.)=9.3 $\times 10^{-4}$ +23-16
6484.8	1	6484.6 ^{&} 10	100	0.0	0 ⁺	D		
6497.0	1 ⁻	6496.8 ^{&} 7	100	0.0	0 ⁺	E1		B(E1)(W.u.)=0.0028 +6-4
6535.8	1 ⁻	6535.6 ^{&} 6	100	0.0	0 ⁺	E1		B(E1)(W.u.)=0.0041 +7-5
6549.1	1	6548.9 ^{&} 11	100	0.0	0 ⁺	D		
6574.9	1	6574.7 ^{&} 15	100	0.0	0 ⁺	D		
6605.5	1 ⁽⁻⁾	6605.3 ^{&} 10	100	0.0	0 ⁺	(E1)		B(E1)(W.u.)=0.00126 +27-19
6616.2	1 ⁽⁻⁾	6616.0 ^{&} 10	100	0.0	0 ⁺	(E1)		B(E1)(W.u.)=0.00117 +25-18
6771.7	(2 ⁺)	6771.5 ^{&} 14	100	0.0	0 ⁺	(E2)		
6781.9	1	6781.7 ^{&} 15	100	0.0	0 ⁺	D		
6796.6	(16 ⁻)	493.0 [@] 4	100 [@]	6303.6	(15 ⁻)			
6841.8	1	6841.6 ^{&} 12	100	0.0	0 ⁺	D		
6862.4	1 ⁻	6862.2 ^{&} 7	100	0.0	0 ⁺	E1		B(E1)(W.u.)=0.0032 +7-5
6889.2	(15,16)	1470.2 [@] 7	100 [@]	5419.0	(14 ⁻)			
6905.9	1	6905.7 ^{&} 15	100	0.0	0 ⁺	D		

Adopted Levels, Gammas (continued)

$\gamma(^{140}\text{Ce})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b	$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult. ^b
6932.6	1	6932.4 ^{&} 14	100	0.0	0 ⁺	D	7214.8	1	7214.6 ^{&} 15	100	0.0	0 ⁺	D
6960.4	1	6960.2 ^{&} 12	100	0.0	0 ⁺	D	7341.5	1	7341.3 ^{&} 14	100	0.0	0 ⁺	D
7038.2	(17 ⁻)	734.6 [@] 5	100 [@]	6303.6	(15 ⁻)		7673.4	1	7673.2 ^{&} 12	100	0.0	0 ⁺	D
7206.0	1	7205.8 ^{&} 14	100	0.0	0 ⁺	D							

[†] Unless noted by footnote γ 's with ΔE_γ are from ¹⁴⁰La β^- , and γ 's with no ΔE_γ are from ¹³⁸Ba($\alpha, 2n\gamma$).

[‡] From ¹⁴⁰Pr ϵ Decay.

[#] From ¹⁴⁰Ce(n,n' γ).

[@] From ²³⁸U(¹²C,F γ).

[&] From ¹⁴⁰Ce(γ, γ') dataset.

^a From ($\alpha, \alpha'\gamma$) and (γ, γ') datasets.

^b From $\alpha(\text{K})\text{exp}$, $\gamma(\theta)$, $\gamma\gamma(\theta)$, linear pol in β^- and ϵ decay and in different nuclear reactions.

^c From ¹⁴⁰La β^- by $\gamma\gamma(\theta)$ (1982Mi03), except where noted.

^d From ¹⁴⁰Ce(n,n' γ) by $\gamma(\theta)$ assuming that D+Q is M1+E2 and Q is E2. In many cases lineal pol measurements determine explicitly the electric or magnetic type.

^e From ¹⁴⁰Pr ϵ decay, except as noted.

^f [Additional information 4](#).

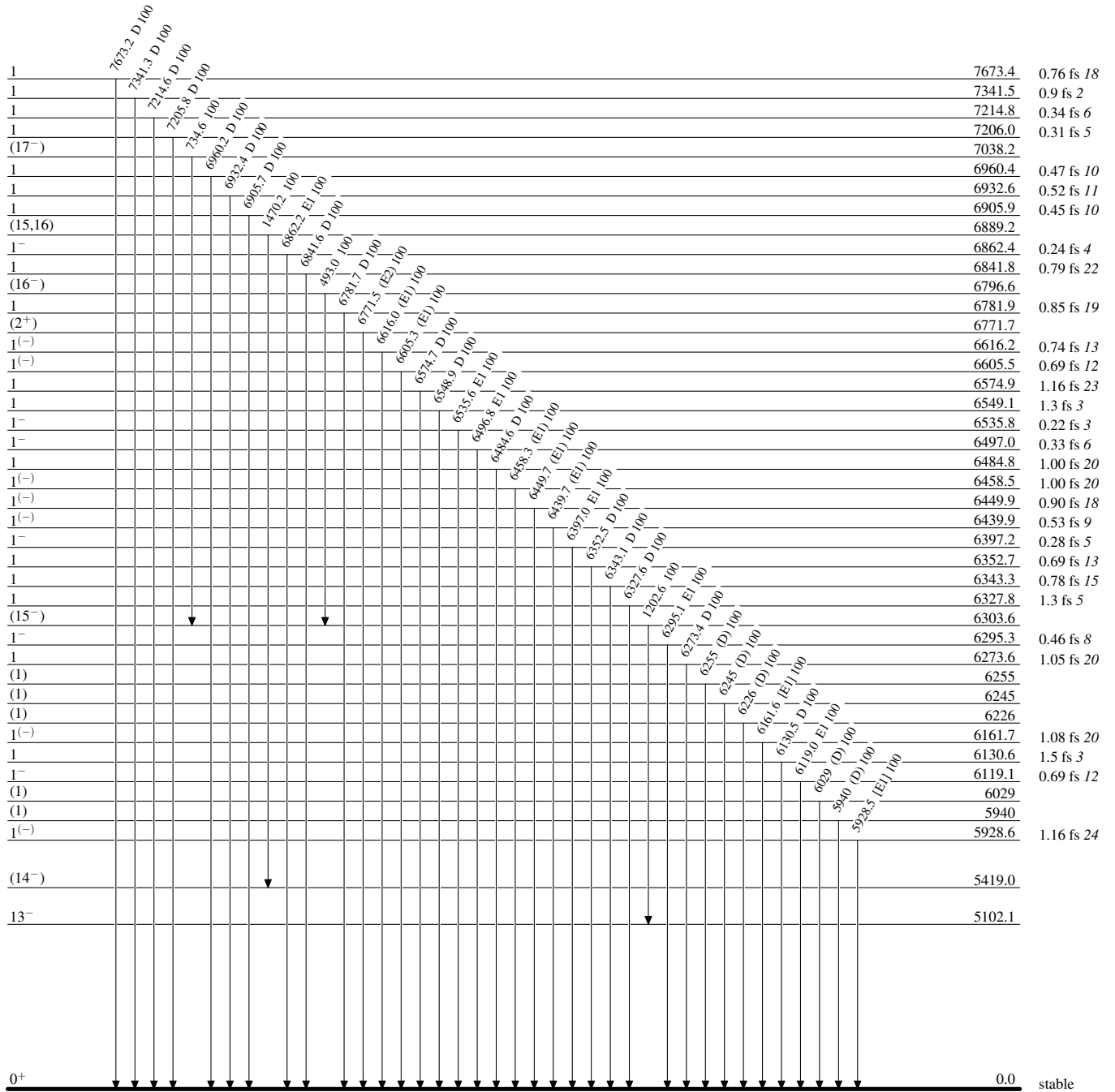
^g If no value given it was assumed $\delta=1.00$ for E2/M1, $\delta=1.00$ for E3/M2 and $\delta=0.10$ for the other multipolarities.

^h Placement of transition in the level scheme is uncertain.

Adopted Levels, Gammas

Level Scheme

Intensities: Relative photon branching from each level



$^{140}_{58}\text{Ce}_{82}$

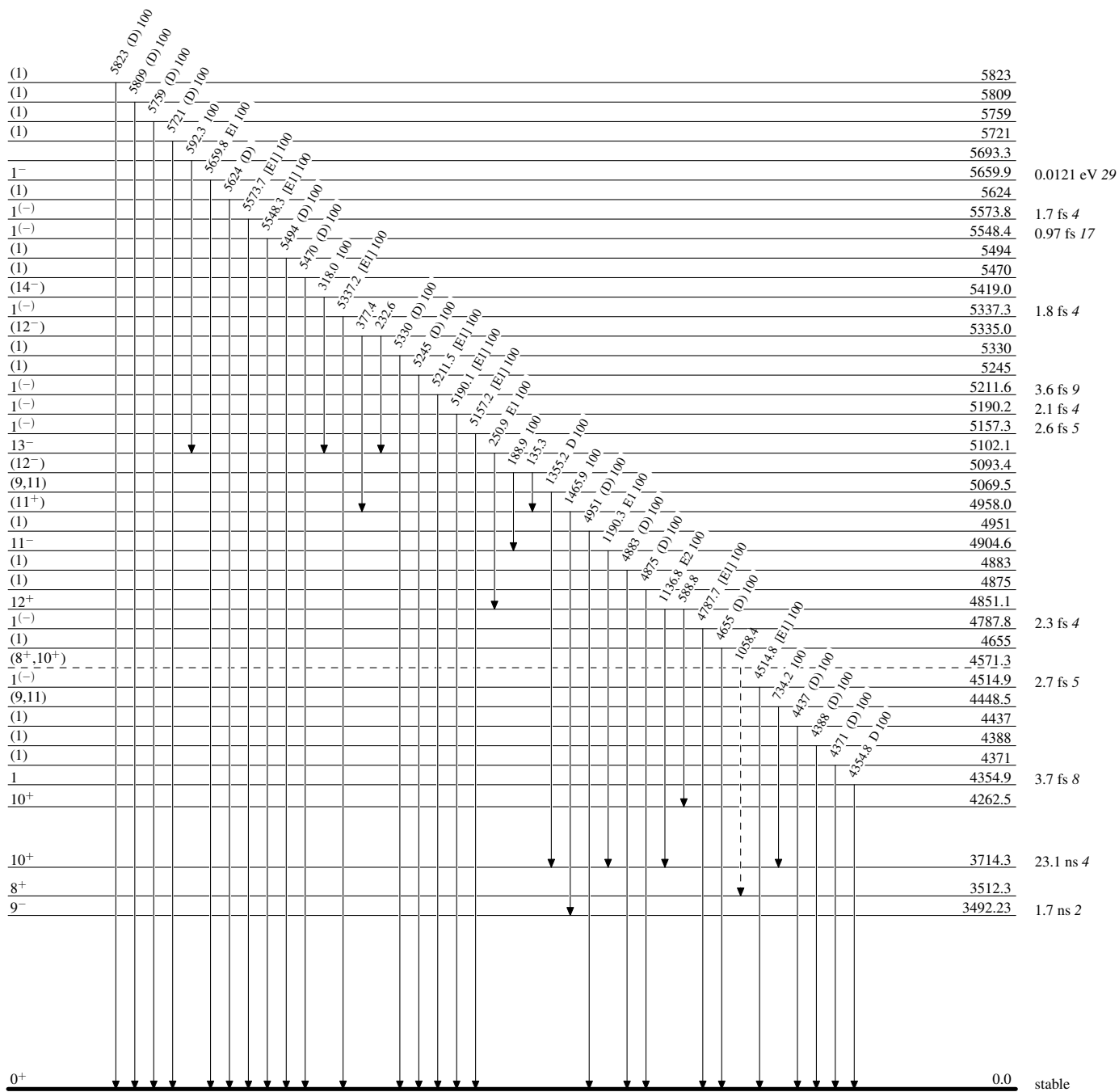
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Relative photon branching from each level

-----▶ γ Decay (Uncertain)



$^{140}_{58}\text{Ce}_{82}$

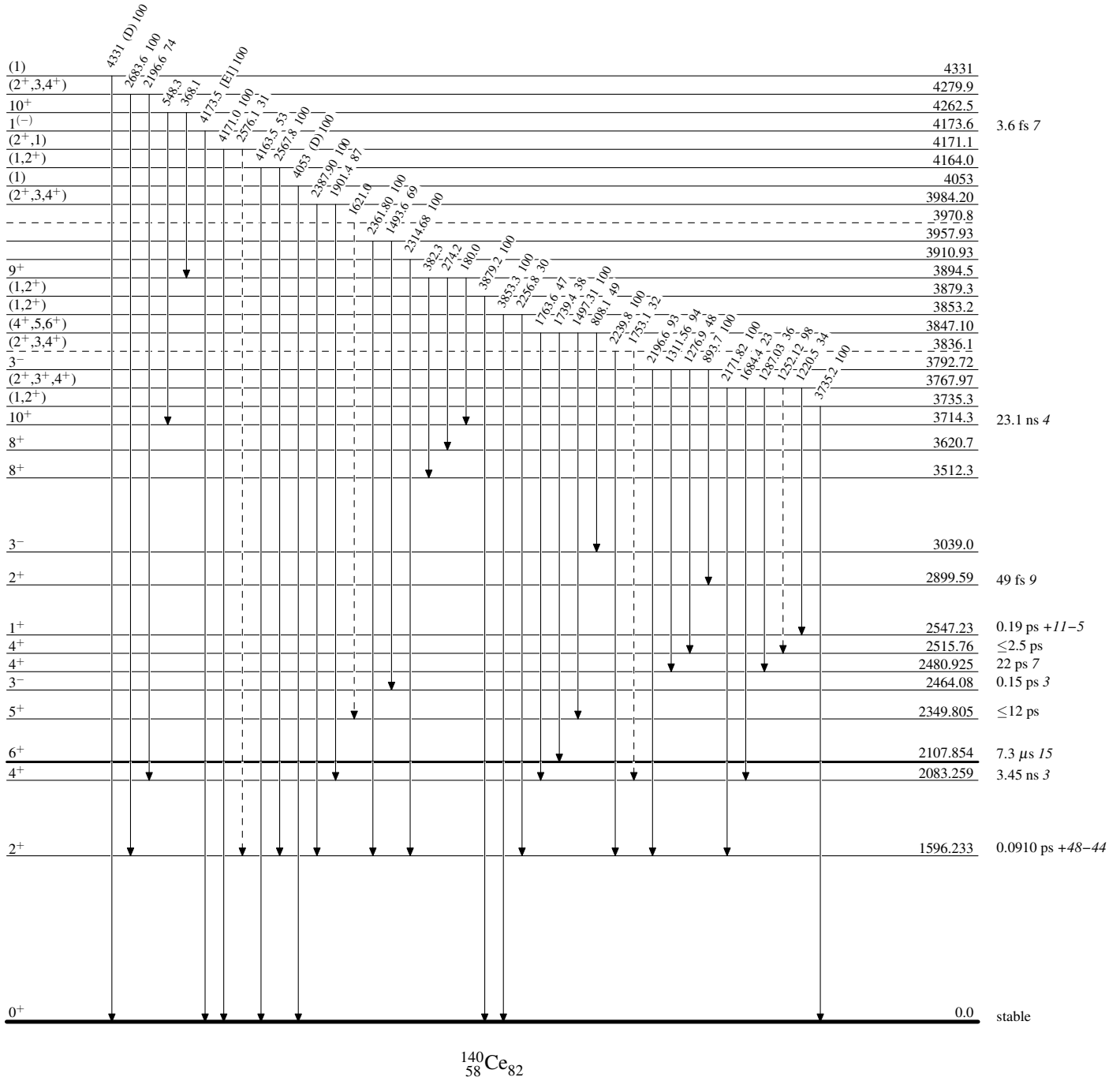
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Relative photon branching from each level

-----► γ Decay (Uncertain)



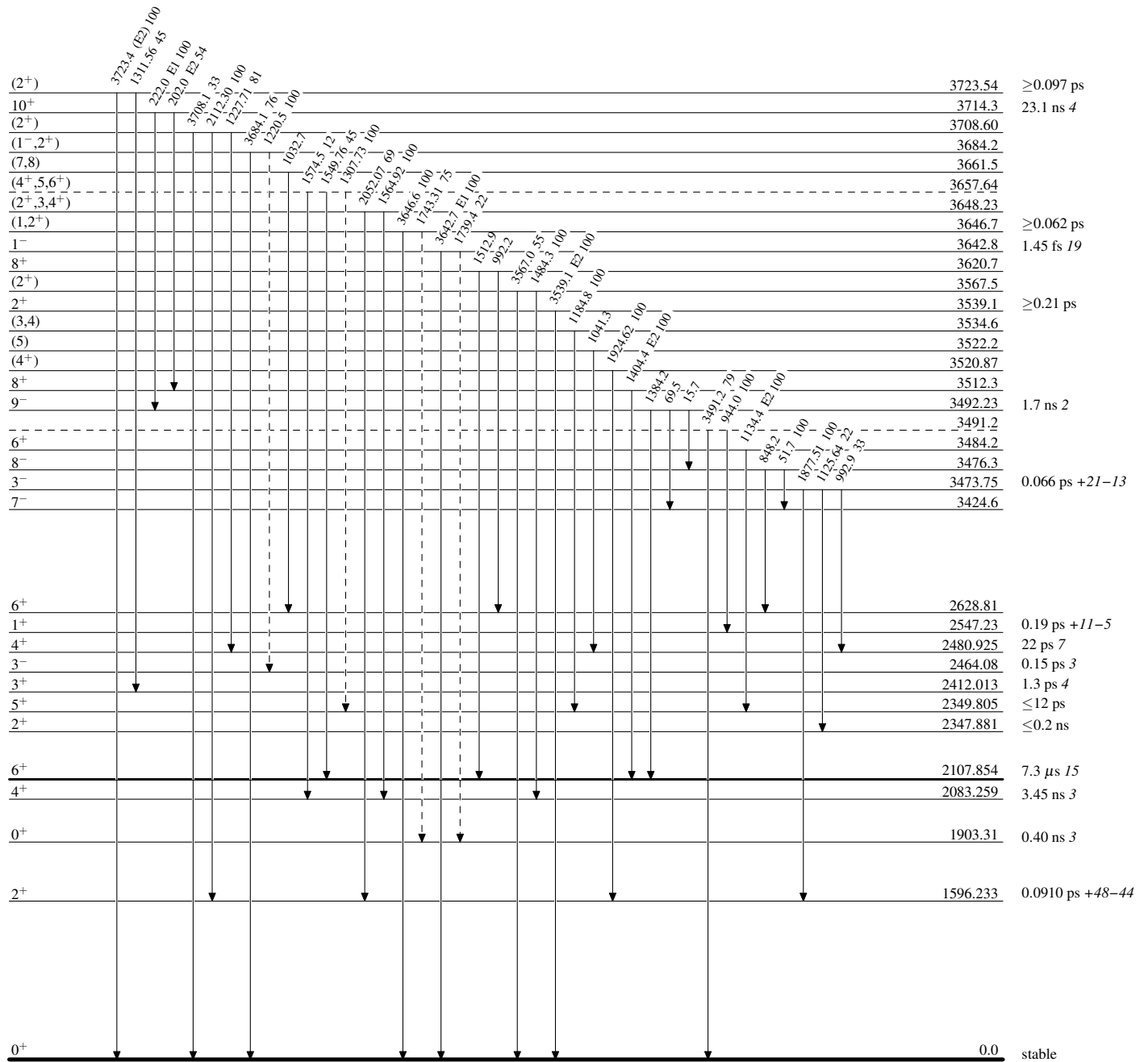
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Relative photon branching from each level

-----▶ γ Decay (Uncertain)



¹⁴⁰₅₈Ce₈₂

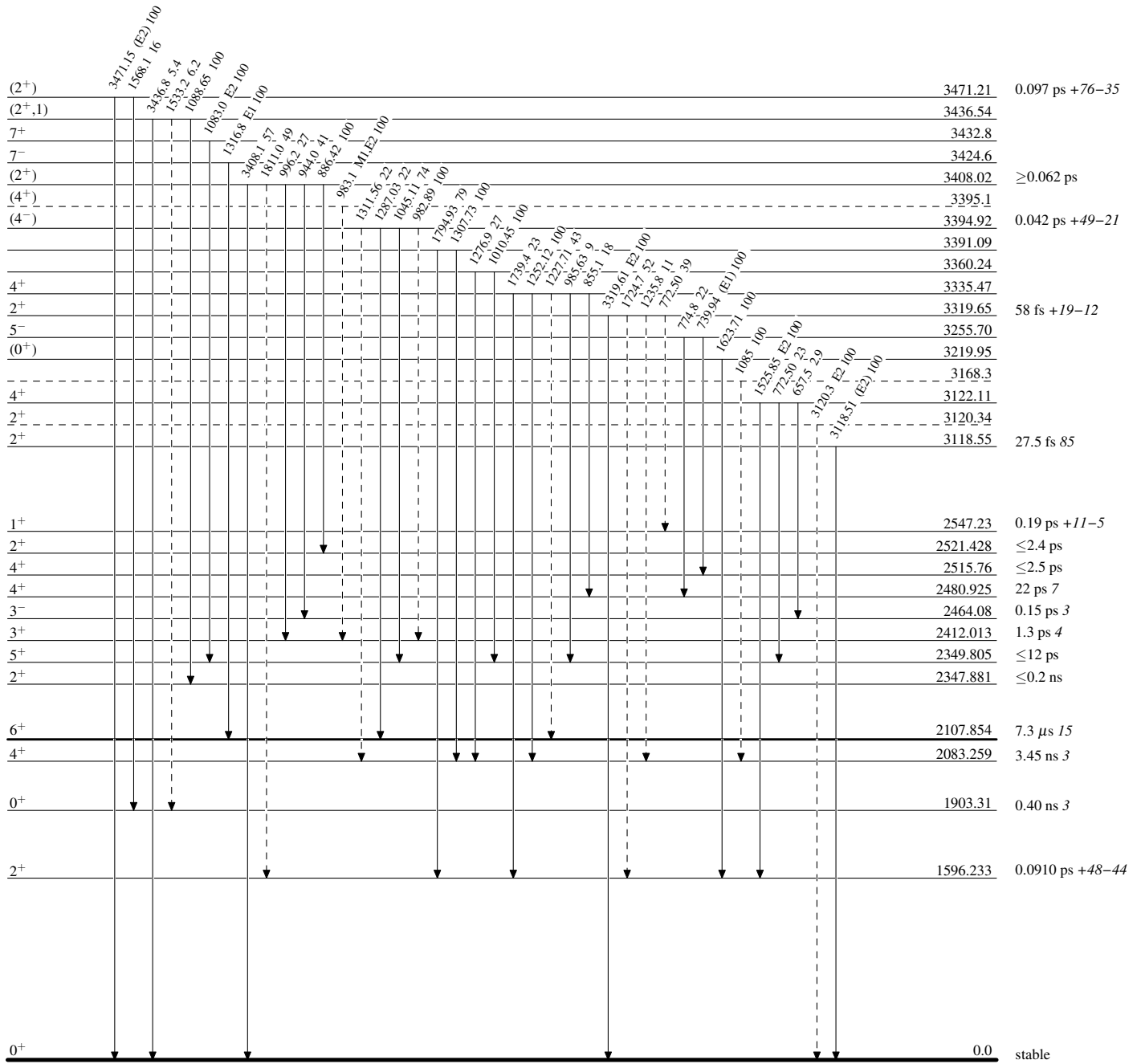
Adopted Levels, Gammas

Legend

Level Scheme (continued)

Intensities: Relative photon branching from each level

-----> γ Decay (Uncertain)



$^{140}_{58}\text{Ce}_{82}$

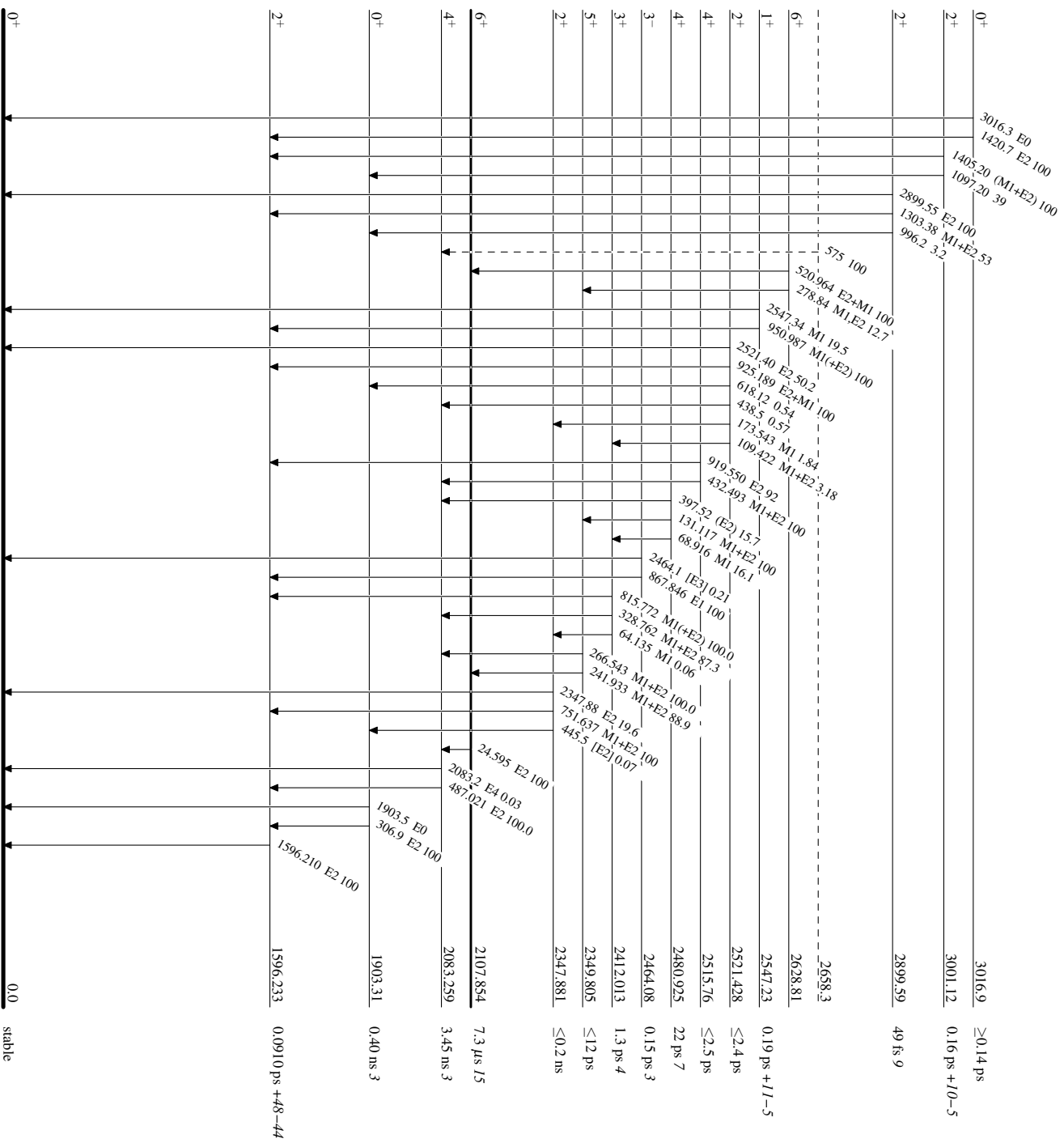
Adopted Levels, Gammas

Legend

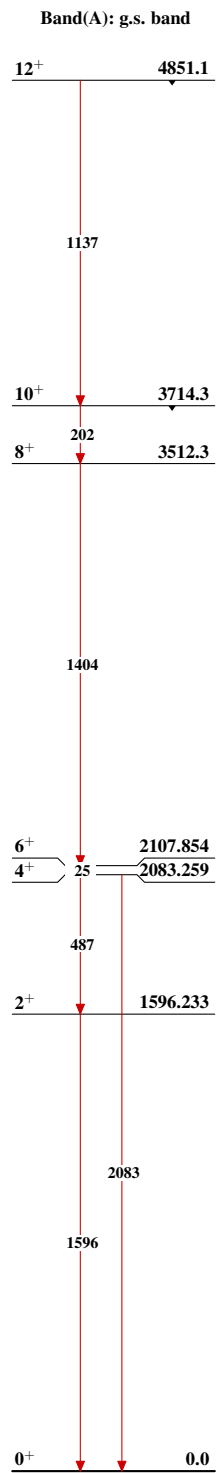
Level Scheme (continued)

Intensities: Relative photon branching from each level

-----▶ γ Decay (Uncertain)



¹⁴⁰Ce₈₂

Adopted Levels, Gammas $^{140}_{58}\text{Ce}_{82}$