

Adopted Levels, Gammas

Type	Author	History Citation	Literature Cutoff Date
Full Evaluation	Jun Chen	NDS 146, 1 (2017)	30-Sep-2017

Q(β^-)=1052 4; S(n)=7450 4; S(p)=6087 3; Q(α)=-2053 3 [2017Wa10](#)

S(2n)=16620 50, S(2p)=14758 4 ([2017Wa10](#)).

First identification of ¹³⁸La nuclide by Inghram et al.: Phys Rev 72, (1947) 967.

Other measurements:

[2015Kh02](#): ¹³⁹La(³He,X) E=38 MeV. Measured E γ , I γ . Deduced γ -ray strength functions, level densities.

[2007By02](#): ¹³⁸Ba(³He,t) E=420 MeV. Measured triton spectra. Deduced Gamow-Teller strength distributions. Total B(GT)=5.8 16 up to the neutron threshold.

Theoretical calculations:

[2014Ac01](#): calculated ground state and excited state magnetic moments.

[2009Ka16](#): calculated hyperfine structure.

[2008Ha20](#): calculated levels, J, π .

¹³⁸La Levels

Cross Reference (XREF) Flags

A	¹³⁷ Ba(³ He,d)	E	¹³⁹ La(d,t)
B	¹³⁷ Ba(α ,t)	F	¹⁴⁰ Ce(d, α)
C	¹³⁸ Ba(p,n γ)	G	²³⁸ U(¹² C,F γ)
D	¹³⁹ La(p,d)		

E(level) [†]	J ^{π}	T _{1/2}	XREF	Comments
0.0	5 ⁺	1.03×10 ¹¹ y 1	ABCDEFG	<p>$\% \beta^- = 34.5$ 4; $\% \epsilon + \% \beta^+ = 65.5$ 4 $\mu = +3.713646$ 7 (1977Kr12,2014StZZ) $Q = +0.39$ 3 (2003Ii03,2016St14) J^{π}: spin from NMR spectroscopy (1955So31,1972Fi14); parity from L(p,d)=L(d,t)=2 from 7/2⁺, L(³He,d)=4 from 3/2⁺. T_{1/2}: average of 1.07×10¹¹ y 6 (2005Be73), 1.01×10¹¹ y 1 (1997Ni12), 1.14×10¹¹ y 5 (Appl Rad Isot 45, 388 (1994)), 1.06×10¹¹ y 3 (1983No02), 1.03×10¹¹ y 2 (1981Sa42), 1.040×10¹¹ y 14 (1966De04), 1.13×10¹¹ y 4 (1957Gl20), 1.0×10¹¹ y 1 (1956Tu17). Others: 1.28×10¹¹ y 12 (1979Ta21), 1.29 y 2 (1977Ce04), 1.27×10¹¹ y 18 (1972Ma31), 1.56×10¹¹ y 30 (1972Ei02). μ: from 2014StZZ based on data in 1977Kr12 and 1955So31 measured using NMR. Q: re-evaluated in 2016St14 from data in 2003Ii03 measured using laser spectroscopy. Others: +0.45 2 (1979Ch39, laser spectroscopy), 0.43 2 (1977Kr12, nuclear magnetic resonance), without reporting hyperfine anomaly. With the Adopted value of T_{1/2}, the deduced $\lambda_{\beta^-} = (2.34$ 4)×10⁻¹²y⁻¹, compared with the measured value $\lambda_{\beta^-} = (2.37$ 10)×10⁻¹²y⁻¹ from 2000Ta24, obtained using a geophysical method. $\% \epsilon + \% \beta^+$ from weighted average of 65.0 4 (1997Ni12), 66.8 16 (1983No02), 66.2 4 (1981Sa42), 64.9 9 (1977Ce04), 66.2 18, (1979Ta21), 63.0 10 (1966De04, original uncertainty=0.5), 67.8 13 (1972Ma31). Values of $\epsilon + \% \beta^+$ are deduced from Iγ(788.66 in ¹³⁸Ce)/Iγ(1435.70 in ¹³⁸Ba) or ratio of partial half-lives for β^- and ϵ decays given in the references. $\Delta \langle r^2 \rangle$ (¹³⁸La-¹³⁹La)=0.064 7 (2001Ji03). Evaluated nuclear charge radius $\langle r^2 \rangle^{1/2} = 4.847$ fm 5 (2013An02). Additional information 1. Configuration=$\pi g_{7/2} \otimes \nu d_{3/2}$ (1975IsZY). $\mu = +2.89$ 5 (1979Bo11,2014StZZ)</p>
72.57 3	(3) ⁺	116 ns 5	ABCDEF	<p>Configuration=$\pi g_{7/2} \otimes \nu d_{3/2}$ (1975IsZY). $\mu = +2.89$ 5 (1979Bo11,2014StZZ)</p>

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Adopted Levels, Gammas (continued)

¹³⁸La Levels (continued)

E(level) [†]	J ^π	T _{1/2}	XREF	Comments
				J ^π : L(p,d)=2+0 from 7/2 ⁺ , L(d,t)=0+2 from 7/2 ⁺ , L(³ He,d)=2+4 from 3/2 ⁺ ; 72.57γ (E2) to 5 ⁺ . T _{1/2} : from neutron-γ(t) in (p,nγ) (1975IsZY). μ: from measured g-factor in 1979Bo11 using TDPAD. Configuration=πg _{7/2} ⊗νd _{3/2} (1975IsZY).
116.17 6	(2) ⁺		ABCDEF	J ^π : L(d,t)=L(p,d)=2 from 7/2 ⁺ , L(³ He,d)=2+4 from 3/2 ⁺ ; 43.6γ to (3) ⁺ ; (2) ⁺ is proposed by 1973He02 in (p,d) and 1972La20 and 1975IsZY in (d,t) based on comparisons of measured spectroscopic strength with shell-model predictions.
161.19 6	(3) ⁺		ABCDEF	J ^π : L(d,t)=0+2, L(³ He,d)=2+4; 88.62γ to (3) ⁺ , 45.0γ to (2) ⁺ . 1972La20 and 1973He02 suggest J=2, inconsistent with L(d,t)=0 component.
192.18 5	(2,3) ⁺		ABCDEF	J ^π : L(p,d)=2+0 and L(d,t)=2 from 7/2 ⁺ , L(³ He,d)=2+4 from 3/2 ⁺ ; 1972La20 and 1973He02 suggest J=3; 76.01γ to (2) ⁺ .
230.40 7	(4) ⁺		ABCDEF	J ^π : L(p,d)=L(d,t)=2 from 7/2 ⁺ , L(³ He,d)=4; 157.8γ to (3) ⁺ , 230.4γ to (2) ⁺ .
292.96 7	(1) ⁺		ABC F	J ^π : L(³ He,d)=2 from 3/2 ⁺ ; 176.83γ to (2) ⁺ ; (1) ⁺ is proposed by 1975IsZY in (³ He,d) based on comparison of measured σ(θ) with shell-model prediction.
413.30 6	3 ⁺ ,4 ⁺		ABCDEF	J ^π : L(d,t)=L(p,d)=0+2, 297.2γ to (2) ⁺ . 1972La20 in (d,t) and 1973He02 in (p,d) suggest J=4, 1975IsZY in (d,t) suggest J=3.
479.25 13	3 ⁺ ,4 ⁺		ABCDEF	XREF: D(493). J ^π : L(p,d)=2+0 and L(d,t)=0 from 7/2 ⁺ , L(³ He,d)=2 from 3/2 ⁺ . 1972La20 in (d,t) and 1973He02 in (p,d) suggest J=3, 1975IsZY suggest J=4 based 479.3γ to 5 ⁺ .
510.44 6	3 ⁺ ,4 ⁺		bc EF	J ^π : L(d,t)=0 from 7/2 ⁺ .
518.68 15	3 ⁺ ,4 ⁺		AbCDE	XREF: D(530). J ^π : L(d,t)=0 and L(p,d)=2+0 from 7/2 ⁺ , L(³ He,d)=2+4 from 3/2 ⁺ .
642.35 9	(2) ⁺		ABC F	J ^π : L(³ He,d)=0 from 3/2 ⁺ , 229.3γ and 131.9γ to 3 ⁺ ,4 ⁺ .
737.67 9	(2) ⁻		C e	J ^π : L(d,t)=5 from 7/2 ⁺ for 738+739 doublet, 444.7γ to (1) ⁺ , 576.4γ to (3) ⁺ .
738.80 [#] 20	(7) ⁻	2.0 μs 3	C eFG	%IT=100 J ^π : L(d,t)=5 from 7/2 ⁺ for 738+739 doublet; 738.8γ (M2) to 5 ⁺ . (4) ⁻ is proposed by 1975IsZY. T _{1/2} : from 2104As02 in ²³⁸ U(¹² C,Fγ), deduced from measured imbalance in intensity using a time window of 300 ns.
770.5?			F	E(level): observed in (d,α) only.
823.33 12	(1,2,3) ⁻		C EF	J ^π : L(d,t)=5 from 7/2 ⁺ , 85.68γ to (2) ⁻ , 535.5γ from 1 ⁺ ,2 ⁺ .
836.6 [#] 6	(8) ⁻ [‡]		E G	J ^π : L(d,t)=5 from 7/2 ⁻ ; 1975IsZY in (d,t) suggest that one of the two states at 836 and 1067 has J=7 and the other has J=8.
842.79 16			C F	
888 2			E	
900.5 3	(4,5) ⁻		C EF	J ^π : L(d,t)=5 from 7/2 ⁺ , 900.8γ to 5 ⁺ , 670.0γ to (4) ⁺ .
915.3?			F	E(level): observed in (d,α) only.
929 3			E	
936.30 19	(4,5) ⁻		C EF	J ^π : L(d,t)=5 from 7/2 ⁺ , 936.2γ to 5 ⁺ , 706.5γ to (4) ⁺ .
947.79 17			C	
961.4 5	(4,5,6) ⁻		C EF	J ^π : L(d,t)=5 from 7/2 ⁺ , 961.4γ to 5 ⁺ .
1033 2			E	
1057.77 16	1 ⁺ ,2 ⁺		ABC	J ^π : L(³ He,d)=0 from 3/2 ⁺ .
1067 2	(7,8) ⁻		E	J ^π : L(d,t)=5 from 7/2 ⁻ ; 1975IsZY in (d,t) suggest that one of the two states at 836 and 1067 has J=7 and the other has J=8.
1096 2	1 ⁺ ,2 ⁺		A E	E(level): weighted average of 1096 2 from (³ He,d) and 1095 3 from (d,t). J ^π : L(³ He,d)=0 from 3/2 ⁺ .
1102.54 22			C E	
1150 3			ab E	E(level): from (d,t). Others: 1154 2 from (³ He,d), 1160 4 from (α,t).
1155 5			ab E	E(level): from (d,t). Others: 1154 2 from (³ He,d), 1160 4 from (α,t).
1178 5	1 ⁺ ,2 ⁺		A	J ^π : L(³ He,d)=0 from 3/2 ⁺ .
1200.3 3			C E	
1228.87 16	1 ⁺ ,2 ⁺		A C E	J ^π : L(³ He,d)=0 from 3/2 ⁺ .

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Adopted Levels, Gammas (continued)

¹³⁸La Levels (continued)

E(level) [†]	J ^π	XREF	Comments
1243.0 3	(4,5,6) ⁻	ABC	J ^π : L(³ He,d)=5 from 7/2 ⁺ , 1243.0γ to 5 ⁺ .
1257.0 [#] 7	(9) ⁻	E G	J ^π : L(d,t)=5 from 7/2 ⁺ , 420.3γ to (8 ⁻), band structure.
1267 1	-	AB	J ^π : L(³ He,d)=5 from 3/2 ⁺ .
1302 2		E	
1344 3		E	
1358.8 3	1 ⁺ ,2 ⁺	ABC	J ^π : L(³ He,d)=0 from 3/2 ⁺ , 621.0γ to (2) ⁻ .
1375 2		E	
1385.1 3		C E	
1425 2	1 ⁺ ,2 ⁺	AB E	J ^π : L(³ He,d)=0 from 3/2 ⁺ . E(level): from (d,t). Others: 1426 3 from (³ He,d), 1426 4 from (α,t).
1455 2	1 ⁺ ,2 ⁺	AB	J ^π : L(³ He,d)=0 from 3/2 ⁺ . E(level): from (³ He,d). Other: 1456 2 from (α,t).
1466 2		E	
1490.5 3		C E	
1520 3		E	
1531 2	1 ⁺ ,2 ⁺	AB	J ^π : L(³ He,d)=0 from 3/2 ⁺ . E(level): weighted average of 1532 2 in (³ He,d) and 1530 2 in (α,t).
1545 3		E	
1570 2	1 ⁺ ,2 ⁺	AB E	J ^π : L(³ He,d)=0 from 3/2 ⁺ . E(level): weighted average of 1568 3 in (³ He,d), 1565 5 in (α,t) and 1571 2 in (d,t).
1581 2	-	AB E	J ^π : L(³ He,d)=5 from 3/2 ⁺ . E(level): weighted average of 1580 3 in (³ He,d), 1579 3 in (α,t) and 1583 2 in (d,t).
1599 2		E	
1624 4	1 ⁺ ,2 ⁺	AB	J ^π : L(³ He,d)=0 from 3/2 ⁺ .
1645 2	-	AB E	E(level): weighted average of 1645 2 in (³ He,d), 1644 2 in (α,t) and 1646 2 in (d,t). J ^π : L(³ He,d)=5 from 3/2 ⁺ .
1656 3		E	
1676 3		E	
1687 2	1 ⁺ ,2 ⁺	AB E	E(level): weighted average of 1685 3 in (³ He,d), 1686 2 in (α,t) and 1690 2 in (d,t). J ^π : L(³ He,d)=0 from 3/2 ⁺ .
1707 2		E	
1713 2	+	AB	E(level): from (α,t). Other: 1715 4 from (³ He,d). J ^π : L(³ He,d)=2 from 3/2 ⁺ .
1722.4 4		C	
1733.45 23	1 ⁺ ,2 ⁺	ABC E	XREF: B(1728)E(1726). J ^π : L(³ He,d)=0 from 3/2 ⁺ .
1739 2		E	
1756 4	+	AB	E(level): weighted average of 1757 4 in (³ He,d), 1755 4 in (α,t). J ^π : L(³ He,d)=2 from 3/2 ⁺ .
1788.4 4	+	ABC E	
2001.6 [#] 6	(10 ⁻) [‡]	G	
2352.8 [#] 7	(11 ⁻) [‡]	G	
2476.2 [#] 8	(12 ⁻) [‡]	G	
2938.6 [#] 9	(13 ⁻) [‡]	G	
3190.0 [#] 9	(14 ⁻) [‡]	G	
3514.8 [@] 9	(13 ⁺) [‡]	G	
3574.5 9	(14 ⁻) [‡]	G	
3725.8 10	(14 ⁺) [‡]	G	
3771.7 [@] 10	(14 ⁺) [‡]	G	
3960.8 10	(15 ⁺) [‡]	G	
4099.1 10	(15 ⁻) [‡]	G	

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Adopted Levels, Gammas (continued) ^{138}La Levels (continued)

E(level) [†]	J ^π	XREF
4152.5 [@] 11	(15 ⁺) [‡]	G
4467.9 [#] 10	(16 ⁻) [‡]	G

[†] From a least-squares fit to γ -ray energies where applicable, unless otherwise noted.

[‡] Proposed by 2014As02 in ($^{12}\text{C},\text{F}\gamma$) based on band structures and comparisons with shell-model predictions.

[#] Band(A): γ cascade based on 7⁻. Members of $\pi g_{7/2} \otimes \nu h_{11/2}$ and/or $\pi d_{5/2} \otimes \nu h_{11/2}$ multiplet.

[@] Band(B): γ cascade based on (13⁺).

E _i (level)	J _i ^π	$\gamma(^{138}\text{La})$						Comments
		E _{γ} [‡]	I _{γ} [‡]	E _f	J _f ^π	Mult.	α [†]	
72.57	(3) ⁺	72.57 3	100	0.0	5 ⁺	(E2)	6.33	B(E2)(W.u.)=7.8 4 $\alpha(\text{K})=3.00$ 5; $\alpha(\text{L})=2.61$ 4; $\alpha(\text{M})=0.581$ 9 $\alpha(\text{N})=0.1229$ 18; $\alpha(\text{O})=0.01723$ 25; $\alpha(\text{P})=0.0001543$ 22 Mult.: from 1975We16 in (p, γ) based on RUL. Mult.=M1 would require a half-life less than 0.1 ns.
116.17	(2) ⁺	43.6 1	100	72.57	(3) ⁺			
161.19	(3) ⁺	45.0 1	13 5	116.17	(2) ⁺			
		88.62 5	100 8	72.57	(3) ⁺			
192.18	(2,3) ⁺	76.01 8	100 9	116.17	(2) ⁺			
		119.64 5	41 3	72.57	(3) ⁺			
230.40	(4) ⁺	157.8 1	4.6 6	72.57	(3) ⁺			
		230.4 2	100 9	0.0	5 ⁺			
292.96	(1) ⁺	100.78 6	22 2	192.18	(2,3) ⁺			
		176.83 6	100	116.17	(2) ⁺			
413.30	3 ⁺ ,4 ⁺	182.9 1	4.4 5	230.40	(4) ⁺			
		221.13 5	34 3	192.18	(2,3) ⁺			
		297.2 3	8.4 8	116.17	(2) ⁺			
		340.78 20	100 8	72.57	(3) ⁺			
479.25	3 ⁺ ,4 ⁺	248.7 2	7.7 8	230.40	(4) ⁺			
		406.8 2	100 8	72.57	(3) ⁺			
		479.3 3	21 3	0.0	5 ⁺			
510.44	3 ⁺ ,4 ⁺	280.0 1	7.7 16	230.40	(4) ⁺			
		318.3 1	98 7	192.18	(2,3) ⁺			
		394.3 1	43 4	116.17	(2) ⁺			
		437.9 1	100 9	72.57	(3) ⁺			
518.68	3 ⁺ ,4 ⁺	357.6 2	17 2	161.19	(3) ⁺			
		445.9 3	100 9	72.57	(3) ⁺			
		518.5 4	15 2	0.0	5 ⁺			
642.35	(2) ⁺	131.9 1	9.7 9	510.44	3 ⁺ ,4 ⁺			
		229.3 2	43 4	413.30	3 ⁺ ,4 ⁺			
		450.2 2	33 3	192.18	(2,3) ⁺			
		481.0 3	100 15	161.19	(3) ⁺			
		526.2 3	11.8 9	116.17	(2) ⁺			
		569.5 2	58 6	72.57	(3) ⁺			
737.67	(2) ⁻	227.3 1	25 2	510.44	3 ⁺ ,4 ⁺			
		324.4 2	6.0 6	413.30	3 ⁺ ,4 ⁺			
		444.7 3	49 5	292.96	(1) ⁺			
		545.4 2	23 2	192.18	(2,3) ⁺			
		576.4 2	100 8	161.19	(3) ⁺			

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Adopted Levels, Gammas (continued)

$\gamma(^{138}\text{La})$ (continued)								
$E_i(\text{level})$	J_i^π	E_γ^\ddagger	I_γ^\ddagger	E_f	J_f^π	Mult.	α^\ddagger	Comments
738.80	(7) ⁻	738.8 2	100	0.0	5 ⁺	(M2)	0.01513	B(M2)(W.u.)=0.0026 +5-4 $\alpha(\text{K})=0.01288$ 18; $\alpha(\text{L})=0.001781$ 25; $\alpha(\text{M})=0.000372$ 6 $\alpha(\text{N})=8.18\times 10^{-5}$ 12; $\alpha(\text{O})=1.331\times 10^{-5}$ 19; $\alpha(\text{P})=1.037\times 10^{-6}$ 15 E_γ : weighted average of 738.8 2 from (p,n γ) and 739.2 5 from ($^{12}\text{C},\text{F}\gamma$). Mult.: proposed by 2014As02 in ($^{12}\text{C},\text{F}\gamma$) based on transition energy and $T_{1/2}$.
823.33	(1,2,3) ⁻	85.68 8	100	737.67	(2) ⁻			
836.6	(8) ⁻	97.8 [#] 5		738.80	(7) ⁻			
842.79		612.7 4	19 3	230.40	(4) ⁺			
		842.7 2	100 9	0.0	5 ⁺			
900.5	(4,5) ⁻	670.0 3	56 7	230.40	(4) ⁺			
		900.8 5	100 10	0.0	5 ⁺			
936.30	(4,5) ⁻	706.5 5	100 10	230.40	(4) ⁺			
		936.2 2	≤ 233	0.0	5 ⁺			
947.79		105.0 1	28 3	842.79				
		717.4 3	100 10	230.40	(4) ⁺			
961.4	(4,5,6) ⁻	961.4 5	100	0.0	5 ⁺			
1057.77	1 ⁺ ,2 ⁺	765.0 3	36 4	292.96	(1) ⁺			
		865.6 3	33 3	192.18	(2,3) ⁺			
		941.3 3	≤ 45	116.17	(2) ⁺			
		985.3 3	100 9	72.57	(3) ⁺			
1102.54		910.4 3	100 10	192.18	(2,3) ⁺			
		941.3 3	≤ 94	161.19	(3) ⁺			
1200.3		681.5 3	100 10	518.68	3 ⁺ ,4 ⁺			
		1200.5 5	78 13	0.0	5 ⁺			
1228.87	1 ⁺ ,2 ⁺	936.2 2	≤ 127	292.96	(1) ⁺			
		1067.5 3	92 9	161.19	(3) ⁺			
		1112.2 3	100 9	116.17	(2) ⁺			
1243.0	(4,5,6) ⁻	295.2 3	100 9	947.79				
		1243.0 5	89 21	0.0	5 ⁺			
1257.0	(9) ⁻	420.3 [#] 4	100	836.6	(8) ⁻			
1358.8	1 ⁺ ,2 ⁺	535.5 3	34 9	823.33	(1,2,3) ⁻			
		621.0 4	100 18	737.67	(2) ⁻			
1385.1		874.6 3	100 11	510.44	3 ⁺ ,4 ⁺			
		971.8 5	≤ 57	413.30	3 ⁺ ,4 ⁺			
1490.5		971.8 5	≤ 27	518.68	3 ⁺ ,4 ⁺			
		1077.2 3	100 10	413.30	3 ⁺ ,4 ⁺			
1722.4		1309.1 5		413.30	3 ⁺ ,4 ⁺			
		1429.5 5		292.96	(1) ⁺			
1733.45	1 ⁺ ,2 ⁺	910.4 3	≤ 122	823.33	(1,2,3) ⁻			
		1090.8 3	100 10	642.35	(2) ⁺			
1788.4	+	827.0 6	90 14	961.4	(4,5,6) ⁻			
		1270 1	100 17	518.68	3 ⁺ ,4 ⁺			
		1309.1 5	≤ 124	479.25	3 ⁺ ,4 ⁺			
2001.6	(10) ⁻	744.6 [#] 3	25 [#] 6	1257.0	(9) ⁻			
		1165.0 [#] 3	100 [#] 13	836.6	(8) ⁻			
2352.8	(11) ⁻	351.2 [#] 3	100	2001.6	(10) ⁻			
2476.2	(12) ⁻	123.4 [#] 3	100	2352.8	(11) ⁻	M1	0.595	$\alpha(\text{K})=0.509$ 8; $\alpha(\text{L})=0.0687$ 11; $\alpha(\text{M})=0.01429$ 23 $\alpha(\text{N})=0.00314$ 5; $\alpha(\text{O})=0.000511$ 8; $\alpha(\text{P})=3.96\times 10^{-5}$ 7

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Adopted Levels, Gammas (continued) $\gamma(^{138}\text{La})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\ddagger	I_γ^\ddagger	E_f	J_f^π	Comments
Mult.: from ($^{12}\text{C},\text{F}\gamma$) based on measured $\alpha(\text{exp})=0.52$ (2014As02).						
2938.6	(13 ⁻)	462.4 [#] 4	100	2476.2	(12 ⁻)	
3190.0	(14 ⁻)	251.4 [#] 3	100	2938.6	(13 ⁻)	
3514.8	(13 ⁺)	1038.6 [#] 5	100	2476.2	(12 ⁻)	
3574.5	(14 ⁻)	1098.3 [#] 5	100	2476.2	(12 ⁻)	
3725.8	(14 ⁺)	211.0 [#] 3	100	3514.8	(13 ⁺)	
3771.7	(14 ⁺)	256.9 [#] 4	100	3514.8	(13 ⁺)	
3960.8	(15 ⁺)	235.0 [#] 3	100	3725.8	(14 ⁺)	
4099.1	(15 ⁻)	1160.6 [#] 5	100	2938.6	(13 ⁻)	
4152.5	(15 ⁺)	380.8 [#] 5	100	3771.7	(14 ⁺)	
4467.9	(16 ⁻)	368.8 [#] 5	67 [#] 33	4099.1	(15 ⁻)	
		1277.8 [#] 5	100 [#] 50	3190.0	(14 ⁻)	

† Additional information 2.

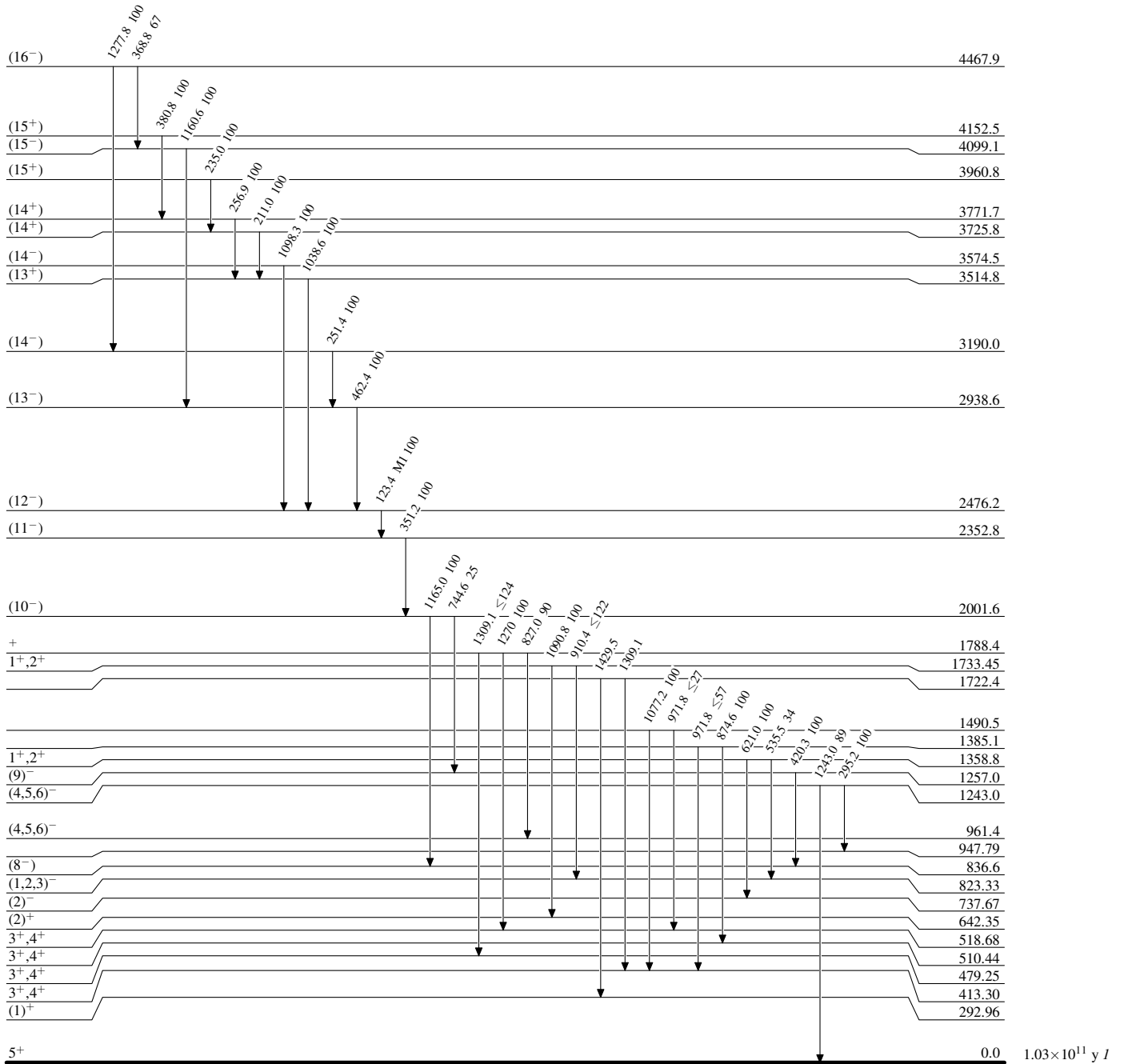
‡ From (p,n γ), unless otherwise noted.

From ($^{12}\text{C},\text{F}\gamma$).

Adopted Levels, Gammas

Level Scheme

Intensities: Relative photon branching from each level

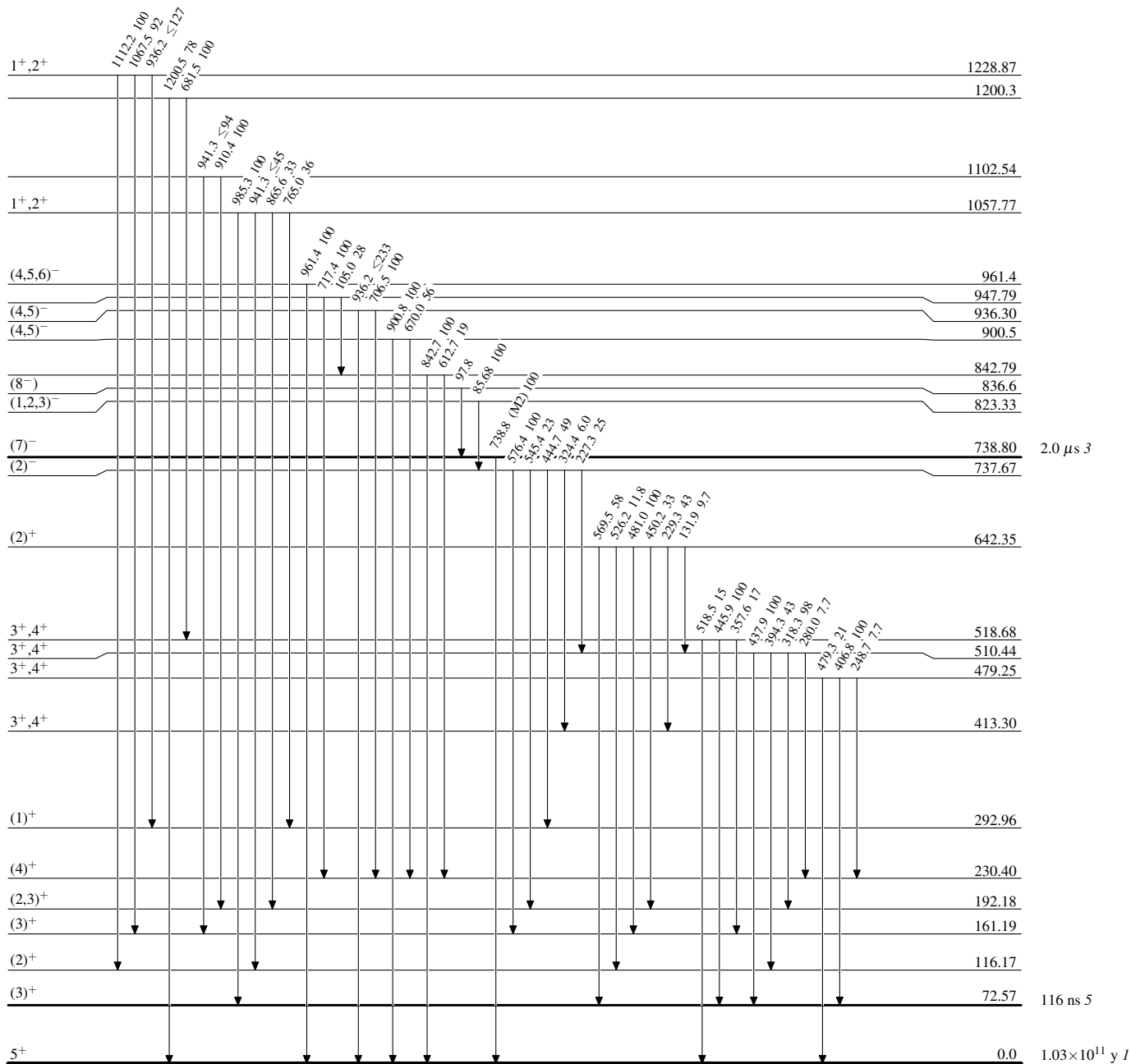


$^{138}_{57}\text{La}_{81}$

Adopted Levels, Gammas

Level Scheme (continued)

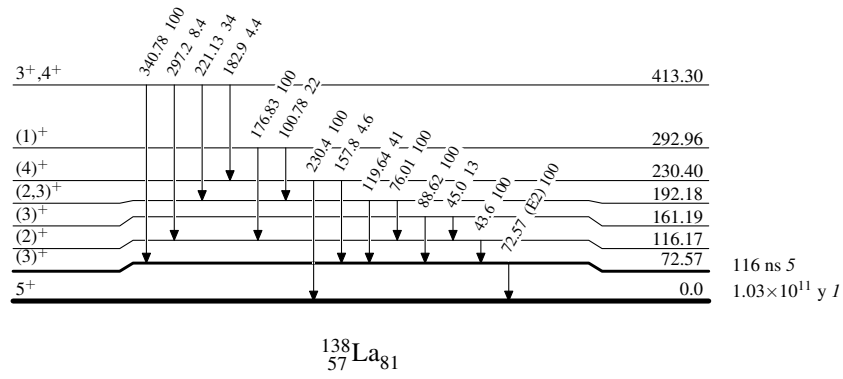
Intensities: Relative photon branching from each level

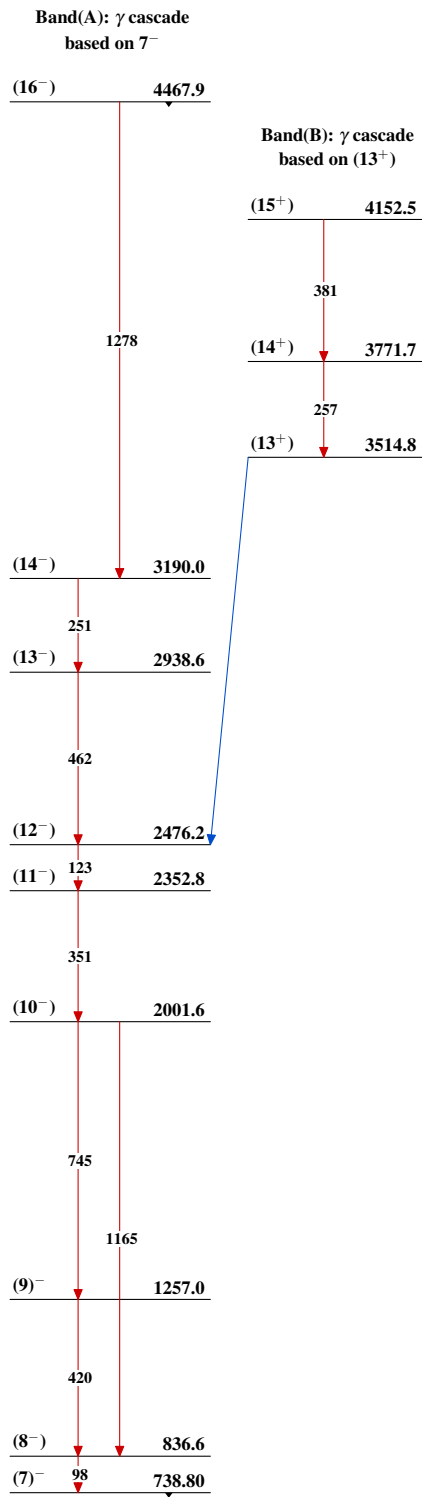


$^{138}_{57}\text{La}_{81}$

Adopted Levels, Gammas**Level Scheme (continued)**

Intensities: Relative photon branching from each level



Adopted Levels, Gammas $^{138}_{57}\text{La}_{81}$