

¹³³La ε decay (3.912 h) 1976He11,1980VyZZ

Type	Author	History	Citation	Literature Cutoff Date
Full Evaluation	Yu. Khazov and A. Rodionov, F. G. Kondev		NDS 112,855 (2011)	31-Oct-2010

Parent: ¹³³La: E=0.0; J^π=5/2⁺; T_{1/2}=3.912 h 8; Q(ε)=2059 28; %ε+%β⁺ decay=100

1976He11: ¹³³La ε decay [from ¹³³Ce ε decay, produced in ¹³²Ba(α,3n)]; measured γ, γ(t), γγ coin.; deduced levels, J^π, α(exp), log ft, T_{1/2}(¹³³La). Cyclotron, chemical and mass separations, Ge(Li) detectors.

1980VyZZ, 1983JoZX: ¹³³La ε decay [from Gd(p,X) E=660 MeV]; measured γ, ce; deduced levels, J^π. Synchrocyclotron, chemical and mass separations, particle-vibrational coupling model. Others: 1966Ha23, 1973Re05.

¹³³Ba Levels

E(level) [†]	J ^π [‡]	T _{1/2} [‡]	Comments
0.0	1/2 ⁺	10.551 y 11	
12.326 6	3/2 ⁺	7.0 ns 3	
288.251 9	11/2 ⁻	38.93 h 10	0.3% of all ¹³³ La decays populate the ¹³³ Ba isomer (1966Ha23).
291.186 9	5/2 ⁺		
302.395 11	3/2 ⁺		
539.800 13	1/2 ⁺		
577.553 13	7/2 ⁺		
630.567 10	5/2 ⁺		
676.486 12	3/2 ⁺ ,5/2 ⁺		
858.499 11	3/2 ⁺		
862.80 9	(7/2) ⁺		
883.39 5	9/2 ⁺		
887.134 12	5/2 ⁺		
923.955 10	5/2 ⁺		
1021.584 23	3/2 ⁺		
1112.344 12	3/2 ⁺ ,5/2 ⁺ ,7/2 ⁺		
1211.792 12	3/2 ⁺ ,5/2 ⁺		
1283.959 24	3/2 ⁻		
1329.316 18	5/2 ⁺		
1352.76 5	7/2 ⁺		
1528.64 9	3/2,5/2 ⁺		
1532.40 8	3/2,5/2,7/2 ⁺		
1563.399 24	5/2 ⁺		
1620.56 4	5/2 ⁺		
1689.74 6	3/2 ⁺ ,5/2,7/2 ⁺		
1706.94 19	3/2,5/2 ⁺		
1769.70 5	3/2,5/2 ⁺		
1830.22 3	3/2,5/2 ⁺		

[†] From a least-squares fit to Eγ's.

[‡] From 'Adopted Levels'.

ε,β⁺ radiations

E(decay)	E(level)	Iε [‡]	Log ft	I(ε+β ⁺) ^{†‡}	Comments
(229 28)	1830.22	0.0027 6	7.98 17	0.0027 6	εK=0.811 8; εL=0.147 6; εM+=0.0424 20
(289 28)	1769.70	0.0111 6	7.60 11	0.0111 6	εK=0.822 5; εL=0.139 4; εM+=0.0398 11
(352 28)	1706.94	0.0120 9	7.75 9	0.0120 9	εK=0.828 3; εL=0.1336 20; εM+=0.0381 7
(369 28)	1689.74	0.0177 22	7.63 10	0.0177 22	εK=0.8297 24; εL=0.1326 18; εM+=0.0378 6
(438 28)	1620.56	0.061 4	7.25 7	0.061 4	εK=0.8340 16; εL=0.1293 12; εM+=0.0367 4
(496 28)	1563.399	0.055 4	7.41 7	0.055 4	εK=0.8366 12; εL=0.1274 9; εM+=0.0360 3
(527 28)	1532.40	0.0061 7	8.42 8	0.0061 7	εK=0.8377 11; εL=0.1265 8; εM+=0.0358 3

Continued on next page (footnotes at end of table)

¹³³La ε decay (3.912 h) **1976He11,1980VyZZ** (continued)

ε,β⁺ radiations (continued)

E(decay)	E(level)	Iβ ⁺ ‡	Iε ‡	Log ft	I(ε+β ⁺) †‡	Comments
(530 28)	1528.64		0.0054 8	8.48 9	0.0054 8	εK=0.8379 11; εL=0.1264 8; εM+=0.0357 3
(706 28)	1352.76		0.131 9	7.36 5	0.131 9	εK=0.8423 6; εL=0.1231 4; εM+=0.03463 14
(730 28)	1329.316		0.079 5	7.61 5	0.079 5	εK=0.8427 5; εL=0.1228 4; εM+=0.03453 13
(775 28)	1283.959		0.062 5	7.77 5	0.062 5	εK=0.8434 5; εL=0.1222 4; εM+=0.03435 11
(847 28)	1211.792		0.168 11	7.42 5	0.168 11	εK=0.8444 4; εL=0.1215 3; εM+=0.03410 9
(947 28)	1112.344		0.318 17	7.24 4	0.318 17	εK=0.8455 3; εL=0.12067 22; εM+=0.03383 7
(1037 28)	1021.584		0.115 7	7.77 4	0.115 7	εK=0.8463 3; εL=0.12005 18; εM+=0.03363 6
(1135 28)	923.955		1.59 8	6.71 4	1.59 8	εK=0.8470 2; εL=0.11950 15; εM+=0.03345 5
(1172 28)	887.134		0.64 3	7.13 3	0.64 3	εK=0.8473 2; εL=0.11932 14; εM+=0.03339 5
(1196 28)	862.80		0.066 7	8.13 5	0.066 7	εK=0.8474 2; εL=0.11920 14; εM+=0.03335 5
(1201 28)	858.499		1.16 6	6.89 3	1.16 6	εK=0.8474 2; εL=0.11918 14; εM+=0.03334 5
(1383 28)	676.486	0.00031 12	0.192 17	7.80 5	0.192 17	av Eβ=172 13; εK=0.8470 4; εL=0.11828 17; εM+=0.03306 5
(1428 28)	630.567	0.0025 8	0.95 5	7.13 3	0.95 5	av Eβ=192 13; εK=0.8464 6; εL=0.11800 19; εM+=0.03297 6
(1481 28)	577.553	0.0019 5	0.43 3	7.51 4	0.43 3	av Eβ=216 13; εK=0.8451 9; εL=0.11764 22; εM+=0.03286 7
(1757 28)	302.395	0.054 8	2.10 11	6.97 3	2.15 11	av Eβ=336 13; εK=0.828 3; εL=0.1145 5; εM+=0.03195 14
(1768 28)	291.186	0.030 5	1.10 11	7.26 5	1.13 11	av Eβ=341 13; εK=0.827 3; εL=0.1143 5; εM+=0.03190 14
(2047 28)	12.326	7.1 8	84 6	5.51 4	91 7	av Eβ=463 13; εK=0.784 6; εL=0.1079 9; εM+=0.03008 24

† From intensity balances.

‡ Absolute intensity per 100 decays.

¹³³La ε decay (3.912 h) [1976He11,1980VyZZ \(continued\)](#)

γ(¹³³Ba)

I_γ normalization: from Σ(I(γ+ce) to g.s.)=100 and by assuming that there is no direct ε-decay feeding to the ¹³³Ba g.s. (J^π=1/2⁺); I(γ[±])/I_γ(278γ)=4.58 11 (1976He11).

E _γ [‡]	I _γ ^{‡&}	E _i (level)	J _i ^π	E _f	J _f ^π	Mult.#	δ	α [†]	Comments
12.327 6	56.4 28	12.326	3/2 ⁺	0.0	1/2 ⁺	M1+E2	≤0.013	69.5 19	α(L)=55.2 15; α(M)=11.4 3; α(N+.)=2.86 8 α(N)=2.46 7; α(O)=0.373 9; α(P)=0.0261 4 Mult.,δ: from 'Adopted Levels and gammas'. I _γ : from I(γ+ce)=3976 164 deduced using I _γ ([±])=458 11 (1976He11), ε/β ⁺ =15.2 (theory 1972Dz09 with assumed uncertainty of 3%) and ΣI(γ+ce)=266 4, the total intensity feeding this state.
^x 113.43 6	0.21 4					M1,E2		1.0 3	ce(K)=38 6; ce(L2)+ce(L3)=9 2; ce(M)=2.3 4; α(K)exp=0.8 2 (1966Ha23) α(K)=0.71 12; α(L)=0.20 13; α(M)=0.04 3; α(N+.)=0.010 7 α(N)=0.009 6; α(O)=0.0012 7; α(P)=3.89×10 ⁻⁵ 6
136.7 [@] 2	0.8 [@] 3	676.486	3/2 ⁺ ,5/2 ⁺	539.800	1/2 ⁺	M1,E2		0.52 12	ce(K)=7 1 (1966Ha23) α(K)exp=0.4 2 α(K)=0.40 6; α(L)=0.10 5; α(M)=0.020 11; α(N+.)=0.005 3 α(N)=0.0043 23; α(O)=0.0006 3; α(P)=2.27×10 ⁻⁵ 5
158.4 [@] 3	0.07 [@] 3	1021.584	3/2 ⁺	862.80	(7/2) ⁺	E2		0.33 6	ce(K)=4 1; α(K)exp=0.26 12 (1966Ha23) α(K)=0.26 3; α(L)=0.055 24; α(M)=0.012 6; α(N+.)=0.0028 12 α(N)=0.0024 11; α(O)=0.00035 14; α(P)=1.48×10 ⁻⁵ 5 E _γ : this transition questionably populates the 862.80-keV level in 1976He11, however, the level energy difference (158.78 9) fits.
210.54 6	0.20 5	887.134	5/2 ⁺	676.486	3/2 ⁺ ,5/2 ⁺	M1,E2		0.135 11	ce(K)=10 2 (1966Ha23) α(K)exp=0.23 8 α(K)=0.110 4; α(L)=0.020 6; α(M)=0.0041 13; α(N+.)=0.0010 3 α(N)=0.00087 25; α(O)=0.00013 3; α(P)=6.5×10 ⁻⁶ 5
227.82 6	0.31 5	858.499	3/2 ⁺	630.567	5/2 ⁺	M1,E2		0.106 6	ce(K)=8 2 (1966Ha23) α(K)exp=0.15 4 α(K)=0.0870 15; α(L)=0.015 4; α(M)=0.0031 8; α(N+.)=0.00077 18 α(N)=0.00067 16; α(O)=9.7×10 ⁻⁵ 20; α(P)=5.2×10 ⁻⁶ 5
256.57 [@] 6	0.91 [@] 6	887.134	5/2 ⁺	630.567	5/2 ⁺	M1,E2		0.0741 14	ce(K)=16.5 25 (1966Ha23) α(K)exp=0.076 12

¹³³La ε decay (3.912 h) **1976He11,1980VyZZ (continued)**

γ(¹³³Ba) (continued)

<u>E_γ[‡]</u>	<u>I_γ^{‡&}</u>	<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.#</u>	<u>δ</u>	<u>α[†]</u>	<u>Comments</u>
									α(K)=0.0614 17; α(L)=0.0100 18; α(M)=0.0021 4; α(N+..)=0.00052 9 α(N)=0.00045 8; α(O)=6.6×10 ⁻⁵ 10; α(P)=3.7×10 ⁻⁶ 4 E _γ : level energy difference is 256.547 14; 256.340 26 in 1980VyZZ .
275.925 7		288.251	11/2 ⁻	12.326	3/2 ⁺	M4		4.65	α(K)=3.34 5; α(L)=1.018 15; α(M)=0.229 4; α(N+..)=0.0565 8 α(N)=0.0491 7; α(O)=0.00705 10; α(P)=0.000352 5 E _γ ,Mult.: from 'Adopted Levels and gammas'.
278.835 17	100.0 32	291.186	5/2 ⁺	12.326	3/2 ⁺	M1+E2	0.9 16	0.0580 11	ce(K)=100×10 ¹ 15; ce(L)=145 25; ce(M)=35 6 (1966Ha23) α(K)exp=0.044 7; α(L)exp=0.0064 11; α(M)exp=0.0016 3 α(K)=0.0485 21; α(L)=0.0075 10; α(M)=0.00157 22; α(N+..)=0.00039 5 α(N)=0.00034 5; α(O)=5.0×10 ⁻⁵ 5; α(P)=3.0×10 ⁻⁶ 4 δ: calculated by evaluators from I(ce) data (1966Ha23) using the BrIccMixing program.
^x 281.8@ 2	0.5@ 2								
286.4@ 4	1.22@ 4	577.553	7/2 ⁺	291.186	5/2 ⁺	M1,E2		0.0536 14	ce(K)=11 2 (1966Ha23); α(K)exp=0.041 8 α(K)=0.0447 24; α(L)=0.0070 9; α(M)=0.00147 20; α(N+..)=0.00036 5 α(N)=0.00031 4; α(O)=4.6×10 ⁻⁵ 5; α(P)=2.7×10 ⁻⁶ 4
290.06@ 5	56.5@ 5	302.395	3/2 ⁺	12.326	3/2 ⁺	M1+E2	1.0 12	0.0521 13	ce(K)=520 80; ce(L)=70 10; ce(M)=18 3 (1966Ha23) α(K)exp=0.041 6; α(L)exp=0.0056 8; α(M)exp=0.0014 2 α(K)=0.0439 21; α(L)=0.0065 7; α(M)=0.00135 16; α(N+..)=0.00033 4 α(N)=0.00029 3; α(O)=4.3×10 ⁻⁵ 4; α(P)=2.8×10 ⁻⁶ 3 δ: Calculated by evaluators with BrIccMixing program from ce(K)=520 80, ce(L)=70 10 and ce(M)=18 3 (1966Ha23). E _γ : level energy difference is 290.044 8; 290.275 22 in 1980VyZZ .
291.17@ 5	17.4@ 3	291.186	5/2 ⁺	0.0	1/2 ⁺	(E2)		0.0497	ce(K)≈120; ce(L)≈25 (1966Ha23) α(K)exp≈0.030; α(L)exp≈0.0065 α(K)=0.0403 6; α(L)=0.00743 11; α(M)=0.001568 22; α(N+..)=0.000382 6 α(N)=0.000332 5; α(O)=4.76×10 ⁻⁵ 7; α(P)=2.28×10 ⁻⁶ 4
293.17@ ^b 11	1.0@ 2	923.955	5/2 ⁺	630.567	5/2 ⁺	M1,E2		0.0501 16	ce(K)≈11; ce(L)≈2 (1966Ha23) α(K)exp≈0.050; α(L)exp≈0.009 α(K)=0.0419 25; α(L)=0.0065 8; α(M)=0.00136 17; α(N+..)=0.00034 4 α(N)=0.00029 4; α(O)=4.3×10 ⁻⁵ 4; α(P)=2.6×10 ⁻⁶ 4 E _γ : this transition questionably populates the 630.567-keV level (1976He11), poor fit, the level energy difference = 293.388 12.

¹³³La ε decay (3.912 h) ¹⁹⁷⁶He11,1980VyZZ (continued)

								<u>γ(¹³³Ba) (continued)</u>	
<u>E_γ[‡]</u>	<u>I_γ^{‡&}</u>	<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Mult.#</u>	<u>α[†]</u>	<u>Comments</u>	
302.38 [@] 4	65.9 [@] 21	302.395	3/2 ⁺	0.0	1/2 ⁺	M1	0.0475	ce(K)=604 21; ce(L)=69 8; ce(M)=15 4 α(L)exp=0.0047 6; α(M)exp=0.0010 3 α(K)=0.0408 6; α(L)=0.00534 8; α(M)=0.001098 16; α(N+..)=0.000276 4 α(N)=0.000237 4; α(O)=3.63×10 ⁻⁵ 5; α(P)=2.66×10 ⁻⁶ 4	
309.56 5	0.55 5	887.134	5/2 ⁺	577.553	7/2 ⁺	M1,E2	0.0428 20	ce(K)=5.8 18; α(K)exp=0.047 15 α(K)=0.036 3; α(L)=0.0055 5; α(M)=0.00115 12; α(N+..)=0.000283 25 α(N)=0.000245 23; α(O)=3.63×10 ⁻⁵ 22; α(P)=2.2×10 ⁻⁶ 3	
324.76 10 328.18 3	0.32 5 1.19 7	1211.792 630.567	3/2 ⁺ ,5/2 ⁺ 5/2 ⁺	887.134 302.395	5/2 ⁺ 3/2 ⁺	M1+E2	0.0362 23	ce(L)=1.2 3; α(L)exp=0.0046 12 α(K)=0.030 3; α(L)=0.0046 3; α(M)=0.00095 8; α(N+..)=0.000236 15 α(N)=0.000204 14; α(O)=3.04×10 ⁻⁵ 12; α(P)=1.9×10 ⁻⁶ 3	
339.35 4	1.63 16	630.567	5/2 ⁺	291.186	5/2 ⁺	M1+E2	0.0329 23	ce(K)=11 3; ce(L)=1.4 4; α(K)exp=0.030 8; α(L)exp=0.0039 11 α(K)=0.028 3; α(L)=0.00414 21; α(M)=0.00086 6; α(N+..)=0.000213 11 α(N)=0.000184 10; α(O)=2.74×10 ⁻⁵ 8; α(P)=1.7×10 ⁻⁶ 3	
345.1 [@] 4	0.06 [@] 5	1021.584	3/2 ⁺	676.486	3/2 ⁺ ,5/2 ⁺			E _γ : this transition questionably populates the 676.486-keV level in ¹⁹⁷⁶ He11, however, the level energy difference (345.098 25) fits.	
347.1 [@] 3 353.28 4	0.13 [@] 6 0.94 7	887.134 1211.792	5/2 ⁺ 3/2 ⁺ ,5/2 ⁺	539.800 858.499	1/2 ⁺ 3/2 ⁺	E2	0.0271	ce(K)=3.8 7; α(K)exp=0.018 4 α(K)=0.0223 4; α(L)=0.00378 6; α(M)=0.000794 12; α(N+..)=0.000195 3 α(N)=0.0001687 24; α(O)=2.45×10 ⁻⁵ 4; α(P)=1.296×10 ⁻⁶ 19	
^x 355.97 3	1.19 6					E1	0.00738 11	ce(K)=1.3 3; α(K)exp=0.0041 12 α(K)=0.00636 9; α(L)=0.000810 12; α(M)=0.0001659 24; α(N+..)=4.14×10 ⁻⁵ 6 α(N)=3.56×10 ⁻⁵ 5; α(O)=5.39×10 ⁻⁶ 8; α(P)=3.75×10 ⁻⁷ 6	
374.13 9 385.295 14	0.33 5 3.10 11	676.486 676.486	3/2 ⁺ ,5/2 ⁺ 3/2 ⁺ ,5/2 ⁺	302.395 291.186	3/2 ⁺ 5/2 ⁺	M1+E2	0.0231 23	ce(K)=16 5; ce(L)=2.5 7; ce(M)=0.7 3 α(K)exp=0.023 8; α(L)exp=0.0036 3; α(M)exp=0.0010 4 α(K)=0.0196 23; α(L)=0.00283 4; α(M)=0.000588 10; α(N+..)=0.0001461 21 α(N)=0.0001260 18; α(O)=1.89×10 ⁻⁵ 5; α(P)=1.22×10 ⁻⁶ 21	
428.7 [@] 2	0.17 [@] 6	1352.76	7/2 ⁺	923.955	5/2 ⁺	M1	0.0194	ce(K)=1.0 3; α(K)exp=0.021 6 α(K)=0.01665 24; α(L)=0.00215 3; α(M)=0.000443 7; α(N+..)=0.0001113 16 α(N)=9.56×10 ⁻⁵ 14; α(O)=1.467×10 ⁻⁵ 21; α(P)=1.081×10 ⁻⁶ 16	

¹³³La ε decay (3.912 h) ¹⁹⁷⁶He11,1980VyZZ (continued)

γ(¹³³Ba) (continued)

E_γ †	I_γ ‡&	E_i (level)	J_i^π	E_f	J_f^π	Mult.#	α^\dagger	Comments
^x 432.3 @ ^b 3 435.82 3	0.09 @ 5 1.02 6	1112.344	3/2 ⁺ , 5/2 ⁺ , 7/2 ⁺	676.486	3/2 ⁺ , 5/2 ⁺	E2	0.01452	E_γ : 428.53 9 is placed from the 1351-keV (3/2 ⁺ , 5/2 ⁺) level (1980VyZZ), but this level is not supported by others, the level energy difference is equal to 428.74 5. ce(K)=2.6 5; α (K)exp=0.012 3 α (K)=0.01212 17; α (L)=0.00190 3; α (M)=0.000398 6; α (N+..)=9.79×10 ⁻⁵ 14 α (N)=8.47×10 ⁻⁵ 12; α (O)=1.247×10 ⁻⁵ 18; α (P)=7.20×10 ⁻⁷ 10
441.9 @ 4	0.07 @ 5	1329.316	5/2 ⁺	887.134	5/2 ⁺	M1,E2	0.0159 20	ce(K)=0.35 12; α (K)exp=0.023 10 α (K)=0.0135 19; α (L)=0.00191 9; α (M)=0.000395 16; α (N+..)=9.8×10 ⁻⁵ 5 α (N)=8.5×10 ⁻⁵ 4; α (O)=1.28×10 ⁻⁵ 9; α (P)=8.5×10 ⁻⁷ 16 E_γ : this transition questionably populates the 887.134-keV level in 1976He11, the level energy difference = 442.182 19.
445.3 @ 3	0.17 @ 10	1329.316	5/2 ⁺	883.39	9/2 ⁺	(E2)	0.01365	ce(K)=0.7 3; α (K)exp=0.019 12 α (K)=0.01141 17; α (L)=0.00178 3; α (M)=0.000371 6; α (N+..)=9.15×10 ⁻⁵ 13 α (N)=7.92×10 ⁻⁵ 12; α (O)=1.166×10 ⁻⁵ 17; α (P)=6.79×10 ⁻⁷ 10 E_γ : poor fit, the level energy difference = 445.93 5. Mult.: M1,E2 from conversion data. M1 ruled out from placement in level scheme.
465.53 @ 11 469.41 5	0.42 @ 6 0.85 6	1352.76 1352.76	7/2 ⁺ 7/2 ⁺	887.134 883.39	5/2 ⁺ 9/2 ⁺	M1	0.01541	ce(K)=2.5 3; α (K)exp=0.013 2 α (K)=0.01326 19; α (L)=0.001709 24; α (M)=0.000351 5; α (N+..)=8.84×10 ⁻⁵ 13 α (N)=7.58×10 ⁻⁵ 11; α (O)=1.164×10 ⁻⁵ 17; α (P)=8.60×10 ⁻⁷ 12
481.73 3	1.39 8	1021.584	3/2 ⁺	539.800	1/2 ⁺	M1,E2	0.0127 18	ce(K)=3.0 4; α (K)exp=0.0096 13 α (K)=0.0108 17; α (L)=0.00150 11; α (M)=0.000310 20; α (N+..)=7.7×10 ⁻⁵ 6 α (N)=6.7×10 ⁻⁵ 5; α (O)=1.00×10 ⁻⁵ 9; α (P)=6.8×10 ⁻⁷ 13
494.5 @ 3	0.12 @ 6	1352.76	7/2 ⁺	858.499	3/2 ⁺			E_γ : this transition populates the 858.499-keV level questionably (1976He11), the level energy difference = 494.20 5.
^x 519.1 @ 4 527.464 15	0.9 @ 3 3.22 11	539.800	1/2 ⁺	12.326	3/2 ⁺	M1,E2	0.0100 16	ce(K)=6.0 5; α (K)exp=0.0083 8 α (K)=0.0085 14; α (L)=0.00117 11; α (M)=0.000242 21; α (N+..)=6.0×10 ⁻⁵ 6 α (N)=5.2×10 ⁻⁵ 5; α (O)=7.9×10 ⁻⁶ 9; α (P)=5.4×10 ⁻⁷ 11
534.796 10	2.00 7	1112.344	3/2 ⁺ , 5/2 ⁺ , 7/2 ⁺	577.553	7/2 ⁺	M1,E2	0.0097 15	ce(K)=3.7 4; α (K)exp=0.0082 9 α (K)=0.0083 14; α (L)=0.00113 11; α (M)=0.000233 21;

¹³³La ε decay (3.912 h) ¹⁹⁷⁶He11,1980VyZZ (continued)

γ(¹³³Ba) (continued)

E_γ [‡]	I_γ ^{‡&}	E_i (level)	J_i^π	E_f	J_f^π	Mult.#	α^\dagger	Comments
^x 540.45 3 556.03 22	0.553 28 5.7 12	858.499	3/2 ⁺	302.395	3/2 ⁺	M1,E2	0.0088 14	$\alpha(N+..)=5.8\times 10^{-5}$ 6 $\alpha(N)=5.0\times 10^{-5}$ 5; $\alpha(O)=7.6\times 10^{-6}$ 9; $\alpha(P)=5.2\times 10^{-7}$ 11 ce(K)=0.7 3; $\alpha(K)_{exp}=0.006$ 3 ce(K)=8.3 8; ce(L)=0.7 3; $\alpha(K)_{exp}=0.0065$ 14; $\alpha(L)_{exp}=0.0006$ 3 $\alpha(K)=0.0075$ 13; $\alpha(L)=0.00102$ 11; $\alpha(M)=0.000210$ 20; $\alpha(N+..)=5.2\times 10^{-5}$ 6 $\alpha(N)=4.5\times 10^{-5}$ 5; $\alpha(O)=6.8\times 10^{-6}$ 8; $\alpha(P)=4.7\times 10^{-7}$ 10
560.28 21 565.231 20	0.73 21 21.6 8	862.80 577.553	(7/2) ⁺ 7/2 ⁺	302.395 12.326	3/2 ⁺ 3/2 ⁺	E2	0.00708 10	ce(K)=34.8 13; $\alpha(K)_{exp}=0.0072$ 4 $\alpha(K)=0.00598$ 9; $\alpha(L)=0.000872$ 13; $\alpha(M)=0.000181$ 3; $\alpha(N+..)=4.49\times 10^{-5}$ 7 $\alpha(N)=3.87\times 10^{-5}$ 6; $\alpha(O)=5.78\times 10^{-6}$ 8; $\alpha(P)=3.63\times 10^{-7}$ 5 Mult.: E2,M1 from conversion data. M1 ruled out from placement in the level scheme.
567.26 4	8.4 4	858.499	3/2 ⁺	291.186	5/2 ⁺	M1,E2	0.0083 14	ce(K)=9.7 6; $\alpha(K)_{exp}=0.0051$ 4 $\alpha(K)=0.0071$ 12; $\alpha(L)=0.00096$ 10; $\alpha(M)=0.000199$ 20; $\alpha(N+..)=5.0\times 10^{-5}$ 6
571.9 3	1.08 10	862.80	(7/2) ⁺	291.186	5/2 ⁺	M1,E2	0.0082 13	$\alpha(N)=4.3\times 10^{-5}$ 5; $\alpha(O)=6.5\times 10^{-6}$ 8; $\alpha(P)=4.5\times 10^{-7}$ 9 ce(K)=1.2 3; $\alpha(K)_{exp}=0.0050$ 13 $\alpha(K)=0.0070$ 12; $\alpha(L)=0.00094$ 10; $\alpha(M)=0.000195$ 20; $\alpha(N+..)=4.9\times 10^{-5}$ 6
581.39 8	0.48 5	1211.792	3/2 ⁺ ,5/2 ⁺	630.567	5/2 ⁺	M1,E2	0.0078 13	$\alpha(N)=4.2\times 10^{-5}$ 5; $\alpha(O)=6.3\times 10^{-6}$ 8; $\alpha(P)=4.4\times 10^{-7}$ 9 ce(K)=0.98 30; $\alpha(K)_{exp}=0.0083$ 30 $\alpha(K)=0.0067$ 12; $\alpha(L)=0.00090$ 10; $\alpha(M)=0.000186$ 20; $\alpha(N+..)=4.7\times 10^{-5}$ 6
584.734 10	7.01 23	887.134	5/2 ⁺	302.395	3/2 ⁺	M1+E2	0.0077 13	$\alpha(N)=4.0\times 10^{-5}$ 5; $\alpha(O)=6.1\times 10^{-6}$ 8; $\alpha(P)=4.2\times 10^{-7}$ 9 E_γ : poor fit, the level energy difference = 581.224 14. Mult.: M1,(E2) in 1983JoZX . ce(K)=9.8 3; $\alpha(K)_{exp}=0.0063$ 3 $\alpha(K)=0.0066$ 12; $\alpha(L)=0.00089$ 10; $\alpha(M)=0.000183$ 20; $\alpha(N+..)=4.6\times 10^{-5}$ 6
592.22 5	1.30 8	883.39	9/2 ⁺	291.186	5/2 ⁺	E2	0.00626 9	$\alpha(N)=3.9\times 10^{-5}$ 5; $\alpha(O)=6.0\times 10^{-6}$ 8; $\alpha(P)=4.2\times 10^{-7}$ 9 ce(K)=2.0 5; $\alpha(K)_{exp}=0.0068$ 18 $\alpha(K)=0.00530$ 8; $\alpha(L)=0.000764$ 11; $\alpha(M)=0.0001586$ 23; $\alpha(N+..)=3.93\times 10^{-5}$ 6
595.94 9	15.9 5	887.134	5/2 ⁺	291.186	5/2 ⁺	M1(+E2)	0.0074 12	$\alpha(N)=3.39\times 10^{-5}$ 5; $\alpha(O)=5.07\times 10^{-6}$ 8; $\alpha(P)=3.23\times 10^{-7}$ 5 Mult.: E2,M1 from conversion data. M1 ruled out from placement in level scheme. ce(K)=28.4 11; ce(L)=5.0 10; $\alpha(K)_{exp}=0.0079$ 5; $\alpha(L)_{exp}=0.0014$ 3 $\alpha(K)=0.0063$ 11; $\alpha(L)=0.00085$ 10; $\alpha(M)=0.000174$ 19;

¹³³La ε decay (3.912 h) ¹⁹⁷⁶He11,1980VyZZ (continued)

γ(¹³³Ba) (continued)

E_γ ‡	I_γ ‡&	E_i (level)	J_i^π	E_f	J_f^π	Mult.#	α^\dagger	Comments
^x 604.37 22 618.241 11	0.12 5 32.9 12	630.567	5/2 ⁺	12.326	3/2 ⁺	M1	0.00781 11	$\alpha(N+..)=4.4\times 10^{-5}$ 5 $\alpha(N)=3.8\times 10^{-5}$ 5; $\alpha(O)=5.7\times 10^{-6}$ 8; $\alpha(P)=4.0\times 10^{-7}$ 8 ce(K)=52.7 20; ce(L)=6.5 3; $\alpha(K)_{exp}=0.0074$ 4; $\alpha(L)_{exp}=0.00089$ 5 $\alpha(K)=0.00673$ 10; $\alpha(L)=0.000859$ 12; $\alpha(M)=0.0001764$ 25; $\alpha(N+..)=4.44\times 10^{-5}$
621.542 14	21.5 3	923.955	5/2 ⁺	302.395	3/2 ⁺	M1,E2	0.0066 11	$\alpha(N)=3.81\times 10^{-5}$ 6; $\alpha(O)=5.85\times 10^{-6}$ 9; $\alpha(P)=4.34\times 10^{-7}$ 6 ce(K)=24 5; ce(L)=4.1 4; $\alpha(K)_{exp}=0.0049$ 11; $\alpha(L)_{exp}=0.00085$ 9 $\alpha(K)=0.0057$ 10; $\alpha(L)=0.00076$ 9; $\alpha(M)=0.000156$ 18; $\alpha(N+..)=3.9\times 10^{-5}$ 5
630.578 25	5.6 2	630.567	5/2 ⁺	0.0	1/2 ⁺	E2	0.00533 8	$\alpha(N)=3.4\times 10^{-5}$ 4; $\alpha(O)=5.1\times 10^{-6}$ 7; $\alpha(P)=3.6\times 10^{-7}$ 8 ce(K)=5.6 4; $\alpha(K)_{exp}=0.0045$ 4 $\alpha(K)=0.00452$ 7; $\alpha(L)=0.000643$ 9; $\alpha(M)=0.0001332$ 19; $\alpha(N+..)=3.31\times 10^{-5}$ 5
∞ 632.765 8	39.0 12	923.955	5/2 ⁺	291.186	5/2 ⁺	M1	0.00738 11	$\alpha(N)=2.85\times 10^{-5}$ 4; $\alpha(O)=4.27\times 10^{-6}$ 6; $\alpha(P)=2.76\times 10^{-7}$ 4 ce(K)=59 3; ce(L)=8.3 5; ce(M)=1.3 4 $\alpha(K)_{exp}=0.0067$ 4; $\alpha(L)_{exp}=0.00095$ 6; $\alpha(M)_{exp}=0.00015$ 5 $\alpha(K)=0.00636$ 9; $\alpha(L)=0.000812$ 12; $\alpha(M)=0.0001666$ 24; $\alpha(N+..)=4.19\times 10^{-5}$ 6 $\alpha(N)=3.60\times 10^{-5}$ 5; $\alpha(O)=5.53\times 10^{-6}$ 8; $\alpha(P)=4.10\times 10^{-7}$ 6
653.04 11 664.21 @ 13	0.41 7 3.77 @ 10	1329.316 676.486	5/2 ⁺ 3/2 ⁺ ,5/2 ⁺	676.486 12.326	3/2 ⁺ ,5/2 ⁺ 3/2 ⁺	M1+E2	0.0056 10	ce(K)=4.0 9; $\alpha(K)_{exp}=0.0047$ 11 $\alpha(K)=0.0048$ 9; $\alpha(L)=0.00064$ 9; $\alpha(M)=0.000132$ 17; $\alpha(N+..)=3.3\times 10^{-5}$ 5 $\alpha(N)=2.8\times 10^{-5}$ 4; $\alpha(O)=4.3\times 10^{-6}$ 6; $\alpha(P)=3.0\times 10^{-7}$ 6 E_γ : level energy difference is 664.155 12; 664.009 23 in 1980VyZZ.
671.997 17	1.4 3	1211.792	3/2 ⁺ ,5/2 ⁺	539.800	1/2 ⁺	M1,E2	0.0055 10	ce(K)=1.3 3; $\alpha(K)_{exp}=0.0041$ 13 $\alpha(K)=0.0047$ 9; $\alpha(L)=0.00062$ 8; $\alpha(M)=0.000128$ 16; $\alpha(N+..)=3.2\times 10^{-5}$ 5
676.47 2	1.1 3	676.486	3/2 ⁺ ,5/2 ⁺	0.0	1/2 ⁺	M1,E2	0.0054 9	$\alpha(N)=2.8\times 10^{-5}$ 4; $\alpha(O)=4.2\times 10^{-6}$ 6; $\alpha(P)=3.0\times 10^{-7}$ 6 ce(K)=1.1 3; $\alpha(K)_{exp}=0.0044$ 17 $\alpha(K)=0.0046$ 8; $\alpha(L)=0.00061$ 8; $\alpha(M)=0.000126$ 16; $\alpha(N+..)=3.1\times 10^{-5}$ 5 $\alpha(N)=2.7\times 10^{-5}$ 4; $\alpha(O)=4.1\times 10^{-6}$ 6; $\alpha(P)=2.9\times 10^{-7}$ 6
^x 682.0 @ 5 ^x 684.3 @ 5	0.09 @ 5 0.08 @ 5							

¹³³La ε decay (3.912 h) ¹⁹⁷⁶He11,1980VyZZ (continued)

								$\gamma(^{133}\text{Ba})$ (continued)	
E_γ [‡]	I_γ ^{‡&}	E_i (level)	J_i^π	E_f	J_f^π	Mult.#	α^\dagger	Comments	
^x 689.5@ 3	0.10@ 5								
719.44 14	0.14 3	1021.584	3/2 ⁺	302.395	3/2 ⁺				
722.01 15	0.127 23	1352.76	7/2 ⁺	630.567	5/2 ⁺				
733.63 ^b 10	0.094 15	1620.56	5/2 ⁺	887.134	5/2 ⁺				ce(K)=0.26 8; α (K)exp=0.012 4
									E_γ : poor fit: the level energy difference is equal to 733.36 3.
									Mult.: α (K)exp value does not correspond to mult.=D or E2.
751.753 15	1.96 7	1329.316	5/2 ⁺	577.553	7/2 ⁺	M1	0.00488 7		ce(K)=1.9 4; α (K)exp=0.0044 8
									α (K)=0.00421 6; α (L)=0.000534 8; α (M)=0.0001095 16;
									α (N+.)=2.76×10 ⁻⁵ 4
									α (N)=2.36×10 ⁻⁵ 4; α (O)=3.64×10 ⁻⁶ 5; α (P)=2.71×10 ⁻⁷ 4
775.31 18	0.109 25	1352.76	7/2 ⁺	577.553	7/2 ⁺	M1	0.00453 7		ce(K)=0.15 5; α (K)exp=0.006 3
									α (K)=0.00391 6; α (L)=0.000495 7; α (M)=0.0001017 15;
									α (N+.)=2.56×10 ⁻⁵ 4
									α (N)=2.20×10 ⁻⁵ 3; α (O)=3.38×10 ⁻⁶ 5; α (P)=2.51×10 ⁻⁷ 4
802.3@ 4	0.12@ 6	1689.74	3/2 ⁺ ,5/2,7/2 ⁺	887.134	5/2 ⁺				
809.976 19	1.69 6	1112.344	3/2 ⁺ ,5/2 ⁺ ,7/2 ⁺	302.395	3/2 ⁺	M1,E2	0.0035 6		ce(K)=1.0 2; ce(L)=0.16 4; α (K)exp=0.0026 6; α (L)exp=0.00043 11
									α (K)=0.0030 6; α (L)=0.00039 6; α (M)=8.0×10 ⁻⁵ 12;
									α (N+.)=2.0×10 ⁻⁵ 3
									α (N)=1.73×10 ⁻⁵ 25; α (O)=2.6×10 ⁻⁶ 4; α (P)=1.9×10 ⁻⁷ 4
821.13 3	0.50 3	1112.344	3/2 ⁺ ,5/2 ⁺ ,7/2 ⁺	291.186	5/2 ⁺	M1	0.00395 6		ce(K)=0.40 5; α (K)exp=0.0036 5
									α (K)=0.00341 5; α (L)=0.000432 6; α (M)=8.86×10 ⁻⁵ 13;
									α (N+.)=2.23×10 ⁻⁵ 4
									α (N)=1.91×10 ⁻⁵ 3; α (O)=2.94×10 ⁻⁶ 5; α (P)=2.19×10 ⁻⁷ 3
846.183 15	18.9 6	858.499	3/2 ⁺	12.326	3/2 ⁺	M1,E2	0.0032 6		ce(K)=10 3; ce(L)=1.0 3; ce(M)=0.17 8
									α (K)exp=0.0024 8; α (L)exp=0.00024 8; α (M)exp=0.00004 2
									α (K)=0.0027 5; α (L)=0.00035 5; α (M)=7.2×10 ⁻⁵ 11;
									α (N+.)=1.8×10 ⁻⁵ 3
									α (N)=1.56×10 ⁻⁵ 23; α (O)=2.4×10 ⁻⁶ 4; α (P)=1.7×10 ⁻⁷ 4
848.4@ ^b 3	0.34@ 7	1706.94	3/2,5/2 ⁺	858.499	3/2 ⁺				
850.43 10	0.97 11	862.80	(7/2) ⁺	12.326	3/2 ⁺	E2	0.0031 6		ce(K)=1.0 3; α (K)exp=0.005 2 (¹⁹⁶⁶ Ha23)
									α (K)=0.0027 5; α (L)=0.00035 5; α (M)=7.1×10 ⁻⁵ 10;
									α (N+.)=1.8×10 ⁻⁵ 3
									α (N)=1.54×10 ⁻⁵ 22; α (O)=2.4×10 ⁻⁶ 4; α (P)=1.7×10 ⁻⁷ 4
858.496 15	15.4 5	858.499	3/2 ⁺	0.0	1/2 ⁺	M1,E2	0.0031 6		ce(K)=9.0 4; ce(L)=0.87 15; ce(M)=0.32 11
									α (K)exp=0.0026 2; α (L)exp=0.00026 5; α (M)exp=0.00009 3
									α (K)=0.0026 5; α (L)=0.00034 5; α (M)=7.0×10 ⁻⁵ 10;
									α (N+.)=1.8×10 ⁻⁵ 3
									α (N)=1.51×10 ⁻⁵ 22; α (O)=2.3×10 ⁻⁶ 4; α (P)=1.7×10 ⁻⁷ 4
874.83 3	1.66 8	887.134	5/2 ⁺	12.326	3/2 ⁺	M1,E2	0.0029 5		ce(K)=0.69 10; ce(L)=0.14 4; α (K)exp=0.0019 3; α (L)exp=0.00038

¹³³La ε decay (3.912 h) 1976He11,1980VyZZ (continued)

γ(¹³³Ba) (continued)

E _γ [‡]	I _γ ^{‡&}	E _i (level)	J _i ^π	E _f	J _f ^π	Mult. #	α [†]	Comments
								11 α(K)=0.0025 5; α(L)=0.00032 5; α(M)=6.7×10 ⁻⁵ 10; α(N+..)=1.67×10 ⁻⁵ 25 α(N)=1.44×10 ⁻⁵ 21; α(O)=2.2×10 ⁻⁶ 4; α(P)=1.6×10 ⁻⁷ 3
887.164 24 ^x 892.29 22 ^x 899.38 5 909.27 8	0.88 4 0.14 6 0.30 2 0.38 2	887.134	5/2 ⁺	0.0	1/2 ⁺			
		1211.792	3/2 ⁺ ,5/2 ⁺	302.395	3/2 ⁺	M1	0.00311 5	ce(K)=0.21 4; α(K)exp=0.0025 5 α(K)=0.00269 4; α(L)=0.000339 5; α(M)=6.95×10 ⁻⁵ 10; α(N+..)=1.749×10 ⁻⁵ 25 α(N)=1.501×10 ⁻⁵ 21; α(O)=2.31×10 ⁻⁶ 4; α(P)=1.724×10 ⁻⁷ 25
911.647 13	3.88 16	923.955	5/2 ⁺	12.326	3/2 ⁺	M1,E2	0.0027 5	ce(K)=1.9 4; α(K)exp=0.0022 5 α(K)=0.0023 4; α(L)=0.00029 5; α(M)=6.1×10 ⁻⁵ 9; α(N+..)=1.52×10 ⁻⁵ 22 α(N)=1.30×10 ⁻⁵ 19; α(O)=2.0×10 ⁻⁶ 3; α(P)=1.4×10 ⁻⁷ 3
920.623 24	0.77 4	1211.792	3/2 ⁺ ,5/2 ⁺	291.186	5/2 ⁺	M1	0.00302 5	ce(K)=0.51 10; α(K)exp=0.0029 6 α(K)=0.00261 4; α(L)=0.000329 5; α(M)=6.75×10 ⁻⁵ 10; α(N+..)=1.699×10 ⁻⁵ 24 α(N)=1.458×10 ⁻⁵ 21; α(O)=2.24×10 ⁻⁶ 4; α(P)=1.675×10 ⁻⁷ 24
923.9 [@] 2 932.98 7	0.90 [@] 5 0.51 4	923.955 1563.399	5/2 ⁺ 5/2 ⁺	0.0 630.567	1/2 ⁺ 5/2 ⁺	M1	0.00293 5	ce(K)=0.34 9; α(K)exp=0.0030 8 α(K)=0.00253 4; α(L)=0.000319 5; α(M)=6.54×10 ⁻⁵ 10; α(N+..)=1.646×10 ⁻⁵ 23 α(N)=1.413×10 ⁻⁵ 20; α(O)=2.17×10 ⁻⁶ 3; α(P)=1.623×10 ⁻⁷ 23 E _γ : poor fit: the level energy difference is equal to 932.831 25.
^x 981.06 8 ^x 992.99 9 1009.31 4	0.23 2 0.25 2 2.80 13	1021.584	3/2 ⁺	12.326	3/2 ⁺	M1	0.00244 4	ce(K)=1.28 13; ce(L)=0.16 4; α(K)exp=0.0021 2; α(L)exp=0.00026 7 α(K)=0.00211 3; α(L)=0.000265 4; α(M)=5.44×10 ⁻⁵ 8; α(N+..)=1.369×10 ⁻⁵ 20 α(N)=1.175×10 ⁻⁵ 17; α(O)=1.81×10 ⁻⁶ 3; α(P)=1.352×10 ⁻⁷ 19
1021.62 5 1038.18 5	0.215 15 0.27 2	1021.584 1329.316	3/2 ⁺ 5/2 ⁺	0.0 291.186	1/2 ⁺ 5/2 ⁺	M1	0.00229 4	ce(K)=0.15 4; α(K)exp=0.0025 7 α(K)=0.00198 3; α(L)=0.000248 4; α(M)=5.09×10 ⁻⁵ 8; α(N+..)=1.282×10 ⁻⁵ 18 α(N)=1.100×10 ⁻⁵ 16; α(O)=1.693×10 ⁻⁶ 24; α(P)=1.266×10 ⁻⁷ 18
1043.02 4	0.33 3	1620.56	5/2 ⁺	577.553	7/2 ⁺	M1	0.00227 4	ce(K)=0.16 4; α(K)exp=0.0022 6 α(K)=0.00196 3; α(L)=0.000246 4; α(M)=5.04×10 ⁻⁵ 7;

¹³³La ε decay (3.912 h) ¹⁹⁷⁶He11,1980VyZZ (continued)

								$\gamma(^{133}\text{Ba})$ (continued)			
E_γ ‡	I_γ ‡&	E_i (level)	J_i^π	E_f	J_f^π	Mult. #	α^\dagger	Comments			
1061.56 22	3.38 23	1352.76	7/2 ⁺	291.186	5/2 ⁺	M1+E2	0.0019 3	$\alpha(\text{N}+..)=1.268\times 10^{-5}$ 18 $\alpha(\text{N})=1.088\times 10^{-5}$ 16; $\alpha(\text{O})=1.674\times 10^{-6}$ 24; $\alpha(\text{P})=1.253\times 10^{-7}$ 18 $\text{ce}(\text{K})=1.09$ 10; $\text{ce}(\text{L})=0.22$ 4; $\alpha(\text{K})_{\text{exp}}=0.0015$ 2; $\alpha(\text{L})_{\text{exp}}=0.00029$ 6 $\alpha(\text{K})=0.0016$ 3; $\alpha(\text{L})=0.00021$ 3; $\alpha(\text{M})=4.2\times 10^{-5}$ 6; $\alpha(\text{N}+..)=1.07\times 10^{-5}$ 16 $\alpha(\text{N})=9.2\times 10^{-6}$ 13; $\alpha(\text{O})=1.40\times 10^{-6}$ 21; $\alpha(\text{P})=1.03\times 10^{-7}$ 18			
1080.9@ 4 1099.99 2	0.13@ 2 7.7 4	1620.56 1112.344	5/2 ⁺ 3/2 ⁺ ,5/2 ⁺ ,7/2 ⁺	539.800 12.326	1/2 ⁺ 3/2 ⁺	E2	0.001477 21	E_γ : 1081.04 11 in 1980VyZZ . $\text{ce}(\text{K})=2.4$ 2; $\text{ce}(\text{L})=0.26$ 3; $\text{ce}(\text{M})=0.11$ 3 $\alpha(\text{K})_{\text{exp}}=0.0014$ 2; $\alpha(\text{L})_{\text{exp}}=0.00015$ 2; $\alpha(\text{M})_{\text{exp}}=0.00006$ 2 $\alpha(\text{K})=0.001270$ 18; $\alpha(\text{L})=0.0001646$ 23; $\alpha(\text{M})=3.38\times 10^{-5}$ 5; $\alpha(\text{N}+..)=8.5\times 10^{-6}$ 4 $\alpha(\text{N})=7.28\times 10^{-6}$ 11; $\alpha(\text{O})=1.109\times 10^{-6}$ 16; $\alpha(\text{P})=7.89\times 10^{-8}$ 11			
1111.9@ 4	0.09@ 4	1112.344	3/2 ⁺ ,5/2 ⁺ ,7/2 ⁺	0.0	1/2 ⁺			E_γ : this transition questionably populates the g.s. in 1976He11 , the level energy difference = 1112.344 12.			
1111.9@ 4	0.09@ 4	1689.74	3/2 ⁺ ,5/2 ⁺ ,7/2 ⁺	577.553	7/2 ⁺			E_γ : this transition questionably populates the 577.553-keV level (1976He11), the level energy difference = 1112.19 6.			
^x 1175.98 7	0.19 2										
^x 1181.99 13	0.046 13										
^x 1192.3@ 3 1199.447 22	0.006@ 3 0.83 6	1211.792	3/2 ⁺ ,5/2 ⁺	12.326	3/2 ⁺	M1	0.001653 24	$\text{ce}(\text{K})=0.28$ 3; $\alpha(\text{K})_{\text{exp}}=0.0015$ 2 $\alpha(\text{K})=0.001423$ 20; $\alpha(\text{L})=0.0001780$ 25; $\alpha(\text{M})=3.65\times 10^{-5}$ 6; $\alpha(\text{N}+..)=1.517\times 10^{-5}$ $\alpha(\text{N})=7.88\times 10^{-6}$ 11; $\alpha(\text{O})=1.213\times 10^{-6}$ 17; $\alpha(\text{P})=9.09\times 10^{-8}$ 13; $\alpha(\text{IPF})=5.99\times 10^{-6}$ 9			
1211.760 25	1.76 12	1211.792	3/2 ⁺ ,5/2 ⁺	0.0	1/2 ⁺	M1,E2	0.00142 21	$\text{ce}(\text{K})=0.9$ 3; $\alpha(\text{K})_{\text{exp}}=0.0022$ 7 (1966Ha23) $\alpha(\text{K})=0.00122$ 18; $\alpha(\text{L})=0.000154$ 21; $\alpha(\text{M})=3.2\times 10^{-5}$ 5; $\alpha(\text{N}+..)=1.55\times 10^{-5}$ 10 $\alpha(\text{N})=6.8\times 10^{-6}$ 9; $\alpha(\text{O})=1.04\times 10^{-6}$ 15; $\alpha(\text{P})=7.7\times 10^{-8}$ 13; $\alpha(\text{IPF})=7.58\times 10^{-6}$ 19			
^x 1219.2 3	0.09 2										
1230.06 9	0.16 2	1532.40	3/2,5/2,7/2 ⁺	302.395	3/2 ⁺						
1241.04 15	0.092 16	1532.40	3/2,5/2,7/2 ⁺	291.186	5/2 ⁺						
1261.01 3	0.98 7	1563.399	5/2 ⁺	302.395	3/2 ⁺						
1283.952 24	2.55 17	1283.959	3/2 ⁻	0.0	1/2 ⁺	(E1)	0.000555 8	$\alpha(\text{K})=0.000419$ 6; $\alpha(\text{L})=5.10\times 10^{-5}$ 8; $\alpha(\text{M})=1.041\times 10^{-5}$ 15; $\alpha(\text{N}+..)=7.49\times 10^{-5}$ 11 $\alpha(\text{N})=2.24\times 10^{-6}$ 4; $\alpha(\text{O})=3.44\times 10^{-7}$ 5; $\alpha(\text{P})=2.56\times 10^{-8}$ 4;			

¹³³La ε decay (3.912 h) ¹⁹⁷⁶He11,1980VyZZ (continued)

γ(¹³³Ba) (continued)

<u>E_γ[‡]</u>	<u>I_γ^{‡&}</u>	<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_f</u>	<u>J_f^π</u>	<u>Comments</u>
						α(IPF)=7.22×10 ⁻⁵ 11
						Mult.: this transition populates the 1/2 ⁺ , g.s.; in ¹³² Ba(pol d,p) L=1 for the 1283.9-keV state. Comparison of I _γ and ce for 1283.9- and 1199.5-keV (M1) transitions point at mult.=(E1) for the former.
1317.24 ^b 5	0.92 7	1329.316	5/2 ⁺	12.326	3/2 ⁺	E _γ : poor fit: the level energy difference is equal to 1316.973 17.
1329.33 ^a 5	0.34 3	1329.316	5/2 ⁺	0.0	1/2 ⁺	E _γ : other transition questionably populates the 291.186-keV level from the 1620.56-keV level (¹⁹⁷⁶ He11).
1329.33 ^a 5	0.34 3	1620.56	5/2 ⁺	291.186	5/2 ⁺	E _γ : questionable population in ¹⁹⁷⁶ He11, the level energy difference = 1329.38 4; other transition populates the g.s. from the 1329.3-keV level.
1340.2 [@] 3	0.18 [@] 3	1352.76	7/2 ⁺	12.326	3/2 ⁺	
1387.41 7	0.136 15	1689.74	3/2 ⁺ ,5/2,7/2 ⁺	302.395	3/2 ⁺	
1398.49 8	0.19 2	1689.74	3/2 ⁺ ,5/2,7/2 ⁺	291.186	5/2 ⁺	
1404.7 [@] 4	0.117 [@] 17	1706.94	3/2,5/2 ⁺	302.395	3/2 ⁺	
1415.9 [@] 3	0.158 [@] 18	1706.94	3/2,5/2 ⁺	291.186	5/2 ⁺	
1467.28 13	0.074 10	1769.70	3/2,5/2 ⁺	302.395	3/2 ⁺	
1478.72 9	0.069 7	1769.70	3/2,5/2 ⁺	291.186	5/2 ⁺	E _γ : poor fit: the level energy difference is equal to 1478.51 5.
1516.34 20	0.07 2	1528.64	3/2,5/2 ⁺	12.326	3/2 ⁺	
1528.62 10	0.15 2	1528.64	3/2,5/2 ⁺	0.0	1/2 ⁺	
^x 1540.01 20	0.06 1					
1550.97 5	0.41 3	1563.399	5/2 ⁺	12.326	3/2 ⁺	
1563.36 6	0.36 3	1563.399	5/2 ⁺	0.0	1/2 ⁺	
^x 1581.66 12	0.12 2					
^x 1592.33 13	0.030 8					
^x 1595.6 ^{@b} 5	0.3 [@] 2					
1608.35 [@] 13	1.67 [@] 11	1620.56	5/2 ⁺	12.326	3/2 ⁺	E _γ : the level energy difference is equal to 1608.24 4; 1608.09 3 in ¹⁹⁸⁰ VyZZ.
1620.9 [@] 7	0.05 [@] 2	1620.56	5/2 ⁺	0.0	1/2 ⁺	
^x 1659.6 [@] 5	0.05 [@] 2					
1677.3 [@] 3	0.19 [@] 3	1689.74	3/2 ⁺ ,5/2,7/2 ⁺	12.326	3/2 ⁺	E _γ : 1677.01 9 in ¹⁹⁸⁰ VyZZ.
1694.4 [@] 4	0.178 [@] 16	1706.94	3/2,5/2 ⁺	12.326	3/2 ⁺	
1706.7 [@] 4	0.038 [@] 10	1706.94	3/2,5/2 ⁺	0.0	1/2 ⁺	
^x 1720.2 [@] 2	0.03 [@] 2					
1757.06 20	0.063 10	1769.70	3/2,5/2 ⁺	12.326	3/2 ⁺	
1769.60 7	0.25 2	1769.70	3/2,5/2 ⁺	0.0	1/2 ⁺	
^x 1782.9 [@] 5	0.05 [@] 3					
^x 1805.83 10	0.055 6					
1818.1 [@] 4	0.05 [@] 1	1830.22	3/2,5/2 ⁺	12.326	3/2 ⁺	

¹³³La ε decay (3.912 h) 1976He11,1980VyZZ (continued)

γ(¹³³Ba) (continued)

<u>E_γ[‡]</u>	<u>I_γ^{‡&}</u>	<u>E_i(level)</u>	<u>J_i^π</u>	<u>E_f</u>	<u>J_f^π</u>
1830.21 ^{@ 3}	0.06 ^{@ 2}	1830.22	3/2,5/2 ⁺	0.0	1/2 ⁺
^x 1851.7 ^{@b 6}	0.02 ^{@ 1}				
^x 1886.7 ^{@b 4}	0.03 ^{@ 1}				

[†] Additional information 1.

[‡] From 1980VyZZ, except as noted. Since some of the quoted uncertainties are unrealistically small, the evaluators added 3% in quadrature to the uncertainties of 1980VyZZ. There are systematic discrepancies between I_γ values measured by 1976He11 and 1980VyZZ.

[#] From α(K)exp, α(L)exp and α(M)exp. Ice are from 1983JoZX, except as noted; α(exp)=Ice/I_γ for 302.35γ (mult.=M1 in 1983JoZX, 1976He11) is normalized to α(K)=0.0408 by evaluators.

[@] From 1976He11.

[&] For absolute intensity per 100 decays, multiply by 0.0244 I₀.

^a Multiply placed.

^b Placement of transition in the level scheme is uncertain.

^x γ ray not placed in level scheme.

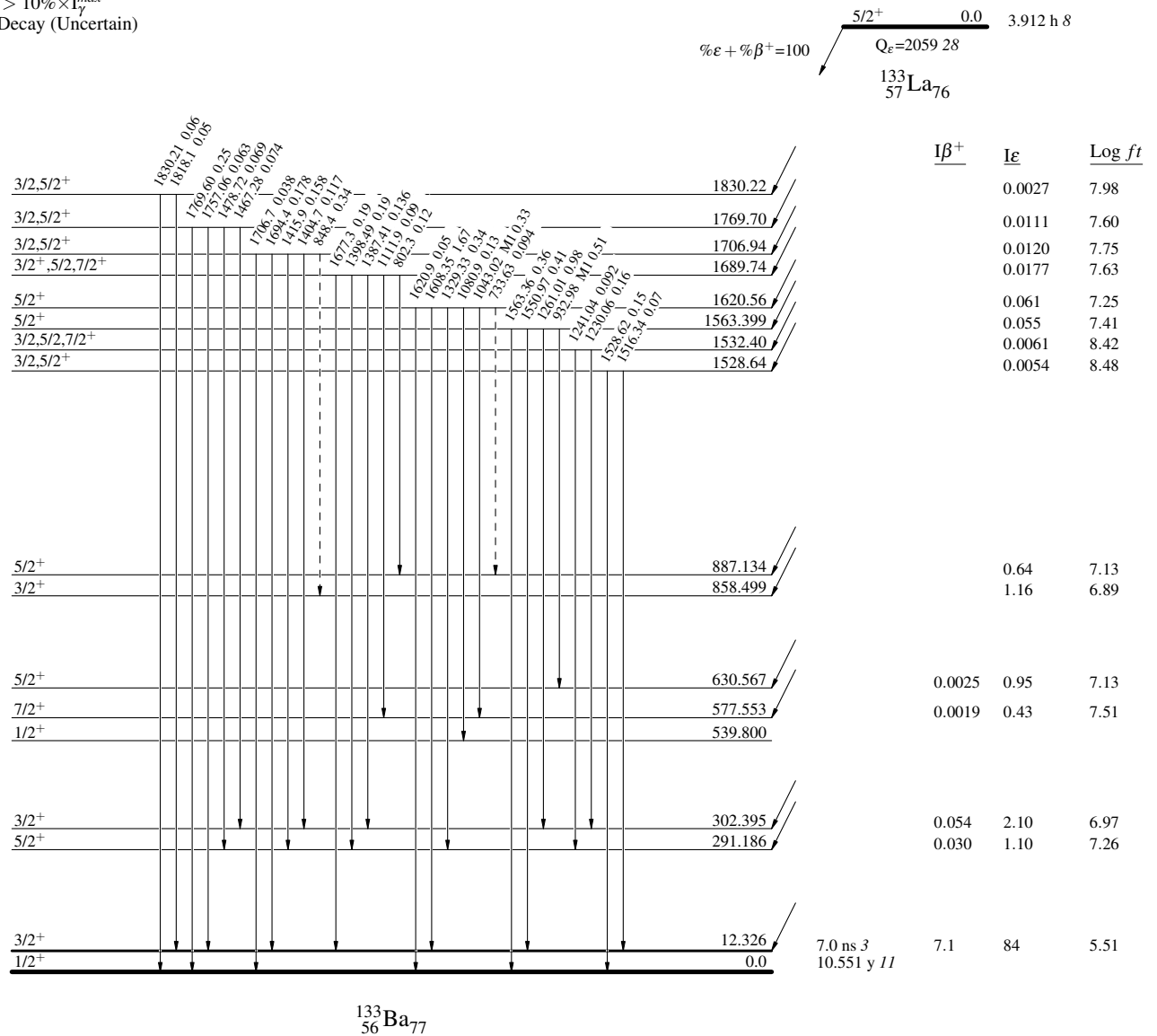
^{133}La ϵ decay (3.912 h) 1976He11,1980VyZZ

Legend

- $I_\gamma < 2\% \times I_\gamma^{\text{max}}$
- $I_\gamma < 10\% \times I_\gamma^{\text{max}}$
- $I_\gamma > 10\% \times I_\gamma^{\text{max}}$
- - - - -→ γ Decay (Uncertain)

Decay Scheme

Intensities: Relative I_γ



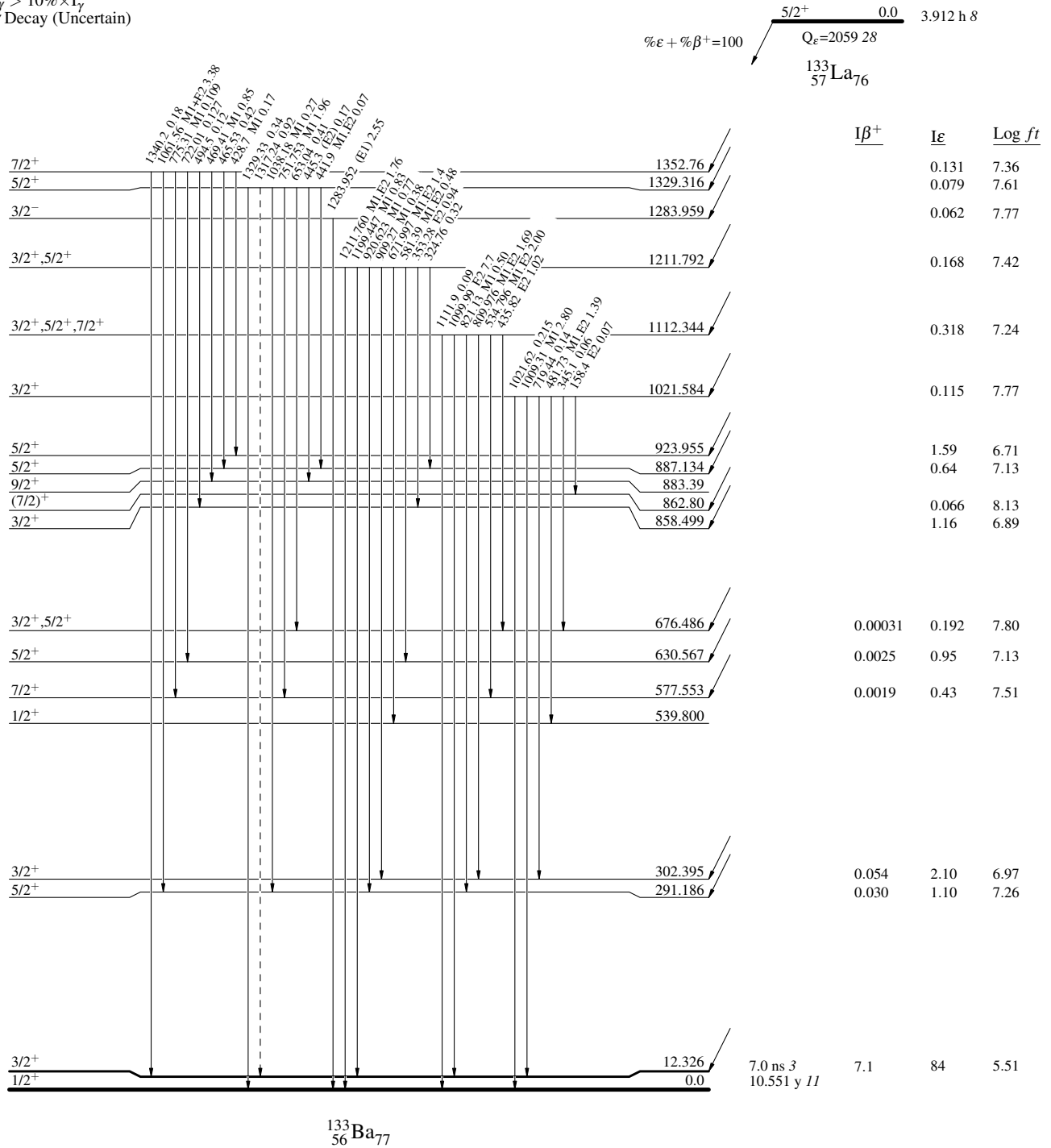
¹³³La ε decay (3.912 h) 1976He11,1980VyZZ

Decay Scheme (continued)

Legend

- I_γ < 2% × I_γ^{max}
- I_γ < 10% × I_γ^{max}
- I_γ > 10% × I_γ^{max}
- - - - -→ γ Decay (Uncertain)

Intensities: Relative I_γ



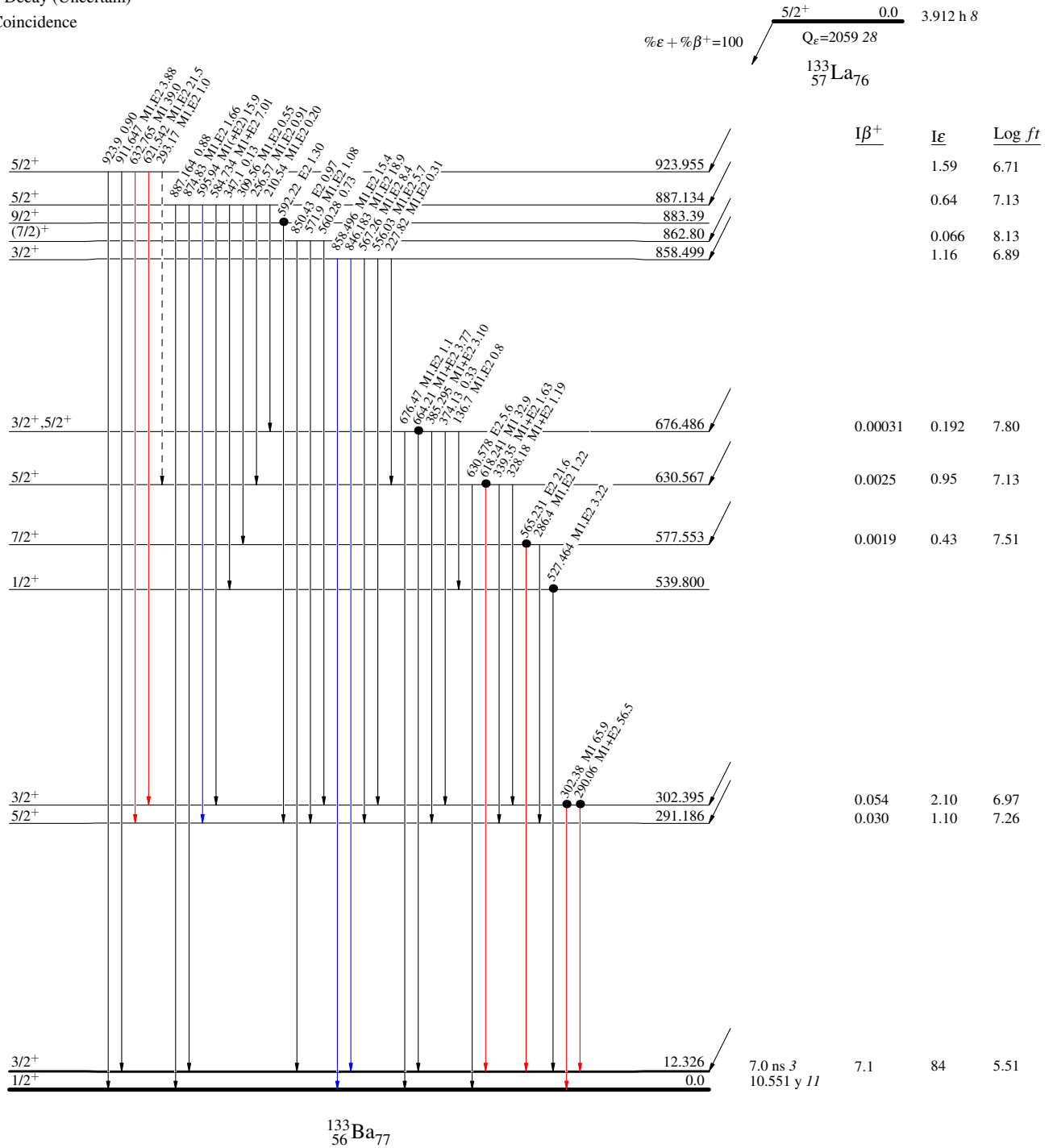
¹³³La ε decay (3.912 h) 1976He11,1980VyZZ

Legend

- I_γ < 2% × I_γ^{max}
- I_γ < 10% × I_γ^{max}
- I_γ > 10% × I_γ^{max}
- - - - γ Decay (Uncertain)
- Coincidence

Decay Scheme (continued)

Intensities: Relative I_γ



^{133}La ϵ decay (3.912 h) 1976He11,1980VyZZ

Decay Scheme (continued)

