

$^{239}\text{Am-1}$

The 163 ns isomer of ^{239}Am was first observed in 1969 by N.L.Lark et al. at the Niels Bohr Institute, Copenhagen, Denmark ([1969La14](#)).

[1969La14](#) N. L. Lark, G. Sletten, J. Pedersen, and S. Bjornholm, Nucl. Phys. A **139**, 481 (1969).

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