

$^{229}\text{Th-1}$

The 7 μs isomer of ^{229}Th was first observed in 1990 by C.W.Reich and R.G.Helmer at the National Reactor Testing Station, Idaho Falls, Idaho ([1990Re03](#)).

[1990Re03](#) C. W. Reich and R. G. Helmer, Phys. Rev. Lett. **64**, 271 (1990).

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