

$^{196}\text{Po-1}$

The 856 ns isomer of ^{196}Po was first observed in 1991 by D.Alber et al. at the Hahn-Meitner-Institut, Berlin, Germany ([1991A115](#)).

[1991A115](#) D. Alber, R. Alfier, C. E. Bach, D. B. Fossan *et al.*, *Z. Phys. A* **339**, 225 (1991).

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