

$^{193}\text{Po-1}$

The 245 ms isomer of ^{193}Po was first observed in 1977 by S.Della Negra et al. at the Institut de Physique Nucléaire, Orsay, France ([1977De32](#)).

[1977De32](#) S. Della Negra, B. Lagarde, and Y. Le Beyec, J. Phys. (Paris), Lett. **38**, L-393 (1977).

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