

### **<sup>196</sup>Bi-1**

The 4 m isomer of <sup>196</sup>Bi was first observed in 1987 by P. Van Duppen et al. at the Université Catholique de Louvain, Louvain-la-Neuve, Belgium ([1987Va09](#)).

[1987Va09](#) P. Van Duppen, E. Coenen, K. Deneffe, M. Huyse, and J. L. Wood, Phys. Rev. C **35**, 1861 (1987).

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