

¹⁸⁹Bi-1

The 5 ms isomer of ¹⁸⁹Bi was first observed in 1993 by A.N.Andreyev et al. at the Joint Institute for Nuclear Research, Dubna, Russia ([1993An19](#)).

[1993An19](#) A. N. Andreyev, D. D. Bogdanov, V. I. Chepigin, V. A. Gorshkov *et al.*, Nucl. Instrum. Methods Phys. Res. A **330**, 125 (1993).

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