

**$^{184}\text{Ir-1}$**

The 470  $\mu\text{s}$  isomer of  $^{184}\text{Ir}$  was first observed in 1988 by A. Ben Braham et al. at the Institut de Physique Nucléaire, Orsay, France ([1988Be16](#)).

[1988Be16](#) A. Ben Braham, C. Bourgeois, P. Kilcher, B. Roussiere *et al.*, Nucl. Phys. A **482**, 553 (1988).

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