

¹⁹⁰W-2

The 111 ns isomer of ¹⁹⁰W was first observed in 2010 by G.J.Lane et al. at Argonne National Laboratory, Argonne, Illinois ([2010La16](#)).

[2010La16](#) G. J. Lane, G. D. Dracoulis, F. G. Kondev, R. O. Hughes *et al.*, Phys. Rev. C **82**, 051304 (2010).

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