

**$^{187}\text{W-1}$**

The 1.38  $\mu\text{s}$  isomer of  $^{187}\text{W}$  was first observed in 2005 by T.Shizuma et al. at the Japan Atomic Energy Research Institute, Tokai, Japan ([2005Sh26](#)).

[2005Sh26](#) T. Shizuma, T. Hayakawa, S. Mitarai, T. Morikawa, and T. Ishii, Phys. Rev. C **71**, 067301 (2005).

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