

$^{179}\text{W-3}$

The 390 ns isomer of ^{179}W was first observed in 1978 by F.Bernthal et al. at the Kernforschungsanlage Jülich, Jülich, Germany ([1978Be15](#)).

[1978Be15](#) F. Bernthal, B. B. Back, O. Bakander, J. Borggreen *et al.*, Phys. Lett. B **74**, 211 (1978).

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