

### **$^{186}\text{Ta-1}$**

The 1.54 m isomer of  $^{186}\text{Ta}$  was first observed in 2004 by Y.Xu et al. at the Chinese Academy of Sciences, Lanzhou, China ([2004Xu08](#)).

[2004Xu08](#) Y. Xu, W. Yang, S. Yuan, Y. Niu *et al.*, J. Phys. Soc. Jap. **73**, 2588 (2004).

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