

$^{183}\text{Ta-1}$

The 106 ns isomer of ^{183}Ta was first observed in 1967 by Y.Motavalledi-Nobar et al. at the Institut von Laue-Langevin, Grenoble, France ([1967Mo13](#)).

[1967Mo13](#) Y. Motavalledi-Nobar, J. Berthier, J. Blachot, and R. Henck, Nucl. Phys. A **100**, 45 (1967).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”