

$^{181}\text{Ta-5}$

The 140 ns isomer of ^{181}Ta was first observed in 1998 by T.R.Saitoh et al. at the Niels Bohr Institute, Roskilde, Denmark ([1998Sa60](#)).

[1998Sa60](#) T. R. Saitoh, N. Hashimoto, G. Sletten, R. A. Bark *et al.*, Eur. Phys. J. A **3**, 197 (1998).

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