

## <sup>184</sup>Hf-2

The 16 m isomer of <sup>184</sup>Hf was first observed in 2010 by M.W.Reed et al. at the Gesellschaft für Schwerionenforschung, Darmstadt, Germany ([2010Re07](#)).

[2010Re07](#) M. W. Reed, I. J. Cullen, P. M. Walker, Yu. A. Litvinov *et al.*, Phys. Rev. Lett. **105**, 172501 (2010).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”