

### <sup>184</sup>Hf-1

The 48 s isomer of <sup>184</sup>Hf was first observed in 1995 by K.Krumbholz et al. at the Gesellschaft für Schwerionenforschung, Darmstadt, Germany ([1995Kr04](#)).

[1995Kr04](#) K. Krumbholz, W. D. Schmidt-Ott, T. Hild, V. Kunze *et al.*, Z. Phys. A **351**, 11 (1995).

Please cite this abstract as: “FRIB Nuclear Data Group, *Discovery of Nuclides Project*, Isomer Database, doi:[10.11578/frib/2572219](https://doi.org/10.11578/frib/2572219)”