

**<sup>176</sup>Hf-2**

The 9.9  $\mu$ s isomer of <sup>176</sup>Hf was first observed in 1967 by J.Borggreen et al. at the Niels Bohr Institute, Copenhagen, Denmark ([1967Bo08](#)).

[1967Bo08](#) J. Borggreen, N. J. S. Hansen, J. Pedersen, L. Westgaard *et al.*, Nucl. Phys. A **96**, 561 (1967).

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