

$^{174}\text{Hf-3}$

The 2.39 μs isomer of ^{174}Hf was first observed in 1990 by P.M.Walker et al. at the Daresbury Laboratory, Warrington, UK ([1990Wa09](#)).

[1990Wa09](#) P. M. Walker, G. Sletten, N. L. Gjorup, M. A. Bentley *et al.*, Phys. Rev. Lett. **65**, 416 (1990).

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