

$^{174}\text{Hf-1}$

The 138 ns isomer of ^{174}Hf was first observed in 1973 by I.Rezanka et al. at the Research Institute of Physics, Stockholm, Sweden ([1973Re16](#)).

[1973Re16](#) I. Rezanka, H. Ryde, and S. Hultberg, Phys. Scr. **8**, 239 (1973).

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