

### **$^{167}\text{Yb-1}$**

The  $\sim 180$  ns isomer of  $^{167}\text{Yb}$  was first observed in 1976 by K.Y.Gromov et al. at the Joint Institute for Nuclear Research, Dubna, Russia ([1976Gr06](#)).

[1976Gr06](#) K. Y. Gromov, M. Honusek, C. Vylov, V. Hnatowicz *et al.*, *Z. Phys. A* **277**, 395 (1976).

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