

$^{174}\text{Tm-2}$

The 106 μs isomer of ^{174}Tm was first observed in 2013 by R.O.Hughes et al. at Argonne National Laboratory, Argonne, Illinois ([2013Hu08](#)).

[2013Hu08](#) R. O. Hughes, G. J. Lane, G. D. Dracoulis, A. P. Byrne *et al.*, Phys. Rev. C **88**, 014311 (2013).

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