

$^{174}\text{Tm-1}$

The 2.29 s isomer of ^{174}Tm was first observed in 2006 by R.S.Chakrawarthy et al. at TRIUMF, Vancouver, Canada ([2006Ch10](#)).

[2006Ch10](#) R. S. Chakrawarthy, P. M. Walker, J. J. Ressler, E. F. Zganjar *et al.*, Phys. Rev. C **73**, 024306 (2006).

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