

$^{170}\text{Tm-1}$

The 4.12 μs isomer of ^{170}Tm was first observed in 1967 by A.Andreeff et al. at the Zentralinstitut für Kernforschung Rossendorf, Dresden, Germany ([1967An04](#)).

[1967An04](#) A. Andreeff, R. Kastner, P. Manfrass, M. Bonitz *et al.*, Nucl. Phys. A **102**, 241 (1967).

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