

## $^{160}\text{Tm-2}$

The  $\sim 200$  ns isomer of  $^{160}\text{Tm}$  was first observed in 1986 by S.Drissi et al. at the Institut von Laue-Langevin, Grenoble, France ([1986Dr06](#)).

[1986Dr06](#) S. Drissi, A. Bruder, J. Cl. Dousse, V. Ionescu *et al.*, Nucl. Phys. A **451**, 313 (1986).

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