

$^{155}\text{Tm-1}$

The 45 s isomer of ^{155}Tm was first observed in 1990 by A.V.Potempa et al. at the Joint Institute for Nuclear Research, Dubna, Russia ([1990Po13](#)).

[1990Po13](#) A. V. Potempa, V. P. Afanasev, Ya. Vavryshchuk, K. Ya. Gromov *et al.*, Bull. Acad. Sci. USSR **54**, 852 (1990).

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